

Canadian Dolphin Swim Club Records

Girls Relays

Event		10 & U		11 – 12		13 – 14		15 – 17	
200 Free	SC	R Zhai, C Bonn, Z Zhou, E Hursh (Hollyburn June Time Trial)	2:11.41 2024	L Liu, D Lambke, A Chow, L Day (BC Winter Provincials)	1:57.23 2022	A Tang, L Day, L Liu, E Liu (Time Trials)	1:47.47 2023	L Liu, L Day, J Plata, A Skinder (Mies Schootman Invite)	1:47.40 2025
	LC	R Zhai, E Hursh, C Bonn, Z Zhou (Time Trials)	2:25.17 2024	A Chow, D Lambke, H Ahmed, L Liu (BC Summer Provincials)	1:59.76 2022	L Day, L Liu, D Lambke, E Liu (BC Summer Prov. Champs)	1:50.11 2023	L Day, O Zhou, L Cheung, L Liu (BC Summer Prov. Champs)	1:47.66 2025
400 Free	SC	C Bonn, E Lu, Z Zhou, C Lee (Time Trials)	5:29.59 2023	L Liu, D Lambke, L Day, M Porter (Time Trials)	4:28.03 2021	A Tang, L Liu, L Day, E Liu (Time Trials)	3:55.47 2023	O Zhou, L Day, A Skinder, L Liu (VPSC Winter Invite)	3:51.99 2024
	LC	R Zhai, C Bonn, Z Zhou, E Hursh (Hyack May LC Invite)	5:09.90 2024	J Strojnowska, S Forest, R Jenkins, N Day (Hyack Festival Youth Cup)	4:31.56 2019	E. Liu, L. Liu, J Plata, L Day (Canadian Swimming Champs)	4:00.32 2023	J Strojnowska, M Sald.-Rieb., N Day, E Liu (Candian Jr & Sr Champs)	3:55.61 2022
800 Free	SC					V Wu, A Dawson, E Black, E Turner (SBC AAA SC Champs)	9:41.25 2013	L Liu, O Zhou, A Chow, L Day (VPSC Winter Invite)	8:28.02 2024
	LC			R Zhai, Z Zhou, E Hursh, C Bonn (BC Summer Prov. Champs)	10:06.45 2025	H Black, L Gu, L Babich, J Lavoie (BC AAA LC Champs)	9:17.91 2015	M Sald.-Rieb., E Liu, R Jenkins, J Strojnowska (Candian Jr & Sr Champs)	8:38.80 2022
200 Medley	SC	Z Zhou, R Zhai, C Bonn, E Hursh (Hollyburn June Time Trial)	2:29.85 2024	N Day, R Jenkins, S Forest, J Strojnowska (Summer Age Group Champs)	2:10.64 2019	O Zhou, A Chow, C Yuan, I Stack-Hunter (Mies Schootman Invite)	2:02.16 2025	P Shatunova, E Nagy, A Chung, D Howell (BC Age Group Champs)	1:57.94 2013
	LC	Z Zhou, R Zhai, C Bonn, E Hursh (Time Trials)	2:45.02 2024	E Lu, E Hursh, E Mecia, C Bonn (BC Summer Prov. Champs)	2:11.91 2025	E Liu, J Plata, L Liu, L Day (BC Summer Prov. Champs)	2:03.00 2023	O Zhou, J Plata, L Liu, L Day (BC Winter Prov. Champs)	1:58.83 2025
400 Medley	SC	C Bonn, R Zhai, S Kim, Z Zhou (Time Trials)	6:23.72 2023	A Tjoa, A Nagy, I Theodore, A Bus (BC Summer Provincials)	5:03.09 2012	J Lavoie, H Zhou, H Black, C Luis (BC AAA SC Champs)	4:26.69 2016	O Zhou, L Cheung, L Liu, L Day (VPSC Winter Invite)	4:21.13 2024
	LC	Z Zhou, R Zhai, C Bonn, E Hursh (Time Trials)	6:24.35 2024	H Ahmed, A Chow, L Liu, D Lambke (BC Summer Prov. Champs)	5:00.98 2022	L Liu, L Cheung, E Liu, L Day (BC Summer Prov. Champs)	4:31.46 2023	C Bell, N Day, M Sald.-Rieb., E Liu (BC Summer Prov. Champs)	4:27.77 2022

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Name = New Record



= Provincial Record



= National Record

