

## 31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

## Meet Program - Saturday Morning Shallow End 130

**Event 36 Women 15 & Over 200 SC Meter IM**

15 Meet: 2:21.82 11-1996 Dena Durand

16&amp;O Meet: 2:14.61 2017-11-25 Maggie MacNeil

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Prelims**

3	Becca Railton	16	LAC	4:16.13
4	Sierra Kelly	15	BROCK	3:32.39
5	Shayna Laidler	15	SR	3:59.38

**Heat 2 of 5 Prelims**

1	Jordyn Kuenzig	15	HHAC	3:26.16
2	Kimberlee Borrelli	15	BROCK	3:17.57
3	Sophie Buckman	15	LAC	2:56.95
4	Sofia Kluz	15	HHAC	2:53.19
5	Allison McGregor	16	GMAC	2:55.70
6	Amelia Matthews	16	CYPS	3:00.00
7	Samantha Vandenbrink	15	GMAC	3:26.08
8	Carrigan Craigie	16	BRANT	3:30.30

**Heat 3 of 5 Prelims**

1	Lucy Levy	16	LAC	2:47.18
2	Abby Fellingner	16	BRANT	2:39.70
3	Alexis Chisholm	19	BRANT	2:34.50
4	Andrea Luberti	16	GMAC	2:28.96
5	Daniela Gongora Gaytar	15	OAK	2:32.70
6	Rachel Steinberg	16	BRANT	2:38.20
7	Sidney Patrick	16	OAK	2:43.93
8	Jade Horner	16	BROCK	2:52.71

**Heat 4 of 5 Prelims**

1	Emily Manktelow	15	OAK	2:45.34
2	Alice Parsons	16	RCAQ	2:39.22
3	Marina_S14SB14S Mari	24	BRANT	2:34.34
4	Cordelia French	16	OAK	2:27.50
5	Jenna Walters	17	GMAC	2:31.56
6	Lexi McLean	18	BRANT	2:37.01
7	Cameron Coxson	15	OAK	2:43.57
8	Raine West	15	BROCK	2:49.22

**Heat 5 of 5 Prelims**

1	Melanie Heuft	15	OAK	2:44.91
2	Maddy Glowinski	18	BRANT	2:38.97
3	Isabelle Burton	15	LAC	2:32.77
4	Tia Jankovics	17	RCAQ	2:25.37
5	Halayna Montrichard	17	BRANT	2:31.36
6	Brielle Stropole	15	OAK	2:36.98
7	Maddy Gruenwald	16	BRANT	2:41.83
8	Tori Broome	17	OAK	2:48.62

**Event 39 Men 13-14 200 SC Meter IM**

13 Meet: 2:15.64 2016-11-26 Russell Burton

14 Meet: 2:10.84 2017-11-25 Russell Burton

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Prelims**

3	Michael Gudz	13	LAC	3:35.86
4	Caelan Connelly	13	GMAC	3:30.00
5	Zain Jiwa	13	GMAC	3:30.00

**Heat 2 of 5 Prelims**

2	Jayden Hong	13	LAC	3:27.04
3	Cohen D'Oliveira	13	GMAC	3:20.46
4	Ethan Provost	14	OAK	3:10.95
5	Patrick Coughlin	14	RCAQ	3:19.22
6	Jacob Rose	14	STCC	3:24.38
7	Charles Stuart	13	RCAQ	3:27.51

**Heat 3 of 5 Prelims**

1	Akhil Singh	13	OAK	3:01.92
2	Matthew Davidson	14	GMAC	2:47.71
3	Caden Zhang	13	LAC	2:40.13
4	Fynn O'Rourke	13	GMAC	2:25.82
5	Ziad Abdelwahed	14	OAK	2:31.88
6	Caleb VanDooren	14	CYPS	2:43.15
7	Logan Post	14	GMAC	2:58.59
8	Birkley Troock	14	GMAC	3:07.55

**Heat 4 of 5 Prelims**

1	Dustin Hobbs	14	BRANT	3:01.67
2	Ian Mohamed	14	OAK	2:47.33
3	Zichen Wang	14	BROCK	2:36.89
4	Jackson Cooke	14	LAC	2:24.56
5	Zayden Dindayal	14	OAK	2:28.64
6	Arthur Moreira	14	OAK	2:40.73
7	Kaiden Lee	13	KWST	2:55.11
8	Xander Ziemanis	13	LAC	3:05.53

**Heat 5 of 5 Prelims**

1	Thiiru Rajamaheshwara	13	LAC	3:00.00
2	Caelan Wombwell	13	GMAC	2:45.97
3	Romeo Laberge	14	OAK	2:36.60
4	Julian Twist	14	GMAC	2:23.95
5	Ahmed Elsayed	14	OAK	2:28.36
6	Nathan Huether	14	GMAC	2:40.55
7	Aidan Ki	14	OAK	2:48.75
8	Thomas Ignat	14	MS	3:05.38

**Event 40 Women 15 & Over 50 SC Meter Freestyle**

15 Meet: 26.87 2002-11-22 Julia Wilkinson

16&amp;O Meet: 25.47 2021-11-28 Charis Huddle

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

3	Olivia Kennedy	15	BROCK	43.50
4	Emily Moerman	15	MS	35.89
5	Lauren Goodyer	15	GMAC	36.78

**Heat 2 of 6 Prelims**

1	Kate Taylor	15	RCAQ	35.50
2	Meah Pruder	15	LAC	33.63
3	Samantha Vandenbrink	15	GMAC	32.99
4	Caitlin Ortega	15	LAC	32.64
5	Reina Walters	16	STJJ	32.94
6	Grace Belfry	15	LAC	33.61
7	Kimberlee Borrelli	15	BROCK	35.34
8	Emily Landon	16	STJJ	35.72

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Saturday Morning Shallow End 130****Heat 3 Prelims (#40 Women 15 & Over 50 SC Meter Freestyle)**

1	Abby Gerrard	17	GMAC	32.01	_____
2	Kate Schleihauf	17	SR	31.53	_____
3	Lily Koto	16	LAC	31.38	_____
4	Elise Schlotzhauer	17	RCAQ	30.97	_____
5	Rachel Winklmeier	16	SR	31.07	_____
6	Sofia Lessa Fratini	15	BRANT	31.45	_____
7	Danielle Shebrek	15	BRANT	31.54	_____
8	Annika Dobrocky	15	BRANT	32.41	_____

**Heat 4 of 6 Prelims**

1	Charlotte Dyer	15	LAC	29.97	_____
2	Isabelle Robert	17	SR	29.18	_____
3	Madison Chisholm	17	BRANT	28.46	_____
4	Andrea Mintis	16	RCAQ	27.69	_____
5	Raine West	15	BROCK	28.27	_____
6	Alice Parsons	16	RCAQ	28.95	_____
7	Daisy Jenkins	17	SR	29.53	_____
8	Hanna Hozayen	15	OAK	30.87	_____

**Heat 5 of 6 Prelims**

1	Siena Begemann	16	STJJ	29.74	_____
2	Danielle Hart	17	LAC	29.07	_____
3	Jillian Coscarella	17	OAK	28.45	_____
4	Sophie Dube	16	BRANT	27.50	_____
5	Lily Pierce	17	RCAQ	27.94	_____
6	Brynn Scheffel	15	BRANT	28.88	_____
7	Amelie Robichaud	15	OAK	29.48	_____
8	Katie Frech	16	BROCK	30.59	_____

**Heat 6 of 6 Prelims**

1	Rachael Caron	15	LAC	29.71	_____
2	Makayla Crayne	16	BRANT	28.96	_____
3	Megan Donnelly	16	OAK	28.43	_____
4	Jenna Walters	17	GMAC	25.91	_____
5	Charla Tatic	17	LAC	27.78	_____
6	Cordelia French	16	OAK	28.76	_____
7	Trinity Nusca	16	OAK	29.30	_____
8	Emily Manktelow	15	OAK	30.21	_____

**Event 43 Men 13-14 50 SC Meter Freestyle**

13 Meet: 25.74 2018-11-24 Quinn Matteis

14 Meet: 24.98 2019-11-23 Quinn Matteis

Lane	Name	Age	Team	Seed	Time
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**Heat 1 of 6 Prelims**

1	Theo Castle	14	MS	44.00	_____
2	Adam Palma	13	MS	39.79	_____
3	Chase Ellis	13	CYPS	38.70	_____
4	Xander Greff	14	RCAQ	36.99	_____
5	David Knibbe	13	STJJ	37.02	_____
6	Lambert Xu	13	KWST	38.84	_____
7	Jaren Gao	13	BROCK	42.05	_____

**Heat 2 of 6 Prelims**

1	Ethan Provost	14	OAK	35.53	_____
2	Jack Landon	13	STJJ	35.28	_____
3	Charles Stuart	13	RCAQ	35.07	_____
4	Kaiden Lee	13	KWST	34.17	_____
5	Jacob Rose	14	STCC	34.73	_____
6	Seungsu Kim	13	LAC	35.27	_____
7	Alexander Lebedev	14	BROCK	35.48	_____
8	John Chen	14	LAC	36.64	_____

**Heat 3 of 6 Prelims**

1	Martino Vu	13	STJJ	33.89	_____
2	Derek Isings	14	LAC	33.05	_____
3	Cohen D'Oliveira	13	GMAC	32.78	_____
4	Nolan Gerster	14	BRANT	32.32	_____
5	Jayden Wang	14	LAC	32.75	_____
6	Gray Klonteig	13	BLN	33.01	_____
7	William VanHooren	13	AOA	33.26	_____
8	Will Seo	14	STJJ	34.00	_____

**Heat 4 of 6 Prelims**

1	Austin Vanderheyden	14	RCAQ	31.90	_____
2	Zichen Wang	14	BROCK	30.57	_____
3	Nathan Huether	14	GMAC	28.73	_____
4	Tianyi Sun	13	KWST	27.40	_____
5	Brayden Rajotte	14	OAK	28.34	_____
6	David Peng	14	KWST	29.21	_____
7	Thomas Ignat	14	MS	31.23	_____
8	Ethan Zheng	13	KWST	32.29	_____

**Heat 5 of 6 Prelims**

1	Charles Liang	14	LAC	31.64	_____
2	Quinlan Stark	14	BROCK	29.78	_____
3	Tristan Robichaud	13	OAK	28.52	_____
4	Abdulrahman Yakoub	14	OAK	27.25	_____
5	Rudolf Weggaesser	14	LAC	28.33	_____
6	Bradley Marlow	14	LAC	29.10	_____
7	Zaid Kulasic	13	OAK	30.81	_____
8	Zain Jiwa	13	GMAC	32.22	_____

**Heat 6 of 6 Prelims**

1	Sahil Singh	13	OAK	31.33	_____
2	Charles Hood	14	GMAC	29.26	_____
3	Andrew Zheng	14	OAK	28.39	_____
4	William Parsons	14	RCAQ	27.11	_____
5	Ziad Abdelwahed	14	OAK	28.00	_____
6	Zayden Dindayal	14	OAK	28.78	_____
7	Aidan Ki	14	OAK	30.62	_____
8	Lucas Van't Spyker	13	BRANT	32.13	_____

## 31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

## Meet Program - Saturday Morning Shallow End 130

**Event 44 Women 15 & Over 100 SC Meter Backstroke**

15 Meet: 1:03.64 2015-11-21 Madison Broad

16&amp;0 Meet: 1:02.52 2016-11-26 Jessica Allen

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Prelims</b>				
1	Emily Moerman	15	MS	1:44.11
2	Emily Landon	16	STJJ	1:40.23
3	Amelia Matthews	16	CYPS	1:34.89
4	Olivia Kennedy	15	BROCK	1:28.90
5	Lauren Goodyer	15	GMAC	1:31.53
6	Shayna Laidler	15	SR	1:38.53
7	Danielle Shebrek	15	BRANT	1:40.71
8	Becca Raiton	16	LAC	1:52.12

**Heat 2 of 6 Prelims**

1	Kate Taylor	15	RCAQ	1:27.26
2	Carrigan Craigie	16	BRANT	1:25.30
3	Reina Walters	16	STJJ	1:24.61
4	Caitlin Ortega	15	LAC	1:23.61
5	Meah Pruder	15	LAC	1:23.63
6	Sierra Kelly	15	BROCK	1:24.69
7	Rachel Winklmeier	16	SR	1:26.96
8	Jordyn Kuenzig	15	HHAC	1:27.77

**Heat 3 of 6 Prelims**

1	Sophie Buckman	15	LAC	1:23.40
2	Katie Frech	16	BROCK	1:21.50
3	Abby Gerrard	17	GMAC	1:18.76
4	Cameron Coxson	15	OAK	1:18.37
5	Sofia Lessa Fratini	15	BRANT	1:18.46
6	Mengdi Yong	15	LAC	1:19.95
7	Annika Dobrocky	15	BRANT	1:22.03
8	Reegan Rathwell	17	HHAC	1:23.50

**Heat 4 of 6 Prelims**

1	Rachael Caron	15	LAC	1:15.46
2	Ariel Nguyen	15	OAK	1:10.50
3	Lily Pierce	17	RCAQ	1:07.87
4	Vanessa Xia	16	OAK	1:04.49
5	Jacqueline Chambers	17	LAC	1:06.65
6	Abby Fellingner	16	BRANT	1:09.32
7	Maddy Glowinski	18	BRANT	1:12.31
8	Lucy Levy	16	LAC	1:17.36

**Heat 5 of 6 Prelims**

1	Andrea Mintis	16	RCAQ	1:15.32
2	Katie Cosgriffe_S10SB9	17	OAK	1:09.82
3	Brielle Strole	15	OAK	1:07.53
4	Jenna Walters	17	GMAC	1:04.33
5	Tia Jankovics	17	RCAQ	1:05.69
6	Torrin Stefels	15	BROCK	1:08.48
7	Grace Shemilt	17	OAK	1:11.48
8	Alyssa Gerrie	16	BRANT	1:16.55

**Heat 6 of 6 Prelims**

1	Madison Chisholm	17	BRANT	1:13.09
2	Andrea Luberti	16	GMAC	1:09.55
3	Sophia St-Pierre	16	BROCK	1:07.00
4	Halayna Montrichard	17	BRANT	1:02.97
5	Esther Lu	16	LAC	1:05.58
6	Alexis Chisholm	19	BRANT	1:08.35
7	Aleesha Tejani	17	OAK	1:11.27
8	Ellery McLean	16	BRANT	1:16.50

**Event 47 Men 13-14 100 SC Meter Backstroke**

13 Meet: 1:02.51 2016-11-26 Russell Burton

14 Meet: 1:02.66 2005-11-27 Allan Sundby

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

3	Theo Castle	14	MS	2:00.00
4	Adam Palma	13	MS	1:50.00
5	Lambert Xu	13	KWST	1:52.05

**Heat 2 of 6 Prelims**

1	David Knibbe	13	STJJ	1:45.66
2	Jayden Hong	13	LAC	1:41.45
3	Derek Isings	14	LAC	1:36.16
4	Jayden Wang	14	LAC	1:34.59
5	Alexander Lebedev	14	BROCK	1:34.70
6	Jack Landon	13	STJJ	1:40.75
7	John Chen	14	LAC	1:42.05

**Heat 3 of 6 Prelims**

1	Austin Vanderheyden	14	RCAQ	1:30.35
2	Xander Greff	14	RCAQ	1:29.32
3	Patrick Coughlin	14	RCAQ	1:28.00
4	Nathan Frolow	13	LAC	1:27.45
5	Seungsu Kim	13	LAC	1:27.49
6	Alex Lee	13	LAC	1:28.26
7	Michael Gudz	13	LAC	1:29.67
8	Derri Yang	13	LAC	1:31.35

**Heat 4 of 6 Prelims**

1	Austin Levy	13	LAC	1:23.05
2	David Peng	14	KWST	1:18.79
3	Bradley Marlow	14	LAC	1:11.64
4	Ahmed Elsayed	14	OAK	1:06.10
5	Brayden Rajotte	14	OAK	1:09.69
6	William Parsons	14	RCAQ	1:14.61
7	Caden Zhang	13	LAC	1:20.38
8	Jaren Gao	13	BROCK	1:27.40

**Heat 5 of 6 Prelims**

1	Thiiru Rajamaheshwara	13	LAC	1:22.00
2	Rudolf Weggaesser	14	LAC	1:18.64
3	Caelan Wombwell	13	GMAC	1:10.10
4	Fynn O'Rourke	13	GMAC	1:04.69
5	Charles Hood	14	GMAC	1:08.75
6	Oliver Kalavriziotis	14	RCAQ	1:14.54
7	Ethan Zheng	13	KWST	1:19.51
8	Eric Buro	13	AOA	1:24.61

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Saturday Morning Shallow End 130****Heat 6 Prelims (#47 Men 13-14 100 SC Meter Backstroke)**

1	Jack Gollan	14	BRANT	1:21.72	_____
2	Xander Ziemanis	13	LAC	1:16.88	_____
3	Quinlan Stark	14	BROCK	1:09.88	_____
4	Julian Twist	14	GMAC	1:00.36	_____
5	Jackson Cooke	14	LAC	1:08.44	_____
6	Jacob Rose	14	STCC	1:14.03	_____
7	Benjamin Vanderveen	13	LAC	1:19.49	_____
8	Adam Kleinjan	14	AOA	1:24.49	_____

**Event 48 Women 15 & Over 200 SC Meter Breaststroke****15 Meet: 2:36.66 2009-11-29 Emily Williams****16&O Meet: 2:29.31 2022-11-26 Amaris Peng**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 2 Prelims**

1	Sofia Kluz	15	HHAC	3:16.88	_____
2	Lily Koto	16	LAC	3:04.14	_____
3	Daisy Jenkins	17	SR	2:56.18	_____
4	Rachel Steinberg	16	BRANT	2:52.48	_____
5	Lexi McLean	18	BRANT	2:54.07	_____
6	Brynn Scheffel	15	BRANT	3:00.31	_____
7	Jade Horner	16	BROCK	3:08.26	_____
8	Samantha Vandenbrink	15	GMAC	3:50.00	_____

**Heat 2 of 2 Prelims**

1	Siena Begemann	16	STJJ	3:12.33	_____
2	Tori Broome	17	OAK	3:03.23	_____
3	Jessica Taddeo	16	OAK	2:55.32	_____
4	Melanie Heuft	15	OAK	2:47.14	_____
5	Raine West	15	BROCK	2:53.01	_____
6	Allison McGregor	16	GMAC	2:56.35	_____
7	Charlotte Dyer	15	LAC	3:06.39	_____
8	Grace Belfry	15	LAC	3:43.13	_____

**Event 51 Men 13-14 200 SC Meter Breaststroke****13 Meet: 2:40.93 2002-11-24 Chris Bento****14 Meet: 2:30.55 2017-11-25 Russell Burton**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 5 Prelims**

3	Cohen D'Oliveira	13	GMAC	4:20.05	_____
4	Martino Vu	13	STJJ	4:12.11	_____
5	Zaid Kulasic	13	OAK	4:12.96	_____

**Heat 2 of 5 Prelims**

2	Nolan Gerster	14	BRANT	4:01.01	_____
3	Charles Stuart	13	RCAQ	3:46.55	_____
4	Zain Jiwa	13	GMAC	3:45.00	_____
5	Xander Greff	14	RCAQ	3:45.99	_____
6	Chase Ellis	13	CYPS	3:58.00	_____
7	Gray Klonteig	13	BLN	4:04.11	_____

**Heat 3 of 5 Prelims**

1	Adam Kleinjan	14	AOA	3:36.39	_____
2	Charles Hood	14	GMAC	3:25.65	_____
3	Fynn O'Rourke	13	GMAC	3:15.07	_____
4	Caleb VanDooren	14	CYPS	2:59.25	_____
5	Alex Lee	13	LAC	3:09.19	_____
6	Akhil Singh	13	OAK	3:22.17	_____
7	Charles Liang	14	LAC	3:31.41	_____
8	Matthew Davidson	14	GMAC	3:45.00	_____

**Heat 4 of 5 Prelims**

1	Tristan Robichaud	13	OAK	3:33.88	_____
2	Sahil Singh	13	OAK	3:25.04	_____
3	Abdulrahman Yakoub	14	OAK	3:12.35	_____
4	Andrew Zheng	14	OAK	2:49.19	_____
5	Aaron Zhu	13	LAC	3:06.97	_____
6	Caelan Wombwell	13	GMAC	3:20.12	_____
7	Kaiden Lee	13	KWST	3:26.70	_____
8	Birkley Troock	14	GMAC	3:38.18	_____

**Heat 5 of 5 Prelims**

1	Nathan Huether	14	GMAC	3:32.57	_____
2	Logan Post	14	GMAC	3:22.73	_____
3	Caelan Connolly	13	GMAC	3:11.00	_____
4	Tianyi Sun	13	KWST	2:44.56	_____
5	Lucas Van't Spyker	13	BRANT	3:06.41	_____
6	Ian Mohamed	14	OAK	3:15.33	_____
7	Derri Yang	13	LAC	3:26.00	_____
8	David Knibbe	13	STJJ	3:37.00	_____

**Event 52 Women 15 & Over 100 SC Meter Butterfly****15 Meet: 1:05.28 2003-11-23 Nadia Kumentas****16&O Meet: 1:01.50 2019-11-23 Genevieve Sasseville**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	Emily Moerman	15	MS	1:50.87	_____
2	Makayla Crayne	16	BRANT	1:40.26	_____
3	Charlotte Dyer	15	LAC	1:27.74	_____
4	Sophie Buckman	15	LAC	1:26.36	_____
5	Mengdi Yong	15	LAC	1:26.39	_____
6	Caitlin Ortega	15	LAC	1:28.26	_____
7	Kate Taylor	15	RCAQ	1:41.01	_____

**Heat 2 of 4 Prelims**

1	Melanie Heuft	15	OAK	1:19.33	_____
2	Isabelle Robert	17	SR	1:12.40	_____
3	Ariel Nguyen	15	OAK	1:10.23	_____
4	Andrea Luberti	16	GMAC	1:07.09	_____
5	Danielle Hart	17	LAC	1:09.11	_____
6	Alice Parsons	16	RCAQ	1:10.74	_____
7	Maddy Gruenwald	16	BRANT	1:14.92	_____
8	Siena Begemann	16	STJJ	1:21.43	_____

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Saturday Morning Shallow End 130****Heat 3 Prelims (#52 Women 15 & Over 100 SC Meter Butterfly)**

1	Reegan Rathwell	17	HHAC	1:16.51	_____
2	Torrin Stefels	15	BROCK	1:12.30	_____
3	Cordelia French	16	OAK	1:09.78	_____
4	Esther Lu	16	LAC	1:06.17	_____
5	Isabelle Burton	15	LAC	1:08.51	_____
6	Trinity Nusca	16	OAK	1:10.60	_____
7	Cameron Coxson	15	OAK	1:14.87	_____
8	Lily Koto	16	LAC	1:21.42	_____

**Heat 4 of 4 Prelims**

1	Rachael Caron	15	LAC	1:16.42	_____
2	Sophia St-Pierre	16	BROCK	1:11.79	_____
3	Marina_S14SB14S Mari	24	BRANT	1:09.64	_____
4	Charla Tatic	17	LAC	1:04.78	_____
5	Amelie Robichaud	15	OAK	1:07.81	_____
6	Tia Jankovics	17	RCAQ	1:10.31	_____
7	Aleesha Tejani	17	OAK	1:12.90	_____
8	Rachel Winklmeier	16	SR	1:20.94	_____

**Event 55 Men 13-14 100 SC Meter Butterfly****13 Meet: 1:02.42 2003-11-23 Yonathan Prajago****14 Meet: 59.27 2019-11-23 Quinn Matteis**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 4 Prelims**

1	Jayden Wang	14	LAC	1:55.00	_____
2	Austin Vanderheyden	14	RCAQ	1:45.99	_____
3	Seungsu Kim	13	LAC	1:44.06	_____
4	Derri Yang	13	LAC	1:36.00	_____
5	Michael Gudz	13	LAC	1:36.00	_____
6	Jayden Hong	13	LAC	1:45.94	_____
7	Austin Levy	13	LAC	1:46.65	_____
8	Adam Palma	13	MS	2:00.00	_____

**Heat 2 of 4 Prelims**

1	Derek Isings	14	LAC	1:28.72	_____
2	Bradley Marlow	14	LAC	1:24.18	_____
3	Logan Post	14	GMAC	1:18.50	_____
4	Zayden Dindayal	14	OAK	1:08.20	_____
5	Rudolf Weggaesser	14	LAC	1:12.69	_____
6	Aaron Zhu	13	LAC	1:21.12	_____
7	Ian Mohamed	14	OAK	1:25.26	_____
8	Charles Liang	14	LAC	1:35.46	_____

**Heat 3 of 4 Prelims**

1	Caden Zhang	13	LAC	1:27.00	_____
2	Alex Lee	13	LAC	1:22.14	_____
3	Arthur Moreira	14	OAK	1:16.37	_____
4	Tianyi Sun	13	KWST	1:07.97	_____
5	William Parsons	14	RCAQ	1:11.91	_____
6	Benjamin Vanderveen	13	LAC	1:20.43	_____
7	Thiiru Rajamaheshwar	13	LAC	1:25.00	_____
8	Xander Ziemanis	13	LAC	1:34.11	_____

**Heat 4 of 4 Prelims**

1	Nathan Frolow	13	LAC	1:26.54	_____
2	Gabriel Barnardo	13	LAC	1:21.60	_____
3	Tristan Robichaud	13	OAK	1:13.21	_____
4	Romeo Laberge	14	OAK	1:06.23	_____
5	Ziad Abdelwahed	14	OAK	1:10.45	_____
6	Dustin Hobbs	14	BRANT	1:18.53	_____
7	Jack Gollan	14	BRANT	1:25.00	_____
8	Thomas Ignat	14	MS	1:33.98	_____

**Event 56 Women 15 & Over 200 SC Meter Freestyle****15 Meet: 2:10.06 2021-11-28 Jacqueline Chambers****16&O Meet: 2:05.38 2022-11-26 Lauren Campbell**

Lane Name	Age	Team	Seed Time
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**Heat 1 of 6 Prelims**

3	Becca Raiton	16	LAC	3:46.21	_____
4	Shayna Laidler	15	SR	3:00.01	_____
5	Olivia Kennedy	15	BROCK	3:16.42	_____

**Heat 2 of 6 Prelims**

2	Jordyn Kuenzig	15	HHAC	2:57.46	_____
3	Sierra Kelly	15	BROCK	2:43.37	_____
4	Kate Schleihauf	17	SR	2:38.41	_____
5	Reegan Rathwell	17	HHAC	2:40.69	_____
6	Meah Pruder	15	LAC	2:48.68	_____
7	Lauren Goodyer	15	GMAC	2:58.18	_____

**Heat 3 of 6 Prelims**

1	Allison McGregor	16	GMAC	2:36.25	_____
2	Lucy Levy	16	LAC	2:34.73	_____
3	Mengdi Yong	15	LAC	2:30.12	_____
4	Ellery McLean	16	BRANT	2:25.81	_____
5	Jessica Taddeo	16	OAK	2:27.17	_____
6	Alyssa Gerrie	16	BRANT	2:30.87	_____
7	Sofia Kluz	15	HHAC	2:35.74	_____
8	Jade Horner	16	BROCK	2:38.03	_____

**Heat 4 of 6 Prelims**

1	Katie Frech	16	BROCK	2:23.39	_____
2	Emily Manktelow	15	OAK	2:20.36	_____
3	Esther Lu	16	LAC	2:14.31	_____
4	Megan Donnelly	16	OAK	2:11.28	_____
5	Alexis Chisholm	19	BRANT	2:11.96	_____
6	Katie Cosgriffe_S10SB9	17	OAK	2:19.18	_____
7	Lexi McLean	18	BRANT	2:21.96	_____
8	Hanna Hozayen	15	OAK	2:25.03	_____

**Heat 5 of 6 Prelims**

1	Elise Schlotzhauer	17	RCAQ	2:22.92	_____
2	Madison Chisholm	17	BRANT	2:19.74	_____
3	Sophie Dube	16	BRANT	2:13.70	_____
4	Halayna Montrichard	17	BRANT	2:08.96	_____
5	Daniela Gongora Gaytar	15	OAK	2:11.96	_____
6	Danielle Hart	17	LAC	2:18.27	_____
7	Brynn Scheffel	15	BRANT	2:21.22	_____
8	Abby Gerrard	17	GMAC	2:24.66	_____

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Saturday Morning Shallow End 130****Heat 6 Prelims (#56 Women 15 & Over 200 SC Meter Freesty**

1	Maddy Glowinski	18	BRANT	2:22.40	___
2	Jillian Coscarella	17	OAK	2:19.35	___
3	Vanessa Xia	16	OAK	2:13.64	___
4	Jacqueline Chambers	17	LAC	2:08.03	___
5	Charla Tatic	17	LAC	2:11.36	___
6	Andrea Mintis	16	RCAQ	2:16.50	___
7	Sidney Patrick	16	OAK	2:21.12	___
8	Grace Shemilt	17	OAK	2:24.37	___

**Event 59 Men 13-14 200 SC Meter Freestyle****13 Meet: 2:01.78 2018-11-24 Quinn Matteis****14 Meet: 1:56.34 2019-11-23 Quinn Matteis**

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 5 Prelims**

3	Jaren Gao	13	BROCK	3:24.72	___
4	Caelan Connelly	13	GMAC	3:13.46	___
5	Theo Castle	14	MS	3:20.00	___

**Heat 2 of 5 Prelims**

1	John Chen	14	LAC	3:04.32	___
2	Martino Vu	13	STJJ	3:02.23	___
3	Alexander Lebedev	14	BROCK	2:52.70	___
4	Austin Levy	13	LAC	2:45.02	___
5	William VanHooren	13	AOA	2:45.95	___
6	Ethan Provost	14	OAK	2:53.10	___
7	Gray Klonteig	13	BLEN	3:04.25	___
8	Patrick Coughlin	14	RCAQ	3:05.23	___

**Heat 3 of 5 Prelims**

1	Ethan Zheng	13	KWST	2:38.33	___
2	Oliver Kalavriziotis	14	RCAQ	2:31.73	___
3	Arthur Moreira	14	OAK	2:21.23	___
4	Aidan Ki	14	OAK	2:12.05	___
5	Abdulrahman Yakoub	14	OAK	2:16.15	___
6	Quinlan Stark	14	BROCK	2:26.79	___
7	Lucas Van't Spyker	13	BRANT	2:35.20	___
8	Nolan Gerster	14	BRANT	2:42.84	___

**Heat 4 of 5 Prelims**

1	Gabriel Barnardo	13	LAC	2:36.24	___
2	Birkley Troock	14	GMAC	2:29.95	___
3	Andrew Zheng	14	OAK	2:20.10	___
4	Jackson Cooke	14	LAC	2:11.09	___
5	Ahmed Elsayed	14	OAK	2:15.37	___
6	Matthew Davidson	14	GMAC	2:24.88	___
7	Sahil Singh	13	OAK	2:32.65	___
8	Benjamin Vanderveen	13	LAC	2:42.56	___

**Heat 5 of 5 Prelims**

1	Zaid Kulasic	13	OAK	2:36.16	___
2	Romeo Laberge	14	OAK	2:27.67	___
3	Zichen Wang	14	BROCK	2:16.25	___
4	Julian Twist	14	GMAC	2:01.61	___
5	Brayden Rajotte	14	OAK	2:12.57	___
6	Nathan Frolow	13	LAC	2:24.52	___
7	Aaron Zhu	13	LAC	2:31.74	___
8	Akhil Singh	13	OAK	2:38.86	___