

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Event 43 Girls 13-14 400 SC Meter IM**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Greenaway, Molly	14	Goulbourn Sea Hawks		5:10.12 q
2	Kim, Yunseo	14	Nepean Kanata Barracudas		5:24.08 q
3	Glinski, Georgia K	14	Roc Swimming		5:26.83 q
4	Gomes, Sinead K	13	Roc Swimming		5:29.05 q
5	McKay, Lindsay	14	Goulbourn Sea Hawks		5:36.20 q
6	James, Maren	13	Nepean Kanata Barracudas		5:55.70 q
7	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.		5:56.65 q
8	Jackson, Norah M	14	Belleville Beast Swim Team		5:56.95 q
9	Peden, Bronwyn	14	Perth Stingrays Aquatic Club		5:57.61 q
10	Pillay, Katie	14	Nepean Kanata Barracudas		6:04.85 q
11	Atkinson, Chloe	13	Perth Stingrays Aquatic Club		6:04.95
12	Green, Annie	13	Perth Stingrays Aquatic Club		6:07.58
13	Cziffra, Lucia I	13	Roc Swimming		6:08.43
14	Kerr, Ellis E	14	Belleville Beast Swim Team		6:08.55
15	Diotte, Gaby T	13	Greater Ottawa Kingfish S.C.		6:10.09
16	Sheppard, Norah A	13	Roc Swimming		6:17.28

Event 43 Girls 15 & Over 400 SC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Forestier, Gabrielle	17	Nepean Kanata Barracudas		5:09.82 q
2	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.		5:16.05 q
3	Macdonald, Jayden	19	Kingston Blue Marlins		5:16.90 q
4	Licari, Danica	15	Nepean Kanata Barracudas		5:19.53 q
5	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.		5:21.80 q
6	Smith, Addison	15	Swim Ottawa		5:22.92 q
7	Spence, Kayla	17	Goulbourn Sea Hawks		5:23.48 q
8	Lawless, Keira	17	Goulbourn Sea Hawks		5:23.76 q
9	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.		5:28.31 q
10	Hudacin, Emily K	15	Belleville Beast Swim Team		5:29.42 q
11	Matthews-Dickson, Kaitlyn R	15	Roc Swimming		5:31.19
12	Serson, Olivia	18	Ernestown Barracuda Swim Club		5:35.95
13	McCourt, Keira K	15	Roc Swimming		5:38.36
14	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.		5:39.61
15	McCourt, Naomi K	15	Roc Swimming		5:43.17
16	Lee, Ruby	15	Greater Ottawa Kingfish S.C.		5:43.66
17	Van Dusen, Madeleine	17	Perth Stingrays Aquatic Club		5:45.56
18	Zak, Lana J	15	Belleville Beast Swim Team		5:50.74
19	Rands, Catherine	16	Swim Ottawa		5:54.99
20	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club		5:55.38
21	Brady, Hailee	17	Perth Stingrays Aquatic Club		5:58.67
22	Miller, Camryn	15	Nepean Kanata Barracudas		6:08.65

Event 44 Boys 13-14 400 SC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.		5:02.52 q
2	Shelswell de Vlieger, Willem	14	Swim Ottawa		5:15.36 q
3	MacKenzie, Hammond	14	Swim Ottawa		5:15.99 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 44 Boys 13-14 400 SC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
4	Plummer, Brody	13	Nepean Kanata Barracudas		5:23.47 q
5	Liu, Ethan	14	Greater Ottawa Kingfish S.C.		5:26.50 q
6	Shore, Thomas	13	Nepean Kanata Barracudas		5:32.07 q
7	Lee, Kaden	13	Nepean Kanata Barracudas		5:32.49 q
8	Heidinga, Simon	14	Swim Ottawa		5:34.46 q
9	McIlvaney, Ben R	13	Belleville Beast Swim Team		5:41.50 q
10	McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.		5:56.36 q
11	Williams, Alexander	13	Swim Ottawa		5:56.63
12	Chou, Colin	13	Swim Ottawa		5:59.93
13	Qin, Ethan	13	Nepean Kanata Barracudas		6:00.60

Event 44 Boys 15 & Over 400 SC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas		4:33.68 q
2	Soltani, Ilyes	17	Nepean Kanata Barracudas		4:34.81 q
3	Seely, Joshua A	17	Roc Swimming		4:47.10 q
4	Peden, Gavin	16	Perth Stingrays Aquatic Club		4:49.47 q
5	Pantarotto, Dylan	16	Swim Ottawa		4:50.64 q
6	Case, Adam P	16	Belleville Beast Swim Team		4:54.20 q
7	de Vlieger, Henry	16	Swim Ottawa		4:58.01 q
8	Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa		5:11.09 q
9	Zheng, Alex	15	Goulbourn Sea Hawks		5:12.09 q
10	Brown, William	16	Swim Ottawa		5:20.89 q
11	Millward, Zachary	15	Cornwall Sea Lions		5:23.29
---	WechselbergerVickers, Max	17	Nepean Kanata Barracudas		DQ 5:06.98

Event 45 Girls 13-14 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Swain, Jocelyn	14	Ernestown Barracuda Swim Club		1:10.64 q
2	Gora, Chelsea	13	Ernestown Barracuda Swim Club		1:10.65 q
3	Hull, Gwyneth	14	Goulbourn Sea Hawks		1:10.73 q
4	Fournier, Ellie	14	Nepean Kanata Barracudas		1:11.22 q
5	Quan, Ellie	13	Nepean Kanata Barracudas		1:11.93 q
6	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.		1:12.23 q
7	Fairley, Emma	13	Nepean Kanata Barracudas		1:12.61 q
8	Archibald, Fia	14	Swim Ottawa		1:12.87 q
9	Voisin, Annabelle	14	Petawawa Predators		1:12.88 q
10	Apanasevich, Marta	14	Goulbourn Sea Hawks		1:13.25 q
11	Roberts, Liliana V	13	Goulbourn Sea Hawks		1:14.29 q
12	Rozek, Talia	14	Greater Ottawa Kingfish S.C.		1:14.83 q
13	Trang, Liana	13	Goulbourn Sea Hawks		1:14.85 q
14	Togtokhbayar, Uranbileg	13	Swim Ottawa		1:14.87 q
15	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.		1:15.14 q
16	Pratt, Jaime G	14	Roc Swimming		1:15.63 q
17	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.		1:16.22 q
18	Wiwchar, Addelyne	13	Upper Canada Swim Club		1:16.54 q
19	McKerlich, Rebecca	14	Upper Canada Swim Club		1:16.91 q
20	Green, Annie	13	Perth Stingrays Aquatic Club		1:17.02 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 45 Girls 13-14 100 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
21	Bolton, Ella E	14	Belleville Beast Swim Team		1:17.22
22	Ennis, Myla	14	Perth Stingrays Aquatic Club		1:17.84
23	Gauthier-Velasco, Isabella	13	Greater Ottawa Kingfish S.C.		1:18.94
24	Albright, Mikayla	13	Swim Ottawa		1:19.37
25	Leuschen, Violet	13	Nepean Kanata Barracudas		1:19.74
26	Conlin, Charlie	13	Goulbourn Sea Hawks		1:20.53
27	Opalka, Emma	14	Upper Canada Swim Club		1:21.55
28	Sharma, Kiara	13	Goulbourn Sea Hawks		1:21.76
29	Cziffra, Lucia I	13	Roc Swimming		1:22.32
30	Zhou, Tiana	13	Goulbourn Sea Hawks		1:22.62
31	Helmer, Ava E	13	Roc Swimming		1:22.98
---	Xu, Cheryl	13	Swim Ottawa		NS

Event 45 Girls 15 & Over 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pitts, Payton J	16	Kingston Blue Marlins		1:04.32 q
2	Hiltz, Stella	16	Nepean Kanata Barracudas		1:07.65 q
3	Mason, Sara V	17	Kingston Blue Marlins		1:07.96 q
4	Lupton, Hallie C	16	Belleville Beast Swim Team		1:08.60 q
5	Acero, Sofia	16	Goulbourn Sea Hawks		1:08.72 q
6	Walsh, Maisie C	16	Belleville Beast Swim Team		1:08.85 q
7	Nobes, Samantha	21	Kingston Blue Marlins		1:09.93 q
8	Kalverda, Skylar M	17	Kingston Blue Marlins		1:10.85 q
9	Meredith, Teagan M	15	Roc Swimming		1:11.06 q
10	Ibarra, Tania	19	Kingston Blue Marlins		1:11.10 q
11	Gillieson, Olivia	15	Perth Stingrays Aquatic Club		1:11.18 q
12	Zaniewski, Sarah	17	Nepean Kanata Barracudas		1:11.55 q
13	Nourozi, Maia	15	Roc Swimming		1:11.65 q
14	Barnes, Alyssa G	15	Belleville Beast Swim Team		1:12.05 q
15	King, Alivia J	16	Belleville Beast Swim Team		1:12.79 q
16	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.		1:13.04 q
17	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club		1:13.20 q
18	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins		1:13.22 q
19	Fee, Amelia	16	Nepean Kanata Barracudas		1:14.13 q
20	Duffey, Rowan	16	Swim Ottawa		1:14.24 q
21	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.		1:14.29
22	Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.		1:14.52
23	Gordon, Matilda	15	Swim Ottawa		1:14.56
24	Runions, Grace A	15	Kingston Blue Marlins		1:14.66
25	McCourt, Keira K	15	Roc Swimming		1:15.01
26	Noonan, Jordan	17	Ernestown Barracuda Swim Club		1:15.16
27	Prost, Phoebe J	15	Kingston Blue Marlins		1:16.18
28	Carr, Jessie	17	Ernestown Barracuda Swim Club		1:17.34
29	Fischer, Lily H	15	Belleville Beast Swim Team		1:20.65
---	Licari, Danica	15	Nepean Kanata Barracudas		NS

Event 46 Boys 13-14 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hong, Theodore	14	Greater Ottawa Kingfish S.C.		1:07.32 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 46 Boys 13-14 100 SC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
2	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.		1:07.55 q
3	Peden, Jayden	13	Perth Stingrays Aquatic Club		1:07.63 q
4	Yam, Levi	13	Nepean Kanata Barracudas		1:08.18 q
5	Heidinga, Simon	14	Swim Ottawa		1:08.35 q
6	Fecica, Sam C	14	Kingston Blue Marlins		1:09.95 q
7	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.		1:11.78 q
8	Helmstaedt, Grant	14	Ernestown Barracuda Swim Club		1:12.08 q
9	Kouame, James	13	Greater Ottawa Kingfish S.C.		1:14.27 q
10	Addicks, Soren	13	Swim Ottawa		1:14.55 q
11	Wang, Larry	13	Nepean Kanata Barracudas		1:15.90
12	Markovych, Dany	13	Capital Wave Swim & Polo		1:16.09
13	Zhang, Jeremy	13	Greater Ottawa Kingfish S.C.		1:16.43
14	Kurtyan, Mathieu	13	Nepean Kanata Barracudas		1:16.45
15	Sadat, Sina	13	Nepean Kanata Barracudas		1:18.48
16	Li, Bryson	13	Greater Ottawa Kingfish S.C.		1:19.97

Event 46 Boys 15 & Over 100 SC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Ko, Liam	15	Nepean Kanata Barracudas		58.84 q
2	Deroneth, Saul	16	Greater Ottawa Kingfish S.C.		59.46 q
3	Robinson, Carter	17	Greater Ottawa Kingfish S.C.		59.75 q
4	Jung, Owen	16	Greater Ottawa Kingfish S.C.		59.94 q
5	Schurmans, Liam	15	Upper Canada Swim Club		1:00.75 q
6	Pons, Raphael J	16	Roc Swimming		1:00.96 q
7	Sweetnam, Declan	17	Nepean Kanata Barracudas		1:02.08 q
8	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.		1:02.11 q
9	Barker, Ben	15	Goulbourn Sea Hawks		1:02.31 q
10	Kam, Conner	17	Goulbourn Sea Hawks		1:02.33 q
11	Patterson, Myer A	17	Roc Swimming		1:02.55 q
12	Elliot, Liam	15	Nepean Kanata Barracudas		1:02.79 q
13	Downie, Dylan P	16	Kingston Blue Marlins		1:03.06 q
14	Dow, Nate	15	Goulbourn Sea Hawks		1:03.43 q
15	Moreau, Logan	16	Nepean Kanata Barracudas		1:04.89 q
16	Shearer, Braeden	17	Ernestown Barracuda Swim Club		1:05.24 q
17	Yan, Anton	15	Nepean Kanata Barracudas		1:05.43 q
18	Crampton, Drew	17	Ernestown Barracuda Swim Club		1:06.70 q
19	Meredith, Hadley W	17	Roc Swimming		1:07.26 q
20	Keilty, Jack A	16	Kingston Blue Marlins		1:07.35 q
21	Moulds, Elliot	15	Swim Ottawa		1:07.77
22	Fehr, Michael T	16	Belleville Beast Swim Team		1:08.14
23	Baron, Gabe F	15	Kingston Blue Marlins		1:08.57
24	Janssen, Devin A	16	Kingston Blue Marlins		1:09.03
25	Ryckman, Adam	16	Greater Ottawa Kingfish S.C.		1:09.51
26	Gallupe, Cohen	16	Ernestown Barracuda Swim Club		1:12.66
27	Morgan_S6SB6SM6, Jack	23	Ernestown Barracuda Swim Club		1:44.02

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Event 47 Girls 13-14 200 SC Meter Freestyle**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Aubin, Michelle	14	Goulbourn Sea Hawks		2:13.62 q
2	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.		2:18.52 q
3	Hull, Gwyneth	14	Goulbourn Sea Hawks		2:18.62 q
4	Norlock, Helena V	14	Carleton Place Water Dragons		2:19.51 q
5	McKenna, Ainsley	14	Swim Ottawa		2:19.64 q
6	Roberts, Liliana V	13	Goulbourn Sea Hawks		2:22.51 q
7	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.		2:22.67 q
8	Gow, Emma L	14	Kingston Blue Marlins		2:24.62 q
9	Rosenberg, Claire	14	Swim Ottawa		2:24.79 q
10	Oates, Emery A	14	Belleville Beast Swim Team		2:25.80 q
11	Rafter, Sadie	13	Swim Ottawa		2:25.82 q
12	Fournier, Ellie	14	Nepean Kanata Barracudas		2:26.00 q
13	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.		2:26.06 q
14	Harris, Morgan	13	Kingston Blue Marlins		2:26.08 q
15	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.		2:27.07 q
16	Sakr, Riham	13	Swim Ottawa		2:27.36 q
17	Bowles, Katherine	13	Swim Ottawa		2:28.53 q
18	Zhang, Kyna	14	Nepean Kanata Barracudas		2:29.37 q
19	Chadwick, Gia A	13	Belleville Beast Swim Team		2:29.45 q
20	Houle, Joelle	13	Cornwall Sea Lions		2:30.14 q
21	Dondos, Oana	13	Nepean Kanata Barracudas		2:30.62
22	Shier, Kayla	14	Goulbourn Sea Hawks		2:31.15
23	Venne, Catherine	14	Greater Ottawa Kingfish S.C.		2:31.52
24	Khalil, Mariam	13	Nepean Kanata Barracudas		2:32.34
25	Sheppard, Norah A	13	Roc Swimming		2:34.19
26	Pons, Floriane A	13	Roc Swimming		2:36.11

Event 47 Girls 15 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.		2:09.05 q
2	Rudzki, Chloe M	17	Kingston Blue Marlins		2:10.53 q
3	Collins, Julia G	16	Kingston Blue Marlins		2:10.64 q
4	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.		2:11.47 q
5	Swartz, Rachael	16	Ernestown Barracuda Swim Club		2:13.00 q
6	Tocchi, Mia C	15	Roc Swimming		2:13.50 q
7	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions		2:13.62 q
8	Spence, Kayla	17	Goulbourn Sea Hawks		2:14.95 q
9	Timpson, Eve E	16	Kingston Blue Marlins		2:16.06 q
10	Barnes, Alyssa G	15	Belleville Beast Swim Team		2:16.77 q
11	Wilson-East, Olivia M	15	Roc Swimming		2:17.09 q
12	Matthews-Dickson, Kaitlyn R	15	Roc Swimming		2:17.30 q
13	Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.		2:17.48 q
14	Serson, Olivia	18	Ernestown Barracuda Swim Club		2:18.55 q
*15	Anderson, Claire C	16	Roc Swimming		2:19.27 q
*15	Keith, Surina	15	Greater Ottawa Kingfish S.C.		2:19.27 q
17	MacQuarrie, Lauren C	17	Belleville Beast Swim Team		2:19.86 q
18	Arbuthnot, Grace T	16	Roc Swimming		2:20.52 q
19	Zaniewski, Sarah	17	Nepean Kanata Barracudas		2:21.50 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 47 Girls 15 & Over 200 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
20	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.		2:21.99 q
21	Bailey, Josephine	17	Kingston Blue Marlins		2:22.25
22	Wright, Zoe	15	Greater Ottawa Kingfish S.C.		2:23.43
23	Meredith, Teagan M	15	Roc Swimming		2:24.38
24	Lariviere, Summer	17	Cornwall Sea Lions		2:26.71
25	McCourt, Naomi K	15	Roc Swimming		2:28.63
26	Wang, Claire T	15	Kingston Blue Marlins		2:28.66
27	Thomlinson, Ava	16	Nepean Kanata Barracudas		2:29.62
28	Hall, Cody L	15	Roc Swimming		2:32.04
---	Rushenas, Chloe	17	Greater Ottawa Kingfish S.C.		NS
---	Sullivan, Katherine	16	Nepean Kanata Barracudas		NS

Event 48 Boys 13-14 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Yao, Lucas	13	Greater Ottawa Kingfish S.C.		2:00.52 q
2	Bulat, Ante	14	Swim Ottawa		2:03.67 q
3	MacPhee, Nathan	14	Perth Stingrays Aquatic Club		2:08.06 q
4	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.		2:09.46 q
5	Randriamoeilariyony, Rodo	14	Nepean Kanata Barracudas		2:14.04 q
6	Roach, Hunter K	13	Belleville Beast Swim Team		2:16.17 q
7	Church, Ethan J	13	Carleton Place Water Dragons		2:17.21 q
8	Stewart, Kaiden L	14	Carleton Place Water Dragons		2:18.19 q
9	Fan, Mason	13	Greater Ottawa Kingfish S.C.		2:18.63 q
10	Boyer, Alexander	14	Swim Ottawa		2:19.34 q
11	Lu, Jonathan	14	Nepean Kanata Barracudas		2:19.40 q
12	Litrice, Mathias J	14	Kingston Blue Marlins		2:20.28 q
13	Hungler, Gabe J	13	Kingston Blue Marlins		2:20.59 q
14	Duggan, Oliver	14	Goulbourn Sea Hawks		2:23.45 q
15	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.		2:23.61 q
16	Yang, Mason Y	13	Goulbourn Sea Hawks		2:24.78 q
17	Marcil, Samuel	13	Greater Ottawa Kingfish S.C.		2:25.80 q
18	Williams, Alexander	13	Swim Ottawa		2:26.16 q
19	Geddes, Bennett A	13	Roc Swimming		2:26.60 q
20	Situ, Isaac	14	Greater Ottawa Kingfish S.C.		2:26.89 q
21	O'Brien, Murphy	13	Swim Ottawa		2:27.67

Event 48 Boys 15 & Over 200 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pershukovich, Alexander	17	Nepean Kanata Barracudas		1:55.38 q
2	Ko, Liam	15	Nepean Kanata Barracudas		1:58.66 q
3	Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.		1:59.35 q
4	Peden, Gavin	16	Perth Stingrays Aquatic Club		2:00.03 q
5	Ladinik, Zan	17	Kingston Blue Marlins		2:00.80 q
6	Brent, Connor	16	Greater Ottawa Kingfish S.C.		2:00.85 q
7	Do, Alexander	15	Roc Swimming		2:01.41 q
8	Agostinelli Stull, Emilio	21	Kingston Blue Marlins		2:03.38 q
9	Scully, Cole	15	Nepean Kanata Barracudas		2:03.52 q
10	Boyer, Julian	17	Swim Ottawa		2:04.09 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 48 Boys 15 & Over 200 SC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
11 Timtsenko, Illya	15	Perth Stingrays Aquatic Club		2:05.28 q
12 Pawlak, Jordan	16	Nepean Kanata Barracudas		2:05.49 q
13 Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.		2:06.35 q
14 Zegers, Jacob	17	Greater Ottawa Kingfish S.C.		2:06.74 q
15 Pistun, Oliver G	15	Kingston Blue Marlins		2:07.67 q
16 MacDonald, Teagan	16	Nepean Kanata Barracudas		2:08.09 q
17 Pons, Raphael J	16	Roc Swimming		2:08.75 q
18 Janssen, Devin A	16	Kingston Blue Marlins		2:10.33 q
19 Seydaliev, Mikhail	17	Petawawa Predators		2:11.19 q
20 Yang, Terry	17	Nepean Kanata Barracudas		2:11.39 q
21 Ngatia, Michael	15	Goulbourn Sea Hawks		2:11.82
22 Van Zijl, Leon X	15	Belleville Beast Swim Team		2:12.05
23 Makowski, Jonah	15	Greater Ottawa Kingfish S.C.		2:12.08
24 Benny, Dash P	17	Kingston Blue Marlins		2:12.39
25 Elshahat, Mohamed	16	Nepean Kanata Barracudas		2:14.01
26 Morris, Calvin	15	Swim Ottawa		2:14.04
27 Anand-Danek, Chris M	15	Roc Swimming		2:14.93
28 Dutrizac, Sam L	15	Roc Swimming		2:15.08

Event 49 Girls 13-14 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Glinski, Georgia K	14	Roc Swimming		1:19.69 q
2 Rueckwald, Lola M	14	Roc Swimming		1:21.39 q
3 Sun, Vera	14	Nepean Kanata Barracudas		1:22.06 q
4 Pennell, Julia	14	Ernestown Barracuda Swim Club		1:22.63 q
5 Detillieux, Rose	14	Greater Ottawa Kingfish S.C.		1:23.33 q
6 Peden, Bronwyn	14	Perth Stingrays Aquatic Club		1:23.40 q
7 Bolton, Ella E	14	Belleville Beast Swim Team		1:23.48 q
8 McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.		1:24.54 q
9 Rowberry, Hana	14	Ernestown Barracuda Swim Club		1:24.78 q
10 McKay, Lindsay	14	Goulbourn Sea Hawks		1:25.18 q
11 Borowiec, Nicole	13	Capital Wave Swim & Polo		1:25.53 q
12 Apanasevich, Marta	14	Goulbourn Sea Hawks		1:25.86 q
13 James, Maren	13	Nepean Kanata Barracudas		1:25.91 q
14 Gouombas-Ouattara, Grace	14	Greater Ottawa Kingfish S.C.		1:26.07 q
15 Macdonald, Moy	13	Nepean Kanata Barracudas		1:26.48 q
16 Majzoub, Dana	13	Greater Ottawa Kingfish S.C.		1:26.57 q
17 O'Connell, Avery	14	Nepean Kanata Barracudas		1:27.50 q
18 Opalka, Emma	14	Upper Canada Swim Club		1:28.03 q
19 Kerr, Ellis E	14	Belleville Beast Swim Team		1:28.26 q
20 Hickling, Gwen	13	Nepean Kanata Barracudas		1:28.39 q
21 Sakr, Riham	13	Swim Ottawa		1:29.45
22 Sharma, Kiara	13	Goulbourn Sea Hawks		1:30.80
23 Conlin, Charlie	13	Goulbourn Sea Hawks		1:31.68
24 Cotruta, Theora A	14	Greater Ottawa Kingfish S.C.		1:31.79
25 Wang, Alyssa	13	Nepean Kanata Barracudas		1:31.86
26 Duffey, Quinn	13	Swim Ottawa		1:31.90
27 Zhou, Tiana	13	Goulbourn Sea Hawks		1:32.51
28 Atkinson, Chloe	13	Perth Stingrays Aquatic Club		1:32.65

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 49 Girls 13-14 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
29 Gehring, Claire	14	Nepean Kanata Barracudas		1:33.02
30 Wiwchar, Addelyne	13	Upper Canada Swim Club		1:36.46
31 MacDonald, Audrey	14	Swim Ottawa		1:47.57

Event 49 Girls 15 & Over 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 McIntosh, Grace	16	Greater Ottawa Kingfish S.C.		1:14.54 q
2 Licari, Danica	15	Nepean Kanata Barracudas		1:15.21 q
3 Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club		1:16.30 q
4 Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.		1:17.03 q
*5 Pitts, Payton J	16	Kingston Blue Marlins		1:17.11 q
*5 Macdonald, Jayden	19	Kingston Blue Marlins		1:17.11 q
7 Smith, Addison	15	Swim Ottawa		1:17.16 q
8 Jarvis, Kayla	21	Kingston Blue Marlins		1:18.06 q
9 Lawless, Keira	17	Goulbourn Sea Hawks		1:18.47 q
10 Shearer, Corran	15	Ernestown Barracuda Swim Club		1:18.67 q
11 Bogdan, Nina	21	Kingston Blue Marlins		1:19.13 q
12 Summers, Ella L	18	Kingston Blue Marlins		1:20.00 q
13 James, Lydia	15	Nepean Kanata Barracudas		1:20.30 q
14 Arbuthnot, Grace T	16	Roc Swimming		1:20.34 q
15 Lee, Ruby	15	Greater Ottawa Kingfish S.C.		1:20.35 q
16 Hayes, Ella	15	Swim Ottawa		1:21.12 q
17 Hudacin, Emily K	15	Belleville Beast Swim Team		1:21.23 q
18 Ludmer, Sarah	17	Swim Ottawa		1:21.28 q
19 Rands, Catherine	16	Swim Ottawa		1:22.08 q
20 Walsh, Maisie C	16	Belleville Beast Swim Team		1:22.75 q
21 Christy, Ruth	17	Perth Stingrays Aquatic Club		1:22.98
22 Mendieta-Sweet, Justice T	16	Kingston Blue Marlins		1:24.46
23 Barrette, Emma D	17	Greater Ottawa Kingfish S.C.		1:24.64
24 Zak, Lana J	15	Belleville Beast Swim Team		1:24.91
25 Al-Dawodi, Mei	15	Greater Ottawa Kingfish S.C.		1:24.92
26 Carter, Hailey	15	Goulbourn Sea Hawks		1:25.32
27 McIlvaney, Ava D	15	Belleville Beast Swim Team		1:25.60
28 Gillis, Mae S	15	Kingston Blue Marlins		1:27.64
29 Robertson, Alyssa	16	Greater Ottawa Kingfish S.C.		1:28.02
30 Brady, Hailee	17	Perth Stingrays Aquatic Club		1:28.04
31 Oma, Alyssia G	15	Roc Swimming		1:28.82
32 Lariviere, Summer	17	Cornwall Sea Lions		1:30.63
33 Alma, Bella	19	Swim Ottawa		2:15.01

Event 50 Boys 13-14 100 SC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.		1:11.31 q
2 Swietlicki, Steven	14	Swim Ottawa		1:15.19 q
3 Shelswell de Vlieger, Willem	14	Swim Ottawa		1:15.51 q
4 Wang, Simon	13	Nepean Kanata Barracudas		1:17.67 q
5 Boyer, Alexander	14	Swim Ottawa		1:18.35 q
6 Plummer, Brody	13	Nepean Kanata Barracudas		1:19.19 q
7 McIlvaney, Ben R	13	Belleville Beast Swim Team		1:19.50 q

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 50 Boys 13-14 100 SC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
8	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.		1:19.56 q
9	Stewart, Kaiden L	14	Carleton Place Water Dragons		1:19.93 q
10	MacKenzie, Hammond	14	Swim Ottawa		1:20.27 q
11	Fecica, Sam C	14	Kingston Blue Marlins		1:20.38 q
12	Lei, Qingyan	14	Nepean Kanata Barracudas		1:20.91 q
13	Jin, Elliott	14	Perth Stingrays Aquatic Club		1:21.15 q
14	Cardinal, Mathias	14	Nepean Kanata Barracudas		1:21.48 q
15	Fang, Brayden	14	Nepean Kanata Barracudas		1:21.93 q
16	Nahorny, Ioan S	14	Kingston Blue Marlins		1:22.07 q
17	Al-Dawodi, Ali	13	Greater Ottawa Kingfish S.C.		1:22.24 q
18	Markovych, Dany	13	Capital Wave Swim & Polo		1:23.68 q
19	Shore, Thomas	13	Nepean Kanata Barracudas		1:23.83 q
20	Randriamoelirivony, Rodo	14	Nepean Kanata Barracudas		1:23.95 q
21	Sangiuliano, Dylan M	13	Belleville Beast Swim Team		1:24.23
22	Redshaw, Sam M	13	Goulbourn Sea Hawks		1:25.08
23	Zhang, Jeremy	13	Greater Ottawa Kingfish S.C.		1:26.74
24	Wang, Larry	13	Nepean Kanata Barracudas		1:30.23

Event 50 Boys 15 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Soltani, Ilyes	17	Nepean Kanata Barracudas		1:05.26 q
2	Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas		1:05.64 q
3	Sweetnam, Declan	17	Nepean Kanata Barracudas		1:06.28 q
4	Wen, Jason	16	Swim Ottawa		1:07.72 q
5	Heiden, Liam A	16	Kingston Blue Marlins		1:08.19 q
6	Zheng, Alex	15	Goulbourn Sea Hawks		1:08.56 q
7	Lee, Ethan	15	Nepean Kanata Barracudas		1:10.76 q
8	Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa		1:10.81 q
9	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.		1:10.94 q
10	Bevington, Nixon	15	Nepean Kanata Barracudas		1:11.03 q
11	de Vlieger, Henry	16	Swim Ottawa		1:12.06 q
12	Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club		1:12.29 q
13	Elshahat, Mohamed	16	Nepean Kanata Barracudas		1:13.12 q
14	Yee, Chesney	17	Upper Canada Swim Club		1:14.96 q
15	Scully, Cole	15	Nepean Kanata Barracudas		1:15.08 q
16	Che, Brian	16	Nepean Kanata Barracudas		1:15.18 q
17	Bowles, Matthew	15	Swim Ottawa		1:15.38 q
18	Zukovsky, Adam	17	Belleville Beast Swim Team		1:15.58 q
19	Shearer, Braeden	17	Ernestown Barracuda Swim Club		1:15.72 q
20	Barker, Ben	15	Goulbourn Sea Hawks		1:16.63 q
21	Scott, Malcolm	15	Nepean Kanata Barracudas		1:17.52
22	Brown, William	16	Swim Ottawa		1:18.16
23	Hassaan, Ryan	15	Nepean Kanata Barracudas		1:19.24
24	Mason, Landon	16	Perth Stingrays Aquatic Club		1:21.49
25	Gallupe, Cohen	16	Ernestown Barracuda Swim Club		1:25.09

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Event 51 Girls 13-14 200 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Greenaway, Molly	14	Goulbourn Sea Hawks		2:24.10 q
2	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.		2:36.95 q
3	Kim, Yunseo	14	Nepean Kanata Barracudas		2:41.21 q
4	Trang, Liana	13	Goulbourn Sea Hawks		2:42.85 q
5	Macdonald, Moy	13	Nepean Kanata Barracudas		2:45.72 q
6	Quan, Ellie	13	Nepean Kanata Barracudas		2:52.35 q
7	Archibald, Fia	14	Swim Ottawa		2:53.18 q
8	Polisena, Sophia	14	Nepean Kanata Barracudas		2:53.93 q
9	Rafter, Sadie	13	Swim Ottawa		2:56.36 q
11	Fairley, Emma	13	Nepean Kanata Barracudas		2:58.55 q
12	Leuschen, Violet	13	Nepean Kanata Barracudas		2:59.67 q
13	Bowles, Katherine	13	Swim Ottawa		3:00.80 q
14	Jackson, Norah M	14	Belleville Beast Swim Team		3:02.04 q
15	Albright, Mikayla	13	Swim Ottawa		3:05.89 q
16	Dondos, Oana	13	Nepean Kanata Barracudas		3:06.45 q
18	Cooney, Zoe E	13	Belleville Beast Swim Team		3:27.35 q
10	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.		DQ 2:56.86 q
17	Elkhouli, Lamees	13	Nepean Kanata Barracudas		DQ 3:11.28 q
---	Diotte, Gaby T	13	Greater Ottawa Kingfish S.C.		NS

Event 51 Girls 15 & Over 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Rudzki, Chloe M	17	Kingston Blue Marlins		2:29.11 q
2	Hiltz, Stella	16	Nepean Kanata Barracudas		2:29.59 q
3	Lupton, Hallie C	16	Belleville Beast Swim Team		2:30.53 q
4	Qiu, Karina	19	Kingston Blue Marlins		2:34.45 q
5	Forestier, Gabrielle	17	Nepean Kanata Barracudas		2:37.11 q
6	MacQuarrie, Lauren C	17	Belleville Beast Swim Team		2:44.54 q
7	Acero, Sofia	16	Goulbourn Sea Hawks		2:45.63 q
8	King, Alivia J	16	Belleville Beast Swim Team		2:45.74 q
9	Hall, Cody L	15	Roc Swimming		2:50.93 q
10	Patry, Chantale	16	Greater Ottawa Kingfish S.C.		2:52.45 q
11	Skeaff, Lilian	15	Nepean Kanata Barracudas		2:57.05

Event 52 Boys 13-14 200 SC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Cook, James	14	Nepean Kanata Barracudas		2:24.35 q
2	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.		2:27.10 q
3	Beyea, Matthew	14	Nepean Kanata Barracudas		2:34.54 q
4	Liu, Ethan	14	Greater Ottawa Kingfish S.C.		2:36.38 q
5	Wang, Simon	13	Nepean Kanata Barracudas		2:36.70 q
6	McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.		2:52.36 q
7	Abdulla, Noah	13	Nepean Kanata Barracudas		2:59.85 q
8	Geddes, Bennett A	13	Roc Swimming		3:08.72 q
---	Yao, Lucas	13	Greater Ottawa Kingfish S.C.		DQ DQ
---	Yang, Mason Y	13	Goulbourn Sea Hawks		DQ DQ

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Event 52 Boys 15 & Over 200 SC Meter Butterfly**

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas		2:09.10 q
2	Boyer, Julian	17	Swim Ottawa		2:12.27 q
3	Pershukovich, Alexander	17	Nepean Kanata Barracudas		2:12.79 q
4	MacDonald, Teagan	16	Nepean Kanata Barracudas		2:14.70 q
5	Kam, Conner	17	Goulbourn Sea Hawks		2:16.63 q
6	Pantarotto, Dylan	16	Swim Ottawa		2:20.63 q
7	Kim, Sungyoun	17	Nepean Kanata Barracudas		2:22.31 q
8	WechselbergerVickers, Max	17	Nepean Kanata Barracudas		2:22.60 q
9	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.		2:25.71 q
10	Baron, Gabe F	15	Kingston Blue Marlins		2:26.87 q
11	LeBouthillier, Aaron	16	Nepean Kanata Barracudas		2:27.66
12	Robinson, Carter	17	Greater Ottawa Kingfish S.C.		2:27.98
13	Crampton, Drew	17	Ernestown Barracuda Swim Club		2:29.16
14	Laidley, Sean	18	Perth Stingrays Aquatic Club		2:33.15
15	Millward, Zachary	15	Cornwall Sea Lions		2:34.44

Event 53 Girls 13-14 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Gomes, Sinead K	13	Roc Swimming		27.79 q
2	Rueckwald, Lola M	14	Roc Swimming		27.85 q
3	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.		28.15 q
4	Schonberg, Sierra	14	Nepean Kanata Barracudas		28.83 q
5	Aubin, Michelle	14	Goulbourn Sea Hawks		28.93 q
6	Polisena, Sophia	14	Nepean Kanata Barracudas		29.07 q
7	Rowberry, Hana	14	Ernestown Barracuda Swim Club		29.32 q
8	Norlock, Helena V	14	Carleton Place Water Dragons		29.46 q
9	Brooks-Mah, Cassia	13	Greater Ottawa Kingfish S.C.		29.47 q
10	Rosenberg, Claire	14	Swim Ottawa		29.63 q
11	Swain, Jocelyn	14	Ernestown Barracuda Swim Club		29.66 q
12	Pillay, Katie	14	Nepean Kanata Barracudas		29.67 q
13	Ennis, Myla	14	Perth Stingrays Aquatic Club		29.74 q
14	McKenna, Ainsley	14	Swim Ottawa		29.77 q
15	Gora, Chelsea	13	Ernestown Barracuda Swim Club		29.78 q
16	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.		29.95 q
17	Chadwick, Gia A	13	Belleville Beast Swim Team		29.98 q
18	Venne, Catherine	14	Greater Ottawa Kingfish S.C.		30.19 q
19	Pratt, Jaime G	14	Roc Swimming		30.25 q
20	Voisin, Annabelle	14	Petawawa Predators		30.28 q
21	Rozek, Talia	14	Greater Ottawa Kingfish S.C.		30.33
22	Detillieux, Rose	14	Greater Ottawa Kingfish S.C.		30.40
23	Harris, Morgan	13	Kingston Blue Marlins		30.44
24	Oates, Emery A	14	Belleville Beast Swim Team		30.48
25	Cotruta, Theora A	14	Greater Ottawa Kingfish S.C.		30.52
*26	Gow, Emma L	14	Kingston Blue Marlins		30.55
*26	Togtokhbayar, Uranbileg	13	Swim Ottawa		30.55
28	Sun, Vera	14	Nepean Kanata Barracudas		30.70
29	McKerlich, Rebecca	14	Upper Canada Swim Club		30.79

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 53 Girls 13-14 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
30	Borowiec, Nicole	13	Capital Wave Swim & Polo		30.85
31	Khalil, Mariam	13	Nepean Kanata Barracudas		30.91
32	Pennell, Julia	14	Ernestown Barracuda Swim Club		31.02
33	Houle, Joelle	13	Cornwall Sea Lions		31.08
34	Zhang, Kyna	14	Nepean Kanata Barracudas		31.20
35	Gauthier-Velasco, Isabella	13	Greater Ottawa Kingfish S.C.		31.66
36	Majzoub, Dana	13	Greater Ottawa Kingfish S.C.		31.97
37	Pons, Floriane A	13	Roc Swimming		32.03
38	MacDonald, Audrey	14	Swim Ottawa		32.14
39	Duffey, Quinn	13	Swim Ottawa		32.73
40	Helmer, Ava E	13	Roc Swimming		32.79
41	Gouombas-Ouattara, Grace	14	Greater Ottawa Kingfish S.C.		33.84
42	Cooney, Zoe E	13	Belleville Beast Swim Team		34.30
43	Wang, Alyssa	13	Nepean Kanata Barracudas		34.52
---	Xu, Cheryl	13	Swim Ottawa		NS

Event 53 Girls 15 & Over 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mason, Sara V	17	Kingston Blue Marlins		26.22 q
2	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.		27.46 q
3	Summers, Ella L	18	Kingston Blue Marlins		27.79 q
4	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.		28.06 q
5	Jarvis, Kayla	21	Kingston Blue Marlins		28.26 q
6	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions		28.28 q
7	Gillieson, Olivia	15	Perth Stingrays Aquatic Club		28.36 q
8	Collins, Julia G	16	Kingston Blue Marlins		28.44 q
9	Timpson, Eve E	16	Kingston Blue Marlins		28.50 q
10	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.		28.63 q
11	Swartz, Rachael	16	Ernestown Barracuda Swim Club		28.69 q
12	Nourozi, Maia	15	Roc Swimming		28.83 q
13	Ludmer, Sarah	17	Swim Ottawa		29.11 q
14	Fee, Amelia	16	Nepean Kanata Barracudas		29.16 q
15	Keith, Surina	15	Greater Ottawa Kingfish S.C.		29.21 q
16	Tocchi, Mia C	15	Roc Swimming		29.30 q
*17	Wilson-East, Olivia M	15	Roc Swimming		29.37 q
*17	Nobes, Samantha	21	Kingston Blue Marlins		29.37 q
19	Bailey, Josephine	17	Kingston Blue Marlins		29.51 q
20	James, Lydia	15	Nepean Kanata Barracudas		29.68 q
21	Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.		29.71
*22	Anderson, Claire C	16	Roc Swimming		29.75
*22	Kalverda, Skylar M	17	Kingston Blue Marlins		29.75

Swim-Off Required

24	Skeaff, Lilian	15	Nepean Kanata Barracudas		29.83
25	Mulligan, Cecilia	16	Ernestown Barracuda Swim Club		29.99
26	Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club		30.01
27	Wang, Claire T	15	Kingston Blue Marlins		30.07
28	Gordon, Matilda	15	Swim Ottawa		30.25
29	Shearer, Corran	15	Ernestown Barracuda Swim Club		30.36
30	Noonan, Jordan	17	Ernestown Barracuda Swim Club		30.38
31	Mendieta-Sweet, Justice T	16	Kingston Blue Marlins		30.46

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 53 Girls 15 & Over 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
32	Thomlinson, Ava	16	Nepean Kanata Barracudas		30.60
33	Wright, Zoe	15	Greater Ottawa Kingfish S.C.		30.63
34	Fischer, Lily H	15	Belleville Beast Swim Team		30.72
35	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins		30.80
36	Duffey, Rowan	16	Swim Ottawa		30.88
37	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.		30.95
38	Oma, Alyssia G	15	Roc Swimming		31.06
39	Carr, Jessie	17	Ernestown Barracuda Swim Club		31.59
40	Hayes, Ella	15	Swim Ottawa		31.61
41	Runions, Grace A	15	Kingston Blue Marlins		31.77
42	Prost, Phoebe J	15	Kingston Blue Marlins		32.85
43	Alma, Bella	19	Swim Ottawa		48.65
---	Sullivan, Katherine	16	Nepean Kanata Barracudas		NS
---	Rushenas, Chloe	17	Greater Ottawa Kingfish S.C.		NS

Event 54 Boys 13-14 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bulat, Ante	14	Swim Ottawa		26.21 q
2	Yam, Levi	13	Nepean Kanata Barracudas		26.40 q
3	MacPhee, Nathan	14	Perth Stingrays Aquatic Club		26.55 q
4	Cook, James	14	Nepean Kanata Barracudas		26.62 q
5	Yang, Logan Y	13	Goulbourn Sea Hawks		26.92 q
6	Swietlicki, Steven	14	Swim Ottawa		27.20 q
7	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.		27.31 q
8	Litrico, Mathias J	14	Kingston Blue Marlins		27.33 q
9	Lee, Kaden	13	Nepean Kanata Barracudas		27.35 q
10	Peden, Jayden	13	Perth Stingrays Aquatic Club		27.75 q
11	Roach, Hunter K	13	Belleville Beast Swim Team		27.76 q
12	Situ, Isaac	14	Greater Ottawa Kingfish S.C.		27.80 q
13	Lu, Jonathan	14	Nepean Kanata Barracudas		27.82 q
14	Nahorny, Ioan S	14	Kingston Blue Marlins		28.20 q
15	Hungler, Gabe J	13	Kingston Blue Marlins		28.59 q
16	Power, Odin	13	Petawawa Predators		28.72 q
17	Jin, Elliott	14	Perth Stingrays Aquatic Club		28.78 q
18	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.		29.06 q
19	Church, Ethan J	13	Carleton Place Water Dragons		29.07 q
20	Kouame, James	13	Greater Ottawa Kingfish S.C.		29.15 q
21	Fan, Mason	13	Greater Ottawa Kingfish S.C.		29.27
22	Hong, Theodore	14	Greater Ottawa Kingfish S.C.		29.33
23	Williams, Alexander	13	Swim Ottawa		29.39
*24	Chou, Colin	13	Swim Ottawa		29.83
*24	Cardinal, Mathias	14	Nepean Kanata Barracudas		29.83
26	Sangiuliano, Dylan M	13	Belleville Beast Swim Team		30.04
27	Helmstaedt, Grant	14	Ernestown Barracuda Swim Club		30.23
28	Qin, Ethan	13	Nepean Kanata Barracudas		30.28
29	Li, Bryson	13	Greater Ottawa Kingfish S.C.		30.32
30	Marcil, Samuel	13	Greater Ottawa Kingfish S.C.		30.34
31	Fang, Brayden	14	Nepean Kanata Barracudas		30.49
32	Lei, Qingyan	14	Nepean Kanata Barracudas		30.64
33	Sadat, Sina	13	Nepean Kanata Barracudas		30.78

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 54 Boys 13-14 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
34	O'Brien, Murphy	13	Swim Ottawa		31.04
35	Redshaw, Sam M	13	Goulbourn Sea Hawks		31.58
36	Al-Dawodi, Ali	13	Greater Ottawa Kingfish S.C.		32.24

Event 54 Boys 15 & Over 50 SC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Heiden, Liam A	16	Kingston Blue Marlins		24.02 q
2	Meredith, Hadley W	17	Roc Swimming		24.41 q
*3	Wen, Jason	16	Swim Ottawa		24.51 q
*3	Case, Adam P	16	Belleville Beast Swim Team		24.51 q
5	Schurmans, Liam	15	Upper Canada Swim Club		24.65 q
6	Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.		24.82 q
7	Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas		25.07 q
8	Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club		25.28 q
9	Yang, Terry	17	Nepean Kanata Barracudas		25.30 q
10	Agostinelli Stull, Emilio	21	Kingston Blue Marlins		25.31 q
11	Jung, Owen	16	Greater Ottawa Kingfish S.C.		25.32 q
12	Pawlak, Jordan	16	Nepean Kanata Barracudas		25.53 q
13	Seely, Joshua A	17	Roc Swimming		25.62 q
14	Ladinik, Zan	17	Kingston Blue Marlins		25.63 q
15	Patterson, Myer A	17	Roc Swimming		25.76 q
16	Do, Alexander	15	Roc Swimming		25.80 q
17	Knockleby, Everett	17	Petawawa Predators		25.87 q
18	Brent, Connor	16	Greater Ottawa Kingfish S.C.		25.97 q
19	Zukovsky, Adam	17	Belleville Beast Swim Team		26.11 q
*20	Moher, Charlie	16	Swim Ottawa		26.17 q
*20	Deroneth, Saul	16	Greater Ottawa Kingfish S.C.		26.17 q

Swim-Off Required

22	Moreau, Logan	16	Nepean Kanata Barracudas		26.21
23	Dutrizac, Sam L	15	Roc Swimming		26.24
24	Lee, Ethan	15	Nepean Kanata Barracudas		26.25
25	Timtsenko, Illya	15	Perth Stingrays Aquatic Club		26.37
26	Zegers, Jacob	17	Greater Ottawa Kingfish S.C.		26.40
27	Bevington, Nixon	15	Nepean Kanata Barracudas		26.41
28	Yan, Anton	15	Nepean Kanata Barracudas		26.51
29	Kim, Sungyoun	17	Nepean Kanata Barracudas		26.54
30	Ngatia, Michael	15	Goulbourn Sea Hawks		26.59
31	Keilty, Jack A	16	Kingston Blue Marlins		26.70
32	Dow, Nate	15	Goulbourn Sea Hawks		26.88
33	Moulds, Elliot	15	Swim Ottawa		26.98
34	Downie, Dylan P	16	Kingston Blue Marlins		27.18
35	Pistun, Oliver G	15	Kingston Blue Marlins		27.42
36	Elliot, Liam	15	Nepean Kanata Barracudas		27.51
37	Makowski, Jonah	15	Greater Ottawa Kingfish S.C.		27.79
38	Guo, George	15	Nepean Kanata Barracudas		27.90
39	Van Zijl, Leon X	15	Belleville Beast Swim Team		27.96
40	Ryckman, Adam	16	Greater Ottawa Kingfish S.C.		28.00
41	Bowles, Matthew	15	Swim Ottawa		28.01
42	Hassaan, Ryan	15	Nepean Kanata Barracudas		28.05
43	Che, Brian	16	Nepean Kanata Barracudas		28.10

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****Preliminaries ... (Event 54 Boys 15 & Over 50 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
44	Anand-Danek, Chris M	15	Roc Swimming		28.20
45	Mason, Landon	16	Perth Stingrays Aquatic Club		28.27
46	Morgan_S6SB6SM6, Jack	23	Ernestown Barracuda Swim Club		39.12

Event 55 Girls 13-14 200 SC Meter Freestyle Relay

	Team	Relay	Finals Time
1	Nepean Kanata Barracudas	A	1:54.25
	1) Polisen, Sophia 14	2) Kim, Yunseo 14	4) Schonberg, Sierra 14
2	Roc Swimming	A	1:54.32
	1) Rueckwald, Lola M 14	2) Pratt, Jaime G 14	3) Glinski, Georgia K 14
3	Greater Ottawa Kingfish S.C.	A	1:56.26
	1) Noordhof, Isla 14	2) Leyan'Simbi, Aaliyah N 13	3) Brooks-Mah, Cassia 13
4	Goulbourn Sea Hawks	A	1:56.34
	1) Greenaway, Molly 14	2) Hull, Gwyneth 14	3) Trang, Liana 13
5	Ernestown Barracuda Swim Club	A	1:57.14
	1) Gora, Chelsea 13	2) Swain, Jocelyn 14	3) Pennell, Julia 14
6	Nepean Kanata Barracudas	B	1:57.63
	1) Fairley, Emma 13	2) Macdonald, Moy 13	3) Fournier, Ellie 14
7	Swim Ottawa	A	2:00.54
	1) Rosenberg, Claire 14	2) Archibald, Fia 14	3) Togtokhbayar, Uranbileg 13
8	Greater Ottawa Kingfish S.C.	B	2:01.39
	1) Detillieux, Rose 14	2) Rasoulis, Eva 13	3) Venne, Catherine 14
9	Perth Stingrays Aquatic Club	A	2:03.69
	1) Ennis, Myla 14	2) Atkinson, Chloe 13	3) Green, Annie 13
10	Swim Ottawa	B	2:04.78
	1) Rafter, Sadie 13	2) Albright, Mikayla 13	3) Bowles, Katherine 13
11	Belleville Beast Swim Team	A	2:05.37
	1) Oates, Emery A 14	2) Bolton, Ella E 14	3) Jackson, Norah M 14
12	Roc Swimming	B	2:10.14
	1) Helmer, Ava E 13	2) Sheppard, Norah A 13	3) Cziffra, Lucia I 13

Event 56 Boys 13-14 200 SC Meter Freestyle Relay

	Team	Relay	Finals Time
1	Greater Ottawa Kingfish S.C.	A	1:45.50
	1) Yao, Lucas 13	2) Ghobrial, Youssef 14	3) Vinet-Lessard, William 14
2	Swim Ottawa	A	1:45.97
	1) Shelswell de Vlieger, Willem 14	2) MacKenzie, Hammond 14	3) Swietlicki, Steven 14
3	Nepean Kanata Barracudas	A	1:46.73
	1) Cook, James 14	2) Plummer, Brody 13	3) Lee, Kaden 13
4	Kingston Blue Marlins	A	1:52.50
	1) Fecica, Sam C 14	2) Nahorny, Ioan S 14	3) Hungler, Gabe J 13
5	Nepean Kanata Barracudas	B	1:53.53
	1) Shore, Thomas 13	2) Cardinal, Mathias 14	3) Randriamoelirivony, Rodo 14
6	Greater Ottawa Kingfish S.C.	B	1:53.83
	1) Kiweewa, Kayden 13	2) Klatt, Henry H 14	3) Hong, Theodore 14
7	Goulbourn Sea Hawks	A	1:58.47
	1) Duggan, Oliver 14	2) Yang, Mason Y 13	3) Redshaw, Sam M 13
8	Swim Ottawa	B	1:59.88
	1) Chou, Colin 13	2) Boyer, Alexander 14	3) Heidinga, Simon 14

Event 57 Girls 15 & Over 200 SC Meter Freestyle Relay

	Team	Relay	Finals Time
1	Kingston Blue Marlins	A	1:48.49
	1) Collins, Julia G 16	2) Mason, Sara V 17	3) Pitts, Payton J 16
			4) Rudzki, Chloe M 17

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Prelims****(Event 57 Girls 15 & Over 200 SC Meter Freestyle Relay)**

Team	Relay	Finals Time
2 Greater Ottawa Kingfish S.C. 1) Klosevych, Helena 17	A 2) Noordhof, Ava 17	1:50.74 4) Ouimet, Arielle 16
3 Roc Swimming 1) Nourozi, Maia 15	A 2) Matthews-Dickson, Kaitlyn R 15	1:53.71 3) Wilson-East, Olivia M 15
4 Belleville Beast Swim Team 1) Walsh, Maisie C 16	A 2) Barnes, Alyssa G 15	1:55.57 4) Lupton, Hallie C 16
5 Ernestown Barracuda Swim Club 1) Serson, Olivia 18	A 2) Noonan, Jordan 17	1:56.36 4) Swartz, Rachael 16
6 Kingston Blue Marlins 1) Timpson, Eve E 16	B 2) Bailey, Josephine 17	1:56.43 3) Schmidt Stutzman, Maggie O 15
7 Greater Ottawa Kingfish S.C. 1) Keith, Surina 15	B 2) Al-Dawodi, Mei 15	1:58.44 4) Jodoin, Olivia 17
8 Roc Swimming 1) Meredith, Teagan M 15	B 2) Oma, Alyssia G 15	1:59.08 3) Anderson, Claire C 16
9 Nepean Kanata Barracudas 1) Zaniewski, Sarah 17	B 2) James, Lydia 15	1:59.17 4) Arbuthnot, Grace T 16
10 Perth Stingrays Aquatic Club 1) Van Dusen, Caroline 15	A 2) Van Dusen, Madeleine 17	2:01.09 3) Brady, Hailee 17
11 Belleville Beast Swim Team 1) Zak, Lana J 15	B 2) Fischer, Lily H 15	2:01.86 3) MacQuarrie, Lauren C 17
--- Nepean Kanata Barracudas 1) Hiltz, Stella 16	A 2) Licari, Danica 15	DQ 1:53.69 4) Forestier, Gabrielle 17

Event 58 Boys 15 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Nepean Kanata Barracudas 1) Jolly Ssamula, Jordan 17	A 2) Yang, Terry 17	1:37.46 3) Pawlak, Jordan 16
2 Swim Ottawa 1) Cameron, Beckett 16	A 2) Moher, Charlie 16	1:38.90 3) de Vlieger, Henry 16
3 Roc Swimming 1) Dutrizac, Sam L 15	A 2) Do, Alexander 15	1:39.28 3) Patterson, Myer A 17
4 Greater Ottawa Kingfish S.C. 1) Weiss-Reid, Maxime 17	A 2) Jung, Owen 16	1:39.79 3) Deroneth, Saul 16
5 Perth Stingrays Aquatic Club 1) Timtsenko, Illya 15	A 2) Peden, Gavin 16	1:42.17 3) MacPhee, Nathan 14
6 Nepean Kanata Barracudas 1) Kim, Sungyoun 17	B 2) Capraz, Mehmet Deniz 18	1:42.34 3) Soltani, Ilyes 17
7 Goulbourn Sea Hawks 1) Zheng, Alex 15	A 2) Barker, Ben 15	1:44.15 3) Dow, Nate 15
8 Belleville Beast Swim Team 1) Zukovsky, Adam 17	A 2) Van Zijl, Leon X 15	1:45.11 3) Roach, Hunter K 13
9 Greater Ottawa Kingfish S.C. 1) Zegers, Jacob 17	B 2) Livingston, Lucas 15	1:45.58 3) Ryckman, Adam 16
10 Kingston Blue Marlins 1) Ladinik, Zan 17	A 2) Janssen, Devin A 16	1:45.84 3) Downie, Dylan P 16
11 Swim Ottawa 1) Pantarotto, Dylan 16	B 2) Jaaskelainen Lozano, Kasimiro 15	1:48.31 3) Bowles, Matthew 15
12 Roc Swimming 1) Seely, Joshua A 17	B 2) Geddes, Bennett A 13	1:48.97 3) Anand-Danek, Chris M 15
13 Ernestown Barracuda Swim Club 1) Shearer, Braeden 17	A 2) Helmstaedt, Grant 14	1:51.44 3) Gallupe, Cohen 16
14 Perth Stingrays Aquatic Club 1) Peden, Jayden 13	B 2) Laidley, Sean 18	1:54.09 3) Jin, Elliott 14