

Canadian Dolphin Swim Club Records
Girls SC

Event	10 & U	11 – 12	13 – 14	15 – 17	OPEN
50 Free	Mutsuki Porter 30.99 2019 (Richmond Fast Swim)	Audrey Chow 28.13 2023 (LOSC SC Invite)	Olivia Zhou 25.45 2024 (VPSC Winter Invite)	Olivia Zhou 25.45 2025 (VPSC Winter Invite)	Olivia Zhou 25.45 2025 (VPSC Winter Invite)
100 Free	Audrey Chow 1:06.61 2021 (SKSC November Sprint Meet)	Audrey Chow 1:00.43 2023 (Fast Swim Classic)	Olivia Zhou 56.92 2024 (Fast Swim Classic)	Olivia Zhou 55.63 2025 (VPSC Winter Invite)	Olivia Zhou 55.63 2025 (VPSC Winter Invite)
200 Free	Audrey Chow 2:20.75 2021 (Richmond Fast Swim)	Audrey Chow 2:09.70 2023 (PSW Fall Invite)	Julia Strojnowska 2:02.80 2021 (Time Trials)	Julia Strojnowska 2:01.50 2022 (BC Winter Prov. Champs)	Julia Strojnowska 2:01.50 2022 (BC Winter Prov. Champs)
400 Free	Audrey Chow 4:55.93 2021 (Richmond Fast Swim)	Natalie Chan 4:30.03 2001 (Island Pacific Cup)	Elissa Purvis 4:14.43 1986	Michelle Sallee 4:13.24 1989	Michelle Sallee 4:13.24 1989
800 Free	Caitlin Quon 10:18.31 2005 (AAA Championships)	Natalie Chan 9:09.26 2002 (Youth & Junior Nationals)	Elissa Purvis 8:40.43 1986	Michelle Sallee 8:36.77 1990	Michelle Sallee 8:36.77 1990
1500 Free	Alexia Morgans 21:06.75 2019 (Spartan Distance Meet)	Audrey Chow 17:42.17 2023 (Delta Distance LMR)	Melissa Knox 16:34.53 1993	Darcy Goodridge 16:56.57 2002 (Canadian Open)	Melissa Knox 16:34.53 1993
50 Back	Gabriela Ang 35.49 2019 (Richmond Fast Swim)	Nathalie Day 32.57 2019 (Winter Age Group Champs)	Olivia Zhou 29.11 2024 (VPSC Winter Invite)	Olivia Zhou 28.03 2025 (University Cup Pacific)	Olivia Zhou 28.03 2025 (University Cup Pacific)
100 Back	Gabriela Ang 1:17.71 2019 (Hollyburn Swim Meet)	Martina da Silva 1:08.29 2006 (BC AAA Provincial Champs)	Olivia Zhou 1:03.33 2024 (VPSC Winter Invite)	Olivia Zhou 1:01.40 2025 (VPSC Winter Invite)	Olivia Zhou 1:01.40 2025 (VPSC Winter Invite)
200 Back	Gabriela Ang 2:43.55 2019 (Richmond Fast Swim)	Jennifer Self 2:26.15 2002 (BC Championships)	Emanuelle Schick 2:19.21 1992	Michelle Zeng 2:15.27 2025 (VPSC Winter Invite)	Michelle Zeng 2:15.27 2025 (VPSC Winter Invite)
50 Breast	Everly Hursh 37.67 2025 (BC Winter Divisionals)	Eva Nagy 34.83 2010 (Swim BC AAA SC Champs)	Jobia Plata 33.91 2024 (SKSC Fall Fest)	Olivia Zhou 32.25 2026 (Mies Schootman Invite)	Olivia Zhou 32.25 2026 (Mies Schootman Invite)
100 Breast	Eva Nagy 1:20.68 2008 (BC Provincial AAA Champs)	Eva Nagy 1:12.71 2010 (Swim BC AAA SC Champs)	Eva Nagy 1:11.47 2011 (BC SC AAA Championships)	Eva Nagy 1:09.66 2013 (BC Age Group Champs)	Eva Nagy 1:09.66 2013 (BC Age Group Champs)
200 Breast	Eva Nagy 2:54.07 2008 (BC Provincial AAA Champs)	Eva Nagy 2:35.63 2010 (Swim BC AAA SC Champs)	Eva Nagy 2:33.20 2011 (BC SC AAA Championships)	Michelle Zeng 2:29.94 2025 (VPSC Winter Invite)	Michelle Zeng 2:29.94 2025 (VPSC Winter Invite)
50 Fly	Everly Hursh 32.87 2025 (BC Winter Divisionals)	Audrey Chow 30.67 2023 (Time Trials)	Olivia Zhou 27.71 2024 (Fast Swim Classic)	Olivia Zhou 26.73 2025 (VPSC Winter Invite)	Olivia Zhou 26.73 2025 (VPSC Winter Invite)
100 Fly	Gabriela Ang 1:17.19 2019 (Richmond Fast Swim)	Lea Mahood 1:07.09 1983	Julia Strojnowska 1:03.10 2021 (Time Trials)	Angel Yao 1:01.22 2023 (Fast Swim Classic)	Angel Yao 1:01.22 2023 (Fast Swim Classic)
200 Fly	Alexia Morgans 2:50.42 2019 (Summer Age Group Champs)	Lea Mahood 2:23.85 1983	Kevyn Stafford 2:16.10 1980	Kevyn Stafford 2:13.58 1982	Kevyn Stafford 2:13.58 1982
100 I.M.	Everly Hursh 1:21.27 2024 (Fast Swim Classic)	Audrey Chow 1:09.32 2022 (Fast Swim)	Audrey Chow 1:05.30 2025 (Fast Swim)	Olivia Zhou 1:03.01 2025 (Fast Swim)	Olivia Zhou 1:03.01 2025 (Fast Swim)
200 I.M.	Audrey Chow 2:36.64 2021 (Richmond Fast Swim)	Emma Liu 2:27.30 2021 (Hollyburn Summer Meet)	Emma Liu 2:19.15 2023 (Mies Schootman Invite)	Michelle Zeng 2:15.22 2025 (VPSC Winter Invite)	Michelle Zeng 2:15.22 2025 (VPSC Winter Invite)
400 I.M.	Audrey Chow 5:38.57 2021 (Richmond Fast Swim)	Natalie Chan 5:10.16 2002 (Paul Bergen Meet)	Emma Liu 4:52.94 2023 (Mies Schootman Invite)	Michelle Zeng 4:45.94 2025 (VPSC Winter Invite)	Michelle Zeng 4:45.94 2025 (VPSC Winter Invite)

Published Jan 19th, 2026

Name = New Record



= Provincial Record



= National Record

= Olympian

