

**GO March Close Out 2024** 

**Dates:** March 2-3, 2024

Meet Manager: Jocelyn Jay & Christie McMann gojocelyn@gokingfish.ca

Competition

**Coordinator:** Karen Hogan twobroads@hotmail.com

Meet package: The only meet package which will be considered as valid must be the most current version found on

www.swimming.ca.

**Location:** University of Ottawa Pool, Montpetit Hall, Ottawa, Ontario

**Facility**: 8 x 50 Competition pool

There is a large spectator gallery for viewing.

**Description:** Time Finals

All events will be swum Mixed Gender with results separated by gender and age groups.

Safety at

**Competition** Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe, welcoming and inclusive sport environment that is

free of abuse, harassment and discrimination. The <u>Swim Ontario Concussion Management</u> the <u>Swimming Canada Event Photography and Videography</u> and the Swim Ontario Event Photography

procedures will be in effect. For complete details click HERE.

Team photographers must check in with the meet manager prior to the start of the session and

obtain a photographer pass prior to being on deck.

Competition

Sanctioned as an invitational by Swim Ontario.

**Rules:** All current Swimming Canada rules will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to

create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that Swimming Canada Competition Warm-Up Safety Procedures and Swim Ontario

warm-up safety rules will be in effect.

**Dive Starts:** Details HERE As per the Facility Rules for Dive Starts, this competition will be conducted as follows:

Starting Platforms (blocks) as per World Aquatics II.16.1.4 and 4.1, Swimming Canada C16.1.4.1,

C4.1.1 & C4.1.2, from deep end only.

Eligibility: All athletes must be registered as Competitive swimmers with Swimming Canada and have a valid

Swimming Canada registration number. Entries without a valid Swimming Canada registration

number and registered status will be declined entry.

This is a CLOSED invitational meet which includes participants from the following clubs: Greater

Ottawa Kingfish (GO), Club de natation Minabichi (MINA), Club de natation Les Loutres (LLOU), Club de natation Boucherville (MUST), Natation Gatineau (NG), Swim Ottawa (SWOTT) & Uxbridge Swim

Club (USC).



**Foreign** 

**Competitors:** Foreign competitors' entries will not be accepted.

**Age Up date:** Swimmer's age is as of March 2, 2024 (the first day of the meet).

**Mixed Gender:** An exemption from the requirement to swim events in gender separated events due to limited time,

developmental opportunities, or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender

exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender

event.

In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc., whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the

swimmer competes with competitors of the same gender for his/her heat.

If mixed gender swims are permitted, the results must still be posted separately by the gender of

swimmers.

Time Standards: None

Cost: Individual Events \$12.50

Please make cheques payable to Greater Ottawa Kingfish Swim Club

**Entries:** Entries must be submitted through the Swimming Canada online entries system at

www.swimming.ca and must include all attending coaches. Meet management will:

not accept entries via email;

• notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries;

notify clubs of any meet format changes or designated warm-up times at least 5 days

prior to the start of the competition.

Failure to inform Meet management of a no-show / scratch prior to the deadline for changes to

entries will result in loss of entry fees.

"NT" entries are not permitted.

**Conversion:** Entry times must be entered in **long course format**; entry times will not be converted.

Entry Deadline: Tuesday, February 20, 2024 – Changes to entries will be accepted until Monday, February 26<sup>th</sup>.

Entries will be accepted on a first come first serve basis.

**Sessions:** 

Session #	Date	Time Finals	Warm Up	Start
1	March 2	12 & under	8:30 – 9:20am	9:30am
2	March 2	13 & over	1:30 -2:20m	2:30pm
3	March 3	11 & over	8:30 – 9:20am	9:30am

**Entry limit:** The maximum number of entries per swimmer is **6 individual events.** 



## **GO March Close Out 2024**

The 13 & Over 800 Free (event # 19) and 11 & Over 400 IM (Event # 28) will be limited to the top 24 swimmers only. The 11 & Over 1500 Free (Event # 29) will be limited to top 16 swimmers only. Please submit an alternate event for swimmers entering either event. Coaches will be advised after the deadline.

**Deck Entries:** Event Deck Entries are permitted for swimmers already entered in the competition and if lanes are

available. The cost will be \$12.50 per event.

**Seeding:** Events will be seeded slowest to fastest as mixed gender. The last 2 heats of each event will be

seeded as the fastest 8 girls (2<sup>nd</sup> last heat) and the fastest 8 boys (last heat).

Official Splits: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for

an interval shorter than the total distance of the event shall so advise the Referee at least 30

minutes prior to the commencement of the session in which the event will take place.

**Scratches:** All scratches must be submitted to the Admin Desk 30 minutes prior to the start of the session.

**Records:** Swim times achieved at this competition will NOT be used for applications of Provincial and National

records.

**Results:** Official Results will be posted within 48 hours of completion of the meet to <a href="www.swimming.ca">www.swimming.ca</a>.

**Live Results:** Will be available on Meet Mobile.

**Psych Sheet:** Will be available on the GO Kingfish website.

Awards: Individual events  $-1^{st} - 8^{th}$  per age group & gender (10 & under, 11-12, 13.14, 15 & over)

**Scoring:** The following will be scored: Individuals points 9-7-6-5-4-3-2-1.

Officials and

**Volunteers:** 

Each GO Kingfish family is expected to provide at least one volunteer for this meet.

Officials contact: GOJocelyn@gokingfish.ca

Coach Meet management will cross reference the list of coaches submitted with the club entries for this

**Registration:** competition with the <u>Swim Ontario Compliancy lists</u>. If a coach is not on this list, Meet management

is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-

compliance.

**Hospitality**: Hospitality will be offered to coaches and officials.

**Canteen** A canteen will be open for swimmers and families to purchase items.



**SCHEDULE OF EVENTS** 

Event	Event Description – 12 & UNDER	Age	
1	50 Fly MIXED	10 and under	
2	200 IM MIXED	12 and under	
3	100 Breast MIXED	12 and under	
4	50 Free MIXED	10 and under	
5	100 Back MIXED	12 and under	
6	50 Breast MIXED	10 and under	
7	100 Free MIXED	12 and under	
8	50 Back MIXED	10 and under	
9	100 Fly MIXED	12 and under	
10	200 Free MIXED	10 and under	
11	400 Free MIXED	12 and under	
Session 2 – Saturday, March 2, 2024	13 & OVER	Warm-up: 1:30pm Start: 2:30pm	
Event	Event Description	Age	
12	200 IM MIXED	13 and over	
13	100 Back MIXED	13 and over	
14	100 Breast MIXED	13 and over	
15	100 Free MIXED	13 and over	
16	100 Fly MIXED	13 and over	
17	400 Free MIXED	13 and over	
18	800 Free MIXED %	13 and over	
Session 3 – Sunday, March 3, 2024	11 & OVER	Warm-up: 8:30am Start: 9:30am	
Event	Event Description	Age	
19	200 Free MIXED	11 and over	
20	50 Fly MIXED	11 and over	
21	200 Back MIXED	11 and over	
22	50 Breast MIXED	11 and over	
23	200 Fly MIXED	11 and over	
24	50 Back MIXED	11 and over	
25	200 Breast MIXED	11 and over	
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50 Free MIXED

400 IM MIXED %

1500 Free MIXED #

# Events will be limited to top 16 swimmers

26

27

28

Session 1 – Saturday, March 2, 2024

% Events will be limited to top 24 swimmers

11 and over

11 and over

11 and over

Warm-up: 8:30am -- Start: 9:30am