

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Friday 13 & Over Prelims

Event 1 Girls 13-14 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Gomes, Sinead K	13	Roc Swimming		4:44.84 q
2	Aubin, Michelle	14	Goulbourn Sea Hawks		4:46.67 q
3	Hull, Gwyneth	14	Goulbourn Sea Hawks		4:47.04 q
4	McKay, Lindsay	14	Goulbourn Sea Hawks		4:48.58 q
5	Glinski, Georgia K	14	Roc Swimming		4:48.90 q
6	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.		4:50.31 q
7	Fairley, Emma	13	Nepean Kanata Barracudas		4:55.62 q
8	McKenna, Ainsley	14	Swim Ottawa		4:58.76 q
9	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.		5:00.76 q
10	Roberts, Liliana V	13	Goulbourn Sea Hawks		5:01.29 q
*11	Rafter, Sadie	13	Swim Ottawa		5:01.85
*11	Oates, Emery A	14	Belleville Beast Swim Team		5:01.85

Swim-Off Required

13	Gora, Chelsea	13	Ernestown Barracuda Swim Club		5:05.97
14	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.		5:05.98
15	Sakr, Riham	13	Swim Ottawa		5:11.17
16	Zhang, Kyna	14	Nepean Kanata Barracudas		5:11.35
17	Harris, Morgan	13	Kingston Blue Marlins		5:12.61
18	Bowles, Katherine	13	Swim Ottawa		5:13.37
19	Gow, Emma L	14	Kingston Blue Marlins		5:13.80
20	Diotte, Gaby T	13	Greater Ottawa Kingfish S.C.		5:15.11
21	Shier, Kayla	14	Goulbourn Sea Hawks		5:16.34
22	Sheppard, Norah A	13	Roc Swimming		5:18.86
23	Togtokhbayar, Uranbileg	13	Swim Ottawa		5:19.37
24	Atkinson, Chloe	13	Perth Stingrays Aquatic Club		5:19.76
25	Albright, Mikayla	13	Swim Ottawa		5:19.79
26	Houle, Joelle	13	Cornwall Sea Lions		5:20.51
27	Venne, Catherine	14	Greater Ottawa Kingfish S.C.		5:21.51
28	Conlin, Charlie	13	Goulbourn Sea Hawks		5:25.76
29	Pons, Floriane A	13	Roc Swimming		5:25.80

Event 1 Girls 15 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Barnes, Alyssa G	15	Belleville Beast Swim Team		4:38.79 q
2	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.		4:39.37 q
3	Collins, Julia G	16	Kingston Blue Marlins		4:41.87 q
4	Swartz, Rachael	16	Ernestown Barracuda Swim Club		4:42.41 q
5	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions		4:42.48 q
6	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.		4:50.72 q
7	Timpson, Eve E	16	Kingston Blue Marlins		4:50.75 q
8	Matthews-Dickson, Kaitlyn R	15	Roc Swimming		4:51.66 q
9	Wilson-East, Olivia M	15	Roc Swimming		4:51.99 q
10	Serson, Olivia	18	Ernestown Barracuda Swim Club		4:52.37 q
11	Anderson, Claire C	16	Roc Swimming		4:52.43
12	Keith, Surina	15	Greater Ottawa Kingfish S.C.		4:52.79
13	MacQuarrie, Lauren C	17	Belleville Beast Swim Team		4:54.06
14	Mendieta-Sweet, Justice T	16	Kingston Blue Marlins		4:55.12
15	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.		4:56.16

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	Name	Age	Team	Seed Time	Prelim Time
16	Zaniewski, Sarah	17	Nepean Kanata Barracudas		4:56.62
17	Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.		4:56.97
18	McCourt, Naomi K	15	Roc Swimming		5:05.10
19	Bailey, Josephine	17	Kingston Blue Marlins		5:06.09
20	Noonan, Jordan	17	Ernestown Barracuda Swim Club		5:08.97
21	Wright, Zoe	15	Greater Ottawa Kingfish S.C.		5:14.65
22	Wang, Claire T	15	Kingston Blue Marlins		5:18.66
23	Thomlinson, Ava	16	Nepean Kanata Barracudas		5:26.60
24	Miller, Camryn	15	Nepean Kanata Barracudas		5:30.03

Event 2 Boys 13-14 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bulat, Ante	14	Swim Ottawa		4:18.51 q
2	MacKenzie, Hammond	14	Swim Ottawa		4:29.49 q
3	Shelswell de Vlieger, Willem	14	Swim Ottawa		4:36.31 q
4	Plummer, Brody	13	Nepean Kanata Barracudas		4:38.21 q
5	MacPhee, Nathan	14	Perth Stingrays Aquatic Club		4:40.30 q
6	Yang, Logan Y	13	Goulbourn Sea Hawks		4:41.51 q
7	Wang, Simon	13	Nepean Kanata Barracudas		4:44.25 q
8	Hong, Theodore	14	Greater Ottawa Kingfish S.C.		4:45.14 q
9	Hungler, Gabe J	13	Kingston Blue Marlins		4:53.53 q
10	Heidinga, Simon	14	Swim Ottawa		4:54.40 q
11	Duggan, Oliver	14	Goulbourn Sea Hawks		4:57.81
12	Fan, Mason	13	Greater Ottawa Kingfish S.C.		5:04.12
13	Sangiuliano, Dylan M	13	Belleville Beast Swim Team		5:09.10
14	Geddes, Bennett A	13	Roc Swimming		5:10.94
15	Li, Bryson	13	Greater Ottawa Kingfish S.C.		5:11.99
16	Marcil, Samuel	13	Greater Ottawa Kingfish S.C.		5:17.00
17	Abdulla, Noah	13	Nepean Kanata Barracudas		5:19.31

Event 2 Boys 15 & Over 400 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas		4:02.59 q
2	Pershukovich, Alexander	17	Nepean Kanata Barracudas		4:06.07 q
3	Seely, Joshua A	17	Roc Swimming		4:17.34 q
4	de Vlieger, Henry	16	Swim Ottawa		4:17.96 q
5	Peden, Gavin	16	Perth Stingrays Aquatic Club		4:18.91 q
6	Brent, Connor	16	Greater Ottawa Kingfish S.C.		4:23.03 q
7	Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.		4:23.49 q
8	WechselbergerVickers, Max	17	Nepean Kanata Barracudas		4:23.50 q
9	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.		4:23.99 q
10	Do, Alexander	15	Roc Swimming		4:24.15 q
11	Ladinik, Zan	17	Kingston Blue Marlins		4:26.99
12	Jung, Owen	16	Greater Ottawa Kingfish S.C.		4:27.23
13	Timtsenko, Illya	15	Perth Stingrays Aquatic Club		4:27.97
14	Case, Adam P	16	Belleville Beast Swim Team		4:31.25
*15	Barker, Ben	15	Goulbourn Sea Hawks		4:33.25
*15	Zegers, Jacob	17	Greater Ottawa Kingfish S.C.		4:33.25
17	Pistun, Oliver G	15	Kingston Blue Marlins		4:35.25

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Friday 13 & Over Prelims****Preliminaries ... (Event 2 Boys 15 & Over 400 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
18	Benny, Dash P	17	Kingston Blue Marlins		4:37.05
19	Pons, Raphael J	16	Roc Swimming		4:38.56
20	Morris, Calvin	15	Swim Ottawa		4:39.61
21	Makowski, Jonah	15	Greater Ottawa Kingfish S.C.		4:41.48
22	Crampton, Drew	17	Ernestown Barracuda Swim Club		4:42.37
23	Seydaliev, Mikhail	17	Petawawa Predators		4:44.62
24	Brown, William	16	Swim Ottawa		4:47.37
25	Millward, Zachary	15	Cornwall Sea Lions		4:49.94
26	Mason, Landon	16	Perth Stingrays Aquatic Club		4:54.00

Event 3 Girls 13-14 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Greenaway, Molly	14	Goulbourn Sea Hawks		2:45.35 q
2	Kim, Yunseo	14	Nepean Kanata Barracudas		2:46.96 q
3	Glinski, Georgia K	14	Roc Swimming		2:51.61 q
4	Macdonald, Moy	13	Nepean Kanata Barracudas		2:57.06 q
5	Sun, Vera	14	Nepean Kanata Barracudas		2:57.66 q
6	Archibald, Fia	14	Swim Ottawa		2:58.52 q
7	Pennell, Julia	14	Ernestown Barracuda Swim Club		2:59.27 q
8	Rowberry, Hana	14	Ernestown Barracuda Swim Club		2:59.63 q
9	Bolton, Ella E	14	Belleville Beast Swim Team		3:00.54 q
10	Detillieux, Rose	14	Greater Ottawa Kingfish S.C.		3:00.73 q
11	McKay, Lindsay	14	Goulbourn Sea Hawks		3:00.74 q
12	James, Maren	13	Nepean Kanata Barracudas		3:00.88 q
13	McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.		3:01.78 q
14	Peden, Bronwyn	14	Perth Stingrays Aquatic Club		3:01.92 q
15	Apanasevich, Marta	14	Goulbourn Sea Hawks		3:02.47 q
16	Pillay, Katie	14	Nepean Kanata Barracudas		3:03.66 q
17	Borowiec, Nicole	13	Capital Wave Swim & Polo		3:06.57 q
18	Kerr, Ellis E	14	Belleville Beast Swim Team		3:07.32 q
19	Hickling, Gwen	13	Nepean Kanata Barracudas		3:07.66 q
20	O'Connell, Avery	14	Nepean Kanata Barracudas		3:08.20 q
21	Oates, Emery A	14	Belleville Beast Swim Team		3:11.04
22	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.		3:11.07
23	Sakr, Riham	13	Swim Ottawa		3:11.33
24	Majzoub, Dana	13	Greater Ottawa Kingfish S.C.		3:11.41
25	Gouombas-Ouattara, Grace	14	Greater Ottawa Kingfish S.C.		3:12.03
26	Gehring, Claire	14	Nepean Kanata Barracudas		3:12.21
27	Wang, Alyssa	13	Nepean Kanata Barracudas		3:12.47
28	Opalka, Emma	14	Upper Canada Swim Club		3:13.36
29	Zhou, Tiana	13	Goulbourn Sea Hawks		3:15.49
30	Duffey, Quinn	13	Swim Ottawa		3:16.90
31	Sharma, Kiara	13	Goulbourn Sea Hawks		3:19.24

Event 3 Girls 15 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.		2:38.24 q
2	Licari, Danica	15	Nepean Kanata Barracudas		2:39.64 q
3	Smith, Addison	15	Swim Ottawa		2:43.57 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Friday 13 & Over Prelims

Preliminaries ... (Event 3 Girls 15 & Over 200 SC Meter Breaststroke)

	Name	Age	Team	Seed Time	Prelim Time
4	Macdonald, Jayden	19	Kingston Blue Marlins		2:44.37 q
5	Lupton, Hallie C	16	Belleville Beast Swim Team		2:44.41 q
6	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.		2:47.45 q
7	Lawless, Keira	17	Goulbourn Sea Hawks		2:47.68 q
8	Bogdan, Nina	21	Kingston Blue Marlins		2:47.86 q
9	Summers, Ella L	18	Kingston Blue Marlins		2:49.34 q
10	Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club		2:49.84 q
11	Jarvis, Kayla	21	Kingston Blue Marlins		2:49.94 q
12	Spence, Kayla	17	Goulbourn Sea Hawks		2:50.92 q
13	Hudacin, Emily K	15	Belleville Beast Swim Team		2:51.07 q
14	Arbuthnot, Grace T	16	Roc Swimming		2:54.01 q
15	Ludmer, Sarah	17	Swim Ottawa		2:54.08 q
16	Lee, Ruby	15	Greater Ottawa Kingfish S.C.		2:54.76 q
17	Rands, Catherine	16	Swim Ottawa		2:55.07 q
18	James, Lydia	15	Nepean Kanata Barracudas		2:55.21 q
19	Christy, Ruth	17	Perth Stingrays Aquatic Club		2:58.59 q
20	Hayes, Ella	15	Swim Ottawa		2:59.06 q
21	Mendieta-Sweet, Justice T	16	Kingston Blue Marlins		2:59.53
22	Van Dusen, Madeleine	17	Perth Stingrays Aquatic Club		3:01.53
23	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.		3:02.29
24	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club		3:03.78
25	Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.		3:04.71
26	Robertson, Alyssa	16	Greater Ottawa Kingfish S.C.		3:05.10
27	Carter, Hailey	15	Goulbourn Sea Hawks		3:06.35
28	Shearer, Corran	15	Ernestown Barracuda Swim Club		3:06.36
29	McIlvaney, Ava D	15	Belleville Beast Swim Team		3:06.74
30	Brady, Hailee	17	Perth Stingrays Aquatic Club		3:07.43
31	Oma, Alyssia G	15	Roc Swimming		3:07.70
32	Mulligan, Cecilia	16	Ernestown Barracuda Swim Club		3:09.77
33	Lariviere, Summer	17	Cornwall Sea Lions		3:11.96
34	Gillis, Mae S	15	Kingston Blue Marlins		3:13.27

Event 4 Boys 13-14 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Swietlicki, Steven	14	Swim Ottawa		2:43.06 q
2	McIlvaney, Ben R	13	Belleville Beast Swim Team		2:49.03 q
3	Plummer, Brody	13	Nepean Kanata Barracudas		2:49.66 q
4	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.		2:51.38 q
5	Fang, Brayden	14	Nepean Kanata Barracudas		2:51.50 q
6	Cardinal, Mathias	14	Nepean Kanata Barracudas		2:53.63 q
7	Fecica, Sam C	14	Kingston Blue Marlins		2:53.72 q
8	Randriamoelirivony, Rodo	14	Nepean Kanata Barracudas		2:54.61 q
9	Shore, Thomas	13	Nepean Kanata Barracudas		2:56.08 q
10	Lei, Qingyan	14	Nepean Kanata Barracudas		2:56.99 q
11	Nahorny, Ioan S	14	Kingston Blue Marlins		2:57.73 q
12	Al-Dawodi, Ali	13	Greater Ottawa Kingfish S.C.		2:58.20 q
13	Redshaw, Sam M	13	Goulbourn Sea Hawks		3:01.49 q
14	Zhang, Jeremy	13	Greater Ottawa Kingfish S.C.		3:02.13 q
15	Markovych, Dany	13	Capital Wave Swim & Polo		3:02.74 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Friday 13 & Over Prelims****Preliminaries ... (Event 4 Boys 13-14 200 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
16	Geddes, Bennett A	13	Roc Swimming		3:04.34 q
17	Yang, Mason Y	13	Goulbourn Sea Hawks		3:06.53 q
18	Duggan, Oliver	14	Goulbourn Sea Hawks		3:11.14 q
19	Wang, Larry	13	Nepean Kanata Barracudas		3:17.78 q
---	Jin, Elliott	14	Perth Stingrays Aquatic Club		DQ DQ
---	Boyer, Alexander	14	Swim Ottawa		DQ 2:49.92

Event 4 Boys 15 & Over 200 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Soltani, Ilyes	17	Nepean Kanata Barracudas		2:18.79 q
2	Lee, Ethan	15	Nepean Kanata Barracudas		2:30.43 q
3	Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa		2:31.52 q
4	Zheng, Alex	15	Goulbourn Sea Hawks		2:33.07 q
5	Janssen, Devin A	16	Kingston Blue Marlins		2:35.39 q
6	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.		2:37.19 q
7	Elshahat, Mohamed	16	Nepean Kanata Barracudas		2:37.34 q
8	Heiden, Liam A	16	Kingston Blue Marlins		2:38.22 q
9	MacDonald, Teagan	16	Nepean Kanata Barracudas		2:38.46 q
10	Elliot, Liam	15	Nepean Kanata Barracudas		2:40.50 q
11	Bowles, Matthew	15	Swim Ottawa		2:41.28 q
12	Bevington, Nixon	15	Nepean Kanata Barracudas		2:42.60 q
13	Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club		2:42.69 q
14	Scott, Malcolm	15	Nepean Kanata Barracudas		2:46.29 q
15	Yee, Chesney	17	Upper Canada Swim Club		2:46.94 q
16	Shearer, Braeden	17	Ernestown Barracuda Swim Club		2:47.56 q
17	Che, Brian	16	Nepean Kanata Barracudas		2:53.55 q
18	Mason, Landon	16	Perth Stingrays Aquatic Club		2:53.65 q
19	Anand-Danek, Chris M	15	Roc Swimming		2:58.04 q

Event 5 Girls 13-14 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.		1:08.18 q
2	Norlock, Helena V	14	Carleton Place Water Dragons		1:09.48 q
3	Polisena, Sophia	14	Nepean Kanata Barracudas		1:11.11 q
4	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.		1:12.90 q
5	McKerlich, Rebecca	14	Upper Canada Swim Club		1:13.52 q
6	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.		1:13.59 q
7	Quan, Ellie	13	Nepean Kanata Barracudas		1:13.62 q
8	Rafter, Sadie	13	Swim Ottawa		1:14.33 q
9	Fournier, Ellie	14	Nepean Kanata Barracudas		1:14.56 q
10	Rozek, Talia	14	Greater Ottawa Kingfish S.C.		1:14.90 q
11	Leuschen, Violet	13	Nepean Kanata Barracudas		1:16.43 q
12	Chadwick, Gia A	13	Belleville Beast Swim Team		1:16.51 q
13	Jackson, Norah M	14	Belleville Beast Swim Team		1:17.82 q
14	Diotte, Gaby T	13	Greater Ottawa Kingfish S.C.		1:18.39 q
15	Kerr, Ellis E	14	Belleville Beast Swim Team		1:18.53 q
16	Pratt, Jaime G	14	Roc Swimming		1:18.64 q
17	MacDonald, Audrey	14	Swim Ottawa		1:19.61 q
18	Schonberg, Sierra	14	Nepean Kanata Barracudas		1:19.75 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Friday 13 & Over Prelims

Preliminaries ... (Event 5 Girls 13-14 100 SC Meter Butterfly)

	Name	Age	Team	Seed Time	Prelim Time
19	Brooks-Mah, Cassia	13	Greater Ottawa Kingfish S.C.		1:24.26 q
20	Helmer, Ava E	13	Roc Swimming		1:25.67 q
21	Elkhouli, Lamees	13	Nepean Kanata Barracudas		1:28.06

Event 5 Girls 15 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mason, Sara V	17	Kingston Blue Marlins		1:03.48 q
2	Hiltz, Stella	16	Nepean Kanata Barracudas		1:04.84 q
3	Rudzki, Chloe M	17	Kingston Blue Marlins		1:04.96 q
4	Licari, Danica	15	Nepean Kanata Barracudas		1:08.01 q
5	Acero, Sofia	16	Goulbourn Sea Hawks		1:08.38 q
6	Forestier, Gabrielle	17	Nepean Kanata Barracudas		1:08.86 q
7	Qiu, Karina	19	Kingston Blue Marlins		1:08.99 q
8	King, Alivia J	16	Belleville Beast Swim Team		1:09.74 q
9	Skeaff, Lilian	15	Nepean Kanata Barracudas		1:10.56 q
10	Ibarra, Tania	19	Kingston Blue Marlins		1:10.80 q
11	Patry, Chantale	16	Greater Ottawa Kingfish S.C.		1:12.30 q
12	Arbuthnot, Grace T	16	Roc Swimming		1:12.66 q
13	Zak, Lana J	15	Belleville Beast Swim Team		1:13.00 q
14	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins		1:13.84 q
15	MacQuarrie, Lauren C	17	Belleville Beast Swim Team		1:14.73 q
16	Hall, Cody L	15	Roc Swimming		1:15.01 q
17	Fischer, Lily H	15	Belleville Beast Swim Team		1:17.71 q
18	Meredith, Teagan M	15	Roc Swimming		1:18.33 q
19	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.		1:19.24 q
---	Sullivan, Katherine	16	Nepean Kanata Barracudas		NS

Event 6 Boys 13-14 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Yao, Lucas	13	Greater Ottawa Kingfish S.C.		59.23 q
2	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.		1:02.77 q
3	Cook, James	14	Nepean Kanata Barracudas		1:03.83 q
4	Yam, Levi	13	Nepean Kanata Barracudas		1:04.03 q
5	Beyea, Matthew	14	Nepean Kanata Barracudas		1:08.39 q
6	Lu, Jonathan	14	Nepean Kanata Barracudas		1:10.08 q
7	Liu, Ethan	14	Greater Ottawa Kingfish S.C.		1:10.32 q
8	Roach, Hunter K	13	Belleville Beast Swim Team		1:11.97 q
9	Church, Ethan J	13	Carleton Place Water Dragons		1:14.48 q
10	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.		1:15.05 q
11	McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.		1:15.70
12	Kurtyan, Mathieu	13	Nepean Kanata Barracudas		1:19.49
---	Abdulla, Noah	13	Nepean Kanata Barracudas		DQ 1:20.15

Event 6 Boys 15 & Over 100 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Boyer, Julian	17	Swim Ottawa		57.99 q
2	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas		58.23 q
3	Kam, Conner	17	Goulbourn Sea Hawks		58.66 q

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Results - Friday 13 & Over Prelims

Preliminaries ... (Event 6 Boys 15 & Over 100 SC Meter Butterfly)

Name	Age	Team	Seed Time	Prelim Time
4 Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas	58.96	q
5 Agostinelli Stull, Emilio	21	Kingston Blue Marlins	59.00	q
6 Kim, Sungyoun	17	Nepean Kanata Barracudas	59.24	q
7 Pawlak, Jordan	16	Nepean Kanata Barracudas	1:00.86	q
8 Wen, Jason	16	Swim Ottawa	1:01.33	q
9 Ko, Liam	15	Nepean Kanata Barracudas	1:01.48	q
10 Deroneth, Saul	16	Greater Ottawa Kingfish S.C.	1:02.58	q
11 Pantarotto, Dylan	16	Swim Ottawa	1:02.79	q
12 Yang, Terry	17	Nepean Kanata Barracudas	1:02.88	q
13 de Vlieger, Henry	16	Swim Ottawa	1:03.21	q
14 Fehr, Michael T	16	Belleville Beast Swim Team	1:03.95	q
15 Dutrizac, Sam L	15	Roc Swimming	1:03.96	q
*16 Robinson, Carter	17	Greater Ottawa Kingfish S.C.	1:04.03	q
*16 Keilty, Jack A	16	Kingston Blue Marlins	1:04.03	q
18 Schurmans, Liam	15	Upper Canada Swim Club	1:04.08	q
19 Baron, Gabe F	15	Kingston Blue Marlins	1:04.34	q
20 Moreau, Logan	16	Nepean Kanata Barracudas	1:04.36	q
21 Meredith, Hadley W	17	Roc Swimming	1:04.61	
22 Laidley, Sean	18	Perth Stingrays Aquatic Club	1:04.74	
23 LeBouthillier, Aaron	16	Nepean Kanata Barracudas	1:05.97	
24 Van Zijl, Leon X	15	Belleville Beast Swim Team	1:06.84	
25 Ngatia, Michael	15	Goulbourn Sea Hawks	1:07.34	
26 Zukovsky, Adam	17	Belleville Beast Swim Team	1:09.99	
27 Guo, George	15	Nepean Kanata Barracudas	1:10.23	

Event 7 Girls 13-14 200 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Kim, Yunseo	14	Nepean Kanata Barracudas	2:31.89	q
2 Macdonald, Moy	13	Nepean Kanata Barracudas	2:38.86	q
3 Sun, Vera	14	Nepean Kanata Barracudas	2:43.51	q
4 McKerlich, Rebecca	14	Upper Canada Swim Club	2:44.23	q
5 Pennell, Julia	14	Ernestown Barracuda Swim Club	2:44.69	q
6 Peden, Bronwyn	14	Perth Stingrays Aquatic Club	2:45.75	q
7 Bolton, Ella E	14	Belleville Beast Swim Team	2:46.40	q
8 Rozek, Talia	14	Greater Ottawa Kingfish S.C.	2:48.97	q
9 James, Maren	13	Nepean Kanata Barracudas	2:49.44	q
10 Dondos, Oana	13	Nepean Kanata Barracudas	2:49.98	q
11 Khalil, Mariam	13	Nepean Kanata Barracudas	2:50.43	q
12 Pons, Floriane A	13	Roc Swimming	2:53.02	q
13 Wiwchar, Addelyne	13	Upper Canada Swim Club	2:54.28	q
14 O'Connell, Avery	14	Nepean Kanata Barracudas	2:55.86	q
15 Duffey, Quinn	13	Swim Ottawa	2:55.87	q
16 Gehring, Claire	14	Nepean Kanata Barracudas	2:58.45	q
17 Gouombas-Ouattara, Grace	14	Greater Ottawa Kingfish S.C.	2:59.20	q
18 Opalka, Emma	14	Upper Canada Swim Club	3:00.73	q
--- Rueckwald, Lola M	14	Roc Swimming	DQ DQ	
--- Cziffra, Lucia I	13	Roc Swimming	DQ 2:53.65	

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Friday 13 & Over Prelims****Event 7 Girls 15 & Over 200 SC Meter IM**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pitts, Payton J	16	Kingston Blue Marlins		2:23.19 q
2	Lupton, Hallie C	16	Belleville Beast Swim Team		2:26.27 q
3	Forestier, Gabrielle	17	Nepean Kanata Barracudas		2:27.40 q
4	Smith, Addison	15	Swim Ottawa		2:30.33 q
5	Macdonald, Jayden	19	Kingston Blue Marlins		2:30.98 q
6	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.		2:31.01 q
7	Walsh, Maisie C	16	Belleville Beast Swim Team		2:31.05 q
8	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.		2:32.69 q
9	Tocchi, Mia C	15	Roc Swimming		2:34.11 q
10	Spence, Kayla	17	Goulbourn Sea Hawks		2:34.43 q
11	Qiu, Karina	19	Kingston Blue Marlins		2:36.42 q
12	Hudacin, Emily K	15	Belleville Beast Swim Team		2:36.72 q
13	Matthews-Dickson, Kaitlyn R	15	Roc Swimming		2:38.28 q
14	Bogdan, Nina	21	Kingston Blue Marlins		2:38.97 q
15	Anderson, Claire C	16	Roc Swimming		2:39.42 q
16	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.		2:39.63 q
17	McCourt, Keira K	15	Roc Swimming		2:40.07 q
18	Kalverda, Skylar M	17	Kingston Blue Marlins		2:40.43 q
19	McCourt, Naomi K	15	Roc Swimming		2:44.83 q
20	Rands, Catherine	16	Swim Ottawa		2:46.80 q
21	Brady, Hailee	17	Perth Stingrays Aquatic Club		2:48.16
22	Robertson, Alyssa	16	Greater Ottawa Kingfish S.C.		2:48.54
23	McIlvaney, Ava D	15	Belleville Beast Swim Team		2:53.50
24	Christy, Ruth	17	Perth Stingrays Aquatic Club		2:53.99
25	Miller, Camryn	15	Nepean Kanata Barracudas		2:55.80
26	Gillis, Mae S	15	Kingston Blue Marlins		2:56.36
27	Alma, Bella	19	Swim Ottawa		4:33.78
---	Lee, Ruby	15	Greater Ottawa Kingfish S.C.		DQ 2:43.55

Event 8 Boys 13-14 200 SC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.		2:24.84 q
2	MacKenzie, Hammond	14	Swim Ottawa		2:25.39 q
3	Swietlicki, Steven	14	Swim Ottawa		2:27.57 q
4	Peden, Jayden	13	Perth Stingrays Aquatic Club		2:28.91 q
5	Lee, Kaden	13	Nepean Kanata Barracudas		2:33.20 q
6	Shore, Thomas	13	Nepean Kanata Barracudas		2:38.06 q
7	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.		2:40.05 q
8	Liu, Ethan	14	Greater Ottawa Kingfish S.C.		2:40.18 q
9	Fan, Mason	13	Greater Ottawa Kingfish S.C.		2:41.08 q
10	McIlvaney, Ben R	13	Belleville Beast Swim Team		2:41.58 q
11	Yang, Mason Y	13	Goulbourn Sea Hawks		2:44.44
12	Kouame, James	13	Greater Ottawa Kingfish S.C.		2:45.15
13	Zhang, Jeremy	13	Greater Ottawa Kingfish S.C.		2:45.94
14	Qin, Ethan	13	Nepean Kanata Barracudas		2:48.62
15	Sangiuliano, Dylan M	13	Belleville Beast Swim Team		2:51.55
16	Mondoux, Entreri	13	Cornwall Sea Lions		3:05.20

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Friday 13 & Over Prelims

Preliminaries ... (Event 8 Boys 13-14 200 SC Meter IM)

Name	Age	Team	Seed Time	Prelim Time
--- Wang, Simon	13	Nepean Kanata Barracudas		DQ 2:35.85

Event 8 Boys 15 & Over 200 SC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Soltani, Ilyes	17	Nepean Kanata Barracudas		2:09.83 q
2 Seely, Joshua A	17	Roc Swimming		2:16.57 q
3 Peden, Gavin	16	Perth Stingrays Aquatic Club		2:16.66 q
4 Pantarotto, Dylan	16	Swim Ottawa		2:18.65 q
5 Scully, Cole	15	Nepean Kanata Barracudas		2:19.60 q
6 Janssen, Devin A	16	Kingston Blue Marlins		2:24.73 q
7 Yan, Anton	15	Nepean Kanata Barracudas		2:25.80 q
8 Downie, Dylan P	16	Kingston Blue Marlins		2:25.86 q
9 Shearer, Braeden	17	Ernestown Barracuda Swim Club		2:26.47 q
10 Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa		2:27.89 q
11 Baron, Gabe F	15	Kingston Blue Marlins		2:28.59
12 Dow, Nate	15	Goulbourn Sea Hawks		2:28.77
13 Bevington, Nixon	15	Nepean Kanata Barracudas		2:30.18
14 Elshahat, Mohamed	16	Nepean Kanata Barracudas		2:30.34

Event 9 Girls 13-14 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Gomes, Sinead K	13	Roc Swimming		1:00.21 q
2 Rueckwald, Lola M	14	Roc Swimming		1:00.60 q
3 Greenaway, Molly	14	Goulbourn Sea Hawks		1:00.89 q
4 Aubin, Michelle	14	Goulbourn Sea Hawks		1:02.39 q
5 Noordhof, Isla	14	Greater Ottawa Kingfish S.C.		1:02.74 q
6 Polisena, Sophia	14	Nepean Kanata Barracudas		1:02.93 q
7 McKenna, Ainsley	14	Swim Ottawa		1:04.12 q
8 Rowberry, Hana	14	Ernestown Barracuda Swim Club		1:04.28 q
9 Swain, Jocelyn	14	Ernestown Barracuda Swim Club		1:04.40 q
10 Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.		1:04.81 q
11 Detillieux, Rose	14	Greater Ottawa Kingfish S.C.		1:05.53 q
12 Pillay, Katie	14	Nepean Kanata Barracudas		1:06.03 q
13 Ennis, Myla	14	Perth Stingrays Aquatic Club		1:06.19 q
14 Gow, Emma L	14	Kingston Blue Marlins		1:06.22 q
15 Rosenberg, Claire	14	Swim Ottawa		1:06.32 q
16 Pratt, Jaime G	14	Roc Swimming		1:06.53 q
17 Chadwick, Gia A	13	Belleville Beast Swim Team		1:06.66 q
18 Cotruta, Theora A	14	Greater Ottawa Kingfish S.C.		1:06.98 q
19 Venne, Catherine	14	Greater Ottawa Kingfish S.C.		1:07.04 q
20 Schonberg, Sierra	14	Nepean Kanata Barracudas		1:07.19 q
21 Zhang, Kyna	14	Nepean Kanata Barracudas		1:08.51
22 Khalil, Mariam	13	Nepean Kanata Barracudas		1:08.64
23 Bowles, Katherine	13	Swim Ottawa		1:08.98
24 Brooks-Mah, Cassia	13	Greater Ottawa Kingfish S.C.		1:09.16
25 Houle, Joelle	13	Cornwall Sea Lions		1:09.51
26 Gauthier-Velasco, Isabella	13	Greater Ottawa Kingfish S.C.		1:09.79
27 MacDonald, Audrey	14	Swim Ottawa		1:10.02

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Results - Friday 13 & Over Prelims

Preliminaries ... (Event 9 Girls 13-14 100 SC Meter Freestyle)

Name	Age	Team	Seed Time	Prelim Time
28 Majzoub, Dana	13	Greater Ottawa Kingfish S.C.		1:12.71
29 Helmer, Ava E	13	Roc Swimming		1:13.56

Event 9 Girls 15 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Mason, Sara V	17	Kingston Blue Marlins		57.49 q
2 Klosevych, Helena	17	Greater Ottawa Kingfish S.C.		58.43 q
3 Hiltz, Stella	16	Nepean Kanata Barracudas		1:00.01 q
4 Noordhof, Ava	17	Greater Ottawa Kingfish S.C.		1:00.17 q
5 Collins, Julia G	16	Kingston Blue Marlins		1:00.63 q
6 Swartz, Rachael	16	Ernestown Barracuda Swim Club		1:00.67 q
7 Rudzki, Chloe M	17	Kingston Blue Marlins		1:00.69 q
8 Summers, Ella L	18	Kingston Blue Marlins		1:01.45 q
9 Timpson, Eve E	16	Kingston Blue Marlins		1:01.50 q
10 Tocchi, Mia C	15	Roc Swimming		1:01.83 q
11 Jarvis, Kayla	21	Kingston Blue Marlins		1:02.31 q
12 Serson, Olivia	18	Ernestown Barracuda Swim Club		1:02.41 q
13 Ludmer, Sarah	17	Swim Ottawa		1:02.42 q
14 Nobes, Samantha	21	Kingston Blue Marlins		1:03.10 q
15 Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.		1:03.14 q
16 Wilson-East, Olivia M	15	Roc Swimming		1:03.45 q
17 James, Lydia	15	Nepean Kanata Barracudas		1:03.65 q
18 Lawless, Keira	17	Goulbourn Sea Hawks		1:03.86 q
19 Gillieson, Olivia	15	Perth Stingrays Aquatic Club		1:04.31 q
20 Bailey, Josephine	17	Kingston Blue Marlins		1:04.45 q
21 Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.		1:04.72
22 Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club		1:05.08
23 Keith, Surina	15	Greater Ottawa Kingfish S.C.		1:05.18
24 Zak, Lana J	15	Belleville Beast Swim Team		1:05.24
25 Acero, Sofia	16	Goulbourn Sea Hawks		1:05.30
26 Gordon, Matilda	15	Swim Ottawa		1:05.84
27 Fee, Amelia	16	Nepean Kanata Barracudas		1:06.15
28 Skeaff, Lilian	15	Nepean Kanata Barracudas		1:06.59
29 Thomlinson, Ava	16	Nepean Kanata Barracudas		1:06.78
30 Lariviere, Summer	17	Cornwall Sea Lions		1:06.80
31 Wang, Claire T	15	Kingston Blue Marlins		1:07.38
32 Oma, Alyssia G	15	Roc Swimming		1:07.45
33 Fischer, Lily H	15	Belleville Beast Swim Team		1:07.56
34 Mulligan, Cecilia	16	Ernestown Barracuda Swim Club		1:07.69
35 Alma, Bella	19	Swim Ottawa		1:53.78

Event 10 Boys 13-14 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Yao, Lucas	13	Greater Ottawa Kingfish S.C.		55.26 q
2 Bulat, Ante	14	Swim Ottawa		57.02 q
3 Yam, Levi	13	Nepean Kanata Barracudas		57.40 q
4 MacPhee, Nathan	14	Perth Stingrays Aquatic Club		57.66 q
5 Yang, Logan Y	13	Goulbourn Sea Hawks		57.87 q
6 Cook, James	14	Nepean Kanata Barracudas		58.80 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Friday 13 & Over Prelims****Preliminaries ... (Event 10 Boys 13-14 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
7 Shelswell de Vlieger, Willem	14	Swim Ottawa		58.96 q
8 Klatt, Henry H	14	Greater Ottawa Kingfish S.C.		59.58 q
9 Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.		59.88 q
10 Roach, Hunter K	13	Belleville Beast Swim Team		1:01.22 q
11 Lu, Jonathan	14	Nepean Kanata Barracudas		1:01.45 q
12 Litrico, Mathias J	14	Kingston Blue Marlins		1:01.87 q
13 Church, Ethan J	13	Carleton Place Water Dragons		1:03.39 q
14 Situ, Isaac	14	Greater Ottawa Kingfish S.C.		1:03.52 q
15 Beyea, Matthew	14	Nepean Kanata Barracudas		1:03.80 q
16 Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.		1:03.87 q
17 Hungler, Gabe J	13	Kingston Blue Marlins		1:04.10 q
18 Stewart, Kaiden L	14	Carleton Place Water Dragons		1:04.34 q
19 Jin, Elliott	14	Perth Stingrays Aquatic Club		1:04.54 q
20 Nahorny, Ioan S	14	Kingston Blue Marlins		1:05.07 q
21 Chou, Colin	13	Swim Ottawa		1:05.83
22 Kouame, James	13	Greater Ottawa Kingfish S.C.		1:05.86
23 Power, Odin	13	Petawawa Predators		1:05.88
24 Williams, Alexander	13	Swim Ottawa		1:06.79
25 Marcil, Samuel	13	Greater Ottawa Kingfish S.C.		1:07.65
26 Addicks, Soren	13	Swim Ottawa		1:08.31
27 Redshaw, Sam M	13	Goulbourn Sea Hawks		1:08.36
28 Dowling, Matthew	13	Ernestown Barracuda Swim Club		1:08.76
29 McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.		1:09.05
30 Mondoux, Entreri	13	Cornwall Sea Lions		1:12.09

Event 10 Boys 15 & Over 100 SC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Pershukovich, Alexander	17	Nepean Kanata Barracudas		52.55 q
2 Wen, Jason	16	Swim Ottawa		53.50 q
3 Heiden, Liam A	16	Kingston Blue Marlins		54.45 q
4 Meredith, Hadley W	17	Roc Swimming		54.46 q
5 Kam, Conner	17	Goulbourn Sea Hawks		54.91 q
6 Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas		54.99 q
7 Agostinelli Stull, Emilio	21	Kingston Blue Marlins		55.28 q
8 Sweetnam, Declan	17	Nepean Kanata Barracudas		55.37 q
9 Case, Adam P	16	Belleville Beast Swim Team		55.86 q
10 Ladinik, Zan	17	Kingston Blue Marlins		55.89 q
11 Pawlak, Jordan	16	Nepean Kanata Barracudas		56.01 q
12 Do, Alexander	15	Roc Swimming		56.03 q
13 Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.		56.06 q
14 Yang, Terry	17	Nepean Kanata Barracudas		56.09 q
15 Lee, Ethan	15	Nepean Kanata Barracudas		56.22 q
16 Brent, Connor	16	Greater Ottawa Kingfish S.C.		56.27 q
17 Timtsenko, Illya	15	Perth Stingrays Aquatic Club		56.54 q
18 Kim, Sungyoun	17	Nepean Kanata Barracudas		56.81 q
19 Boyer, Julian	17	Swim Ottawa		57.18 q
20 Scully, Cole	15	Nepean Kanata Barracudas		57.24 q
21 Yan, Anton	15	Nepean Kanata Barracudas		57.44
22 Zheng, Alex	15	Goulbourn Sea Hawks		57.47

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Friday 13 & Over Prelims****Preliminaries ... (Event 10 Boys 15 & Over 100 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
23	Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club		57.49
24	Pons, Raphael J	16	Roc Swimming		57.61
25	Moreau, Logan	16	Nepean Kanata Barracudas		57.63
26	Patterson, Myer A	17	Roc Swimming		57.74
27	MacDonald, Teagan	16	Nepean Kanata Barracudas		57.97
28	Ngatia, Michael	15	Goulbourn Sea Hawks		58.00
29	Zegers, Jacob	17	Greater Ottawa Kingfish S.C.		58.25
30	Seydaliev, Mikhail	17	Petawawa Predators		58.63
31	Dutrizac, Sam L	15	Roc Swimming		58.66
32	Knockleby, Everett	17	Petawawa Predators		58.91
33	Moher, Charlie	16	Swim Ottawa		59.27
34	Zukovsky, Adam	17	Belleville Beast Swim Team		59.35
35	Moulds, Elliot	15	Swim Ottawa		59.42
36	Pistun, Oliver G	15	Kingston Blue Marlins		59.50
37	Benny, Dash P	17	Kingston Blue Marlins		1:00.11
38	LeBouthillier, Aaron	16	Nepean Kanata Barracudas		1:00.13
39	Bowles, Matthew	15	Swim Ottawa		1:00.14
*40	Van Zijl, Leon X	15	Belleville Beast Swim Team		1:00.30
*40	Laidley, Sean	18	Perth Stingrays Aquatic Club		1:00.30
42	Ryckman, Adam	16	Greater Ottawa Kingfish S.C.		1:00.39
43	Makowski, Jonah	15	Greater Ottawa Kingfish S.C.		1:00.60
44	Hassaan, Ryan	15	Nepean Kanata Barracudas		1:00.68
45	Anand-Danek, Chris M	15	Roc Swimming		1:00.91
46	Millward, Zachary	15	Cornwall Sea Lions		1:01.51
47	Morris, Calvin	15	Swim Ottawa		1:02.31
48	Guo, George	15	Nepean Kanata Barracudas		1:03.27
49	Gallupe, Cohen	16	Ernestown Barracuda Swim Club		1:03.66

Event 11 Girls 13-14 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hull, Gwyneth	14	Goulbourn Sea Hawks		2:30.40 q
2	Swain, Jocelyn	14	Ernestown Barracuda Swim Club		2:31.18 q
3	Norlock, Helena V	14	Carleton Place Water Dragons		2:31.81 q
4	Fairley, Emma	13	Nepean Kanata Barracudas		2:34.95 q
5	Fournier, Ellie	14	Nepean Kanata Barracudas		2:35.39 q
6	Quan, Ellie	13	Nepean Kanata Barracudas		2:35.40 q
7	Apanasevich, Marta	14	Goulbourn Sea Hawks		2:35.75 q
8	Gora, Chelsea	13	Ernestown Barracuda Swim Club		2:36.39 q
9	Archibald, Fia	14	Swim Ottawa		2:37.56 q
10	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.		2:37.66 q
11	Jackson, Norah M	14	Belleville Beast Swim Team		2:39.28 q
12	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.		2:39.55 q
13	Roberts, Liliana V	13	Goulbourn Sea Hawks		2:40.39 q
14	Togtokhbayar, Uranbileg	13	Swim Ottawa		2:40.65 q
15	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.		2:41.55 q
16	Rosenberg, Claire	14	Swim Ottawa		2:42.33 q
17	Harris, Morgan	13	Kingston Blue Marlins		2:43.04 q
18	Green, Annie	13	Perth Stingrays Aquatic Club		2:44.10 q
19	Conlin, Charlie	13	Goulbourn Sea Hawks		2:46.49 q
20	Shier, Kayla	14	Goulbourn Sea Hawks		2:47.49 q

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	Name	Age	Team	Seed Time	Prelim Time
21	Sheppard, Norah A	13	Roc Swimming		2:47.55
22	Albright, Mikayla	13	Swim Ottawa		2:48.37
23	Atkinson, Chloe	13	Perth Stingrays Aquatic Club		2:49.97
24	Wiwchar, Addelyne	13	Upper Canada Swim Club		2:52.09
25	Leuschen, Violet	13	Nepean Kanata Barracudas		2:53.04
26	McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.		2:53.39
27	Cziffra, Lucia I	13	Roc Swimming		2:55.04
28	Dondos, Oana	13	Nepean Kanata Barracudas		2:55.22
29	Cotruta, Theora A	14	Greater Ottawa Kingfish S.C.		3:01.70
30	Elkhouli, Lamees	13	Nepean Kanata Barracudas		3:04.33
---	Gauthier-Velasco, Isabella	13	Greater Ottawa Kingfish S.C.		DNF
---	Voisin, Annabelle	14	Petawawa Predators		NS

Event 11 Girls 15 & Over 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pitts, Payton J	16	Kingston Blue Marlins		2:18.35 q
2	Walsh, Maisie C	16	Belleville Beast Swim Team		2:26.58 q
3	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.		2:26.73 q
4	Barnes, Alyssa G	15	Belleville Beast Swim Team		2:28.09 q
5	Kalverda, Skylar M	17	Kingston Blue Marlins		2:30.94 q
6	Nobes, Samantha	21	Kingston Blue Marlins		2:32.62 q
*7	King, Alivia J	16	Belleville Beast Swim Team		2:33.09 q
*7	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.		2:33.09 q
9	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions		2:33.38 q
10	Ibarra, Tania	19	Kingston Blue Marlins		2:33.73 q
11	Zaniewski, Sarah	17	Nepean Kanata Barracudas		2:34.12 q
12	McCourt, Keira K	15	Roc Swimming		2:37.62 q
13	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins		2:37.86 q
14	Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.		2:37.95 q
15	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club		2:38.15 q
16	Van Dusen, Madeleine	17	Perth Stingrays Aquatic Club		2:38.42 q
17	Noonan, Jordan	17	Ernestown Barracuda Swim Club		2:38.87 q
18	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.		2:39.11 q
19	Gillieson, Olivia	15	Perth Stingrays Aquatic Club		2:40.46 q
20	Prost, Phoebe J	15	Kingston Blue Marlins		2:41.00 q
21	Gordon, Matilda	15	Swim Ottawa		2:41.37
22	Carr, Jessie	17	Ernestown Barracuda Swim Club		2:41.74
23	Duffey, Rowan	16	Swim Ottawa		2:42.58
24	Patry, Chantale	16	Greater Ottawa Kingfish S.C.		2:44.22
25	Fee, Amelia	16	Nepean Kanata Barracudas		2:45.57
26	Wright, Zoe	15	Greater Ottawa Kingfish S.C.		2:46.20
---	Meredith, Teagan M	15	Roc Swimming		NS

Event 12 Boys 13-14 200 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Peden, Jayden	13	Perth Stingrays Aquatic Club		2:26.82 q
2	Hong, Theodore	14	Greater Ottawa Kingfish S.C.		2:26.93 q
3	Lee, Kaden	13	Nepean Kanata Barracudas		2:28.97 q
4	Heidinga, Simon	14	Swim Ottawa		2:29.18 q

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Name	Age	Team	Seed Time	Prelim Time
5 Fecica, Sam C	14	Kingston Blue Marlins		2:29.63 q
6 Randriamoeliarivony, Rodo	14	Nepean Kanata Barracudas		2:33.08 q
7 Helmstaedt, Grant	14	Ernestown Barracuda Swim Club		2:35.45 q
8 Stewart, Kaiden L	14	Carleton Place Water Dragons		2:39.14 q
9 Markovych, Dany	13	Capital Wave Swim & Polo		2:41.78 q
10 Dowling, Matthew	13	Ernestown Barracuda Swim Club		2:42.10 q
11 Situ, Isaac	14	Greater Ottawa Kingfish S.C.		2:42.15 q
12 Addicks, Soren	13	Swim Ottawa		2:44.32 q
13 Kurtyan, Mathieu	13	Nepean Kanata Barracudas		2:44.92 q
14 Wang, Larry	13	Nepean Kanata Barracudas		2:46.45 q
15 Chou, Colin	13	Swim Ottawa		2:47.60 q
16 Sadat, Sina	13	Nepean Kanata Barracudas		2:48.28 q
17 Li, Bryson	13	Greater Ottawa Kingfish S.C.		2:48.54 q
18 Williams, Alexander	13	Swim Ottawa		2:51.58 q

Event 12 Boys 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Ko, Liam	15	Nepean Kanata Barracudas		2:05.49 q
2 Jung, Owen	16	Greater Ottawa Kingfish S.C.		2:09.86 q
3 Robinson, Carter	17	Greater Ottawa Kingfish S.C.		2:11.31 q
4 Elliot, Liam	15	Nepean Kanata Barracudas		2:13.53 q
5 Schurmans, Liam	15	Upper Canada Swim Club		2:14.32 q
6 Barker, Ben	15	Goulbourn Sea Hawks		2:16.10 q
7 Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.		2:18.05 q
8 Deroneth, Saul	16	Greater Ottawa Kingfish S.C.		2:19.10 q
9 Livingston, Lucas	15	Greater Ottawa Kingfish S.C.		2:21.62 q
10 Patterson, Myer A	17	Roc Swimming		2:22.55 q
11 Dow, Nate	15	Goulbourn Sea Hawks		2:22.74 q
12 Downie, Dylan P	16	Kingston Blue Marlins		2:22.75 q
13 Crampton, Drew	17	Ernestown Barracuda Swim Club		2:25.10 q
14 Keilty, Jack A	16	Kingston Blue Marlins		2:25.29 q
15 Moulds, Elliot	15	Swim Ottawa		2:26.49 q
16 Ryckman, Adam	16	Greater Ottawa Kingfish S.C.		2:37.30 q
--- WechselbergerVickers, Max	17	Nepean Kanata Barracudas		DQ 2:21.96
--- Fehr, Michael T	16	Belleville Beast Swim Team		DQ 2:38.17
--- Sweetnam, Declan	17	Nepean Kanata Barracudas		NS

Event 13 Girls 13-14 200 SC Meter Medley Relay

Team	Relay			Finals Time
1 Goulbourn Sea Hawks	A			2:07.14
1) Hull, Gwyneth 14	2) McKay, Lindsay 14	3) Greenaway, Molly 14	4) Aubin, Michelle 14	
2 Nepean Kanata Barracudas	B			2:07.77
1) Fairley, Emma 13	2) Kim, Yunseo 14	3) Macdonald, Moy 13	4) Schonberg, Sierra 14	
3 Roc Swimming	A			2:07.91
1) Pratt, Jaime G 14	2) Glinski, Georgia K 14	3) Gomes, Sinead K 13	4) Rueckwald, Lola M 14	
4 Greater Ottawa Kingfish S.C.	A			2:10.70
1) Noordhof, Isla 14	2) Majzoub, Dana 13	3) Nolan, Millie J 14	4) Leyan'Simbi, Aaliyah N 13	
5 Nepean Kanata Barracudas	A			2:11.14
1) Fournier, Ellie 14	2) James, Maren 13	3) Polisena, Sophia 14	4) Quan, Ellie 13	
6 Ernestown Barracuda Swim Club	A			2:11.56
1) Swain, Jocelyn 14	2) Rowberry, Hana 14	3) Pennell, Julia 14	4) Gora, Chelsea 13	

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Team	Relay			Finals Time
7 Belleville Beast Swim Team	A			2:14.78
1) Oates, Emery A 14	2) Bolton, Ella E 14	3) Kerr, Ellis E 14	4) Chadwick, Gia A 13	
8 Greater Ottawa Kingfish S.C.	B			2:16.28
1) Rozek, Talia 14	2) Gouombas-Ouattara, Grace 14	3) Rasoulis, Eva 13	4) Brooks-Mah, Cassia 13	
9 Swim Ottawa	A			2:17.59
1) Togtokhbayar, Uranbileg 13	2) Archibald, Fia 14	3) MacDonald, Audrey 14	4) McKenna, Ainsley 14	
10 Swim Ottawa	B			2:19.51
1) Rosenberg, Claire 14	2) Sakr, Riham 13	3) Rafter, Sadie 13	4) Albright, Mikayla 13	
11 Perth Stingrays Aquatic Club	A			2:20.42
1) Green, Annie 13	2) Atkinson, Chloe 13	3) Ennis, Myla 14	4) Peden, Bronwyn 14	
12 Roc Swimming	B			2:30.18
1) Cziffra, Lucia I 13	2) Pons, Floriane A 13	3) Helmer, Ava E 13	4) Sheppard, Norah A 13	

Event 14 Boys 13-14 200 SC Meter Medley Relay

Team	Relay	Finals Time	
1 Swim Ottawa	A	1:57.80	
1) MacKenzie, Hammond 14	2) Shelswell de Vlieger, Willem 14	3) Swietlicki, Steven 14	4) Bulat, Ante 14
2 Nepean Kanata Barracudas	A	1:58.48	
1) Plummer, Brody 13	2) Lei, Qingyan 14	3) Cook, James 14	4) Yam, Levi 13
3 Greater Ottawa Kingfish S.C.	A	1:59.22	
1) Ghobrial, Youssef 14	2) Klatt, Henry H 14	3) Yao, Lucas 13	4) Situ, Isaac 14
4 Nepean Kanata Barracudas	B	2:06.50	
1) Lee, Kaden 13	2) Cardinal, Mathias 14	3) Randriamoelirivony, Rodo 14	4) Lu, Jonathan 14
5 Kingston Blue Marlins	A	2:08.28	
1) Hungler, Gabe J 13	2) Nahorny, Ioan S 14	3) Fecica, Sam C 14	4) Litrico, Mathias J 14
6 Greater Ottawa Kingfish S.C.	B	2:11.34	
1) Liu, Ethan 14	2) Al-Dawodi, Ali 13	3) Kiweewa, Kayden 13	4) Hong, Theodore 14
7 Swim Ottawa	B	2:14.33	
1) Heidinger, Simon 14	2) Boyer, Alexander 14	3) Chou, Colin 13	4) Williams, Alexander 13
8 Goulbourn Sea Hawks	A	2:16.96	
1) Yang, Logan Y 13	2) Redshaw, Sam M 13	3) Yang, Mason Y 13	4) Duggan, Oliver 14

Event 15 Girls 15 & Over 200 SC Meter Medley Relay

Team	Relay			Finals Time
1 Kingston Blue Marlins	A			2:01.68
1) Rudzki, Chloe M 17	2) Pitts, Payton J 16	3) Mason, Sara V 17	4) Collins, Julia G 16	
2 Greater Ottawa Kingfish S.C.	A			2:01.84
1) Klosevych, Helena 17	2) McIntosh, Grace 16	3) Jodoin, Olivia 17	4) Noordhof, Ava 17	
3 Nepean Kanata Barracudas	A			2:05.94
1) Zaniewski, Sarah 17	2) Licari, Danica 15	3) Hiltz, Stella 16	4) Forestier, Gabrielle 17	
4 Ernestown Barracuda Swim Club	A			2:08.69
1) Swartz, Rachael 16	2) Helmstaedt, Cedar 15	3) Noonan, Jordan 17	4) Serson, Olivia 18	
5 Belleville Beast Swim Team	A			2:10.64
1) King, Alivia J 16	2) Hudacin, Emily K 15	3) Lupton, Hallie C 16	4) Walsh, Maisie C 16	
6 Greater Ottawa Kingfish S.C.	B			2:11.00
1) Ouimet, Arielle 16	2) Lee, Ruby 15	3) Barrette, Emma D 17	4) Keith, Surina 15	
7 Roc Swimming	A			2:11.08
1) Meredith, Teagan M 15	2) Arbuthnot, Grace T 16	3) Matthews-Dickson, Kaitlyn R 15	4) Tocchi, Mia C 15	
8 Nepean Kanata Barracudas	B			2:11.98
1) Fee, Amelia 16	2) James, Lydia 15	3) Skeaff, Lilian 15	4) Thomlinson, Ava 16	
9 Kingston Blue Marlins	B			2:12.93
1) Kalverda, Skylar M 17	2) Mendieta-Sweet, Justice T 16	3) Schmidt Stutzman, Maggie O 15	4) Timpson, Eve E 16	
10 Belleville Beast Swim Team	B			2:16.53
1) Barnes, Alyssa G 15	2) Zak, Lana J 15	3) MacQuarrie, Lauren C 17	4) Fischer, Lily H 15	

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Team	Relay	Finals Time	
11 Perth Stingrays Aquatic Club	A	2:16.81	
1) Van Dusen, Caroline 15	2) Christy, Ruth 17	3) Gillieson, Olivia 15	4) Brady, Hailee 17
12 Roc Swimming	B	2:17.19	
1) McCourt, Keira K 15	2) Oma, Alyssia G 15	3) Anderson, Claire C 16	4) Wilson-East, Olivia M 15

Event 16 Boys 15 & Over 200 SC Meter Medley Relay

Team	Relay			Finals Time
1 Nepean Kanata Barracudas	A			1:47.75
1) Ko, Liam 15	2) Jolly Ssamula, Jordan 17	3) Pawlak, Jordan 16	4) Pershukevich, Alexander 17	
2 Roc Swimming	A			1:50.34
1) Pons, Raphael J 16	2) Seely, Joshua A 17	3) Dutrizac, Sam L 15	4) Meredith, Hadley W 17	
3 Swim Ottawa	A			1:50.60
1) Wen, Jason 16	2) Jaaskelainen Lozano, Kasimiro 153)	Boyer, Julian 17	4) de Vlieger, Henry 16	
4 Nepean Kanata Barracudas	B			1:51.86
1) Elliot, Liam 15	2) Soltani, Ilyes 17	3) Yang, Terry 17	4) Kim, Sungyoun 17	
5 Greater Ottawa Kingfish S.C.	A			1:52.11
1) Deroneth, Saul 16	2) Livingston, Lucas 15	3) Jung, Owen 16	4) Weiss-Reid, Maxime 17	
6 Goulbourn Sea Hawks	A			1:52.17
1) Dow, Nate 15	2) Zheng, Alex 15	3) Kam, Conner 17	4) Barker, Ben 15	
7 Kingston Blue Marlins	A			1:53.32
1) Heiden, Liam A 16	2) Janssen, Devin A 16	3) Keilty, Jack A 16	4) Ladinik, Zan 17	
8 Belleville Beast Swim Team	A			1:58.22
1) Case, Adam P 16	2) McIlvaney, Ben R 13	3) Fehr, Michael T 16	4) Roach, Hunter K 13	
9 Perth Stingrays Aquatic Club	A			1:58.82
1) Peden, Gavin 16	2) Gaudaur Webb, Mykal 15	3) Timtsenko, Illya 15	4) MacPhee, Nathan 14	
10 Kingston Blue Marlins	B			2:00.05
1) Downie, Dylan P 16	2) Baron, Gabe F 15	3) Pistun, Oliver G 15	4) Benny, Dash P 17	
11 Greater Ottawa Kingfish S.C.	B			2:01.63
1) Robinson, Carter 17	2) Brent, Connor 16	3) Zewdie, Matteo 15	4) Zegers, Jacob 17	
12 Swim Ottawa	B			2:01.66
1) Moulds, Elliot 15	2) Bowles, Matthew 15	3) Pantarotto, Dylan 16	4) Moher, Charlie 16	
13 Roc Swimming	B			2:05.43
1) Patterson, Myer A 17	2) Geddes, Bennett A 13	3) Do, Alexander 15	4) Anand-Danek, Chris M 15	
14 Ernestown Barracuda Swim Club	A			2:06.12
1) Helmstaedt, Grant 14	2) Shearer, Braeden 17	3) Crampton, Drew 17	4) Gallupe, Cohen 16	
15 Perth Stingrays Aquatic Club	B			2:06.67
1) Peden, Jayden 13	2) Mason, Landon 16	3) Laidley, Sean 18	4) Jin, Elliott 14	