

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Saturday Afternoon Shallow 12U

Event 60 Girls 11-12 50 SC Meter Freestyle

11 Meet: 28.84 11-1999 Whitney Rich

12 Meet: 28.15 2015-11-21 Genevieve Sasseville

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

2	Shiyara Puvirajah	12	LAC	1:00.39
3	Sophie Lebold	11	HHAC	51.00
4	Naomi Reid	12	LAC	50.00
5	Ruby Nethery	12	STCC	50.70
6	Chadan Hamdan	11	LAC	53.06
7	Lillian Krawecki	11	STJJ	1:02.61

Heat 2 of 12 Finals

1	Victoria Nesbitt	11	RCAQ	49.34
2	Hailey Lindsay	11	LAC	48.53
3	Priya Chawla	11	CYPS	46.65
4	Rachel Yu	11	KWST	46.11
5	Ayda Merkley	12	Speed Sharks-ON	46.29
6	Angelina Marsella	11	GMAC	48.12
7	Keelan Patel	11	GMAC	49.30
8	Jane St Pierre	12	STCC	49.99

Heat 3 of 12 Finals

1	Emma Bertoia	12	Speed Sharks-ON	43.68
2	Elena Secor	12	RCAQ	43.14
3	Maelle Sprigg-Robinson	12	GMAC	42.49
4	Ava Peachey	11	STCC	42.31
5	Macie Reid	12	HHAC	42.49
6	Julie Yang	12	LAC	42.93
7	Lucy Perugino	11	LAC	43.41
8	Eugenia Balobanova	11	GMAC	43.88

Heat 4 of 12 Finals

1	Abby Chew	11	LAC	41.93
2	Ainsley Ferguson	11	RCAQ	41.84
3	Lauren Degiorgio	11	LAC	41.26
4	Evelynn Sterling	12	LAC	40.98
5	Clara Jennen	11	CYPS	41.04
6	Sophie Taylor	11	RCAQ	41.71
7	Brynnelea Van Heeswyl	12	LAC	41.92
8	Hazel Oegema	11	STJJ	42.29

Heat 5 of 12 Finals

1	Reese Richardson	11	BRANT	40.75
2	Josie McGowan	12	LAC	40.46
3	Kye Hynes	11	GMAC	40.23
4	Danika Terpstra	11	MS	39.95
5	Julia St John	12	LAC	40.15
6	Harper Jeffery	11	LAC	40.29
7	Harper Watson	12	HHAC	40.47
8	Hailey McIntosh	12	LAC	40.91

Heat 6 of 12 Finals

1	Lily Carrigan	12	BRANT	39.79
2	Nuo Cheng	11	KWST	39.56
3	Eva Tolton	12	LAC	39.32
4	Masha Repnikov	11	BRANT	39.12
5	Julia Plat	11	GMAC	39.31
6	Charlotte Welk	11	LAC	39.41
7	April Aatsinki	11	RCAQ	39.77
8	Charlotte Findlay	12	BRANT	39.89

Heat 7 of 12 Finals

1	Blake Arens	11	BLÉN	39.04
2	Riley Liang	11	OAK	38.80
3	Ellie Goodfellow	11	HHAC	38.56
4	Jenah Stephens	11	STCC	37.88
5	Mariella Korzhova	12	LAC	38.17
6	Emily Brewer	11	CYPS	38.62
7	Grace Muirhead	11	LAC	38.98
8	Abygail Cameron	11	HHAC	39.05

Heat 8 of 12 Finals

1	Eden Ilskens	12	BROCK	37.62
2	Lauren Valeriote	11	GMAC	37.35
3	Ava Weese	12	LAC	37.29
4	Sophia XU	11	OAK	37.06
5	Mira Kolodenko	11	OAK	37.12
6	Sophia Ciannavei	12	OAK	37.33
7	Alexandra Kott	12	BRANT	37.36
8	Kaleigh Bederiaux-Cayn	11	BLÉN	37.85

Heat 9 of 12 Finals

1	Nina Liu	11	KWST	37.01
2	Fareedah Akinyemi	12	BRANT	36.79
3	Chloe Downes	12	BROCK	36.48
4	Charlotte Gerster	12	BRANT	36.36
5	Elizabeth Yerich	12	BROCK	36.44
6	Aleah Britton	11	OAK	36.73
7	Miriam Boody	12	LAC	36.96
8	Stella Black	12	HHAC	37.04

Heat 10 of 12 Finals

1	Emma Connolly	12	BRANT	36.23
2	Hannah Tries	12	BROCK	35.77
3	Ciara O'Carroll	12	GMAC	35.47
4	Mara Svensson	12	GMAC	35.10
5	Lily Wang	12	GMAC	35.30
6	Fiona Allison	12	BROCK	35.51
7	Emilia Coleby	12	LAC	36.12
8	Azeezah Akinyemi	12	BRANT	36.33

Heat 11 of 12 Finals

1	Aly Laing	11	GMAC	34.91
2	Emma LaPlante	12	BROCK	34.28
3	Ava Tomlinson	12	BROCK	34.16
4	Natalie Wighton	12	OAK	33.70
5	Kaitlyn Kennedy	12	GMAC	34.08
6	Mandy Jiang	12	KWST	34.20
7	Jaeden Wilson	12	OAK	34.60
8	Erika Fu	12	KWST	34.97

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Saturday Afternoon Shallow 12U

Heat 12 Finals (#60 Girls 11-12 50 SC Meter Freestyle)

1	Teresa Sang	12	OAK	33.12	___
2	Catherine Ma	12	OAK	32.02	___
3	Zoe Winston	12	OAK	30.73	___
4	Clara Tran	12	OAK	29.68	___
5	Yara Stuart	12	RCAQ	30.61	___
6	Sophie Kamatovic	12	BROCK	32.00	___
7	Shirley Xia	12	OAK	32.41	___
8	Avery McMann	12	BROCK	33.15	___

Event 63 Boys 10 & Under 50 SC Meter Freestyle

Meet: 31.43 2002-11-22 Grant Harding

Lane Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

1	Harvey Terpstra	8	MS	1:23.82	___
2	Louis Gallagher	8	STJJ	1:05.29	___
3	Amari Sargent	10	MS	1:03.02	___
4	Grayson Joseph	8	STJJ	1:00.00	___
5	Joshua Lee	9	CYPS	1:00.30	___
6	Justin Ding	7	KWST	1:05.10	___
7	Max Leigh	8	CYPS	1:11.73	___
8	Rayan Jain	8	MS	1:27.45	___

Heat 2 of 6 Finals

1	Ezra Belanger	9	STJJ	58.18	___
2	Christian Vu	9	STJJ	56.25	___
3	Daniel Yan	10	LAC	53.81	___
4	Shreyus Jain	10	MS	51.84	___
5	Michael Sitko	9	MS	53.69	___
6	Cooper Connelly	10	BROCK	54.64	___
7	Callan Corstorphine	9	RCAQ	56.40	___
8	Adam Cooper	7	CYPS	59.00	___

Heat 3 of 6 Finals

1	Gabriel Stuckless	10	GMAC	51.56	___
2	Lucas Wang	10	LAC	51.09	___
3	Ryan Zhao	10	LAC	50.16	___
4	Wes Pociеча	8	LAC	48.95	___
5	Harrison Nesbitt	9	RCAQ	49.16	___
6	Jack Strong	9	LAC	50.62	___
7	Henry Kluz	10	HHAC	51.51	___
8	Gavin Howard	9	LAC	51.63	___

Heat 4 of 6 Finals

1	Michael Malone	10	LAC	47.27	___
2	Shuo (Felix) Cheng	9	KWST	46.45	___
3	Alexander Dysko	10	LAC	45.63	___
4	Donnacha Ryan	10	RCAQ	45.06	___
5	Jacob Jaramillo	8	LAC	45.47	___
6	Damian Suwala	10	LAC	46.01	___
7	Abraham Allana	10	GMAC	47.02	___
8	Jacob Campos Reales	9	LAC	47.56	___

Heat 5 of 6 Finals

1	Alexander Gilmore	9	GMAC	44.60	___
2	Colin Liu	9	KWST	43.43	___
3	Oisin Ryan	10	RCAQ	43.03	___
4	Francis Cooper	8	CYPS	42.15	___
5	Nathan Ki	9	OAK	42.16	___
6	Benjamin Harper	10	GMAC	43.36	___
7	Ethan Gorrie	10	GMAC	44.37	___
8	Evan Gehl	10	LAC	44.62	___

Heat 6 of 6 Finals

1	Asher Wighton	10	OAK	40.26	___
2	Griffin Klem	9	OAK	39.34	___
3	Owen Chisholm	10	OAK	37.63	___
4	Henry Sulowski	10	OAK	34.85	___
5	Nolan King	10	BLN	36.55	___
6	Kieran Haase	10	BRANT	38.25	___
7	Declan Walters	8	CYPS	39.40	___
8	Myles Cox	10	LAC	40.58	___

Event 64 Girls 11-12 200 SC Meter Breaststroke

11 Meet: 2:50.64 2005-11-27 Janica Lee

12 Meet: 2:53.30 2007-11-25 Julia Ellis-Hale

Lane Name	Age	Team	Seed Time
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Heat 1 of 8 Finals

3	Maelle Sprigg-Robinson	12	GMAC	4:40.00	___
4	Sophie Taylor	11	RCAQ	4:38.99	___
5	Hannah Herd	11	GMAC	4:40.00	___
6	Evelyn Den Otter	12	HHAC	4:45.00	___

Heat 2 of 8 Finals

1	Hailey Lindsay	11	LAC	4:30.00	___
2	Molly Weingartner	11	GMAC	4:30.00	___
3	Charlotte Welk	11	LAC	4:25.00	___
4	Harper Jeffery	11	LAC	4:20.00	___
5	Morgan Ferguson	11	RCAQ	4:20.05	___
6	Lucy Perugino	11	LAC	4:30.00	___
7	Macie Reid	12	HHAC	4:30.00	___
8	Isla Brock	12	HHAC	4:30.00	___

Heat 3 of 8 Finals

1	Claire McIntosh	11	GMAC	4:20.00	___
2	Danika Terpstra	11	MS	4:15.24	___
3	Azeezah Akinyemi	12	BRANT	4:15.15	___
4	Julie Yang	12	LAC	4:15.00	___
5	Harper Watson	12	HHAC	4:15.00	___
6	Reese Richardson	11	BRANT	4:15.15	___
7	Abby Chew	11	LAC	4:17.67	___
8	Kaitlyn Kennedy	12	GMAC	4:20.00	___

Heat 4 of 8 Finals

1	Lauren Degiorgio	11	LAC	4:15.00	___
2	Mira Kolodenko	11	OAK	4:12.09	___
3	Lauren Valeriote	11	GMAC	4:10.00	___
4	Aarya Bharati	11	MS	4:02.57	___
5	Aleah Britton	11	OAK	4:02.75	___
6	Ariana Lee	12	GMAC	4:10.51	___
7	Elena Secor	12	RCAQ	4:13.32	___
8	Angelina Marsella	11	GMAC	4:15.00	___

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Saturday Afternoon Shallow 12U

Heat 5 Finals (#64 Girls 11-12 200 SC Meter Breaststroke)

1	Allison Dobrocky	12	BRANT	4:01.98	_____
2	Charlotte Gerster	12	BRANT	4:01.01	_____
3	Mariella Korzhova	12	LAC	4:00.77	_____
4	Charlotte Hodges	12	MS	4:00.00	_____
5	Natalie Van Houweling	12	BRANT	4:00.00	_____
6	Emma Fries	12	BRANT	4:01.01	_____
7	Grace Muirhead	11	LAC	4:01.21	_____
8	Iris Peng	12	GMAC	4:02.51	_____

Heat 6 of 8 Finals

1	Arielle Gruenwald	12	BRANT	3:56.89	_____
2	Julia Plat	11	GMAC	3:55.00	_____
3	Scarlett Allen	11	RCAQ	3:53.88	_____
4	Ava Weese	12	LAC	3:45.00	_____
5	Stella Black	12	HHAC	3:48.45	_____
6	Berkeley Stewart	12	BRANT	3:54.26	_____
7	Mara Svensson	12	GMAC	3:56.48	_____
8	Masha Repnikov	11	BRANT	4:00.00	_____

Heat 7 of 8 Finals

1	Clare Fries	12	BRANT	3:44.06	_____
2	Hannah Tries	12	BROCK	3:40.50	_____
3	Nadia Gilmore	11	GMAC	3:35.00	_____
4	Zoe Winston	12	OAK	3:28.29	_____
5	Monica Li	11	OAK	3:29.31	_____
6	Lily Wang	12	GMAC	3:38.48	_____
7	Sophia XU	11	OAK	3:43.90	_____
8	Riley Liang	11	OAK	3:44.33	_____

Heat 8 of 8 Finals

1	Avery McMann	12	BROCK	3:26.09	_____
2	Fiona Ha	12	OAK	3:25.92	_____
3	Aly Laing	11	GMAC	3:14.68	_____
4	Clara Tran	12	OAK	3:06.97	_____
5	Ava Anstett	12	RCAQ	3:09.91	_____
6	Elise Yoxall	11	BROCK	3:22.90	_____
7	Isabella Zolli	12	BRANT	3:26.07	_____
8	Emma SU	11	OAK	3:26.13	_____

Event 67 Boys 10 & Under 200 SC Meter Breaststroke

Meet: 3:07.97 11-1998 Chris Bento

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

3	Evan Gehl	10	LAC	4:45.00	_____
4	Shreyus Jain	10	MS	4:30.00	_____
5	William Haase	9	LAC	4:40.00	_____
6	Daniel Yan	10	LAC	4:45.00	_____

Heat 2 of 2 Finals

1	Gavin Howard	9	LAC	4:13.07	_____
2	Ethan Gorrie	10	GMAC	4:00.22	_____
3	Owen Chisholm	10	OAK	3:37.52	_____
4	Colin Liu	9	KWST	3:31.11	_____
5	Henry Sulowski	10	OAK	3:36.18	_____
6	Wesley Wong	10	OAK	3:59.98	_____
7	Nolan King	10	BLEN	4:09.05	_____
8	James Lee	10	OAK	4:25.09	_____

Event 68 Girls 11-12 100 SC Meter Backstroke

11 Meet: 1:12.71 11-1998 Katie Smith

12 Meet: 1:10.53 2013-11-23 Kiera Brough

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 12 Finals

3	Lillian Krawecki	11	STJJ	2:31.78	_____
4	Shiyara Puvirajah	12	LAC	2:15.00	_____
5	Sophie Lebold	11	HHAC	2:15.00	_____
6	Hailey McIntosh	12	LAC	2:40.02	_____

Heat 2 of 12 Finals

1	Emma Bertoia	12	Speed Sharks-ON	2:08.55	_____
2	Sophie Taylor	11	RCAQ	2:05.35	_____
3	Victoria Nesbitt	11	RCAQ	2:04.10	_____
4	Ruby Nethery	12	STCC	2:00.09	_____
5	Hailey Lindsay	11	LAC	2:00.31	_____
6	Naomi Reid	12	LAC	2:05.00	_____
7	Julie Yang	12	LAC	2:08.47	_____
8	Ayda Merkley	12	Speed Sharks-ON	2:12.71	_____

Heat 3 of 12 Finals

1	Keelan Patel	11	GMAC	1:58.63	_____
2	Lauren Degiorgio	11	LAC	1:55.49	_____
3	Julia St John	12	LAC	1:54.36	_____
4	Hazel Oegema	11	STJJ	1:54.00	_____
5	Aarya Bharati	11	MS	1:54.28	_____
6	Hannah Herd	11	GMAC	1:55.10	_____
7	Evelynn Sterling	12	LAC	1:55.78	_____
8	Chadan Hamdan	11	LAC	2:00.00	_____

Heat 4 of 12 Finals

1	Eva Tolton	12	LAC	1:51.87	_____
2	Emma Connolly	12	BRANT	1:50.38	_____
3	Fareedah Akinyemi	12	BRANT	1:49.60	_____
4	Lucy Perugino	11	LAC	1:48.85	_____
5	Elena Secor	12	RCAQ	1:48.85	_____
6	Natalie Van Houweling	12	BRANT	1:50.18	_____
7	Abby Chew	11	LAC	1:51.12	_____
8	Charlotte Hodges	12	MS	1:52.42	_____

Heat 5 of 12 Finals

1	Jane St Pierre	12	STCC	1:47.92	_____
2	Josie McGowan	12	LAC	1:46.64	_____
3	Ava Peachey	11	STCC	1:46.04	_____
4	Eugenia Balobanova	11	GMAC	1:45.50	_____
5	Priya Chawla	11	CYPS	1:46.00	_____
6	Charlotte Findlay	12	BRANT	1:46.20	_____
7	Lily Carrigan	12	BRANT	1:47.59	_____
8	Brynnelea Van Heeswyl	12	LAC	1:48.32	_____

Heat 6 of 12 Finals

1	Charlotte Welk	11	LAC	1:45.00	_____
2	Rachel Yu	11	KWST	1:44.68	_____
3	Kaleigh Bederiaux-Cayn	11	BLEN	1:43.00	_____
4	April Aatsinki	11	RCAQ	1:41.63	_____
5	Evelyn Den Otter	12	HHAC	1:41.99	_____
6	Alexandra Kott	12	BRANT	1:44.04	_____
7	Masha Repnikov	11	BRANT	1:45.00	_____
8	Ellie Goodfellow	11	HHAC	1:45.00	_____

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Saturday Afternoon Shallow 12U

Heat 7 Finals (#68 Girls 11-12 100 SC Meter Backstroke)

1	Abygail Cameron	11	HHAC	1:40.58	_____
2	Ariana Lee	12	GMAC	1:40.23	_____
3	Elizabeth Yerich	12	BROCK	1:39.98	_____
4	Monica Li	11	OAK	1:38.47	_____
5	Erika Fu	12	KWST	1:38.98	_____
6	Mariella Korzhova	12	LAC	1:40.00	_____
7	Molly Weingartner	11	GMAC	1:40.26	_____
8	Kye Hynes	11	GMAC	1:40.64	_____

Heat 8 of 12 Finals

1	Kaitlyn Kennedy	12	GMAC	1:37.80	_____
2	Avery Buskard	11	LAC	1:37.32	_____
3	Emma Podesta	11	LAC	1:36.06	_____
4	Emily Brewer	11	CYPS	1:35.12	_____
5	Nuo Cheng	11	KWST	1:35.94	_____
6	Ava Weese	12	LAC	1:36.36	_____
7	Eden Ilskens	12	BROCK	1:37.43	_____
8	Anwen Zhao	12	LAC	1:37.83	_____

Heat 9 of 12 Finals

1	Emilia Coleby	12	LAC	1:35.00	_____
2	Lauren Valeriotte	11	GMAC	1:34.60	_____
3	Claire McIntosh	11	GMAC	1:34.23	_____
4	Scarlett Allen	11	RCAQ	1:33.34	_____
5	Ainsley Ferguson	11	RCAQ	1:33.98	_____
6	Iris Peng	12	GMAC	1:34.30	_____
7	Taylor Dahiroc	11	LAC	1:34.74	_____
8	Sophie Jaramillo	12	LAC	1:35.00	_____

Heat 10 of 12 Finals

1	Isabella Zolli	12	BRANT	1:32.47	_____
2	Allison Dobrocky	12	BRANT	1:30.48	_____
3	Miriam Boody	12	LAC	1:29.32	_____
4	Shira Kadar	12	LAC	1:29.00	_____
5	Jaeden Wilson	12	OAK	1:29.32	_____
6	Eva Trela	12	LAC	1:29.36	_____
7	Maya Haase	12	LAC	1:31.69	_____
8	Maria Pinto	12	LAC	1:33.08	_____

Heat 11 of 12 Finals

1	Catherine Ma	12	OAK	1:28.72	_____
2	Kaitlyn Chen	12	LAC	1:26.89	_____
3	Emma SU	11	OAK	1:23.93	_____
4	Sophia Ciannavei	12	OAK	1:23.78	_____
5	Mandy Jiang	12	KWST	1:23.88	_____
6	Yara Stuart	12	RCAQ	1:25.90	_____
7	Menglan Yong	12	LAC	1:27.21	_____
8	Berkeley Stewart	12	BRANT	1:28.88	_____

Heat 12 of 12 Finals

1	Chloe Downes	12	BROCK	1:23.54	_____
2	Grace Cao	11	LAC	1:23.43	_____
3	Fiona Ha	12	OAK	1:21.82	_____
4	Teresa Sang	12	OAK	1:16.57	_____
5	Shirley Xia	12	OAK	1:19.97	_____
6	Arielle Gruenwald	12	BRANT	1:23.30	_____
7	Clare Fries	12	BRANT	1:23.51	_____
8	Natalie Wighton	12	OAK	1:23.73	_____

Event 71 Boys 10 & Under 100 SC Meter Backstroke

Meet: 1:17.84 2014-11-22 Ethan Ma

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals

3	Rayan Jain	8	MS	3:30.00	_____
4	Harvey Terpstra	8	MS	3:00.00	_____
5	Grayson Joseph	8	STJJ	3:00.00	_____

Heat 2 of 6 Finals

2	Christian Vu	9	STJJ	2:45.00	_____
3	Amari Sargent	10	MS	2:33.74	_____
4	Wes Pociеча	8	LAC	2:30.00	_____
5	Callan Corstorphine	9	RCAQ	2:30.99	_____
6	Ezra Belanger	9	STJJ	2:43.13	_____
7	Damian Suwala	10	LAC	2:48.32	_____

Heat 3 of 6 Finals

1	Jack Strong	9	LAC	2:20.00	_____
2	Henry Kluz	10	HHAC	2:15.00	_____
3	Michael Malone	10	LAC	2:14.27	_____
4	Adam Cooper	7	CYPS	2:10.00	_____
5	Gavin Howard	9	LAC	2:11.43	_____
6	Alexander Dysko	10	LAC	2:15.00	_____
7	Jacob Jaramillo	8	LAC	2:15.00	_____
8	Louis Gallagher	8	STJJ	2:25.00	_____

Heat 4 of 6 Finals

1	Michael Sitko	9	MS	2:06.82	_____
2	Abraham Allana	10	GMAC	2:05.29	_____
3	Gabriel Stuckless	10	GMAC	2:03.50	_____
4	Oisin Ryan	10	RCAQ	2:02.62	_____
5	Myles Cox	10	LAC	2:02.75	_____
6	Lucas Wang	10	LAC	2:05.00	_____
7	Harrison Nesbitt	9	RCAQ	2:05.99	_____
8	Shreyus Jain	10	MS	2:10.00	_____

Heat 5 of 6 Finals

1	Alexander Gilmore	9	GMAC	2:00.22	_____
2	Cooper Connelly	10	BROCK	1:57.49	_____
3	Ryan Zhao	10	LAC	1:50.00	_____
4	Colin Liu	9	KWST	1:45.41	_____
5	Donnacha Ryan	10	RCAQ	1:47.42	_____
6	Asher Wighton	10	OAK	1:51.99	_____
7	Jacob Campos Reales	9	LAC	1:58.30	_____
8	Shuo (Felix) Cheng	9	KWST	2:02.29	_____

Heat 6 of 6 Finals

1	Benjamin Harper	10	GMAC	1:44.22	_____
2	James Lee	10	OAK	1:40.09	_____
3	Griffin Klem	9	OAK	1:38.48	_____
4	Wesley Wong	10	OAK	1:28.66	_____
5	Francis Cooper	8	CYPS	1:35.57	_____
6	Declan Walters	8	CYPS	1:38.61	_____
7	Kieran Haase	10	BRANT	1:42.68	_____
8	Nathan Ki	9	OAK	1:44.96	_____

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Saturday Afternoon Shallow 12U

Event 72 Girls 11-12 100 SC Meter Butterfly

11 Meet: 1:09.70 2003-11-23 Susan Long

12 Meet: 1:05.71 2012-11-24 Maggie MacNeil

Lane	Name	Age	Team	Seed Time	
Heat 1 of 5 Finals					
2	Miriam Boody	12	LAC	2:05.00	___
3	Lily Embro	11	RCAQ	2:02.17	___
4	Emilia Coleby	12	LAC	2:00.00	___
5	Julia St John	12	LAC	2:00.00	___
6	Isla Brock	12	HHAC	2:03.82	___
Heat 2 of 5 Finals					
1	Taylor Dahiroc	11	LAC	1:56.37	___
2	Aleah Britton	11	OAK	1:55.00	___
3	Sophia XU	11	OAK	1:53.00	___
4	Sophie Jaramillo	12	LAC	1:50.83	___
5	Ainsley Ferguson	11	RCAQ	1:50.99	___
6	Harper Jeffery	11	LAC	1:55.00	___
7	Nadia Gilmore	11	GMAC	1:55.00	___
8	Grace Muirhead	11	LAC	2:00.00	___
Heat 3 of 5 Finals					
1	Maya Haase	12	LAC	1:49.47	___
2	Avery Buskard	11	LAC	1:48.00	___
3	Grace Cao	11	LAC	1:46.49	___
4	Kaitlyn Chen	12	LAC	1:44.68	___
5	Ciara O'Carroll	12	GMAC	1:45.00	___
6	Ava Anstett	12	RCAQ	1:46.79	___
7	Shira Kadar	12	LAC	1:48.00	___
8	Emma Podesta	11	LAC	1:50.19	___
Heat 4 of 5 Finals					
1	Anwen Zhao	12	LAC	1:44.00	___
2	Emma Fries	12	BRANT	1:42.75	___
3	Jenah Stephens	11	STCC	1:41.29	___
4	Riley Liang	11	OAK	1:37.89	___
5	Mara Svensson	12	GMAC	1:40.00	___
6	Menglan Yong	12	LAC	1:42.41	___
7	Eva Trela	12	LAC	1:44.00	___
8	Blake Arens	11	BLEN	1:44.51	___
Heat 5 of 5 Finals					
1	Natalie Wighton	12	OAK	1:34.24	___
2	Mandy Jiang	12	KWST	1:33.17	___
3	Sophie Kamatovic	12	BROCK	1:25.33	___
4	Aly Laing	11	GMAC	1:18.62	___
5	Jaeden Wilson	12	OAK	1:22.48	___
6	Maria Pinto	12	LAC	1:26.55	___
7	Ava Tomlinson	12	BROCK	1:34.03	___
8	Sophia Ciannavei	12	OAK	1:35.00	___

Event 75 Boys 10 & Under 100 SC Meter Butterfly

Meet: 1:19.14 2009-11-29 Abdullah Ahmad

Lane	Name	Age	Team	Seed Time	
Heat 1 of 1 Finals					
3	Wesley Wong	10	OAK	2:03.09	___
4	Henry Sulowski	10	OAK	1:33.30	___
5	Owen Chisholm	10	OAK	1:42.52	___

Event 76 Girls 11-12 200 SC Meter Freestyle

11 Meet: 2:22.06 2018-11-24 Kaidance Matteis

12 Meet: 2:16.39 2012-11-24 Maggie MacNeil

Lane	Name	Age	Team	Seed Time	
Heat 1 of 11 Finals					
1	Eugenia Balobanova	11	GMAC	4:15.00	___
2	Aarya Bharati	11	MS	4:10.98	___
3	Hailey McIntosh	12	LAC	3:55.00	___
4	Danika Terpstra	11	MS	3:51.22	___
5	Morgan Ferguson	11	RCAQ	3:51.68	___
6	Sophie Lebold	11	HHAC	4:00.00	___
7	Hannah Herd	11	GMAC	4:15.00	___
Heat 2 of 11 Finals					
1	Ruby Nethery	12	STCC	3:49.24	___
2	Macie Reid	12	HHAC	3:47.02	___
3	Ellie Goodfellow	11	HHAC	3:45.00	___
4	Ava Peachey	11	STCC	3:44.56	___
5	Harper Watson	12	HHAC	3:45.00	___
6	Brynnelea Van Heeswyl	12	LAC	3:45.74	___
7	Josie McGowan	12	LAC	3:48.69	___
8	Evelynn Sterling	12	LAC	3:50.00	___
Heat 3 of 11 Finals					
1	Isla Brock	12	HHAC	3:41.36	___
2	Evelyn Den Otter	12	HHAC	3:32.32	___
3	Fareedah Akinyemi	12	BRANT	3:30.30	___
4	Victoria Nesbitt	11	RCAQ	3:30.05	___
5	Kye Hynes	11	GMAC	3:30.06	___
6	Clara Jennen	11	CYPS	3:31.13	___
7	Angelina Marsella	11	GMAC	3:32.60	___
8	Keelan Patel	11	GMAC	3:42.32	___
Heat 4 of 11 Finals					
1	Natalie Van Houwelingen	12	BRANT	3:30.00	___
2	Abygail Cameron	11	HHAC	3:27.50	___
3	Jane St Pierre	12	STCC	3:25.48	___
4	Emma Podesta	11	LAC	3:22.35	___
5	Charlotte Findlay	12	BRANT	3:23.22	___
6	Lily Carrigan	12	BRANT	3:27.03	___
7	Eva Tolton	12	LAC	3:28.97	___
8	Charlotte Hodges	12	MS	3:30.00	___
Heat 5 of 11 Finals					
1	Kaleigh Bederoux-Cayn	11	BLEN	3:21.03	___
2	Emily Brewer	11	CYPS	3:19.79	___
3	Eden Ilskens	12	BROCK	3:19.27	___
4	Nina Liu	11	KWST	3:17.17	___
5	Maelle Sprigg-Robinson	12	GMAC	3:18.15	___
6	Alexandra Kott	12	BRANT	3:19.48	___
7	April Aatsinki	11	RCAQ	3:20.99	___
8	Claire McIntosh	11	GMAC	3:22.20	___

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Meet Program - Saturday Afternoon Shallow 12U****Heat 6 Finals (#76 Girls 11-12 200 SC Meter Freestyle)**

1	Anwen Zhao	12	LAC	3:16.31	___
2	Azeezah Akinyemi	12	BRANT	3:14.21	___
3	Sophie Jaramillo	12	LAC	3:11.47	___
4	Iris Peng	12	GMAC	3:06.63	___
5	Stella Black	12	HHAC	3:09.12	___
6	Scarlett Allen	11	RCAQ	3:13.78	___
7	Jenah Stephens	11	STCC	3:15.26	___
8	Molly Weingartner	11	GMAC	3:17.00	___

Heat 7 of 11 Finals

1	Allison Dobrocky	12	BRANT	3:05.61	___
2	Reese Richardson	11	BRANT	3:04.39	___
3	Avery Buskard	11	LAC	3:03.00	___
4	Elise Yoxall	11	BROCK	3:02.70	___
5	Eva Trela	12	LAC	3:02.72	___
6	Mira Kolodenko	11	OAK	3:03.93	___
7	Emma Connolly	12	BRANT	3:05.34	___
8	Taylor Dahiroc	11	LAC	3:05.70	___

Heat 8 of 11 Finals

1	Ariana Lee	12	GMAC	3:02.15	___
2	Menglan Yong	12	LAC	3:01.53	___
3	Monica Li	11	OAK	2:59.25	___
4	Kaitlyn Chen	12	LAC	2:56.99	___
5	Shira Kadar	12	LAC	2:58.99	___
6	Julia Plat	11	GMAC	3:00.61	___
7	Lily Wang	12	GMAC	3:01.54	___
8	Chloe Downes	12	BROCK	3:02.16	___

Heat 9 of 11 Finals

1	Ava Tomlinson	12	BROCK	2:55.36	___
2	Nadia Gilmore	11	GMAC	2:54.16	___
3	Ciara O'Carroll	12	GMAC	2:52.32	___
4	Berkeley Stewart	12	BRANT	2:48.44	___
5	Grace Cao	11	LAC	2:49.17	___
6	Charlotte Gerster	12	BRANT	2:53.31	___
7	Maria Pinto	12	LAC	2:54.45	___
8	Maya Haase	12	LAC	2:55.86	___

Heat 10 of 11 Finals

1	Isabella Zolli	12	BRANT	2:46.77	___
2	Emma SU	11	OAK	2:44.97	___
3	Elizabeth Yerich	12	BROCK	2:42.88	___
4	Arielle Gruenwald	12	BRANT	2:40.89	___
5	Shirley Xia	12	OAK	2:41.00	___
6	Emma Fries	12	BRANT	2:43.77	___
7	Hannah Tries	12	BROCK	2:45.80	___
8	Catherine Ma	12	OAK	2:48.22	___

Heat 11 of 11 Finals

1	Fiona Ha	12	OAK	2:40.19	___
2	Teresa Sang	12	OAK	2:35.89	___
3	Clara Tran	12	OAK	2:33.07	___
4	Zoe Winston	12	OAK	2:28.56	___
5	Fiona Allison	12	BROCK	2:30.70	___
6	Yara Stuart	12	RCAQ	2:34.63	___
7	Avery McMann	12	BROCK	2:37.87	___
8	Clare Fries	12	BRANT	2:40.20	___

Event 79 Boys 10 & Under 200 SC Meter Freestyle**Meet: 2:29.44 2017-11-25 Vikas Chari**

Lane	Name	Age	Team	Seed Time	
Heat 1 of 3 Finals					
2	Henry Kluz	10	HHAC	4:30.00	___
3	Oisin Ryan	10	RCAQ	4:19.70	___
4	William Haase	9	LAC	3:55.00	___
5	Alexander Gilmore	9	GMAC	3:55.22	___
6	Cooper Connelly	10	BROCK	4:20.99	___
7	Michael Malone	10	LAC	4:40.00	___
Heat 2 of 3 Finals					
1	Benjamin Harper	10	GMAC	3:50.51	___
2	Gabriel Stuckless	10	GMAC	3:45.25	___
3	Abraham Allana	10	GMAC	3:41.56	___
4	Alexander Dysko	10	LAC	3:22.00	___
5	Nathan Ki	9	OAK	3:22.18	___
6	Ryan Zhao	10	LAC	3:45.00	___
7	Ethan Gorrie	10	GMAC	3:46.22	___
8	Donnacha Ryan	10	RCAQ	3:52.71	___
Heat 3 of 3 Finals					
1	Kieran Haase	10	BRANT	3:19.93	___
2	James Lee	10	OAK	3:18.34	___
3	Nolan King	10	BLEN	3:11.90	___
4	Francis Cooper	8	CYPS	3:00.00	___
5	Declan Walters	8	CYPS	3:06.44	___
6	Myles Cox	10	LAC	3:18.04	___
7	Griffin Klem	9	OAK	3:18.49	___
8	Asher Wighton	10	OAK	3:19.94	___