## Foothills Stingrays Swim Club Head Coach - Todd Melton

## Individual Meet Results - Standard: 16-17TI

Rocky Mountain Cup 2016 29-Oct-16 to 30-Oct-16 SC Meters Alt: 3433

**Location: Talisman Sports Centre** 

FOOTHILLS Stingrays Swim Club [FSSC] Coach: Todd Melton

Rema Clifford   15	Time	F/P/S	Event	Place	Points	Improv
1.18.64\$   P	Kenna Clifford	(15) F				
Megan Decring   14   F	33.75S	P # 109	Female 50 Back	18		2.30
Final   P   # 105	1:18.64S	P # 216	Female 100 IM	17		1.88
33.83S	Megan Deering	(14) F				
34.84\$ CH			Female 100 Breast	16		5.00
2:45.89S CH   P # 215   Female Pool IM   10    0.88     1:09.90S   P # 216   Female Pool IM   7    0.88     1:09.90S   P # 216   Female Pool IM   9    0.88     1:09.90S   P # 216   Female Pool IM   100 IM   9    0.88     Blaise Evelyn (17)   W   V   V   V   V   V   V     32.28S CH   P # 114   Male 200 Breast   18    1.08     2:35.55S CH   P # 114   Male 200 Breast   16    1.06     1:09.24S CH   P # 126   Male 100 Breast   6    1.06   8.68     Layre Guidinger (17)   F   F   200 Back   6    0.09     3.04S CH   P # 109   Female 50 Back   13    0.07     2:22.80S CH   P # 116   Female 50 Back   13    0.24     1:12.82   P # 105   Female 500 Back   10   1 <td>33.83S</td> <td>P # 109</td> <td>Female 50 Back</td> <td>19</td> <td></td> <td>2.84</td>	33.83S	P # 109	Female 50 Back	19		2.84
1:08.84S   F # 216   Female 100 IM   7    0.88     1:09.90S   P # 216   Female 100 IM   9    1.94     Blaise Evelyn (17)   W     1.08     32.28S CH   P # 104   Male 50 Breast   18    1.08     2:35.55S CH   P # # 114   Male 200 Breast   11    1.09     1:09.24S CH   P # # 206   Male 100 Breast   16    1.82     2:21.40S   P # # 116   Male 200 IM   19        Layne Guidinger (17)   F   F   20	34.84S CH	P # 205	Female 50 Breast	13		1.23
1.09.90S	2:45.89S CH	P # 215	Female 200 Breast	12		10.40
Blaise Evelyn	1:08.84S	F #216	Female 100 IM	7		0.88
32.28S   CH	1:09.90S	P # 216	Female 100 IM	9		1.94
32.28S CH   P #104   Male 50 Breast   18    1.08     2:35.55S CH   P #206   Male 100 Breast   16    1.09     1:09.24S CH   P #206   Male 100 Breast   16    8.68     Layne Guidinger (17)   F   P   9 #109   P   0.09     30.04S CH   P #109   Female 50 Back   6    0.09     30.04S CH   F #109   Female 50 Back   7    0.37     2:28.06S CH   P #116   Female 200 Back   13    0.07     1:06.32S CH   P #209   Female 100 Back   10    2.46     1:11.28S P #209   Female 100 Back   11    4.75     Emilia Hesterman (17)   F   F   120   6    4.75     1:20.62S P #216   P #105   Female 100 Breast   18    1.45     1:13.13S P #216   Female 100 Breast   18    1.45     4:34.83S CH P #106   Male 400 IM	Blaise Evelyn (	17) M				
1:09.24S   CH	-		Male 50 Breast	18		1.08
2:21.40S   P # 212   Male 200 IM   19   ———————————————————————————————————	2:35.55S CH	P #114	Male 200 Breast	11		10.96
Page   Page	1:09.24S CH	P # 206	Male 100 Breast	16		1.82
29.76S CH	2:21.40S	P # 212	Male 200 IM	19		8.68
29.76S CH	Lavne Guidinge	r (17) F				
2:28.06S CH   P # 116   Female 200 Back   13    10.27     1:06.32S CH   P # 209   Female 100 Back   10    2.46     1:11.28S   P # 216   Female 100 IM   11    4.75     Emilia Hesterman (17)   F   F   120.62S   P # 105   Female 100 Breast   18    4.55     36.17S CH   P # 205   Female 50 Breast   16    1.45     1:13.13S   P # 216   Female 100 IM   13    1.45     1:13.13S   N   V   # 200 IM   13    1.45     1:13.13S   N   V   # 216   Female 50 Breast   16    1.45     1:3.48S CH   F # 106   Male 400 IM   3   20   0.36     4:34.83S CH   F # 1106   Male 400 IM   2    3.84     2:24.59S CH   F # 114   Male 200 Breast   7    5.79     1:07.55S CH   P # 221   Male 200 IM			Female 50 Back	6		0.09
2:28.06S CH   P # 116   Female 200 Back   13    10.27     1:06.32S CH   P # 209   Female 100 Back   10    2.46     1:11.28S   P # 216   Female 100 IM   11    4.75     Emilia Hesterman (17)   F   F   120.62S   P # 105   Female 100 Breast   18    4.55     36.17S CH   P # 205   Female 50 Breast   16    1.45     1:13.13S   P # 216   Female 100 IM   13    1.45     1:13.13S   N   V   # 200 IM   13    1.45     1:13.13S   N   V   # 216   Female 50 Breast   16    1.45     1:3.48S CH   F # 106   Male 400 IM   3   20   0.36     4:34.83S CH   F # 1106   Male 400 IM   2    3.84     2:24.59S CH   F # 114   Male 200 Breast   7    5.79     1:07.55S CH   P # 221   Male 200 IM	30.04S CH	F #109	Female 50 Back	7		0.37
1:06.32S CH   P # 209   Female 100 Back   10    2.46     1:11.28S   P # 216   Female 100 IM   11    4.75     Emilia Hesterman (17)   F   Image: Female 100 IM   11    4.55     36.17S CH   P # 205   Female 50 Breast   16    1.45     1:13.13S   P # 216   Female 100 IM   13    1.34     Finlay Knox (15)   M     4:34.83S CH   F # 106   Male 400 IM   3   20   0.36     4:34.83IS CH   F # 1106   Male 400 IM   2    3.84     2:24.59S CH   F # 1114   Male 200 Breast   5    2.70     2:27.68S CH   F # 212   Male 200 Breast   7    5.79     1:07.55S CH   P # 206   Male 100 Breast   12    1.87     2:12.63S CH   F # 212   Male 200 IM   9    8.69     Justin Lisoway (16)   M </td <td></td> <td></td> <td></td> <td>13</td> <td></td> <td></td>				13		
1:11.28S   P # 216   Female 100 IM   11	1:06.32S CH					
1:20.62S P # 105 Female 100 Breast 18  4.55   36.17S CH P # 205 Female 50 Breast 16  1.45   1:13.13S P # 216 Female 100 IM 13  1.34   Finlay Knox (15) M   4:34.83S CH F # 106 Male 400 IM 3 20 0.36   4:38.31S CH P # 106 Male 400 IM 2  3.84   2:24.59S CH F # 114 Male 200 Breast 5  2.70   2:27.68S CH P # 114 Male 200 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off    54.33S CH P # 115 Male 100 IM 14  1.05   1:00.64S CH P # 208	1:11.28S	P # 216	Female 100 IM	11		4.75
1:20.62S P # 105 Female 100 Breast 18  4.55   36.17S CH P # 205 Female 50 Breast 16  1.45   1:13.13S P # 216 Female 100 IM 13  1.34   Finlay Knox (15) M   4:34.83S CH F # 106 Male 400 IM 3 20 0.36   4:38.31S CH P # 106 Male 400 IM 2  3.84   2:24.59S CH F # 114 Male 200 Breast 5  2.70   2:27.68S CH P # 114 Male 200 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off    54.33S CH P # 115 Male 100 IM 14  1.05   1:00.64S CH P # 208	Emilia Hesterma	an (17) F				
Finlay Knox   (15)   M     4:34.83S   CH   F # 106   Male 400 IM   3   20   0.36     4:38.31S   CH   P # 106   Male 400 IM   2    3.84     2:24.59S   CH   F # 114   Male 200 Breast   5    2.70     2:27.68S   CH   P # 114   Male 200 Breast   7    5.79     1:07.55S   CH   P # 2206   Male 100 Breast   12    1.87     2:12.63S   CH   P # 212   Male 200 IM   9    2.68     2:18.64S   CH   F # 212   Male 200 IM   8    8.69     Justin Lisoway (16)   M     25.26S   CH   F # 100   200 Free Relay Lead Off        54.33S   CH   P # 102   Male 100 Free   19    1.05     1:00.96S   P # 115   Male 100 IM   14    1.89     1:00.64S   CH <td></td> <td></td> <td>Female 100 Breast</td> <td>18</td> <td></td> <td>4.55</td>			Female 100 Breast	18		4.55
Finlay Knox (15) M     4:34.83S CH   F # 106   Male 400 IM   3   20   0.36     4:38.31S CH   P # 106   Male 400 IM   2    3.84     2:24.59S CH   F # 114   Male 200 Breast   5    2.70     2:27.68S CH   P # 114   Male 200 Breast   7    5.79     1:07.55S CH   P # 206   Male 100 Breast   12    1.87     2:12.63S CH   P # 212   Male 200 IM   9    2.68     2:18.64S CH   F # 212   Male 200 IM   8    8.69     Justin Lisoway (16) M     25.26S CH   F # 100   200 Free Relay Lead Off         54.33S CH   P # 102   Male 100 Free   19    1.05     1:00.96S   P # 115   Male 100 IM   14    1.89     1:00.64S CH   P # 208   Male 100 Fly   19    2.80	36.17S CH	P # 205	Female 50 Breast	16		1.45
4:34.83S CH F # 106 Male 400 IM 3 20 0.36   4:38.31S CH P # 106 Male 400 IM 2  3.84   2:24.59S CH F # 114 Male 200 Breast 5  2.70   2:27.68S CH P # 114 Male 200 Breast 7  5.79   1:07.55S CH P # 206 Male 100 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off       54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	1:13.13S	P # 216	Female 100 IM	13		1.34
4:34.83S CH F # 106 Male 400 IM 3 20 0.36   4:38.31S CH P # 106 Male 400 IM 2  3.84   2:24.59S CH F # 114 Male 200 Breast 5  2.70   2:27.68S CH P # 114 Male 200 Breast 7  5.79   1:07.55S CH P # 206 Male 100 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off       54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	Finlay Knox (1	5) M				
2:24.59S CH F # 114 Male 200 Breast 5  2.70   2:27.68S CH P # 114 Male 200 Breast 7  5.79   1:07.55S CH P # 206 Male 100 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off       54.33S CH P # 112 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	-		Male 400 IM	3	20	0.36
2:27.68S CH P # 114 Male 200 Breast 7  5.79   1:07.55S CH P # 206 Male 100 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off      54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	4:38.31S CH	P # 106	Male 400 IM	2		3.84
1:07.55S CH P # 206 Male 100 Breast 12  1.87   2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off       54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	2:24.59S CH	F #114	Male 200 Breast	5		2.70
2:12.63S CH P # 212 Male 200 IM 9  2.68   2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off        1.05  1.05 1.05 1.00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	2:27.68S CH	P #114	Male 200 Breast	7		5.79
2:18.64S CH F # 212 Male 200 IM 8  8.69   Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off       1.05  1.05 1.05 1:00.96S P # 115 Male 100 IM 14  1.89 1:00.64S CH P # 208 Male 100 Fly 19  2.80	1:07.55S CH	P # 206	Male 100 Breast	12		1.87
Justin Lisoway (16) M   25.26S CH F # 100 200 Free Relay Lead Off      1.05   54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	2:12.63S CH	P # 212	Male 200 IM	9		2.68
25.26S CH F # 100 200 Free Relay Lead Off     1.05   54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	2:18.64S CH	F #212	Male 200 IM	8		8.69
25.26S CH F # 100 200 Free Relay Lead Off     1.05   54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	Justin Lisoway	(16) M				
54.33S CH P # 102 Male 100 Free 19  1.05   1:00.96S P # 115 Male 100 IM 14  1.89   1:00.64S CH P # 208 Male 100 Fly 19  2.80	-		200 Free Relay Lead Off			
1:00.96S P # 115 Male 100 IM 14 1.89 1:00.64S CH P # 208 Male 100 Fly 19 2.80				19		1.05
1:00.64S CH P # 208 Male 100 Fly 19 2.80						
·						
	2:11.35S CH		-	12		5.59

## Foothills Stingrays Swim Club Head Coach - Todd Melton

## Individual Meet Results - Standard: 16-17TI

Rocky Mountain Cup 2016 29-Oct-16 to 30-Oct-16 SC Meters Alt: 3433

**Location: Talisman Sports Centre** 

FOOTHILLS Stingrays Swim Club [FSSC] Coach: Todd Melton

Time	F/P/S	Event	Place	Points	Improv
Kennedy Loewen	(15) F				
30.68S CH	P # 109	Female 50 Back	13		0.70
2:28.09S CH	P #116	Female 200 Back	14		7.24
1:07.47S CH	P # 209	Female 100 Back	13		4.10
1:07.96S	F #216	Female 100 IM	6		1.69
1:08.64S	P # 216	Female 100 IM	8		2.37
Michael McMaho	on (17) M				
NS	P # 104	Male 50 Breast			
NS	P #114	Male 200 Breast			
NS	P # 206	Male 100 Breast			
NS	P # 212	Male 200 IM			
Alycia Weber (1	15) F				
31.08S CH	P # 109	Female 50 Back	14		0.66
1:08.27S CH	P # 209	Female 100 Back	16		1.42
1:12.49S	P # 216	Female 100 IM	12		0.11