

**Swimming Canada
2025 World Class On Track Times**

(Age as of December 31st)

50 Free			100 Free			200 Free			400 Free			800 Free			1500 Free		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13			13			13			13			13		
14			14			14	2:06.51		14	4:25.42		14	9:04.09		14	17:12.17	
15			15	56.85		15	2:02.98	2:04.11	15	4:18.86	4:20.27	15	8:51.31	8:54.21	15	16:52.17	16:56.98
16	25.66		16	55.76	56.38	16	2:00.67	2:01.78	16	4:14.48	4:15.87	16	8:42.92	8:45.77	16	16:38.19	16:42.94
17	25.40	25.68	17	55.07	55.68	17	1:59.20	2:00.30	17	4:11.78	4:13.63	17	8:37.81	8:40.64	17	16:29.65	16:34.36
18	25.20	25.48	18	54.62	55.22	18	1:58.23	1:59.32	18	4:10.23	4:11.60	18	8:34.62	8:37.43	18	16:24.56	16:29.24
19	25.02	25.30	19	54.25	54.85	19		1:58.69	19		4:10.74	19		8:35.61	19		16:26.24
20	24.86	25.14	20		54.53	20		1:58.23	20		4:10.23	20		8:34.62	20		16:24.56
21		24.99	21		54.25	21			21		4:10.35	21		8:34.90	21		16:25.53
22		24.86	22			22		1:58.23	22		4:10.23	22		8:34.62	22		16:24.56
23			23		54.25	23			23			23			23		
24			24			24			24			24			24		
25			25			25			25			25			25		

50 Back			100 Back			200 Back			50 Breast			100 Breast			200 Breast		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13	1:05.85		13	2:23.84		13			13			13		
14			14	1:03.87	1:04.75	14	2:18.64	2:20.52	14			14			14		
15	29.29		15	1:02.34	1:03.20	15	2:14.97	2:16.80	15			15	1:09.68		15	2:31.21	
16	28.78	29.02	16	1:01.22	1:02.06	16	2:12.63	2:14.43	16	31.56		16	1:08.45	1:09.15	16	2:28.85	2:30.01
17	28.52	28.76	17	1:00.46	1:01.29	17	2:11.08	2:12.86	17	31.20	31.35	17	1:07.71	1:08.40	17	2:27.43	2:28.58
18	28.36	28.60	18		1:00.79	18		2:11.79	18	31.00	31.15	18	1:07.24	1:07.92	18	2:26.60	2:27.74
19	28.22	28.46	19		1:00.46	19		2:11.08	19	30.86	31.01	19	1:06.87	1:07.55	19	2:25.91	2:27.05
20		28.32	20			20		2:11.40	20	30.75	30.90	20		1:07.20	20		2:26.41
21		28.22	21		1:00.46	21		2:11.08	21		30.81	21		1:06.87	21		2:25.91
22			22			22			22		30.75	22			22		2:26.14
23			23			23			23		30.75	23		1:06.87	23		2:25.91
24			24			24			24		30.75	24			24		
25			25			25			25			25			25		

50 Fly			100 Fly			200 Fly			200 IM			400 IM		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
13			13			13			13			13	5:09.36	
14			14			14	2:18.48		14			14	4:58.88	5:01.95
15			15	1:01.67		15	2:14.47	2:15.86	15	2:18.51		15	4:51.23	4:54.23
16			16	1:00.43	1:01.15	16	2:11.84	2:13.20	16	2:15.93	2:16.89	16	4:46.20	4:49.15
17	26.98		17	59.56	1:00.27	17	2:10.18	2:11.53	17	2:14.41	2:15.36	17	4:43.06	4:45.98
18	26.71	26.81	18	58.87	59.57	18	2:09.21	2:10.55	18	2:13.47	2:14.42	18		4:44.11
19	26.50	26.60	19	58.33	59.03	19		2:10.33	19	2:12.83	2:13.77	19		4:43.06
20	26.34	26.43	20		58.60	20		2:09.21	20		2:13.25	20		4:43.24
21	26.23	26.33	21		58.33	21			21		2:12.83	21		4:43.06
22		26.27	22			22		2:09.21	22		2:12.95	22		
23		26.23	23		58.33	23			23		2:12.83	23		
24			24			24			24			24		
25			25			25			25			25		

FEMALE



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50 Free			100 Free			200 Free			400 Free			800 Free			1500 Free		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
15			15	53.28		15	1:56.62		15	4:08.91		15	8:31.10		15	16:17.69	
16			16	51.48	52.43	16	1:52.75	1:54.33	16	4:00.79	4:03.63	16	8:14.62	8:20.18	16	15:46.32	15:53.70
17	23.44		17	50.09	51.02 51.44	17	1:49.93	1:51.47 1:52.04	17	3:54.84	3:57.61 3:58.24	17	8:02.43	8:07.85 8:09.69	17	15:24.14	15:31.34 15:33.06
18	22.91	23.09	18	49.07	49.98 50.39	18	1:48.02	1:49.53 1:50.09	18	3:50.84	3:53.56 3:54.18	18	7:54.03	7:59.36 8:01.16	18	15:10.35	15:17.45 15:19.13
19	22.52	22.69	19	48.34	49.23 49.64	19	1:46.70	1:48.20 1:48.75	19	3:48.15	3:50.84 3:51.45	19	7:48.66	7:53.93 7:55.71	19	15:01.89	15:08.92 15:10.59
20	22.24	22.41	20		48.72 49.12	20		1:47.30 1:47.84	20		3:49.11 3:49.72	20		7:50.66 7:52.43	20		15:04.13 15:05.79
21	22.05	22.22	21		48.34 48.74	21		1:46.70 1:47.24	21		3:48.15 3:48.75	21		7:48.66 7:50.42	21		15:01.89 15:03.55
22		22.11	22			22			22		3:48.27	22		7:49.18	22		15:02.44
23		22.05	23		48.34	23		1:46.70	23		3:48.15	23		7:48.66	23		15:01.89
24			24			24			24			24			24		
25			25			25			25			25			25		
26			26			26			26			26			26		

50 Back			100 Back			200 Back			50 Breast			100 Breast			200 Breast		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
15			15			15	2:07.63		15			15			15	2:23.31	
16	27.26		16	57.82		16	2:03.66	2:04.75	16			16	1:04.06		16	2:18.55	2:20.95
17	26.47	26.73	17	56.23	56.79	17	2:00.86	2:01.93 2:02.23	17			17	1:02.45	1:03.26	17	2:14.89	2:17.24 2:18.23
18	25.85	26.10	18	55.17	55.72 55.86	18	1:59.15	2:00.21 2:00.51	18	28.68		18	1:01.25	1:02.05 1:02.46	18	2:12.22	2:14.51 2:15.48
19	25.40	25.64	19	54.43	54.98 55.12	19	1:58.07	1:59.12 1:59.41	19	28.17	28.40	19	1:00.37	1:01.16 1:01.57	19	2:10.32	2:12.58 2:13.54
20	25.11	25.35	20	53.94	54.48 54.62	20		1:58.48 1:58.77	20	27.79	28.01 28.07	20	59.75	1:00.53 1:00.93	20		2:11.26 2:12.21
21		25.19	21		54.15 54.28	21		1:58.07 1:58.36	21	27.53	27.75 27.81	21		1:00.09 1:00.48	21		2:10.32 2:11.26
22		25.11	22		53.94 54.08	22		1:58.13	22	27.33	27.55 27.61	22		59.75 1:00.14	22		2:10.66
23			23		53.97	23		1:58.07	23		27.41 27.47	23		59.91	23		2:10.32
24		25.11	24		53.94	24			24		27.33 27.38	24		59.75	24		
25			25			25			25		27.34	25			25		
26			26			26			26		27.33	26			26		

50 Fly			100 Fly			200 Fly			200 IM			400 IM		
Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3	Track 1	Track 2	Track 3
15			15			15	2:07.69		15			15	4:38.79	
16			16	55.15		16	2:03.12	2:04.65	16	2:06.50		16	4:30.33	4:34.00
17	24.61		17	53.75	54.31	17	1:59.88	2:01.37 2:01.77	17	2:03.32	2:04.42	17	4:24.32	4:27.91 4:28.61
18	24.10	24.31	18	52.83	53.38 53.52	18	1:57.84	1:59.30 1:59.70	18	2:01.30	2:02.39 2:02.59	18	4:20.41	4:23.94 4:24.63
19	23.75	23.96	19	52.22	52.76 52.90	19	1:56.51	1:57.95 1:58.35	19	1:59.95	2:01.03 2:01.22	19	4:17.48	4:20.98 4:21.66
20	23.52	23.73	20	51.77	52.31 52.45	20		1:57.06 1:57.45	20	1:59.05	2:00.12 2:00.31	20		4:18.85 4:19.53
21	23.36	23.57	21		51.99 52.13	21		1:56.51 1:56.90	21		1:59.49 1:59.69	21		4:17.48 4:18.15
22		23.45	22		51.77 51.90	22		1:56.60	22		1:59.05 1:59.24	22		4:17.46
23		23.36	23		51.79	23		1:56.51	23		1:59.05	23		4:17.48
24			24		51.77	24			24		1:59.05	24		
25			25			25			25			25		
26			26			26			26			26		

MALE

