



FUSION AQUATICS CODE OF CONDUCT

As a Member of Fusion Aquatics, I agree to the following policies:

All swimmers competing for and representing Fusion Aquatics will conduct themselves in a manner that reflects positive credit to the individual and Fusion Aquatics, and USA Swimming. All members, former members, and prospective members of USA Swimming must adhere to the USA Swimming Code of Conduct, Article 304.

- No illegal use of drugs, alcohol, or tobacco will be allowed.
- No unlawful acts will be allowed.
- Swimmers must comply with the instructions of the coaching staff.
- As a guest at a host facility, conduct will be subject to the rules and regulations of such host.
- Swimmers must pay for any and all damages due to misconduct.
- I will commit to the Team Pledge, Training Guidelines, and Goals.
- I will attend and conscientiously apply myself to all required workouts, swim meets, and meetings, unless excused by the coaches.
- I will display respect, honesty, and sportsmanship toward coaches, officials, administrators, parents, and fellow competitors.
- I will refrain from any activity that would detract from a positive image of the program.
- I will maintain a lifestyle that will allow proper sleep, rest, and nutrition necessary for maximum performance.
- I will display a positive and supportive attitude toward the program, coaches and teammates.
- I will not participate in any conduct that is considered detrimental to the team as determined by the coaching staff of Fusion Aquatics.

Parents' Responsibilities

Fusion Aquatics depends on the support and commitment of our swimmers' parents. We recommend the following to enhance your experience at Fusion Aquatics.

- Encourage your swimmer to maintain a logbook of his times for his or her events, as they will be needed to enter meets and monitor their improvement.
- Please help the coaching staff in reinforcing safety concerns around the locker room and pool deck. Well-behaved swimmers allow our staff to focus on their coaching and not discipline problems.
- Focus on the best for your swimmer. Encourage and praise your swimmer's hard work and accomplishments, but remember that they are children. Don't hold your child to expectations beyond his abilities or desires.
- Monitor your financial obligations to help our club maintain its financial budgets. If any situation arises that prevents a family's ability to pay, please immediately contact the Treasurer for possible arrangements.
- I will not participate in any conduct that is considered detrimental to the team as determined by the coaching staff of Fusion Aquatics.

Fusion Aquatics Disciplinary Rule: Three-Strike Rule

1. Warning to the child about the questionable behavior.
2. Warning to the child and the parent/guardian about the specific behavior and consequence.
3. Suspension or expulsion from the team. If a child is disruptive during their workout, they may be asked to leave for the remainder of their workout. Please supervise your children before and after practice. Also, keep siblings in the designated viewing area. Thank you for your cooperation.