

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04**Session Report**

Session: 1 13 & Over Prelims

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	1 Girls 13 & Over 200 Freestyle	65	9	09:30 AM	_____
Prelims	2 Boys 13 & Over 200 Freestyle	46	6	09:57 AM	_____
Prelims	3 Girls 13 & Over 50 Backstroke	39	5	10:13 AM	_____
Prelims	4 Boys 13 & Over 50 Backstroke	14	2	10:20 AM	_____
Prelims	5 Girls 13 & Over 100 Breaststroke	36	5	10:22 AM	_____
Prelims	6 Boys 13 & Over 100 Breaststroke	48	6	10:31 AM	_____
Prelims	7 Girls 13 & Over 100 Butterfly	31	4	10:42 AM	_____
Prelims	8 Boys 13 & Over 100 Butterfly	30	4	10:49 AM	_____
Prelims	9 Girls 13 & Over 400 IM	13	2	10:56 AM	_____
Prelims	10 Boys 13 & Over 400 IM	24	3	11:09 AM	_____
	Swimmers Counts for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	346	46		
	Finish Time			11:28 AM	_____

Session: 2 12 & Under Timed Finals

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 10 & Under 200 IM	9	2	01:00 PM	_____
Finals	16 Boys 10 & Under 200 IM	4	1	01:09 PM	_____
Finals	17 Girls 11-12 200 IM	41	6	01:13 PM	_____
Finals	18 Boys 11-12 200 IM	33	5	01:35 PM	_____
Finals	19 Girls 10 & Under 50 Breaststroke	9	2	01:54 PM	_____
Finals	20 Boys 10 & Under 50 Breaststroke	9	2	01:56 PM	_____
Finals	21 Girls 11-12 50 Breaststroke	21	3	01:59 PM	_____
Finals	22 Boys 11-12 50 Breaststroke	8	1	02:03 PM	_____
Finals	23 Girls 10 & Under 100 Backstroke	15	2	02:04 PM	_____
Finals	24 Boys 10 & Under 100 Backstroke	11	2	02:09 PM	_____
Finals	25 Girls 11-12 100 Backstroke	47	6	02:14 PM	_____
Finals	26 Boys 11-12 100 Backstroke	36	5	02:26 PM	_____
Finals	27 Girls 10 & Under 50 Butterfly	10	2	02:37 PM	_____
Finals	28 Boys 10 & Under 50 Butterfly	10	2	02:39 PM	_____
Finals	29 Girls 11-12 50 Butterfly	17	3	02:42 PM	_____
Finals	30 Boys 11-12 50 Butterfly	12	2	02:46 PM	_____
Finals	31 Girls 10 & Under 400 Freestyle	1	1	02:48 PM	_____
Finals	32 Boys 10 & Under 400 Freestyle	2	1	02:55 PM	_____
Finals	33 Girls 11-12 400 Freestyle	30	4	03:02 PM	_____
Finals	34 Boys 11-12 400 Freestyle	15	2	03:28 PM	_____
Finals	35 Girls 10 & Under 200 Freestyle Relay	3	1	03:41 PM	_____
Finals	36 Boys 10 & Under 200 Freestyle Relay	2	1	03:44 PM	_____
Finals	37 Girls 11-12 200 Freestyle Relay	10	2	03:47 PM	_____
Finals	38 Boys 11-12 200 Freestyle Relay	8	1	03:53 PM	_____
	Swimmers Counts for Warm-ups: 171	=====	=====		
	Entry / Heat Totals:	363	59		
	Finish Time			03:56 PM	_____

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04**Session Report**

Session: 3 13 & Over Finals

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 200 Freestyle	32	4 u	05:30 PM	_____
Finals	2 Boys 13 & Over 200 Freestyle	32	4 u	05:41 PM	_____
Finals	3 Girls 13 & Over 50 Backstroke	24	3 u	05:52 PM	_____
Finals	4 Boys 13 & Over 50 Backstroke	14	2 u	05:55 PM	_____
Finals	5 Girls 13 & Over 100 Breaststroke	32	4 u	05:57 PM	_____
Finals	6 Boys 13 & Over 100 Breaststroke	32	4 u	06:04 PM	_____
Finals	7 Girls 13 & Over 100 Butterfly	16	2 u	06:11 PM	_____
Finals	8 Boys 13 & Over 100 Butterfly	16	2 u	06:14 PM	_____
Finals	9 Girls 13 & Over 400 IM	13	2 u	06:17 PM	_____
Finals	10 Boys 13 & Over 400 IM	16	2 u	06:29 PM	_____
Finals	11 Girls 13-14 200 Freestyle Relay	6	1	06:41 PM	_____
Finals	12 Boys 13-14 200 Freestyle Relay	6	1	06:43 PM	_____
Finals	13 Girls 15 & Over 200 Freestyle Relay	10	2	06:46 PM	_____
Finals	14 Boys 15 & Over 200 Freestyle Relay	8	1	06:51 PM	_____
	Swimmers Counts for Warm-ups: 163	=====	=====		
	Entry / Heat Totals:	257	34		
	Finish Time			06:53 PM	_____

Session: 4 13 & Over Prelims

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	41 Girls 13 & Over 50 Butterfly	20	3	09:30 AM	_____
Prelims	42 Boys 13 & Over 50 Butterfly	15	2	09:33 AM	_____
Prelims	43 Girls 13 & Over 200 Breaststroke	26	4	09:36 AM	_____
Prelims	44 Boys 13 & Over 200 Breaststroke	34	5	09:50 AM	_____
Prelims	45 Girls 13 & Over 100 Backstroke	49	7	10:08 AM	_____
Prelims	46 Boys 13 & Over 100 Backstroke	30	4	10:21 AM	_____
Prelims	47 Girls 13 & Over 200 Butterfly	2	1	10:29 AM	_____
Prelims	48 Boys 13 & Over 200 Butterfly	7	1	10:32 AM	_____
Prelims	49 Girls 13 & Over 50 Freestyle	76	10	10:35 AM	_____
Prelims	50 Boys 13 & Over 50 Freestyle	71	9	10:44 AM	_____
Finals-S	39 Mixed 13 & Over 800 Freestyle	24	3	10:51 AM	_____
	Swimmers Counts for Warm-ups: 187	=====	=====		
	Entry / Heat Totals:	354	49		
	Finish Time			11:25 AM	_____

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04

Session Report

Session: 5 12 & Under Timed Finals

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	55 Girls 10 & Under 200 Freestyle	11	2	01:00 PM	_____
Finals	56 Boys 10 & Under 200 Freestyle	12	2	01:08 PM	_____
Finals	57 Girls 11-12 200 Freestyle	44	6	01:17 PM	_____
Finals	58 Boys 11-12 200 Freestyle	26	4	01:36 PM	_____
Finals	59 Girls 10 & Under 50 Backstroke	13	2	01:49 PM	_____
Finals	60 Boys 10 & Under 50 Backstroke	5	1	01:52 PM	_____
Finals	61 Girls 11-12 50 Backstroke	20	3	01:53 PM	_____
Finals	62 Boys 11-12 50 Backstroke	11	2	01:57 PM	_____
Finals	63 Girls 12 & Under 200 Breaststroke	28	4	02:00 PM	_____
Finals	64 Boys 12 & Under 200 Breaststroke	17	3	02:16 PM	_____
Finals	65 Girls 10 & Under 50 Freestyle	18	3	02:29 PM	_____
Finals	66 Boys 10 & Under 50 Freestyle	19	3	02:32 PM	_____
Finals	67 Girls 11-12 50 Freestyle	61	8	02:35 PM	_____
Finals	68 Boys 11-12 50 Freestyle	40	5	02:42 PM	_____
Finals	69 Girls 12 & Under 200 Butterfly	3	1	02:47 PM	_____
Finals	70 Boys 12 & Under 200 Butterfly	5	1	02:51 PM	_____
Finals	71 Mixed 12 & Under 800 Freestyle	7	1	02:55 PM	_____
Finals	73 Girls 10 & Under 200 Medley Relay	3	1	03:09 PM	_____
Finals	74 Boys 10 & Under 200 Medley Relay	2	1	03:13 PM	_____
Finals	75 Girls 11-12 200 Medley Relay	10	2	03:17 PM	_____
Finals	76 Boys 11-12 200 Medley Relay	8	1	03:24 PM	_____
	Swimmers Counts for Warm-ups: 171	=====	=====		
	Entry / Heat Totals:	363	56		
	Finish Time			03:28 PM	_____

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04

Session Report

Session: 6 13 & Over Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-2	39 Mixed 13 & Over 800 Freestyle	16	2	05:00 PM	_____
Finals	41 Girls 13 & Over 50 Butterfly	16	2 u	05:22 PM	_____
Finals	42 Boys 13 & Over 50 Butterfly	15	2 u	05:23 PM	_____
Finals	43 Girls 13 & Over 200 Breaststroke	24	3 u	05:25 PM	_____
Finals	44 Boys 13 & Over 200 Breaststroke	24	3 u	05:35 PM	_____
Finals	45 Girls 13 & Over 100 Backstroke	32	4 u	05:45 PM	_____
Finals	46 Boys 13 & Over 100 Backstroke	16	2 u	05:52 PM	_____
Finals	47 Girls 13 & Over 200 Butterfly	2	2 u	05:55 PM	_____
Finals	48 Boys 13 & Over 200 Butterfly	7	2 u	06:02 PM	_____
Finals	49 Girls 13 & Over 50 Freestyle	32	4 u	06:07 PM	_____
Finals	50 Boys 13 & Over 50 Freestyle	32	4 u	06:11 PM	_____
Finals	51 Girls 13-14 200 Medley Relay	6	1	06:14 PM	_____
Finals	52 Boys 13-14 200 Medley Relay	6	1	06:17 PM	_____
Finals	53 Girls 15 & Over 200 Medley Relay	10	2	06:20 PM	_____
Finals	54 Boys 15 & Over 200 Medley Relay	7	1	06:26 PM	_____
	Swimmers Counts for Warm-ups: 160	=====	=====		
	Entry / Heat Totals:	245	35		
	Finish Time			06:29 PM	_____

Session: 7 13 & Over Prelims

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	79 Girls 13 & Over 200 IM	47	6	09:30 AM	_____
Prelims	80 Boys 13 & Over 200 IM	37	5	09:50 AM	_____
Prelims	81 Girls 13 & Over 50 Breaststroke	18	3	10:06 AM	_____
Prelims	82 Boys 13 & Over 50 Breaststroke	22	3	10:09 AM	_____
Prelims	83 Girls 13 & Over 200 Backstroke	29	4	10:13 AM	_____
Prelims	84 Boys 13 & Over 200 Backstroke	22	3	10:26 AM	_____
Prelims	85 Girls 13 & Over 100 Freestyle	63	8	10:37 AM	_____
Prelims	86 Boys 13 & Over 100 Freestyle	63	8	10:49 AM	_____
Prelims	87 Girls 13 & Over 400 Freestyle	30	4	11:00 AM	_____
Prelims	88 Boys 13 & Over 400 Freestyle	27	4	11:23 AM	_____
Finals-S	77 Mixed 1500 Freestyle	0	0	11:46 AM	_____
	Swimmers Counts for Warm-ups: 184	=====	=====		
	Entry / Heat Totals:	358	48		
	Finish Time			11:46 AM	_____

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04**Session Report**

Session: 8 12 & Under Timed Finals

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	93 Girls 10 & Under 100 Butterfly	2	1	01:00 PM	_____
Finals	94 Boys 10 & Under 100 Butterfly	2	1	01:03 PM	_____
Finals	95 Girls 11-12 100 Butterfly	17	3	01:05 PM	_____
Finals	96 Boys 11-12 100 Butterfly	13	2	01:11 PM	_____
Finals	97 Girls 10 & Under 100 Breaststroke	9	2	01:15 PM	_____
Finals	98 Boys 10 & Under 100 Breaststroke	10	2	01:19 PM	_____
Finals	99 Girls 11-12 100 Breaststroke	42	6	01:24 PM	_____
Finals	100 Boys 11-12 100 Breaststroke	22	3	01:36 PM	_____
Finals	101 Girls 10 & Under 200 Backstroke	4	1	01:43 PM	_____
Finals	102 Boys 10 & Under 200 Backstroke	4	1	01:47 PM	_____
Finals	103 Girls 11-12 200 Backstroke	28	4	01:51 PM	_____
Finals	104 Boys 11-12 200 Backstroke	20	3	02:06 PM	_____
Finals	105 Girls 10 & Under 100 Freestyle	10	2	02:18 PM	_____
Finals	106 Boys 10 & Under 100 Freestyle	12	2	02:22 PM	_____
Finals	107 Girls 11-12 100 Freestyle	61	8	02:26 PM	_____
Finals	108 Boys 11-12 100 Freestyle	38	5	02:39 PM	_____
Finals	109 Girls 10 & Under 100 IM	17	3	02:47 PM	_____
Finals	110 Boys 10 & Under 100 IM	9	2	02:54 PM	_____
Finals	111 Girls 12 & Under 400 IM	8	1	02:58 PM	_____
Finals	112 Boys 12 & Under 400 IM	8	1	03:06 PM	_____
Finals	113 Mixed 10 & Under 200 Freestyle Relay	4	1	03:14 PM	_____
Finals	114 Mixed 11-12 200 Freestyle Relay	11	2	03:17 PM	_____
	Swimmers Counts for Warm-ups: 170	=====	=====		
	Entry / Heat Totals:	351	56		
	Finish Time			03:22 PM	_____

2024 Eastern Ontario Regional Championships - 2024-02-02 to 2024-02-04
Session Report

Session: 9 13 & Over Finals

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	77 Mixed 1500 Freestyle	8	1	05:00 PM	_____
Finals	79 Girls 13 & Over 200 IM	32	4 u	05:21 PM	_____
Finals	80 Boys 13 & Over 200 IM	24	3 u	05:33 PM	_____
Finals	81 Girls 13 & Over 50 Breaststroke	16	2 u	05:42 PM	_____
Finals	82 Boys 13 & Over 50 Breaststroke	16	2 u	05:44 PM	_____
Finals	83 Girls 13 & Over 200 Backstroke	16	2 u	05:46 PM	_____
Finals	84 Boys 13 & Over 200 Backstroke	16	2 u	05:52 PM	_____
Finals	85 Girls 13 & Over 100 Freestyle	32	4 u	05:58 PM	_____
Finals	86 Boys 13 & Over 100 Freestyle	32	4 u	06:04 PM	_____
Finals	87 Girls 13 & Over 400 Freestyle	16	2 u	06:09 PM	_____
Finals	88 Boys 13 & Over 400 Freestyle	27	4 u	06:20 PM	_____
Finals	89 Mixed 13-14 200 Freestyle Relay	10	2	06:41 PM	_____
Finals	91 Mixed 15 & Over 200 Freestyle Relay	10	2	06:46 PM	_____
	Swimmers Counts for Warm-ups: 157	=====	=====		
	Entry / Heat Totals:	255	34		
	Finish Time			06:50 PM	_____