

All-Time Top-10			Updated:	15-Aug-13
Open				
Girls				
50m Freestyle	<i>Club Record:</i>	<i>:26.00</i>	<i>Seanna Mitchell</i>	
1	Seanna Mitchell	:26.00	2007	
2	Colleen Nesbit	:26.24	2010	
3	Sarah Sumner	:26.41	2009	
4	Jodi Quinney	:26.76	1994	
5	Kirsten Pormealeu	:26.84	2005	
6	Brooklynn Snodgrass	:26.86	2011	
7	G. Sponheimer	:26.98	1979	
8	Kevyn Peterson	:27.13	2013	
9	Laura Grant	:27.22	2007	
10	Erin Murphy	:27.31	1993	
100m Freestyle	<i>Club Record:</i>	<i>0:56.31</i>	<i>Sarah Sumner</i>	
1	Seanna Mitchell	:56.31	2007	
2	Sarah Sumner	:57.11	2010	
3	Kevyn Peterson	:57.51	2011	
4	Barb Clark	:57.70	1976	
5	Laura Grant	:57.92	2008	
6	Colleen Nesbitt	:57.95	2010	
7	Brooklynn Snodgrass	:58.11	2011	
8	Jessica Johnsn	:58.33	2011	
9	Kirsten Pormealeu	:58.60	2005	
10	Jillian Tyler	:58.74	2004	
200m Freestyle	<i>Club Record:</i>	<i>2:03.58</i>	<i>Sarah Sumner</i>	
1	Sarah Sumner	2:03.58	2010	
2	Emma Sproule	2:04.00	2011	
3	Brooklynn Snodgrass	2:05.98	2012	
4	Alana Wood	2:06.07	2011	
5	Taryn Pratt	2:06.18	2013	
6	Seanna Mitchell	2:06.23	2008	
7	Tyra Rooney	2:06.59	2011	
8	Seanna Mitchell	2:07.54	2006	
8	Jessica Johnson	2:07.54	2012	
9	Hayley Doody	2:07.64	2001	
400m Freestyle	<i>Club Record:</i>	<i>4:11.51</i>	<i>Emma Sproule 2012 Western Canadian Championships</i>	
1	Emma Sproule	4:11.51	2012	
2	Sarah Sumner	4:11.97	2010	
3	Susan Barnes	4:16.75	1993	
4	Madison Mackley	4:16.78	2010	
5	Alana Wood	4:17.75	2010	
6	Taryn Pratt	4:18.94	2012	
7	Jessica Warrack	4:19.06	2011	
8	Hayley Doody	4:21.54	2001	
9	Celeina Chowanetz	4:22.10	2010	
800m Freestyle	<i>Club Record:</i>	<i>8:53.61</i>	<i>Tyra Rooney</i>	
1	Tyra Rooney	8:53.61	2009	
2	Susan Barnes	8:54.39	1996	
3	Emma Sproule	9:03.68	2011	
4	Jessica Johnson	9:09.58	2011	
5	Jessica Warrack	9:10.47	2011	
6	Stacy Cormack	9:11.81	2003	
7	Taryn Pratt	9:15.54	2012	
8	Hayley Doody	9:17.62	2001	
9	Serena Copenace	9:17.65	1985	
10	Hayley Doody	9:17.78	2000	

<i>1500m Freestyle</i>	<i>Club Record:</i>	<i>17:01.74</i>	<i>Tyra Rooney</i>	
1	Tyra Rooney	17:01.74	2009	
2	Jessica Warrack	17:26.82	2011	
3	Stacy Comack	17:35.82	2003	
4	Emma Sproule	17:38.12	2010	
5	Alana Wood	17:45.51	2010	
6	Taryn Pratt	17:50.96	2012	
7	Celeina Chowanetz	18:01.01	2013	
8	Ellen Pennock	18:07.54	2009	
9	Alana Wood	18:55.88	2008	
<i>100m Backstroke</i>	<i>Club Record:</i>	<i>1:00.98</i>	<i>Brooklynn Snodgrass</i>	
1	Brooklynn Snodgrass	1:00.98	2013	
2	Ingrid Wilm Sirum	1:03.66	2013	
3	Kevyn Peterson	1:04.08	2013	
4	Kirsten Pomerleau	1:05.13	2005	
5	Seanna Mitchell	1:05.70	2007	
6	Shelbi Snodgrass	1:06.10	2009	
7	Emma Sproule	1:06.27	2012	
8	Michaela Schmidt	1:06.79	2000	
9	Madison Mackley	1:07.29	2009	
10	Barb Clark	1:07.85	1976	
<i>200m Backstroke</i>	<i>Club Record:</i>	<i>2:12.05</i>	<i>Brooklynn Snodgrass</i>	
1	Brooklynn Snodgrass	2:12.05	2013	
2	Kevyn Peterson	2:16.16	2010	
3	Seanna Mitchell	2:16.29	2012	
4	Ingrid Wilm Sirum	2:17.58	2013	
5	Emma Sproule	2:17.61	2013	
6	Sasha Sproule	2:21.66	2012	
7	Jessica Johnson	2:22.31	2009	
8	Madison Mackley	2:23.42	2010	
9	Michaela Schmidt	2:24.07	2000	
<i>100m Breaststroke</i>	<i>Club Record:</i>	<i>1:07.18</i>	<i>Jillian Tyler</i>	
1	Jillian Tyler	1:07.18	2012	
2	Kelsey Crocker	1:14.17	2012	
3	Emily Wagner	1:14.62	2013	
4	Meagan Sinclair	1:15.59	2001	
5	Stephanie Beninger	1:15.67	2006	
6	Brooklynn Snodgrass	1:16.20	2012	
7	Jessica Johnson	1:16.58	2007	
8	Sandy Finn	1:16.75	1998	
9	Rosalyn Richardson	1:16.97	2009	
<i>200m Breaststroke</i>	<i>Club Record:</i>	<i>2:27.57</i>	<i>Jillian Tyler</i>	
1	Jillian Tyler	2:27.57	2012	
2	Emily Wagner	2:36.52	2013	
3	Meagan Sinclair	2:39.60	2001	
4	Kelsey Crocker	2:39.98	2012	
5	Kelly Doody	2:42.69	1997	
6	Rosalyn Richardson	2:43.56	2009	
7	Sarah Sumner	2:43.91	2009	
8	Jessica Johnson	2:44.28	2012	
9	Stephanie Beninger	2:45.28	2006	
10	Katherine Cochrane	2:45.39	2000	
<i>100m Butterfly</i>	<i>Club Record:</i>	<i>1:01.52</i>	<i>Jessica Johnson</i>	
1	Jessica Johnson	1:01.52	2012	
2	Michaela Schmidt	1:02.00	2000	
3	Seanna Mitchell	1:02.75	2006	
4	Sarah Sumner	1:03.56	2010	
5	Hayley Doody	1:03.61	2001	

6	Jillian Tyler	1:03.62	2005	
7	Taryn Pratt	1:03.64	2013	
8	Brooklynn Snodgrass	1:03.69	2012	
9	Sarah Standbury	1:03.81	1997	
10	Colleen Nesbitt	1:03.94	2010	
<i>200m Butterfly</i>	<i>Club Record:</i>	<i>2:15.06</i>	<i>Jessica Johnson</i>	
1	Jessica Johnson	2:15.06	2012	
2	Michaela Schmidt	2:15.77	2000	
3	Lori Eshom	2:20.78	1993	
4	Jillian Tyler	2:22.22	2005	
5	Susan Barnes	2:22.56	2000	
6	Alana Wood	2:22.90	2011	
7	Jennifer Yanko	2:23.30	1990	
8	Jessica Johnson	2:23.35	2007	
9	Sarah Standbury	2:23.77	1997	
10	Jillian Tyler	2:24.28	2004	
<i>200m IM</i>	<i>Club Record:</i>	<i>2:17.10</i>	<i>Michaela Schmidt</i>	
1	Michaela Schmidt	2:17.10	2000	
2	Jessica Johnson	2:17.40	2011	
3	Seanna Mitchell	2:18.79	2007	
4	Kevyn Peterson	2:20.63	2012	
5	Jillian Tyler	2:20.92	2004	
6	Brooklynn Snodgrass	2:21.76	2012	
7	Kelly Doody	2:23.68	1997	
8	Shelbi Snodgrass	2:24.28	2007	
9	Taryn Pratt	2:27.37	2013	
10	Ingrid Wilm	2:31.42	2013	
<i>400m IM</i>	<i>Club Record:</i>	<i>4:57.32</i>	<i>Brooklynn Snodgrass</i>	
1	Brooklynn Snodgrass	4:57.32	2011	
2	Kelly Doody	5:01.14	1996	
3	Jessica Johnson	5:01.70	2007	
4	Sandy Finn	5:01.76	1998	
5	Serena Copenace	5:05.68	1984	
6	Shelbi Snodgrass	5:09.02	2007	
7	Michaela Schmidt	5:09.96	2000	
8	Taryn Pratt	5:10.18	2013	
9	Sarah Standbury	5:10.28	1996	
10	Hailee Traa	5:10.45	2003	
<i>4x50 Free Relay</i>	<i>Club Record</i>	<i>1:49.31</i>	<i>Peterson/Pratt/Sproule/Wilm</i>	
	Peterson/Pratt/Sproule	1:49.31	2013	
	Schmidt/Tyler/Johnson	1:51.28	2005	
	Alberta Provincials	1:51.28	1997	
	Alberta Provincials	1:51.53	2001	
	Alberta Provincials	1:53.42	1994	
<i>4x100 Free Rela</i>	<i>Club Record:</i>	<i>3:53.89</i>	<i>Beninger/Starratt/Johnson/Mitchell</i>	
	Beninger/Starratt/John	3:53.89	2007	
	Beninger/Grant/Johns	3:55.84	2007	
	Beninger/Johnson/Sta	3:56.90	2006	
	SprouleE/Nesbitt/Pratt	3:59.07	2013	
	Schmidt/Johnson/Mitc	3:59.75	2013	
<i>4x200 Free Rela</i>	<i>Club Record:</i>	<i>8:40.09</i>	<i>Beninger/Mitchell/Grant/Johnson</i>	
	Beninger/Mitchell/Gra	8:40.09	2007	
	Johnson/Staratt/Benin	8:40.27	2007	
	Pratt/Wagner/Sproule,	8:46.33	2013	
	Beninger/Starratt/Mitc	8:52.73	2006	
	Johnson/SnodgrassR/B	9:05.90	2007	

<i>4x50 Medley Relay</i>	<i>Club Record:</i>	<i>2:02.69</i>	<i>/agner, Pratt, Peterson</i>	
	Wilm, Wagner, Pratt, Peter	2:02.69	2013	
	Miller/Tyler/Schmidt/S	2:03.23	2005	
	StarrattC/Tyler/Jack/S	2:04.15	2004	
	Canada Jr Nationals	2:05.81	1998	
	Alberta Provincials	2:06.60	1997	
<i>4x100 Medley Relay</i>	<i>Club Record:</i>	<i>4:13.51</i>	<i>SnodgrassB/Pasloski/Nesbitt/Sproule</i>	
	SnodgrassB/Pasloski/N	4:13.51	2013	
	Mitchell/Beninger/Johr	4:27.48	2006	
	Schmidt/Johnson/Sno	4:28.81	2007	
	Starratt/Beninger/Joh	4:31.46	2006	
	Wardale/Tyler/Schmid	4:32.92	2005	