



MiniRays

2025-2026



The Mini Rays is our introductory competitive group within the swim club and where swimmers begin to embark on their competitive swimming journey. A lot of firsts are experienced during a swimmer's stint as a member of the Mini Ray program, from learning how to swim all four swim strokes, to attending their first swim meet. Our MiniRays are ~10 years old or younger and in their 1st season of competitive swimming.

WEEKLY SCHEDULE @MILLENNIUM PLACE		
Monday	Wednesday	Friday
4:30 – 5:30pm <i>Wave Pool</i>	4:30 – 5:30pm <i>Wave Pool</i>	5:30 – 6:45pm <i>25m Lap Pool</i>

FALL SWIM MEET CALENDAR		
SRAY POPPY INVITATIONAL	Edmonton @Kinsmen Center	OCT 25-26 TH
OSC 12&U #1	Edmonton @Kinsmen Center	NOV 23 RD
PPAC REINDEER	Spruce Grove @Tri Alta Center	NOV 29-30 TH

MiniRays Program

- Development of competitive stroke technique (Backstroke, Freestyle, Breaststroke, Butterfly).
- Development of competitive swim skills (Streamline position, Turns, Starts).
- Emphasis on developing kicking ability.
- Introduction to proper lane etiquette and use of pace clock during swim sessions.
- Introduction to swim meet etiquette & behaviour (Warm-Up, Marshalling, Pre/Post race talks with coach).

MiniRays Commitments

- Attendance to all 3 weekly swim sessions is strongly encouraged.
- Attendance to all swim meets on meet calendar is strongly encouraged. (SRAYS hosted meets compulsory).
- Swimmers will wear SRAYS branded clothing/swim gear when representing SRAYS at swim meets.
- Swimmers will focus on developing a positive attitude & strong work ethic during swim sessions.
- Swimmers will treat all teammates, coaches & Millennium Place staff with respect.
- Swimmers strive to progress through swim club and provide evidence they are ready for new group (*please view Appendix A*)
- Parents/Guardians will communicate to coaching staff if swimmer will be absent from any swim session or extended period of time.
- Parents/Guardians will have fundraising & volunteering commitments throughout the season (*please view Appendix B*)
- Parents/Guardians are responsible for annual training fees and will adhere to payment policies and potential withdrawal process during season (*please view Appendix C*)

MiniRay Equipment

- Water bottle, SRAYS swim cap, appropriate training suit, goggles and JR snorkel.
- Please email our equipment manager to order swim caps & swim suits equipment@silverrays.ca
- Visit Team Aquatic supplies to order your snorkel <https://team-aquatic.com/collections/equipment-snorkels>

Appendix A

SRAYS Club Structure and movement pathways

<https://www.gomotionapp.com/canabspsc/UserFiles/Image/QuickUpload/25-26-club-structure-1-1- 005966.pdf>

Appendix B

Fundraising & Volunteer commitments

https://www.gomotionapp.com/canabspsc/UserFiles/Image/QuickUpload/2025-2026-fundraising-and-volunteer-commitments_093963.pdf

Appendix C

Fees & Payment policies

https://www.gomotionapp.com/canabspsc/UserFiles/Image/QuickUpload/2025-2026-fee-and-payment-policies_092075.pdf