Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Table Tabl	Time		F/P/S	Event	Place	Points	Improv
1.50.29S FS	Zavier Allan	(10) N	MI.				
1.50.70				Male 12 & Under 50 Free	14		-0.41
	1:50.29S	FES	P # 8A	Male 10 & Under 100 Breast	2		1.98
46.668 FES	1:50.70S	FES	F # 8A	Male 10 & Under 100 Breast	3		2.39
1.28.355 FES	45.81S	FES	F # 16A	Male 10 & Under 50 Back	5		1.12
1.31.46S	46.66S	FES	P # 16A	Male 10 & Under 50 Back	6		1.97
S.1.34S FES	1:28.35S	FES	P # 18A	Male 10 & Under 100 Free	4		1.62
South Sout	1:31.46S		F # 18A	Male 10 & Under 100 Free	5		4.73
Page	51.34S	FES	F # 28A	Male 10 & Under 50 Breast	3		-0.68
Peon Badem	50.33S		F # 32A	Male 10 & Under 50 Fly	4		2.36
32.78S FES	39.72S		F # 35C	200 Free Relay Lead Off			-0.33
33.11S FES	Deon Baden	horst ([11] M				
3:04.465	32.78S	FES	P # 6A	Male 12 & Under 50 Free	2		-1.25
3:27.91S	33.11S	FES	S # 6A	Male 12 & Under 50 Free	6		-0.92
1:20.135 FES	3:04.46S		F # 10B	Male 11-12 200 IM	2		1.96
1:22.765 FES	3:27.918		F # 14B	Male 11-12 200 Fly	1		
1.00	1:20.13S	FES	F # 20B	Male 11-12 100 Back	3		-6.12
2:48.67S F # 34B Male 11-12 200 Free 1.98 1.98 1.98 1.98 1.98 1.98 1.98 1.98 1.98 1.98 1.99 1.98 1.99 1.98 1.99 1.98 1.99 1.99 1.99 1.11.87 1.99	1:22.76S	FES	P # 20B	Male 11-12 100 Back	4		-3.49
Page	45.46S	FES	F # 28B	Male 11-12 50 Breast	3		-0.01
31.73S P # 5B Female 13 & Over 50 Free 7 0.47 1:18.49S CH F # 7C Female 13-14 100 Breast 1 2.88 1:21.56S CH P # 7C Female 13-14 100 Breast 1 5.95 1:15.65S PR F # 19C Female 13-14 100 Back 1 0.90 1:18.32S P # 19C Female 13-14 100 Back 1 3.57 1:11.87S F # 23C Female 13-14 100 IM 1 3.81 1:14.65S P # 23C Female 13-14 50 Breast 1 1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82S P # 16A Male 10 & Under 50 Back 12	2:48.67\$		F # 34B	Male 11-12 200 Free	2		-1.86
1:18.498 CH F # 7C Female 13-14 100 Breast 1 2.88 1:21.568 CH P # 7C Female 13-14 100 Breast 1 5.95 1:15.658 PR F # 19C Female 13-14 100 Back 1 0.90 1:18.328 P # 19C Female 13-14 100 Back 1 3.57 1:11.878 F # 23C Female 13-14 100 IM 1 3.81 1:14.658 P # 23C Female 13-14 50 Breast 1 1.03 3.6738 CH F # 27C Female 13-14 200 Back 2 1.99 2:48.338 F # 29C Female 13-14 200 Back 2 -7.38 3.0.648 PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) W 48.828 P # 6A Male 10 & Under 50 Back 12 1:46.138 P # 18A Male 10 & Under 100 Back 9 </td <td>Tess Barber</td> <td>(13) F</td> <td>•</td> <td></td> <td></td> <td></td> <td></td>	Tess Barber	(13) F	•				
1:21.565 CH P # 7C Female 13-14 100 Breast 1 5.95 1:15.655 PR F # 19C Female 13-14 100 Back 1 0.90 1:18.32S P # 19C Female 13-14 100 Back 1 3.57 1:11.87S F # 23C Female 13-14 100 IM 1 3.81 1:14.65S P # 23C Female 13-14 100 IM 2 1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 1.99 2:48.33S F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) W 48.82S F # 6A Male 12 & Under 50 Free 28 4.96 52.93S P # 16A Male 10 & Under 100 Free 19 1:46.13S P # 18A Male 10 & Under 100 Back 9 1:59.42S P # 20A Male 10 & Under 50 Breast 21 1:05.96S	31.73S		P # 5B	Female 13 & Over 50 Free	7		0.47
1:15.655 PR F # 19C Female 13-14 100 Back 1 0.90 1:18.32S P # 19C Female 13-14 100 Back 1 3.57 1:11.87S F # 23C Female 13-14 100 IM 1 3.81 1:14.65S P # 23C Female 13-14 100 IM 2 1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 -7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) W 48.82S P # 6A Male 12 & Under 50 Free 28 4.96 52.93S P # 16A Male 10 & Under 100 Free 19 1:46.13S P # 18A Male 10 & Under 100 Back 9 1:55.442S P # 28A Male 10 & Under 50 Breast 21	1:18.498	CH	F # 7C	Female 13-14 100 Breast	1		2.88
1:18.32S P # 19C Female 13-14 100 Back 1 3.57 1:11.87S F # 23C Female 13-14 100 IM 1 -3.81 1:14.65S P # 23C Female 13-14 100 IM 2 -1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 -7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 50 Breast 21 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nima Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free <	1:21.56S	CH	P # 7C	Female 13-14 100 Breast	1		5.95
1:11.87S F # 23C Female 13-14 100 IM 1 -3.81 1:14.65S P # 23C Female 13-14 100 IM 2 -1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 -7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F # 28A Male 10 & Under 50 Breast 65 -3.70	1:15.658	PR	F # 19C	Female 13-14 100 Back	1		0.90
1:14.65S P # 23C Female 13-14 100 IM 2 -1.03 36.73S CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.33S F # 29C Female 13-14 200 Back 2 -7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 50 Breast 21 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	1:18.32S		P # 19C	Female 13-14 100 Back	1		3.57
36.738 CH F # 27C Female 13-14 50 Breast 1 1.99 2:48.338 F F # 29C Female 13-14 200 Back 2 -7.38 30.648 PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.828 P P # 6A Male 12 & Under 50 Free 28 -4.96 52.938 P P # 16A Male 10 & Under 50 Back 12 1:46.138 P P # 18A Male 10 & Under 100 Free 19 1:54.428 P P # 20A Male 10 & Under 100 Back 9 1:05.968 P F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.898 P F # 5A Female 12 & Under 50 Free 65 -3.70	1:11.878		F # 23C	Female 13-14 100 IM	1		-3.81
2:48.33S F # 29C Female 13-14 200 Back 2 -7.38 30.64S PR F # 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 100 Back 9 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	1:14.658		P # 23C	Female 13-14 100 IM	2		-1.03
30.64\$ PR F 35L 200 Free Relay Lead Off -0.62 Oscar Bednarz (8) M 48.82\$ P 6A Male 12 & Under 50 Free 28 -4.96 52.93\$ P 16A Male 10 & Under 50 Back 12 1:46.13\$ P 18A Male 10 & Under 100 Free 19 1:54.42\$ P 820A Male 10 & Under 100 Back 9 1:05.96\$ F 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89\$ F 5A Female 12 & Under 50 Free 65 -3.70	36.73S	CH	F # 27C	Female 13-14 50 Breast	1		1.99
Oscar Bednarz (8) M 48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 100 Back 9 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	2:48.33S		F # 29C	Female 13-14 200 Back	2		-7.38
48.82S P # 6A Male 12 & Under 50 Free 28 -4.96 52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 100 Back 9 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	30.64S	PR	F # 35L	200 Free Relay Lead Off			-0.62
52.93S P # 16A Male 10 & Under 50 Back 12 1:46.13S P # 18A Male 10 & Under 100 Free 19 1:54.42S P # 20A Male 10 & Under 100 Back 9 1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	Oscar Bedna	rz (8)	M				
1:46.13S P # 18A Male 10 & Under 100 Free 19	48.82S		P # 6A	Male 12 & Under 50 Free	28		-4.96
1:54.42S P # 20A Male 10 & Under 100 Back 9	52.93S		P # 16A	Male 10 & Under 50 Back	12		
1:05.96S F # 28A Male 10 & Under 50 Breast 21 Nina Bernhardt (7) F -3.70 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	1:46.138		P # 18A	Male 10 & Under 100 Free	19		
Nina Bernhardt (7) F 1:04.89S P # 5A Female 12 & Under 50 Free 65 -3.70	1:54.42S		P # 20A	Male 10 & Under 100 Back	9		
1:04.89S P # 5A Female 12 & Under 50 Free 653.70	1:05.96S		F # 28A	Male 10 & Under 50 Breast	21		
1:04.89S P # 5A Female 12 & Under 50 Free 653.70	Nina Bernha	rdt (7)) F				
1:09.27S P # 15A Female 10 & Under 50 Back 54				Female 12 & Under 50 Free	65		-3.70
	1:09.27\$		P # 15A	Female 10 & Under 50 Back	54		

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	3	Event	Place	Points	Improv
Kaiden Burr	ıs (11) M					
2:00.61S	P	# 8B	Male 11-12 100 Breast	10		-2.06
3:50.36S	F	# 10B	Male 11-12 200 IM	7		-9.72
50.12S	P	# 16B	Male 11-12 50 Back	7		-0.99
1:28.75S	FES P	# 18B	Male 11-12 100 Free	17		0.92
56.20S	F	# 28B	Male 11-12 50 Breast	18		-2.69
55.72S	F	# 32B	Male 11-12 50 Fly	16		1.95
Sophie-Ana	Cives (16) F					
1:30.48S	F	# 7D	Female 15 & Over 100 Breast	2		1.06
1:33.05S	P	# 7D	Female 15 & Over 100 Breast	2		3.63
2:57.80S	F	# 9D	Female 15 & Over 200 IM	2		5.40
1:19.20S	F	# 11D	Female 15 & Over 100 Fly	4		1.33
1:20.70S	P	# 11D	Female 15 & Over 100 Fly	4		2.83
41.00S	F	# 27D	Female 15 & Over 50 Breast	2		0.04
34.74S	F	# 31D	Female 15 & Over 50 Fly	1		1.03
Jada Cotnam	(15) F					
30.43S	P	# 5B	Female 13 & Over 50 Free	6		-1.16
30.88S	S	# 5B	Female 13 & Over 50 Free	5		-0.71
1:12.76S	P	# 11D	Female 15 & Over 100 Fly	2		-2.38
1:13.16S	F	# 11D	Female 15 & Over 100 Fly	3		-1.98
32.55S	CH P	# 15D	Female 15 & Over 50 Back	2		0.28
33.13S	PR F	# 15D	Female 15 & Over 50 Back	2		0.86
1:10.67S	PR P	# 19D	Female 15 & Over 100 Back	3		0.50
1:11.06S	PR F	# 19D	Female 15 & Over 100 Back	2		0.89
5:33.65\$	PR F	# 25C	Female 15 & Over 400 IM	2		-0.89
2:23.28S	F	# 33D	Female 15 & Over 200 Free	2		-11.43
Justin d'Ailly	(17) M					
27.17S	P	# 6B	Male 13 & Over 50 Free	4		1.38
29.72S	S	# 6B	Male 13 & Over 50 Free	5		3.93
1:21.57\$	DQ P	# 8D	Male 15 & Over 100 Breast			
1:09.18S	P	# 20D	Male 15 & Over 100 Back	1		3.33
1:10.41S	F	# 20D	Male 15 & Over 100 Back	1		4.56
1:07.86S	F	# 24D	Male 15 & Over 100 IM	3		-3.02
1:08.09S	P	# 24D	Male 15 & Over 100 IM	3		-2.79
5:51.72S	DQ F	# 26C	Male 15 & Over 400 IM			
30.54\$	F	# 32D	Male 15 & Over 50 Fly	3		2.13

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Megan Deering	(16) F				
28.36S CH	P # 5B	Female 13 & Over 50 Free	1		-0.17
30.20S	S # 5B	Female 13 & Over 50 Free	2		1.67
1:06.28S CH	P # 11D	Female 15 & Over 100 Fly	1		-1.95
1:07.41S PR	F # 11D	Female 15 & Over 100 Fly	1		-0.82
1:09.52S PR	P # 19D	Female 15 & Over 100 Back	2		0.70
1:14.75S	F # 19D	Female 15 & Over 100 Back	3		5.93
1:09.74S	F # 23D	Female 15 & Over 100 IM	1		4.32
1:10.18S	P # 23D	Female 15 & Over 100 IM	1		4.76
5:24.63S PR	F # 25C	Female 15 & Over 400 IM	1		3.25
Keira Diakiw (6) F				
1:24.91S	P # 5A	Female 12 & Under 50 Free	71		
1:24.42S	P # 15A	Female 10 & Under 50 Back	58		
Slade Diakiw (9) M				
44.96S	P # 6A	Male 12 & Under 50 Free	23		-2.71
2:06.16S	P # 8A	Male 10 & Under 100 Breast	7		-5.18
51.03S	P # 16A	Male 10 & Under 50 Back	10		-1.25
1:50.31S	P # 20A	Male 10 & Under 100 Back	7		3.55
59.08S	F # 28A	Male 10 & Under 50 Breast	16		0.38
3:26.88\$	F # 34A	Male 10 & Under 200 Free	2		
Emily Esler (15)) F				
40.788	P # 15D	Female 15 & Over 50 Back	4		-0.22
40.89S	F # 15D	Female 15 & Over 50 Back	4		-0.11
1:22.94\$	P # 17D	Female 15 & Over 100 Free	4		-0.09
NS	F # 17D	Female 15 & Over 100 Free			
1:29.63\$	P # 19D	Female 15 & Over 100 Back	4		0.76
NS	F # 19D	Female 15 & Over 100 Back			
53.15S	F # 27D	Female 15 & Over 50 Breast	6		-1.34
3:11.84S	F # 29D	Female 15 & Over 200 Back	1		
3:01.74S	F # 33D	Female 15 & Over 200 Free	5		-2.11
Summer Fedor	(12) F				
31.46S PR		Female 12 & Under 50 Free	2		0.78
32.43S PR		Female 12 & Under 50 Free	3		1.75
1:20.96S PR		Female 11-12 100 Fly	1		4.50
1:24.88S PR		Female 11-12 100 Fly	3		8.42
35.06S CH		Female 11-12 50 Back	1		1.77
36.18S PR		Female 11-12 50 Back	1		2.89
1:17.69S PR		Female 11-12 100 Back	1		3.74
1:19.46S PR		Female 11-12 100 Back	1		5.51
1:19.69S	F # 23B	Female 11-12 100 IM	1		-0.33
1:19.81S	P # 23B	Female 11-12 100 IM	1		-0.21
33.18S CH		Female 11-12 50 Fly	1		1.45
55.185 CH	r # 31B	remale 11-12 50 Fly	1		1.45

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Claire Finlayson	n (8) F				
1:01.94S	P # 5A	Female 12 & Under 50 Free	62		-0.50
1:00.36S	P # 15	A Female 10 & Under 50 Back	39		-8.20
2:18.29S	P # 17	A Female 10 & Under 100 Free	66		
Lorenzo Ford (18) M				
25.84S PF	-	Male 13 & Over 50 Free	3		
29.05S	S # 6E	Male 13 & Over 50 Free	1		
2:27.67S	F # 10	D Male 15 & Over 200 IM	1		5.46
57.15S PF	R F # 18	D Male 15 & Over 100 Free	3		0.86
57.36S PF	P # 18	D Male 15 & Over 100 Free	3		1.07
2:47.15S	F # 22	D Male 15 & Over 200 Breast	1		
2:23.91S PF	R F # 30	D Male 15 & Over 200 Back	2		
28.84S PF	R F # 32	D Male 15 & Over 50 Fly	2		
Christopher Gil	les (14) M				
10:52.80S	F # 2E	Male 13-14 800 Free	1		-7.53
1:36.97S	F # 80	Male 13-14 100 Breast	1		2.28
1:38.10S	P # 80	Male 13-14 100 Breast	1		3.41
1:27.75S	F # 12	C Male 13-14 100 Fly	1		3.38
1:29.46S	P # 12	C Male 13-14 100 Fly	1		5.09
3:14.37\$	F # 14	C Male 13-14 200 Fly	1		
1:18.90\$	F # 20	C Male 13-14 100 Back	2		1.46
1:19.998	P # 20	C Male 13-14 100 Back	2		2.55
6:12.83\$	F # 26	B Male 13-14 400 IM	1		0.80
32.74S	F # 35	200 Free Relay Lead Off			1.30
Will Gonzales ((15) M				
1:25.08S	P # 8I	Male 15 & Over 100 Breast	1		-5.00
1:26.90S	F # 81	Male 15 & Over 100 Breast	1		-3.18
1:11.01S	F # 12	D Male 15 & Over 100 Fly	3		-3.27
1:13.36\$	P # 12	D Male 15 & Over 100 Fly	3		-0.92
1:13.69S DO	Q P # 20	D Male 15 & Over 100 Back			
1:14.45S	P # 24	D Male 15 & Over 100 IM	7		-3.74
40.19S	F # 28	D Male 15 & Over 50 Breast	3		-1.82
32.29\$	F # 32	D Male 15 & Over 50 Fly	5		-0.56
Domenic Griess	ser (15) M				
28.17S PF		Male 13 & Over 50 Free	5		0.39
29.24S	S # 6E	Male 13 & Over 50 Free	2		1.46
1:09.22S PF	R P # 12	D Male 15 & Over 100 Fly	2		-1.40
1:10.98S	F # 12	D Male 15 & Over 100 Fly	2		0.36
1:08.91S DO	Q P # 20	•			
1:09.17S	P # 24		4		-8.82
1:10.10S	F # 24	D Male 15 & Over 100 IM	4		-7.89
5:27.43S PF	R F # 26	C Male 15 & Over 400 IM	2		
2:35.05S	F # 30	D Male 15 & Over 200 Back	3		-2.29

Individual Meet Results - Standard: 1819 (3)

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Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Declan Harrison	(8) M				
51.72S	P #	6A Male 12 & Under 50 Free	34		-9.62
57.85S	P # 3	.6A Male 10 & Under 50 Back	19		-3.43
1:58.06S	P # 1	8A Male 10 & Under 100 Free	21		-10.51
2:04.20S	P # 2	20A Male 10 & Under 100 Back	12		-11.23
1:26.10S DQ	F # 2	28A Male 10 & Under 50 Breast			
56.46S	F # 3	25C 200 Free Relay Lead Off			-4.88
Maxwell Harriso	n (12) M				
12:05.20\$	F #	2A Male 11-12 800 Free	2		-34.95
35.41S	P #	6A Male 12 & Under 50 Free	8		-0.44
38.64S	F # 3	.6B Male 11-12 50 Back	1		-0.43
40.84S	P # 1	.6B Male 11-12 50 Back	1		1.77
3:51.84S	F # 2	22B Male 11-12 200 Breast	4		-65.69
48.96S	F # 2	28B Male 11-12 50 Breast	12		-0.32
46.64S	F # 3	32B Male 11-12 50 Fly	9		6.76
35.80S	F # 3	25F 200 Free Relay Lead Off			-0.05
Emma Hicklin (1	14) F				
30.37S PR	P #	5B Female 13 & Over 50 Free	5		0.26
30.87\$	S #		4		0.76
1:17.00S PR	F # 1		1		-7.16
1:17.01S PR	P # 3	•	1		-7.15
33.50S PR	P # 3	•	1		0.13
34.27S PR	F # 1	.5C Female 13-14 50 Back	1		0.90
1:07.05S	P # 1	.7C Female 13-14 100 Free	2		-0.47
1:08.52S	F # 1	.7C Female 13-14 100 Free	2		1.00
2:40.06S PR	F # 2	29C Female 13-14 200 Back	1		-3.36
32.93S PR	F # 3	31C Female 13-14 50 Fly	3		0.40
Alexander Holt	(12) M	·			
33.938	P #	6A Male 12 & Under 50 Free	7		-1.59
1:28.47S PR	F #		1		-6.38
1:31.84\$	P #		2		-3.01
3:21.06S	F # 2		1		-12.47
1:25.24S DQ	P # 2				
42.25S	F # 2		1		-1.33
38.93S	F # 3		4		-0.13
		11 12 00 1.9	•		0.15
Cora Hunter (10 1:55.91S FES	-	7A Female 10 & Under 100 Breast	0		E // 1
3:39.77S	P # F #		9 5		-5.41 -14.05
1:28.73S FES			10		1.59
1:37.12S FES			5		-1.20
1:37.123 FES			6		1.26
3:22.98S	F # 2		4		1.26
3.44.703		Female 10 & Under 200 Back	12		

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Location: Okotoks Recreation Centre

Time	F/P/S	Event	F	Place	Points	Improv
Leah Hunter (7	7) F					
57.558	-	5A Female 12 & Under 50	Free	61		-4.20
53.73\$	P #	15A Female 10 & Under 50	Back	21		-7.03
2:03.78\$	P #	17A Female 10 & Under 10	0 Free	58		-25.37
2:12.48\$	P #	19A Female 10 & Under 10	0 Back	23		-18.31
1:26.43S	F #	27A Female 10 & Under 50	Breast	43		
Brynna Hurd (7) F					
1:17.25S	P #	5A Female 12 & Under 50	Free	69		-4.89
1:20.74S	P #	15A Female 10 & Under 50	Back	57		
Gibson Hurd (9	9) M					
49.70S	P #	6A Male 12 & Under 50 F	ree	30		0.73
56.06S	P #	16A Male 10 & Under 50 B	ack	18		-1.61
2:00.98\$	P #	18A Male 10 & Under 100	Free	24		-3.24
2:14.84\$	P #	20A Male 10 & Under 100	Back	16		5.77
1:25.70S	F #	28A Male 10 & Under 50 B	reast	24		
44.82S	F #	35C 200 Free Relay Lead C	ff			-4.15
Mackenzie Hur	d (12) F					
12:30.44S		1A Female 11-12 800 Fre	ee	2		
31.03S PF	R P#	5A Female 12 & Under 50	Free	1		-1.08
32.20S PF	R S#	5A Female 12 & Under 50	Free	1		0.09
36.81S PF	R P#	15B Female 11-12 50 Back	ζ	2		-2.28
37.07S PF	R F#	15B Female 11-12 50 Back	ζ	3		-2.02
1:13.30S	P #	17B Female 11-12 100 Fre	ee	4		-0.38
1:14.01S	F #	17B Female 11-12 100 Fre	ee	3		0.33
36.49S PF	R F#	31B Female 11-12 50 Fly		5		0.53
2:43.00S	F #	33B Female 11-12 200 Fre	ee	2		-13.98
Leah Jaber (11) F					
46.03S	P #	15B Female 11-12 50 Back	ζ	13		3.40
1:21.07S	P #	17B Female 11-12 100 Fre	ee	12		-0.67
1:33.22S	P #	19B Female 11-12 100 Ba	ck	19		-2.75
54.01S DO	Q F#	27B Female 11-12 50 Brea	ast			
46.49\$	F #	31B Female 11-12 50 Fly		18		1.17
Charlotte Johns	ston (8) F					
47.35S		5A Female 12 & Under 50	Free	51		-1.61
2:17.65S	P #	7A Female 10 & Under 10	0 Breast	30		-4.31
49.41S DO	Q P#	15A Female 10 & Under 50	Back			
1:44.42S		17A Female 10 & Under 10	0 Free	33		-0.56
1:46.06S FE		19A Female 10 & Under 10	0 Back	10		0.89
1:02.90S	F #	27A Female 10 & Under 50	Breast	33		-2.65

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Camryn Jones (10) F	Time	F/P/S	Event	Place	Points	Improv
2.05.31S	Camryn Jones	(10) F				
51.50S P # 17A Female 10 & Under 50 Back 15 3.22 1.52.42S P # 17A Female 10 & Under 100 Free 47 3.22 2.01.20S P # 27A Female 10 & Under 50 Breast 20 1.88 Peyton Jones (8) F F # 27A Female 12 & Under 50 Free 44 2.23 45.71S P # 3A Female 10 & Under 50 Breast 36 2.98 2.30.57S P # 3A Female 10 & Under 50 Back 29 2.08 5.568S P # 17A Female 10 & Under 50 Back 29 2.88 1.55.72SS P # 17A Female 10 & Under 50 Breast 20 4.83 1.57.2SS P # 17A Female 10 & Under 50 Breast 31 <td< td=""><td>46.34S</td><td>P # 5A</td><td>Female 12 & Under 50 Free</td><td>45</td><td></td><td>1.52</td></td<>	46.34S	P # 5A	Female 12 & Under 50 Free	45		1.52
1.52.425	2:05.31S	P # 7A	Female 10 & Under 100 Breast	22		0.31
Part Part	51.50S	P # 15A	Female 10 & Under 50 Back	15		1.97
Peyton Jones (8) F # 274 Penale 10 & Under 50 Breast 20	1:52.42S	P # 17A	Female 10 & Under 100 Free	47		3.22
Peyton Jones (8) F	2:01.20S	P # 23A	Female 10 & Under 100 IM	12		-5.58
45.71S P # 5A Female 12 & Under 50 Free 44 2.38 2.30.57S P # 7A Female 10 & Under 100 Breast 36 2.98 55.68S P # 15A Female 10 & Under 50 Back 29 <	57.35S	F # 27A	Female 10 & Under 50 Breast	20		1.88
2:30.57S P # 7A Female 10 & Under 100 Breast 36 2.98 55.68S P # 15A Female 10 & Under 50 Back 29 2.86 1:56.92S P # 17A Female 10 & Under 100 Back 20 .4.83 1:57.23S P # 19A Female 10 & Under 50 Breast 20 .4.83 1:02.73S P # 27A Female 10 & Under 50 Breast 31 .4.93 7.0273S P # 5B Male 13.45 O Back 1 .0.54 37.09S P # 16C Male 13.14 50 Back 1 .0.54 38.42S P # 16C Male 13.14 50 Back 1 .0.54 39.16S F # 15C Bemale 13.14 50 Back 4 .0.3 47.10S F # 32C Male 13.14 50 Back 4 .0.4 42.2BS F # 15C Female 13.14 50 Back 4	Peyton Jones (8	8) F				
55.68S P # 15A Female 10 & Under 50 Back 29 2.86 1:56.92S P # 17A Female 10 & Under 100 Free 50 4.83 1:57.23S P # 19A Female 10 & Under 50 Breast 20 14.37 1:0.273S F # 27A Female 10 & Under 50 Breast 21 24.37 37.09S F # 16C Male 13.4 50 Back 1 0.54 38.42S F # 16C Male 13.14 50 Back 1 0.54 39.16S F # 16C Male 13.14 50 Back 1 0.67 47.10S F # 28C Male 13.14 50 Back 4 0.67 8 F # 15C Female 13.14 50 Back 4 0.48 43.01S F # 15C Female 13.14 50 Back 4 0.48 1:17.82S F # 15C Female 13.14 100 Free 5 0.3	45.71S	P # 5A	Female 12 & Under 50 Free	44		-2.38
1:56.92S	2:30.57S	P # 7A	Female 10 & Under 100 Breast	36		2.98
1:57.23S P # 19A Female 10 & Under 50 Breast 20	55.68S	P # 15A	Female 10 & Under 50 Back	29		2.86
1:02.735	1:56.92S	P # 17A	Female 10 & Under 100 Free	50		-4.83
Sack Julian (13) M	1:57.23S	P # 19A	Female 10 & Under 100 Back	20		-14.37
37.09S P # 6B Male 13 & Over 50 Free 8 2.43 38.42S P # 16C Male 13-14 50 Back 1 0.54 39.16S F # 16C Male 13-14 50 Back 1 1.28 47.10S F # 28C Male 13-14 50 Breast 2 0.79 50.99S F # 32C Male 13-14 50 Breast 2 0.79 50.99S F # 32C Male 13-14 50 Back 4 0.79 Kate Julian (14) F F # 15C Female 13-14 50 Back 4 0.28 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.38 1:18.83S P # 19C Female 13-14 100 Back 4 0.78 1:31.51S F # 19C Female 13-14 200 Free 4 0.72	1:02.73S	F # 27A	Female 10 & Under 50 Breast	31		-4.96
38.42S P # 16C Male 13-14 50 Back 1 0.54 39.16S F # 16C Male 13-14 50 Back 1 128 47.10S F # 28C Male 13-14 50 Breast 2 2.37 50.99S F # 32C Male 13-14 50 Fly 5 6.79 Kate Julian (14) F 42.28S F # 15C Female 13-14 50 Back 4 0.28 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.92S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.63 1:31.43S P # 19C Female 13-14 100 Back 4 0.5 1:31.51S F # 19C Female 13-14 50 Breast 4 3.25 2:52.05S F # 13C Female 13-14 50 Breast 4 4.7 4.7 1:03.10S P # 15A Female 12 & Under 50 Back <td>Jack Julian (13</td> <td>) M</td> <td></td> <td></td> <td></td> <td></td>	Jack Julian (13) M				
39.16S F # 16C Male 13-14 50 Back 1 1.28 47.10S F # 28C Male 13-14 50 Breast 2 2.37 50.99S F # 32C Male 13-14 50 Fly 5 6.79 Kate Julian (14) F 42.28S F # 15C Female 13-14 50 Back 4 0.45 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.65 1:31.51S F # 19C Female 13-14 200 Breast 4 3.25 5.6.17S F # 27C Female 13-14 200 Free 4 4.75 2:52.05S F # 33C Female 13-14 200 Free 64 -0.87 1:05.94S P # 15A	37.09S	P # 6B	Male 13 & Over 50 Free	8		2.43
47.10S F # 28C Male 13-14 50 Breast 2 6.79 50.99S F # 32C Male 13-14 50 Fly 5 6.79 Kate Julian (14) F 42.28S F # 15C Female 13-14 50 Back 4 -0.45 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 50 Breast 4 1.65 5.6.17S F # 3C Female 13-14 50 Breast 4 4.75 2:52.05S F # 3C Female 13-14 200 Free 6 -0.87 1:03.10S F # 15A Female 12 & Under 50 B	38.42S	P # 16C	Male 13-14 50 Back	1		0.54
So.99S F # 32C Male 13-14 50 Fly 5 6.79 Kate Julian (14) F <th< td=""><td>39.16S</td><td>F # 16C</td><td>Male 13-14 50 Back</td><td>1</td><td></td><td>1.28</td></th<>	39.16S	F # 16C	Male 13-14 50 Back	1		1.28
Kate Julian (14) F 42.28S F # 15C Female 13-14 50 Back 4 -0.45 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 100 Back 4 1.65 56.17S F # 19C Female 13-14 50 Breast 4 3.25 5.51.7S F # 33C Female 13-14 200 Free 4 3.25 8.18.4 Sept 1 F # 35 Female 13-14 200 Free 6 -0.87 1:03.10S F # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 15A Female 12 & Under	47.10S	F # 28C	Male 13-14 50 Breast	2		2.37
42.28S F # 15C Female 13-14 50 Back 4 -0.45 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 100 Back 4 1.65 56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 15A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 50 Free 66 4:06.90S P	50.99S	F # 32C	Male 13-14 50 Fly	5		6.79
42.28S F # 15C Female 13-14 50 Back 4 -0.45 43.01S P # 15C Female 13-14 50 Back 4 0.28 1:17.82S F # 17C Female 13-14 100 Free 5 0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 100 Back 4 1.65 56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 15A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 50 Free 66 4:06.90S P	Kate Julian (14) F				
1:17.82S F # 17C Female 13-14 100 Free 5 -0.63 1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 50 Breast 4 3.25 56.17S F # 27C Female 13-14 50 Breast 4 4.75 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55			Female 13-14 50 Back	4		-0.45
1:18.83S P # 17C Female 13-14 100 Free 5 0.38 1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 100 Back 4 3.25 56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	43.01S	P # 15C	Female 13-14 50 Back	4		0.28
1:31.43S P # 19C Female 13-14 100 Back 4 1.57 1:31.51S F # 19C Female 13-14 100 Back 4 1.65 56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	1:17.82S	F # 17C	Female 13-14 100 Free	5		-0.63
1:31.51S F # 19C Female 13-14 100 Back 4 1.65 56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	1:18.83S	P # 17C	Female 13-14 100 Free	5		0.38
56.17S F # 27C Female 13-14 50 Breast 4 3.25 2:52.05S F # 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	1:31.43\$	P # 19C	Female 13-14 100 Back	4		1.57
2:52.05S F 33C Female 13-14 200 Free 4 4.75 Mia Keogh (7) F 1:03.10S P 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P 15A Female 10 & Under 50 Back 48 2:29.50S P 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P 5A Female 12 & Under 50 Free 66 1:12.04S P 15A Female 10 & Under 50 Back 55	1:31.51S	F # 19C	Female 13-14 100 Back	4		1.65
Mia Keogh (7) F 1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	56.17S	F # 27C	Female 13-14 50 Breast	4		3.25
1:03.10S P # 5A Female 12 & Under 50 Free 64 -0.87 1:05.94S P # 15A Female 10 & Under 50 Back 48 2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	2:52.05S	F # 33C	Female 13-14 200 Free	4		4.75
1:05.94S P # 15A Female 10 & Under 50 Back 48	Mia Keogh (7)	F				
2:29.50S P # 17A Female 10 & Under 100 Free 74 Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	1:03.10S	P # 5A	Female 12 & Under 50 Free	64		-0.87
Peyton Klinck (7) F 1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	1:05.94S	P # 15A	Female 10 & Under 50 Back	48		
1:06.90S P # 5A Female 12 & Under 50 Free 66 1:12.04S P # 15A Female 10 & Under 50 Back 55	2:29.50S	P # 17A	Female 10 & Under 100 Free	74		
1:12.04S P # 15A Female 10 & Under 50 Back 55	Peyton Klinck	(7) F				
	1:06.90S	P # 5A	Female 12 & Under 50 Free	66		
2:48.00S P # 17A Female 10 & Under 100 Free 80	1:12.048	P # 15A	Female 10 & Under 50 Back	55		
	2:48.00S	P # 17A	Female 10 & Under 100 Free	80		

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Sinday Knox (17) W	Time	F/P/S	5	Event	Place	Points	Improv
8.35.57S CH F # 2C Male 15 & Over 800 Pree 1	Finlay Knox ((17) M					
29.33S S # 6B Male 13 & Over 100 Fre			# 2C	Male 15 & Over 800 Free	1		-15.94
X 55.38S CH	23.89S (CH P	# 6B	Male 13 & Over 50 Free	1		0.67
2:05.65S CH F # 14D Male 15 & Over 200 Fly 1	29.33S	S	# 6B	Male 13 & Over 50 Free	4		6.11
53.58S CH P # 18D Male 15 & Over 100 Free 2 4.33 55.07S PR F # 18D Male 15 & Over 100 Free 2 4.33 56.02S F # 24D Male 15 & Over 100 IM 1 225 4:45.55S CH F # 26C Male 15 & Over 400 IM 1 2074 25.18S CH F # 32D Male 15 & Over 50 Fly 1 0.22 Cassandra Kocsar (12) F 34.10S DQ P # 5A Female 12 & Under 50 Free	X 55.38S (CH P	# 12D	Male 15 & Over 100 Fly			-1.79
55.07S PR F # 18D Male 15 & Over 100 Free 2 4.33 56.02S F # 24D Male 15 & Over 100 IM 1 2.25 57.14S P # 24D Male 15 & Over 100 IM 1 20.74 4:45.55S CH F # 26C Male 15 & Over 400 IM 1 20.74 25.18S CH F # 32D Male 15 & Over 400 IM 1 0.22 Cassandra Kotsar (12) F 34.10S DQ P # 5.5 Female 12 & Under 50 Free	2:05.65S (CH F	# 14D	Male 15 & Over 200 Fly	1		-6.54
56.02S F # 24D Male 15 & Over 100 IM 1 1.13 57.14S P # 24D Male 15 & Over 100 IM 1 2.25 4:45.55S CH F # 26C Male 15 & Over 400 IM 1 0.22 Cassandra Kocsar (12) F 34.10S DQ P # 5A Female 12 & Under 50 Free 1:47.74S P # 7B Female 11-12 100 Breast 16 40.52S P # 15B Female 11-12 50 Back 7 .0.6 1:28.18S DQ P # 23B Female 11-12 50 Breast 11 .3.44 3.7.03S F # 31B Female 11-12 50 Free 43 .0.16 Katherine Kohn (8) F 45.18S P # 5 A Female 10 & Under 50 Free 43 .2.74 214.29S P # 7 A Female 10 & Under 100 Breast	53.58S (CH P	# 18D	Male 15 & Over 100 Free	2		2.84
57.14S P # 24D Male 15 & Over 100 IM 1 2.25 4:45.55S CH F # 26C Male 15 & Over 400 IM 1 20.74 25.18S CH F # 32D Male 15 & Over 50 Fly 1 Cassandra Kocsar (12) F 34.10S DQ P # 5A Female 12 & Under 50 Free 34.10S DQ P # 5B Female 11-12 100 Breast 16 40.52S P # 15B Female 11-12 50 Back 7 40.52S P # 15B Female 11-12 50 Breast 11 46.96S F # 27B Female 11-12 50 Breast 11 .0.16 Katherine Kohn (8) F 4 45.18S P # 5A Female 12 & Under 50 Free 43 .5.10 4.14-797S P # 17A Female 10 & Under 100 Breast 28	55.07S F	PR F	# 18D	Male 15 & Over 100 Free	2		4.33
4:45.55S CH F # 26C Male 15 & Over 400 IM 1 0.22 Cassandra Kocsar (12) F 34.10S DQ P # 5A Female 12 & Under 50 Free 1:47.74S P # 7B Female 11-12 100 Breast 16 4.0.52S P # 15B Female 11-12 50 Back 7 4.6.96S F # 27B Female 11-12 50 Breast 11 4.5.18S DQ P # 23B Female 11-12 50 Freat 11 4.6.96S F # 27B Female 11-12 50 Freat 11 4.5.18S P # 3.1B Female 11-12 50 Freat 43 4.5.18S P # 5.A Female 10.8 Under 50 Free 43 <td< td=""><td>56.02S</td><td>F</td><td># 24D</td><td>Male 15 & Over 100 IM</td><td>1</td><td></td><td>1.13</td></td<>	56.02S	F	# 24D	Male 15 & Over 100 IM	1		1.13
	57.14S	P	# 24D	Male 15 & Over 100 IM	1		2.25
Cassandra Kocsar (12) F 34.10S DQ P # 5A Female 12 & Under 50 Free 1:47.74S P # 7B Female 11-12 100 Breast 16 40.52S P # 15B Female 11-12 50 Back 7 .0.86 1:28.18S DQ P # 23B Female 11-12 50 Breast 11 46.96S F # 27B Female 11-12 50 Frees 11 .3.44 37.03S F # 31B Female 11-12 50 Fly 6 .0.16 Katherine Kohn (8) F 45.18S P # 5A Female 10 & Under 50 Free 43 -2.74 2.1429S P # 7A Female 10 & Under 100 Breast 28 -5.10 1.47.97S P # 17A Female 10 & Under 100 Breast 13 -1.03 1.50.86S P # 19A Female 10 & Under 50 Breast 13 -2.84 5.2.28S F # 31A Female 10 & Under 50 Free </td <td>4:45.55S (</td> <td>CH F</td> <td># 26C</td> <td>Male 15 & Over 400 IM</td> <td>1</td> <td></td> <td>20.74</td>	4:45.55S (CH F	# 26C	Male 15 & Over 400 IM	1		20.74
34.10S DQ P # 5A Female 12 & Under 50 Free 1:47.74S P # 7B Female 11-12 100 Breast 16 -5.02 40.52S P # 15B Female 11-12 50 Back 7 0.86 1:28.18S DQ P # 23B Female 11-12 50 Breast 11	25.18S (CH F	# 32D	Male 15 & Over 50 Fly	1		0.22
1:47.74S P # 7B Female 11-12 100 Breast 16 -5.02 40.52S P # 15B Female 11-12 50 Back 7 0.86 1:28.18S DQ P # 23B Female 11-12 50 Breast 11 46.96S F # 27B Female 11-12 50 Freast 11 -3.44 37.03S F # 31B Female 11-12 50 Fry 6 0.16 Katherine Kohn (8) F 45.18S P # 5A Female 12 & Under 50 Free 43 -2.74 214.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1.47.97S P # 17A Female 10 & Under 100 Back 13 -1.03 1.50.86S P # 19A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Free 7 Caden Kotowich (13) W 2 P # 6B Male 13-14 200 IM 2 -4.03	Cassandra Ko	csar (12) F					
40.52S P # 15B Female 11-12 50 Back 7 0.86 1:28.18S DQ P # 23B Female 11-12 100 IM 46.96S F # 27B Female 11-12 50 Breast 11 .3.44 37.03S F # 31B Female 11-12 50 Fly 6 .0.16 Katherine Kohn (8) F 45.18S P # 5A Female 10 & Under 50 Free 43 .2.74 2.14.29S P # 7A Female 10 & Under 100 Breast 28 .5.10 1.47.97S P # 17A Female 10 & Under 100 Free 38 .1.46 1.50.86S P # 19A Female 10 & Under 100 Breast 31 .2.84 1.02.73S F # 27A Female 10 & Under 50 Breast 31 .2.84 52.28S F # 31A Female 10 & Under 50 Fly 7 .0.45 2.52.69S F # 10C Male 13-14 200 IM 2 .4.03 1:10.80S F # 18C	34.10S I	DQ P	# 5A	Female 12 & Under 50 Free			
1:28.18S DQ P # 23B Female 11-12 100 IM	1:47.74S	P	# 7B	Female 11-12 100 Breast	16		-5.02
46.96S F # 27B Female 11-12 50 Breast 11 -3.44 37.03S F # 31B Female 11-12 50 Fly 6 0.16 Katherine Kohn (8) F 45.18S P # 5A Female 12 & Under 50 Free 43 -2.74 2:14.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1:47.97S P # 17A Female 10 & Under 100 Free 38 1.46 1:50.86S P # 19A Female 10 & Under 50 Breast 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Fly 17 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) W 31.12S P # 6B Male 13.4 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 IM 2	40.52S	P	# 15B	Female 11-12 50 Back	7		0.86
37.03S F # 31B Female 11-12 50 Fly 6 0.16 Katherine Kohn (8) F 45.18S P # 5A Female 12 & Under 50 Free 43 -2.74 2:14.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1:47.97S P # 17A Female 10 & Under 100 Free 38 1.46 1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) W 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13 · 14 200 IM 2 4.03 1:10.80S F # 18C Male 13 · 14 100 Free 1 -1.22 <td>1:28.18S I</td> <td>DQ P</td> <td># 23B</td> <td>Female 11-12 100 IM</td> <td></td> <td></td> <td></td>	1:28.18S I	DQ P	# 23B	Female 11-12 100 IM			
Katherine Kohn (8) F 45.18S P # 5A Female 12 & Under 50 Free 43 -2.74 2:14.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1:47.97S P # 17A Female 10 & Under 100 Breast 38 1.46 1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 50 Breast 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1	46.96S	F	# 27B	Female 11-12 50 Breast	11		-3.44
45.18S P # 5A Female 12 & Under 50 Free 43 -2.74 2:14.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1:47.97S P # 17A Female 10 & Under 100 Free 38 1.46 1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 50 Breast 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	37.03S	F	# 31B	Female 11-12 50 Fly	6		0.16
2:14.29S P # 7A Female 10 & Under 100 Breast 28 -5.10 1:47.97S P # 17A Female 10 & Under 100 Free 38 1.46 1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) W 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	Katherine Kol	hn (8) F					
1:47.97S P # 17A Female 10 & Under 100 Free 38 1.46 1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.22 1:15.77S P # 18C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	45.18S	P	# 5A	Female 12 & Under 50 Free	43		-2.74
1:50.86S P # 19A Female 10 & Under 100 Back 13 -1.03 1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	2:14.29\$	P	# 7A	Female 10 & Under 100 Breast	28		-5.10
1:02.73S F # 27A Female 10 & Under 50 Breast 31 -2.84 52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -5.83 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 50 Breast 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:47.97S	P	# 17A	Female 10 & Under 100 Free	38		1.46
52.28S F # 31A Female 10 & Under 50 Fly 17 Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:50.86S	P	# 19A	Female 10 & Under 100 Back	13		-1.03
Caden Kotowich (13) M 31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:02.73\$	F	# 27A	Female 10 & Under 50 Breast	31		-2.84
31.12S P # 6B Male 13 & Over 50 Free 7 0.45 2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	52.28S	F	# 31A	Female 10 & Under 50 Fly	17		
2:52.69S F # 10C Male 13-14 200 IM 2 -4.03 1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	Caden Kotowi	ich (13) M					
1:10.80S F # 18C Male 13-14 100 Free 1 -1.99 1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	31.12S	P	# 6B	Male 13 & Over 50 Free	7		0.45
1:11.57S P # 18C Male 13-14 100 Free 1 -1.22 1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	2:52.698	F	# 10C	Male 13-14 200 IM	2		-4.03
1:15.79S F # 24C Male 13-14 100 IM 2 -5.83 1:18.37S P # 24C Male 13-14 100 IM 1 -3.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:10.80S	F	# 18C	Male 13-14 100 Free	1		-1.99
1:18.37S P # 24C Male 13-14 100 IM 13.25 40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:11.57\$	P	# 18C	Male 13-14 100 Free	1		-1.22
40.30S PR F # 28C Male 13-14 50 Breast 1 0.61	1:15.798	F	# 24C	Male 13-14 100 IM	2		-5.83
	1:18.37\$	P	# 24C	Male 13-14 100 IM	1		-3.25
35.06S F # 32C Male 13-14 50 Fly 1 1.10	40.30S I	PR F	# 28C	Male 13-14 50 Breast	1		0.61
	35.06S	F	# 32C	Male 13-14 50 Fly	1		1.10

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F	F/P/S	Event	Place	Points	Improv
Jasper Kotov	wich (10)) M				
37.94S		P # 6A	Male 12 & Under 50 Free	11		0.11
1:50.77S	FES	F # 8A	Male 10 & Under 100 Breast	4		-5.50
1:54.61S	FES	P # 8A	Male 10 & Under 100 Breast	4		-1.66
42.36S	FES	F # 16A	Male 10 & Under 50 Back	1		-1.17
43.598	FES	P # 16A	Male 10 & Under 50 Back	1		0.06
1:24.31S	FES	F # 18A	Male 10 & Under 100 Free	2		-0.17
1:25.07S	FES	P # 18A	Male 10 & Under 100 Free	2		0.59
52.59S	FES	F # 28A	Male 10 & Under 50 Breast	6		-2.32
3:23.69\$		F # 30A	Male 10 & Under 200 Back	2		
Ethan Lake	(9) M					
41.80S		P # 6A	Male 12 & Under 50 Free	17		-2.37
46.38S	FES	P # 16A	Male 10 & Under 50 Back	5		1.03
47.33S		F # 16A	Male 10 & Under 50 Back	6		1.98
1:34.97\$		P # 18A	Male 10 & Under 100 Free	7		-2.91
1:41.818	FES	F # 20A	Male 10 & Under 100 Back	3		-2.02
1:41.958	FES	P # 20A	Male 10 & Under 100 Back	2		-1.88
1:01.32S		F # 28A	Male 10 & Under 50 Breast	19		2.51
55.39S		F # 32A	Male 10 & Under 50 Fly	8		4.60
Clayton Lind	lenback	(10) M				
3:21.11S		F # 10A	Male 10 & Under 200 IM	2		-8.68
1:42.598	FES	P # 12A	Male 10 & Under 100 Fly	1		-3.60
1:43.72\$	FES	F # 12A	Male 10 & Under 100 Fly	1		-2.47
44.64S	FES	F # 16A	Male 10 & Under 50 Back	3		0.45
45.55S	FES	P # 16A	Male 10 & Under 50 Back	4		1.36
1:34.28\$	FES	P # 24A	Male 10 & Under 100 IM	2		-1.43
1:36.00S	FES	F # 24A	Male 10 & Under 100 IM	3		0.29
3:20.99\$		F # 30A	Male 10 & Under 200 Back	1		-2.08
41.70S	FES	F # 32A	Male 10 & Under 50 Fly	1		0.67
39.10S	FES	F # 35C	200 Free Relay Lead Off			0.88
Genevyeve L	Lindenba	ıck (12) F				
13:03.618		F # 1A	Female 11-12 800 Free	3		-45.19
38.74S		F # 15B	Female 11-12 50 Back	5		0.27
39.30S		P # 15B	Female 11-12 50 Back	5		0.83
1:27.86S		P # 19B	Female 11-12 100 Back	9		-0.89
1:32.76\$		F # 23B	Female 11-12 100 IM	5		-3.86
1:34.08S		P # 23B	Female 11-12 100 IM	5		-2.54
47.66S	DQ	F # 27B	Female 11-12 50 Breast			
40.57S		F # 31B	Female 11-12 50 Fly	10		-1.16

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	;	Event	Place	Points	Improv
Mychael Lind	lenback (10)	M				
1:47.11S		# 8A	Male 10 & Under 100 Breast	2		0.75
1:51.58\$	FES P	# 8A	Male 10 & Under 100 Breast	3		5.22
3:19.12S	F	# 10A	Male 10 & Under 200 IM	1		-11.07
42.68S	FES F	# 16A	Male 10 & Under 50 Back	2		-0.80
44.72S	FES P	# 16A	Male 10 & Under 50 Back	3		1.24
1:34.30S	FES F	# 20A	Male 10 & Under 100 Back	1		0.39
1:37.78\$	FES P	# 20A	Male 10 & Under 100 Back	1		3.87
1:35.218	FES F	# 24A	Male 10 & Under 100 IM	2		-0.82
1:41.84\$	FES P	# 24A	Male 10 & Under 100 IM	4		5.81
48.51S	FES F	# 28A	Male 10 & Under 50 Breast	2		0.41
Justin Lisowa	ıy (18) M					
24.10S	CH P	# 6B	Male 13 & Over 50 Free	2		-0.38
29.25S	S	# 6B	Male 13 & Over 50 Free	3		4.77
56.58S	CH P	# 12D	Male 15 & Over 100 Fly	1		-0.50
57.61S	CH F	# 12D	Male 15 & Over 100 Fly	1		0.53
51.95S	CH P	# 18D	Male 15 & Over 100 Free	1		-0.46
52.63S	CH F	# 18D	Male 15 & Over 100 Free	1		0.22
57.65S	F	# 24D	Male 15 & Over 100 IM	2		0.73
58.12S	P	# 24D	Male 15 & Over 100 IM	2		1.20
2:05.77\$	CH F	# 30D	Male 15 & Over 200 Back	1		2.22
1:54.00S	CH F	# 34D	Male 15 & Over 200 Free	1		-2.69
Lauren Living	gstone (10) l	F				
46.81S	P	# 5A	Female 12 & Under 50 Free	48		-1.47
2:08.92\$	P	# 7A	Female 10 & Under 100 Breast	24		-2.37
56.35S	P	# 15A	Female 10 & Under 50 Back	31		-0.50
1:50.73\$	P	# 17A	Female 10 & Under 100 Free	44		5.37
2:01.64\$	P	# 19A	Female 10 & Under 100 Back	21		-2.98
54.84S	FES F	# 27A	Female 10 & Under 50 Breast	14		-4.64
Mia Macleod	(16) F					
42.82S	F	# 15D	Female 15 & Over 50 Back	5		-0.26
43.29S	P	# 15D	Female 15 & Over 50 Back	5		0.21
1:18.07S	P	# 17D	Female 15 & Over 100 Free	3		-4.13
1:18.78\$	F	# 17D	Female 15 & Over 100 Free	3		-3.42
1:29.93\$	F	# 23D	Female 15 & Over 100 IM	4		1.44
1:30.338	P	# 23D	Female 15 & Over 100 IM	4		1.84
43.94\$	F	# 27D	Female 15 & Over 50 Breast	5		0.32
40.95S	F	# 31D	Female 15 & Over 50 Fly	3		2.44

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Brodie Meadus	(8) M					
51.23S	P	# 6A	Male 12 & Under 50 Free	33		-8.47
54.61S	P	# 16A	Male 10 & Under 50 Back	15		-5.33
NS	P	# 18A	Male 10 & Under 100 Free			
2:04.26S	P	# 20A	Male 10 & Under 100 Back	13		-16.58
1:22.92S	F	# 28A	Male 10 & Under 50 Breast	23		
Madison Meikle	(9) F					
54.72S		# 5A	Female 12 & Under 50 Free	60		-1.60
58.16S	P	# 15A	Female 10 & Under 50 Back	36		1.57
2:05.89S	P	# 17A	Female 10 & Under 100 Free	60		-1.80
2:01.99S	P	# 19A	Female 10 & Under 100 Back	22		-11.79
1:44.66S	F	# 27A	Female 10 & Under 50 Breast	45		
54.24S	F	# 35C	200 Free Relay Lead Off			-2.08
Jaden Melton (1	11) M					
33.04S FE	-	# 6A	Male 12 & Under 50 Free	5		-0.60
33.84S FE		# 6A	Male 12 & Under 50 Free	6		0.20
1:37.81S FE		# 8B	Male 11-12 100 Breast	3		-1.06
1:38.25S FE		# 8B	Male 11-12 100 Breast	4		-0.62
1:16.36S FE		# 18B	Male 11-12 100 Free	8		0.66
NS		# 24B	Male 11-12 100 IM			
45.52S FE		# 28B	Male 11-12 50 Breast	4		0.51
41.55S FE		# 32B	Male 11-12 50 Fly	5		2.40
35.10S FE		# 35L	200 Free Relay Lead Off			1.46
Jude Melton (9) 51.18S		# 6A	Male 12 & Under 50 Free	32		-6.30
59.55S		# 0A # 16A	Male 12 & Under 50 Free Male 10 & Under 50 Back	21		0.26
2:05.77S		# 10A # 18A	Male 10 & Under 100 Free	27		8.33
2:13.87S		# 20A	Male 10 & Under 100 Back	15		-2.62
1:14.20S DQ		# 20A # 28A	Male 10 & Under 50 Breast			-2.02
		π 20A	Male 10 & Olider 30 Breast			
Bryiar Murphy			F 1 40 0 W 1 50 F	0.6		1.04
42.54S		# 5A	Female 12 & Under 50 Free	36		-1.84
1:47.98S FE		# 7A	Female 10 & Under 100 Breast	4		-9.48
1:52.86S FE		# 7A	Female 10 & Under 100 Breast	6		-4.60
3:58.44S		# 21A	Female 10 & Under 200 Breast	4		-29.10
1:44.12S FE		# 23A	Female 10 & Under 100 IM	4		-5.29
1:46.66S FE		# 23A	Female 10 & Under 100 IM	5		-2.75
52.81S FE		# 27A	Female 10 & Under 50 Breast	9		-0.38
52.72S	F	# 31A	Female 10 & Under 50 Fly	18		-9.81
Hadleigh Murph						
1:07.85\$	P	# 5A	Female 12 & Under 50 Free	67		-3.61
1:05.45\$	P	# 15A	Female 10 & Under 50 Back	46		-3.92
2:29.56S	P	# 17A	Female 10 & Under 100 Free	75		

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S	Event	Place	Points	Improv
Keton Murphy	(12) M				
32.83S	S # 6A	Male 12 & Under 50 Free	2		0.55
33.59S	P # 6A	Male 12 & Under 50 Free	5		1.31
2:53.52S	F # 10B	Male 11-12 200 IM	1		-5.12
1:11.58S	P # 18B	Male 11-12 100 Free	2		-0.88
1:12.43S	F # 18B	Male 11-12 100 Free	3		-0.03
1:21.25S	F # 24B	Male 11-12 100 IM	1		-2.48
1:22.85S	P # 24B	Male 11-12 100 IM	1		-0.88
43.41S	F # 28B	Male 11-12 50 Breast	2		2.65
37.52S	F # 32B	Male 11-12 50 Fly	2		2.17
34.57S	F # 35I	200 Free Relay Lead Off			2.29
Eleanor Nevin	(10) F				
2:04.11S	P # 7A	Female 10 & Under 100 Breast	20		
4:15.04S	F # 21A	Female 10 & Under 200 Breast	5		
1:45.92S FE	ES P # 23A	Female 10 & Under 100 IM	4		
1:47.11S FE	ES F # 23A	Female 10 & Under 100 IM	6		
57.70S	F # 27A	Female 10 & Under 50 Breast	21		0.58
50.16S	F # 31A	Female 10 & Under 50 Fly	15		1.47
3:47.17S	F # 33A	Female 10 & Under 200 Free	11		
Karsen Penn (7) F				
1:41.815	P # 5A	Female 12 & Under 50 Free	75		-3.02
1:29.42S	P # 15A	Female 10 & Under 50 Back	61		
Molly Penn (12	2) F				
1:31.83S PF	R F # 7B	Female 11-12 100 Breast	3		-2.65
1:35.71S	P # 7B	Female 11-12 100 Breast	5		1.23
1:20.72S PF	R F # 11B	Female 11-12 100 Fly	1		-2.23
1:21.94S PF	P # 11B	Female 11-12 100 Fly	2		-1.01
1:14.52S	F # 17B	Female 11-12 100 Free	4		-2.04
1:15.45S	P # 17B	Female 11-12 100 Free	7		-1.11
3:25.31S PF	F # 21B	Female 11-12 200 Breast	2		0.48
42.57S PF	R F # 27B	Female 11-12 50 Breast	1		0.61
35.76S PF	F # 31B	Female 11-12 50 Fly	3		0.55
Nathan Penn (12) M				
1:40.12S	P # 8B	Male 11-12 100 Breast	6		-7.87
1:42.16S	F # 8B	Male 11-12 100 Breast	6		-5.83
40.53S	F # 16B	Male 11-12 50 Back	2		-7.18
43.35S	P # 16B	Male 11-12 50 Back	3		-4.36
NS	P # 18B	Male 11-12 100 Free			
1:30.01S	F # 24B	Male 11-12 100 IM	2		-11.13
1:30.66S	P # 24B	Male 11-12 100 IM	3		-10.48
46.83S	F # 28B	Male 11-12 50 Breast	8		-2.80
41.95S	F # 32B	Male 11-12 50 Fly	6		-10.55
35.73S	F # 35F	200 Free Relay Lead Off			-3.56
		•			

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/S		Event	Place	Points	Improv
Emma Pillay (6)) F					
1:31.715		# 5A	Female 12 & Under 50 Free	74		
1:26.57\$	P	# 15A	Female 10 & Under 50 Back	59		
Liam Pillay (10)) М					
2:07.66\$		# 8A	Male 10 & Under 100 Breast	9		-3.65
1:42.03S	Pi	# 18A	Male 10 & Under 100 Free	13		-2.45
4:29.14S		# 22A	Male 10 & Under 200 Breast	1		
2:02.38\$		# 24A	Male 10 & Under 100 IM	5		-7.33
2:03.06S	P	# 24A	Male 10 & Under 100 IM	6		-6.65
59.74S	F a	# 28A	Male 10 & Under 50 Breast	17		0.77
3:58.14S	F a	# 34A	Male 10 & Under 200 Free	5		
47.05S	F i	# 35C	200 Free Relay Lead Off			1.99
Seth Pillay (12)	М					
36.00S		# 6A	Male 12 & Under 50 Free	9		-7.03
1:39.698	F	# 8B	Male 11-12 100 Breast	5		-1.57
1:39.70S	Pi	# 8B	Male 11-12 100 Breast	5		-1.56
46.46S DQ		# 16B	Male 11-12 50 Back			
3:29.44S		# 22B	Male 11-12 200 Breast	3		-19.98
46.56S	F	# 28B	Male 11-12 50 Breast	7		-1.14
46.22S	F i	# 32B	Male 11-12 50 Fly	8		-6.98
Grace Riley (9)	F					
1:02.248		# 5A	Female 12 & Under 50 Free	63		-8.07
1:04.13\$		# 15A	Female 10 & Under 50 Back	45		-2.35
2:23.03\$		# 17A	Female 10 & Under 100 Free	69		-12.51
2:28.79\$		# 19A	Female 10 & Under 100 Back	24		1.73
1:07.43S		# 27A	Female 10 & Under 50 Breast	40		-7.18
Cale Rockley (1 46.05S	-	# 6A	Male 12 & Under 50 Free	24		-0.23
2:13.38S		# 8A	Male 10 & Under 100 Breast	14		-2.66
1:43.69\$		# 18A	Male 10 & Under 100 Free	16		-1.17
1:59.128		# 24A	Male 10 & Under 100 IM	5		-6.20
2:02.68\$		# 24A	Male 10 & Under 100 IM	6		-2.64
58.62S		# 28A	Male 10 & Under 50 Breast	13		-5.22
3:41.37S		# 34A	Male 10 & Under 200 Free	3		
Violet Rockley (1:29.10S	-	# 5A	Female 12 & Under 50 Free	73		-11.97
1:33.518		# 15A	Female 10 & Under 50 Back	62		-11.97
		, 13A	remaie to & onder 50 back	02	- 	
Cole Ronning (8	-	U	M 1 42 0 H 1 50 F	25		1.74
52.15S		# 6A	Male 12 & Under 50 Free	35		-1.74
55.48\$		# 16A	Male 10 & Under 50 Back	17		
1:50.49\$		# 18A	Male 10 & Under 100 Free	20		
1:58.72S		# 20A	Male 10 & Under 100 Back	11		
1:22.31S DQ	F	# 28A	Male 10 & Under 50 Breast			

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Part Part	Time	F/P/S	Event	Place	Points	Improv
2.02.2.86S P # 5A Female 11-12 100 Breast 24	Emma Saralegui	(11) F				
			Female 12 & Under 50 Free	37		-8.36
1.47.64\$ DQ	2:02.86S	P # 7B	Female 11-12 100 Breast	24		-12.59
1.57.01S	55.90S	P # 15B	Female 11-12 50 Back	21		-2.80
New Park 1	1:47.64S DQ	P # 17B	Female 11-12 100 Free			
	1:57.01S	P # 23B	Female 11-12 100 IM	10		-4.63
1.17	56.88S	F # 27B	Female 11-12 50 Breast	21		-2.89
47.93S	Kierra Sikora (1	0) F				
55.07S P # 15A Female 10 & Under 50 Back 27 -2.33 1.48.56S P # 17A Female 10 & Under 100 Iree 40 -0.62 1.57.75S P # 23A Female 10 & Under 50 Breast 23 -5.96 Lity Sikora (8) F 1:11.84S P # 5A Female 12 & Under 50 Bree 68 3.40 1:07.58S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15B Male 11-12 100 Breast 55 -2.79 4:06.08S DQ F # 16B Male 11-12 50 Back 6 -2.79 4:06.08S DQ F # 16B Male 11-12 50 Back 6 -2.51	•	-	Female 12 & Under 50 Free	53		1.17
1:48.56S P # 17A Female 10 & Under 100 Free 40 -0.62 1:57.75S P # 23A Female 10 & Under 100 IM 10 -13.52 5.847S F # 27A Female 10 & Under 50 Breast 23 -5.96 Lily Sikora (B) F 1:11.84S P # 5A Female 12 & Under 50 Free 68 3.40 1:07.58S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 15A Female 10 & Under 50 Back 53 2:39.83S P # 15A Female 10 & Under 50 Back 53 2:39.83S P # 15B Male 11-12 100 Breast 15 2:06.70S P # 16B Male 11-12 50 Back 6 1.74 4.9.0SS F # 16B Male 11-12 50 Back 16 2.51 <	2:04.80S	P # 7A	Female 10 & Under 100 Breast	21		-0.67
1:57.75S P # 23A Female 10 & Under 100 IM 10 -13.52 58.47S F # 27A Female 10 & Under 50 Breast 23 -5.96 Lily Sikora (8) F 1:11.84S P # 55A Female 12 & Under 50 Back 53 3.40 1:07.58S P # 15A Female 10 & Under 100 Free 78 -3.18 2:39.83S P # 15A Female 10 & Under 100 Free 78 Aidan Spence (11) M 2:06.70S P # 8B Male 11-12 200 IM	55.07S	P # 15A	Female 10 & Under 50 Back	27		-2.33
Table F # 274 Female 10 & Under 50 Breast 23 5.96	1:48.56S	P # 17A	Female 10 & Under 100 Free	40		-0.62
	1:57.75S	P # 23A	Female 10 & Under 100 IM	10		-13.52
1:11.84S P # 5A Female 12 & Under 50 Free 68 3.40 1:07.58S P # 15A Female 10 & Under 50 Back 53 2:39.83S P # 17A Female 10 & Under 100 Free 78 Aidan Spence (11) M 2:06.70S P # 8B Male 11-12 100 Breast 15 -2.79 4:06.08S DQ F # 10B Male 11-12 50 Back 6 48.51S P # 16B Male 11-12 50 Back 6 49.05S F # 16B Male 11-12 50 Back 6 2.28 1:42.25S FES P # 20B Male 11-12 50 Back 16 2.28 1:42.25S FES P # 28B Male 11-12 50 Breat 20 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (72) F 1:29.98S P # 5A Female 12 & Under	58.47S	F # 27A	Female 10 & Under 50 Breast	23		-5.96
1:07.58S P # 15A Female 10 & Under 50 Back 53 -3.18 2:39.83S P # 17A Female 10 & Under 100 Free 78 Aidan Spence (11) M 2:06.70S P # 8B Male 11-12 100 Breast 15 -2.79 4:06.08S DQ F # 10B Male 11-12 50 Back 6 48.51S P # 16B Male 11-12 50 Back 6 49.05S F # 16B Male 11-12 50 Back 6 49.05S F # 16B Male 11-12 50 Back 6 49.05S F # 16B Male 11-12 50 Back 16 49.05S F # 28B Male 11-12 50 Breast 20 57.05S F # 28B Male 11-12 50 Breast 72 11.25.98S P # 15A Female 10 & Under 50 Back 56 .	Lily Sikora (8) F	•				
2:39.83S P # 17A Female 10 & Under 100 Free 78 Aidan Spence (11) W 2:06.70S P # 8B Male 11-12 100 Breast 15 -2.79 4:06.08S DQ F # 10B Male 11-12 200 IM 48.51S P # 16B Male 11-12 50 Back 6 1.74 49.05S F # 16B Male 11-12 50 Back 6 2.28 142.25S FES P # 20B Male 11-12 50 Back 16 2.51 57.05S F # 28B Male 11-12 50 Breast 20 2.50 54.84S F # 32B Male 11-12 50 Fly 15 5.91 Anna Tetrault (7) F # 32B Female 12 & Under 50 Free 72 1:25.98S P # 5A Female 10 & Under 50 Back 56 Luc Tetrault (12) M *** *** *** ***			Female 12 & Under 50 Free	68		3.40
Aidan Spence (11) M C2:06.70S P # 8B Male 11-12 100 Breast 15 2-79 4:06.08S DQ F # 10B Male 11-12 200 IM 48.51S P # 16B Male 11-12 50 Back 6 49.05S F # 16B Male 11-12 50 Back 6 1:42.25S FES P # 20B Male 11-12 50 Breast 20 57.05S F # 28B Male 11-12 50 Free 72 54.484S P # 5A Female 12 & Under 50 Free 72 1:25.98S P # 5A Female 10 & Under 50 Free 72 1:30.84S P # 15A Female 10 & Under 50 Back 3 Luc Tetrault (12) M 1:38.10S	1:07.58S	P # 15A	Female 10 & Under 50 Back	53		-3.18
2:06.70S P # 8B Male 11-12 100 Breast 15 -2.79 4:06.08S DQ F # 10B Male 11-12 200 IM 48.51S P # 16B Male 11-12 50 Back 6 1.74 49.05S F # 16B Male 11-12 50 Back 6 2.28 1:42.25S FES P # 20B Male 11-12 50 Breast 20 -2.00 57.05S F # 32B Male 11-12 50 Fly 15 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -2.00 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 1:25.98S P # 8 B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8 B Male 1	2:39.83\$	P # 17A	Female 10 & Under 100 Free	78		
4:06.08S DQ F # 10B Male 11-12 200 IM 1.74 48.51S P # 16B Male 11-12 50 Back 6 1.74 49.05S F # 16B Male 11-12 50 Back 6 2.28 1:42.25S FES P # 20B Male 11-12 50 Breast 20 -2.00 57.05S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 200 IM 3 -0.25 3:27.85S F # 10B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -0.50 45.90S	Aidan Spence (1	1) M				
48.51S P # 16B Male 11-12 50 Back 6 1.74 49.05S F # 16B Male 11-12 50 Back 6 2.28 1:42.25S FES P # 20B Male 11-12 100 Back 16 2.51 57.05S F # 28B Male 11-12 50 Fly 15 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 200 IM 3 -18.69 3:27.85S F # 10B Male 11-12 200 IM 3 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -2.61 45.90S F # 24B Male 11-12 50 Breast 6 1.60 </td <td>2:06.70S</td> <td>P # 8B</td> <td>Male 11-12 100 Breast</td> <td>15</td> <td></td> <td>-2.79</td>	2:06.70S	P # 8B	Male 11-12 100 Breast	15		-2.79
49.05S F # 16B Male 11-12 50 Back 6 2.28 1:42.25S FES P # 20B Male 11-12 100 Back 16 2.51 57.05S F # 28B Male 11-12 50 Breast 20 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 1:19.84S P # 8B Male 11-12 100 Breast 3 1:37.85S P # 8B Male 11-12 100 Breast 3 .0.50 3:14.32S F # 10B Male 11-12 200 IM 3 .18.69 3:27.85S F # 24B Male 11-12 100 IM 3 .3.77 1:32.35S	4:06.08S DQ	F # 10B	Male 11-12 200 IM			
1:42.255 FES P # 20B Male 11-12 100 Back 16 2.51 57.05S F # 28B Male 11-12 50 Breast 20 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 200 IM 3 -0.25 3:14.32S F # 10B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 50 Breast 6 1.60	48.51S	P # 16B	Male 11-12 50 Back	6		1.74
57.05S F # 28B Male 11-12 50 Breast 20 -2.00 54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 200 IM 3 -0.25 3:14.32S F # 10B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 22B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	49.05S	F # 16B	Male 11-12 50 Back	6		2.28
54.84S F # 32B Male 11-12 50 Fly 15 -5.91 Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 200 IM 3 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -10.94 1:31.19S F # 22B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:42.25S FES	P # 20B	Male 11-12 100 Back	16		2.51
Anna Tetrault (7) F 1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M T 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	57.05S	F # 28B	Male 11-12 50 Breast	20		-2.00
1:25.98S P # 5A Female 12 & Under 50 Free 72 1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	54.84\$	F # 32B	Male 11-12 50 Fly	15		-5.91
1:19.84S P # 15A Female 10 & Under 50 Back 56 Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	Anna Tetrault (7	') F				
Luc Tetrault (12) M 1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:25.98S	P # 5A	Female 12 & Under 50 Free	72		
1:37.85S P # 8B Male 11-12 100 Breast 3 -0.50 1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:19.84\$	P # 15A	Female 10 & Under 50 Back	56		
1:38.10S F # 8B Male 11-12 100 Breast 4 -0.25 3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	Luc Tetrault (12) M				
3:14.32S F # 10B Male 11-12 200 IM 3 -18.69 3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:37.85S	P # 8B	Male 11-12 100 Breast	3		-0.50
3:27.85S F # 22B Male 11-12 200 Breast 2 -10.94 1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:38.10S	F # 8B	Male 11-12 100 Breast	4		-0.25
1:31.19S F # 24B Male 11-12 100 IM 3 -3.77 1:32.35S P # 24B Male 11-12 100 IM 4 -2.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	3:14.32S	F # 10B	Male 11-12 200 IM	3		-18.69
1:32.35S P # 24B Male 11-12 100 IM 42.61 45.90S F # 28B Male 11-12 50 Breast 6 1.60	3:27.85\$	F # 22B	Male 11-12 200 Breast	2		-10.94
45.90S F # 28B Male 11-12 50 Breast 6 1.60	1:31.198	F # 24B	Male 11-12 100 IM	3		-3.77
	1:32.35S	P # 24B	Male 11-12 100 IM	4		-2.61
	45.908	F # 28B	Male 11-12 50 Breast	6		1.60
	3:06.42\$	F # 34B	Male 11-12 200 Free	7		

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P	/S		Event	Place	Points	Improv
Abby Thiele	(12) F						
11:35.418		F	# 1A	Female 11-12 800 Free	1		15.73
32.12S	PR	P	# 5A	Female 12 & Under 50 Free	4		0.68
32.45S	PR	S	# 5A	Female 12 & Under 50 Free	4		1.01
1:10.18S	PR	P	# 17B	Female 11-12 100 Free	2		1.71
1:11.83S	PR	F	# 17B	Female 11-12 100 Free	2		3.36
1:20.498	PR	P	# 19B	Female 11-12 100 Back	2		2.58
1:22.63S	PR	F	# 19B	Female 11-12 100 Back	3		4.72
1:22.68S		P	# 23B	Female 11-12 100 IM	2		1.61
1:22.96S		F	# 23B	Female 11-12 100 IM	2		1.89
34.71S	PR	F	# 31B	Female 11-12 50 Fly	2		0.63
Hailey Thiele	e (9) F						
1:51.86S	FES	F	# 7A	Female 10 & Under 100 Breast	6		-3.43
1:52.77S	FES	P	# 7A	Female 10 & Under 100 Breast	5		-2.52
3:27.78S		F	# 9A	Female 10 & Under 200 IM	3		4.55
1:25.83S	FES	P	# 17A	Female 10 & Under 100 Free	7		-0.33
1:34.04S	FES	F	# 19A	Female 10 & Under 100 Back	4		-1.06
1:36.00S	FES	P	# 19A	Female 10 & Under 100 Back	3		0.90
3:19.08S		F	# 29A	Female 10 & Under 200 Back	3		
42.75S	FES	F	# 31A	Female 10 & Under 50 Fly	5		2.85
Parker Van d	ler Weston	(7)) M				
1:10.58S		P	# 6A	Male 12 & Under 50 Free	37		
1:20.07S		P	# 16A	Male 10 & Under 50 Back	26		
2:39.97\$		P	# 18A	Male 10 & Under 100 Free	32		
Amelie Van N	Meenen (12	2) 1	F				
40.00S		F	# 15B	Female 11-12 50 Back	6		-4.90
40.49S		P	# 15B	Female 11-12 50 Back	6		-4.41
1:23.56S		P	# 17B	Female 11-12 100 Free	19		-0.07
3:59.08S		F	# 21B	Female 11-12 200 Breast	9		
50.74S		F	# 27B	Female 11-12 50 Breast	16		-1.07
45.11S		F	# 31B	Female 11-12 50 Fly	15		-0.27
3:03.39\$		F	# 33B	Female 11-12 200 Free	8		-6.13
36.71S		F	# 35F	200 Free Relay Lead Off			0.36
Chloe van Me	eenen (8) l	F					
1:20.54\$		P	# 5A	Female 12 & Under 50 Free	70		-20.04
1:27.22S		P	# 15A	Female 10 & Under 50 Back	60		
2:47.198		P	# 17A	Female 10 & Under 100 Free	79		

Individual Meet Results - Standard: 1819 (3)

2018 Jack Frost 02-Nov-18 to 04-Nov-18 SC Meters

Location: Okotoks Recreation Centre

Time	F/P/	S	Event	Place	Points	Improv		
Hudsyn Watt (9) F								
46.39S	P	# 5A	Female 12 & Under 50 Free	46		-1.42		
2:16.43\$	P	# 7A	Female 10 & Under 100 Breast	29		-3.74		
51.45S	DQ P	# 15A	Female 10 & Under 50 Back					
1:49.548	P	# 17A	Female 10 & Under 100 Free	41		4.42		
1:53.258	P	# 19A	Female 10 & Under 100 Back	16		-9.40		
58.79S	F	# 27A	Female 10 & Under 50 Breast	25		-18.24		
45.84S	F	# 35F	200 Free Relay Lead Off			-1.97		
Alycia Weber	r (17) F							
28.87S	PR P	# 5B	Female 13 & Over 50 Free	2		0.14		
30.60S	S	# 5B	Female 13 & Over 50 Free	3		1.87		
1:11.75S	F	# 11D	Female 15 & Over 100 Fly	2		0.37		
1:13.03S	P	# 11D	Female 15 & Over 100 Fly	3		1.65		
30.20S	CH P	# 15D	Female 15 & Over 50 Back	1		0.33		
30.74S	CH F	# 15D	Female 15 & Over 50 Back	1		0.87		
1:06.298	CH P	# 19D	Female 15 & Over 100 Back	1		2.12		
1:07.08S	CH F	# 19D	Female 15 & Over 100 Back	1		2.91		
5:45.32S	F	# 25C	Female 15 & Over 400 IM	3		-6.15		
2:21.12S	F	# 33D	Female 15 & Over 200 Free	1		-15.76		
Declan West	(7) M							
55.98S	P	# 6A	Male 12 & Under 50 Free	36		-1.74		
1:08.89S	P	# 16A	Male 10 & Under 50 Back	25		4.55		
2:04.42S	P	# 18A	Male 10 & Under 100 Free	26				
54.62S	F	# 35C	200 Free Relay Lead Off			-3.10		
Paisley West	(10) F							
39.91S	FES P	# 5A	Female 12 & Under 50 Free	19		-1.03		
46.89S	FES P	# 15A	Female 10 & Under 50 Back	9		-5.73		
1:40.98S	FES P	# 19A	Female 10 & Under 100 Back	9		-15.79		
1:47.94S	FES P	# 23A	Female 10 & Under 100 IM	7		-4.92		
56.43S	F	# 27A	Female 10 & Under 50 Breast	19		1.27		
59.18S	F	# 31A	Female 10 & Under 50 Fly	24		-4.57		