

***Welcome to the 2024 Summer Ontario Festivals hosted by the Etobicoke Swim Club - Swim Fast and Have Fun!***

**COMPETITION COORDINATORS:**

Janet Morrison, Level V

Darren Richer, Level V

Janice Charles, Level IV

**MEET MANAGERS:**

Romeo Marra

Stanley Liu

**PARTICIPANT SAFETY**

Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click [HERE](#).

- Only participating swimmers, officials, certified registered coaches, and other authorized people are allowed on the deck.
- NO OTHER PERSON IS PERMITTED on the deck unless expressly authorized by Swim Ontario.

Spectators space is very limited. Spectators will be permitted at the discretion of the facility and meet management and will be controlled. **Only 1 parent/guardian is permitted in the spectator area. Coolers with food/drinks and other bulky items are not permitted in the spectator area.** We encourage viewing via the Live Streaming services provided via RecTec TV at link - <https://app.staylive.io/rectec/festivals>. Vendors will be outside near the main entrance. Spectator are not permitted on deck.

**Swim Ontario Concussion Management Procedure (Rowan's Law)**

- The [Swim Ontario Concussion Management Procedure](#) is in effect at all Swim Ontario sanctioned events. It outlines the Swim Ontario Removal-from-Sport and Return-to-Sport protocols. Clubs and coaches must ensure athletes are aware of this procedure.
- Meet Management will have copies of the [Concussion Management procedure](#) at the competition.
- Any injury/incident resulting in a significant impact to the head, face, neck or body of any registered participant at any Swim Ontario member sanctioned event where concussion symptoms are present must be reported to the Chief Operating Officer of Swim Ontario within 24 hours using the [Swim Ontario Injury reporting form](#)

Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

## Open and Observable Environment

Swimming Canada and Swim Ontario are dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means avoiding situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust must be in an environment or space that is both 'open' and 'observable' to others.

**Heat Sheets** will be available on deck at the Admin Desk. A copy of the heat sheets will be posted on deck on the Shallow and Deep End. They are also posted on the meet info page -

<https://www.swimontario.com/athletes/competitions/2024-summer-ontario-festival-championships>

**Event Start List** are available on Meet Mobile and on Live Results:

<https://swimontario.com/liveresults/2024/SUMMERFEST>

**Results** will be available on Meet Mobile and Live Results:

<https://swimontario.com/liveresults/2024/SUMMERFEST>

## Warm-Up:

Split warmups by club code:

GROUP A = A to M

GROUP B = N to Y + Clubs with PARA swimmers

Session	Warm-up	Sprint ** / Para Lanes	Start	End
Friday 11-12 Session	GROUP A = 7:30 - 8:05 AM Group B = 8:10 - 8:45 AM	Lane 1 PARA with Group B GROUP A SPRINTS Lane 1 to 8 --> 7:55 - 8:05 AM GROUP B Sprints Lane 2 to 8 --> 8:35 - 8:45 AM	8:50 AM	12:55 PM
Friday Overflow	1:00 - 1:25 PM	none	1:30 PM	2:50 PM
Friday 10&Under Session	3:15 - 4:10 PM	3:55 - 4:10 PM - All lanes sprint	4:15 PM	8:15 PM
Saturday 11-12 Session	GROUP B = 7:30 - 8:05 AM Group A = 8:10 - 8:45 AM	Lane 1 PARA with Group B GROUP B SPRINTS Lane 2 to 8 --> 7:55 - 8:05 AM GROUP A Sprints Lane1 to 8 --> 8:35 - 8:45 AM	8:50 AM	1:05 PM
Saturday Overflow	1:05 - 1:25 PM	none	1:30 PM	2:50 PM
Saturday 10&Under Session	3:30 - 4:25 PM	4:10 - 4:25 PM All lanes sprint	4:30 PM	8:15 PM
Sunday 11-12 Session	GROUP A = 7:30 - 8:05 AM Group B = 8:10 - 8:45 AM	Lane 1 PARA with Group B GROUP A SPRINTS Lane 1 to 8 --> 7:55 - 8:05 AM GROUP B Sprints Lane 2 to 8 --> 8:35 - 8:45 AM	8:50 AM	1:10 PM
Sunday Overflow	1:10 - 1:25 PM	none	1:30 PM	3:30 PM
Sunday 10&Under Session	3:30 - 4:25 PM	4:10 - 4:25 PM All lanes sprint	4:30 PM	8:45 PM

### **Positive Check-in and Scratches**

Positive Check-in **by 1 PM** for each overflow session at the admin desk for the 400s and 800 Free.

### **Scratches Deadline**

- There is NO scratch deadline for 200m and below events (including relays) for the 11&12 morning sessions.
- A scratch deadline AND positive check-in for 400m and 800m events in the overflow session will be 1 PM to allow for collapsing of heats and allow meet management to fill the fastest heat.
- There is NO scratch deadline for all 10&Under events.

### **Relay Cards**

Coaches will pick-up relay cards from the Admin Desk before the warm-up of each session. ALL relay cards must be returned to the Admin Desk **30 minutes before the start of the session**. A revised relay program will be printed and posted.

**Official Splits** - request must be made 30 min prior to the start of the session at the admin desk.

**Deck Entries** - no deck entries and time trial events are not permitted.

**Penalty** - Failure to participate in the **FASTEST HEAT** of a **400m or 800m event in the overflow session** will result in a **\$50 fine** payable to Swim Ontario prior to the swimmer's next event/team's next relay event.

Provincial meet penalty form here:



**Marshaling** - Swimmers will self-marshall in all events. Swimmers are requested to report to the blocks no more than 2-3 heats prior to their race. 50m races will start at the deep end (dive towers). All other events will start from the shallow end. 4x50 relays: swimmer 1&3 from shallow end / swimmer 2 & 4 from deep end.

**Backstroke Ledges** will not be available for this event.

**DQ Procedure** - all disqualifications will be announced.

### **Procedure for protests:**

- Discuss DQ with the session Referee
- If not resolved, a written protest may be presented to the Referee. A written protest must be presented within 30 minutes after the conclusion of the **event** in question.
- If not resolved after discussion of the written protest, the matter may be assigned to a Jury of Appeal.
- Protest Forms available at the Admin Desk
- The Jury of Appeal will consist of 3 officials

**Awards** will be presented to the top 3 swimmers in each age category for each event. Top 3 swimmers need to report to the podium after the announcement.

### **Hospitality**

Meals and snacks will be available for coaches in the Olympic Lounge.

Breakfast (Serving time: 7:30 AM- 10:00 AM)

Lunch (Serving time: 12:00 PM - 3:00 PM)

Snacks (Serving time: 3:30 PM - 5:30 PM)