

Canadian Dolphin Swim Club Records
Girls SC

Event	10 & U	11 – 12	13 – 14	15 – 17	OPEN
50 Free	Mutsuki Porter 30.99 2019 <i>(Richmond Fast Swim)</i>	Audrey Chow 28.13 2023 <i>(LOSC SC Invite)</i>	Lauren Day 26.67 2023 <i>(Fast Swim Classic)</i>	Emma Liu 26.16 2023 <i>(Fast Swim Classic)</i>	Emma Liu 26.16 2023 <i>(Fast Swim Classic)</i>
100 Free	Audrey Chow 1:06.61 2021 <i>(SKSC November Sprint Meet)</i>	Audrey Chow 1:00.43 2023 <i>(Fast Swim Classic)</i>	Emma Liu 57.12 2023 <i>(PSW Fall Invite)</i>	Glencora Maughan 56.77 1995	Glencora Maughan 56.77 1995
200 Free	Audrey Chow 2:20.75 2021 <i>(Richmond Fast Swim)</i>	Audrey Chow 2:09.70 2023 <i>(PSW Fall Invite)</i>	Julia Strojnowska 2:02.80 2021 <i>(Time Trials)</i>	Julia Strojnowska 2:01.50 2022 <i>(BC Winter Prov. Champs)</i>	Julia Strojnowska 2:01.50 2022 <i>(BC Winter Prov. Champs)</i>
400 Free	Audrey Chow 4:55.93 2021 <i>(Richmond Fast Swim)</i>	Natalie Chan 4:30.03 2001 <i>(Island Pacific Cup)</i>	Elissa Purvis 4:14.43 1986	Michelle Sallee 4:13.24 1989	Michelle Sallee 4:13.24 1989
800 Free	Caitlin Quon 10:18.31 2005 <i>(AAA Championships)</i>	Natalie Chan 9:09.26 2002 <i>(Youth & Junior Nationals)</i>	Elissa Purvis 8:40.43 1986	Michelle Sallee 8:36.77 1990	Michelle Sallee 8:36.77 1990
1500 Free	Alexia Morgans 21:06.75 2019 <i>(Spartan Distance Meet)</i>	Audrey Chow 17:42.17 2023 <i>(DELTA Distance LMR)</i>	Melissa Knox 16:34.53 1993	Darcy Goodridge 16:56.57 2002 <i>(Canadian Open)</i>	Melissa Knox 16:34.53 1993
50 Back	Gabriela Ang 35.49 2019 <i>(Richmond Fast Swim)</i>	Nathalie Day 32.57 2019 <i>(Winter Age Group Champs)</i>	Polina Shatunova 30.19 2011 <i>(Richmond Fast Swim)</i>	Angel Tang 29.18 2023 <i>(LOSC SC Invite)</i>	Angel Tang 29.18 2023 <i>(LOSC SC Invite)</i>
100 Back	Gabriela Ang 1:17.71 2019 <i>(Hollyburn Swim Meet)</i>	Martina da Silva 1:08.29 2006 <i>(BC AAA Provincial Champs)</i>	Emma Liu 1:03.45 2023 <i>(PSW Fall Invite)</i>	Nathalie Day 1:03.16 2024 <i>(Mies Schootman Invite)</i>	Nathalie Day 1:03.16 2024 <i>(Mies Schootman Invite)</i>
200 Back	Gabriela Ang 2:43.55 2019 <i>(Richmond Fast Swim)</i>	Jennifer Self 2:26.15 2002 <i>(BC Championships)</i>	Emanuelle Schick 2:19.21 1992	Nathalie Day 2:17.40 2021 <i>(VPSC Winter Invite)</i>	Nathalie Day 2:17.40 2021 <i>(VPSC Winter Invite)</i>
50 Breast	Eva Nagy 38.36 2008 <i>(CDSC New Years Invit.)</i>	Eva Nagy 34.83 2010 <i>(Swim BC AAA SC Champs)</i>	Eva Nagy 34.18 2011 <i>(CDSC New Years Invit.)</i>	Eva Nagy 32.63 2013 <i>(Western Canadian Champs)</i>	Eva Nagy 32.63 2013 <i>(Western Canadian Champs)</i>
100 Breast	Eva Nagy 1:20.68 2008 <i>(BC Provincial AAA Champs)</i>	Eva Nagy 1:12.71 2010 <i>(Swim BC AAA SC Champs)</i>	Eva Nagy 1:11.47 2011 <i>(BC SC AAA Championships)</i>	Eva Nagy 1:09.66 2013 <i>(BC Age Group Champs)</i>	Eva Nagy 1:09.66 2013 <i>(BC Age Group Champs)</i>
200 Breast	Eva Nagy 2:54.07 2008 <i>(BC Provincial AAA Champs)</i>	Eva Nagy 2:35.63 2010 <i>(Swim BC AAA SC Champs)</i>	Eva Nagy 2:33.20 2011 <i>(BC SC AAA Championships)</i>	Eva Nagy 2:30.36 2013 <i>(BC Age Group Champs)</i>	Eva Nagy 2:30.36 2013 <i>(BC Age Group Champs)</i>
50 Fly	Mutsuki Porter 34.04 2019 <i>(Richmond Fast Swim)</i>	Audrey Chow 30.67 2023 <i>(Time Trials)</i>	Julia Strojnowska 28.93 2021 <i>(Time Trials)</i>	Angel Yao 28.07 2023 <i>(Fast Swim Classic)</i>	Angel Yao 28.07 2023 <i>(Fast Swim Classic)</i>
100 Fly	Gabriela Ang 1:17.19 2019 <i>(Richmond Fast Swim)</i>	Lea Mahood 1:07.09 1983	Julia Strojnowska 1:03.10 2021 <i>(Time Trials)</i>	Angel Yao 1:01.22 2023 <i>(Fast Swim Classic)</i>	Angel Yao 1:01.22 2023 <i>(Fast Swim Classic)</i>
200 Fly	Alexia Morgans 2:50.42 2019 <i>(Summer Age Group Champs)</i>	Lea Mahood 2:23.85 1983	Kevyn Stafford 2:16.10 1980	Kevyn Stafford 2:13.58 1982	Kevyn Stafford 2:13.58 1982
100 I.M.	Alexia Morgans 1:25.72 2019 <i>(CDSC New Years Invit.)</i>	Audrey Chow 1:09.32 2022 <i>(Fast Swim)</i>	Emma Liu 1:05.56 2022 <i>(Fast Swim)</i>	Nathalie Day 1:04.28 2022 <i>(Fast Swim)</i>	Nathalie Day 1:04.28 2022 <i>(Fast Swim)</i>
200 I.M.	Audrey Chow 2:36.64 2021 <i>(Richmond Fast Swim)</i>	Emma Liu 2:27.30 2021 <i>(Hollyburn Summer Meet)</i>	Emma Liu 2:19.15 2023 <i>(Mies Schootman Invitational)</i>	Joann Baker 2:17.46 1979	Joann Baker 2:17.46 1979
400 I.M.	Audrey Chow 5:38.57 2021 <i>(Richmond Fast Swim)</i>	Natalie Chan 5:10.16 2002 <i>(Paul Bergen Meet)</i>	Emma Liu 4:52.94 2023 <i>(Mies Schootman Invitational)</i>	Joann Baker 4:48.75 1979	Joann Baker 4:48.75 1979

Published January 24th, 2024

Name = New Record



= Provincial Record



= National Record

= Olympian

