Why do I need to join USA swimming?

USA Swimming is the governing body that oversees age-group and Senior level swimming in the United States. In order to compete in the meets we attend, you must be a registered member of USA Swimming. As a member of USA Swimming you are also insured through their policy in case of injury at any swim team related activity (workouts, practice etc). You must join, there are no exceptions. There is annual fee to join that we access every year in the fall.