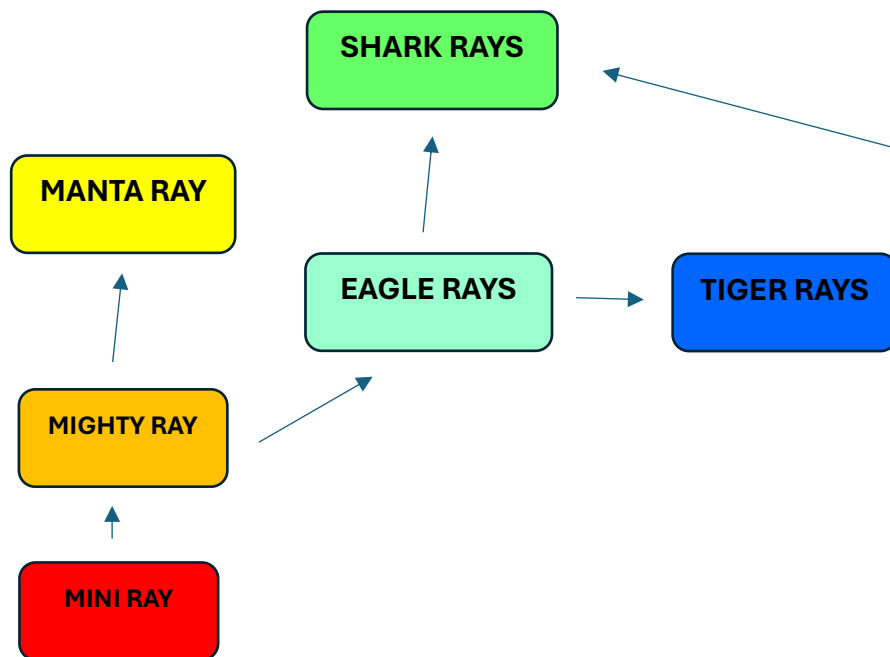
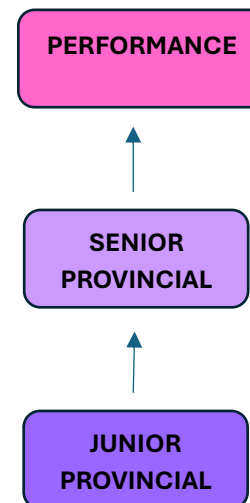


SRAYS CLUB PROGRAM



PERFORMANCE DEVELOPMENT



	9&U	10	11	12	13	14	15&O
Mini Ray	~9&U 1 st yr comp						
Mighty Ray	~11&U learning strokes/skills & attending local meets						
Manta Ray				~12&O who want to compete and/or have structured practices			
Tiger		~10-12 swimmers preparing for Provincial meets					
Eagle			~11-13 developing strokes/skills and pursuing Provincial times				
Shark					~13&O / Prov Trials (less competitive, more flexible swim experience)		
Jr Provincial			~11-14 Provincial Trials qualifiers				
Snr Provincial						~14&O AB Champ / 200m+ Prov Trials	
Performance					13&O Pursuing Junior Trials		