

**Swimming Newfoundland and Labrador  
CBS Bluefins Swim Club**

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**Individual Records Report for CBS-L**

**East Coast Swimming Championships 2024 06-Jul-24 to 09-Jul-24 LC Meters**  
**CBS Bluefins [CBSB] Coach: Jason Warford**

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**Female 15-17 200 Free**

<b>2:24.00</b>	<b>Emily Ennis</b>	<b>1/1/2019</b>	<b>CBSB</b>
2:17.12 **	Elly STAFFORD at East Coast Swimming Championships 2024	7/6/2024	CBSB

**Female 15-17 400 Free**

<b>4:53.82</b>	<b>Andrea Lee</b>	<b>1/1/1993</b>	<b>CBSB</b>
4:48.68 **	Elly STAFFORD at East Coast Swimming Championships 2024	7/6/2024	CBSB

**Female Open 200 Free**

<b>2:22.50</b>	<b>Amelia SMITH</b>	<b>5/27/2022</b>	<b>CBSB</b>
2:18.04 **	Elly STAFFORD at East Coast Swimming Championships 2024	7/6/2024	CBSB

**Female Open 400 Free**

<b>4:53.82</b>	<b>Andrea Lee</b>	<b>1/1/1993</b>	<b>CBSB</b>
4:51.52 **	Elly STAFFORD at East Coast Swimming Championships 2024	7/6/2024	CBSB

**Male 15-17 200 Breast**

<b>2:43.14</b>	<b>Richard HIBBS</b>	<b>5/29/2009</b>	<b>CBSB</b>
2:40.86 **	Charlie BALL at East Coast Swimming Championships 2024	7/6/2024	CBSB

**Male Open 200 Breast**

<b>2:43.14</b>	<b>Richard HIBBS</b>	<b>5/29/2009</b>	<b>CBSB</b>
2:41.18 **	Charlie BALL at East Coast Swimming Championships 2024	7/6/2024	CBSB