

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06  
Session Report**

Session: 1 Friday Time Final Closed Session

Day of Meet: 1 Starts at 04:50 PM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Finals	41 Girls 50 Freestyle Time Trial	96	12 u	04:50 PM	_____
Finals	42 Boys 50 Freestyle Time Trial	56	7 u	05:10 PM	_____
Finals	51 Girls 50 Backstroke Time Trial	92	12 u	05:22 PM	_____
Finals	52 Boys 50 Backstroke Time Trial	54	7 u	05:46 PM	_____
Finals	61 Girls 50 Breaststroke Time Trial	70	9 u	06:00 PM	_____
Finals	62 Boys 50 Breaststroke Time Trial	46	6 u	06:17 PM	_____
Finals	71 Girls 50 Butterfly Time Trial	41	6 u	06:28 PM	_____
Finals	72 Boys 50 Butterfly Time Trial	32	4 u	06:37 PM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	487	63		
	Finish Time			06:44 PM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06**

**Session Report**

Session: 2 Saturday AM Prelim Session - South Pool

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	108 Boys 12-15 100 Freestyle	66	9 u	08:30 AM	_____
Prelims	110 Boys 16 & Over 100 Freestyle	21	3 u	08:47 AM	_____
Prelims	114 Boys 12-15 200 Butterfly	7	1 u	08:52 AM	_____
Prelims	116 Boys 16 & Over 200 Butterfly	7	1 u	08:56 AM	_____
Prelims	124 Boys 12-15 100 Backstroke	40	5 u	09:00 AM	_____
Prelims	126 Boys 16 & Over 100 Backstroke	14	2 u	09:11 AM	_____
Finals-S	134 Boys 400 IM	1	1 u	09:15 AM	_____
Prelims	144 Boys 12-15 100 Breaststroke	31	4 u	09:22 AM	_____
Prelims	146 Boys 16 & Over 100 Breaststroke	8	1 u	09:30 AM	_____
Prelims	154 Boys 12-15 50 Butterfly	46	6 u	09:32 AM	_____
Prelims	156 Boys 16 & Over 50 Butterfly	17	3 u	09:40 AM	_____
Prelims	172 Boys 12-15 100 IM	21	3 u	09:44 AM	_____
Prelims	174 Boys 16 & Over 100 IM	5	1 u	09:50 AM	_____
Prelims	182 Boys 12-15 200 Freestyle	44	6 u	09:52 AM	_____
Prelims	184 Boys 16 & Over 200 Freestyle	21	3 u	10:11 AM	_____
Finals-S	103 Girls 11 & Over 400 Freestyle	36	5 u	10:19 AM	_____
Finals-S	102 Boys 12 & Over 800 Freestyle	4	1 u	10:48 AM	_____
	Swimmers Counts for Warm-ups: 179	====	====		
	Entry / Heat Totals:	389	55		
	Finish Time			10:59 AM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06**  
**Session Report**

Session: 2A Saturday AM Prelim Session - North Pool

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	105 Girls 11-14 100 Butterfly	19	3 u	08:30 AM	_____
Prelims	107 Girls 15 & Over 100 Butterfly	23	3 u	08:37 AM	_____
Prelims	111 Girls 11-14 200 Backstroke	39	5 u	08:42 AM	_____
Prelims	113 Girls 15 & Over 200 Backstroke	27	4 u	09:01 AM	_____
Prelims	121 Girls 11-14 200 Breaststroke	16	2 u	09:16 AM	_____
Prelims	123 Girls 15 & Over 200 Breaststroke	23	3 u	09:24 AM	_____
Prelims	131 Girls 11-14 50 Freestyle	70	9 u	09:35 AM	_____
Prelims	133 Girls 15 & Over 50 Freestyle	46	6 u	09:47 AM	_____
Prelims	141 Girls 11-14 200 IM	45	6 u	09:54 AM	_____
Prelims	143 Girls 15 & Over 200 IM	34	5 u	10:16 AM	_____
Prelims	151 Girls 11-14 50 Breaststroke	15	2 u	10:33 AM	_____
Prelims	153 Girls 15 & Over 50 Breaststroke	19	3 u	10:36 AM	_____
Prelims	161 Girls 11-14 50 Backstroke	42	6 u	10:40 AM	_____
Prelims	163 Girls 15 & Over 50 Backstroke	27	4 u	10:50 AM	_____
	Swimmers Counts for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	445	61		
	Finish Time			10:56 AM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06**

**Session Report**

Session: 3 Saturday PM Final Session

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	102 Boys 12 & Over 800 Freestyle	8	1 u	05:00 PM	_____
Finals	105 Girls 11-14 100 Butterfly	16	2 u	05:11 PM	_____
Finals	107 Girls 15 & Over 100 Butterfly	16	2 u	05:15 PM	_____
Finals	108 Boys 12-15 100 Freestyle	32	4 u	05:19 PM	_____
Finals	110 Boys 16 & Over 100 Freestyle	16	2 u	05:26 PM	_____
Finals	111 Girls 11-14 200 Backstroke	32	4 u	05:29 PM	_____
Finals	113 Girls 15 & Over 200 Backstroke	24	3 u	05:44 PM	_____
Finals	114 Boys 12-15 200 Butterfly	7	2 u	05:54 PM	_____
Finals	116 Boys 16 & Over 200 Butterfly	7	1 u	06:01 PM	_____
Finals	121 Girls 11-14 200 Breaststroke	16	2 u	06:04 PM	_____
Finals	123 Girls 15 & Over 200 Breaststroke	16	2 u	06:11 PM	_____
Finals	124 Boys 12-15 100 Backstroke	32	4 u	06:19 PM	_____
Finals	126 Boys 16 & Over 100 Backstroke	8	1 u	06:27 PM	_____
Finals	131 Girls 11-14 50 Freestyle	32	4 u	06:29 PM	_____
Finals	133 Girls 15 & Over 50 Freestyle	24	3 u	06:34 PM	_____
Finals-1	134 Boys 400 IM	8	1 u	06:38 PM	_____
Finals	141 Girls 11-14 200 IM	32	4 u	06:44 PM	_____
Finals	143 Girls 15 & Over 200 IM	24	3 u	06:58 PM	_____
Finals	144 Boys 12-15 100 Breaststroke	24	3 u	07:08 PM	_____
Finals	146 Boys 16 & Over 100 Breaststroke	8	1 u	07:14 PM	_____
Finals	151 Girls 11-14 50 Breaststroke	15	2 u	07:16 PM	_____
Finals	153 Girls 15 & Over 50 Breaststroke	16	2 u	07:19 PM	_____
Finals	154 Boys 12-15 50 Butterfly	32	4 u	07:22 PM	_____
Finals	156 Boys 16 & Over 50 Butterfly	16	2 u	07:27 PM	_____
Finals	161 Girls 11-14 50 Backstroke	24	3 u	07:29 PM	_____
Finals	163 Girls 15 & Over 50 Backstroke	24	3 u	07:34 PM	_____
Finals	172 Boys 12-15 100 IM	16	2 u	07:38 PM	_____
Finals	174 Boys 16 & Over 100 IM	5	1 u	07:42 PM	_____
Finals-1	103 Girls 11 & Over 400 Freestyle	8	1 u	07:44 PM	_____
Finals	182 Boys 12-15 200 Freestyle	32	4 u	07:50 PM	_____
Finals	184 Boys 16 & Over 200 Freestyle	16	2 u	08:01 PM	_____
	Swimmers Counts for Warm-ups: 275	=====	=====		
	Entry / Heat Totals:	586	75		
	Finish Time			08:07 PM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06  
Session Report**

Session: 4 Sunday AM Prelim Session - North Pool

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Entries</b>	<b>Heats</b>	<b>Starts at</b>	
Prelims	214 Boys 12-15 100 Butterfly	35	5 u	09:00 AM	_____
Prelims	216 Boys 16 & Over 100 Butterfly	17	3 u	09:10 AM	_____
Prelims	224 Boys 12-15 200 Backstroke	30	4 u	09:16 AM	_____
Prelims	226 Boys 16 & Over 200 Backstroke	7	1 u	09:30 AM	_____
Prelims	234 Boys 12-15 200 Breaststroke	24	3 u	09:34 AM	_____
Prelims	236 Boys 16 & Over 200 Breaststroke	6	1 u	09:45 AM	_____
Prelims	242 Boys 12-15 50 Freestyle	45	6 u	09:48 AM	_____
Prelims	244 Boys 16 & Over 50 Freestyle	21	3 u	09:56 AM	_____
Prelims	254 Boys 12-15 200 IM	38	5 u	09:59 AM	_____
Prelims	256 Boys 16 & Over 200 IM	12	2 u	10:17 AM	_____
Prelims	264 Boys 12-15 50 Breaststroke	30	4 u	10:23 AM	_____
Prelims	266 Boys 16 & Over 50 Breaststroke	6	1 u	10:28 AM	_____
Prelims	274 Boys 12-15 50 Backstroke	32	4 u	10:30 AM	_____
Prelims	276 Boys 16 & Over 50 Backstroke	18	3 u	10:36 AM	_____
Finals-S	202 Boys 12 & Over 400 Freestyle	35	5 u	10:41 AM	_____
Finals-S	201 Girls 11 & Over 800 Freestyle	16	2 u	11:08 AM	_____
	Swimmers Counts for Warm-ups: 161	=====	=====		
	Entry / Heat Totals:	372	52		
	Finish Time			11:29 AM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06****Session Report**

Session: 4A Sunday AM Prelim Session - South Pool

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	211 Girls 11-14 100 Freestyle	76	10 u	09:00 AM	_____
Prelims	213 Girls 15 & Over 100 Freestyle	62	8 u	09:19 AM	_____
Prelims	221 Girls 11-14 200 Butterfly	2	1 u	09:34 AM	_____
Prelims	223 Girls 15 & Over 200 Butterfly	5	1 u	09:37 AM	_____
Finals-S	241 Girls 11 & Over 400 IM	4	1 u	09:41 AM	_____
Prelims	231 Girls 11-14 100 Backstroke	54	7 u	09:48 AM	_____
Prelims	233 Girls 15 & Over 100 Backstroke	44	6 u	10:04 AM	_____
Prelims	251 Girls 11-14 100 Breaststroke	30	4 u	10:17 AM	_____
Prelims	253 Girls 15 & Over 100 Breaststroke	27	4 u	10:26 AM	_____
Prelims	261 Girls 11-14 50 Butterfly	44	6 u	10:34 AM	_____
Prelims	263 Girls 15 & Over 50 Butterfly	38	5 u	10:42 AM	_____
Prelims	271 Girls 11-14 100 IM	26	4 u	10:49 AM	_____
Prelims	273 Girls 15 & Over 100 IM	15	2 u	10:58 AM	_____
Prelims	281 Girls 11-14 200 Freestyle	40	5 u	11:02 AM	_____
Prelims	282 Girls 15 & Over 200 Freestyle	44	6 u	11:18 AM	_____
	Swimmers Counts for Warm-ups: 200	=====	=====		
	Entry / Heat Totals:	511	70		
	Finish Time			11:36 AM	_____

**Cascade Speed Meet Provincial Series 2022 - 2022-11-04 to 2022-11-06****Session Report**

Session: 5 Sunday PM Final Session

Day of Meet: 3 Starts at 03:30 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	201 Girls 11 & Over 800 Freestyle	8	1 u	03:30 PM	_____
Finals	214 Boys 12-15 100 Butterfly	32	4 u	03:41 PM	_____
Finals	216 Boys 16 & Over 100 Butterfly	16	2 u	03:49 PM	_____
Finals	211 Girls 11-14 100 Freestyle	32	4 u	03:52 PM	_____
Finals	213 Girls 15 & Over 100 Freestyle	24	3 u	03:59 PM	_____
Finals	224 Boys 12-15 200 Backstroke	24	3 u	04:05 PM	_____
Finals	226 Boys 16 & Over 200 Backstroke	7	1 u	04:15 PM	_____
Finals	221 Girls 11-14 200 Butterfly	2	2 u	04:18 PM	_____
Finals	223 Girls 15 & Over 200 Butterfly	5	1 u	04:25 PM	_____
Finals	234 Boys 12-15 200 Breaststroke	24	3 u	04:28 PM	_____
Finals	236 Boys 16 & Over 200 Breaststroke	6	1 u	04:39 PM	_____
Finals-1	241 Girls 11 & Over 400 IM	8	1 u	04:42 PM	_____
Finals	231 Girls 11-14 100 Backstroke	32	4 u	04:49 PM	_____
Finals	233 Girls 15 & Over 100 Backstroke	24	3 u	04:58 PM	_____
Finals	242 Boys 12-15 50 Freestyle	32	4 u	05:04 PM	_____
Finals	244 Boys 16 & Over 50 Freestyle	16	2 u	05:09 PM	_____
Finals	254 Boys 12-15 200 IM	32	4 u	05:12 PM	_____
Finals	256 Boys 16 & Over 200 IM	8	1 u	05:25 PM	_____
Finals	251 Girls 11-14 100 Breaststroke	24	3 u	05:28 PM	_____
Finals	253 Girls 15 & Over 100 Breaststroke	24	3 u	05:34 PM	_____
Finals	264 Boys 12-15 50 Breaststroke	24	3 u	05:40 PM	_____
Finals	266 Boys 16 & Over 50 Breaststroke	6	1 u	05:44 PM	_____
Finals	261 Girls 11-14 50 Butterfly	32	4 u	05:46 PM	_____
Finals	263 Girls 15 & Over 50 Butterfly	24	3 u	05:51 PM	_____
Finals	274 Boys 12-15 50 Backstroke	32	4 u	05:54 PM	_____
Finals	276 Boys 16 & Over 50 Backstroke	16	2 u	06:01 PM	_____
Finals	271 Girls 11-14 100 IM	24	3 u	06:04 PM	_____
Finals	273 Girls 15 & Over 100 IM	8	1 u	06:10 PM	_____
Finals	281 Girls 11-14 200 Freestyle	24	3 u	06:12 PM	_____
Finals	282 Girls 15 & Over 200 Freestyle	24	3 u	06:21 PM	_____
Finals-1	202 Boys 12 & Over 400 Freestyle	8	1 u	06:30 PM	_____
	Swimmers Counts for Warm-ups: 296	=====	=====		
	Entry / Heat Totals:	602	78		
	Finish Time			06:35 PM	_____