

CANADIAN DOLPHIN SWIM CLUB

STROKE IMPROVEMENT AND CONDITIONING GROUP

2025-2026

SCHEDULE:

GROUP	DATES	MONDAY	WEDNESDAY	THURSDAY	SUNDAY
SIC 1	September 8 – November 16, and December 15 – June 26	4:55 pm – 6:00 pm BRT		5:55 pm – 7:00 pm VAC	6:45 am – 8:00 am VAC
	November 17 – December 14			5:55 pm – 7:00 pm VAC	7:45 am – 9:00 am VAC
SIC 2	September 8 – November 16, and December 15 – June 26		4:55 pm – 6:00 pm BRT	5:55 pm – 7:00 pm VAC	6:45 am – 8:00 am VAC
	November 17 – December 14			5:55 pm – 7:00 pm VAC	7:45 am – 9:00 am VAC

LOCATIONS:

VAC: Vancouver Aquatic Centre (1050 Beach Ave)

(Click [here](#) for maps)

BRT: Britannia Pool (1661 Napier Street)

START DATE:

SIC 1: Monday, September 08

SIC 2: Wednesday, September 10

FEES:

Membership Fee/Family: \$125

Monthly Fees: September, October, and January - June: \$ 190 /month

November: \$ 126

December: \$ 126

Swim BC Fee: \$52 (pre-competitive status, will be required to pay to upgrade to competitive status prior to advancing to a competitive group).

Please read our website for information about your Parent Participation Point requirements (click [here](#)), and for fee payment and notice of withdrawal rules (click [here](#)).