



Code Of Conduct

Code of Conduct Overview

The Stony Plain Sharks Swim Club has zero-tolerance for any illegal use of alcohol, tobacco, drugs and/or abusive behavior, such as yelling and/or use of obscene or offensive language. Such behavior will result in immediate expulsion from the Club with no refund of registration fees and the swimmer will be required to return any Club provided gear.

As a representative of the Stony Plain Sharks Swim Club, you inherit the pride associated with one of the largest swim clubs in Alberta. This Code of Conduct exists to ensure that when Shark swimmers, parents, and coaches represent the Club, their behavior is superior including practices, functions, events or meetings.

Code of Conduct for Parents, Swimmers, and Coaches:

- Act in a manner that brings honor to your family, your Club and yourself!
- Conduct yourself morally, dress respectfully and use only acceptable language.
- Show respect for and cooperate with meet officials, pool staff, teammates, coaches, volunteers and competitors.
- Refrain from the use of alcohol, tobacco or illegal drugs or any type of performance enhancing drugs
- Follow all ASSA, team, meet, and facility rules in all locations at all times.

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Athlete Responsibilities:

- **Be a leader**, by always having and showing a positive respectful attitude, encourage and support your teammates, cooperate with your coaches and behave with a spirit of sportsmanship and sport leadership.
- **Be a team player**, by participating in relays, by making friends, having fun, competing for your own enjoyment, wishing success and cheering on your team swimmers and represent the Club in team uniform.
- **Be dedicated to excellence**, always strive to do your personal best, work your hardest and attempt to perfect new strokes or participate in all race types.

- **Be respectful**, always be respectful of others and their property, and be polite and cooperative when speaking with coaches, volunteers, teammates, competitors, and officials. Showing respect at all times and making good judgment not to bully/harass/intimidate, or gossip by any means of telephone, email, and all forms of social media and in person.
- **Be safe**, always obey swim facility rules, lifeguards, and swim meet officials. Report unsafe or suspicious behavior and unsafe equipment to coaches or meet officials.
- **Be responsible**, always take responsibility for your actions, have all your training equipment prepared and ready for use, maintain your Club clothing and wear Club clothing at competitions.
- **Be on time**, always be on time or early as required for all practices, warmups, and meet events; notify your coach if unable to attend meets in a timely manner so they can be respectful to the host club.
- **Have fun**, follow the Code of Conduct. Meet new friends. in your Club, other clubs and for the good of the Club.

Parent/ Guardian Responsibilities:

- **Respect coaches, lifeguards on duty, parents, spectators, and** the decisions made by swim officials.
- **Encourage** your child to participate in all Club activities, stroke lessons and relays, to do their best and to always show good sportsmanship.
- **Support** your child in their desire to swim, the coaches and Club Executive Board in their efforts to establish and maintain a positive training and competitive environment.
- **Allow the coaches to do the coaching.** Comments and constructive feedback are welcome, however, refrain until after practice or a swim meet and arrange to meet with two Club Executive Board members. Communication during practices hours with the coaching staff is prohibited. Attention needs to be on the athletes to ensure their wellness and safety. All communications, feedback and concerns must go directly through the Head Coach. Communication to your athletes (unless there are immediate safety concerns) is prohibited during practice sessions as the athletes need to be attentive to their coaches.
- **Participate** in official training course(s) as offered by Swim Alberta and ASSA (free of charge).
- **Assist** with ongoing success of the Club by taking a leadership role on the Club Executive at some time during your child's summer swimming career.
- **Participate** in the volunteering as required and the fundraising activities.
- **Volunteer** or officiate at the ASSA swim meets your child attends and the Sharks Club swim meet or events.
- **Be on time**, always be on time or early as required for all practices, warmups, and meet events; notify your coach if unable to attend meets in a timely manner so they can be respectful to the host club of the meet.