

Fontana Aquatics Club

December 1 - 7, 2025

[www.fontanaaquatics.org](http://www.fontanaaquatics.org)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
COMPETITIVE	December 1	December 2	December 3	December 4	December 5	December 6	December 7
Senior Elite	5:00-5:30 pm dryland 5:30-7:30pm swim	5:00-5:50pm dryland 6:00-7:30pm swim	5:30-7:00am swim 5:00-5:20pm meeting 5:30-7:30pm swim	Arizona Travel Meet 5:00-5:50pm dryland 6:00-7:30pm swim	Arizona Travel Meet 5:00-5:20pm dryland 5:30-7:30pm swim	Arizona Travel Meet CCAQ last ditch meet in Eastvale	Arizona Travel Meet CCAQ last ditch meet in Eastvale
Senior	6:30-6:55pm dryland 7:00-8:30pm swim	6:30-8:30pm swim	5:30-7:00am swim 6:30-6:50pm dryland 7:00-8:30pm swim	Arizona Travel Meet 6:30-8:30pm swim	Arizona Travel Meet 6:30-6:50pm dryland 7:00-8:30pm swim	Arizona Travel Meet CCAQ last ditch meet in Eastvale	Arizona Travel Meet CCAQ last ditch meet in Eastvale
Junior Elite	5:00-5:30pm dryland 5:30-7:00pm swim	5:30-5:50pm dryland 6:00-7:30pm swim		Arizona Travel Meet 5:30-5:50pm dryland 6:00-7:30pm swim	Arizona Travel Meet 5:00-5:20pm dryland 5:30-7:00pm swim	Arizona Travel Meet CCAQ last ditch meet in Eastvale	Arizona Travel Meet CCAQ last ditch meet in Eastvale
Junior Advanced	4:00-4:20pm dryland 4:30-6:00pm swim	4:30-6:00pm swim	4:00-4:20pm dryland 4:30-6:00pm swim	Arizona Travel Meet 4:30-6:00pm swim	Arizona Travel Meet 4:00-4:20pm dryland 4:30-6:00pm swim	Arizona Travel Meet CCAQ last ditch meet in Eastvale	Arizona Travel Meet CCAQ last ditch meet in Eastvale
Junior Development	4:30-5:30pm swim 5:35-6:00pm dryland	4:30-5:45pm swim	4:00-4:20pm dryland 4:30-5:45pm swim		4:30-5:30pm swim 5:40-6:00pm dryland	9-10:30am swim	CCAQ last ditch meet in Eastvale
Junior Mini	5:00-6:00pm swim	5:30-5:50pm dryland 6:00-7:00pm swim	6:00-7:00pm swim	Arizona Travel Meet 5:30-5:50pm dryland 6:00-7:00pm swim	Arizona Travel Meet 5:00-6:00pm swim	Arizona Travel Meet CCAQ last ditch meet in Eastvale	Arizona Travel Meet CCAQ last ditch meet in Eastvale