

## CANADIAN DOLPHIN SWIM CLUB

### SENIOR PROVINCIAL GROUP

2025-2026

#### SCHEDULE:

|           | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|-----------|---|--|---|---|---|---|
| <b>AM</b> | 5:15 – 5:30<br>am: activation<br>5:30 - 7:30<br>am: water |  |   |   | 5:15 – 5:30<br>am: activation<br>5:30 – 7:30<br>am: water | 5:45 – 6:00<br>am: activation<br>6:00 – 8:00<br>am: water<br>8:15 – 9:00<br>am: dryland |
| <b>PM</b> | 5:00 – 5:45<br>pm: yoga<br>6:00 – 7:15<br>pm: water       | 3:45 – 4:00<br>pm: activation<br>4:00 - 5:00 pm: water<br>5:15 – 6:00<br>pm: dryland | 3:45 – 4:00<br>pm: activation<br>4:00 – 6:00<br>pm: water<br>6:00 – 6:30<br>pm: dryland | 3:45 – 4:00<br>pm: activation<br>4:00 - 5:00<br>pm: water<br>5:15 – 6:00<br>pm: dryland |   |   |

**LOCATION:** Vancouver Aquatic Centre (1050 Beach Ave)

**START DATE:** Monday, September 08

**SEASON:** September through July

#### FEES:

Membership Fee/Family: \$125

Monthly Fees:

First swimmer in family: September-June (10 instalments) \$ 378 /month.

Second swimmer in family: September-June (10 instalments) \$ 340 /month.

Swim BC Fees: \$164.50

Swim BC registration fees are annual from September through August.

Please read our website for information about your Parent Participation Point requirements (click [here](#)), and for fee payment and notice of withdrawal rules (click [here](#)).