

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****Event 43 Girls 13-14 400 SC Meter IM**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Greenaway, Molly	14	Goulbourn Sea Hawks	5:10.12	5:02.71
2	Kim, Yunseo	14	Nepean Kanata Barracudas	5:24.08	5:16.81
3	Gomes, Sinead K	13	Roc Swimming	5:29.05	5:20.73
4	Glinski, Georgia K	14	Roc Swimming	5:26.83	5:27.84
5	McKay, Lindsay	14	Goulbourn Sea Hawks	5:36.20	5:39.98
6	James, Maren	13	Nepean Kanata Barracudas	5:55.70	5:46.57
7	Peden, Bronwyn	14	Perth Stingrays Aquatic Club	5:57.61	5:53.45
8	Jackson, Norah M	14	Belleville Beast Swim Team	5:56.95	5:54.56
9	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.	5:56.65	5:55.40
10	Pillay, Katie	14	Nepean Kanata Barracudas	6:04.85	6:09.23

Event 43 Girls 15 & Over 400 SC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Forestier, Gabrielle	17	Nepean Kanata Barracudas	5:09.82	5:01.07
2	Macdonald, Jayden	19	Kingston Blue Marlins	5:16.90	5:12.15
3	Lawless, Keira	17	Goulbourn Sea Hawks	5:23.76	5:13.21
4	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.	5:16.05	5:13.86
5	Licari, Danica	15	Nepean Kanata Barracudas	5:19.53	5:14.50
6	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.	5:21.80	5:22.59
7	Matthews-Dickson, Kaitlyn R	15	Roc Swimming	5:31.19	5:25.85
8	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.	5:28.31	5:26.00
9	Hudacin, Emily K	15	Belleville Beast Swim Team	5:29.42	5:33.09
10	Barrette, Emma D	17	Greater Ottawa Kingfish S.C.	5:39.61	5:37.62

Event 44 Boys 13-14 400 SC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.	5:02.52	4:52.26
2	MacKenzie, Hammond	14	Swim Ottawa	5:15.99	4:58.92
3	Shelswell de Vlieger, Willem	14	Swim Ottawa	5:15.36	5:00.20
4	Plummer, Brody	13	Nepean Kanata Barracudas	5:23.47	5:13.00
5	Lee, Kaden	13	Nepean Kanata Barracudas	5:32.49	5:24.27
6	Liu, Ethan	14	Greater Ottawa Kingfish S.C.	5:26.50	5:28.12
7	Shore, Thomas	13	Nepean Kanata Barracudas	5:32.07	5:29.92
8	McIlvaney, Ben R	13	Belleville Beast Swim Team	5:41.50	5:30.93
9	McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.	5:56.36	5:50.62
10	Williams, Alexander	13	Swim Ottawa	5:56.63	6:03.49

Event 44 Boys 15 & Over 400 SC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas	4:33.68	4:32.48
2	Soltani, Ilyes	17	Nepean Kanata Barracudas	4:34.81	4:35.23
3	Seely, Joshua A	17	Roc Swimming	4:47.10	4:44.26
4	Pantarotto, Dylan	16	Swim Ottawa	4:50.64	4:45.66
5	de Vlieger, Henry	16	Swim Ottawa	4:58.01	4:49.74
6	Case, Adam P	16	Belleville Beast Swim Team	4:54.20	4:50.42
7	Peden, Gavin	16	Perth Stingrays Aquatic Club	4:49.47	4:50.78
8	Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa	5:11.09	5:06.58
9	Brown, William	16	Swim Ottawa	5:20.89	5:19.91

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****A - Final ... (Event 44 Boys 15 & Over 400 SC Meter IM)**

	Name	Age	Team	Prelim Time	Finals Time
10	Millward, Zachary	15	Cornwall Sea Lions	5:23.29	5:31.59

Event 45 Girls 13-14 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Fournier, Ellie	14	Nepean Kanata Barracudas	1:11.22	1:08.45
2	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.	1:12.23	1:09.10
3	Swain, Jocelyn	14	Ernestown Barracuda Swim Club	1:10.64	1:09.44
4	Hull, Gwyneth	14	Goulbourn Sea Hawks	1:10.73	1:10.33
5	Gora, Chelsea	13	Ernestown Barracuda Swim Club	1:10.65	1:11.03
6	Archibald, Fia	14	Swim Ottawa	1:12.87	1:12.28
7	Quan, Ellie	13	Nepean Kanata Barracudas	1:11.93	1:12.50
8	Fairley, Emma	13	Nepean Kanata Barracudas	1:12.61	1:12.78
9	Voisin, Annabelle	14	Petawawa Predators	1:12.88	1:13.12
10	Apanasevich, Marta	14	Goulbourn Sea Hawks	1:13.25	1:13.72

B - Final

11	Roberts, Liliana V	13	Goulbourn Sea Hawks	1:14.29	1:13.34
12	Togtokhbayar, Uranbileg	13	Swim Ottawa	1:14.87	1:13.57
13	Trang, Liana	13	Goulbourn Sea Hawks	1:14.85	1:13.99
14	Rozek, Talia	14	Greater Ottawa Kingfish S.C.	1:14.83	1:14.35
15	Rasoulis, Eva	13	Greater Ottawa Kingfish S.C.	1:16.22	1:15.20
16	Pratt, Jaime G	14	Roc Swimming	1:15.63	1:15.23
17	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.	1:15.14	1:15.34
18	Wiwchar, Addelyne	13	Upper Canada Swim Club	1:16.54	1:15.45
19	Green, Annie	13	Perth Stingrays Aquatic Club	1:17.02	1:15.71
20	McKerlich, Rebecca	14	Upper Canada Swim Club	1:16.91	1:15.89

Event 45 Girls 15 & Over 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Pitts, Payton J	16	Kingston Blue Marlins	1:04.32	1:03.83
2	Lupton, Hallie C	16	Belleville Beast Swim Team	1:08.60	1:07.27
3	Hiltz, Stella	16	Nepean Kanata Barracudas	1:07.65	1:08.09
4	Walsh, Maisie C	16	Belleville Beast Swim Team	1:08.85	1:08.12
5	Nobes, Samantha	21	Kingston Blue Marlins	1:09.93	1:08.65
6	Acero, Sofia	16	Goulbourn Sea Hawks	1:08.72	1:09.54
7	Meredith, Teagan M	15	Roc Swimming	1:11.06	1:10.18
8	Kalverda, Skylar M	17	Kingston Blue Marlins	1:10.85	1:10.75
9	Ibarra, Tania	19	Kingston Blue Marlins	1:11.10	1:10.87
10	Gillieson, Olivia	15	Perth Stingrays Aquatic Club	1:11.18	1:11.56

B - Final

11	Barnes, Alyssa G	15	Belleville Beast Swim Team	1:12.05	1:10.42
12	Zaniewski, Sarah	17	Nepean Kanata Barracudas	1:11.55	1:11.40
13	King, Alivia J	16	Belleville Beast Swim Team	1:12.79	1:11.89
14	Schmidt Stutzman, Maggie O	15	Kingston Blue Marlins	1:13.22	1:12.29
15	Nourozi, Maia	15	Roc Swimming	1:11.65	1:12.51
16	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.	1:13.04	1:12.66
17	Van Dusen, Caroline	15	Perth Stingrays Aquatic Club	1:13.20	1:13.15
18	Duffey, Rowan	16	Swim Ottawa	1:14.24	1:13.29
19	Ogden, Georgia	15	Greater Ottawa Kingfish S.C.	1:14.29	1:13.48
20	Fee, Amelia	16	Nepean Kanata Barracudas	1:14.13	1:13.76

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Saturday 13 & Over Finals

Event 46 Boys 13-14 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Yam, Levi	13	Nepean Kanata Barracudas	1:08.18	1:05.92
2	Peden, Jayden	13	Perth Stingrays Aquatic Club	1:07.63	1:06.86
3	Hong, Theodore	14	Greater Ottawa Kingfish S.C.	1:07.32	1:06.88
4	Heidinga, Simon	14	Swim Ottawa	1:08.35	1:07.48
5	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.	1:07.55	1:07.61
6	Fecica, Sam C	14	Kingston Blue Marlins	1:09.95	1:09.02
7	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.	1:11.78	1:12.43
8	Helmstaedt, Grant	14	Ernestown Barracuda Swim Club	1:12.08	1:13.83
9	Addicks, Soren	13	Swim Ottawa	1:14.55	1:14.50
10	Kouame, James	13	Greater Ottawa Kingfish S.C.	1:14.27	1:16.00

Event 46 Boys 15 & Over 100 SC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Ko, Liam	15	Nepean Kanata Barracudas	58.84	58.44
2	Deroneth, Saul	16	Greater Ottawa Kingfish S.C.	59.46	59.45
3	Jung, Owen	16	Greater Ottawa Kingfish S.C.	59.94	59.61
4	Robinson, Carter	17	Greater Ottawa Kingfish S.C.	59.75	1:00.51
5	Kam, Conner	17	Goulbourn Sea Hawks	1:02.33	1:01.97
6	Pons, Raphael J	16	Roc Swimming	1:00.96	1:02.03
7	Schurmans, Liam	15	Upper Canada Swim Club	1:00.75	1:02.18
8	Patterson, Myer A	17	Roc Swimming	1:02.55	1:02.34
9	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.	1:02.11	1:02.60
10	Barker, Ben	15	Goulbourn Sea Hawks	1:02.31	1:02.85
B - Final					
11	Elliot, Liam	15	Nepean Kanata Barracudas	1:02.79	1:01.68
12	Dow, Nate	15	Goulbourn Sea Hawks	1:03.43	1:02.60
13	Downie, Dylan P	16	Kingston Blue Marlins	1:03.06	1:04.05
14	Moreau, Logan	16	Nepean Kanata Barracudas	1:04.89	1:04.29
15	Yan, Anton	15	Nepean Kanata Barracudas	1:05.43	1:05.29
16	Crampton, Drew	17	Ernestown Barracuda Swim Club	1:06.70	1:07.51
17	Moulds, Elliot	15	Swim Ottawa	1:07.77	1:08.06
18	Keilty, Jack A	16	Kingston Blue Marlins	1:07.35	1:08.68
19	Shearer, Braeden	17	Ernestown Barracuda Swim Club	1:05.24	1:10.19
20	Baron, Gabe F	15	Kingston Blue Marlins	1:08.57	1:11.68

Event 47 Girls 13-14 200 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Aubin, Michelle	14	Goulbourn Sea Hawks	2:13.62	2:12.85
2	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.	2:18.52	2:15.82
3	Norlock, Helena V	14	Carleton Place Water Dragons	2:19.51	2:17.85
4	McKenna, Ainsley	14	Swim Ottawa	2:19.64	2:18.80
5	Hull, Gwyneth	14	Goulbourn Sea Hawks	2:18.62	2:20.00
6	Hoskin, Victoria	14	Greater Ottawa Kingfish S.C.	2:22.67	2:23.41
7	Rosenberg, Claire	14	Swim Ottawa	2:24.79	2:23.97
8	Roberts, Liliana V	13	Goulbourn Sea Hawks	2:22.51	2:24.43
9	Oates, Emery A	14	Belleville Beast Swim Team	2:25.80	2:24.77
10	Gow, Emma L	14	Kingston Blue Marlins	2:24.62	2:24.94

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****B - Final ... (Event 47 Girls 13-14 200 SC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
B - Final					
11	Fournier, Ellie	14	Nepean Kanata Barracudas	2:26.00	2:20.44
12	Rafter, Sadie	13	Swim Ottawa	2:25.82	2:20.85
13	Bowles, Katherine	13	Swim Ottawa	2:28.53	2:25.09
14	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.	2:26.06	2:25.28
15	Dondos, Oana	13	Nepean Kanata Barracudas	2:30.62	2:26.59
16	Harris, Morgan	13	Kingston Blue Marlins	2:26.08	2:27.17
17	Zhang, Kyna	14	Nepean Kanata Barracudas	2:29.37	2:27.63
18	Cowan, Eloise E	14	Greater Ottawa Kingfish S.C.	2:27.07	2:28.13
19	Chadwick, Gia A	13	Belleville Beast Swim Team	2:29.45	2:28.60
20	Houle, Joelle	13	Cornwall Sea Lions	2:30.14	2:29.47

Event 47 Girls 15 & Over 200 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Rudzki, Chloe M	17	Kingston Blue Marlins	2:10.53	2:07.45
2	Collins, Julia G	16	Kingston Blue Marlins	2:10.64	2:09.48
3	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.	2:09.05	2:10.03
4	Spence, Kayla	17	Goulbourn Sea Hawks	2:14.95	2:11.14
5	Swartz, Rachael	16	Ernestown Barracuda Swim Club	2:13.00	2:12.99
6	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions	2:13.62	2:13.35
7	Tocchi, Mia C	15	Roc Swimming	2:13.50	2:13.78
8	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.	2:11.47	2:13.79
9	Barnes, Alyssa G	15	Belleville Beast Swim Team	2:16.77	2:14.08
10	Timpson, Eve E	16	Kingston Blue Marlins	2:16.06	2:14.92
B - Final					
11	Matthews-Dickson, Kaitlyn R	15	Roc Swimming	2:17.30	2:15.18
12	Serson, Olivia	18	Ernestown Barracuda Swim Club	2:18.55	2:15.25
13	Wilson-East, Olivia M	15	Roc Swimming	2:17.09	2:16.78
14	Boudreau-Lavoie, Charlotte	15	Greater Ottawa Kingfish S.C.	2:17.48	2:17.02
15	Keith, Surina	15	Greater Ottawa Kingfish S.C.	2:19.27	2:18.16
16	MacQuarrie, Lauren C	17	Belleville Beast Swim Team	2:19.86	2:18.73
17	Anderson, Claire C	16	Roc Swimming	2:19.27	2:18.96
18	Arbuthnot, Grace T	16	Roc Swimming	2:20.52	2:19.69
19	Zaniewski, Sarah	17	Nepean Kanata Barracudas	2:21.50	2:20.05
20	Livingston, Emmanuelle	17	Greater Ottawa Kingfish S.C.	2:21.99	2:20.59

Event 48 Boys 13-14 200 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Yao, Lucas	13	Greater Ottawa Kingfish S.C.	2:00.52	2:00.08
2	Bulat, Ante	14	Swim Ottawa	2:03.67	2:00.50
3	MacPhee, Nathan	14	Perth Stingrays Aquatic Club	2:08.06	2:07.99
4	Klatt, Henry H	14	Greater Ottawa Kingfish S.C.	2:09.46	2:12.95
5	Randriamoeliarivony, Rodo	14	Nepean Kanata Barracudas	2:14.04	2:13.53
6	Roach, Hunter K	13	Belleville Beast Swim Team	2:16.17	2:14.15
7	Church, Ethan J	13	Carleton Place Water Dragons	2:17.21	2:15.79
8	Stewart, Kaiden L	14	Carleton Place Water Dragons	2:18.19	2:18.64
9	Fan, Mason	13	Greater Ottawa Kingfish S.C.	2:18.63	2:20.56
10	Boyer, Alexander	14	Swim Ottawa	2:19.34	2:21.37
B - Final					
11	Hungler, Gabe J	13	Kingston Blue Marlins	2:20.59	2:17.67

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****B - Final ... (Event 48 Boys 13-14 200 SC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
12	Litrico, Mathias J	14	Kingston Blue Marlins	2:20.28	2:18.22
13	Lu, Jonathan	14	Nepean Kanata Barracudas	2:19.40	2:20.85
14	Yang, Mason Y	13	Goulbourn Sea Hawks	2:24.78	2:22.12
15	Duggan, Oliver	14	Goulbourn Sea Hawks	2:23.45	2:22.73
16	Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.	2:23.61	2:22.90
17	Geddes, Bennett A	13	Roc Swimming	2:26.60	2:24.66
18	Marcil, Samuel	13	Greater Ottawa Kingfish S.C.	2:25.80	2:26.00
19	Situ, Isaac	14	Greater Ottawa Kingfish S.C.	2:26.89	2:26.51
20	Williams, Alexander	13	Swim Ottawa	2:26.16	2:31.21

Event 48 Boys 15 & Over 200 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Pershukevich, Alexander	17	Nepean Kanata Barracudas	1:55.38	1:52.53
2	Ko, Liam	15	Nepean Kanata Barracudas	1:58.66	1:57.94
3	Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.	1:59.35	1:59.35
4	Ladinik, Zan	17	Kingston Blue Marlins	2:00.80	2:00.36
5	Scully, Cole	15	Nepean Kanata Barracudas	2:03.52	2:01.11
6	Peden, Gavin	16	Perth Stingrays Aquatic Club	2:00.03	2:01.20
7	Brent, Connor	16	Greater Ottawa Kingfish S.C.	2:00.85	2:01.50
8	Do, Alexander	15	Roc Swimming	2:01.41	2:02.45
9	Pawlak, Jordan	16	Nepean Kanata Barracudas	2:05.49	2:03.87
10	Timtsenko, Illya	15	Perth Stingrays Aquatic Club	2:05.28	2:04.03
B - Final					
11	MacDonald, Teagan	16	Nepean Kanata Barracudas	2:08.09	2:04.20
12	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.	2:06.35	2:04.75
13	Zegers, Jacob	17	Greater Ottawa Kingfish S.C.	2:06.74	2:06.67
14	Ngatia, Michael	15	Goulbourn Sea Hawks	2:11.82	2:07.22
15	Janssen, Devin A	16	Kingston Blue Marlins	2:10.33	2:08.17
16	Pistun, Oliver G	15	Kingston Blue Marlins	2:07.67	2:08.66
17	Pons, Raphael J	16	Roc Swimming	2:08.75	2:10.08
18	Yang, Terry	17	Nepean Kanata Barracudas	2:11.39	2:11.42
19	Seydaliev, Mikhail	17	Petawawa Predators	2:11.19	2:12.39
20	Van Zijl, Leon X	15	Belleville Beast Swim Team	2:12.05	2:12.44

Event 49 Girls 13-14 100 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Rueckwald, Lola M	14	Roc Swimming	1:21.39	1:18.07
2	Glinski, Georgia K	14	Roc Swimming	1:19.69	1:18.83
3	Sun, Vera	14	Nepean Kanata Barracudas	1:22.06	1:20.32
4	Pennell, Julia	14	Ernestown Barracuda Swim Club	1:22.63	1:21.77
5	McKay, Lindsay	14	Goulbourn Sea Hawks	1:25.18	1:22.12
6	Rowberry, Hana	14	Ernestown Barracuda Swim Club	1:24.78	1:22.31
7	Peden, Bronwyn	14	Perth Stingrays Aquatic Club	1:23.40	1:23.30
8	Detillieux, Rose	14	Greater Ottawa Kingfish S.C.	1:23.33	1:23.69
9	McCauley, Evelyn G	13	Greater Ottawa Kingfish S.C.	1:24.54	1:24.15
10	Bolton, Ella E	14	Belleville Beast Swim Team	1:23.48	1:24.26
B - Final					
11	Macdonald, Moy	13	Nepean Kanata Barracudas	1:26.48	1:23.86
12	James, Maren	13	Nepean Kanata Barracudas	1:25.91	1:24.57
13	Apanasevich, Marta	14	Goulbourn Sea Hawks	1:25.86	1:24.58

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01

Results - Saturday 13 & Over Finals

B - Final ... (Event 49 Girls 13-14 100 SC Meter Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time
14	Borowiec, Nicole	13	Capital Wave Swim & Polo	1:25.53	1:25.36
15	O'Connell, Avery	14	Nepean Kanata Barracudas	1:27.50	1:26.21
16	Gouombas-Ouattara, Grace	14	Greater Ottawa Kingfish S.C.	1:26.07	1:26.88
17	Opalka, Emma	14	Upper Canada Swim Club	1:28.03	1:27.63
18	Kerr, Ellis E	14	Belleville Beast Swim Team	1:28.26	1:28.30
19	Majzoub, Dana	13	Greater Ottawa Kingfish S.C.	1:26.57	1:29.06
20	Hickling, Gwen	13	Nepean Kanata Barracudas	1:28.39	1:29.35

Event 49 Girls 15 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Helmstaedt, Cedar	15	Ernestown Barracuda Swim Club	1:16.30	1:12.95
2	McIntosh, Grace	16	Greater Ottawa Kingfish S.C.	1:14.54	1:13.97
3	Licari, Danica	15	Nepean Kanata Barracudas	1:15.21	1:14.36
4	Smith, Addison	15	Swim Ottawa	1:17.16	1:16.37
5	Jodoin, Olivia	17	Greater Ottawa Kingfish S.C.	1:17.03	1:16.94
6	Jarvis, Kayla	21	Kingston Blue Marlins	1:18.06	1:17.18
7	Macdonald, Jayden	19	Kingston Blue Marlins	1:17.11	1:17.19
8	Lawless, Keira	17	Goulbourn Sea Hawks	1:18.47	1:18.20
9	Pitts, Payton J	16	Kingston Blue Marlins	1:17.11	1:18.39
10	Shearer, Corran	15	Ernestown Barracuda Swim Club	1:18.67	1:22.94

B - Final

11	Bogdan, Nina	21	Kingston Blue Marlins	1:19.13	1:18.76
12	James, Lydia	15	Nepean Kanata Barracudas	1:20.30	1:20.01
13	Lee, Ruby	15	Greater Ottawa Kingfish S.C.	1:20.35	1:20.18
14	Rands, Catherine	16	Swim Ottawa	1:22.08	1:20.19
15	Arbuthnot, Grace T	16	Roc Swimming	1:20.34	1:20.58
16	Hudacin, Emily K	15	Belleville Beast Swim Team	1:21.23	1:21.17
17	Ludmer, Sarah	17	Swim Ottawa	1:21.28	1:21.82
18	Hayes, Ella	15	Swim Ottawa	1:21.12	1:22.39
19	Christy, Ruth	17	Perth Stingrays Aquatic Club	1:22.98	1:22.88
20	Walsh, Maisie C	16	Belleville Beast Swim Team	1:22.75	1:23.25

Event 50 Boys 13-14 100 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Vinet-Lessard, William	14	Greater Ottawa Kingfish S.C.	1:11.31	1:11.38
2	Shelswell de Vlieger, Willem	14	Swim Ottawa	1:15.51	1:11.88
3	Swietlicki, Steven	14	Swim Ottawa	1:15.19	1:14.52
4	MacKenzie, Hammond	14	Swim Ottawa	1:20.27	1:15.34
5	Wang, Simon	13	Nepean Kanata Barracudas	1:17.67	1:17.82
6	Plummer, Brody	13	Nepean Kanata Barracudas	1:19.19	1:19.18
7	McIlvaney, Ben R	13	Belleville Beast Swim Team	1:19.50	1:19.51
8	Stubbert, Thomas J	13	Greater Ottawa Kingfish S.C.	1:19.56	1:19.68
9	Boyer, Alexander	14	Swim Ottawa	1:18.35	1:20.06
---	Stewart, Kaiden L	14	Carleton Place Water Dragons	1:19.93	DQ 1:19.47

B - Final

11	Cardinal, Mathias	14	Nepean Kanata Barracudas	1:21.48	1:19.62
12	Fecica, Sam C	14	Kingston Blue Marlins	1:20.38	1:19.96
13	Nahorny, Ioan S	14	Kingston Blue Marlins	1:22.07	1:20.46
14	Lei, Qingyan	14	Nepean Kanata Barracudas	1:20.91	1:21.75
15	Fang, Brayden	14	Nepean Kanata Barracudas	1:21.93	1:21.79

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Results - Saturday 13 & Over Finals

B - Final ... (Event 50 Boys 13-14 100 SC Meter Breaststroke)

	Name	Age	Team	Prelim Time	Finals Time
16	Randriamoeliarivony, Rodo	14	Nepean Kanata Barracudas	1:23.95	1:21.99
17	Jin, Elliott	14	Perth Stingrays Aquatic Club	1:21.15	1:22.08
18	Shore, Thomas	13	Nepean Kanata Barracudas	1:23.83	1:23.76
19	Al-Dawodi, Ali	13	Greater Ottawa Kingfish S.C.	1:22.24	1:24.98
---	Markovych, Dany	13	Capital Wave Swim & Polo	1:23.68	DQ 1:23.10

Event 50 Boys 15 & Over 100 SC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas	1:05.64	1:04.65
2	Soltani, Ilyes	17	Nepean Kanata Barracudas	1:05.26	1:04.93
3	Sweetnam, Declan	17	Nepean Kanata Barracudas	1:06.28	1:05.78
4	Wen, Jason	16	Swim Ottawa	1:07.72	1:07.44
5	Zheng, Alex	15	Goulbourn Sea Hawks	1:08.56	1:08.40
6	Heiden, Liam A	16	Kingston Blue Marlins	1:08.19	1:08.45
7	Lee, Ethan	15	Nepean Kanata Barracudas	1:10.76	1:09.73
8	Bevington, Nixon	15	Nepean Kanata Barracudas	1:11.03	1:10.15
9	Jaaskelainen Lozano, Kasimiro	15	Swim Ottawa	1:10.81	1:10.67
10	Livingston, Lucas	15	Greater Ottawa Kingfish S.C.	1:10.94	1:11.17

B - Final

11	de Vlieger, Henry	16	Swim Ottawa	1:12.06	1:10.24
12	Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club	1:12.29	1:11.86
13	Elshahat, Mohamed	16	Nepean Kanata Barracudas	1:13.12	1:12.39
14	Scully, Cole	15	Nepean Kanata Barracudas	1:15.08	1:12.46
15	Barker, Ben	15	Goulbourn Sea Hawks	1:16.63	1:13.43
16	Yee, Chesney	17	Upper Canada Swim Club	1:14.96	1:14.93
17	Che, Brian	16	Nepean Kanata Barracudas	1:15.18	1:15.20
18	Bowles, Matthew	15	Swim Ottawa	1:15.38	1:15.66
19	Shearer, Braeden	17	Ernestown Barracuda Swim Club	1:15.72	1:15.94
20	Zukovsky, Adam	17	Belleville Beast Swim Team	1:15.58	1:16.21

Event 51 Girls 13-14 200 SC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Greenaway, Molly	14	Goulbourn Sea Hawks	2:24.10	2:26.10
2	Nolan, Millie J	14	Greater Ottawa Kingfish S.C.	2:36.95	2:35.18
3	Kim, Yunseo	14	Nepean Kanata Barracudas	2:41.21	2:39.32
4	Trang, Liana	13	Goulbourn Sea Hawks	2:42.85	2:40.12
5	Macdonald, Moy	13	Nepean Kanata Barracudas	2:45.72	2:43.53
6	Polisena, Sophia	14	Nepean Kanata Barracudas	2:53.93	2:46.97
7	Quan, Ellie	13	Nepean Kanata Barracudas	2:52.35	2:52.39
8	Rafter, Sadie	13	Swim Ottawa	2:56.36	2:52.81
9	Fairley, Emma	13	Nepean Kanata Barracudas	2:58.55	2:54.36
---	Archibald, Fia	14	Swim Ottawa	2:53.18	DQ 2:50.55

B - Final

11	Bowles, Katherine	13	Swim Ottawa	3:00.80	2:56.17
12	Jackson, Norah M	14	Belleville Beast Swim Team	3:02.04	2:57.22
13	Leuschen, Violet	13	Nepean Kanata Barracudas	2:59.67	2:59.95
14	Cooney, Zoe E	13	Belleville Beast Swim Team	3:27.35	3:31.19
---	Dondos, Oana	13	Nepean Kanata Barracudas	3:06.45	NS

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****Event 51 Girls 15 & Over 200 SC Meter Butterfly**

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Hiltz, Stella	16	Nepean Kanata Barracudas	2:29.59	2:25.03
2	Lupton, Hallie C	16	Belleville Beast Swim Team	2:30.53	2:28.30
3	Rudzki, Chloe M	17	Kingston Blue Marlins	2:29.11	2:29.47
4	Qiu, Karina	19	Kingston Blue Marlins	2:34.45	2:29.67
5	King, Alivia J	16	Belleville Beast Swim Team	2:45.74	2:37.81
6	Forestier, Gabrielle	17	Nepean Kanata Barracudas	2:37.11	2:38.41
7	MacQuarrie, Lauren C	17	Belleville Beast Swim Team	2:44.54	2:39.39
8	Acero, Sofia	16	Goulbourn Sea Hawks	2:45.63	2:44.85
9	Patry, Chantale	16	Greater Ottawa Kingfish S.C.	2:52.45	2:48.99
10	Hall, Cody L	15	Roc Swimming	2:50.93	2:51.72

Event 52 Boys 13-14 200 SC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Cook, James	14	Nepean Kanata Barracudas	2:24.35	2:23.28
2	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.	2:27.10	2:25.04
3	Beyea, Matthew	14	Nepean Kanata Barracudas	2:34.54	2:33.07
4	Wang, Simon	13	Nepean Kanata Barracudas	2:36.70	2:41.91
5	McIntyre, Owyn D	13	Greater Ottawa Kingfish S.C.	2:52.36	2:48.86
6	Abdulla, Noah	13	Nepean Kanata Barracudas	2:59.85	2:59.50
7	Geddes, Bennett A	13	Roc Swimming	3:08.72	3:01.76
---	Liu, Ethan	14	Greater Ottawa Kingfish S.C.	2:36.38	DQ 2:37.22

Event 52 Boys 15 & Over 200 SC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Capraz, Mehmet Deniz	18	Nepean Kanata Barracudas	2:09.10	2:08.54
2	Pershukevich, Alexander	17	Nepean Kanata Barracudas	2:12.79	2:09.79
3	Boyer, Julian	17	Swim Ottawa	2:12.27	2:11.64
4	Kam, Conner	17	Goulbourn Sea Hawks	2:16.63	2:14.89
5	WechselbergerVickers, Max	17	Nepean Kanata Barracudas	2:22.60	2:18.29
6	MacDonald, Teagan	16	Nepean Kanata Barracudas	2:14.70	2:19.79
7	Pantarotto, Dylan	16	Swim Ottawa	2:20.63	2:22.40
8	Kim, Sungyoun	17	Nepean Kanata Barracudas	2:22.31	2:22.41
9	Zewdie, Matteo	15	Greater Ottawa Kingfish S.C.	2:25.71	2:23.52
10	Baron, Gabe F	15	Kingston Blue Marlins	2:26.87	2:25.05

Event 53 Girls 13-14 50 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Gomes, Sinead K	13	Roc Swimming	27.79	27.94
2	Rueckwald, Lola M	14	Roc Swimming	27.85	28.01
3	Noordhof, Isla	14	Greater Ottawa Kingfish S.C.	28.15	28.05
4	Polisena, Sophia	14	Nepean Kanata Barracudas	29.07	28.57
5	Schonberg, Sierra	14	Nepean Kanata Barracudas	28.83	28.59
6	Rowberry, Hana	14	Ernestown Barracuda Swim Club	29.32	28.75
7	Aubin, Michelle	14	Goulbourn Sea Hawks	28.93	29.06
8	Brooks-Mah, Cassia	13	Greater Ottawa Kingfish S.C.	29.47	29.58
9	Norlock, Helena V	14	Carleton Place Water Dragons	29.46	29.64
10	Rosenberg, Claire	14	Swim Ottawa	29.63	29.68

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Results - Saturday 13 & Over Finals

B - Final ... (Event 53 Girls 13-14 50 SC Meter Freestyle)

	Name	Age	Team	Prelim Time	Finals Time
B - Final					
11	Pillay, Katie	14	Nepean Kanata Barracudas	29.67	29.40
12	Gora, Chelsea	13	Ernestown Barracuda Swim Club	29.78	29.44
13	Swain, Jocelyn	14	Ernestown Barracuda Swim Club	29.66	29.56
14	Leyan'Simbi, Aaliyah N	13	Greater Ottawa Kingfish S.C.	29.95	29.71
15	McKenna, Ainsley	14	Swim Ottawa	29.77	29.76
16	Ennis, Myla	14	Perth Stingrays Aquatic Club	29.74	29.81
17	Chadwick, Gia A	13	Belleville Beast Swim Team	29.98	30.32
18	Pratt, Jaime G	14	Roc Swimming	30.25	30.40
19	Venne, Catherine	14	Greater Ottawa Kingfish S.C.	30.19	30.52
20	Voisin, Annabelle	14	Petawawa Predators	30.28	30.57

Event 53 Girls 15 & Over 50 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Mason, Sara V	17	Kingston Blue Marlins	26.22	25.84
2	Klosevych, Helena	17	Greater Ottawa Kingfish S.C.	27.46	27.38
3	Summers, Ella L	18	Kingston Blue Marlins	27.79	27.41
4	Jarvis, Kayla	21	Kingston Blue Marlins	28.26	28.26
*5	Noordhof, Ava	17	Greater Ottawa Kingfish S.C.	28.06	28.34
*5	Collins, Julia G	16	Kingston Blue Marlins	28.44	28.34
7	Wultsch-Fuller, Sonja	15	Cornwall Sea Lions	28.28	28.46
8	Ouimet, Arielle	16	Greater Ottawa Kingfish S.C.	28.63	28.74
9	Gillieson, Olivia	15	Perth Stingrays Aquatic Club	28.36	28.75
10	Timpson, Eve E	16	Kingston Blue Marlins	28.50	28.93
B - Final					
11	Swartz, Rachael	16	Ernestown Barracuda Swim Club	28.69	28.41
12	Ludmer, Sarah	17	Swim Ottawa	29.11	28.72
13	Nourozi, Maia	15	Roc Swimming	28.83	28.77
14	Nobes, Samantha	21	Kingston Blue Marlins	29.37	28.92
15	Bailey, Josephine	17	Kingston Blue Marlins	29.51	29.04
16	Fee, Amelia	16	Nepean Kanata Barracudas	29.16	29.06
17	Wilson-East, Olivia M	15	Roc Swimming	29.37	29.23
18	James, Lydia	15	Nepean Kanata Barracudas	29.68	29.42
19	Tocchi, Mia C	15	Roc Swimming	29.30	29.63
20	Keith, Surina	15	Greater Ottawa Kingfish S.C.	29.21	29.64

Event 54 Boys 13-14 50 SC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Bulat, Ante	14	Swim Ottawa	26.21	26.03
2	MacPhee, Nathan	14	Perth Stingrays Aquatic Club	26.55	26.05
3	Yang, Logan Y	13	Goulbourn Sea Hawks	26.92	26.32
4	Yam, Levi	13	Nepean Kanata Barracudas	26.40	26.33
5	Cook, James	14	Nepean Kanata Barracudas	26.62	26.69
6	Swietlicki, Steven	14	Swim Ottawa	27.20	27.16
7	Litrico, Mathias J	14	Kingston Blue Marlins	27.33	27.46
8	Peden, Jayden	13	Perth Stingrays Aquatic Club	27.75	27.79
9	Ghobrial, Youssef	14	Greater Ottawa Kingfish S.C.	27.31	27.93
10	Lee, Kaden	13	Nepean Kanata Barracudas	27.35	27.96
B - Final					
11	Roach, Hunter K	13	Belleville Beast Swim Team	27.76	27.64

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Name	Age	Team	Prelim Time	Finals Time
12 Situ, Isaac	14	Greater Ottawa Kingfish S.C.	27.80	27.71
13 Kiweewa, Kayden	13	Greater Ottawa Kingfish S.C.	29.06	28.03
14 Nahorny, Ioan S	14	Kingston Blue Marlins	28.20	28.15
15 Power, Odin	13	Petawawa Predators	28.72	28.37
16 Hungler, Gabe J	13	Kingston Blue Marlins	28.59	29.08
17 Kouame, James	13	Greater Ottawa Kingfish S.C.	29.15	29.18
18 Church, Ethan J	13	Carleton Place Water Dragons	29.07	29.27
19 Jin, Elliott	14	Perth Stingrays Aquatic Club	28.78	29.50
20 Lu, Jonathan	14	Nepean Kanata Barracudas	27.82	29.89

Event 54 Boys 15 & Over 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Heiden, Liam A	16	Kingston Blue Marlins	24.02	23.53
2 Meredith, Hadley W	17	Roc Swimming	24.41	23.90
3 Wen, Jason	16	Swim Ottawa	24.51	23.99
4 Case, Adam P	16	Belleville Beast Swim Team	24.51	24.09
5 Gaudaur Webb, Mykal	15	Perth Stingrays Aquatic Club	25.28	24.58
6 Schurmans, Liam	15	Upper Canada Swim Club	24.65	24.65
7 Jolly Ssamula, Jordan	17	Nepean Kanata Barracudas	25.07	24.84
8 Jung, Owen	16	Greater Ottawa Kingfish S.C.	25.32	25.07
9 Yang, Terry	17	Nepean Kanata Barracudas	25.30	25.10
10 Weiss-Reid, Maxime	17	Greater Ottawa Kingfish S.C.	24.82	25.36

B - Final

11 Pawlak, Jordan	16	Nepean Kanata Barracudas	25.53	25.52
12 Seely, Joshua A	17	Roc Swimming	25.62	25.58
13 Patterson, Myer A	17	Roc Swimming	25.76	25.60
14 Knockleby, Everett	17	Petawawa Predators	25.87	25.69
15 Do, Alexander	15	Roc Swimming	25.80	25.74
16 Brent, Connor	16	Greater Ottawa Kingfish S.C.	25.97	25.84
17 Ladinik, Zan	17	Kingston Blue Marlins	25.63	25.88
18 Deroneth, Saul	16	Greater Ottawa Kingfish S.C.	26.17	25.98
19 Moher, Charlie	16	Swim Ottawa	26.17	26.51
20 Zukovsky, Adam	17	Belleville Beast Swim Team	26.11	26.71

Event 55 Girls 13-14 200 SC Meter Freestyle Relay

Team	Relay	Finals Time	
1 Nepean Kanata Barracudas	A	1:54.25	
1) Polisena, Sophia 14	2) Kim, Yunseo 14	3) Quan, Ellie 13	4) Schonberg, Sierra 14
2 Roc Swimming	A	1:54.32	
1) Rueckwald, Lola M 14	2) Pratt, Jaime G 14	3) Glinski, Georgia K 14	4) Gomes, Sinead K 13
3 Greater Ottawa Kingfish S.C.	A	1:56.26	
1) Noordhof, Isla 14	2) Leyan'Simbi, Aaliyah N 13	3) Brooks-Mah, Cassia 13	4) Nolan, Millie J 14
4 Goulbourn Sea Hawks	A	1:56.34	
1) Greenaway, Molly 14	2) Hull, Gwyneth 14	3) Trang, Liana 13	4) Aubin, Michelle 14
5 Ernestown Barracuda Swim Club	A	1:57.14	
1) Gora, Chelsea 13	2) Swain, Jocelyn 14	3) Pennell, Julia 14	4) Rowberry, Hana 14
6 Nepean Kanata Barracudas	B	1:57.63	
1) Fairley, Emma 13	2) Macdonald, Moy 13	3) Fournier, Ellie 14	4) Pillay, Katie 14
7 Swim Ottawa	A	2:00.54	
1) Rosenberg, Claire 14	2) Archibald, Fia 14	3) Togtokhbayar, Uranbileg 13	4) McKenna, Ainsley 14
8 Greater Ottawa Kingfish S.C.	B	2:01.39	
1) Detillieux, Rose 14	2) Rasoulis, Eva 13	3) Venne, Catherine 14	4) Hoskin, Victoria 14

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Team	Relay			Finals Time
9 Perth Stingrays Aquatic Club	A			2:03.69
1) Ennis, Myla 14	2) Atkinson, Chloe 13	3) Green, Annie 13	4) Peden, Bronwyn 14	
10 Swim Ottawa	B			2:04.78
1) Rafter, Sadie 13	2) Albright, Mikayla 13	3) Bowles, Katherine 13	4) MacDonald, Audrey 14	
11 Belleville Beast Swim Team	A			2:05.37
1) Oates, Emery A 14	2) Bolton, Ella E 14	3) Jackson, Norah M 14	4) Chadwick, Gia A 13	
12 Roc Swimming	B			2:10.14
1) Helmer, Ava E 13	2) Sheppard, Norah A 13	3) Cziffra, Lucia I 13	4) Pons, Floriane A 13	

Event 56 Boys 13-14 200 SC Meter Freestyle Relay

Team	Relay			Finals Time
1 Greater Ottawa Kingfish S.C.	A			1:45.50
1) Yao, Lucas 13	2) Ghobrial, Youssef 14	3) Vinet-Lessard, William 14	4) Situ, Isaac 14	
2 Swim Ottawa	A			1:45.97
1) Shelswell de Vlieger, Willem 14	2) MacKenzie, Hammond 14	3) Swietlicki, Steven 14	4) Bulat, Ante 14	
3 Nepean Kanata Barracudas	A			1:46.73
1) Cook, James 14	2) Plummer, Brody 13	3) Lee, Kaden 13	4) Yam, Levi 13	
4 Kingston Blue Marlins	A			1:52.50
1) Fecica, Sam C 14	2) Nahorny, Ioan S 14	3) Hungler, Gabe J 13	4) Litrico, Mathias J 14	
5 Nepean Kanata Barracudas	B			1:53.53
1) Shore, Thomas 13	2) Cardinal, Mathias 14	3) Randriamoeliarivony, Rodo 14	4) Lu, Jonathan 14	
6 Greater Ottawa Kingfish S.C.	B			1:53.83
1) Kiweewa, Kayden 13	2) Klatt, Henry H 14	3) Hong, Theodore 14	4) Stubbert, Thomas J 13	
7 Goulbourn Sea Hawks	A			1:58.47
1) Duggan, Oliver 14	2) Yang, Mason Y 13	3) Redshaw, Sam M 13	4) Yang, Logan Y 13	
8 Swim Ottawa	B			1:59.88
1) Chou, Colin 13	2) Boyer, Alexander 14	3) Heidinga, Simon 14	4) Williams, Alexander 13	

Event 57 Girls 15 & Over 200 SC Meter Freestyle Relay

Team	Relay			Finals Time
1 Kingston Blue Marlins	A			1:48.49
1) Collins, Julia G 16	2) Mason, Sara V 17	3) Pitts, Payton J 16	4) Rudzki, Chloe M 17	
2 Greater Ottawa Kingfish S.C.	A			1:50.74
1) Klosevych, Helena 17	2) Noordhof, Ava 17	3) McIntosh, Grace 16	4) Ouimet, Arielle 16	
3 Roc Swimming	A			1:53.71
1) Nourozi, Maia 15	2) Matthews-Dickson, Kaitlyn R 15	3) Wilson-East, Olivia M 15	4) Tocchi, Mia C 15	
4 Belleville Beast Swim Team	A			1:55.57
1) Walsh, Maisie C 16	2) Barnes, Alyssa G 15	3) King, Alivia J 16	4) Lupton, Hallie C 16	
5 Ernestown Barracuda Swim Club	A			1:56.36
1) Serson, Olivia 18	2) Noonan, Jordan 17	3) Helmstaedt, Cedar 15	4) Swartz, Rachael 16	
6 Kingston Blue Marlins	B			1:56.43
1) Timpson, Eve E 16	2) Bailey, Josephine 17	3) Schmidt Stutzman, Maggie O 15	4) Kalverda, Skylar M 17	
7 Greater Ottawa Kingfish S.C.	B			1:58.44
1) Keith, Surina 15	2) Al-Dawodi, Mei 15	3) Livingston, Emmanuelle 17	4) Jodoin, Olivia 17	
8 Roc Swimming	B			1:59.08
1) Meredith, Teagan M 15	2) Oma, Alyssia G 15	3) Anderson, Claire C 16	4) Arbuthnot, Grace T 16	
9 Nepean Kanata Barracudas	B			1:59.17
1) Zaniewski, Sarah 17	2) James, Lydia 15	3) Skeaff, Lilian 15	4) Thomlinson, Ava 16	
10 Perth Stingrays Aquatic Club	A			2:01.09
1) Van Dusen, Caroline 15	2) Van Dusen, Madeleine 17	3) Brady, Hailee 17	4) Gillieson, Olivia 15	
11 Belleville Beast Swim Team	B			2:01.86
1) Zak, Lana J 15	2) Fischer, Lily H 15	3) MacQuarrie, Lauren C 17	4) Hudacin, Emily K 15	
--- Nepean Kanata Barracudas	A			DQ 1:53.69
1) Hiltz, Stella 16	2) Licari, Danica 15	3) Fee, Amelia 16	4) Forestier, Gabrielle 17	

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Results - Saturday 13 & Over Finals****Event 58 Boys 15 & Over 200 SC Meter Freestyle Relay**

Team	Relay	Finals Time	
1 Nepean Kanata Barracudas	A	1:37.46	
1) Jolly Ssamula, Jordan 17	2) Yang, Terry 17	3) Pawlak, Jordan 16	4) Pershukevich, Alexander 17
2 Swim Ottawa	A	1:38.90	
1) Cameron, Beckett 16	2) Moher, Charlie 16	3) de Vlieger, Henry 16	4) Wen, Jason 16
3 Roc Swimming	A	1:39.28	
1) Dutrizac, Sam L 15	2) Do, Alexander 15	3) Patterson, Myer A 17	4) Meredith, Hadley W 17
4 Greater Ottawa Kingfish S.C.	A	1:39.79	
1) Weiss-Reid, Maxime 17	2) Jung, Owen 16	3) Deroneth, Saul 16	4) Brent, Connor 16
5 Perth Stingrays Aquatic Club	A	1:42.17	
1) Timtsenko, Illya 15	2) Peden, Gavin 16	3) MacPhee, Nathan 14	4) Gaudaur Webb, Mykal 15
6 Nepean Kanata Barracudas	B	1:42.34	
1) Kim, Sungyoun 17	2) Capraz, Mehmet Deniz 18	3) Soltani, Ilyes 17	4) Ko, Liam 15
7 Goulbourn Sea Hawks	A	1:44.15	
1) Zheng, Alex 15	2) Barker, Ben 15	3) Dow, Nate 15	4) Kam, Conner 17
8 Belleville Beast Swim Team	A	1:45.11	
1) Zukovsky, Adam 17	2) Van Zijl, Leon X 15	3) Roach, Hunter K 13	4) Case, Adam P 16
9 Greater Ottawa Kingfish S.C.	B	1:45.58	
1) Zegers, Jacob 17	2) Livingston, Lucas 15	3) Ryckman, Adam 16	4) Robinson, Carter 17
10 Kingston Blue Marlins	A	1:45.84	
1) Ladinik, Zan 17	2) Janssen, Devin A 16	3) Downie, Dylan P 16	4) Heiden, Liam A 16
11 Swim Ottawa	B	1:48.31	
1) Pantarotto, Dylan 16	2) Jaaskelainen Lozano, Kasimiro 15	3) Bowles, Matthew 15	4) Moulds, Elliot 15
12 Roc Swimming	B	1:48.97	
1) Seely, Joshua A 17	2) Geddes, Bennett A 13	3) Anand-Danek, Chris M 15	4) Pons, Raphael J 16
13 Ernestown Barracuda Swim Club	A	1:51.44	
1) Shearer, Braeden 17	2) Helmstaedt, Grant 14	3) Gallupe, Cohen 16	4) Crampton, Drew 17
14 Perth Stingrays Aquatic Club	B	1:54.09	
1) Peden, Jayden 13	2) Laidley, Sean 18	3) Jin, Elliott 14	4) Mason, Landon 16