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November Newsletter

Note from the Head Coach...

It was bound to happen at some point – snow! As we move into winter, a reminder on our winter protocol around practices: If the facility is open, practice is considered to be on. If a facility closes, we will let you know as soon as we hear about it.

Already we have had some noteworthy events on top of the regular competitions (which were a really good start by the way!): In October, Hayley M and Coach Nandi attended the Swim Ontario Podium Potential camp at TPASC. The camp was targeted at Ontario's top 100-200m competitors in the 14-15yr old age group.

Hopefully you were able to watch some of the amazing races at the recent World Aquatic's World Cup held at TPASC. Club Warrior's own Connor B and Cameron M competed at this event and gained insight at what the next level looks like. Along the way Cameron broke his own Club Record in the 100 Breast with a fast early season time of 1:03.84!

Coming up in December we have 4 swimmers selected for the OJI Fundamental Clinic – congrats to Azra O, Eylul A, Audrey S, and Leah B. I'm sure this will be a valuable learning experience for them.

Heading into our November set of meets, it's all about Team: Identity (CW shirts only), Purpose (arrive on time, activate as team, sit as a team), and Presence – cheer loud, support your teammates!

Go Warriors!

Yours,

Nandi, Head Coach, CW

MEET REPORTS

Congratulations to all our swimmers for their great efforts during the first meets of the season! Thank you to the volunteers who have submitted meet reports outlining their group accomplishments! Please check out the reports below!



Important Dates:

Nov 14-16: NYAC Cup
Nov 21-23: Nothers Invitational
Nov 27-30: Age Group International
Nov 30: Warrior Welcome Meet
Dec 5-7: 2025 Murray Drudge Inv.
Dec 5-7: GMAC Dash4Cash
Dec 11-14: Ont Junior International

Continue to monitor your email for updates on when your swim group will be competing!



Photography reminder:

Whether it is for personal use or on behalf of the club, members should review the following guidelines for taking and sharing photos of our swimmers.

CW SOCIAL MEDIA POLICY

SWIM CANADA PHOTOGRAPHY POLICY in

PLEASE remember that photos of swimmers in the locker rooms are never okay. All public facilities have a standard NO PHOTOGRAPHY policy in place.



Have questions?

We have recently updated our Club Documents to include:

- 1) [Parent Handbook](#)
- 2) [FAQ for parents](#)
- 3) [Bursary Fund Guidelines and Application](#) ...and more!

Milton Dash4Cash Meet: [HP](#) [JRE](#) [SR](#) [AG3](#) [AG1](#)
GMAC Off the Blocks: AG3Dev [AG2](#) [AG2Dev](#)
GMAC Skills and Thrills: [AG1](#) Nov1A [Nov1B](#) [Nov1C](#) [Nov1D](#)
[Nov2A](#) [Nov2B](#) F&T

**NYAC report will be in the December Newsletter

- NB: Not all groups had a volunteer submit a meet report this month. If you enjoy reading these articles, please don't hesitate to volunteer to write a meet report for your training group's next meet and earn 3FPP points! See sign up list below for more information.

Fundraising Update!



Thank you to everyone who attended the Armstrong Swim Clinic with Maggie MacNeil on November 9th! This fundraiser earned \$750 for our club. This money will be put towards our **Swimmer Workshops with Registered Dietician Rachel Hannah** later this season!



Check out your training group's [FPP Requirements here](#).

November-December meet Reports

Please sign up to take pictures and report on your group's accomplishments this month! Meet reporter instructions [here](#).

Warrior Welcome Meet Volunteers on November 30:

We will be needing volunteers to support this meet. Please watch for an email with sign up information coming soon! .

Banquet Volunteers will be needed for set up/ tear down on December 18th. Please watch for more information in early December. 1FPP per role. Thank you!



Pictures and More Pictures Please!

Every year at the Awards Banquet and Club Championship picnic we have a slide show full of great pictures of all the kids throughout the year. Everyone loves seeing themselves in the pictures. If you are at a swim meet-take a few pictures and email them to socialmedia@cswimming.ca In the email identify the group and the meet. Thank you!



CW Awards Banquet will be on Thursday, Dec. 18, 2025.

Be sure to check out all our Club Documents by accessing "Club Info" on our Members Only Site.

IMPORTANT CONTACT INFO FOR MEMBERS:

If you have any questions in the following areas, please reach out directly to our Key Volunteers using the contact info below:

WATCARDS

watcard@cswimming.ca

Finances:

treasurer@cswimming.ca

Equipment/Fundraising:

equipment@cswimming.ca

Registration:

registration@cswimming.ca

Officiating:

coc@cswimming.ca

FPP:

clubadmin@cswimming.ca

Please note that info@cswimming.ca is primarily for new, inquiring members. If you have a question please try to reach out to the email above that would be best positioned to answer it. Thank you!
Questions regarding your specific training group should be directed to your coach and/or group parent. Our [Parent Handbook](#) is also a great resource if you have any questions!

Social Media Update

Please consider following us on:

Instagram:

[Club_warriors_swimming](#)

Twitter (public):

[@CWswimming](#)

Facebook Page (public)

Facebook (private):

Email: communications@cswimming.ca to be added!

We are excited to come together at FED HALL again this year for this fun and memorable whole team event for **ALL families**, Intro thru HP! Tickets will go on sale on **Nov 14 to Dec 1**. Please watch your email on November 14th for information on how to order your tickets! Last year this was a sold out event so please try to get your tickets as soon as they are available so you don't miss out on this fun event!

****Dietary restrictions/ requests can be emailed to our organizers through the Ticket Site between Nov 14 and Dec 1as well. Please note that all tickets are **NON REFUNDABLE**.**

Treasurer Update

Thank you to everyone for their patience as we get the season underway. Some changes for this season include...

- 1) Meet fees are now applied prior to the swim meet - this is because we have to pay the host club up front
- 2) Auto Debit - we are still hoping to implement this for training fees in the new year. More details and paperwork will be coming from our treasurer so please stay tuned!
- 3) AGM will be held in the new year. Date TBD.



Thank you to everyone who has volunteered their time so far this season. Once your FPP points are fulfilled, a credit of \$300 will be issued to your account. You will receive an email indicating you have completed your points and that a refund is going to be issued. Refunds are done at the start of each month beginning December 1. Just a reminder that all families should be tracking their own points so that you know how many more points you need to complete your [FPP requirement](#). Thank you!

Thank you to our 2025 PLATINUM sponsors

Audi
Kitchener-Waterloo



Interested in learning more about sponsorship opportunities? Reach out to our [Sponsorship coordinator](#) for more information



Training Equipment & Spiritwear

AllTides and Spirit Wear should be coming in very soon. It will take approximately one week to organize all of these items. Following that, there will be dates for families to come and pick up these items from the University. Questions? Please reach out to equipment@cswswimming.ca

WATCARD reminder:
A friendly reminder...
WatCards are non-transferable and should be retained by the swimmer for use throughout their time with Club Warriors. All cards will be deactivated at the end of each season and reactivated for returning members each September. All new members will be issued a card and charged the one time \$10 fee as part of their 'new member' registration. If your card is not working, please email our [watcard admin](#). **LOST or STOLEN cards will be subject to a \$10 replacement fee so please take care of your card!**

HAVE YOU STARTED YOUR HOLIDAY SHOPPING YET?



Don't forget you can use flipgive to make your online purchases while also **fundraising for our team!**

Click [HERE](#) and join our team! (Code: T7RZXH)
Teams earn cash back by buying the things they need to get anyways at no additional cost to the purchaser. Some brands include Indigo, Starbucks, Esso, Canadian Tire, Lowes, Old Navy, and more. With a FlipGive account, you simply select your



"I COME TO PRACTICE
EVERY DAY WITH THE
MINDSET THAT I AM THERE
TO GET BETTER."

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store/brand from the list of brands on the FlipGive site, then make your online purchases the way you always do.

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