

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Sunday Morning Deep End 130**Event 208 Women 15 & Over 200 SC Meter Freestyle Relay**

Meet: 1:50.93 2015-11-22 London Aquatic Club

S Wang, E Pierre, J Roman, E Wong

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
3	LAC	D	2:22.32
4	OAK	D	2:01.50
	1) Aleesha Tejani 17	2) Sidney Patrick 16	
	3) Jessica Taddeo 16	4) Emily Manktelow 15	
5	LAC	C	2:06.57
Heat 2 of 2 Finals			
1	BROCK	A	1:58.34
	1) Raine West 15	2) Sophia St-Pierre 16	
	3) Torrin Stefels 15	4) Katie Frech 16	
2	OAK	B	1:55.62
	1) Cordelia French 16	2) Grace Shemilt 17	
	3) Daniela Gongora Gaytan 15	4) Ariel Nguyen 15	
3	LAC	A	1:52.87
4	OAK	A	1:52.39
	1) Vanessa Xia 16	2) Megan Donnelly 16	
	3) Jillian Coscarella 17	4) Brielle Strople 15	
5	RCAQ	A	1:52.51
	1) Tia Jankovics 17	2) Alice Parsons 16	
	3) Lily Pierce 17	4) Andrea Mintis 16	
6	BRANT	A	1:53.00
7	OAK	C	1:57.72
	1) Katie Cosgriffe_S10SB9SM1	2) Amelie Robichaud 15	
	3) Cameron Coxson 15	4) Trinity Nusca 16	
8	LAC	B	2:00.62

Event 209 Men 15 & Over 200 SC Meter Freestyle Relay

Meet: 1:40.32 2019-11-24 London Aquatic Club

C Shearer, J Haycock, C Buck, D Hickey

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	MS	B	2:31.91
	1) Thomas Ignat 14	2) Jacob Quan 17	
	3) Adam Palma 13	4) Theo Castle 14	
3	OAK	D	1:56.79
	1) JJ Samus 15	2) Elias Chapman 16	
	3) Alexander Kuleczka 15	4) Youssef Refaat 15	
4	OAK	C	1:51.32
	1) Nicolas Ghert-Rousseau 15	2) Zimu Chen 15	
	3) Rhys Hanson 17	4) Tamim Fahmi 15	
5	LAC	D	1:53.93
6	LAC	E	1:58.42

Heat 2 of 2 Finals

1	BROCK	A	1:48.04
	1) Josh Davis 18	2) Jared Banta 18	
	3) Ronan Stark 16	4) Alejandrew Espiritu 17	
2	LAC	B	1:45.60
3	OAK	A	1:41.97
	1) Gavin You 15	2) Sunny Zhang 15	
	3) Javier Reyes 17	4) Paolo De Lucia 17	
4	BRANT	A	1:40.00
5	LAC	A	1:41.33
6	MS	A	1:42.08
	1) Kyle Stuckless 17	2) Connor LaBranche 17	
	3) Alex Lobo 19	4) Anthony Stuckless 16	
7	OAK	B	1:46.11
	1) Oliver Thompson 15	2) Nadim Maamari 16	
	3) Aaron Chu 15	4) Aidan Zhang 17	
8	LAC	C	1:49.38

Event 210 Women 13-14 200 SC Meter Freestyle Relay

Meet: 1:53.33 2014-11-23 London Aquatic Club

M Langham, J Nalywaiko, L Blaha, M MacNeil

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	STJJ	A	2:36.40
	1) Claire Didham 13	2) Bryn Martin 13	
	3) Kloe Sleightholm 13	4) Megan Landon 13	
3	HHAC	A	2:23.21
4	LAC	D	2:17.69
5	LAC	E	2:21.44
6	LAC	F	2:27.73
7	LAC	G	2:58.77
Heat 2 of 2 Finals			
1	LAC	C	2:10.51
2	OAK	B	2:03.74
	1) Aryia Wang 14	2) Jocelyn Gallagher 13	
	3) Bingyin Geng 13	4) Lauren Klems 14	
3	RCAQ	A	2:01.93
	1) Emily Mintis 14	2) Chloe Schlotzhauer 14	
	3) Dani Guy 13	4) Sophia Anstett 14	
4	LAC	A	1:58.41
5	OAK	A	1:59.01
	1) Maya Malhas 14	2) Margaux Pavelic 14	
	3) Hailey Tahir 14	4) Anna Song 14	
6	BRANT	A	2:02.00
7	LAC	B	2:04.55
8	OAK	C	2:14.02
	1) Lynn Mary Karam 13	2) Sara Guan 14	
	3) Sofia Bertuello 14	4) Miranda Sun 14	

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Sunday Morning Deep End 130**Event 211 Men 13-14 200 SC Meter Freestyle Relay**

Meet: 1:45.35 2017-11-26 Guelph Marlin Aq Club

C Campbell, A Gunn, W Beckstead-Holman, R Burton

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
3	LAC	D	2:11.35
4	LAC	C	2:05.98
5	OAK	D	2:08.36
	1) Zaid Kulasic 13	2) Ethan Provost 14	
	3) Sahil Singh 13	4) Ryan Li 14	
6	LAC	E	2:19.87
Heat 2 of 2 Finals			
1	LAC	B	2:00.99
2	BRANT	A	1:58.00
3	LAC	A	1:55.55
4	OAK	A	1:48.87
	1) Abdulrahman Yakoub 14	2) Ziad Abdelwahed 14	
	3) Brayden Rajotte 14	4) Ahmed Elsayed 14	
5	OAK	B	1:54.70
	1) Tristan Robichaud 13	2) Zayden Dindayal 14	
	3) Akhil Singh 13	4) Andrew Zheng 14	
6	KWST	A	1:56.86
	1) David Peng 14	2) Lambert Xu 13	
	3) Ethan Zheng 13	4) Tianyi Sun 13	
7	OAK	C	2:00.27
	1) Ian Mohamed 14	2) Romeo Laberge 14	
	3) Aidan Ki 14	4) Arthur Moreira 14	
8	RCAQ	A	2:05.45
	1) Oliver Kalavriziotis 14	2) Patrick Coughlin 14	
	3) Austin Vanderheyden 14	4) William Parsons 14	

Event 80 Women 15 & Over 100 SC Meter Freestyle

15 Meet: 58.26 2010-11-27 Isabella Olivares

16&0 Meet: 55.36 2021-11-27 Charis Huddle

Lane	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims				
3	Becca Raiton	16	LAC	1:42.32
4	Amelia Matthews	16	CYPS	1:23.24
5	Olivia Kennedy	15	BROCK	1:28.53
Heat 2 of 7 Prelims				
1	Shayna Laidler	15	SR	1:23.11
2	Emily Moerman	15	MS	1:22.50
3	Kimberlee Borrelli	15	BROCK	1:19.21
4	Kate Taylor	15	RCAQ	1:16.69
5	Grace Belfry	15	LAC	1:17.67
6	Lauren Goodyer	15	GMAC	1:22.45
7	Emily Landon	16	STJJ	1:22.71
Heat 3 of 7 Prelims				
1	Samantha Vandenbrink	15	GMAC	1:14.11
2	Meah Pruder	15	LAC	1:13.49
3	Jade Horner	16	BROCK	1:12.79
4	Allison McGregor	16	GMAC	1:10.24
5	Lucy Levy	16	LAC	1:10.97
6	Reina Walters	16	STJJ	1:12.92
7	Carrigan Craigie	16	BRANT	1:14.03
8	Charlotte Hobbs	16	BRANT	1:14.69

Heat 4 of 7 Prelims

1	Tori Broome	17	OAK	1:09.52
2	Makayla Crayne	16	BRANT	1:07.79
3	Melanie Heuft	15	OAK	1:07.00
4	Cameron Coxson	15	OAK	1:06.74
5	Elise Schlotzhauer	17	RCAQ	1:06.92
6	Rachel Winklmeier	16	SR	1:07.23
7	Abby Gerrard	17	GMAC	1:08.75
8	Lily Koto	16	LAC	1:10.00

Heat 5 of 7 Prelims

1	Hanna Hozayen	15	OAK	1:05.97
2	Daisy Jenkins	17	SR	1:04.91
3	Madison Chisholm	17	BRANT	1:02.63
4	Sophie Dube	16	BRANT	1:00.77
5	Brielle Stropole	15	OAK	1:01.94
6	Danielle Hart	17	LAC	1:03.41
7	Amelie Robichaud	15	OAK	1:05.01
8	Rachel Steinberg	16	BRANT	1:06.70

Heat 6 of 7 Prelims

1	Trinity Nusca	16	OAK	1:05.38
2	Katie Cosgriffe_S10SB9	17	OAK	1:04.33
3	Lily Pierce	17	RCAQ	1:02.38
4	Charla Tatic	17	LAC	59.84
5	Andrea Mintis	16	RCAQ	1:01.07
6	Jillian Coscarella	17	OAK	1:03.07
7	Siena Begemann	16	STJJ	1:04.99
8	Alyssa Gerrie	16	BRANT	1:06.62

Heat 7 of 7 Prelims

1	Sidney Patrick	16	OAK	1:05.19
2	Isabelle Robert	17	SR	1:03.48
3	Emily Manktelow	15	OAK	1:02.16
4	Halayna Montrichard	17	BRANT	58.96
5	Esther Lu	16	LAC	1:00.97
6	Raine West	15	BROCK	1:02.67
7	Katie Frech	16	BROCK	1:04.94
8	Lexi McLean	18	BRANT	1:06.62

Event 83 Men 13-14 100 SC Meter Freestyle

13 Meet: 55.94 2002-11-23 Chris Bento

14 Meet: 53.84 2014-11-23 Noah Cumby

Lane	Name	Age	Team	Seed Time
Heat 1 of 8 Prelims				
3	Omar El Semelawy	13	LAC	1:59.43
4	Theo Castle	14	MS	1:35.00
5	Jaren Gao	13	BROCK	1:40.08
Heat 2 of 8 Prelims				
1	Adam Palma	13	MS	1:29.25
2	Chase Ellis	13	CYPS	1:25.40
3	David Knibbe	13	STJJ	1:24.30
4	Jayden Hong	13	LAC	1:22.02
5	Derri Yang	13	LAC	1:23.21
6	Gray Klonteig	13	BLEN	1:24.65
7	Lambert Xu	13	KWST	1:27.82

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Heat 3 Prelims (#83 Men 13-14 100 SC Meter Freestyle)

1	John Chen	14	LAC	1:20.68	_____
2	Alexander Lebedev	14	BROCK	1:19.06	_____
3	Charles Stuart	13	RCAQ	1:18.76	_____
4	Austin Vanderheyden	14	RCAQ	1:16.72	_____
5	Ethan Provost	14	OAK	1:18.53	_____
6	Cohen D'Oliveira	13	GMAC	1:18.95	_____
7	Jack Landon	13	STJJ	1:20.54	_____
8	Michael Gudz	13	LAC	1:21.38	_____

Heat 4 of 8 Prelims

1	Kaiden Lee	13	KWST	1:15.74	_____
2	Jayden Wang	14	LAC	1:14.82	_____
3	Charles Liang	14	LAC	1:12.94	_____
4	William VanHooren	13	AOA	1:11.98	_____
5	Caelan Connelly	13	GMAC	1:12.62	_____
6	Alex Lee	13	LAC	1:13.93	_____
7	Thiiru Rajamaheshwar	13	LAC	1:15.00	_____
8	Seungsu Kim	13	LAC	1:15.93	_____

Heat 5 of 8 Prelims

1	Sahil Singh	13	OAK	1:10.92	_____
2	Ryan Li	14	OAK	1:10.17	_____
3	Lucas Van't Spyker	13	BRANT	1:09.43	_____
4	Ethan Zheng	13	KWST	1:08.82	_____
5	Zaid Kulasic	13	OAK	1:09.11	_____
6	Oliver Kalavriziotis	14	RCAQ	1:09.92	_____
7	Luke Field	13	BROCK	1:10.70	_____
8	Akhil Singh	13	OAK	1:11.90	_____

Heat 6 of 8 Prelims

1	David Peng	14	KWST	1:06.92	_____
2	Romeo Laberge	14	OAK	1:06.02	_____
3	Aidan Ki	14	OAK	1:02.07	_____
4	Fynn O'Rourke	13	GMAC	58.38	_____
5	Brayden Rajotte	14	OAK	1:00.44	_____
6	Andrew Zheng	14	OAK	1:03.57	_____
7	Quinlan Stark	14	BROCK	1:06.55	_____
8	Bradley Marlow	14	LAC	1:08.16	_____

Heat 7 of 8 Prelims

1	Matthew Davidson	14	GMAC	1:06.79	_____
2	Charles Hood	14	GMAC	1:05.32	_____
3	Abdulrahman Yakoub	14	OAK	1:01.43	_____
4	Ahmed Elsayed	14	OAK	57.09	_____
5	Zayden Dindayal	14	OAK	1:00.31	_____
6	Dustin Hobbs	14	BRANT	1:03.43	_____
7	Ian Mohamed	14	OAK	1:06.34	_____
8	Nathan Frolow	13	LAC	1:07.75	_____

Heat 8 of 8 Prelims

1	Caleb VanDooren	14	CYPS	1:06.58	_____
2	Tristan Robichaud	13	OAK	1:04.54	_____
3	William Parsons	14	RCAQ	1:00.57	_____
4	Julian Twist	14	GMAC	54.63	_____
5	Tianyi Sun	13	KWST	59.74	_____
6	Logan Post	14	GMAC	1:02.52	_____
7	Gabriel Barnardo	13	LAC	1:06.12	_____
8	Thomas Ignat	14	MS	1:07.16	_____

Event 84 Women 15 & Over 200 SC Meter Backstroke

15 Meet: 2:19.34 2015-11-22 Maude Boily-Dufour

16&O Meet: 2:13.56 2016-11-27 Maude Boily-Dufour

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Prelims

3	Emily Landon	16	STJJ	3:34.82	_____
4	Mulan How	15	BRANT	3:25.60	_____
5	Carrigan Craigie	16	BRANT	3:26.01	_____
6	Emily Moerman	15	MS	3:49.14	_____

Heat 2 of 6 Prelims

1	Lauren Goodyer	15	GMAC	3:12.93	_____
2	Makayla Crayne	16	BRANT	3:07.65	_____
3	Allison McGregor	16	GMAC	3:04.58	_____
4	Caitlin Ortega	15	LAC	2:59.50	_____
5	Reegan Rathwell	17	HHAC	3:03.92	_____
6	Kate Schleihauf	17	SR	3:05.50	_____
7	Jordyn Kuenzig	15	HHAC	3:07.88	_____
8	Samantha Vandenbrink	15	GMAC	3:16.57	_____

Heat 3 of 6 Prelims

1	Annika Dobrocky	15	BRANT	2:58.49	_____
2	Meah Pruder	15	LAC	2:57.38	_____
3	Sofia Kluz	15	HHAC	2:53.10	_____
4	Jae Barnfield	17	LAC	2:52.53	_____
5	Lily Koto	16	LAC	2:52.70	_____
6	Sophie Buckman	15	LAC	2:56.90	_____
7	Katrina Kalogeropoulos	17	LAC	2:58.40	_____
8	Sofia Lessa Fratini	15	BRANT	2:58.93	_____

Heat 4 of 6 Prelims

1	Sophie Dube	16	BRANT	2:44.99	_____
2	Abby Fellingner	16	BRANT	2:36.25	_____
3	Alexis Chisholm	19	BRANT	2:29.31	_____
4	Halayna Montrichard	17	BRANT	2:21.23	_____
5	Cordelia French	16	OAK	2:25.87	_____
6	Brynn Scheffel	15	BRANT	2:31.13	_____
7	Maddy Gruenwald	16	BRANT	2:40.97	_____
8	Charlotte Dyer	15	LAC	2:51.45	_____

Heat 5 of 6 Prelims

1	Rachael Caron	15	LAC	2:44.19	_____
2	Aleesha Tejani	17	OAK	2:33.87	_____
3	Jenna Walters	17	GMAC	2:29.04	_____
4	Vanessa Xia	16	OAK	2:20.54	_____
5	Sophia St-Pierre	16	BROCK	2:25.75	_____
6	Andrea Luberti	16	GMAC	2:30.08	_____
7	Maddy Glowinski	18	BRANT	2:40.40	_____
8	Abby Gerrard	17	GMAC	2:50.98	_____

Heat 6 of 6 Prelims

1	Ellery McLean	16	BRANT	2:43.79	_____
2	Grace Shemilt	17	OAK	2:33.75	_____
3	Esther Lu	16	LAC	2:25.96	_____
4	Tia Jankovics	17	RCAQ	2:20.52	_____
5	Torrin Stefels	15	BROCK	2:24.28	_____
6	Ariel Nguyen	15	OAK	2:29.66	_____
7	Mengdi Yong	15	LAC	2:40.31	_____
8	Katie Frech	16	BROCK	2:50.88	_____

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Meet Program - Sunday Morning Deep End 130**Event 87 Men 13-14 200 SC Meter Backstroke**

13 Meet: 2:14.71 2016-11-27 Russell Burton

14 Meet: 2:15.54 2012-11-25 Connor Gibson

Lane	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims				
2	Adam Palma	13	MS	4:25.00
3	Omar El Semelawy	13	LAC	3:55.00
4	Caelan Connelly	13	GMAC	3:36.78
5	Derek Isings	14	LAC	3:41.95
6	Theo Castle	14	MS	4:20.00
Heat 2 of 6 Prelims				
1	Cohen D'Oliveira	13	GMAC	3:20.59
2	Seungsu Kim	13	LAC	3:16.60
3	Patrick Coughlin	14	RCAQ	3:10.01
4	Liam Ruddock	14	RCAQ	3:08.26
5	Thomas Ignat	14	MS	3:09.40
6	Eric Buro	13	AOA	3:13.26
7	Nolan Gerster	14	BRANT	3:20.20
8	Jayden Wang	14	LAC	3:34.94
Heat 3 of 6 Prelims				
1	Zaid Kulasic	13	OAK	3:02.29
2	Lucas Van't Spyker	13	BRANT	2:58.63
3	Aaron Zhu	13	LAC	2:57.96
4	Luke Field	13	BROCK	2:56.19
5	Benjamin Vanderveen	13	LAC	2:56.83
6	Austin Levy	13	LAC	2:58.36
7	Ryan Li	14	OAK	3:00.82
8	Xander Ziemanis	13	LAC	3:05.70
Heat 4 of 6 Prelims				
1	Akhil Singh	13	OAK	2:52.48
2	Logan Post	14	GMAC	2:48.12
3	Nathan Frolow	13	LAC	2:41.74
4	Ziad Abdelwahed	14	OAK	2:25.22
5	Quinlan Stark	14	BROCK	2:30.16
6	Matthew Davidson	14	GMAC	2:43.91
7	Sahil Singh	13	OAK	2:51.08
8	Zain Jiwa	13	GMAC	2:55.59
Heat 5 of 6 Prelims				
1	Jack Gollan	14	BRANT	2:51.90
2	Ian Mohamed	14	OAK	2:45.66
3	Bradley Marlow	14	LAC	2:37.99
4	Jackson Cooke	14	LAC	2:20.71
5	Tianyi Sun	13	KWST	2:30.01
6	Andrew Zheng	14	OAK	2:43.49
7	Aidan Ki	14	OAK	2:50.26
8	Rudolf Weggaesser	14	LAC	2:55.00
Heat 6 of 6 Prelims				
1	Nathan Huether	14	GMAC	2:51.76
2	Arthur Moreira	14	OAK	2:45.54
3	Caelan Wombwell	13	GMAC	2:32.17
4	Julian Twist	14	GMAC	2:12.96
5	Brayden Rajotte	14	OAK	2:27.70
6	Tristan Robichaud	13	OAK	2:42.21
7	Birkley Troock	14	GMAC	2:49.13
8	Caden Zhang	13	LAC	2:53.01

Event 88 Women 15 & Over 200 SC Meter Butterfly

15 Meet: 2:25.28 2002-11-23 Kristen Vandenberg

16&O Meet: 2:20.84 2012-11-25 Shannon Nell

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
2	Elise Schlotzhauer	17	RCAQ	2:55.89
3	Katie Cosgriffe_S10SB9	17	OAK	2:41.38
4	Megan Donnelly	16	OAK	2:30.71
5	Danielle Hart	17	LAC	2:34.10
6	Ariel Nguyen	15	OAK	2:47.33
7	Reegan Rathwell	17	HHAC	3:17.75
Heat 2 of 3 Prelims				
2	Torrin Stefels	15	BROCK	2:50.88
3	Trinity Nusca	16	OAK	2:41.21
4	Isabelle Burton	15	LAC	2:28.74
5	Jacqueline Chambers	17	LAC	2:33.08
6	Isabelle Robert	17	SR	2:46.79
7	Sophia St-Pierre	16	BROCK	3:11.81
Heat 3 of 3 Prelims				
2	Aleesha Tejani	17	OAK	2:50.08
3	Alice Parsons	16	RCAQ	2:40.99
4	Charla Tatic	17	LAC	2:22.50
5	Daniela Gongora Gaytar	15	OAK	2:32.03
6	Amelie Robichaud	15	OAK	2:42.59
7	Emily Manktelow	15	OAK	3:04.66

Event 91 Men 13-14 200 SC Meter Butterfly

13 Meet: 2:17.84 2018-11-25 Quinn Matteis

14 Meet: 2:11.78 2019-11-24 Quinn Matteis

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims				
2	Charles Hood	14	GMAC	3:30.00
3	Caelan Wombwell	13	GMAC	3:15.00
4	Romeo Laberge	14	OAK	2:28.75
5	Zichen Wang	14	BROCK	2:49.89
6	Nathan Huether	14	GMAC	3:20.00
Heat 2 of 2 Prelims				
2	Birkley Troock	14	GMAC	3:25.00
3	Fynn O'Rourke	13	GMAC	2:50.00
4	Zayden Dindayal	14	OAK	2:27.51
5	Ahmed Elsayed	14	OAK	2:40.22
6	Dustin Hobbs	14	BRANT	3:16.17
7	Jack Gollan	14	BRANT	3:30.00

Event 92 Women 15 & Over 100 SC Meter Breaststroke

15 Meet: 1:12.38 2021-11-28 Niamh O'Leary

16&O Meet: 1:09.57 2022-11-27 Amaris Peng

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims				
3	Kimberlee Borrelli	15	BROCK	2:03.03
4	Emily Landon	16	STJJ	2:01.07
5	Emily Moerman	15	MS	2:02.92

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Meet Program - Sunday Morning Deep End 130****Heat 2 Prelims (#92 Women 15 & Over 100 SC Meter Breasts)**

1	Grace Belfry	15	LAC	1:48.05	___
2	Mulan How	15	BRANT	1:46.55	___
3	Samantha Vandenbrink	15	GMAC	1:44.92	___
4	Jordyn Kuenzig	15	HHAC	1:39.22	___
5	Charlotte Hobbs	16	BRANT	1:44.57	___
6	Kate Taylor	15	RCAQ	1:45.97	___
7	Amelia Matthews	16	CYPS	1:46.76	___

Heat 3 of 5 Prelims

1	Rachel Winkmeier	16	SR	1:32.71	___
2	Jade Horner	16	BROCK	1:25.56	___
3	Jessica Taddeo	16	OAK	1:21.49	___
4	Lexi McLean	18	BRANT	1:18.54	___
5	Allison McGregor	16	GMAC	1:18.92	___
6	Tori Broome	17	OAK	1:23.65	___
7	Alyssa Gerrie	16	BRANT	1:30.90	___
8	Kate Schleihauf	17	SR	1:36.16	___

Heat 4 of 5 Prelims

1	Sofia Kluz	15	HHAC	1:31.56	___
2	Brynn Scheffel	15	BRANT	1:24.70	___
3	Daisy Jenkins	17	SR	1:21.04	___
4	Melanie Heuft	15	OAK	1:17.82	___
5	Abby Fellingner	16	BRANT	1:18.83	___
6	Esther Lu	16	LAC	1:21.91	___
7	Jillian Coscarella	17	OAK	1:26.68	___
8	Lauren Goodyer	15	GMAC	1:34.81	___

Heat 5 of 5 Prelims

1	Siena Begemann	16	STJJ	1:31.12	___
2	Jenna Walters	17	GMAC	1:24.10	___
3	Raine West	15	BROCK	1:19.75	___
4	Rachel Steinberg	16	BRANT	1:14.74	___
5	Tia Jankovics	17	RCAQ	1:18.68	___
6	Andrea Luberti	16	GMAC	1:21.90	___
7	Alice Parsons	16	RCAQ	1:25.94	___
8	Reina Walters	16	STJJ	1:34.27	___

Event 95 Men 13-14 100 SC Meter Breaststroke

13 Meet: 1:13.42 2007-11-24 Matthew Roman

14 Meet: 1:07.87 2017-11-26 Russell Burton

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Prelims

3	Theo Castle	14	MS	2:10.00	___
4	Zaid Kulasic	13	OAK	1:59.87	___
5	Austin Levy	13	LAC	2:01.46	___

Heat 2 of 6 Prelims

1	Derri Yang	13	LAC	1:57.07	___
2	Cohen D'Oliveira	13	GMAC	1:56.51	___
3	John Chen	14	LAC	1:51.73	___
4	Adam Palma	13	MS	1:49.74	___
5	Seungsu Kim	13	LAC	1:50.12	___
6	Jack Landon	13	STJJ	1:55.00	___
7	Michael Gudz	13	LAC	1:56.65	___
8	Chase Ellis	13	CYPS	1:59.73	___

Heat 3 of 6 Prelims

1	Austin Vanderheyden	14	RCAQ	1:47.06	___
2	Jayden Hong	13	LAC	1:42.83	___
3	Gray Klonteig	13	BLN	1:40.13	___
4	Sahil Singh	13	OAK	1:37.50	___
5	Zain Jiwa	13	GMAC	1:39.69	___
6	Akhil Singh	13	OAK	1:41.37	___
7	Ethan Provost	14	OAK	1:43.63	___
8	David Knibbe	13	STJJ	1:48.00	___

Heat 4 of 6 Prelims

1	Gabriel Barnardo	13	LAC	1:32.33	___
2	Caelan Connelly	13	GMAC	1:28.39	___
3	Kaiden Lee	13	KWST	1:25.11	___
4	Andrew Zheng	14	OAK	1:16.49	___
5	Zayden Dindayal	14	OAK	1:19.03	___
6	Oliver Kalavriziotis	14	RCAQ	1:27.59	___
7	Benjamin Vanderveen	13	LAC	1:30.32	___
8	Luke Field	13	BROCK	1:36.15	___

Heat 5 of 6 Prelims

1	Tristan Robichaud	13	OAK	1:31.96	___
2	Jayden Wang	14	LAC	1:27.75	___
3	Rudolf Weggaesser	14	LAC	1:24.19	___
4	Ahmed Elsayed	14	OAK	1:16.30	___
5	Arthur Moreira	14	OAK	1:18.68	___
6	Ethan Zheng	13	KWST	1:27.03	___
7	Jaren Gao	13	BROCK	1:30.20	___
8	Ian Mohamed	14	OAK	1:33.31	___

Heat 6 of 6 Prelims

1	Adam Kleinjan	14	AOA	1:31.43	___
2	Alex Lee	13	LAC	1:27.75	___
3	William Parsons	14	RCAQ	1:21.64	___
4	Tianyi Sun	13	KWST	1:15.04	___
5	Caleb VanDooren	14	CYPS	1:17.94	___
6	Abdulrahman Yakoub	14	OAK	1:25.35	___
7	Aaron Zhu	13	LAC	1:29.59	___
8	Thiiru Rajamaheshwara	13	LAC	1:33.00	___

Event 96 Women 15 & Over 400 SC Meter Freestyle

15 Meet: 4:28.31 2002-11-23 Brittany Cooper

16&O Meet: 4:26.27 2010-11-27 Jasmin Gow

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 6 Finals

2	Becca Railton	16	LAC	7:43.38	___
3	Katrina Kalogeropoulos	17	LAC	6:28.88	___
4	Kimberlee Borrelli	15	BROCK	6:11.57	___
5	Meah Pruder	15	LAC	6:11.81	___
6	Shayna Laidler	15	SR	6:32.25	___

Heat 2 of 6 Finals

1	Mengdi Yong	15	LAC	6:10.08	___
2	Mariska Buro	15	AOA	6:00.00	___
3	Jade Horner	16	BROCK	5:44.62	___
4	Cameron Coxson	15	OAK	5:35.72	___
5	Sofia Lessa Fratini	15	BRANT	5:39.22	___
6	Lily Koto	16	LAC	5:45.47	___
7	Caitlin Ortega	15	LAC	6:06.06	___
8	Olivia Kennedy	15	BROCK	6:10.99	___

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Meet Program - Sunday Morning Deep End 130****Heat 3 Finals (#96 Women 15 & Over 400 SC Meter Freestyle)**

1	Charlotte Dyer	15	LAC	5:25.68	___
2	Sophie Buckman	15	LAC	5:19.41	___
3	Jae Barnfield	17	LAC	5:17.07	___
4	Maddy Gruenwald	16	BRANT	5:13.21	___
5	Katie Frech	16	BROCK	5:17.03	___
6	Rachael Caron	15	LAC	5:18.90	___
7	Lucy Levy	16	LAC	5:22.87	___
8	Annika Dobrocky	15	BRANT	5:34.65	___

Heat 4 of 6 Finals

1	Emily Manktelow	15	OAK	5:11.82	___
2	Grace Shemilt	17	OAK	5:09.44	___
3	Ellery McLean	16	BRANT	5:08.22	___
4	Maddy Glowinski	18	BRANT	5:07.89	___
5	Trinity Nusca	16	OAK	5:08.00	___
6	Jessica Taddeo	16	OAK	5:08.89	___
7	Hanna Hozayen	15	OAK	5:10.04	___
8	Isabelle Roberts	17	SR	5:12.93	___

Heat 5 of 6 Finals

1	Abby Gerrard	17	GMAC	5:04.77	___
2	Andrea Mintis	16	RCAQ	5:01.52	___
3	Raine West	15	BROCK	5:00.29	___
4	Elise Schlotzhauer	17	RCAQ	4:57.37	___
5	Madison Chisholm	17	BRANT	5:00.00	___
6	Brielle Stropole	15	OAK	5:01.01	___
7	Sidney Patrick	16	OAK	5:04.58	___
8	Daisy Jenkins	17	SR	5:05.76	___

Heat 6 of 6 Finals

1	Alexis Chisholm	19	BRANT	4:47.65	___
2	Cordelia French	16	OAK	4:46.35	___
3	Megan Donnelly	16	OAK	4:37.84	___
4	Jacqueline Chambers	17	LAC	4:28.39	___
5	Daniela Gongora Gaytar	15	OAK	4:34.52	___
6	Andrea Luberti	16	GMAC	4:42.81	___
7	Isabelle Burton	15	LAC	4:46.96	___
8	Vanessa Xia	16	OAK	4:54.74	___

Event 99 Men 13-14 400 SC Meter Freestyle

13 Meet: 4:18.69 2018-11-25 Quinn Mattels

14 Meet: 4:10.22 2019-11-24 Quinn Matteis

Lane	Name	Age	Team	Seed Time
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Heat 1 of 6 Finals

3	Derri Yang	13	LAC	6:51.63	___
4	Gray Klonteig	13	BLEN	6:44.45	___
5	Derek Isings	14	LAC	6:47.79	___

Heat 2 of 6 Finals

1	Michael Gudz	13	LAC	6:39.00	___
2	Zain Jiwa	13	GMAC	6:30.00	___
3	Jayden Hong	13	LAC	6:28.71	___
4	Xander Ziemanis	13	LAC	6:19.00	___
5	Patrick Coughlin	14	RCAQ	6:20.99	___
6	Charles Stuart	13	RCAQ	6:29.87	___
7	Austin Levy	13	LAC	6:33.88	___

Heat 3 of 6 Finals

1	Thomas Ignat	14	MS	6:03.17	___
2	Charles Liang	14	LAC	5:57.36	___
3	Birkley Troock	14	GMAC	5:51.93	___
4	Nathan Frolow	13	LAC	5:50.06	___
5	Liam Ruddock	14	RCAQ	5:50.99	___
6	Benjamin Vanderveen	13	LAC	5:55.22	___
7	Alex Lee	13	LAC	6:01.66	___
8	Nolan Gerster	14	BRANT	6:09.39	___

Heat 4 of 6 Finals

1	Matthew Davidson	14	GMAC	5:47.38	___
2	Ryan Li	14	OAK	5:44.38	___
3	Caden Zhang	13	LAC	5:32.00	___
4	Rudolf Weggaesser	14	LAC	5:29.00	___
5	Charles Hood	14	GMAC	5:30.22	___
6	Logan Post	14	GMAC	5:44.28	___
7	Ethan Provost	14	OAK	5:45.00	___
8	Thiiru Rajamaheshwara	13	LAC	5:50.00	___

Heat 5 of 6 Finals

1	Dustin Hobbs	14	BRANT	5:16.88	___
2	Nathan Huether	14	GMAC	5:14.76	___
3	Abdulrahman Yakoub	14	OAK	5:03.56	___
4	Quinlan Stark	14	BROCK	4:57.32	___
5	Aidan Ki	14	OAK	5:01.38	___
6	Bradley Marlow	14	LAC	5:12.41	___
7	Caelan Wombwell	13	GMAC	5:14.88	___
8	Aaron Zhu	13	LAC	5:26.90	___

Heat 6 of 6 Finals

1	Ziad Abdelwahed	14	OAK	4:48.04	___
2	Jackson Cooke	14	LAC	4:46.11	___
3	Arthur Moreira	14	OAK	4:43.10	___
4	Julian Twist	14	GMAC	4:27.27	___
5	Fynn O'Rourke	13	GMAC	4:34.73	___
6	Brayden Rajotte	14	OAK	4:43.80	___
7	Romeo Laberge	14	OAK	4:47.68	___
8	Zichen Wang	14	BROCK	4:48.43	___