



JUNE 13 – JUNE 16, 2024
Coaches Technical Bulletin

Summer Ontario Youth Junior Championships

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Welcome to 2024 Summer Ontario Youth Junior Championships hosted by Peterborough Swim Club

PARTICIPANT SAFETY

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

- Only participating swimmers, officials, certified registered coaches, and other authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.

Swim Ontario Concussion Management Procedure (Rowan's Law)

- The [Swim Ontario Concussion Management Procedure](#) is in effect at all Swim Ontario sanctioned events. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Clubs and coaches must ensure athletes are aware of this procedure.
- Meet Management will have copies of the [Concussion Management procedure](#) at the competition.
- Any injury/incident resulting in a significant impact to the head, face, neck or body of any registered participant at any Swim Ontario member sanctioned event where concussion symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within 24 hours using the [Swim Ontario Injury reporting form](#)

Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

Open and Observable Environment

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

Check-in Meeting Room A (main level across from pool entrance)

- Coaches should report to Room A each morning before warm up starting at 7:30
- Heat sheets will be available for pick up.
- Relay cards will be available.
- Any changes to coaching staff from individuals identified with the entries submission must be advised.
- Event fees owing must be delivered to the office on Thursday June 13

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DATE	OVERALL, SESSION TIMELINES				
DAY 1 Thursday June 13, 2024	Prelims	Pool Access	Warm Up	Start	Finish
		7:30 AM		9:35 AM	1:28 PM
		Group A	7:50 - 8:35 AM	Sprint lanes 8:25 AM	A to M by club code
		Group B	8:40 – 9:25 AM	Sprint lanes 9:05 AM	N to Y by club code
	Finals	4:15 PM		6:00 PM	7:53 PM
		Group A	4:30 – 4:55		Those not in finals
		Group B	4:55 – 5:50	Sprint lanes 5:30 PM	Those in finals
DAY 2 Friday June 14, 2024	Prelims	7:30 AM		9:35 AM	1:00 PM
		Group B	7:50 - 8:35 AM	Sprint lanes 8:25 AM	A to M by club code
		Group A	8:40 – 9:25 AM	Sprint lanes 9:05 AM	N to Y by club code
	Finals	4:15 PM		6:00 PM	8:34 PM
		Group A	4:30 – 4:55		Those not in finals
		Group B	4:55 – 5:50	Sprint lanes 5:05 PM	Those in finals
DAY 3 Saturday June 15, 2024	Prelims	7:30 AM		9:35 AM	12:39 PM
		Group A	7:50 - 8:35 AM	Sprint lanes 8:25 AM	A to M by club code
		Group B	8:40 – 9:25 AM	Sprint lanes 9:05 AM	N to Y by club code
	Finals	4:15 PM		6:00 PM	7:50 PM
		Group A	4:30 – 4:55		Those not in finals
		Group B	4:55 – 5:50	Sprint lanes 5:30 PM	Those in finals
DAY 4 Sunday June 16, 2024	Prelims	7:30 AM		9:35 AM	12:32 PM
		Group B	7:50 - 8:35 AM	Sprint lanes 8:25 AM	A to M by club code
		Group A	8:40 – 9:25 AM	Sprint lanes 9:05 AM	N to Y by club code
	Finals	4:15 PM		6:00 PM	8:13 PM
		Group A	4:30 – 4:55		Those not in finals
		Group B	4:55 – 5:50	Sprint lanes 5:30 PM	Those in finals

Warm Up Configuration

- Lane 9 -> pace lane from start of warmup (preliminary and finals)
- Lane 0 & 8 -> sprint lanes – please remind swimmers that only one way swimming is allowed in sprint lanes and **no exit at the side of the pool. Swimmers must exit at the opposite end of pool.**
 - Lane 8 sprints will be from the WEST turn end
- Backstroke ledges available when sprint lanes open, additional sprint lane for backstroke may be opened
- A reminder that **hand paddles and fins are not permitted during warm-up periods.** Flutter boards, pull-buoys, ankle bands & snorkels are allowed

Warm Down

A warm down period for all swimmers will be available in the pool for 30 minutes after the last event of the morning session is concluded.

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Food and Drink

- Markam PanAm does not allow for any open food or drinks on deck
 - **Snack and recovery foods must be consumed off deck.**
- Refillable water bottles only, no coffee etc.

Hospitality

- Coaches and officials' hospitality will be in Multipurpose A on the second level
- Breakfast will be served at 8:00am; lunch will be served after preliminary events completed.
- A light snack will be available at 4:00 PM
- Coffee/Tea will be available until 4:30 PM

HY-TEK

Summer OYJ will be using HY-TEK software for this event.

LIVE STREAMING

- Livestreaming is available at <https://app.staylive.io/rectec/oysj>

Heat sheets – relay forms

- Heat Sheets are Available at Meeting Room A before the start of warmup
- Below is the link to our OYJ PTBO web site and on Meet Mobile
 - Web site - <https://www.ptboswimclub.com/page/oysj>
 - Online with Meet Mobile by searching for "2024 Summer Ontario Youth-Junior Champs"
- Relay Forms
 - The deadline for relay name submission is 30 mins prior to the start of the session in which the relay will be swum.
 - Coaches must have relay forms with names filled in and returned to the Admin Desk prior to the start of the session in which the relay will be swum.
 - No relay name changes will be accepted after this deadline No relay name changes will be accepted after this deadline unless approved by meet management
 - Requests for relays scheduled in finals to move to prelims will not be granted.

Results:

- Posted after each event at the Admin Desk
- Results are available on Meet Mobile by searching for "2024 Summer Ontario Youth-Junior Champs" and on the WEB (live results) on <https://results.teamunify.com/cantsc/2024summeroyjs/>

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SCRATCH DEADLINES

Time Final Events

- **Relays and 800 & 1500 Free**
- The deadline for scratches for relays events is **30 minutes before the start of the preliminary session** (morning session even if only swimming in evening session) on the day the event is scheduled to allow meet management the opportunity to ensure a full complement of teams for the final's session.
- The deadline for scratches & positive check-in for **all 800 and 1500 Free heats** is 30 minutes before the start of the preliminary session (morning session **even if only swimming in evening session**) on the day the event is scheduled. This allows meet management the opportunity to ensure a full complement of swimmers for the final's session.
- Requests to move from finals to preliminary session will not be granted

Preliminaries

- No scratch deadline for preliminary events. Events in which there are heats and finals.

Finals

- All Scratches for Finals from preliminary events must be provided to the Admin Desk within 30 minutes after the completion of the last **preliminary** event.
- Forms available at the Admin Desk
- A separate form must be completed for each event for each swimmer
- Forms to be placed into the scratch box available

OFFICIALS SPLITS

Official Split cards are available at the Admin Desk. Deadline for Official Split Requests is 30 minutes before the start of the session. Requests after the deadline cannot be accommodated.

BACKSTROKE LEDGES

Backstroke ledges will be available for use. Swimmers shall be responsible for setting the device.

SWIM-OFFS

- All swim-offs are to be run during or at the end of the preliminary session in which the tie occurred at a time mutually agreed upon by coaches and officials.
- Coaches are to report **promptly** to the Admin Desk when a swim-off is announced.

DISQUALIFICATIONS:

- Disqualifications will be announced and include event number, heat number and lane number.

Procedure for protests:

- Discuss DQ with the session Referee
- If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes after the conclusion of the **event** in question.

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- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.
- Protest Forms available at the Admin Desk
- The Jury of Appeal will consist of 3 officials

MARSHALLING

Preliminaries

- All prelim events will be self marshalled
- No replacement for missed swims except in the case of an officials error
- Session will run as close as possible to stated timelines
- Single Ended
- All events except the 50 Free will start from the EAST end. The 50m Free will start from the WEST end.

Finals

- Swimmers report to Call Room Supervisor (Administration Desk) 15 minutes before the event scheduled start time
 - Failure to do so will result in the swimmer being considered a No Show and replaced with an alternate swimmer and a penalty applied
- If a swimmer is in multiple finals in the same session they should advise the Call Room supervisor when they check in for their first race that they will be delayed in reporting for subsequent races.
- Alternates are to report to the Admin Desk 15 minutes before the start of the event
- All finalists will be marched on and introduced (during march on) before the start of race

Penalties

- Failure to participate in an individual FINAL or the FASTEST HEAT of an event without meet management's knowledge and consent will result in a \$50 fine for each offence payable to Swim Ontario.
- Accepted payment is via the Online Penalty Form via Credit Card - <https://form.jotform.com/SwimOntario/2024-provincial-meet-penalty-form>
- Fines will apply to all swimmers listed on the finals program no matter which position the swimmer placed in the preliminaries.
- A club representative must make payment for the fine.
- All unpaid fines will be invoiced by Swim Ontario.
- **Individual Events:** Failure to pay the fine before the swimmer's next individual event will exclude the swimmer from any further participation in individual events at the meet.
- **Relay Events:** Failure to pay before the next session will exclude the club from any further participation in relay events at the meet.

AWARDS

- The Top 3 swimmers, after board declared final, are to proceed to the awards podium
- Awards to be announced and presented during the following race (except for 50 Free)

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RECORDS

- Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

Swim Ontario and the PTBO Swim Club are looking forward to a great Summer OYJ championship meet, we will see you on deck

Competition Coordinator: Andy Mitchell

Meet Managers: Suzi Santaguida, Charlotte Carroll, Jen Chan Korkus, Greg Hasiuk

Swim Ontario Staff