

## Swimming Newfoundland and Labrador CBS Bluefins Swim Club

### Individual Records Report for CBS-S

2025 Provincial Championships 30-May-25 to 01-Jun-25 SC Meters  
CBS Bluefins [CBSB] Coach: Jason Warford

#### Female 10 & Under 200 Free

2:38.48	Chelsea RIDEOUT at Hard off the Block Invitational	2/21/2025	CBSB
2:35.62 **	Chelsea RIDEOUT at 2025 Provincial Championships	5/30/2025	CBSB

#### Female 10 & Under 400 Free

5:37.04	Chelsea RIDEOUT at Penguin Plunge	1/31/2025	CBSB
5:36.34 **	Chelsea RIDEOUT at 2025 Provincial Championships	5/30/2025	CBSB

#### Female 10 & Under 50 Back

38.22	Chelsea RIDEOUT at Bluefins Flip, Turn & Burn Invitational	5/9/2025	CBSB
37.89 **	Chelsea RIDEOUT at 2025 Provincial Championships	5/30/2025	CBSB

#### Female 15-17 400 Free

4:48.20	Elly STAFFORD at MPM Sink or Swim - November 2024	11/15/2024	CBSB
4:42.40 **	Elly STAFFORD at 2025 Provincial Championships	5/30/2025	CBSB

#### Female 15-17 200 Fly

2:33.93	Andrea Lee	11/13/1993	CBS
2:30.96 **	Elly STAFFORD at 2025 Provincial Championships	5/30/2025	CBSB

#### Female Open 400 Free

4:48.20	Elly STAFFORD at MPM Sink or Swim - November 2024	11/15/2024	CBSB
4:43.97 **	Elly STAFFORD at 2025 Provincial Championships	5/30/2025	CBSB

#### Male 13-14 200 Free

2:05.78	Cooper FRADSHAM at Bluefins Flip, Turn & Burn Invitational	5/9/2025	CBSB
2:05.77 **	Cooper FRADSHAM at 2025 Provincial Championships	5/30/2025	CBSB

#### Male 13-14 400 Free

4:31.84	Alec RALPH at Body Quest Heats & Finals Invitational	11/28/2014	CBSB
4:26.31 **	Cooper FRADSHAM at 2025 Provincial Championships	5/30/2025	CBSB

#### Male 13-14 800 Free

9:42.76	Alec RALPH at Hickman Automotive Group Fall Classic 2014	11/7/2014	CBSB
9:14.53 **	Cooper FRADSHAM at 2025 Provincial Championships	5/30/2025	CBSB

**Swimming Newfoundland and Labrador  
CBS Bluefins Swim Club**

---

**Individual Records Report for CBS-S**

**2025 Provincial Championships 30-May-25 to 01-Jun-25 SC Meters**

**CBS Bluefins [CBSB] Coach: Jason Warford**

---

**Male 13-14 50 Fly**

<b>28.84</b>	<b>Cooper FRADSHAM at Bluefins Flip, Turn &amp; Burn Invitational</b>	<b>5/9/2025</b>	<b>CBSB</b>
28.78 **	Cooper FRADSHAM at 2025 Provincial Championships	5/30/2025	CBSB

**Male 15-17 800 Free**

<b>9:17.21</b>	<b>Dustin Budden-Hann</b>	<b>11/7/2014</b>	<b>CBSB</b>
9:15.56 **	Seamus KAVANAGH PENNEY at 2025 Provincial Championships	5/30/2025	CBSB