

Fontana Aquatics Club

December 8 - 14, 2025

www.fontanaaquatics.org

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
COMPETITIVE	December 8	December 9	December 10	December 11	December 12	December 13	December 14
Senior Elite	5:30-7:30pm swim	5:00-5:50pm dryland 6:00-7:30pm swim	5:00-7:00 WAG Practice	5:00-5:50pm dryland 6:00-7:30pm swim	WAG San Clemente	WAG San Clemente	WAG San Clemente
Senior	6:30-6:55pm dryland 7:00-8:30pm swim	6:30-8:30pm swim	5:00-7:00 WAG Practice (WAG swimmers only) 6:30-6:50pm dryland 7:00-8:30pm swim	6:30-8:30pm swim	6:30-6:50pm dryland 7:00-8:30pm swim	WAG San Clemente	WAG San Clemente
Junior Elite	5:30-7:00pm swim	5:30-5:50pm dryland 6:00-7:30pm swim	5:00-7:00 WAG Practice	5:30-5:50pm dryland 6:00-7:30pm swim	WAG San Clemente	WAG San Clemente	WAG San Clemente
Junior Advanced	4:00-4:20pm dryland 4:30-6:00pm swim	4:30-6:00pm swim	5:00-7:00 WAG Practice 4:00-4:20pm dryland 4:30-6:00pm swim	4:30-6:00pm swim	WAG San Clemente	WAG San Clemente	WAG San Clemente
Junior Development	4:30-5:30pm swim 5:35-6:00pm dryland	4:30-5:45pm swim	4:00-4:20pm dryland 4:30-5:45pm swim		4:30-5:30pm swim 5:40-6:00pm dryland	9-10:30am swim	
Junior Mini	5:00-6:00pm swim	5:30-5:50pm dryland 6:00-7:00pm swim	5:00-7:00pm WAG Practice 6:00-7:00pm swim	5:30-5:50pm dryland 6:00-7:00pm swim	5:00-6:00pm swim WAG San Clemente	WAG San Clemente	WAG San Clemente