Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/	S	Event	Place	Points	Improv
Zavier Allan ((11) M					
39.53S	Р	# 4D	Male 11-12 50 Free	20		2.33
6:35.93S	F	# 12A	Male 11-12 400 Free	6		
1:20.67S F	FES P	# 14D	Male 11-12 100 Free	10		-3.16
41.38S F	FES P	# 22D	Male 11-12 50 Back	2		-1.42
43.01S F	FES F	# 22D	Male 11-12 50 Back	2		0.21
1:33.78S F	FES F	# 24D	Male 11-12 100 IM	6		1.15
1:34.30S F	FES P	# 24D	Male 11-12 100 IM	6		1.67
46.78S F	FES F	# 28D	Male 11-12 50 Breast	9		-0.59
44.79S F	FES F	# 32D	Male 11-12 50 Fly	13		-1.41
Cara Badenho	orst (7) F					
56.64S		# 3A	Female 8 & Under 50 Free	5		-0.72
22.50S	P	# 9A	Female 8 & Under 25 Free	2		-7.88
2:25.618	P	# 13A	Female 8 & Under 100 Free	10		6.94
2:56.23\$	P	# 17A	Female 8 & Under 100 Back	7		22.23
1:26.798	P	# 21A	Female 8 & Under 50 Back	16		12.96
21.95S	F	# 901A	Female 8 & Under 25 Free	4		-8.43
Deon Badenh	orst (12) M	I				
29.65S F	PR P	# 4D	Male 11-12 50 Free	1		0.03
2:49.92S F	PR F	# 8D	Male 11-12 200 IM	1		3.62
1:16.29S F	PR P	# 18D	Male 11-12 100 Back	1		-1.96
1:16.72S F	PR F	# 18D	Male 11-12 100 Back	1		-1.53
1:17.56S	P	# 24D	Male 11-12 100 IM	1		0.92
1:17.59S	F	# 24D	Male 11-12 100 IM	1		0.95
40.10S F	PR F	# 28D	Male 11-12 50 Breast	1		-4.47
33.38S F	PR F	# 32D	Male 11-12 50 Fly	1		-1.83
30.48S F	PR F	# 35C	200 Free Relay Lead Off			0.86
31.01S F	PR F	# 302A	Male 11-12 50 Free	1		1.39
Tess Barber ([14) F					
1:18.415		# 1E	Female 13 & Over 100 Breast	1		2.80
1:19.09S (CH P	# 1E	Female 13 & Over 100 Breast	1		3.48
31.73S	P	# 3E	Female 13 & Over 50 Free	8		1.31
1:08.54\$	P	# 13E	Female 13 & Over 100 Free	4		-1.70
1:09.40S	F	# 13E	Female 13 & Over 100 Free	4		-0.84
1:13.888	P	# 23E	Female 13 & Over 100 IM	1		2.72
1:14.15S	F	# 23E	Female 13 & Over 100 IM	2		2.99
2:39.55S F	PR F	# 29E	Female 13 & Over 200 Back	3		3.76
34.13S		# 31E	Female 13 & Over 50 Fly	5		1.49

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Path Path	Time	F/P/S	Event	Place	Points	Improv
1.108.04\$ PR	Filip Bednarz (1	14) M				
5:22.378 F # 12B Male 13 & Over 100 Back 4 1.06 1:11.915 F # 18B Male 13 & Over 100 Back 4 2.60 1:10.705 P # 24B Male 13 & Over 100 IM 4 1:11.1185 F # 24B Male 13 & Over 100 IM 4 1:11.1185 F # 24B Male 13 & Over 100 IM 4 1:11.1185 F # 24B Male 13 & Over 100 IM 4 2:38.225 F # 3 8B Male 13 & Over 200 Back 4 <td>1:07.66S PR</td> <td>F # 61</td> <td>E Male 13 & Over 100 Fly</td> <td>2</td> <td></td> <td>0.75</td>	1:07.66S PR	F # 61	E Male 13 & Over 100 Fly	2		0.75
1:11-91S	1:08.04S PR	P # 61	E Male 13 & Over 100 Fly	2		1.13
1:13.45S	5:22.37S	F # 12	B Male 13 & Over 400 Free	3		
1:10.70S	1:11.91\$	P # 18	E Male 13 & Over 100 Back	4		1.06
1:11.18S	1:13.45\$	F # 18	E Male 13 & Over 100 Back	4		2.60
2.38.23S F # 30E Male 13 & Over 200 Back 4 0.31 Oscar Bednarz (9) W 1.58.46S FES F # 2B Male 9.9 100 Breast 3 .19.33 2.03.22S P # 2B Male 9.9 100 Breast 3 .14.57 40.24S P # 4B Male 9.9 100 Free 2 .00.02 1.28.39S FES F # 14B Male 9.9 100 Free 3 .3.90 1.29.50S F # 14B Male 9.9 100 Free 3 .2.79 3.28.87S F # 20B Male 9.9 50 Breast 1 .2.79 3.28.47S F # 20B Male 9.9 50 Breast 1 .3.31 4.4.45S F # 35C 200 Free Relay Lead Off .3.02 4.7.69S F # 35C 200 Free Relay Lead Off .3.02 <t< td=""><td>1:10.70S</td><td>P # 24</td><td>E Male 13 & Over 100 IM</td><td>4</td><td></td><td></td></t<>	1:10.70S	P # 24	E Male 13 & Over 100 IM	4		
99.825 PR F # 32E Male 9.9100 Breast 2	1:11.18S	F # 24	E Male 13 & Over 100 IM	4		
	2:38.23\$	F # 30	E Male 13 & Over 200 Back	4		
1:58.46S FES F # 2B Male 9-9 100 Breast 219.33 2:03.22S P # 2B Male 9-9 100 Breast 314.57 4:0.24S P # 4B Male 9-9 100 Breast 314.57 4:0.24S P # 4B Male 9-9 100 Bree 20.02 1:28.39S FES F # 14B Male 9-9 100 Free 33.90 1:29.50S P # 14B Male 9-9 100 Free 12.79 3:28.87S F # 20B Male 9-9 200 Free 12.79 3:28.87S F # 20B Male 9-9 200 Free 414.33 4:8.45S F # 32B Male 9-9 50 Fly 314.33 4:8.45S F # 35C 200 Free Relay Lead Off	29.82S PR	F # 32	E Male 13 & Over 50 Fly	2		0.31
2:03.22S P # 2B Male 9-9 100 Breast 3 -14.57 40.24S P # 4B Male 9-9 50 Free 2 -0.02 1:28.39S FS # 14B Male 9-9 100 Free 3 -2.79 3:28.87S F # 12B Male 9-9 200 Free 4 57.62S F # 2B Male 9-9 50 Breast 1 1.43 48.45S F # 32B Male 9-9 50 Breast 1 -1.43 48.45S F # 32B Male 9-9 50 Breast 1 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 5 # 3 A Female 8 & Under 50 Free 4 3.29 Nina Bernhardt (8) F # 3 A Female 8 & Under 50 Free 5 -1.77 2.114.75 P # 3 A Fema	Oscar Bednarz	(9) M				
40.24S P # 4B Male 9-9 50 Free 2 -0.02 1:28.39S FES F # 14B Male 9-9 100 Free 3 -3.90 1:29.50S P # 14B Male 9-9 100 Free 1 -2.79 3:28.87S F # 20B Male 9-9 200 Free 4 -1.43 5.76.2S F # 28B Male 9-9 50 Fly 3 3.51 48.4SS F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.02 Nima Bernhartt (18) F # 36C 200 Medley Relay Lead Off 3.02 Nima Bernhartt (18) F # 35C 200 Free Relay Lead Off 3.02 Nima Bernhartt (18) F # 3A Female 8 & Under 50 Free 4 4.36 23.19S P # 17A	1:58.46S FES	S F # 21	Male 9-9 100 Breast	2		-19.33
1:28.39\$ FES F # 14B Male 9-9 100 Free 1 .279 1:29.50\$ P # 14B Male 9-9 100 Free 1 .279 3:28.87\$ F # 20B Male 9-9 200 Free 4 55.62\$ F # 20B Male 9-9 50 Fly 3 .351 48.45\$ F # 35C 200 Free Relay Lead Off .302 47.69\$ F # 36C 200 Medley Relay Lead Off .302 Nina Bernhard (8) F 54.91\$ P # 36 Pemale 8 & Under 50 Free 4 .436 23.19\$ P # 3A Female 8 & Under 100 Free 7 2:14.47\$ P # 13A Female 8 & Under 100 Back 2 2:19.15\$ F # 17A Female 8 & Under 100 Back 2 58.50\$ P # 21A Female 8 & Under 50 Back	2:03.22\$	P # 21	Male 9-9 100 Breast	3		-14.57
1:29.50S P # 14B Male 9-9 100 Free 1 -2.79 3:28.87S F # 20B Male 9-9 200 Free 4 57.62S F # 28B Male 9-9 50 Breast 1 1.43 48.45S F # 32B Male 9-9 50 Breast 1 3.02 48.28S F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 5 # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 5 # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F # 36C 200 Medley Relay Lead Off 4.43 23.19S P # 3A Female 8 & Under 25 Free 5 -1.77 2:14.47S <t< td=""><td>40.24\$</td><td>P # 41</td><td>Male 9-9 50 Free</td><td>2</td><td></td><td>-0.02</td></t<>	40.24\$	P # 41	Male 9-9 50 Free	2		-0.02
33:28.87S F # 20B Male 9-9 200 Free 4 57.62S F # 28B Male 9-9 50 Breast 1 1.43 48.45S F # 32B Male 9-9 50 Fly 3 3.51 43.28S F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.02 Nina Bernhardt (8) F # 36C 200 Medley Relay Lead Off 3.02 Nina Bernhardt (8) F # 36C 200 Medley Relay Lead Off 3.02 Nina Bernhardt (8) F # 3A Female 8 Under 100 Free 4 -4.36 2.31.95 -1.177 2.12.13 2.12.13 2.12.13	1:28.39S FE	S F # 14	B Male 9-9 100 Free	3		-3.90
57.62S F # 28B Male 9-9 50 Breast 1 1.43 48.45S F # 32B Male 9-9 50 Fly 3 3.51 43.28S F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 54.91S P # 3A Female 8 & Under 50 Free 4 .4.36 23.19S P # 9A Female 8 & Under 25 Free 5 .1.77 2:14.47S P # 13A Female 8 & Under 100 Free 7 2:14.47S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 91A Female 8 & Under 50 Back 3 1.60 8.69S	1:29.50\$	P # 14	B Male 9-9 100 Free	1		-2.79
48.45S F # 32B Male 9-9 50 Fly 3 3.51 43.28S F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 54.91S P # 3A Female 8 & Under 50 Free 4 -4.36 23.19S P # 9A Female 8 & Under 50 Free 5 -1.77 2:14.47S P # 13A Female 8 & Under 100 Free 7 2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.1SS F # 17A Female 8 & Under 50 Back 2 58.50S P # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 1.60 <td< td=""><td>3:28.87\$</td><td>F # 20</td><td>B Male 9-9 200 Free</td><td>4</td><td></td><td></td></td<>	3:28.87\$	F # 20	B Male 9-9 200 Free	4		
43.28S F # 35C 200 Free Relay Lead Off 3.02 47.69S F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F 54.91S P # 3A Female 8 & Under 50 Free 4 -4.36 23.19S P # 9A Female 8 & Under 25 Free 5 -1.77 2:14.47S P # 13A Female 8 & Under 100 Free 7 2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 3 F # 21A Male 11-12 50 Free 18 1.00	57.62S	F # 28	B Male 9-9 50 Breast	1		1.43
Nina Bernhardt (8) F F # 36C 200 Medley Relay Lead Off 3.29 Nina Bernhardt (8) F S	48.45S	F # 32	B Male 9-9 50 Fly	3		3.51
Nina Bernhardt (8) F F F F F F F F F F	43.28S	F # 35	C 200 Free Relay Lead Off			3.02
54.91S P # 3A Female 8 & Under 50 Free 4 -4.36 23.19S P # 9A Female 8 & Under 25 Free 5 -1.77 2:14.47S P # 13A Female 8 & Under 100 Free 7 2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 50 Back 3 -1.15 NS F # 22D Male 11-12 50 Back 54.77S F # 28D	47.69S	F # 36	C 200 Medley Relay Lead Off			3.29
23.19S P # 9A Female 8 & Under 25 Free 5 -1.77 2:14.47S P # 13A Female 8 & Under 100 Free 7 2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) W 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 2D Male 11-12 50 Back 3 -1.10 43.88S P # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D	Nina Bernhardt	(8) F				
2:14.47S P # 13A Female 8 & Under 100 Free 7 2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back NS F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D <td< td=""><td>54.91S</td><td>P # 3/</td><td>Female 8 & Under 50 Free</td><td>4</td><td></td><td>-4.36</td></td<>	54.91S	P # 3/	Female 8 & Under 50 Free	4		-4.36
2:12.13S P # 17A Female 8 & Under 100 Back 2 2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) W 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 50 Back 3 -1.10 43.88S P # 22D Male 11-12 50 Back NS F # 22D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 50 Fly 17 0.77	23.19S	P # 9/	Female 8 & Under 25 Free	5		-1.77
2:19.15S F # 17A Female 8 & Under 100 Back 2 58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back NS F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 0.77	2:14.47S	P # 13	A Female 8 & Under 100 Free	7		
58.50S P # 21A Female 8 & Under 50 Back 5 1.81 1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	2:12.13S	P # 17	A Female 8 & Under 100 Back	2		
1:01.12S F # 21A Female 8 & Under 50 Back 4 4.43 23.36S F # 901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	2:19.15S	F # 17	A Female 8 & Under 100 Back	2		
23.36S F #901A Female 8 & Under 25 Free 5 -1.60 Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	58.50S	P # 21	A Female 8 & Under 50 Back	5		1.81
Kaiden Burns (12) M 38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 0.80 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	1:01.12S	F # 21	A Female 8 & Under 50 Back	4		4.43
38.69S P # 4D Male 11-12 50 Free 18 1.00 6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	23.36S	F # 90	1A Female 8 & Under 25 Free	5		-1.60
6:35.77S F # 12A Male 11-12 400 Free 5 -57.67 3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	Kaiden Burns (12) M				
3:01.58S F # 20D Male 11-12 200 Free 2 -1.10 43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	38.69S	P # 41	Male 11-12 50 Free	18		1.00
43.88S P # 22D Male 11-12 50 Back 3 -1.57 NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	6:35.77S	F # 12	A Male 11-12 400 Free	5		-57.67
NS F # 22D Male 11-12 50 Back 54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	3:01.58S	F # 20	D Male 11-12 200 Free	2		-1.10
54.77S F # 28D Male 11-12 50 Breast 17 0.80 3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	43.88S	P # 22	D Male 11-12 50 Back	3		-1.57
3:18.71S F # 30D Male 11-12 200 Back 4 54.54S F # 32D Male 11-12 50 Fly 17 0.77	NS	F # 22	D Male 11-12 50 Back			
54.54S F # 32D Male 11-12 50 Fly 17 0.77	54.77S	F # 28	D Male 11-12 50 Breast	17		0.80
·	3:18.71S	F # 30	D Male 11-12 200 Back	4		
44.65S F # 36C 200 Medley Relay Lead Off0.80	54.54S	F # 32	D Male 11-12 50 Fly	17		0.77
	44.65S	F # 36	C 200 Medley Relay Lead Off			-0.80

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Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	5	Event	Place	Points	Improv
Kassie Burton	(9) F					
2:07.41S	Р	# 1B	Female 9-9 100 Breast	9		-9.58
20.57S	P	# 9B	Female 9-9 25 Free	8		-2.97
4:33.20S	F	# 15B	Female 9-9 200 Breast	2		
1:55.92S	P	# 23B	Female 9-9 100 IM	4		-16.55
1:58.05S	F	# 23B	Female 9-9 100 IM	4		-14.42
1:01.50S	F	# 27B	Female 9-9 50 Breast	5		0.83
1:04.98\$	F	# 31B	Female 9-9 50 Fly	7		
Jada Cotnam (1	l6) F					
31.98S	P	# 3E	Female 13 & Over 50 Free	9		1.55
2:47.93S	F	# 7E	Female 13 & Over 200 IM	1		15.21
1:10.33\$	P	# 13E	Female 13 & Over 100 Free	7		3.88
1:11.37S	F	# 23E	Female 13 & Over 100 IM	1		1.03
1:17.38S	P	# 23E	Female 13 & Over 100 IM	3		7.04
38.60S PF	R F	# 27E	Female 13 & Over 50 Breast	1		1.42
2:36.58S PF	R F	# 29E	Female 13 & Over 200 Back	1		7.91
35.08S	F	# 36C	200 Medley Relay Lead Off			2.81
Justin d'Ailly (1	.8) M					
26.23S PF		# 4E	Male 13 & Over 50 Free	1		1.44
1:03.42S PF	R P	# 6E	Male 13 & Over 100 Fly	1		2.86
1:06.33\$	F	# 6E	Male 13 & Over 100 Fly	1		5.77
58.54S PF	R F	# 14E	Male 13 & Over 100 Free	1		3.85
59.16S PF	R P	# 14E	Male 13 & Over 100 Free	1		4.47
1:07.99S	F	# 18E	Male 13 & Over 100 Back	2		4.01
1:09.63\$	P	# 18E	Male 13 & Over 100 Back	2		5.65
35.46S	F	# 28E	Male 13 & Over 50 Breast	3		0.59
28.69S PF	R F	# 32E	Male 13 & Over 50 Fly	1		1.43
27.16S PF	R F	# 35C	200 Free Relay Lead Off			2.37
28.71S	F	# 302B	Male 13 & Over 50 Free	5		3.92
Keira Diakiw (7) F					
1:03.97S	P	# 3A	Female 8 & Under 50 Free	9		-3.40
25.94\$	P	# 9A	Female 8 & Under 25 Free	7		-3.45
2:27.67S	P	# 13A	Female 8 & Under 100 Free	12		-14.92
1:10.42S	P	# 21A	Female 8 & Under 50 Back	10		-1.01

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Slade Diakiw (10) M				
39.60S	P # 4C	Male 10-10 50 Free	4		-1.45
1:45.07S FES	P # 6C	Male 10-10 100 Fly	4		-9.06
1:46.32S FES	F # 6C	Male 10-10 100 Fly	4		-7.81
1:29.94S	P # 14C	Male 10-10 100 Free	4		-0.38
1:33.698	F # 14C	Male 10-10 100 Free	6		3.37
3:54.86S	F # 16C	Male 10-10 200 Breast	2		
1:40.53S FES	F # 240	Male 10-10 100 IM	1		-3.29
1:40.80S FES	P # 240	Male 10-10 100 IM	1		-3.02
53.43S FES	F # 280	Male 10-10 50 Breast	4		-0.03
47.90S	F # 320	Male 10-10 50 Fly	2		1.10
Claire Finlayson	(9) F				
48.78S	P # 3B	Female 9-9 50 Free	5		-6.43
22.90S	P # 9B	Female 9-9 25 Free	10		0.14
1:58.918	P # 13B	Female 9-9 100 Free	12		-10.24
2:04.44S	F # 13B	Female 9-9 100 Free	10		-4.71
53.84S	F # 21B	Female 9-9 50 Back	5		-2.32
54.64S	P # 21B	Female 9-9 50 Back	6		-1.52
1:21.89S DQ	F # 27B	Female 9-9 50 Breast			
Zoe Gagne (9) F					
54.97S	P # 3B	Female 9-9 50 Free	6		-8.04
25.26S	P # 9B	Female 9-9 25 Free	11		-2.74
2:04.82S	P # 13B	Female 9-9 100 Free	15		
1:15.61S	P # 21B	Female 9-9 50 Back	11		
Dane Gardner (7) M				
1:10.74S	P # 4A	Male 8 & Under 50 Free	3		-1.02
31.69\$	P # 10A	Male 8 & Under 25 Free	3		0.55
2:39.51\$	P # 14A	Male 8 & Under 100 Free	5		
NS	F # 14A	Male 8 & Under 100 Free			
1:16.90\$	F # 22A	Male 8 & Under 50 Back	5		1.50
1:17.098	P # 22A	Male 8 & Under 50 Back	6		1.69
1:13.55S	F # 350	200 Free Relay Lead Off			1.79
28.08S	F # 902	A Male 8 & Under 25 Free	3		-3.06
Christopher Giles	s (15) M				
29.23S	P # 4E	Male 13 & Over 50 Free	8		0.12
5:00.398	F # 12B	Male 13 & Over 400 Free	2		-9.55
1:06.358	P # 14E	Male 13 & Over 100 Free	7		1.94
1:12.46S	F # 18E	Male 13 & Over 100 Back	3		-4.98
1:13.958	P # 18E	Male 13 & Over 100 Back	5		-3.49
5:35.148	F # 26B	Male 13 & Over 400 IM	1		-17.05
32.87S	F # 32E	Male 13 & Over 50 Fly	7		-0.73
29.71S	F # 35C	200 Free Relay Lead Off			0.60
39.24S	F # 36C	200 Medley Relay Lead Off			3.85

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	5	Event	Place	Points	Improv
Wells Ginzer (1	3) M					
27.36S CH	-	# 4E	Male 13 & Over 50 Free	3		0.48
2:34.54S CH	F	# 8E	Male 13 & Over 200 IM	2		
1:00.72S CH	F	# 14E	Male 13 & Over 100 Free	3		1.84
1:00.96S CH	P	# 14E	Male 13 & Over 100 Free	3		2.08
1:09.96S	P	# 24E	Male 13 & Over 100 IM	2		
1:10.14S	F	# 24E	Male 13 & Over 100 IM	2		
39.64S PR	F	# 28E	Male 13 & Over 50 Breast	9		
2:34.13S CH	F	# 30E	Male 13 & Over 200 Back	3		
28.41S CH	F	# 302B	Male 13 & Over 50 Free	1		1.53
Will Gonzales (1	16) M					
1:08.07S	P	# 14E	Male 13 & Over 100 Free	8		4.84
1:17.17S	P	# 24E	Male 13 & Over 100 IM	7		2.72
38.56S	F	# 28E	Male 13 & Over 50 Breast	7		0.01
31.89S	F	# 32E	Male 13 & Over 50 Fly	5		0.97
Domenic Griess	er (16) M	I				
28.02S	Р	# 4E	Male 13 & Over 50 Free	6		0.54
2:30.68\$	F	# 8E	Male 13 & Over 200 IM	1		4.17
59.65S	F	# 14E	Male 13 & Over 100 Free	2		-0.93
1:00.81S	P	# 14E	Male 13 & Over 100 Free	2		0.23
1:07.51S	P	# 24E	Male 13 & Over 100 IM	1		-0.76
1:07.58S	F	# 24E	Male 13 & Over 100 IM	1		-0.69
34.72S	F	# 28E	Male 13 & Over 50 Breast	1		0.72
2:32.38\$	F	# 30E	Male 13 & Over 200 Back	1		2.19
28.70S	F	# 302B	Male 13 & Over 50 Free	4		1.22
Declan Harrison	(9) M					
2:30.91S DQ	P	# 2B	Male 9-9 100 Breast			
46.94S	P	# 4B	Male 9-9 50 Free	5		1.91
18.85S	P	# 10B	Male 9-9 25 Free	4		-1.28
1:36.84S	F	# 14B	Male 9-9 100 Free	4		-1.60
1:39.50\$	P	# 14B	Male 9-9 100 Free	5		1.06
3:41.918	F	# 20B	Male 9-9 200 Free	5		
1:05.728	F	# 28B	Male 9-9 50 Breast	3		2.36
18.59S	F	# 902B	Male 9-9 25 Free	5		-1.54

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

STATE STAT	Time	F/P/S	5	Event	Place	Points	Improv
31.77S	Maxwell Har	rison (13) M	[
3:27.10S F # 16E Male 13 & Over 200 Breast 5				Male 13 & Over 50 Free	11		-0.93
36.01S PR P # 22E Male 13 & Over 50 Back 3 0.018 36.18S PR F # 22E Male 13 & Over 50 Back 3 0.18 2.48.90S PR F # 28E Male 13 & Over 200 Back 6 1.142 36.96S F # 30E Male 13 & Over 200 Back 6 1.22 36.06S PR F # 30E Male 13 & Over 200 Back 6 0.20 Emmarkitin (15) F # 3EE Pemale 13 & Over 100 Fly 1 0.62 1:13.23F F # 5E Pemale 13 & Over 100 Fly 1 0.62 1:12.24S PR # 11B Female 13 & Over 100 Fly 1 0.71 1:12.24S PR # 11B Female 13 & Over 100 Fly 1 0.72 1:12.24S PR # 17E Female 13 & Over 100 Fly 1 0.72 1:12.24S <td< td=""><td>5:25.87S</td><td>F</td><td># 12B</td><td>Male 13 & Over 400 Free</td><td>4</td><td></td><td>-22.76</td></td<>	5:25.87S	F	# 12B	Male 13 & Over 400 Free	4		-22.76
36.18S PR F # 22E Male 13 & Over 50 Breast 13 3.39 2:48.90S PR F # 30E Male 13 & Over 50 Breast 13 3.39 2:48.90S PR F # 30E Male 13 & Over 50 Breast 6 1.142 36.90S PR F # 30E Male 13 & Over 50 Fly 10 1.22 36.10S PR F # 30E 200 Medley Relay Lead Off Emma Hicklim (15) F F # 35E Pemale 13 & Over 100 Fly 1	3:27.10S	F	# 16E	Male 13 & Over 200 Breast	5		-24.57
	36.01S	PR P	# 22E	Male 13 & Over 50 Back	3		-0.35
2:48.90S PR F # 30E Male 13 & Over 200 Back 6	36.18\$	PR F	# 22E	Male 13 & Over 50 Back	3		-0.18
36.96S F # 32E Male 13 & Over 50 Fly 10 1.32 Emma Hicklin (15) F 1:13.28S F # 5E Female 13 & Over 100 Fly 1 .0.62 1:13.28S F # 5E Female 13 & Over 100 Fly 1 .0.71 5:27.71S F # 11B Female 13 & Over 400 Free 3 .0.71 1:12.45S PR P # 17E Female 13 & Over 100 Back 3 .1.71 1:15.23S F # 17E Female 13 & Over 100 Back 3 .1.73 3.3.83S PR P # 21E Female 13 & Over 50 Back 4 .6.43 3.3.93S PR F # 21E Female 13 & Over 50 Back 4 .6.43 2.40.54S PR F # 21E Female 13 & Over 50 Back 4 .6.43 3.3.95S PR F # 31E Female 13 & Over 50 Fly 3 <td>44.03S</td> <td>F</td> <td># 28E</td> <td>Male 13 & Over 50 Breast</td> <td>13</td> <td></td> <td>-3.99</td>	44.03S	F	# 28E	Male 13 & Over 50 Breast	13		-3.99
Remaile Rema	2:48.90\$	PR F	# 30E	Male 13 & Over 200 Back	6		-11.42
Part	36.96S	F	# 32E	Male 13 & Over 50 Fly	10		1.32
1:13.28S F # 5E Female 13 & Over 100 Fly 1 0.62 1:13.37S P # 5E Female 13 & Over 100 Fly 1 0.71 5:27.71S F # 11B Female 13 & Over 100 Flee 3 0.71 5:27.71S F # 11B Female 13 & Over 100 Back 3 1.71 1:12.4SS F # 17E Female 13 & Over 100 Back 3 4.71 33.93S PR P # 21E Female 13 & Over 50 Back 4 1.63 33.98S PR F # 22E Female 13 & Over 50 Back 3 1.78 2:40.54S PR F # 22E Female 13 & Over 50 Back 4 0.95 35.00S F # 3E Female 13 & Over 50 Back 4 0.95 35.00S F # 3E Female 13 & Over 50 Fly 3 0.95 35.17S P # 3S Female 13 & Over 50 Free 17 -3.96 25.19S P # 15C Female 10-1	36.10S	PR F	# 36C	200 Medley Relay Lead Off			-0.26
1:13.37S	Emma Hickli	n (15) F					
5:27.71S F # 11B Female 13 & Over 400 Free 3 .17.11 1:12.45S PR P # 17E Female 13 & Over 100 Back 3 .193 1:15.23S F # 17E Female 13 & Over 50 Back 3 .4.71 33.83S PR P # 21E Female 13 & Over 50 Back 3 .163 3.398S PR F # 21E Female 13 & Over 50 Back 3 .643 2:40.54S PR F # 29E Female 13 & Over 200 Back 4 .643 3.325S PR F # 29E Female 13 & Over 200 Back 4 .643 3.325S PR F # 32E Female 13 & Over 200 Back 4 .095 3.50S F # 35C Female 10-10 50 Free 17 .396 5.17S P # 3C Female 10-10 05 Free 17 <tr< td=""><td>1:13.28\$</td><td>F</td><td># 5E</td><td>Female 13 & Over 100 Fly</td><td>1</td><td></td><td>0.62</td></tr<>	1:13.28\$	F	# 5E	Female 13 & Over 100 Fly	1		0.62
1:12.45S PR P # 17E Female 13 & Over 100 Back 3 4.71 1:15.23S F # 17E Female 13 & Over 100 Back 3 4.71 33.83S PR P # 21E Female 13 & Over 50 Back 4 1.63 33.98S PR F # 21E Female 13 & Over 50 Back 3 1.78 2:40.54S PR F # 29E Female 13 & Over 50 Back 4 6.43 3.3.50S PR F # 31E Female 13 & Over 50 Fly 3 0.95 35.00S F # 36C 200 Medley Relay Lead Off 2.80 Cistan Hnidey (10) F # 36C Pemale 10-10 50 Free 17 3.96 Cistan Hnidey (10) F # 9 Female 10-10 25 Free 17 25.15.19S P # 17C Female 10-10 100 Back 17	1:13.37\$	P	# 5E	Female 13 & Over 100 Fly	1		0.71
1:15.23S F # 17E Female 13 & Over 100 Back 3 4.71 33.83S PR P # 21E Female 13 & Over 50 Back 4 1.63 33.98S PR F # 21E Female 13 & Over 50 Back 3 1.78 2:40.54S PR F # 29E Female 13 & Over 50 Fly 3 0.95 33.00S F # 36C 200 Medley Relay Lead Off 0.95 Gianna Hnidey (10) F # 36C 200 Medley Relay Lead Off 2.80 Gianna Hnidey (10) F # 36C 200 Medley Relay Lead Off	5:27.71S	F	# 11B	Female 13 & Over 400 Free	3		-17.11
33.838 PR P # 21E Female 13 & Over 50 Back 4 1.63 33.988 PR F # 21E Female 13 & Over 50 Back 3 1.78 2:40.548 PR F # 29E Female 13 & Over 200 Back 4 6.43 32.358 PR F # 31E Female 13 & Over 50 Fly 3 0.95 35.008 Fr # 36C 200 Medley Relay Lead Off 2.80 Gianna Hnidey (10) Fr F # 32C Female 10-10 50 Free 17 -3.96 25.08S P # 9C Female 10-10 25 Free 20 0.14 2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 1.54 1:25.77S PR P # 4E Male 13 & Over 50 Free 10 -2.68	1:12.45\$	PR P	# 17E	Female 13 & Over 100 Back	3		1.93
33.98S PR F # 21E Female 13 & Over 50 Back 3 1.78 2:40.54S PR F # 29E Female 13 & Over 200 Back 4 6.43 32.35S PR F # 31E Female 13 & Over 50 Fly 3 0.95 35.00S F # 36C 200 Medley Relay Lead Off 2.80 Gianna Hnidey (10) F 55.17S P # 3C Female 10-10 50 Free 17 -3.96 25.08S P # 9C Female 10-10 25 Free 20 0.14 2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 2.31 Alexander Holt (13) W T:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 <td< td=""><td>1:15.23\$</td><td>F</td><td># 17E</td><td>Female 13 & Over 100 Back</td><td>3</td><td></td><td>4.71</td></td<>	1:15.23\$	F	# 17E	Female 13 & Over 100 Back	3		4.71
2:40.54\$ PR F # 29E Female 13 & Over 200 Back 4 6.43 32.35\$ PR F # 31E Female 13 & Over 50 Fly 3 0.95 35.00\$ F # 36C 200 Medley Relay Lead Off 2.80 Gianna Hnidey (10) F F # 3C Female 10-10 50 Free 17 3.96 25.08\$ P # 9C Female 10-10 25 Free 20 0.14 2:50.83\$ P # 13C Female 10-10 100 Free 22 0.14 2:50.83\$ P # 17C Female 10-10 100 Back 17 2.31 4:102.68 P # 17C Female 10-10 50 Back 17 2.31 Alexander Holt (13) M 1:22.74\$ CH F # 2E Male 13 & Over 100 Breast 3 1.54 1:25.77\$ PR P # 4E Male 13 & Over 50 Free 10 2.68 <td>33.83S</td> <td>PR P</td> <td># 21E</td> <td>Female 13 & Over 50 Back</td> <td>4</td> <td></td> <td>1.63</td>	33.83S	PR P	# 21E	Female 13 & Over 50 Back	4		1.63
32.35\$ PR F # 31E Female 13 & Over 50 Fly 3 0.95 35.00\$ Fr F # 36C 200 Medley Relay Lead Off 2.80 Gianna Hnidey (10) F 55.17\$ Pr P # 3C Female 10-10 50 Free 17 -3.96 25.08\$ Pr P # 9C Female 10-10 25 Free 20 0.14 2:05.83\$ Pr P # 13C Female 10-10 100 Free 22 2:15.19\$ Pr P # 17C Female 10-10 100 Back 17 1:02.68\$ Pr P # 21C Female 10-10 50 Back 17 2.31 Alexander Holt (13) W 1:22.74\$ CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77\$ PR P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55\$ CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38\$ PR P # 24E Male 13 & Over 50 Breast 8 0.48	33.98S	PR F	# 21E	Female 13 & Over 50 Back	3		1.78
Signate Sign	2:40.54\$	PR F	# 29E	Female 13 & Over 200 Back	4		6.43
Gianna Hnidey (10) F 55.17S P # 3C Female 10-10 50 Free 17 -3.96 25.08S P # 9C Female 10-10 25 Free 20 0.14 2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 -1.54 3:25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	32.35S	PR F	# 31E	Female 13 & Over 50 Fly	3		0.95
55.17S P # 3C Female 10-10 50 Free 17 -3.96 25.08S P # 9C Female 10-10 25 Free 20 0.14 2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 1:02.68S P # 21C Female 10-10 50 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 0.48	35.00S	F	# 36C	200 Medley Relay Lead Off			2.80
25.08S P # 9C Female 10-10 25 Free 20 0.14 2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	Gianna Hnide	ey (10) F					
2:05.83S P # 13C Female 10-10 100 Free 22 2:15.19S P # 17C Female 10-10 100 Back 17 1:02.68S P # 21C Female 10-10 50 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 4E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	55.17S	Р	# 3C	Female 10-10 50 Free	17		-3.96
2:15.19S P # 17C Female 10-10 100 Back 17 1:02.68S 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 0.48 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	25.08S	P	# 9C	Female 10-10 25 Free	20		0.14
1:02.68S P # 21C Female 10-10 50 Back 17 2.31 Alexander Holt (13) W 1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	2:05.83\$	P	# 13C	Female 10-10 100 Free	22		
Alexander Holt (13) M 1:22.74\$ CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77\$ PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25\$ PR P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55\$ CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38\$ PR P # 24E Male 13 & Over 100 IM 8 1.17 39.24\$ PR F # 28E Male 13 & Over 50 Breast 8 0.48	2:15.198	P	# 17C	Female 10-10 100 Back	17		
1:22.74S CH F # 2E Male 13 & Over 100 Breast 3 -1.54 1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	1:02.68S	P	# 21C	Female 10-10 50 Back	17		2.31
1:25.77S PR P # 2E Male 13 & Over 100 Breast 3 1.49 31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	Alexander Ho	olt (13) M					
31.25S P # 4E Male 13 & Over 50 Free 10 -2.68 2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	1:22.74S	CH F	# 2E	Male 13 & Over 100 Breast	3		-1.54
2:58.55S CH F # 16E Male 13 & Over 200 Breast 1 -0.27 1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	1:25.77S	PR P	# 2E	Male 13 & Over 100 Breast	3		1.49
1:17.38S P # 24E Male 13 & Over 100 IM 8 1.17 39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	31.25S	P	# 4E	Male 13 & Over 50 Free	10		-2.68
39.24S PR F # 28E Male 13 & Over 50 Breast 8 0.48	2:58.55\$	CH F	# 16E	Male 13 & Over 200 Breast	1		-0.27
	1:17.38\$	P	# 24E	Male 13 & Over 100 IM	8		1.17
33.00S PR F # 32E Male 13 & Over 50 Fly 9 0.56	39.24S	PR F	# 28E	Male 13 & Over 50 Breast	8		0.48
	33.00S	PR F	# 32E	Male 13 & Over 50 Fly	9		0.56

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Soza Hunter (11) F	Time	F/P/S	Event	Place	Points	Improv
6:12.53	Cora Hunter (1	1) F				
	35.22S DQ	P # 3D	Female 11-12 50 Free			
	6:12.53S	F # 11A	Female 11-12 400 Free	5		
42.45S	4:00.87S	F # 15D	Female 11-12 200 Breast	11		-10.51
1:34.565	41.13S	P # 21D	Female 11-12 50 Back	6		-0.70
1.38.375	42.45S	F # 21D	Female 11-12 50 Back	6		0.62
53.62S F # 27D Female 11-12 50 Freat 20 0.09 42.70S F # 31D Female 11-12 50 Fty 5 1.56 Leah Hunter (B) F 2:30.72S F # 1 A Female 8 & Under 100 Breast 2 .43.84 2:30.95S P # 1 A Female 8 & Under 100 Breast 2 .36.61 51.89S P # 3A Female 8 & Under 50 Free 2 .36.64 22.53S P # 9 A Female 8 & Under 50 Free 3 .14.5 1:54.00S F # 13A Female 8 & Under 100 Free 2 .10.7 1:55.92S P # 13A Female 8 & Under 100 Free 2 .1.17 1:54.34S F # 21A Female 8 & Under 50 Back 2 .1.17 1:10.12S F # 27A Female 8 & Under 50 Breast 2 .2.59 21.17S F <td< td=""><td>1:34.56S</td><td>P # 23D</td><td>Female 11-12 100 IM</td><td>5</td><td></td><td>-1.74</td></td<>	1:34.56S	P # 23D	Female 11-12 100 IM	5		-1.74
	1:38.37S	F # 23D	Female 11-12 100 IM	6		2.07
Packa Hunter (8) F	53.62S	F # 27D	Female 11-12 50 Breast	20		0.09
2:30.72S F # 1A Female 8 & Under 100 Breast 2	42.70S	F # 31D	Female 11-12 50 Fly	5		1.56
2:30.95S P # 1A Female 8 & Under 100 Breast 2 43.61 51.89S P # 3A Female 8 & Under 50 Free 2 3.64 22.53S P # 9A Female 8 & Under 100 Free 3 1.13 1:56.92S P # 13A Female 8 & Under 100 Free 2 4.05 54.34S P # 21A Female 8 & Under 50 Back 2 1.17 54.88S F # 21A Female 8 & Under 50 Back 3 1.58 21.17 F # 27A Female 8 & Under 25 Breast 2 1.58 21.17 F # 991A Female 8 & Under 25 Free 3 1.58 21.17 F # 991A Female 8 & Under 25 Free 3 1.58 21.17 F # 91A Female 8 & Under 25 Free 12 2.69 32.15S P # 9 A Female 8 & Under 100 Free 12 2.69 32.15S P # 13A Female 8 & Under 100 Back 3 1.19 2:4.95S P # 15A Female 8 & Under 100 Back 3 1.21	Leah Hunter (8	B) F				
51.89S P # 3A Female 8 & Under 50 Free 2 3.64 22.53S P # 9A Female 8 & Under 25 Free 3 1.45 1:54.00S F # 13A Female 8 & Under 100 Free 2 1.13 1:56.92S P # 13A Female 8 & Under 100 Free 2 4.05 54.34S P # 21A Female 8 & Under 50 Back 2 1.17 54.88S F # 21A Female 8 & Under 50 Back 3 1.71 1:10.12S F # 27A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 27A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 27A Female 8 & Under 50 Breast 12 -2.69 32.15S P # 3A Female 8 & Under 100 Free 15 .2.70 23.49S P # 13A Female 8 & Under 100 Back <td>2:30.72S</td> <td>F # 1A</td> <td>Female 8 & Under 100 Breast</td> <td>2</td> <td></td> <td>-43.84</td>	2:30.72S	F # 1A	Female 8 & Under 100 Breast	2		-43.84
22.53S P # 9A Female 8 & Under 25 Free 3 1.45 1.54.00S F # 13A Female 8 & Under 100 Free 2 4.05 1.56.92S P # 13A Female 8 & Under 100 Free 2 4.05 54.34S P # 21A Female 8 & Under 50 Back 3 1.17 54.88S F # 27A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 901A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 901A Female 8 & Under 50 Free 3 -0.09 Brynna Hurd (8) F *** Female 8 & Under 50 Free 12 -2.69 32.15S P # 9A Female 8 & Under 50 Free 12 -2.69 32.15S P # 17A Female 8 & Under 100 Free 15 -2.69 32.45SS P # 17A Female 8 & Under 100 Back 3 -2.69 41.10A P # 17A Female 8 & Under 50 Back </td <td>2:30.95\$</td> <td>P # 1A</td> <td>Female 8 & Under 100 Breast</td> <td>2</td> <td></td> <td>-43.61</td>	2:30.95\$	P # 1A	Female 8 & Under 100 Breast	2		-43.61
1.54.00S F # 13A Female 8 & Under 100 Free 2 4.05 1.55.6.92S P # 13A Female 8 & Under 50 Back 2 4.05 54.34S P # 21A Female 8 & Under 50 Back 2 1.17 54.88S F # 21A Female 8 & Under 50 Breast 3 1.58 21.17S F # 27A Female 8 & Under 50 Breast 2 1.58 21.17S F # 27A Female 8 & Under 50 Breast 2 1.58 21.17S F # 90A Female 8 & Under 50 Free 3 0.09 Brynna Hurd (8) F F # 13A Female 8 & Under 50 Free 12 2.69 32.15S P # 9 A Female 8 & Under 100 Free 15 2.70 2:34.95S P # 13A Female 8 & Under 100 Back 3 11.90 2:40.03S F # 17A Female 8 & Under 100 Back 5 12.46 Gibson Hurd (10) W	51.89S	P # 3A	Female 8 & Under 50 Free	2		3.64
1:56.92S P # 13A Female 8 & Under 100 Free 2 4.05 54.34S P # 21A Female 8 & Under 50 Back 2 1.17 54.88S F # 21A Female 8 & Under 50 Back 3 1.71 11.0.12S F # 27A Female 8 & Under 50 Breast 2 0.09 Brynna Hurd (8) F # 27A Female 8 & Under 50 Free 3 0.09 Brynna Hurd (8) F # 9A Female 8 & Under 50 Free 12 2.69 32.15S P # 9A Female 8 & Under 100 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 5 11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.71 1:12.44S P # 17A Female 8 & Under 50 Back 5 0.74 4.18.9S P # 10C<	22.53S	P # 9A	Female 8 & Under 25 Free	3		1.45
54.34S P # 21A Female 8 & Under 50 Back 2 1.17 54.88S F # 21A Female 8 & Under 50 Back 3 1.71 1:10.12S F # 27A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 901A Female 8 & Under 50 Breast 2 -0.99 Brynna Hurd (8) F 1:10.43S P # 3A Female 8 & Under 50 Free 12 -2.69 32.15S P # 9A Female 8 & Under 100 Free 12 -2.69 32.34.9SS P # 9A Female 8 & Under 100 Free 15 8.34 2:34.9SS P # 13A Female 8 & Under 100 Back 3 11.90 2:34.9SS P # 17A Female 8 & Under 100 Back 3 12.17 2:34.9SS P # 17A Female 8 & Under 100 Back 3 12.19 2:44.10S P # 17A Female 8 & Under 100 Back 5 2.46 Bioch Hurd (10) M <td>1:54.00S</td> <td>F # 13A</td> <td>Female 8 & Under 100 Free</td> <td>2</td> <td></td> <td>1.13</td>	1:54.00S	F # 13A	Female 8 & Under 100 Free	2		1.13
54.88S F # 21A Female 8 & Under 50 Back 3 1.71 1:10.12S F # 27A Female 8 & Under 50 Breast 2 -1.58 21.17S F # 901A Female 8 & Under 25 Free 3 0.09 Brynna Hurd (8) F 1:10.43S P # 3A Female 8 & Under 50 Free 12 2.69 32.15S P # 9A Female 8 & Under 100 Free 12 2.70 23.49SS P # 13A Female 8 & Under 100 Free 15 2.70 23.49SS P # 13A Female 8 & Under 100 Back 3 8.34 2:20,03S F # 17A Female 8 & Under 100 Back 5 12.19 1:12.44S P # 12 Female 8 & Under 50 Back 5 2.46 Hand (10) M Hell P # 12 Female 8 & Under 50 Back 6 0.74 41.89S	1:56.92S	P # 13A	Female 8 & Under 100 Free	2		4.05
1:10.12S F # 27A Female 8 & Under 50 Breast 2 1.158 21.17S F # 901A Female 8 & Under 25 Free 3 0.09 Brynna Hurd (8) F 1:10.43S P # 3A Female 8 & Under 50 Free 12 2-269 32.15S P # 3A Female 8 & Under 25 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 100 Back 5 12.7 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P #	54.34S	P # 21A	Female 8 & Under 50 Back	2		1.17
8 # 901A Female 8 & Under 25 Free 3 0.09 Brynna Hurd (8) F Female 8 & Under 50 Free 1:10.43S P # 3A Female 8 & Under 50 Free 12 2.269 32.15S P # 9A Female 8 & Under 100 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 50 Back 11 2.46 6ibson Hurd (10) M Female 8 & Under 50 Back 5 0.74 41.80S P # 2 C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 200 Free 3 0.548 3.34.74S F # 22C <td>54.88S</td> <td>F # 21A</td> <td>Female 8 & Under 50 Back</td> <td>3</td> <td></td> <td>1.71</td>	54.88S	F # 21A	Female 8 & Under 50 Back	3		1.71
Brynna Hurd (8) F 1:10.43S P # 3A Female 8 & Under 50 Free 12 -2.69 32.15S P # 9A Female 8 & Under 25 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 100 Back 6 0.74 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 18C Male 10-10 20 Free 3 -5.48 3:34.74S F # 20C	1:10.12S	F # 27A	Female 8 & Under 50 Breast	2		-1.58
1:10.43S P # 3A Female 8 & Under 50 Free 12 -2.69 32.15S P # 9A Female 8 & Under 25 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 50 Back 11 2.46 Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 -5.48 3:34.74S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Breast 13 3.50 1:11.98S F # 35C <td>21.17S</td> <td>F #901A</td> <td>Female 8 & Under 25 Free</td> <td>3</td> <td></td> <td>0.09</td>	21.17S	F #901A	Female 8 & Under 25 Free	3		0.09
32.15S P # 9A Female 8 & Under 25 Free 12 2.70 2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 50 Back 11 2.46 Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off -0.17	Brynna Hurd (8	8) F				
2:34.95S P # 13A Female 8 & Under 100 Free 15 8.34 2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 50 Back 11 2.46 Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 1.41 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Breast 13 3.06 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off -0.17	1:10.43\$	P # 3A	Female 8 & Under 50 Free	12		-2.69
2:20.03S F # 17A Female 8 & Under 100 Back 3 -11.90 2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 50 Back 11 2.46 Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 -5.48 3:34.74S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off -0.17	32.15S	P # 9A	Female 8 & Under 25 Free	12		2.70
2:44.10S P # 17A Female 8 & Under 100 Back 5 12.17 1:12.44S P # 21A Female 8 & Under 50 Back 11 2.46 Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Breast 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off -0.17	2:34.95\$	P # 13A	Female 8 & Under 100 Free	15		8.34
1:12.44S P # 21A Pemale 8 & Under 50 Back 11	2:20.03S	F # 17A	Female 8 & Under 100 Back	3		-11.90
Gibson Hurd (10) M 41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	2:44.10S	P # 17A	Female 8 & Under 100 Back	5		12.17
41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	1:12.44S	P # 21A	Female 8 & Under 50 Back	11		2.46
41.89S P # 4C Male 10-10 50 Free 6 0.74 18.06S P # 10C Male 10-10 25 Free 6 -2.69 1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	Gibson Hurd (1	10) M				
1:47.61S P # 18C Male 10-10 100 Back 8 -5.48 3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	41.89S	P # 4C	Male 10-10 50 Free	6		0.74
3:34.74S F # 20C Male 10-10 200 Free 3 50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	18.06S	P # 10C	Male 10-10 25 Free	6		-2.69
50.93S F # 22C Male 10-10 50 Back 3 1.41 53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	1:47.61S	P # 18C	Male 10-10 100 Back	8		-5.48
53.02S P # 22C Male 10-10 50 Back 3 3.50 1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	3:34.74\$	F # 20C	Male 10-10 200 Free	3		
1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	50.93S	F # 22C	Male 10-10 50 Back	3		1.41
1:11.98S F # 28C Male 10-10 50 Breast 13 3.06 44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17	53.02S	P # 22C	Male 10-10 50 Back			3.50
44.57S F # 35C 200 Free Relay Lead Off 3.42 49.35S F # 36C 200 Medley Relay Lead Off -0.17			Male 10-10 50 Breast			
49.35S F # 36C 200 Medley Relay Lead Off0.17			200 Free Relay Lead Off			
			200 Medley Relay Lead Off			-0.17
		F #902C		4		-3.45

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Mackenzie Hurd	(13) F					
30.09S PR	Р	# 3E	Female 13 & Over 50 Free	3		0.11
2:58.12S	F	# 7E	Female 13 & Over 200 IM	4		0.40
1:06.96S PR	F	# 13E	Female 13 & Over 100 Free	1		-0.99
1:08.30S	P	# 13E	Female 13 & Over 100 Free	2		0.35
2:34.48\$	F	# 19E	Female 13 & Over 200 Free	3		-6.23
42.78S	F	# 27E	Female 13 & Over 50 Breast	10		-0.10
34.42S	F	# 31E	Female 13 & Over 50 Fly	6		0.59
30.70S PR	F	# 301B	Female 13 & Over 50 Free	4		0.72
Leah Jaber (12)	F					
1:52.968		# 1D	Female 11-12 100 Breast	20		-0.58
37.57S	P	# 3D	Female 11-12 50 Free	16		-0.28
1:19.518	P	# 13D	Female 11-12 100 Free	2		-1.56
1:21.668	F	# 13D	Female 11-12 100 Free	6		0.59
1:33.52S	P	# 17D	Female 11-12 100 Back	12		0.30
54.17S	F	# 27D	Female 11-12 50 Breast	24		2.69
43.76S	F	# 31D	Female 11-12 50 Fly	6		-0.98
Katelyn James (9) F					
2:07.918	•	# 1B	Female 9-9 100 Breast	10		1.38
20.93S	P	# 9B	Female 9-9 25 Free	9		
1:54.12S	P	# 13B	Female 9-9 100 Free	9		9.77
1:59.57\$	F	# 13B	Female 9-9 100 Free	9		15.22
54.42S	F	# 21B	Female 9-9 50 Back	6		1.06
56.43S	P	# 21B	Female 9-9 50 Back	8		3.07
1:02.05S	F	# 27B	Female 9-9 50 Breast	6		2.91
1:11.05S	F	# 31B	Female 9-9 50 Fly	10		
Matthew James	(12) M					
1:33.68\$		# 2D	Male 11-12 100 Breast	2		0.83
1:35.198	P	# 2D	Male 11-12 100 Breast	3		2.34
33.90S	P	# 4D	Male 11-12 50 Free	4		0.95
2:45.70\$	F	# 20D	Male 11-12 200 Free	1		
1:27.89S DQ	P	# 24D	Male 11-12 100 IM			
42.14S	F	# 28D	Male 11-12 50 Breast	3		-0.97
40.86S	F	# 32D	Male 11-12 50 Fly	10		-0.90
34.39S	F	# 35C	200 Free Relay Lead Off			1.44
38.00S	F	# 36C	200 Medley Relay Lead Off			-0.61
33.93\$	F	# 302A	Male 11-12 50 Free	5		0.98

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	;	Event	Plac	e Points	s Improv
Charlotte Johi	nston (9) F					
1:58.02S F		# 1B	Female 9-9 100 Breast	5		-3.55
2:00.32S F	FES P	# 1B	Female 9-9 100 Breast	5		-1.25
18.58S	P	# 9B	Female 9-9 25 Free	5		-0.14
1:36.35S F	FES P	# 17B	Female 9-9 100 Back	1		1.21
1:36.80S F	FES F	# 17B	Female 9-9 100 Back	1		1.66
1:43.51S F	FES F	# 23B	Female 9-9 100 IM	2		-2.94
1:47.59S F	FES P	# 23B	Female 9-9 100 IM	3		1.14
3:32.55\$	F	# 29B	Female 9-9 200 Back	1		6.03
59.68S	F	# 31B	Female 9-9 50 Fly	6		
18.19S	F	# 901B	Female 9-9 25 Free	3		-0.53
Camryn Jones	(11) F					
1:57.85S	Р	# 1D	Female 11-12 100 Breast	29		0.60
44.72S	P	# 3D	Female 11-12 50 Free	46		3.17
4:00.81S	F	# 15D	Female 11-12 200 Breast	10		-1.09
1:44.59S	P	# 23D	Female 11-12 100 IM	11		-6.06
52.98S	F	# 27D	Female 11-12 50 Breast	15		-0.79
55.21S	F	# 31D	Female 11-12 50 Fly	29		-1.85
Peyton Jones	(9) F					
1:59.68S F	FES F	# 1B	Female 9-9 100 Breast	6		-8.30
2:02.22S	P	# 1B	Female 9-9 100 Breast	6		-5.76
18.10S	P	# 9B	Female 9-9 25 Free	2		-1.02
4:30.26S	F	# 15B	Female 9-9 200 Breast	1		
1:43.95S F	FES F	# 23B	Female 9-9 100 IM	3		-22.27
1:47.17S F	FES P	# 23B	Female 9-9 100 IM	1		-19.05
56.68S	F	# 27B	Female 9-9 50 Breast	3		-1.35
54.56S	F	# 31B	Female 9-9 50 Fly	4		1.82
17.82S	F	# 901B	Female 9-9 25 Free	2		-1.30
Kate Julian (1	15) F					
36.28\$		# 3E	Female 13 & Over 50 Free	22		0.26
6:01.168	F	# 11B	Female 13 & Over 400 Free	9		-4.53
1:20.40\$	P	# 13E	Female 13 & Over 100 Free	12		2.58
1:30.18S	P	# 17E	Female 13 & Over 100 Back	12		2.41

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Mia Keogh (8)	F					
52.82S	P	# 3A	Female 8 & Under 50 Free	3		-0.04
22.71S	P	# 9A	Female 8 & Under 25 Free	4		1.13
1:59.71S	F	# 13A	Female 8 & Under 100 Free	4		-1.48
2:01.54S	P	# 13A	Female 8 & Under 100 Free	4		0.35
2:05.97S	F	# 17A	Female 8 & Under 100 Back	1		-1.75
2:08.28S	P	# 17A	Female 8 & Under 100 Back	1		0.56
53.96S	F	# 21A	Female 8 & Under 50 Back	2		-2.28
56.59S	P	# 21A	Female 8 & Under 50 Back	3		0.35
1:23.83S	F	# 27A	Female 8 & Under 50 Breast	3		
59.92S	F	# 36C	200 Medley Relay Lead Off			3.68
20.15S	F	# 901A	Female 8 & Under 25 Free	2		-1.43
Cassandra Kocs	sar (13) F					
1:42.96\$		# 1E	Female 13 & Over 100 Breast	19		-4.26
NS	P	# 3E	Female 13 & Over 50 Free			
1:15.32S	P	# 13E	Female 13 & Over 100 Free	11		-0.68
1:24.06S	F	# 23E	Female 13 & Over 100 IM	5		-3.94
1:24.948	P	# 23E	Female 13 & Over 100 IM	6		-3.06
45.65S	F	# 27E	Female 13 & Over 50 Breast	13		-1.31
34.79S	F	# 31E	Female 13 & Over 50 Fly	8		-1.33
Rylan Kohlruss	(9) M					
52.33S		# 4B	Male 9-9 50 Free	7		-5.04
21.76S	P	# 10B	Male 9-9 25 Free	6		-0.56
2:12.06S	P	# 14B	Male 9-9 100 Free	9		
2:19.49\$	P	# 18B	Male 9-9 100 Back	4		
2:22.32S	F	# 18B	Male 9-9 100 Back	3		
58.82S	F	# 22B	Male 9-9 50 Back	4		-2.74
1:03.12S	P	# 22B	Male 9-9 50 Back	5		1.56
21.13S	F	# 902B	Male 9-9 25 Free	6		-1.19
Katherine Kohi	ı (9) F					
2:05.28S		# 1B	Female 9-9 100 Breast	7		0.77
18.37S	P	# 9B	Female 9-9 25 Free	3		-2.28
1:39.32S FE	S P	# 17B	Female 9-9 100 Back	2		-2.99
1:41.42S FE	S F	# 17B	Female 9-9 100 Back	2		-0.89
1:41.36S FE		# 23B	Female 9-9 100 IM	1		-4.38
1:47.58S FE		# 23B	Female 9-9 100 IM	2		1.84
3:43.53\$		# 29B	Female 9-9 200 Back	2		6.10
51.56S		# 31B	Female 9-9 50 Fly	2		1.42
18.74S		# 901B	Female 9-9 25 Free	5		-1.91

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Caden Kotowich	(14) M					
1:16.44S PR	F	# 2E	Male 13 & Over 100 Breast	1		-7.74
1:17.45S PR	P	# 2E	Male 13 & Over 100 Breast	1		-6.73
28.74S	P	# 4E	Male 13 & Over 50 Free	7		0.22
1:04.58S	P	# 14E	Male 13 & Over 100 Free	6		0.57
1:06.95S	F	# 14E	Male 13 & Over 100 Free	5		2.94
1:15.698	P	# 18E	Male 13 & Over 100 Back	7		-6.11
35.34S PR	F	# 28E	Male 13 & Over 50 Breast	2		-1.62
2:59.02S	F	# 34E	Male 13 & Over 200 Fly	1		-9.96
28.85S	F	# 35C	200 Free Relay Lead Off			0.33
asper Kotowich	(11) M					
35.01S FES	P	# 4D	Male 11-12 50 Free	9		0.02
6:04.24\$	F	# 12A	Male 11-12 400 Free	2		
1:20.08S FES	S P	# 14D	Male 11-12 100 Free	8		2.84
38.10S FES	F F	# 22D	Male 11-12 50 Back	1		-0.97
38.13S FES	S P	# 22D	Male 11-12 50 Back	1		-0.94
1:30.71S FES	F F	# 24D	Male 11-12 100 IM	5		0.47
1:31.08S FES	S P	# 24D	Male 11-12 100 IM	4		0.84
3:06.85S	F	# 30D	Male 11-12 200 Back	2		-1.57
45.89S FES	F F	# 32D	Male 11-12 50 Fly	14		1.96
36.18S FES	F F	# 35C	200 Free Relay Lead Off			1.19
40.55S FES	F F	# 36C	200 Medley Relay Lead Off			1.48
Ethan Lake (10)	M					
1:57.37S FES		# 2C	Male 10-10 100 Breast	3		-7.52
1:59.81S	P	# 2C	Male 10-10 100 Breast	4		-5.08
38.36S FES	S P	# 4C	Male 10-10 50 Free	2		0.15
1:32.05S FES	S P	# 18C	Male 10-10 100 Back	2		2.20
1:33.15S FES	F F	# 18C	Male 10-10 100 Back	2		3.30
3:07.47S	F	# 20C	Male 10-10 200 Free	2		-7.76
55.39S	F	# 28C	Male 10-10 50 Breast	8		-1.01
3:19.25S DQ	F	# 30C	Male 10-10 200 Back			
38.34S FES	F F	# 35C	200 Free Relay Lead Off			0.13
41.36S FES	F F	# 36C	200 Medley Relay Lead Off			0.20
Clayton Lindenb	ack (11) N	И				
35.61S FES		# 4D	Male 11-12 50 Free	12		0.13
6:05.40S		# 12A	Male 11-12 400 Free	3		
1:21.75S FES		# 14D	Male 11-12 100 Free	11		0.94
1:27.33S FES		# 18D	Male 11-12 100 Back	3		-0.98
1:27.71S FES		# 18D	Male 11-12 100 Back	3		-0.60
1:30.02S FES		# 24D	Male 11-12 100 IM	4		1.94
1:30.70S FES		# 24D	Male 11-12 100 IM	3		2.62
3:04.07S		# 30D	Male 11-12 200 Back	1		-16.92
5.51.075	F	555	Male 11-12 200 Back Male 11-12 50 Fly	9		1.99

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	5	Event	Place	Points	Improv
Genevyeve L	indenback (1	l3) F				
34.72S	P	-	Female 13 & Over 50 Free	18		0.48
5:49.38\$	F	# 11B	Female 13 & Over 400 Free	7		-8.91
1:23.26\$	P	# 17E	Female 13 & Over 100 Back	8		0.02
1:27.24S	P	# 23E	Female 13 & Over 100 IM	9		0.52
2:58.58\$	F	# 29E	Female 13 & Over 200 Back	9		0.46
40.13S	F	# 31E	Female 13 & Over 50 Fly	18		1.54
Mychael Lin	denback (11)	M				
1:36.35S	FES P	# 2D	Male 11-12 100 Breast	4		-6.65
1:39.66S	FES F	# 2D	Male 11-12 100 Breast	4		-3.34
35.71S	FES P	# 4D	Male 11-12 50 Free	13		0.09
6:00.98S	F	# 12A	Male 11-12 400 Free	1		-70.64
3:29.35\$	F	# 16D	Male 11-12 200 Breast	1		-10.59
1:28.85S	FES F	# 24D	Male 11-12 100 IM	2		1.02
1:29.07\$	FES P	# 24D	Male 11-12 100 IM	2		1.24
46.85S	FES F	# 28D	Male 11-12 50 Breast	10		0.07
39.38S	FES F	# 32D	Male 11-12 50 Fly	7		1.80
36.28S	FES F	# 35C	200 Free Relay Lead Off			0.66
Alyssa Linto	n (8) F					
1:02.63\$	P	# 3A	Female 8 & Under 50 Free	8		
28.64S	P	# 9A	Female 8 & Under 25 Free	9		
2:17.90\$	P	# 13A	Female 8 & Under 100 Free	9		
1:06.93\$	P	# 21A	Female 8 & Under 50 Back	7		
1:02.30S	DQ F	# 21A	Female 8 & Under 50 Back			
Lauren Livir	ngstone (11)	F				
1:56.17\$		# 1D	Female 11-12 100 Breast	25		1.10
41.99S	P	# 3D	Female 11-12 50 Free	40		1.51
4:09.29S	F	# 15D	Female 11-12 200 Breast	14		-8.57
1:45.128	P	# 23D	Female 11-12 100 IM	12		-25.20
49.33S	F	# 27D	Female 11-12 50 Breast	5		-1.36
57.93S	F	# 31D	Female 11-12 50 Fly	33		-10.86
Mia Macleod	d (17) F					
NS		# 1E	Female 13 & Over 100 Breast			
NS	P	# 3E	Female 13 & Over 50 Free			
Madison Me	ikle (10) F					
2:33.35S	Р	# 1C	Female 10-10 100 Breast	19		
49.69S	P	# 3C	Female 10-10 50 Free	12		-0.21
23.36S	P	# 9C	Female 10-10 25 Free	19		2.41
1:57.78S	P	# 13C	Female 10-10 100 Free	18		5.59
2:02.63\$	P		Female 10-10 100 Back	13		0.91
57.61S	P	# 21C	Female 10-10 50 Back	14		4.04
1:09.218		# 27C	Female 10-10 50 Breast	17		0.22
	_	-				-

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Paden Melton (12) Pade P	Time	F/P/S		Event	Place	Points	Improv
NS P # 6D Male 11-12 100 Fly NS P # 20D Male 11-12 200 Free NS P # 20D Male 11-12 50 Breast 4 42.32S F # 32D Male 11-12 50 Free 2 2 <th< th=""><th>Jaden Melton (</th><th>12) M</th><th></th><th></th><th></th><th></th><th></th></th<>	Jaden Melton (12) M					
NS F 2 ∪ July Male 11-12 200 Free NS P 2 ± 240 Male 11-12 100 IM 4 2.32S F 2 280 Male 11-12 50 Free 2 3 2.28S F 8 302 Male 11-12 50 Free 2	32.21S	P #	4D	Male 11-12 50 Free	2		-0.11
NS	NS	P #	6D	Male 11-12 100 Fly			
42.32S	NS	F #	20D	Male 11-12 200 Free			
35.59S	NS	P #	24D	Male 11-12 100 IM			
Number N	42.32S	F #	28D	Male 11-12 50 Breast	4		-0.10
Main	35.59S	F #	32D	Male 11-12 50 Fly	2		-2.03
46.58S	32.28S	F #	302A	Male 11-12 50 Free	2		-0.04
20.85S P # 10C Male 10-10 25 Free 9 0.83 1:51.75S P # 18C Male 10-10 100 Back 9 4.61 48.48S F # 22C Male 10-10 50 Back 2 4.31 49.93S P # 22C Male 10-10 50 Breast 2 1:20.93S DQ F # 28C Male 10-10 50 Free 48.88S F # 32C Male 10-10 50 Free 48.88S F # 32C ONFee Relay Lead Off 48.88S F # 33A Female 8 & Under 50 Free 7 48.88S P # 9A Female 8 & Under 50 Free 7	Jude Melton (1	0) M					
1:51.75S	46.58S	P #	4C	Male 10-10 50 Free	9		-4.60
48.48S	20.85S	P #	10C	Male 10-10 25 Free	9		0.83
49.93S P # 22C Male 10-10 50 Back 2 -2.86 1:02.93S DQ F # 28C Male 10-10 50 Breast 1:24.42S F # 3C Male 10-10 50 Fly 9 48.88S F # 3C 20 Free Relay Lead Off	1:51.75S	P #	18C	Male 10-10 100 Back	9		-4.61
1:02.93S DQ F # 28C Male 10-10 50 Breast	48.48S	F #	22C	Male 10-10 50 Back	2		-4.31
1:24.42S F # 32C Male 10-10 50 Fly 9 2.30 48.88S F # 35C 200 Free Relay Lead Off	49.93S	P #	22C	Male 10-10 50 Back	2		-2.86
48.88S F # 35C 200 Free Relay Lead Off -2.30 Amelia Myles (8) F -2.30 1:00.53S P # 3A Female 8 & Under 50 Free 7 30.31S P # 9A Female 8 & Under 50 Free 10 2:29.90S P # 13A Female 8 & Under 100 Free 13 1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S P # 21A Female 8 & Under 50 Back 14 1:14.90S P # 21A Female 8 & Under 50 Back 14 1:14.90S P # 13D Female 8 & Under 50 Back 14 1:59.28S DQ P # 13D Female 11-12 100 Breast <t< td=""><td>1:02.93S DO</td><td>Q F#</td><td>28C</td><td>Male 10-10 50 Breast</td><td></td><td></td><td></td></t<>	1:02.93S DO	Q F#	28C	Male 10-10 50 Breast			
Amelia Myles (8) F 1:00.53S P # 3A Female 8 & Under 50 Free 7 30.31S P # 9A Female 8 & Under 25 Free 10 2:29.90S P # 13A Female 8 & Under 100 Free 13 1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 30 Female 11-12 100 Breast 44.07S P # 30 Female 11-12 200 Breast 1:44.51S P # 17D Female 11-12 100 Back 56.09S	1:24.42S	F #	32C	Male 10-10 50 Fly	9		
1:00.53S P # 3A Female 8 & Under 50 Free 7 30.31S P # 9A Female 8 & Under 25 Free 10 2:29.90S P # 13A Female 8 & Under 100 Free 13 1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 40 200 Free Relay Lead Off 1:14.90S F # 10 Pemale 11-12 100 Breast <	48.88S	F #	35C	200 Free Relay Lead Off			-2.30
30.31S P # 9A Female 8 & Under 25 Free 10 2:29.90S P # 13A Female 8 & Under 100 Free 13 1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S F # 40 200 Free Relay Lead Off Eleanor Nevin (11) F 1:59.28S DQ P # 1D Female 11-12 100 Breast 44.07S P # 3D Female 11-12 50 Free 45 2.44 4:07.65S F # 15D Female 11-12 100 Back 25 0.81 1:44.51S P # 17D Female 11-12 100 IM 9 2.13 56.09S F # 27D Female 11-12 50 Breast 30 2.22 Gavin Pacitit (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 2.26OS P # 10C Male 10-10 25 Free 15 1:51.32S P # 22C Male 10-10 50 Back	Amelia Myles (8) F					
2:29.90S P # 13A Female 8 & Under 100 Free 13 1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S F # 40 200 Free Relay Lead Off Eleanor Nevin (11) F 1:59.28S DQ P # 1D Female 11-12 100 Breast 2.44 44.07S P # 3D Female 11-12 200 Breast 13 2.44 4:07.65S F # 15D Female 11-12 100 Breast 13 -7.39 1:44.51S P # 17D Female 11-12 100 Back 25 0.81 1:44.12S P # 23D Female 11-12 50 Breast 30 2.22 Gavin Pacititi (10) M 9 2.22 F # 27D Female 11-12 50 Breast 10 2.12 2.2.60S P # 4C Male 10-10 50 Free 15 1:51.32S P # 14C Male 10-10 50 Back	1:00.53S	P #	3A	Female 8 & Under 50 Free	7		
1:16.64S P # 21A Female 8 & Under 50 Back 14 1:14.90S F # 40 200 Free Relay Lead Off Eleanor Nevin (11) F 1:59.28S DQ P # 1D Female 11-12 100 Breast 44.07.65S F # 15D Female 11-12 200 Breast 13 .7.39 1:44.51S P # 17D Female 11-12 100 Back 25 0.81 1:44.12S P # 23D Female 11-12 100 IM 9 2.13 56.09S F # 27D Female 11-12 50 Breast 30 2.22 Cavin Pacititi (10) M 47.12S P # 4C Male 10-10 50 Free 10 1:51.32S P # 10C Male 10-10 25 Free 15 1:51.32S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ	30.31S	P #	9A	Female 8 & Under 25 Free	10		
Eleanor Nevin (11) F 1.59.28S DQ P # 1D Female 11-12 100 Breast -	2:29.90S	P #	13A	Female 8 & Under 100 Free	13		
Eleanor Nevin (11) F 1:59.28S DQ P # 1D Female 11-12 100 Breast	1:16.64S	P #	21A	Female 8 & Under 50 Back	14		
1:59,288 DQ P # 1D Female 11-12 100 Breast	1:14.90S	F #	40	200 Free Relay Lead Off			
1:59,288 DQ P # 1D Female 11-12 100 Breast	Eleanor Nevin	(11) F					
4:07.65S F # 15D Female 11-12 200 Breast 13 -7.39 1:44.51S P # 17D Female 11-12 100 Back 25 0.81 1:44.12S P # 23D Female 11-12 100 IM 9 2.13 56.09S F # 27D Female 11-12 50 Breast 30 2.22 Gavin Pacitti (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Breast 14 1.62			1D	Female 11-12 100 Breast			
1:44.51S P # 17D Female 11-12 100 Back 25 0.81 1:44.12S P # 23D Female 11-12 100 IM 9 2.13 56.09S F # 27D Female 11-12 50 Breast 30 2.22 Gavin Pacitti (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Breast 14 1.62	44.07S	P #	3D	Female 11-12 50 Free	45		2.44
1:44.12S P # 23D Female 11-12 100 IM 9 2.13 56.09S F # 27D Female 11-12 50 Breast 30 2.22 Gavin Pacitti (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	4:07.65S	F #	15D	Female 11-12 200 Breast	13		-7.39
56.09S F # 27D Female 11-12 50 Breast 30 2.22 Gavin Pacitti (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	1:44.51S	P #	17D	Female 11-12 100 Back	25		0.81
Gavin Pacitti (10) M 47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	1:44.12S	P #	23D	Female 11-12 100 IM	9		2.13
47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	56.09S	F #	27D	Female 11-12 50 Breast	30		2.22
47.12S P # 4C Male 10-10 50 Free 10 -2.12 22.60S P # 10C Male 10-10 25 Free 15 1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	Gavin Pacitti (1	10) M					
1:51.32S P # 14C Male 10-10 100 Free 9 -6.95 54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	-	-	4C	Male 10-10 50 Free	10		-2.12
54.16S P # 22C Male 10-10 50 Back 5 0.57 52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	22.60S	P #	10C	Male 10-10 25 Free	15		
52.72S DQ F # 22C Male 10-10 50 Back 1:13.62S F # 28C Male 10-10 50 Breast 14 1.62				Male 10-10 100 Free			-6.95
1:13.62S F # 28C Male 10-10 50 Breast 14 1.62	54.16S	P #	22C	Male 10-10 50 Back	5		0.57
	52.72S DO	Q F#	22C	Male 10-10 50 Back			
49.87S F # 35C 200 Free Relay Lead Off 0.63			28C	Male 10-10 50 Breast	14		1.62
	49.87\$	F #	35C	200 Free Relay Lead Off			0.63

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Molly Penn (13	3) F				
1:30.925	P # 1E	Female 13 & Over 100 Breast	7		3.75
5:37.44\$	F # 11B	Female 13 & Over 400 Free	6		-7.37
38.56S	P # 21E	Female 13 & Over 50 Back	9		1.56
1:21.74S	P # 23E	Female 13 & Over 100 IM	5		2.77
40.52S	F # 27E	Female 13 & Over 50 Breast	5		2.00
35.46S	F # 31E	Female 13 & Over 50 Fly	10		1.38
Nathan Penn (13) M				
1:36.80S	P # 2E	Male 13 & Over 100 Breast	7		3.03
3:06.72S	F # 8E	Male 13 & Over 200 IM	3		-31.69
DQ	F # 16E	Male 13 & Over 200 Breast			
2:49.55\$	F # 20E	Male 13 & Over 200 Free	3		-13.24
41.57\$	F # 28E	Male 13 & Over 50 Breast	11		-2.49
39.48\$	F # 32E	Male 13 & Over 50 Fly	13		-2.47
37.33\$	F # 36C	200 Medley Relay Lead Off			-1.56
Mirko Petrovic	(9) M				
1:00.03S	P # 4B	Male 9-9 50 Free	9		
28.52S	P # 10B	Male 9-9 25 Free	8		
2:24.52\$	P # 14B	Male 9-9 100 Free	12		
1:07.76\$	F # 22B	Male 9-9 50 Back	5		
1:08.82S	P # 22B	Male 9-9 50 Back	6		
Emma Pillay (7	7) F				
1:10.42S	P # 3A	Female 8 & Under 50 Free	11		-6.20
30.47S	P # 9A	Female 8 & Under 25 Free	11		-6.62
2:40.52S	P # 13A	Female 8 & Under 100 Free	16		-7.51
2:33.73\$	F # 17A	Female 8 & Under 100 Back	6		-7.82
2:46.93\$	P # 17A	Female 8 & Under 100 Back	6		5.38
1:14.98\$	P # 21A	Female 8 & Under 50 Back	13		3.90
1:10.55\$	F # 40	200 Free Relay Lead Off			-6.07
Liam Pillay (10)) M				
41.12S	P # 4C	Male 10-10 50 Free	5		0.17
2:02.74\$	F # 6C	Male 10-10 100 Fly	5		
2:05.17S	P # 6C	Male 10-10 100 Fly	5		
18.07S	P # 10C	Male 10-10 25 Free	7		-0.50
1:33.57\$	F # 14C	Male 10-10 100 Free	5		-1.26
1:36.16\$	P # 14C	Male 10-10 100 Free	6		1.33
4:02.48\$	F # 16C	Male 10-10 200 Breast	3		-14.33
52.04S FE	ES F # 28C	Male 10-10 50 Breast	2		-1.08
48.91S	F # 32C	Male 10-10 50 Fly	3		-2.19
17.93\$	F #902C	Male 10-10 25 Free	6		-0.64

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Seth Pillay (13)	M				
1:29.24S PR	F # 2E	Male 13 & Over 100 Breast	5		-1.88
1:31.16S	P # 2E	Male 13 & Over 100 Breast	6		0.04
34.04S	P # 4E	Male 13 & Over 50 Free	14		1.16
3:07.83S PR	F # 16E	Male 13 & Over 200 Breast	2		-15.50
2:42.45\$	F # 20E	Male 13 & Over 200 Free	2		-7.57
41.47S	F # 28E	Male 13 & Over 50 Breast	10		-0.89
41.52S	F # 32E	Male 13 & Over 50 Fly	14		1.73
Tia Podesky (7)	F				
1:15.96S	P # 3A	Female 8 & Under 50 Free	13		-0.89
33.55S	P # 9A	Female 8 & Under 25 Free	13		-2.39
3:05.82S	P # 13A	Female 8 & Under 100 Free	17		
1:14.44S	P # 21A	Female 8 & Under 50 Back	12		
Gherman Reksh	ta (9) M				
59.898	P # 4B	Male 9-9 50 Free	8		-14.13
23.14S	P # 10B	Male 9-9 25 Free	7		-10.38
2:12.718	P # 14B	Male 9-9 100 Free	10		
1:09.958	F # 22B	Male 9-9 50 Back	6		-6.92
1:17.72S	P # 22B	Male 9-9 50 Back	7		0.85
Grace Riley (10) F				
2:01.61S FES	S P # 1C	Female 10-10 100 Breast	9		-31.68
2:06.78\$	F # 1C	Female 10-10 100 Breast	12		-26.51
56.34S	P # 3C	Female 10-10 50 Free	18		0.09
23.12S	P # 9C	Female 10-10 25 Free	18		-3.08
2:05.33\$	P # 13C	Female 10-10 100 Free	21		-0.23
2:11.01S	P # 17C	Female 10-10 100 Back	16		-1.49
58.93S	P # 21C	Female 10-10 50 Back	15		-1.50
57.97S	F # 27C	Female 10-10 50 Breast	11		0.79
Cale Rockley (1	1) M				
2:00.63\$	P # 2D	Male 11-12 100 Breast	14		-5.93
NS	P # 4D	Male 11-12 50 Free			
Violet Rockley ((8) F				
1:07.47S	P # 3A	Female 8 & Under 50 Free	10		1.79
27.44S	P # 9A	Female 8 & Under 25 Free	8		-1.15
2:30.58\$	P # 13A	Female 8 & Under 100 Free	14		-4.10
2:22.29S	F # 17A	Female 8 & Under 100 Back	4		-4.69
2:32.76S	P # 17A	Female 8 & Under 100 Back	3		5.78
1:07.03S	P # 21A	Female 8 & Under 50 Back	8		-4.14

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Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Cole Ronning (9) M				
42.50S	P # 4B	Male 9-9 50 Free	4		-2.58
19.58S	P # 10B	Male 9-9 25 Free	5		-1.27
1:38.89\$	P # 14B	Male 9-9 100 Free	4		-7.51
1:39.97\$	F # 14B	Male 9-9 100 Free	5		-6.43
50.41S	F # 22B	Male 9-9 50 Back	3		-1.90
50.85S	P # 22B	Male 9-9 50 Back	3		-1.46
1:11.65S	F # 28B	Male 9-9 50 Breast	4		0.15
1:11.72S	F # 32B	Male 9-9 50 Fly	7		
18.43S	F # 902B	Male 9-9 25 Free	4		-2.42
Emma Saralegui	i (12) F				
1:48.82S	P # 1D	Female 11-12 100 Breast	9		-10.44
38.95S	P # 3D	Female 11-12 50 Free	25		-0.44
4:00.96S	F # 15D	Female 11-12 200 Breast	12		-6.95
1:43.55\$	P # 23D	Female 11-12 100 IM	8		2.26
52.35S	F # 27D	Female 11-12 50 Breast	14		0.95
57.85S	F # 31D	Female 11-12 50 Fly	32		5.40
Kierra Sikora (1	l1) F				
2:01.33S	P # 1D	Female 11-12 100 Breast	32		-0.30
44.94S	P # 3D	Female 11-12 50 Free	50		0.19
4:16.25S	F # 15D	Female 11-12 200 Breast	17		-1.39
1:47.93\$	P # 23D	Female 11-12 100 IM	15		-3.16
53.76S	F # 27D	Female 11-12 50 Breast	21		-0.80
56.21S	F # 31D	Female 11-12 50 Fly	31		0.33
Lily Sikora (9)	F				
58.00S	P # 3B	Female 9-9 50 Free	7		-0.38
26.61S	P # 9B	Female 9-9 25 Free	12		1.39
2:12.12S	P # 13B	Female 9-9 100 Free	16		3.75
2:13.01S	P # 17B	Female 9-9 100 Back	10		6.72
59.94S	P # 21B	Female 9-9 50 Back	9		1.79
1:08.42S	F # 27B	Female 9-9 50 Breast	9		-1.96
Aidan Spence (1	12) M				
34.47S	P # 4D	Male 11-12 50 Free	7		-1.79
6:33.20S	F # 12A	Male 11-12 400 Free	4		
1:16.90S	F # 14D	Male 11-12 100 Free	4		-9.40
1:17.99S	P # 14D	Male 11-12 100 Free	5		-8.31
3:51.24S	F # 16D	Male 11-12 200 Breast	4		-67.39
1:29.52S	F # 24D	Male 11-12 100 IM	3		-6.73
1:31.33S	P # 24D	Male 11-12 100 IM	5		-4.92
49.84S	F # 28D	Male 11-12 50 Breast	13		-0.33
39.48\$	F # 32D	Male 11-12 50 Fly	8		-2.43

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	}	Event	Place	Points	Improv
Abby Thiele (13) F					
1:30.96S		# 1E	Female 13 & Over 100 Breast	6		-2.87
1:31.20S	P	# 1E	Female 13 & Over 100 Breast	9		-2.63
31.29S	P	# 3E	Female 13 & Over 50 Free	5		0.26
1:08.85S	P	# 13E	Female 13 & Over 100 Free	5		0.38
1:09.47S	F	# 13E	Female 13 & Over 100 Free	6		1.00
1:17.948	P	# 17E	Female 13 & Over 100 Back	4		0.03
1:18.86S	F	# 17E	Female 13 & Over 100 Back	4		0.95
42.24S	F	# 27E	Female 13 & Over 50 Breast	7		-0.22
2:51.73S	F	# 29E	Female 13 & Over 200 Back	5		-2.02
30.72S F	PR F	# 301B	Female 13 & Over 50 Free	5		-0.31
Hailey Thiele	(10) F					
3:15.88S	F	# 7C	Female 10-10 200 IM	1		1.98
16.66S	P	# 9C	Female 10-10 25 Free	4		-0.76
1:29.55S F	FES P	# 17C	Female 10-10 100 Back	2		-0.38
1:31.49S F	FES F	# 17C	Female 10-10 100 Back	2		1.56
41.02S F	FES F	# 21C	Female 10-10 50 Back	2		-0.46
42.06S F	FES P	# 21C	Female 10-10 50 Back	2		0.58
1:35.58S F	FES F	# 23C	Female 10-10 100 IM	1		1.80
1:36.40S F	FES P	# 23C	Female 10-10 100 IM	1		2.62
41.85S F	FES F	# 31C	Female 10-10 50 Fly	3		2.28
16.38S	F	# 901C	Female 10-10 25 Free	4		-1.04
Parker Van De	er Westen (8	3) M				
1:01.20S	P	# 4A	Male 8 & Under 50 Free	2		2.76
28.12S	P	# 10A	Male 8 & Under 25 Free	2		1.92
2:16.898	P	# 14A	Male 8 & Under 100 Free	4		2.23
2:25.32S	F	# 14A	Male 8 & Under 100 Free	3		10.66
2:29.77S	P	# 18A	Male 8 & Under 100 Back	3		10.68
2:32.01S Г	OQ F	# 18A	Male 8 & Under 100 Back			
1:06.55S	P	# 22A	Male 8 & Under 50 Back	5		4.65
1:09.70S	F	# 22A	Male 8 & Under 50 Back	4		7.80
1:31.09S	F	# 28A	Male 8 & Under 50 Breast	1		-7.86
26.33\$	F	# 902A	Male 8 & Under 25 Free	2		0.13
Amelie Van M	eenen (13)	F				
3:19.598	F	# 29E	Female 13 & Over 200 Back	16		-2.21
44.01S	F	# 31E	Female 13 & Over 50 Fly	22		3.90

Individual Meet Results - Standard: AB1920

Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Chloe van Mee	nen (8) F					
58.94S		# 3A	Female 8 & Under 50 Free	6		-8.47
25.23S	P	# 9A	Female 8 & Under 25 Free	6		-3.73
2:26.05\$	P	# 13A	Female 8 & Under 100 Free	11		1.21
2:32.36\$	F	# 17A	Female 8 & Under 100 Back	5		-8.25
2:34.39\$	P	# 17A	Female 8 & Under 100 Back	4		-6.22
1:18.26\$	P	# 21A	Female 8 & Under 50 Back	15		5.63
25.65S	F	# 901A	Female 8 & Under 25 Free	6		-3.31
Hudsyn Watt ((10) F					
1:59.16S F		# 1C	Female 10-10 100 Breast	10		-0.35
2:01.21S F	ES P	# 1C	Female 10-10 100 Breast	8		1.70
18.44S	P	# 9C	Female 10-10 25 Free	8		-0.89
1:45.48S F	ES P	# 17C	Female 10-10 100 Back	6		-6.26
1:50.71S	F	# 17C	Female 10-10 100 Back	6		-1.03
1:50.07S	F	# 23C	Female 10-10 100 IM	2		-0.47
1:50.48S	P	# 23C	Female 10-10 100 IM	2		-0.06
55.15S F	ES F	# 27C	Female 10-10 50 Breast	8		0.36
52.50S	F	# 31C	Female 10-10 50 Fly	7		-3.42
17.30S	F	# 901C	Female 10-10 25 Free	6		-2.03
Alycia Weber ((18) F					
1:21.98S P		# 1E	Female 13 & Over 100 Breast	2		0.78
1:22.09S P	R P	# 1E	Female 13 & Over 100 Breast	2		0.89
29.12S P	R P	# 3E	Female 13 & Over 50 Free	2		1.10
1:06.28S C	H F	# 17E	Female 13 & Over 100 Back	1		2.11
1:08.05S C	H P	# 17E	Female 13 & Over 100 Back	1		3.88
30.82S C	H F	# 21E	Female 13 & Over 50 Back	1		1.13
32.09S C	H P	# 21E	Female 13 & Over 50 Back	1		2.40
NS	F	# 29E	Female 13 & Over 200 Back			
NS	F	# 31E	Female 13 & Over 50 Fly			
30.16S P	R F	# 301B	Female 13 & Over 50 Free	1		2.14
Declan West (8) M					
45.25S	P	# 4A	Male 8 & Under 50 Free	1		-6.19
21.31S	P	# 10A	Male 8 & Under 25 Free	1		-1.33
1:44.93\$	P	# 14A	Male 8 & Under 100 Free	1		-11.77
1:51.26S	F	# 14A	Male 8 & Under 100 Free	2		-5.44
1:56.958	F	# 18A	Male 8 & Under 100 Back	1		-2.57
2:00.08S	P	# 18A	Male 8 & Under 100 Back	2		0.56
50.57S	F	# 22A	Male 8 & Under 50 Back	1		-3.50
53.88\$	P	# 22A	Male 8 & Under 50 Back	1		-0.19
21.14S	F	# 902A	Male 8 & Under 25 Free	1		-1.50

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Jack Frost 2019 01-Nov-19 to 03-Nov-19 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	}	Event	Place	e Points	Improv	
William Whale	William Whaley (17) M						
27.35S	P	# 4E	Male 13 & Over 50 Free	2			
4:57.87\$	F	# 12B	Male 13 & Over 400 Free	1			
1:07.84S	F	# 18E	Male 13 & Over 100 Back	1			
1:08.25S	P	# 18E	Male 13 & Over 100 Back	1			
1:10.94S	P	# 24E	Male 13 & Over 100 IM	5			
1:13.318	F	# 24E	Male 13 & Over 100 IM	5			
NS	F	# 28E	Male 13 & Over 50 Breast				
NS	F	# 32E	Male 13 & Over 50 Fly				
27.84S	F	# 35C	200 Free Relay Lead Off				
28.55S	F	# 302B	Male 13 & Over 50 Free	3			
Lucy Wiens (1	1) F						
36.06S	P	# 3D	Female 11-12 50 Free	9		-0.17	
6:17.37S	F	# 11A	Female 11-12 400 Free	6			
1:21.30S	F	# 13D	Female 11-12 100 Free	4		-1.68	
1:21.44S	P	# 13D	Female 11-12 100 Free	6		-1.54	
40.09S	P	# 21D	Female 11-12 50 Back	4		-0.34	
40.87S	F	# 21D	Female 11-12 50 Back	5		0.44	
1:34.48\$	P	# 23D	Female 11-12 100 IM	4		0.17	
1:36.52S	F	# 23D	Female 11-12 100 IM	5		2.21	
51.79S	F	# 27D	Female 11-12 50 Breast	11		-0.25	
41.42S	F	# 31D	Female 11-12 50 Fly	4		2.53	
34.86S CI	H F	# 36C	200 Medley Relay Lead Off			-5.57	
Kaitlyn Zawasł	ki (11) F						
32.80S PI	R P	# 3D	Female 11-12 50 Free	1		-0.75	
6:06.74S	F	# 11A	Female 11-12 400 Free	3			
4:14.28S	F	# 15D	Female 11-12 200 Breast	15			
39.92S	P	# 21D	Female 11-12 50 Back	3		-1.09	
40.26S	F	# 21D	Female 11-12 50 Back	3		-0.75	
1:34.06S	P	# 23D	Female 11-12 100 IM	3		2.43	
1:34.75S	F	# 23D	Female 11-12 100 IM	4		3.12	
54.20S	F	# 27D	Female 11-12 50 Breast	25		-0.25	
44.25S	F	# 31D	Female 11-12 50 Fly	8		0.44	
33.25S	F	# 301A	Female 11-12 50 Free	1		-0.30	