

Cascade Speed Meet Provincial Series 2023 - 2023-11-04 to 2023-11-05**Session Report**

Session: 1 Saturday AM Prelim Session - North Pool

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Prelims | 108 Boys 15 & Under 100 Freestyle | 59 | 8 u | 08:30 AM | _____ |
| Prelims | 110 Boys 16 & Over 100 Freestyle | 36 | 5 u | 08:46 AM | _____ |
| Prelims | 114 Boys 15 & Under 200 Butterfly | 7 | 1 u | 08:54 AM | _____ |
| Prelims | 116 Boys 16 & Over 200 Butterfly | 7 | 1 u | 08:58 AM | _____ |
| Prelims | 124 Boys 15 & Under 100 Backstroke | 41 | 6 u | 09:01 AM | _____ |
| Prelims | 126 Boys 16 & Over 100 Backstroke | 23 | 3 u | 09:15 AM | _____ |
| Finals-S | 134 Boys 400 IM | 10 | 2 u | 09:21 AM | _____ |
| Prelims | 144 Boys 15 & Under 100 Breaststroke | 33 | 5 u | 09:34 AM | _____ |
| Prelims | 146 Boys 16 & Over 100 Breaststroke | 12 | 2 u | 09:45 AM | _____ |
| Prelims | 154 Boys 15 & Under 50 Butterfly | 28 | 4 u | 09:49 AM | _____ |
| Prelims | 156 Boys 16 & Over 50 Butterfly | 30 | 4 u | 09:54 AM | _____ |
| Prelims | 172 Boys 15 & Under 100 IM | 31 | 4 u | 09:59 AM | _____ |
| Prelims | 174 Boys 16 & Over 100 IM | 11 | 2 u | 10:08 AM | _____ |
| Prelims | 182 Boys 15 & Under 200 Freestyle | 22 | 3 u | 10:12 AM | _____ |
| Prelims | 184 Boys 16 & Over 200 Freestyle | 21 | 3 u | 10:21 AM | _____ |
| Finals-S | 102 Boys 800 Freestyle | 4 | 1 u | 10:30 AM | _____ |
| Finals-5 | 103 Girls 11 & Over 400 Freestyle | 40 | 5 u | 10:41 AM | _____ |
| | Swimmers Counts for Warm-ups: 202 | ==== | ==== | | |
| | Entry / Heat Totals: | 415 | 59 | | |
| | Finish Time | | | 11:10 AM | _____ |

Session: 1A Saturday AM Prelim Session - South Pool

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Prelims | 105 Girls 11-14 100 Butterfly | 20 | 3 u | 08:30 AM | _____ |
| Prelims | 107 Girls 15 & Over 100 Butterfly | 20 | 3 u | 08:37 AM | _____ |
| Prelims | 111 Girls 11-14 200 Backstroke | 31 | 4 u | 08:43 AM | _____ |
| Prelims | 113 Girls 15 & Over 200 Backstroke | 24 | 3 u | 08:58 AM | _____ |
| Prelims | 121 Girls 11-14 200 Breaststroke | 22 | 3 u | 09:09 AM | _____ |
| Prelims | 123 Girls 15 & Over 200 Breaststroke | 22 | 3 u | 09:21 AM | _____ |
| Prelims | 131 Girls 11-14 50 Freestyle | 64 | 8 u | 09:32 AM | _____ |
| Prelims | 133 Girls 15 & Over 50 Freestyle | 53 | 7 u | 09:42 AM | _____ |
| Prelims | 141 Girls 11-14 200 IM | 35 | 5 u | 09:51 AM | _____ |
| Prelims | 143 Girls 15 & Over 200 IM | 29 | 4 u | 10:09 AM | _____ |
| Prelims | 151 Girls 11-14 50 Breaststroke | 28 | 4 u | 10:23 AM | _____ |
| Prelims | 153 Girls 15 & Over 50 Breaststroke | 27 | 4 u | 10:29 AM | _____ |
| Prelims | 161 Girls 11-14 50 Backstroke | 42 | 6 u | 10:35 AM | _____ |
| Prelims | 163 Girls 15 & Over 50 Backstroke | 36 | 5 u | 10:45 AM | _____ |
| Finals-S | 103 Girls 11 & Over 400 Freestyle | 16 | 2 u | 10:54 AM | _____ |
| | Swimmers Counts for Warm-ups: 192 | ==== | ==== | | |
| | Entry / Heat Totals: | 469 | 64 | | |
| | Finish Time | | | 11:05 AM | _____ |

Cascade Speed Meet Provincial Series 2023 - 2023-11-04 to 2023-11-05

Session Report

Session: 3 Saturday PM Final Session

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 105 Girls 11-14 100 Butterfly | 16 | 2 u | 05:00 PM | _____ |
| Finals | 107 Girls 15 & Over 100 Butterfly | 8 | 1 u | 05:04 PM | _____ |
| Finals | 108 Boys 15 & Under 100 Freestyle | 24 | 3 u | 05:06 PM | _____ |
| Finals | 110 Boys 16 & Over 100 Freestyle | 24 | 3 u | 05:11 PM | _____ |
| Finals | 111 Girls 11-14 200 Backstroke | 16 | 2 u | 05:16 PM | _____ |
| Finals | 113 Girls 15 & Over 200 Backstroke | 16 | 2 u | 05:23 PM | _____ |
| Finals | 114 Boys 15 & Under 200 Butterfly | 7 | 2 u | 05:30 PM | _____ |
| Finals | 116 Boys 16 & Over 200 Butterfly | 7 | 1 u | 05:37 PM | _____ |
| Finals | 121 Girls 11-14 200 Breaststroke | 16 | 2 u | 05:40 PM | _____ |
| Finals | 123 Girls 15 & Over 200 Breaststroke | 8 | 1 u | 05:47 PM | _____ |
| Finals | 124 Boys 15 & Under 100 Backstroke | 16 | 2 u | 05:51 PM | _____ |
| Finals | 126 Boys 16 & Over 100 Backstroke | 8 | 1 u | 05:55 PM | _____ |
| Finals | 131 Girls 11-14 50 Freestyle | 32 | 4 u | 05:57 PM | _____ |
| Finals | 133 Girls 15 & Over 50 Freestyle | 24 | 3 u | 06:02 PM | _____ |
| Finals-1 | 134 Boys 400 IM | 8 | 1 u | 06:06 PM | _____ |
| Finals | 141 Girls 11-14 200 IM | 24 | 3 u | 06:12 PM | _____ |
| Finals | 143 Girls 15 & Over 200 IM | 16 | 2 u | 06:22 PM | _____ |
| Finals | 144 Boys 15 & Under 100 Breaststroke | 16 | 2 u | 06:29 PM | _____ |
| Finals | 146 Boys 16 & Over 100 Breaststroke | 8 | 1 u | 06:33 PM | _____ |
| Finals | 151 Girls 11-14 50 Breaststroke | 16 | 2 u | 06:34 PM | _____ |
| Finals | 153 Girls 15 & Over 50 Breaststroke | 16 | 2 u | 06:37 PM | _____ |
| Finals | 154 Boys 15 & Under 50 Butterfly | 16 | 2 u | 06:40 PM | _____ |
| Finals | 156 Boys 16 & Over 50 Butterfly | 16 | 2 u | 06:42 PM | _____ |
| Finals | 161 Girls 11-14 50 Backstroke | 24 | 3 u | 06:45 PM | _____ |
| Finals | 163 Girls 15 & Over 50 Backstroke | 24 | 3 u | 06:49 PM | _____ |
| Finals | 172 Boys 15 & Under 100 IM | 24 | 3 u | 06:54 PM | _____ |
| Finals | 174 Boys 16 & Over 100 IM | 8 | 1 u | 07:00 PM | _____ |
| Finals | 182 Boys 15 & Under 200 Freestyle | 16 | 2 u | 07:02 PM | _____ |
| Finals | 184 Boys 16 & Over 200 Freestyle | 8 | 1 u | 07:08 PM | _____ |
| Finals-1 | 102 Boys 800 Freestyle | 8 | 1 u | 07:10 PM | _____ |
| | Swimmers Counts for Warm-ups: 261 | ===== | ===== | | |
| | Entry / Heat Totals: | 470 | 60 | | |
| | Finish Time | | | 07:22 PM | _____ |

Cascade Speed Meet Provincial Series 2023 - 2023-11-04 to 2023-11-05**Session Report**

Session: 4 Sunday AM Prelim Session - South Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Prelims | 214 Boys 15 & Under 100 Butterfly | 22 | 3 u | 09:00 AM | _____ |
| Prelims | 216 Boys 16 & Over 100 Butterfly | 15 | 2 u | 09:06 AM | _____ |
| Prelims | 224 Boys 15 & Under 200 Backstroke | 21 | 3 u | 09:10 AM | _____ |
| Prelims | 226 Boys 16 & Over 200 Backstroke | 14 | 2 u | 09:21 AM | _____ |
| Prelims | 234 Boys 15 & Under 200 Breaststroke | 20 | 3 u | 09:28 AM | _____ |
| Prelims | 236 Boys 16 & Over 200 Breaststroke | 9 | 2 u | 09:39 AM | _____ |
| Prelims | 242 Boys 15 & Under 50 Freestyle | 52 | 7 u | 09:46 AM | _____ |
| Prelims | 244 Boys 16 & Over 50 Freestyle | 33 | 5 u | 09:55 AM | _____ |
| Prelims | 254 Boys 15 & Under 200 IM | 33 | 5 u | 10:01 AM | _____ |
| Prelims | 256 Boys 16 & Over 200 IM | 22 | 3 u | 10:18 AM | _____ |
| Prelims | 264 Boys 15 & Under 50 Breaststroke | 23 | 3 u | 10:28 AM | _____ |
| Prelims | 266 Boys 16 & Over 50 Breaststroke | 14 | 2 u | 10:32 AM | _____ |
| Prelims | 274 Boys 15 & Under 50 Backstroke | 30 | 4 u | 10:35 AM | _____ |
| Prelims | 276 Boys 16 & Over 50 Backstroke | 19 | 3 u | 10:41 AM | _____ |
| Finals-S | 202 Boys 11 & Over 400 Freestyle | 42 | 6 u | 10:46 AM | _____ |
| Finals-S | 201 Girls 11 & Over 800 Freestyle | 18 | 3 u | 11:19 AM | _____ |
| | Swimmers Counts for Warm-ups: 174 | ===== | ===== | | |
| | Entry / Heat Totals: | 387 | 56 | | |
| | Finish Time | | | 11:53 AM | _____ |

Session: 4A Sunday AM Prelim Session - North Pool

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Finals-1 | 201 Girls 11 & Over 800 Freestyle | 8 | 1 u | 09:00 AM | _____ |
| Prelims | 211 Girls 11-14 100 Freestyle | 79 | 10 u | 09:12 AM | _____ |
| Prelims | 213 Girls 15 & Over 100 Freestyle | 56 | 7 u | 09:30 AM | _____ |
| Prelims | 221 Girls 11-14 200 Butterfly | 2 | 1 u | 09:44 AM | _____ |
| Prelims | 223 Girls 15 & Over 200 Butterfly | 7 | 1 u | 09:48 AM | _____ |
| Prelims | 231 Girls 11-14 100 Backstroke | 47 | 6 u | 09:51 AM | _____ |
| Prelims | 233 Girls 15 & Over 100 Backstroke | 31 | 4 u | 10:05 AM | _____ |
| Finals-S | 241 Girls 11 & Over 400 IM | 18 | 3 u | 10:14 AM | _____ |
| Prelims | 251 Girls 11-14 100 Breaststroke | 40 | 5 u | 10:34 AM | _____ |
| Prelims | 253 Girls 15 & Over 100 Breaststroke | 31 | 4 u | 10:45 AM | _____ |
| Prelims | 261 Girls 11-14 50 Butterfly | 35 | 5 u | 10:54 AM | _____ |
| Prelims | 263 Girls 15 & Over 50 Butterfly | 49 | 7 u | 11:00 AM | _____ |
| Prelims | 271 Girls 11-14 100 IM | 35 | 5 u | 11:09 AM | _____ |
| Prelims | 273 Girls 15 & Over 100 IM | 21 | 3 u | 11:20 AM | _____ |
| Prelims | 281 Girls 11-14 200 Freestyle | 30 | 4 u | 11:28 AM | _____ |
| Prelims | 282 Girls 15 & Over 200 Freestyle | 34 | 5 u | 11:41 AM | _____ |
| | Swimmers Counts for Warm-ups: 206 | ===== | ===== | | |
| | Entry / Heat Totals: | 523 | 71 | | |
| | Finish Time | | | 11:59 AM | _____ |

Cascade Speed Meet Provincial Series 2023 - 2023-11-04 to 2023-11-05

Session Report

Session: 5 Sunday PM Final Session

Day of Meet: 2 Starts at 03:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

| Round | Event | Entries | Heats | Starts at | |
|----------|--------------------------------------|---------|-------|-----------|-------|
| Finals | 211 Girls 11-14 100 Freestyle | 32 | 4 u | 03:30 PM | _____ |
| Finals | 213 Girls 15 & Over 100 Freestyle | 24 | 3 u | 03:38 PM | _____ |
| Finals | 214 Boys 15 & Under 100 Butterfly | 16 | 2 u | 03:43 PM | _____ |
| Finals | 216 Boys 16 & Over 100 Butterfly | 8 | 1 u | 03:47 PM | _____ |
| Finals | 221 Girls 11-14 200 Butterfly | 2 | 2 u | 03:48 PM | _____ |
| Finals | 223 Girls 15 & Over 200 Butterfly | 7 | 1 u | 03:55 PM | _____ |
| Finals | 224 Boys 15 & Under 200 Backstroke | 16 | 2 u | 03:58 PM | _____ |
| Finals | 226 Boys 16 & Over 200 Backstroke | 8 | 1 u | 04:05 PM | _____ |
| Finals | 231 Girls 11-14 100 Backstroke | 24 | 3 u | 04:09 PM | _____ |
| Finals | 233 Girls 15 & Over 100 Backstroke | 16 | 2 u | 04:15 PM | _____ |
| Finals | 234 Boys 15 & Under 200 Breaststroke | 16 | 2 u | 04:19 PM | _____ |
| Finals | 236 Boys 16 & Over 200 Breaststroke | 8 | 1 u | 04:26 PM | _____ |
| Finals-1 | 241 Girls 11 & Over 400 IM | 8 | 1 u | 04:30 PM | _____ |
| Finals | 242 Boys 15 & Under 50 Freestyle | 24 | 3 u | 04:36 PM | _____ |
| Finals | 244 Boys 16 & Over 50 Freestyle | 24 | 3 u | 04:40 PM | _____ |
| Finals | 251 Girls 11-14 100 Breaststroke | 16 | 2 u | 04:43 PM | _____ |
| Finals | 253 Girls 15 & Over 100 Breaststroke | 16 | 2 u | 04:48 PM | _____ |
| Finals | 254 Boys 15 & Under 200 IM | 16 | 2 u | 04:52 PM | _____ |
| Finals | 256 Boys 16 & Over 200 IM | 8 | 1 u | 04:58 PM | _____ |
| Finals | 261 Girls 11-14 50 Butterfly | 16 | 2 u | 05:01 PM | _____ |
| Finals | 263 Girls 15 & Over 50 Butterfly | 16 | 2 u | 05:03 PM | _____ |
| Finals | 264 Boys 15 & Under 50 Breaststroke | 16 | 2 u | 05:06 PM | _____ |
| Finals | 266 Boys 16 & Over 50 Breaststroke | 8 | 1 u | 05:08 PM | _____ |
| Finals | 271 Girls 11-14 100 IM | 16 | 2 u | 05:10 PM | _____ |
| Finals | 273 Girls 15 & Over 100 IM | 8 | 1 u | 05:14 PM | _____ |
| Finals | 274 Boys 15 & Under 50 Backstroke | 16 | 2 u | 05:16 PM | _____ |
| Finals | 276 Boys 16 & Over 50 Backstroke | 8 | 1 u | 05:19 PM | _____ |
| Finals | 281 Girls 11-14 200 Freestyle | 16 | 2 u | 05:20 PM | _____ |
| Finals | 282 Girls 15 & Over 200 Freestyle | 24 | 3 u | 05:26 PM | _____ |
| Finals-1 | 202 Boys 11 & Over 400 Freestyle | 8 | 1 u | 05:35 PM | _____ |
| | Swimmers Counts for Warm-ups: 257 | ===== | ===== | | |
| | Entry / Heat Totals: | 441 | 57 | | |
| | Finish Time | | | 05:41 PM | _____ |