

2025 Alex Baumann Invitational

SESSION		WARM UP (Split A / B warmup)	SPRINT LANES	DECK ENTRY & RELAY DEADLINE	START
# 1	Friday – 13 & Over	11:00 AM - 11:25 AM (A)	11:10 AM	11:30 AM	12:00 PM
		11:30 AM - 11:55 AM (B)	11:40 PM	11:45 AM	
# 2	Friday - 12 & Under	3:15 PM – 3:40 PM (B)	3:25 PM	3:45 PM	4:15 PM
		3:45 PM - 4:10 PM (A)	3:55 PM	4:00 PM	
# 3	SATURDAY - 13 & Over	7:45 AM - 8:10 AM (A)	7:55 AM	8:15 AM	8:45 AM
		8:15 AM - 8:40 AM (B)	8:25 AM	8:30 AM	
# 4	SATURDAY - 12 & Under	12:30 PM - 12:55 PM (B)	12:40 PM	1:00 PM	1:30 PM
		1:00 PM - 1:25 PM (A)	1:10 PM	1:15 PM	
# 5	SATURDAY - Finals & 1500	5:00 PM - 5:55 PM	5:30 PM	-	6:00 PM
# 6	SUNDAY - 12 & Under	7:45 AM - 8:10 AM (A)	7:55 AM	8:15 AM	8:45 AM
		8:15 AM - 8:40 AM (B)	8:25 AM	8:30 AM	
# 7	SUNDAY - 13 & Over	1:00 PM – 1:25 PM (B)	1:10 PM	1:30 PM	2:00 PM
		1:30 PM - 1:55 PM (A)	1:40 PM	1:45 PM	

PARA LANE: Lane #9, WEST tank only (Session 1,3,7)

SPRINT LANES:

Lane #0 and #8, BOTH tanks

BACKSTROKE LEDGE: (Session #2, #3 #5, #6, and #7)

Lane #1, (Both tanks), when Sprint Lanes are opened

SPLIT WARM UP SCHEDULE

(ALL EXCEPT SESSION 5)

SPLIT WARM UP (A)

APEX, CCST, MAC, MST, MMST, RHAC, RAMC, SCAR,

SPLIT WARM UP (B)

COBRA, DUCKS, BAD, OAK, PTBO, GO, NSSC, MSSAC, TSC