Swimming Newfoundland and Labrador CBS Bluefins Swim Club

Individual Records Report for CBS-S

MPM Sink or Swim - November 2024 15-Nov-24 to 17-Nov-24 SC Meters CBS Bluefins [CBSB] Coach: Jason Warford

Female Open 400 F	emale Open 400 Free			
4:51.56	Andrea Lee	11/13/1993	CBS	
4:48.20 **	Elly STAFFORD at MPM Sink or S	11/15/2024	CBSB	
	wim - November 2024			

^{**}Indicates Best Record for Each Event