

## 31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

## Meet Program - Sunday Morning Shallow End 130

**Event 81 Men 15 & Over 100 SC Meter Freestyle**

15 Meet: 53.05 2015-11-22 William Stewart

16&amp;0 Meet: 51.38 2014-11-23 John Fauteux

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 9 Prelims**

3	Luc Arbour	15	CYPS	1:59.08
4	Pavle Bjelica	16	LAC	1:21.77
5	Jacob Quan	17	MS	1:38.73

**Heat 2 of 9 Prelims**

1	Griffin McKee	15	GMAC	1:15.21
2	Ryan Jia	15	LAC	1:10.84
3	Owen Blundell	15	SR	1:08.46
4	Mosa Meshrif	16	LAC	1:07.69
5	Charlie Park	16	LAC	1:08.40
6	Carson Ion-Ciccotelli	15	BRANT	1:09.20
7	Oliver McKee	15	GMAC	1:13.76

**Heat 3 of 9 Prelims**

1	Neil Atkins	17	RCAQ	1:07.21
2	Richard Liu	17	LAC	1:06.60
3	Michael Beharrell	15	KWST	1:06.51
4	Daniel Melyashkevich	16	GMAC	1:05.76
5	Kobe Kingma	16	HHAC	1:05.91
6	Samuel Hopman	15	BRANT	1:06.60
7	Desmond Dunne	16	KWST	1:06.77
8	Casey Chown	17	BROCK	1:07.21

**Heat 4 of 9 Prelims**

1	Haroun Abdul Rasoul	17	LAC	1:05.29
2	Noah Kranjec	15	GMAC	1:04.19
3	Isalah Tebbens	17	SR	1:03.12
4	Alexandr Zagidulin	15	LAC	1:01.94
5	Noah Hyde	16	GMAC	1:02.01
6	Cameron Burston	17	LAC	1:03.73
7	Darragh O'Carroll	15	GMAC	1:04.47
8	Alejandro Espiritu	17	BROCK	1:05.55

**Heat 5 of 9 Prelims**

1	Zimu Chen	15	OAK	1:00.74
2	Theodor Weggaesser	17	LAC	1:00.58
3	Lucas Jones	15	SR	1:00.49
4	John-Russell Perras	16	BRANT	1:00.15
5	Austin Pardy	16	Speed Sharks-ON	1:00.44
6	Andrew Armstrong	16	GMAC	1:00.56
7	Mason Steedman	15	BRANT	1:00.63
8	Youssef Refaat	15	OAK	1:00.89

**Heat 6 of 9 Prelims**

1	Matthew Marsella	16	GMAC	59.57
2	Alex Lobo	19	MS	58.97
3	Ronan Stark	16	BROCK	58.67
4	Thomas Krause	18	LAC	58.60
5	Sanija Perera	17	GMAC	58.66
6	Alexander Kuleczka	15	OAK	58.93
7	Matthew Skrzypek	15	BRANT	59.08
8	Nicolas Ghert-Rousseau	15	OAK	59.64

**Heat 7 of 9 Prelims**

1	Nadim Maamari	16	OAK	58.35
2	Alessandro Gilmore	17	GMAC	56.38
3	Abduallah El Tatawy	15	LAC	55.27
4	Josh Davis	18	BROCK	53.26
5	Paolo De Lucia	17	OAK	54.21
6	Connor LaBranche	17	MS	55.77
7	Matthew Kemp	16	SR	57.14
8	Liam Connolly	17	BRANT	58.56

**Heat 8 of 9 Prelims**

1	Gavin You	15	OAK	57.93
2	Noah Terejko	16	BRANT	55.92
3	Jared Banta	18	BROCK	55.09
4	Maks Pokorski	15	BRANT	52.99
5	Evan Thomas	17	LAC	53.92
6	Hunter Payne	17	BRANT	55.71
7	Nolan Biliski	17	LAC	56.86
8	Jackson Stronach	16	GMAC	58.40

**Heat 9 of 9 Prelims**

1	Sunny Zhang	15	OAK	57.79
2	Austin Godwaldt	17	BRANT	55.90
3	Greg Hayward	17	GMAC	54.45
4	Kyle Stuckless	17	MS	51.90
5	Jack Tran	16	BRANT	53.88
6	Aidan Zhang	17	OAK	55.27
7	Cillian Curley	17	RCAQ	56.72
8	Aidan D'Oliveira	15	GMAC	58.39

**Event 82 Women 13-14 100 SC Meter Freestyle**

13 Meet: 59.90 2014-11-23 Kiera Brough

14 Meet: 56.55 2014-11-23 Maggie MacNeil

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 11 Prelims**

2	Dora Zhu	13	LAC	2:00.00
3	Krishna Jain	13	MS	1:47.08
4	Stella Hern	13	HHAC	1:45.00
5	Ella Gill	13	LAC	1:46.26
6	Abigail Butt	13	LAC	1:57.35

**Heat 2 of 11 Prelims**

1	Elise Isings	13	LAC	1:37.46
2	Teagan Favento	13	LAC	1:34.94
3	Claire Didham	13	STJJ	1:29.66
4	Brielle Padelford	13	RCAQ	1:28.90
5	Mia Oelofse	13	BROCK	1:29.58
6	Addison Burch	13	BRANT	1:34.12
7	Izzy Rodgers	13	STJJ	1:35.00
8	Carolina Soares Bastos	13	LAC	1:45.00

**Heat 3 of 11 Prelims**

1	Anna McDade	13	HHAC	1:27.27
2	Bryn Martin	13	STJJ	1:26.98
3	Madison Flintoff	14	BRANT	1:25.82
4	Malia Camacho	13	STJJ	1:25.39
5	Lyla Daley-Wheeler	13	LAC	1:25.57
6	Deniz Nayman	13	BROCK	1:26.57
7	Morgan Lukings	13	BROCK	1:27.08
8	Saydie Kinchen	13	LAC	1:27.64

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Sunday Morning Shallow End 130****Heat 4 Prelims (#82 Women 13-14 100 SC Meter Freestyle)**

1	Kloe Sleightholm	13	STJJ	1:24.71	_____
2	Helena Maiterth	14	GMAC	1:23.08	_____
3	Lera Brimson	13	LAC	1:22.83	_____
4	Deanna Mitchell	14	RCAQ	1:22.04	_____
5	Mariel Ward	13	OAK	1:22.24	_____
6	Mackenzie MacLean	14	HHAC	1:22.94	_____
7	Paige Manzer	14	MS	1:23.37	_____
8	Delia Dzalto	14	BROCK	1:25.15	_____

**Heat 5 of 11 Prelims**

1	Maddy Palleschi	14	SR	1:21.62	_____
2	Molly Ross	13	BLÉN	1:20.00	_____
3	Alexis Thompson	13	LAC	1:19.57	_____
4	Sara Guan	14	OAK	1:19.14	_____
5	Lauren Ormseth	14	LAC	1:19.19	_____
6	Hailey Park	13	LAC	1:19.91	_____
7	Megan Landon	13	STJJ	1:21.09	_____
8	Sofia Trussell	13	GMAC	1:21.74	_____

**Heat 6 of 11 Prelims**

1	Finley Simons	14	LAC	1:18.85	_____
2	Jillian Brearley	14	Speed Sharks-ON	1:18.07	_____
3	Emily Field	14	BROCK	1:16.79	_____
4	Caitlin DaPonte	14	LAC	1:15.99	_____
5	Lily Lu	13	LAC	1:16.46	_____
6	Carmella Dela Cruz	13	LAC	1:16.93	_____
7	Avery Koole	13	BROCK	1:18.69	_____
8	Ainsley Garniss	14	HHAC	1:19.04	_____

**Heat 7 of 11 Prelims**

1	Bingyin Geng	13	OAK	1:14.36	_____
2	Anika Gal	13	GMAC	1:14.17	_____
3	Stella Paulino	13	BRANT	1:13.67	_____
4	Julia Kranjec	14	GMAC	1:13.47	_____
5	Kirstyn Lowther	14	OAK	1:13.63	_____
6	Lauren Gracey	13	LAC	1:13.71	_____
7	Lynn Mary Karam	13	OAK	1:14.31	_____
8	Sofia Stock	13	BROCK	1:15.12	_____

**Heat 8 of 11 Prelims**

1	Lorelei Gordon	13	BROCK	1:13.25	_____
2	Celeste Quinn	14	OAK	1:12.98	_____
3	Ella Boisvert	14	SR	1:12.66	_____
4	Emily Weninger	14	AOA	1:11.52	_____
5	Stella Kings	13	BRANT	1:12.57	_____
6	Chloe Schlotzhauer	14	RCAQ	1:12.76	_____
7	Marisa Walker	14	BROCK	1:13.20	_____
8	Elise Beaudoin	14	BROCK	1:13.36	_____

**Heat 9 of 11 Prelims**

1	Sofia Bertuello	14	OAK	1:10.82	_____
2	Maya Rastogi	13	LAC	1:09.36	_____
3	Georgia Leigh	13	BROCK	1:06.90	_____
4	Renee Hart	14	LAC	1:04.60	_____
5	Brianne Randall Hall	13	GMAC	1:05.99	_____
6	Charlotte Harvey	14	GMAC	1:07.91	_____
7	Andrei Espiritu	14	BROCK	1:09.73	_____
8	Paisley Vachon	14	LAC	1:11.49	_____

**Heat 10 of 11 Prelims**

1	Dani Guy	13	RCAQ	1:10.09	_____
2	Emily Mintis	14	RCAQ	1:08.96	_____
3	Leah Burke	13	CYPS	1:06.87	_____
4	Ellie Webb	14	LAC	1:04.58	_____
5	Lauren Klems	14	OAK	1:05.25	_____
6	Ali Page	14	SR	1:07.13	_____
7	Rhya MacKinnon	13	GMAC	1:09.53	_____
8	Olivia Hobbs	14	BRANT	1:11.34	_____

**Heat 11 of 11 Prelims**

1	Nicole Maar	13	LAC	1:10.06	_____
2	Dylan Bale	13	LAC	1:08.24	_____
3	Louisa Begemann	13	STJJ	1:06.87	_____
4	Isla Fenwick	13	BROCK	1:04.52	_____
5	Maya Malhas	14	OAK	1:04.67	_____
6	Rachel Jin	14	KWST	1:07.11	_____
7	Jocelyn Gallagher	13	OAK	1:09.44	_____
8	Astrid McCormick	14	SR	1:10.83	_____

**Event 85 Men 15 & Over 200 SC Meter Backstroke****15 Meet: 2:05.20 2018-11-25 Carter Buck****16&O Meet: 2:01.93 2019-11-24 Carter Buck****Lane Name Age Team Seed Time****Heat 1 of 4 Prelims**

2	Jacob Quan	17	MS	4:12.07	_____
3	Oliver McKee	15	GMAC	3:25.00	_____
4	Haroun Abdul Rasoul	17	LAC	3:13.27	_____
5	Adam Dela Cruz	15	LAC	3:15.91	_____
6	Griffin McKee	15	GMAC	3:40.00	_____

**Heat 2 of 4 Prelims**

1	Alexander Kuleczka	15	OAK	2:45.09	_____
2	JJ Samus	15	OAK	2:30.38	_____
3	Rhys Hanson	17	OAK	2:17.07	_____
4	Cooper Klein	16	LAC	2:12.46	_____
5	Javier Reyes	17	OAK	2:13.60	_____
6	Aidan D'Oliveira	15	GMAC	2:25.82	_____
7	Anthony Stuckless	16	MS	2:35.46	_____
8	Ryan Jia	15	LAC	3:12.74	_____

**Heat 3 of 4 Prelims**

1	Sanija Perera	17	GMAC	2:42.49	_____
2	Theodor Weggaesser	17	LAC	2:30.00	_____
3	Declan Nolan	16	LAC	2:16.19	_____
4	Hunter Payne	17	BRANT	2:11.20	_____
5	Carter Scheffel	18	BRANT	2:13.54	_____
6	Noah Kranjec	15	GMAC	2:22.05	_____
7	Mason Steedman	15	BRANT	2:34.75	_____
8	Mosa Meshrif	16	LAC	2:56.32	_____

**Heat 4 of 4 Prelims**

1	Volodymyr Stefanyshyn	17	LAC	2:39.00	_____
2	Ronan Stark	16	BROCK	2:26.81	_____
3	Rowan Wick	17	LAC	2:13.96	_____
4	Ewan Shearer	16	LAC	2:09.88	_____
5	Malachi Farrow	16	BLÉN	2:12.64	_____
6	Allan Sundby	32	SR	2:18.52	_____
7	David Maar	15	LAC	2:30.82	_____
8	Jack Robinson	16	LAC	2:53.73	_____

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Sunday Morning Shallow End 130****Event 86 Women 13-14 200 SC Meter Backstroke****13 Meet: 2:20.69 2014-11-23 Kiera Brough****14 Meet: 2:16.64 2014-11-23 Rosie Zavaros**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Prelims**

3	Stella Hern	13	HHAC	4:15.00
4	Ella Gill	13	LAC	4:05.00
5	Krishna Jain	13	MS	4:15.00

**Heat 2 of 7 Prelims**

1	Abigail Butt	13	LAC	4:00.00
2	Bryn Martin	13	STJJ	3:51.00
3	Sofia Trussell	13	GMAC	3:45.51
4	Alexis Thompson	13	LAC	3:35.00
5	Elise Isings	13	LAC	3:38.91
6	Brielle Padelford	13	RCAQ	3:48.40
7	Teagan Favento	13	LAC	3:54.78

**Heat 3 of 7 Prelims**

1	Lauren Ormseth	14	LAC	3:30.12
2	Helena Maiterth	14	GMAC	3:30.00
3	Paige Manzer	14	MS	3:26.19
4	Isla Haase	13	BRANT	3:22.09
5	Mackenzie MacLean	14	HHAC	3:22.69
6	Ainsley Garniss	14	HHAC	3:30.00
7	Kloe Sleightholm	13	STJJ	3:30.00
8	Claire Didham	13	STJJ	3:33.78

**Heat 4 of 7 Prelims**

1	Bridget Woolley	13	AOA	3:14.21
2	Jillian Brearley	14	Speed Sharks-ON	3:10.63
3	Sophie Correggia	13	BRANT	3:05.14
4	Lauren Gracey	13	LAC	3:03.02
5	Emily Mintis	14	RCAQ	3:03.54
6	Sara Guan	14	OAK	3:07.88
7	Isabella Altiparmakyan	13	OAK	3:12.34
8	Caitlin DaPonte	14	LAC	3:20.18

**Heat 5 of 7 Prelims**

1	Kirstyn Lowther	14	OAK	2:58.60
2	Anika Gal	13	GMAC	2:51.04
3	Paige Wombwell	13	GMAC	2:42.66
4	Ellie Webb	14	LAC	2:32.84
5	Isla Fenwick	13	BROCK	2:38.95
6	Karen Xian	13	LAC	2:49.01
7	Aleaha Becker	14	BRANT	2:53.60
8	Paisley Vachon	14	LAC	3:02.85

**Heat 6 of 7 Prelims**

1	Josie Gruenwald	13	BRANT	2:58.50
2	Sofia Bertuello	14	OAK	2:49.38
3	Aryia Wang	14	OAK	2:40.88
4	Sophia Anstett	14	RCAQ	2:31.74
5	Charlotte Harvey	14	GMAC	2:37.81
6	Dylan Bale	13	LAC	2:44.49
7	Celeste Quinn	14	OAK	2:53.26
8	Chloe Turner	13	LAC	3:02.79

**Heat 7 of 7 Prelims**

1	Talia MacLellan	13	BRANT	2:56.39
2	Jocelyn Gallagher	13	OAK	2:49.22
3	Miranda Sun	14	OAK	2:40.56
4	Aili Girardi	14	SR	2:31.48
5	Anna Song	14	OAK	2:33.75
6	Belle Patterson	13	LAC	2:43.64
7	Rachel Jin	14	KWST	2:51.10
8	Julia Kranjec	14	GMAC	2:58.79

**Event 89 Men 15 & Over 200 SC Meter Butterfly****15 Meet: 2:09.12 11-1995 Shawn Vanhoof****16&O Meet: 2:04.27 2015-11-22 Brayden Salmon**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Prelims**

2	Cameron Burston	17	LAC	2:32.13
3	Paolo De Lucia	17	OAK	2:22.63
4	Kyle Stuckless	17	MS	2:12.35
5	Carter Scheffel	18	BRANT	2:15.74
6	Noah Kranjec	15	GMAC	2:28.06
7	Richard Liu	17	LAC	2:44.03

**Heat 2 of 3 Prelims**

1	Jackson Stronach	16	GMAC	3:00.48
2	Tamim Fahmi	15	OAK	2:30.97
3	Matthew Marsella	16	GMAC	2:18.83
4	Evan Thomas	17	LAC	2:09.55
5	Aidan Zhang	17	OAK	2:15.13
6	Oliver Thompson	15	OAK	2:27.91
7	Xavier Look-Hong	15	LAC	2:37.46

**Heat 3 of 3 Prelims**

1	Jack Tran	16	BRANT	2:55.76
2	Nolan Biliski	17	LAC	2:29.72
3	Alessandro Gilmore	17	GMAC	2:18.44
4	Abduallah El Tatawy	15	LAC	2:09.10
5	Javier Reyes	17	OAK	2:12.44
6	Nicolas Ghert-Rousseau	15	OAK	2:26.44
7	Anthony Stuckless	16	MS	2:35.00

**Event 90 Women 13-14 200 SC Meter Butterfly****13 Meet: 2:27.53 2001-11-24 Ashley Marion****14 Meet: 2:18.32 2014-11-23 Maggie MacNeil**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Prelims**

3	Brianne Randall Hall	13	GMAC	3:10.00
4	Hailey Tahir	14	OAK	2:39.50
5	Lauren Klems	14	OAK	2:51.44
6	Georgia Leigh	13	BROCK	3:15.30

**Heat 2 of 2 Prelims**

2	Paige Wombwell	13	GMAC	3:26.39
3	Bingyin Geng	13	OAK	3:10.00
4	Grier Stokley	13	LAC	2:31.93
5	Margaux Pavelic	14	OAK	2:47.77
6	Gwen Coubrough	13	BRANT	3:13.13

**31st LAC - Nothers Fall Invitational**

November 24 - 26, 2023

**Meet Program - Sunday Morning Shallow End 130****Event 93 Men 15 & Over 100 SC Meter Breaststroke****15 Meet: 1:05.67 11-1997 John Hererdine****16&0 Meet: 1:04.12 2014-11-23 John Fauteux**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Prelims</b>				
1	Carson Ion-Ciccotelli	15	BRANT	1:49.92
2	Oliver McKee	15	GMAC	1:39.80
3	Samuel Hopman	15	BRANT	1:36.36
4	Ryan Jia	15	LAC	1:33.52
5	Griffin McKee	15	GMAC	1:35.32
6	Kobe Kingma	16	HHAC	1:37.25
7	Jacob Quan	17	MS	1:49.38
8	Luc Arbour	15	CYPS	2:18.46

**Heat 2 of 6 Prelims**

1	Isalah Tebbens	17	SR	1:30.00
2	Greg Hayward	17	GMAC	1:27.00
3	Cillian Curley	17	RCAQ	1:22.98
4	Noah Hyde	16	GMAC	1:22.34
5	Charlie Park	16	LAC	1:22.37
6	Owen Blundell	15	SR	1:24.11
7	Sunny Zhang	15	OAK	1:29.62
8	Richard Liu	17	LAC	1:32.14

**Heat 3 of 6 Prelims**

1	Declan Nolan	16	LAC	1:21.73
2	Daniel Melyashkevich	16	GMAC	1:20.63
3	JJ Samus	15	OAK	1:17.65
4	Elias Chapman	16	OAK	1:16.40
5	Lucas Jones	15	SR	1:17.34
6	Sanija Perera	17	GMAC	1:20.12
7	Darragh O'Carroll	15	GMAC	1:20.87
8	Gavin You	15	OAK	1:21.75

**Heat 4 of 6 Prelims**

1	Idel Shafikov	17	LAC	1:15.26
2	Andrew Armstrong	16	GMAC	1:13.97
3	Matthew Kemp	16	SR	1:11.56
4	Malachi Farrow	16	BLEN	1:09.13
5	Thomas Krause	18	LAC	1:10.86
6	Neil Atkins	17	RCAQ	1:12.98
7	Alexandr Zagidulin	15	LAC	1:14.85
8	Nadim Maamari	16	OAK	1:16.38

**Heat 5 of 6 Prelims**

1	Maks Pokorski	15	BRANT	1:15.00
2	Brent Vercouteren	17	BLEN	1:13.95
3	Aaron Chu	15	OAK	1:11.52
4	Kyle Stuckless	17	MS	1:08.13
5	Liam Connolly	17	BRANT	1:09.78
6	John-Russell Perras	16	BRANT	1:12.54
7	David Maar	15	LAC	1:14.76
8	Matthew Skrzypek	15	BRANT	1:15.99

**Heat 6 of 6 Prelims**

1	Alex Lobo	19	MS	1:14.94
2	Zimu Chen	15	OAK	1:13.72
3	Jared Banta	18	BROCK	1:11.43
4	Noah Terejko	16	BRANT	1:04.48
5	Cooper Klein	16	LAC	1:09.56
6	Austin Godwaldt	17	BRANT	1:11.76
7	Tamim Fahmi	15	OAK	1:14.72
8	Connor LaBranche	17	MS	1:15.28

**Event 94 Women 13-14 100 SC Meter Breaststroke****13 Meet: 1:16.40 2018-11-25 Lauren Campbell****14 Meet: 1:13.00 2012-11-25 Cassandra Drescher**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Prelims**

3	Dora Zhu	13	LAC	2:30.00
4	Carolina Soares Bastos	13	LAC	2:20.00
5	Teagan Favento	13	LAC	2:22.00

**Heat 2 of 10 Prelims**

1	Megan Landon	13	STJJ	2:15.99
2	Stella Hern	13	HHAC	2:00.00
3	Lera Brimson	13	LAC	1:59.65
4	Brielle Padelford	13	RCAQ	1:55.15
5	Krishna Jain	13	MS	1:55.63
6	Addison Burch	13	BRANT	2:00.00
7	Madison Flintoff	14	BRANT	2:08.15

**Heat 3 of 10 Prelims**

1	Ella Gill	13	LAC	1:53.74
2	Ainsley Garniss	14	HHAC	1:52.41
3	Sofia Trussell	13	GMAC	1:52.12
4	Alexis Thompson	13	LAC	1:50.17
5	Malia Camacho	13	STJJ	1:50.60
6	Anna McDade	13	HHAC	1:52.36
7	Delia Dzalto	14	BROCK	1:52.47
8	Abigail Butt	13	LAC	1:53.83

**Heat 4 of 10 Prelims**

1	Lorelei Gordon	13	BROCK	1:48.69
2	Rhya MacKinnon	13	GMAC	1:47.10
3	Dani Guy	13	RCAQ	1:44.76
4	Olivia Hobbs	14	BRANT	1:44.70
5	Mariel Ward	13	OAK	1:44.76
6	Gwen Coubrough	13	BRANT	1:44.85
7	Lyla Daley-Wheeler	13	LAC	1:48.19
8	Jillian Brearley	14	Speed Sharks-ON	1:49.72

**Heat 5 of 10 Prelims**

1	Claire Didham	13	STJJ	1:43.68
2	Elise Isings	13	LAC	1:42.91
3	Mackenzie MacLean	14	HHAC	1:41.79
4	Caitlin DaPonte	14	LAC	1:41.60
5	Isabella Altiparmakyan	13	OAK	1:41.62
6	Avery Koole	13	BROCK	1:42.21
7	Helena Maiterth	14	GMAC	1:43.47
8	Belle Patterson	13	LAC	1:43.80

## 31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

## Meet Program - Sunday Morning Shallow End 130

**Heat 6 Prelims (#94 Women 13-14 100 SC Meter Breaststrol**

1	Saydie Kinchen	13	LAC	1:41.37	_____
2	Emily Weninger	14	AOA	1:40.98	_____
3	Deniz Nayman	13	BROCK	1:40.79	_____
4	Julia Kranjec	14	GMAC	1:38.78	_____
5	Celeste Quinn	14	OAK	1:39.78	_____
6	Andrei Espiritu	14	BROCK	1:40.88	_____
7	Lauren Ormseth	14	LAC	1:41.14	_____
8	Maddy Palleschi	14	SR	1:41.54	_____

**Heat 7 of 10 Prelims**

1	Anika Gal	13	GMAC	1:37.04	_____
2	Isla Haase	13	BRANT	1:35.85	_____
3	Sara Guan	14	OAK	1:35.61	_____
4	Maya Rastogi	13	LAC	1:35.16	_____
5	Lynn Mary Karam	13	OAK	1:35.36	_____
6	Chloe Schlotzhauer	14	RCAQ	1:35.67	_____
7	Paige Wombwell	13	GMAC	1:36.11	_____
8	Sofia Stock	13	BROCK	1:38.16	_____

**Heat 8 of 10 Prelims**

1	Hailey Park	13	LAC	1:34.10	_____
2	Jocelyn Gallagher	13	OAK	1:32.88	_____
3	Lily Lu	13	LAC	1:30.82	_____
4	Lauren Stokley	13	LAC	1:18.79	_____
5	Nicole Maar	13	LAC	1:27.24	_____
6	Molly Ross	13	BLEN	1:32.00	_____
7	Kirstyn Lowther	14	OAK	1:33.84	_____
8	Josie Gruenwald	13	BRANT	1:34.62	_____

**Heat 9 of 10 Prelims**

1	Deanna Mitchell	14	RCAQ	1:34.07	_____
2	Marisa Walker	14	BROCK	1:32.68	_____
3	Astrid McCormick	14	SR	1:29.88	_____
4	Maya Malhas	14	OAK	1:17.85	_____
5	Emily Field	14	BROCK	1:26.13	_____
6	Chloe Terner	13	LAC	1:30.84	_____
7	Bingyin Geng	13	OAK	1:33.78	_____
8	Talia MacLellan	13	BRANT	1:34.31	_____

**Heat 10 of 10 Prelims**

1	Bridget Woolley	13	AOA	1:34.05	_____
2	Lauren Klems	14	OAK	1:32.35	_____
3	Lily Racine	14	BROCK	1:27.79	_____
4	Anna Song	14	OAK	1:16.91	_____
5	Aryia Wang	14	OAK	1:18.98	_____
6	Stella Kings	13	BRANT	1:30.83	_____
7	Sophie Correggia	13	BRANT	1:33.14	_____
8	Carmella Dela Cruz	13	LAC	1:34.15	_____

**Event 97 Men 15 & Over 400 SC Meter Freestyle**

15 Meet: 4:05.73 2002-11-23 Jonathan Long

16&amp;O Meet: 4:00.57 2010-11-27 David Hatch

Lane	Name	Age	Team	Seed Time	
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**Heat 1 of 5 Finals**

2	Pavle Bjelica	16	LAC	6:00.00	_____
3	Haroun Abdul Rasoul	17	LAC	5:55.82	_____
4	Casey Chown	17	BROCK	5:45.88	_____
5	Charlie Park	16	LAC	5:52.43	_____
6	Mosa Meshrif	16	LAC	5:59.18	_____
7	Adam Dela Cruz	15	LAC	6:11.27	_____

**Heat 2 of 5 Finals**

1	Nolan Biliski	17	LAC	5:28.75	_____
2	Jackson Stronach	16	GMAC	5:26.99	_____
3	Cameron Burston	17	LAC	5:09.64	_____
4	Darragh O'Carroll	15	GMAC	5:05.92	_____
5	Mason Steedman	15	BRANT	5:08.63	_____
6	Alejandro Espiritu	17	BROCK	5:18.36	_____
7	Daniel Melyashkevich	16	GMAC	5:27.40	_____
8	Elias Chapman	16	OAK	5:45.14	_____

**Heat 3 of 5 Finals**

1	Theodor Weggaesser	17	LAC	5:00.00	_____
2	Ronan Stark	16	BROCK	4:55.60	_____
3	Volodymyr Stefanyshyn	17	LAC	4:51.14	_____
4	Anthony Stuckless	16	MS	4:43.91	_____
5	Noah Hyde	16	GMAC	4:44.51	_____
6	Aaron Chu	15	OAK	4:55.00	_____
7	Austin Pardy	16	Speed Sharks-ON	4:59.15	_____
8	Idel Shafikov	17	LAC	5:00.10	_____

**Heat 4 of 5 Finals**

1	Alessandro Gilmore	17	GMAC	4:43.63	_____
2	Alexander Kuleczka	15	OAK	4:42.81	_____
3	Alexandr Zagidulin	15	LAC	4:40.46	_____
4	Aidan D'Oliveira	15	GMAC	4:36.18	_____
5	Jack Robinson	16	LAC	4:36.48	_____
6	Maks Pokorski	15	BRANT	4:41.69	_____
7	Youssef Refaat	15	OAK	4:42.88	_____
8	Xavier Look-Hong	15	LAC	4:43.84	_____

**Heat 5 of 5 Finals**

1	Rhys Hanson	17	OAK	4:29.85	_____
2	Matthew Marsella	16	GMAC	4:17.33	_____
3	Abduallah El Tatawy	15	LAC	4:15.50	_____
4	Ewan Shearer	16	LAC	4:11.50	_____
5	Oliver Thompson	15	OAK	4:14.78	_____
6	Jared Banta	18	BROCK	4:16.45	_____
7	Rowan Wick	17	LAC	4:21.28	_____
8	Allan Sundby	32	SR	4:36.12	_____

**31st LAC - Nothers Fall Invitational****November 24 - 26, 2023****Meet Program - Sunday Morning Shallow End 130****Event 98 Women 13-14 400 SC Meter Freestyle****13 Meet: 4:33.85 2017-11-26 Circe Garrido Morales****14 Meet: 4:36.34 2014-11-23 Madison Murray**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals**

2	Finley Simons	14	LAC	7:21.00	_____
3	Paige Manzer	14	MS	6:41.21	_____
4	Mariel Ward	13	OAK	6:36.28	_____
5	Saydie Kinchen	13	LAC	6:36.89	_____
6	Lyla Daley-Wheeler	13	LAC	6:55.24	_____
7	Chloe Turner	13	LAC	7:33.64	_____

**Heat 2 of 6 Finals**

1	Isabella Altiparmakyan	13	OAK	6:28.60	_____
2	Lily Racine	14	BROCK	6:12.18	_____
3	Maddy Palleschi	14	SR	6:07.91	_____
4	Ella Boisvert	14	SR	6:00.91	_____
5	Paisley Vachon	14	LAC	6:03.00	_____
6	Sofia Bertuello	14	OAK	6:11.52	_____
7	Lily Lu	13	LAC	6:15.96	_____
8	Lera Brimson	13	LAC	6:29.27	_____

**Heat 3 of 6 Finals**

1	Stella Paulino	13	BRANT	5:54.98	_____
2	Lynn Mary Karam	13	OAK	5:42.32	_____
3	Charlotte Harvey	14	GMAC	5:40.15	_____
4	Rhya MacKinnon	13	GMAC	5:36.58	_____
5	Elise Beaudoin	14	BROCK	5:37.37	_____
6	Maya Rastogi	13	LAC	5:40.71	_____
7	Carmella Dela Cruz	13	LAC	5:47.52	_____
8	Hailey Park	13	LAC	5:59.99	_____

**Heat 4 of 6 Finals**

1	Sophia Anstett	14	RCAQ	5:33.69	_____
2	Marisa Walker	14	BROCK	5:30.40	_____
3	Miranda Sun	14	OAK	5:25.83	_____
4	Aili Girardi	14	SR	5:21.46	_____
5	Astrid McCormick	14	SR	5:25.00	_____
6	Nicole Maar	13	LAC	5:27.96	_____
7	Leah Burke	13	CYPS	5:30.44	_____
8	Lorelei Gordon	13	BROCK	5:34.90	_____

**Heat 5 of 6 Finals**

1	Karen Xian	13	LAC	5:21.14	_____
2	Ali Page	14	SR	5:17.99	_____
3	Dylan Bale	13	LAC	5:16.71	_____
4	Louisa Begemann	13	STJJ	5:12.91	_____
5	Maya Malhas	14	OAK	5:15.04	_____
6	Grier Stokley	13	LAC	5:16.98	_____
7	Belle Patterson	13	LAC	5:20.38	_____
8	Lauren Gracey	13	LAC	5:21.31	_____

**Heat 6 of 6 Finals**

1	Margaux Pavelic	14	OAK	5:04.09	_____
2	Ellie Webb	14	LAC	5:01.99	_____
3	Renee Hart	14	LAC	4:57.67	_____
4	Hailey Tahir	14	OAK	4:52.85	_____
5	Aleaha Becker	14	BRANT	4:56.51	_____
6	Brianne Randall Hall	13	GMAC	5:00.84	_____
7	Lauren Stokley	13	LAC	5:03.73	_____
8	Aryia Wang	14	OAK	5:12.34	_____