

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01
Session Report

Session: 1 Friday 13 & Over Prelims

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 13 & Over 400 Freestyle	55	6	09:30 AM	_____
Prelims	2 Boys 13 & Over 400 Freestyle	43	5	10:04 AM	_____
Prelims	3 Girls 13 & Over 200 Breaststroke	65	7	10:32 AM	_____
Prelims	4 Boys 13 & Over 200 Breaststroke	40	4	10:57 AM	_____
Prelims	5 Girls 13 & Over 100 Butterfly	41	5	11:11 AM	_____
Prelims	6 Boys 13 & Over 100 Butterfly	40	4	11:21 AM	_____
Prelims	7 Girls 13 & Over 200 IM	48	5	11:28 AM	_____
Prelims	8 Boys 13 & Over 200 IM	31	4	11:46 AM	_____
Prelims	9 Girls 13 & Over 100 Freestyle	65	7	11:59 AM	_____
Prelims	10 Boys 13 & Over 100 Freestyle	80	8	12:11 PM	_____
Prelims	11 Girls 13 & Over 200 Backstroke	59	6	12:24 PM	_____
Prelims	12 Boys 13 & Over 200 Backstroke	37	4	12:45 PM	_____
Finals-S	13 Girls 13-14 200 Medley Relay	3	1	12:59 PM	_____
Finals-S	14 Boys 13-14 200 Medley Relay	0	0	01:02 PM	_____
Finals-S	15 Girls 15 & Over 200 Medley Relay	5	1	01:02 PM	_____
Finals-S	16 Boys 15 & Over 200 Medley Relay	5	1	01:06 PM	_____
	Swimmers Counts for Warm-ups: 320	=====	=====		
	Entry / Heat Totals:	617	68		
	Finish Time			01:08 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01
Session Report

Session: 2 Friday 12 & Under Timed Finals

Day of Meet: 1 Starts at 02:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Mixed 12 & Under 800 Freestyle	12	2	02:15 PM	_____
Finals	19 Girls 10 & Under 200 Breaststroke	13	2	02:41 PM	_____
Finals	20 Boys 10 & Under 200 Breaststroke	6	1	02:50 PM	_____
Finals	21 Girls 11-12 200 Breaststroke	32	4	02:55 PM	_____
Finals	22 Boys 11-12 200 Breaststroke	15	2	03:12 PM	_____
Finals	23 Girls 10 & Under 50 Freestyle	21	3	03:20 PM	_____
Finals	24 Boys 10 & Under 50 Freestyle	18	2	03:24 PM	_____
Finals	25 Girls 11-12 50 Freestyle	46	5	03:27 PM	_____
Finals	26 Boys 11-12 50 Freestyle	25	3	03:32 PM	_____
Finals	27 Girls 10 & Under 100 Backstroke	14	2	03:36 PM	_____
Finals	28 Boys 10 & Under 100 Backstroke	21	3	03:41 PM	_____
Finals	29 Girls 11-12 100 Backstroke	36	4	03:49 PM	_____
Finals	30 Boys 11-12 100 Backstroke	20	2	03:58 PM	_____
Finals	31 Girls 10 & Under 200 IM	8	1	04:02 PM	_____
Finals	32 Boys 10 & Under 200 IM	9	1	04:07 PM	_____
Finals	33 Girls 11-12 200 IM	25	3	04:11 PM	_____
Finals	34 Boys 11-12 200 IM	20	2	04:23 PM	_____
Finals	35 Girls 10 & Under 50 Butterfly	8	1	04:31 PM	_____
Finals	36 Boys 10 & Under 50 Butterfly	11	2	04:32 PM	_____
Finals	37 Girls 11-12 50 Butterfly	15	2	04:35 PM	_____
Finals	38 Boys 11-12 50 Butterfly	6	1	04:38 PM	_____
Finals	39 Girls 10 & Under 200 Freestyle Relay	6	1	04:39 PM	_____
Finals	40 Boys 10 & Under 200 Freestyle Relay	4	1	04:43 PM	_____
Finals	41 Girls 11-12 200 Freestyle Relay	13	2	04:46 PM	_____
Finals	42 Boys 11-12 200 Freestyle Relay	6	1	04:52 PM	_____
	Swimmers Counts for Warm-ups: 195	=====	=====		
	Entry / Heat Totals:	410	53		
	Finish Time			04:55 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01
Session Report

Session: 3 Friday 13 & Over Finals

Day of Meet: 1 Starts at 06:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 400 Freestyle	20	2 u	06:15 PM	_____
Finals	2 Boys 13 & Over 400 Freestyle	20	2 u	06:26 PM	_____
Finals	3 Girls 13 & Over 200 Breaststroke	40	4 u	06:36 PM	_____
Finals	4 Boys 13 & Over 200 Breaststroke	40	4 u	06:49 PM	_____
Finals	5 Girls 13 & Over 100 Butterfly	40	4 u	07:03 PM	_____
Finals	6 Boys 13 & Over 100 Butterfly	30	3 u	07:10 PM	_____
Finals	7 Girls 13 & Over 200 IM	40	4 u	07:14 PM	_____
Finals	8 Boys 13 & Over 200 IM	20	2 u	07:27 PM	_____
Finals	9 Girls 13 & Over 100 Freestyle	40	4 u	07:33 PM	_____
Finals	10 Boys 13 & Over 100 Freestyle	40	4 u	07:39 PM	_____
Finals	11 Girls 13 & Over 200 Backstroke	40	4 u	07:45 PM	_____
Finals	12 Boys 13 & Over 200 Backstroke	37	4 u	07:58 PM	_____
Finals-1	13 Girls 13-14 200 Medley Relay	9	1	08:11 PM	_____
Finals-1	14 Boys 13-14 200 Medley Relay	8	1	08:14 PM	_____
Finals-1	15 Girls 15 & Over 200 Medley Relay	10	1	08:17 PM	_____
Finals-1	16 Boys 15 & Over 200 Medley Relay	10	1	08:20 PM	_____
	Swimmers Counts for Warm-ups: 265	=====	=====		
	Entry / Heat Totals:	444	45		
	Finish Time			08:23 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Session Report**

Session: 4 Saturday 13 & Over Prelims

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	43 Girls 13 & Over 400 IM	38	4	09:30 AM	_____
Prelims	44 Boys 13 & Over 400 IM	26	3	09:57 AM	_____
Prelims	45 Girls 13 & Over 100 Backstroke	62	7	10:15 AM	_____
Prelims	46 Boys 13 & Over 100 Backstroke	44	5	10:30 AM	_____
Prelims	47 Girls 13 & Over 200 Freestyle	56	6	10:40 AM	_____
Prelims	48 Boys 13 & Over 200 Freestyle	51	6	10:58 AM	_____
Prelims	49 Girls 13 & Over 100 Breaststroke	64	7	11:15 AM	_____
Prelims	50 Boys 13 & Over 100 Breaststroke	49	5	11:29 AM	_____
Prelims	51 Girls 13 & Over 200 Butterfly	30	3	11:39 AM	_____
Prelims	52 Boys 13 & Over 200 Butterfly	25	3	11:50 AM	_____
Prelims	53 Girls 13 & Over 50 Freestyle	89	9	12:00 PM	_____
Prelims	54 Boys 13 & Over 50 Freestyle	83	9	12:10 PM	_____
Finals-S	55 Girls 13-14 200 Freestyle Relay	3	1	12:19 PM	_____
Finals-S	56 Boys 13-14 200 Freestyle Relay	0	0	12:21 PM	_____
Finals-S	57 Girls 15 & Over 200 Freestyle Relay	4	1	12:21 PM	_____
Finals-S	58 Boys 15 & Over 200 Freestyle Relay	5	1	12:24 PM	_____
	Swimmers Counts for Warm-ups: 327	=====	=====		
	Entry / Heat Totals:	629	70		
	Finish Time			12:26 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Session Report**

Session: 5 Saturday 12 & Under Timed Finals

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	59 Girls 10 & Under 400 Freestyle	4	1	01:45 PM	_____
Finals	60 Boys 10 & Under 400 Freestyle	2	1	01:53 PM	_____
Finals	61 Girls 11-12 400 Freestyle	22	3	02:00 PM	_____
Finals	62 Boys 11-12 400 Freestyle	18	2	02:20 PM	_____
Finals	63 Girls 10 & Under 50 Backstroke	10	1	02:34 PM	_____
Finals	64 Boys 10 & Under 50 Backstroke	15	2	02:36 PM	_____
Finals	65 Girls 11-12 50 Backstroke	31	4	02:39 PM	_____
Finals	66 Boys 11-12 50 Backstroke	11	2	02:45 PM	_____
Finals	67 Girls 10 & Under 100 Breaststroke	16	2	02:48 PM	_____
Finals	68 Boys 10 & Under 100 Breaststroke	13	2	02:53 PM	_____
Finals	69 Girls 11-12 100 Breaststroke	38	4	02:58 PM	_____
Finals	70 Boys 11-12 100 Breaststroke	18	2	03:07 PM	_____
Finals	71 Girls 10 & Under 200 Butterfly	0	0	03:11 PM	_____
Finals	72 Boys 10 & Under 200 Butterfly	1	1	03:11 PM	_____
Finals	73 Girls 11-12 200 Butterfly	2	1	03:15 PM	_____
Finals	74 Boys 11-12 200 Butterfly	4	1	03:19 PM	_____
Finals	75 Girls 10 & Under 100 Freestyle	13	2	03:23 PM	_____
Finals	76 Boys 10 & Under 100 Freestyle	17	2	03:27 PM	_____
Finals	77 Girls 11-12 100 Freestyle	38	4	03:31 PM	_____
Finals	78 Boys 11-12 100 Freestyle	21	3	03:39 PM	_____
Finals	79 Girls 10 & Under 100 IM	21	3	03:45 PM	_____
Finals	80 Boys 10 & Under 100 IM	20	2	03:52 PM	_____
Finals	81 Girls 11-12 100 IM	35	4	03:56 PM	_____
Finals	82 Boys 11-12 100 IM	17	2	04:05 PM	_____
Finals	83 Girls 10 & Under 200 Medley Relay	6	1	04:09 PM	_____
Finals	84 Boys 10 & Under 200 Medley Relay	4	1	04:13 PM	_____
Finals	85 Girls 11-12 200 Medley Relay	12	2	04:17 PM	_____
Finals	86 Boys 11-12 200 Medley Relay	6	1	04:24 PM	_____
	Swimmers Counts for Warm-ups: 196	=====	=====		
	Entry / Heat Totals:	415	56		
	Finish Time			04:28 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01**Session Report**

Session: 6 Saturday 13 & Over Finals

Day of Meet: 2 Starts at 06:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 13 & Over 400 IM	20	2 u	06:15 PM	_____
Finals	44 Boys 13 & Over 400 IM	20	2 u	06:27 PM	_____
Finals	45 Girls 13 & Over 100 Backstroke	40	4 u	06:39 PM	_____
Finals	46 Boys 13 & Over 100 Backstroke	30	3 u	06:46 PM	_____
Finals	47 Girls 13 & Over 200 Freestyle	40	4 u	06:52 PM	_____
Finals	48 Boys 13 & Over 200 Freestyle	40	4 u	07:03 PM	_____
Finals	49 Girls 13 & Over 100 Breaststroke	40	4 u	07:14 PM	_____
Finals	50 Boys 13 & Over 100 Breaststroke	40	4 u	07:21 PM	_____
Finals	51 Girls 13 & Over 200 Butterfly	30	3 u	07:28 PM	_____
Finals	52 Boys 13 & Over 200 Butterfly	20	2 u	07:38 PM	_____
Finals	53 Girls 13 & Over 50 Freestyle	40	4 u	07:44 PM	_____
Finals	54 Boys 13 & Over 50 Freestyle	40	4 u	07:47 PM	_____
Finals-1	55 Girls 13-14 200 Freestyle Relay	9	1	07:51 PM	_____
Finals-1	56 Boys 13-14 200 Freestyle Relay	8	1	07:54 PM	_____
Finals-1	57 Girls 15 & Over 200 Freestyle Relay	10	1	07:56 PM	_____
Finals-1	58 Boys 15 & Over 200 Freestyle Relay	10	1	07:59 PM	_____
	Swimmers Counts for Warm-ups: 259	=====	=====		
	Entry / Heat Totals:	437	44		
	Finish Time			08:01 PM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01
Session Report

Session: 7 Sunday 12 & Under Timed Finals

Day of Meet: 3 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	101 Girls 10 & Under 100 Butterfly	6	1	09:00 AM	_____
Finals	102 Boys 10 & Under 100 Butterfly	5	1	09:03 AM	_____
Finals	103 Girls 11-12 100 Butterfly	26	3	09:06 AM	_____
Finals	104 Boys 11-12 100 Butterfly	14	2	09:12 AM	_____
Finals	105 Girls 10 & Under 50 Breaststroke	25	3	09:17 AM	_____
Finals	106 Boys 10 & Under 50 Breaststroke	27	3	09:22 AM	_____
Finals	107 Girls 11-12 50 Breaststroke	43	5	09:26 AM	_____
Finals	108 Boys 11-12 50 Breaststroke	18	2	09:33 AM	_____
Finals	109 Girls 10 & Under 200 Freestyle	16	2	09:36 AM	_____
Finals	110 Boys 10 & Under 200 Freestyle	18	2	09:44 AM	_____
Finals	111 Girls 11-12 200 Freestyle	44	5	09:52 AM	_____
Finals	112 Boys 11-12 200 Freestyle	28	3	10:10 AM	_____
Finals	113 Girls 10 & Under 200 Backstroke	11	2	10:20 AM	_____
Finals	114 Boys 10 & Under 200 Backstroke	14	2	10:29 AM	_____
Finals	115 Girls 11-12 200 Backstroke	37	4	10:38 AM	_____
Finals	116 Boys 11-12 200 Backstroke	22	3	10:54 AM	_____
Finals	117 Girls 10 & Under 400 IM	0	0	11:06 AM	_____
Finals	118 Boys 10 & Under 400 IM	0	0	11:06 AM	_____
Finals	119 Girls 11-12 400 IM	11	2	11:06 AM	_____
Finals	120 Boys 11-12 400 IM	4	1	11:21 AM	_____
Finals	121 Mixed 10 & Under 200 Freestyle Relay	4	1	11:28 AM	_____
Finals	123 Mixed 11-12 200 Freestyle Relay	10	1	11:31 AM	_____
	Swimmers Counts for Warm-ups: 190	=====	=====		
	Entry / Heat Totals:	383	48		
	Finish Time			11:34 AM	_____

2026 Eastern Regional Championships - Winter - 2026-01-30 to 2026-02-01
Session Report

Session: 8 Sunday 13 & Over Timed Finals

Day of Meet: 3 Starts at 12:15 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	87 Girls 13 & Over 50 Butterfly	77	8	12:15 PM	_____
Finals	88 Boys 13 & Over 50 Butterfly	68	7	12:24 PM	_____
Finals	89 Mixed 13 & Over 800 Freestyle	91	10	12:32 PM	_____
Finals	91 Girls 13 & Over 50 Backstroke	68	7	02:23 PM	_____
Finals	92 Boys 13 & Over 50 Backstroke	49	5	02:32 PM	_____
Finals	93 Mixed 1500 Freestyle	46	5	02:39 PM	_____
Finals	95 Girls 13 & Over 50 Breaststroke	48	5	04:19 PM	_____
Finals	96 Boys 13 & Over 50 Breaststroke	49	5	04:25 PM	_____
Finals	97 Mixed 13-14 400 Freestyle Relay	9	1	04:31 PM	_____
Finals	99 Mixed 15 & Over 400 Freestyle Relay	14	2	04:36 PM	_____
	Swimmers Counts for Warm-ups: 290	=====	=====		
	Entry / Heat Totals:	519	55		
	Finish Time			04:45 PM	_____