

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Psych Sheet

Event 80 Women 15 & Over 100 SC Meter Freestyle

15 Meet: 58.26 2010-11-27 Isabella Olivares				
16&O Meet: 55.36 2021-11-27 Charis Huddle				
Name	Age	Team	Seed Time	
1	Halayna Montrichard	17	BRANT	58.96
2	Charla Tatic	17	LAC	59.84
3	Sophie Dube	16	BRANT	1:00.77
4	Esther Lu	16	LAC	1:00.97
5	Andrea Mintis	16	RCAQ	1:01.07
6	Brielle Stropke	15	OAK	1:01.94
7	Emily Manktelow	15	OAK	1:02.16
8	Lily Pierce	17	RCAQ	1:02.38
9	Madison Chisholm	17	BRANT	1:02.63
10	Raine West	15	BROCK	1:02.67
11	Jillian Coscarella	17	OAK	1:03.07
12	Danielle Hart	17	LAC	1:03.41
13	Isabelle Robert	17	SR	1:03.48
14	Katie Cosgriffe_S10SB9	17	OAK	1:04.33
15	Daisy Jenkins	17	SR	1:04.91
16	Katie Frech	16	BROCK	1:04.94
17	Siena Begemann	16	STJJ	1:04.99
18	Amelie Robichaud	15	OAK	1:05.01
19	Sidney Patrick	16	OAK	1:05.19
20	Trinity Nusca	16	OAK	1:05.38
21	Hanna Hozayen	15	OAK	1:05.97
22	Lexi McLean	18	BRANT	1:06.62
23	Alyssa Gerrie	16	BRANT	1:06.62
24	Rachel Steinberg	16	BRANT	1:06.70
25	Cameron Coxson	15	OAK	1:06.74
26	Elise Schlotzhauer	17	RCAQ	1:06.92
27	Melanie Heuft	15	OAK	1:07.00
28	Rachel Winklmeier	16	SR	1:07.23
29	Makayla Crayne	16	BRANT	1:07.79
30	Abby Gerrard	17	GMAC	1:08.75
31	Tori Broome	17	OAK	1:09.52
32	Lily Koto	16	LAC	1:10.00
33	Allison McGregor	16	GMAC	1:10.24
34	Lucy Levy	16	LAC	1:10.97
35	Jade Horner	16	BROCK	1:12.79
36	Reina Walters	16	STJJ	1:12.92
37	Meah Pruder	15	LAC	1:13.49
38	Carrigan Craigie	16	BRANT	1:14.03
39	Samantha Vandenbrink	15	GMAC	1:14.11
40	Charlotte Hobbs	16	BRANT	1:14.69
41	Kate Taylor	15	RCAQ	1:16.69
42	Grace Belfry	15	LAC	1:17.67
43	Kimberlee Borrelli	15	BROCK	1:19.21
44	Lauren Goodyer	15	GMAC	1:22.45
45	Emily Moerman	15	MS	1:22.50
46	Emily Landon	16	STJJ	1:22.71
47	Shayna Laidler	15	SR	1:23.11
48	Amelia Matthews	16	CYPS	1:23.24
49	Olivia Kennedy	15	BROCK	1:28.53
50	Becca Railton	16	LAC	1:42.32

Event 81 Men 15 & Over 100 SC Meter Freestyle

15 Meet: 53.05 2015-11-22 William Stewart				
16&O Meet: 51.38 2014-11-23 John Fauteux				
Name	Age	Team	Seed Time	
1	Kyle Stuckless	17	MS	51.90
2	Maks Pokorski	15	BRANT	52.99
3	Josh Davis	18	BROCK	53.26
4	Jack Tran	16	BRANT	53.88
5	Evan Thomas	17	LAC	53.92
6	Paolo De Lucia	17	OAK	54.21
7	Greg Hayward	17	GMAC	54.45
8	Jared Banta	18	BROCK	55.09
9	Aidan Zhang	17	OAK	55.27
10	Abduallah El Tatawy	15	LAC	55.27
11	Hunter Payne	17	BRANT	55.71
12	Connor LaBranche	17	MS	55.77
13	Austin Godwaldt	17	BRANT	55.90
14	Noah Terejko	16	BRANT	55.92
15	Alessandro Gilmore	17	GMAC	56.38
16	Cillian Curley	17	RCAQ	56.72
17	Nolan Biliski	17	LAC	56.86
18	Matthew Kemp	16	SR	57.14
19	Sunny Zhang	15	OAK	57.79
20	Gavin You	15	OAK	57.93
21	Nadim Maamari	16	OAK	58.35
22	Aidan D'Oliveira	15	GMAC	58.39
23	Jackson Stronach	16	GMAC	58.40
24	Liam Connolly	17	BRANT	58.56
25	Thomas Krause	18	LAC	58.60
26	Sanija Perera	17	GMAC	58.66
27	Ronan Stark	16	BROCK	58.67
28	Alexander Kuleczka	15	OAK	58.93
29	Alex Lobo	19	MS	58.97
30	Matthew Skrzypek	15	BRANT	59.08
31	Matthew Marsella	16	GMAC	59.57
32	Nicolas Ghert-Rousseau	15	OAK	59.64
33	John-Russell Perras	16	BRANT	1:00.15
34	Austin Parady	16	Speed Sharks-ON	1:00.44
35	Lucas Jones	15	SR	1:00.49
36	Andrew Armstrong	16	GMAC	1:00.56
37	Theodor Weggaesser	17	LAC	1:00.58
38	Mason Steedman	15	BRANT	1:00.63
39	Zimu Chen	15	OAK	1:00.74
40	Youssef Refaat	15	OAK	1:00.89
41	Alexandr Zagidulin	15	LAC	1:01.94
42	Noah Hyde	16	GMAC	1:02.01
43	Isalah Tebbens	17	SR	1:03.12
44	Cameron Burston	17	LAC	1:03.73
45	Noah Kranjec	15	GMAC	1:04.19
46	Darragh O'Carroll	15	GMAC	1:04.47
47	Haroun Abdul Rasoul	17	LAC	1:05.29
48	Alejandro Espiritu	17	BROCK	1:05.55
49	Daniel Melyashkevich	16	GMAC	1:05.76
50	Kobe Kingma	16	HHAC	1:05.91
51	Michael Beharrell	15	KWST	1:06.51
52	Samuel Hopman	15	BRANT	1:06.60

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 81 ... (Men 15 & Over 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time
53 Richard Liu	17	LAC	1:06.60
54 Desmond Dunne	16	KWST	1:06.77
55 Neil Atkins	17	RCAQ	1:07.21
56 Casey Chown	17	BROCK	1:07.21
57 Mosa Meshrif	16	LAC	1:07.69
58 Charlie Park	16	LAC	1:08.40
59 Owen Blundell	15	SR	1:08.46
60 Carson Ion-Ciccotelli	15	BRANT	1:09.20
61 Ryan Jia	15	LAC	1:10.84
62 Oliver McKee	15	GMAC	1:13.76
63 Griffin McKee	15	GMAC	1:15.21
64 Pavle Bjelica	16	LAC	1:21.77
65 Jacob Quan	17	MS	1:38.73
66 Luc Arbour	15	CYPS	1:59.08

Event 82 Women 13-14 100 SC Meter Freestyle**13 Meet: 59.90 2014-11-23 Kiera Brough****14 Meet: 56.55 2014-11-23 Maggie MacNeil**

Name	Age	Team	Seed Time
1 Isla Fenwick	13	BROCK	1:04.52
2 Ellie Webb	14	LAC	1:04.58
3 Renee Hart	14	LAC	1:04.60
4 Maya Malhas	14	OAK	1:04.67
5 Lauren Klems	14	OAK	1:05.25
6 Brianne Randall Hall	13	GMAC	1:05.99
7 Leah Burke	13	CYPS	1:06.87
8 Louisa Begemann	13	STJJ	1:06.87
9 Georgia Leigh	13	BROCK	1:06.90
10 Rachel Jin	14	KWST	1:07.11
11 Ali Page	14	SR	1:07.13
12 Charlotte Harvey	14	GMAC	1:07.91
13 Dylan Bale	13	LAC	1:08.24
14 Emily Mintis	14	RCAQ	1:08.96
15 Maya Rastogi	13	LAC	1:09.36
16 Jocelyn Gallagher	13	OAK	1:09.44
17 Rhya MacKinnon	13	GMAC	1:09.53
18 Andrei Espiritu	14	BROCK	1:09.73
19 Nicole Maar	13	LAC	1:10.06
20 Dani Guy	13	RCAQ	1:10.09
21 Sofia Bertuello	14	OAK	1:10.82
22 Astrid McCormick	14	SR	1:10.83
23 Olivia Hobbs	14	BRANT	1:11.34
24 Paisley Vachon	14	LAC	1:11.49
25 Emily Weninger	14	AOA	1:11.52
26 Stella Kings	13	BRANT	1:12.57
27 Ella Boisvert	14	SR	1:12.66
28 Chloe Schlotzhauer	14	RCAQ	1:12.76
29 Celeste Quinn	14	OAK	1:12.98
30 Marisa Walker	14	BROCK	1:13.20
31 Lorelei Gordon	13	BROCK	1:13.25
32 Elise Beaudoin	14	BROCK	1:13.36
33 Julia Kranjec	14	GMAC	1:13.47
34 Kirstyn Lowther	14	OAK	1:13.63
35 Stella Paulino	13	BRANT	1:13.67
36 Lauren Gracey	13	LAC	1:13.71

37 Anika Gal	13	GMAC	1:14.17
38 Lynn Mary Karam	13	OAK	1:14.31
39 Bingyin Geng	13	OAK	1:14.36
40 Sofia Stock	13	BROCK	1:15.12
41 Caitlin DaPonte	14	LAC	1:15.99
42 Lily Lu	13	LAC	1:16.46
43 Emily Field	14	BROCK	1:16.79
44 Carmella Dela Cruz	13	LAC	1:16.93
45 Jillian Brearley	14	Speed Sharks-ON	1:18.07
46 Avery Koole	13	BROCK	1:18.69
47 Finley Simons	14	LAC	1:18.85
48 Ainsley Garniss	14	HHAC	1:19.04
49 Sara Guan	14	OAK	1:19.14
50 Lauren Ormseth	14	LAC	1:19.19
51 Alexis Thompson	13	LAC	1:19.57
52 Hailey Park	13	LAC	1:19.91
53 Molly Ross	13	BLEN	1:20.00
54 Megan Landon	13	STJJ	1:21.09
55 Maddy Palleschi	14	SR	1:21.62
56 Sofia Trussell	13	GMAC	1:21.74
57 Deanna Mitchell	14	RCAQ	1:22.04
58 Mariel Ward	13	OAK	1:22.24
59 Lera Brimson	13	LAC	1:22.83
60 Mackenzie MacLean	14	HHAC	1:22.94
61 Helena Maiterth	14	GMAC	1:23.08
62 Paige Manzer	14	MS	1:23.37
63 Kloe Sleightholm	13	STJJ	1:24.71
64 Delia Dzalto	14	BROCK	1:25.15
65 Malia Camacho	13	STJJ	1:25.39
66 Lyla Daley-Wheeler	13	LAC	1:25.57
67 Madison Flintoff	14	BRANT	1:25.82
68 Deniz Nayman	13	BROCK	1:26.57
69 Bryn Martin	13	STJJ	1:26.98
70 Morgan Lukings	13	BROCK	1:27.08
71 Anna McDade	13	HHAC	1:27.27
72 Saydie Kinchen	13	LAC	1:27.64
73 Brielle Padelford	13	RCAQ	1:28.90
74 Mia Oelofse	13	BROCK	1:29.58
75 Claire Didham	13	STJJ	1:29.66
76 Addison Burch	13	BRANT	1:34.12
77 Teagan Favento	13	LAC	1:34.94
78 Izzy Rodgers	13	STJJ	1:35.00
79 Elise Isings	13	LAC	1:37.46
80 Stella Hern	13	HHAC	1:45.00
81 Carolina Soares Bastos	13	LAC	1:45.00
82 Ella Gill	13	LAC	1:46.26
83 Krisha Jain	13	MS	1:47.08
84 Abigail Butt	13	LAC	1:57.35
85 Dora Zhu	13	LAC	2:00.00

Event 83 Men 13-14 100 SC Meter Freestyle**13 Meet: 55.94 2002-11-23 Chris Bento****14 Meet: 53.84 2014-11-23 Noah Cumby**

Name	Age	Team	Seed Time
1 Julian Twist	14	GMAC	54.63
2 Ahmed Elsayed	14	OAK	57.09
3 Fynn O'Rourke	13	GMAC	58.38

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Event 83 ... (Men 13-14 100 SC Meter Freestyle)

Name	Age	Team	Seed Time
4 Tianyi Sun	13	KWST	59.74
5 Zayden Dindayal	14	OAK	1:00.31
6 Brayden Rajotte	14	OAK	1:00.44
7 William Parsons	14	RCAQ	1:00.57
8 Abdulrahman Yakoub	14	OAK	1:01.43
9 Aidan Ki	14	OAK	1:02.07
10 Logan Post	14	GMAC	1:02.52
11 Dustin Hobbs	14	BRANT	1:03.43
12 Andrew Zheng	14	OAK	1:03.57
13 Tristan Robichaud	13	OAK	1:04.54
14 Charles Hood	14	GMAC	1:05.32
15 Romeo Laberge	14	OAK	1:06.02
16 Gabriel Barnardo	13	LAC	1:06.12
17 Ian Mohamed	14	OAK	1:06.34
18 Quinlan Stark	14	BROCK	1:06.55
19 Caleb VanDooren	14	CYPS	1:06.58
20 Matthew Davidson	14	GMAC	1:06.79
21 David Peng	14	KWST	1:06.92
22 Thomas Ignat	14	MS	1:07.16
23 Nathan Frolow	13	LAC	1:07.75
24 Bradley Marlow	14	LAC	1:08.16
25 Ethan Zheng	13	KWST	1:08.82
26 Zaid Kulasic	13	OAK	1:09.11
27 Lucas Van't Spyker	13	BRANT	1:09.43
28 Oliver Kalavriziotis	14	RCAQ	1:09.92
29 Ryan Li	14	OAK	1:10.17
30 Luke Field	13	BROCK	1:10.70
31 Sahil Singh	13	OAK	1:10.92
32 Akhil Singh	13	OAK	1:11.90
33 William VanHooren	13	AOA	1:11.98
34 Caelan Connelly	13	GMAC	1:12.62
35 Charles Liang	14	LAC	1:12.94
36 Alex Lee	13	LAC	1:13.93
37 Jayden Wang	14	LAC	1:14.82
38 Thiiru Rajamaheshwara	13	LAC	1:15.00
39 Kaiden Lee	13	KWST	1:15.74
40 Seungsu Kim	13	LAC	1:15.93
41 Austin Vanderheyden	14	RCAQ	1:16.72
42 Ethan Provost	14	OAK	1:18.53
43 Charles Stuart	13	RCAQ	1:18.76
44 Cohen D'Oliveira	13	GMAC	1:18.95
45 Alexander Lebedev	14	BROCK	1:19.06
46 Jack Landon	13	STJJ	1:20.54
47 John Chen	14	LAC	1:20.68
48 Michael Gudz	13	LAC	1:21.38
49 Jayden Hong	13	LAC	1:22.02
50 Derri Yang	13	LAC	1:23.21
51 David Knibbe	13	STJJ	1:24.30
52 Gray Klonteig	13	BLEN	1:24.65
53 Chase Ellis	13	CYPS	1:25.40
54 Lambert Xu	13	KWST	1:27.82
55 Adam Palma	13	MS	1:29.25
56 Theo Castle	14	MS	1:35.00
57 Jaren Gao	13	BROCK	1:40.08
58 Omar El Semelawy	13	LAC	1:59.43

Event 84 Women 15 & Over 200 SC Meter Backstroke

15 Meet: 2:19.34 2015-11-22 Maude Boily-Dufour			
16&O Meet: 2:13.56 2016-11-27 Maude Boily-Dufour			
Name	Age	Team	Seed Time
1 Tia Jankovics	17	RCAQ	2:20.52
2 Vanessa Xia	16	OAK	2:20.54
3 Halayna Montrichard	17	BRANT	2:21.23
4 Torrin Stefels	15	BROCK	2:24.28
5 Sophia St-Pierre	16	BROCK	2:25.75
6 Cordelia French	16	OAK	2:25.87
7 Esther Lu	16	LAC	2:25.96
8 Jenna Walters	17	GMAC	2:29.04
9 Alexis Chisholm	19	BRANT	2:29.31
10 Ariel Nguyen	15	OAK	2:29.66
11 Andrea Luberti	16	GMAC	2:30.08
12 Brynn Scheffel	15	BRANT	2:31.13
13 Grace Shemilt	17	OAK	2:33.75
14 Aleesha Tejani	17	OAK	2:33.87
15 Abby Fellingner	16	BRANT	2:36.25
16 Mengdi Yong	15	LAC	2:40.31
17 Maddy Glowinski	18	BRANT	2:40.40
18 Maddy Gruenwald	16	BRANT	2:40.97
19 Ellery McLean	16	BRANT	2:43.79
20 Rachael Caron	15	LAC	2:44.19
21 Sophie Dube	16	BRANT	2:44.99
22 Katie Frech	16	BROCK	2:50.88
23 Abby Gerrard	17	GMAC	2:50.98
24 Charlotte Dyer	15	LAC	2:51.45
25 Jae Barnfield	17	LAC	2:52.53
26 Lily Koto	16	LAC	2:52.70
27 Sofia Kluz	15	HHAC	2:53.10
28 Sophie Buckman	15	LAC	2:56.90
29 Meah Pruder	15	LAC	2:57.38
30 Katrina Kalogeropoulos	17	LAC	2:58.40
31 Annika Dobrocky	15	BRANT	2:58.49
32 Sofia Lessa Fratini	15	BRANT	2:58.93
33 Caitlin Ortega	15	LAC	2:59.50
34 Reegan Rathwell	17	HHAC	3:03.92
35 Allison McGregor	16	GMAC	3:04.58
36 Kate Schleihauf	17	SR	3:05.50
37 Makayla Crayne	16	BRANT	3:07.65
38 Jordyn Kuenzig	15	HHAC	3:07.88
39 Lauren Goodyer	15	GMAC	3:12.93
40 Samantha Vandenbrink	15	GMAC	3:16.57
41 Mulan How	15	BRANT	3:25.60
42 Carrigan Craigie	16	BRANT	3:26.01
43 Emily Landon	16	STJJ	3:34.82
44 Emily Moerman	15	MS	3:49.14

Event 85 Men 15 & Over 200 SC Meter Backstroke

15 Meet: 2:05.20 2018-11-25 Carter Buck			
16&O Meet: 2:01.93 2019-11-24 Carter Buck			
Name	Age	Team	Seed Time
1 Ewan Shearer	16	LAC	2:09.88
2 Hunter Payne	17	BRANT	2:11.20
3 Cooper Klein	16	LAC	2:12.46

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Name	Age	Team	Seed Time
4 Malachi Farrow	16	BLEN	2:12.64
5 Carter Scheffel	18	BRANT	2:13.54
6 Javier Reyes	17	OAK	2:13.60
7 Rowan Wick	17	LAC	2:13.96
8 Declan Nolan	16	LAC	2:16.19
9 Rhys Hanson	17	OAK	2:17.07
10 Allan Sundby	32	SR	2:18.52
11 Noah Kranjec	15	GMAC	2:22.05
12 Aidan D'Oliveira	15	GMAC	2:25.82
13 Ronan Stark	16	BROCK	2:26.81
14 Theodor Weggaesser	17	LAC	2:30.00
15 JJ Samus	15	OAK	2:30.38
16 David Maar	15	LAC	2:30.82
17 Mason Steedman	15	BRANT	2:34.75
18 Anthony Stuckless	16	MS	2:35.46
19 Volodymyr Stefanyshyn	17	LAC	2:39.00
20 Sanija Perera	17	GMAC	2:42.49
21 Alexander Kuleczka	15	OAK	2:45.09
22 Jack Robinson	16	LAC	2:53.73
23 Mosa Meshrif	16	LAC	2:56.32
24 Ryan Jia	15	LAC	3:12.74
25 Haroun Abdul Rasoul	17	LAC	3:13.27
26 Adam Dela Cruz	15	LAC	3:15.91
27 Oliver McKee	15	GMAC	3:25.00
28 Griffin McKee	15	GMAC	3:40.00
29 Jacob Quan	17	MS	4:12.07

Event 86 Women 13-14 200 SC Meter Backstroke**13 Meet: 2:20.69 2014-11-23 Kiera Brough****14 Meet: 2:16.64 2014-11-23 Rosie Zavaros**

Name	Age	Team	Seed Time
1 Aili Girardi	14	SR	2:31.48
2 Sophia Anstett	14	RCAQ	2:31.74
3 Ellie Webb	14	LAC	2:32.84
4 Anna Song	14	OAK	2:33.75
5 Charlotte Harvey	14	GMAC	2:37.81
6 Isla Fenwick	13	BROCK	2:38.95
7 Miranda Sun	14	OAK	2:40.56
8 Aryia Wang	14	OAK	2:40.88
9 Paige Wombwell	13	GMAC	2:42.66
10 Belle Patterson	13	LAC	2:43.64
11 Dylan Bale	13	LAC	2:44.49
12 Karen Xian	13	LAC	2:49.01
13 Jocelyn Gallagher	13	OAK	2:49.22
14 Sofia Bertuello	14	OAK	2:49.38
15 Anika Gal	13	GMAC	2:51.04
16 Rachel Jin	14	KWST	2:51.10
17 Celeste Quinn	14	OAK	2:53.26
18 Aleaha Becker	14	BRANT	2:53.60
19 Talia MacLellan	13	BRANT	2:56.39
20 Josie Gruenwald	13	BRANT	2:58.50
21 Kirstyn Lowther	14	OAK	2:58.60
22 Julia Kranjec	14	GMAC	2:58.79
23 Chloe Turner	13	LAC	3:02.79
24 Paisley Vachon	14	LAC	3:02.85

25 Lauren Gracey	13	LAC	3:03.02
26 Emily Mintis	14	RCAQ	3:03.54
27 Sophie Correggia	13	BRANT	3:05.14
28 Sara Guan	14	OAK	3:07.88
29 Jillian Brearley	14	Speed Sharks-ON	3:10.63
30 Isabella Altiparmakyan	13	OAK	3:12.34
31 Bridget Woolley	13	AOA	3:14.21
32 Caitlin DaPonte	14	LAC	3:20.18
33 Isla Haase	13	BRANT	3:22.09
34 Mackenzie MacLean	14	HHAC	3:22.69
35 Paige Manzer	14	MS	3:26.19
36 Ainsley Garniss	14	HHAC	3:30.00
37 Helena Maiterth	14	GMAC	3:30.00
38 Kloe Sleightholm	13	STJJ	3:30.00
39 Lauren Ormseth	14	LAC	3:30.12
40 Claire Didham	13	STJJ	3:33.78
41 Alexis Thompson	13	LAC	3:35.00
42 Elise Isings	13	LAC	3:38.91
43 Sofia Trussell	13	GMAC	3:45.51
44 Brielle Padelford	13	RCAQ	3:48.40
45 Bryn Martin	13	STJJ	3:51.00
46 Teagan Favento	13	LAC	3:54.78
47 Abigail Butt	13	LAC	4:00.00
48 Ella Gill	13	LAC	4:05.00
49 Stella Hern	13	HHAC	4:15.00
50 Krisha Jain	13	MS	4:15.00

Event 87 Men 13-14 200 SC Meter Backstroke**13 Meet: 2:14.71 2016-11-27 Russell Burton****14 Meet: 2:15.54 2012-11-25 Connor Gibson**

Name	Age	Team	Seed Time
1 Julian Twist	14	GMAC	2:12.96
2 Jackson Cooke	14	LAC	2:20.71
3 Ziad Abdelwahed	14	OAK	2:25.22
4 Brayden Rajotte	14	OAK	2:27.70
5 Tianyi Sun	13	KWST	2:30.01
6 Quinlan Stark	14	BROCK	2:30.16
7 Caelan Wombwell	13	GMAC	2:32.17
8 Bradley Marlow	14	LAC	2:37.99
9 Nathan Frolow	13	LAC	2:41.74
10 Tristan Robichaud	13	OAK	2:42.21
11 Andrew Zheng	14	OAK	2:43.49
12 Matthew Davidson	14	GMAC	2:43.91
13 Arthur Moreira	14	OAK	2:45.54
14 Ian Mohamed	14	OAK	2:45.66
15 Logan Post	14	GMAC	2:48.12
16 Birkley Troock	14	GMAC	2:49.13
17 Aidan Ki	14	OAK	2:50.26
18 Sahil Singh	13	OAK	2:51.08
19 Nathan Huether	14	GMAC	2:51.76
20 Jack Gollan	14	BRANT	2:51.90
21 Akhil Singh	13	OAK	2:52.48
22 Caden Zhang	13	LAC	2:53.01
23 Rudolf Weggaesser	14	LAC	2:55.00
24 Zain Jiwa	13	GMAC	2:55.59
25 Luke Field	13	BROCK	2:56.19
26 Benjamin Vanderveen	13	LAC	2:56.83

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Event 87 ... (Men 13-14 200 SC Meter Backstroke)

Name	Age	Team	Seed Time
27 Aaron Zhu	13	LAC	2:57.96
28 Austin Levy	13	LAC	2:58.36
29 Lucas Van't Spyker	13	BRANT	2:58.63
30 Ryan Li	14	OAK	3:00.82
31 Zaid Kulasic	13	OAK	3:02.29
32 Xander Ziemanis	13	LAC	3:05.70
33 Liam Ruddock	14	RCAQ	3:08.26
34 Thomas Ignat	14	MS	3:09.40
35 Patrick Coughlin	14	RCAQ	3:10.01
36 Eric Buro	13	AOA	3:13.26
37 Seungsu Kim	13	LAC	3:16.60
38 Nolan Gerster	14	BRANT	3:20.20
39 Cohen D'Oliveira	13	GMAC	3:20.59
40 Jayden Wang	14	LAC	3:34.94
41 Caelan Connelly	13	GMAC	3:36.78
42 Derek Isings	14	LAC	3:41.95
43 Omar El Semelawy	13	LAC	3:55.00
44 Theo Castle	14	MS	4:20.00
45 Adam Palma	13	MS	4:25.00

Event 88 Women 15 & Over 200 SC Meter Butterfly

15 Meet: 2:25.28 2002-11-23 Kristen Vandenberg

16&O Meet: 2:20.84 2012-11-25 Shannon Nell

Name	Age	Team	Seed Time
1 Charla Tatic	17	LAC	2:22.50
2 Isabelle Burton	15	LAC	2:28.74
3 Megan Donnelly	16	OAK	2:30.71
4 Daniela Gongora Gaytar	15	OAK	2:32.03
5 Jacqueline Chambers	17	LAC	2:33.08
6 Danielle Hart	17	LAC	2:34.10
7 Alice Parsons	16	RCAQ	2:40.99
8 Trinity Nusca	16	OAK	2:41.21
9 Katie Cosgriffe_S10SB9	17	OAK	2:41.38
10 Amelie Robichaud	15	OAK	2:42.59
11 Isabelle Robert	17	SR	2:46.79
12 Ariel Nguyen	15	OAK	2:47.33
13 Aleesha Tejani	17	OAK	2:50.08
14 Torrin Stefels	15	BROCK	2:50.88
15 Elise Schlotzhauer	17	RCAQ	2:55.89
16 Emily Manktelow	15	OAK	3:04.66
17 Sophia St-Pierre	16	BROCK	3:11.81
18 Reegan Rathwell	17	HHAC	3:17.75

Event 89 Men 15 & Over 200 SC Meter Butterfly

15 Meet: 2:09.12 11-1995 Shawn Vanhoof

16&O Meet: 2:04.27 2015-11-22 Brayden Salmon

Name	Age	Team	Seed Time
1 Abdualah El Tatawy	15	LAC	2:09.10
2 Evan Thomas	17	LAC	2:09.55
3 Kyle Stuckless	17	MS	2:12.35
4 Javier Reyes	17	OAK	2:12.44
5 Aidan Zhang	17	OAK	2:15.13
6 Carter Scheffel	18	BRANT	2:15.74
7 Alessandro Gilmore	17	GMAC	2:18.44
8 Matthew Marsella	16	GMAC	2:18.83

9 Paolo De Lucia	17	OAK	2:22.63
10 Nicolas Ghert-Rousseau	15	OAK	2:26.44
11 Oliver Thompson	15	OAK	2:27.91
12 Noah Kranjec	15	GMAC	2:28.06
13 Nolan Biliski	17	LAC	2:29.72
14 Tamim Fahmi	15	OAK	2:30.97
15 Cameron Burston	17	LAC	2:32.13
16 Anthony Stuckless	16	MS	2:35.00
17 Xavier Look-Hong	15	LAC	2:37.46
18 Richard Liu	17	LAC	2:44.03
19 Jack Tran	16	BRANT	2:55.76
20 Jackson Stronach	16	GMAC	3:00.48

Event 90 Women 13-14 200 SC Meter Butterfly

13 Meet: 2:27.53 2001-11-24 Ashley Marion

14 Meet: 2:18.32 2014-11-23 Maggie MacNeil

Name	Age	Team	Seed Time
1 Grier Stokley	13	LAC	2:31.93
2 Hailey Tahir	14	OAK	2:39.50
3 Margaux Pavelic	14	OAK	2:47.77
4 Lauren Klems	14	OAK	2:51.44
5 Bingyin Geng	13	OAK	3:10.00
6 Brianne Randall Hall	13	GMAC	3:10.00
7 Gwen Coubrough	13	BRANT	3:13.13
8 Georgia Leigh	13	BROCK	3:15.30
9 Paige Wombwell	13	GMAC	3:26.39

Event 91 Men 13-14 200 SC Meter Butterfly

13 Meet: 2:17.84 2018-11-25 Quinn Matteis

14 Meet: 2:11.78 2019-11-24 Quinn Matteis

Name	Age	Team	Seed Time
1 Zayden Dindayal	14	OAK	2:27.51
2 Romeo Laberge	14	OAK	2:28.75
3 Ahmed Elsayed	14	OAK	2:40.22
4 Zichen Wang	14	BROCK	2:49.89
5 Fynn O'Rourke	13	GMAC	2:50.00
6 Caelan Wombwell	13	GMAC	3:15.00
7 Dustin Hobbs	14	BRANT	3:16.17
8 Nathan Huether	14	GMAC	3:20.00
9 Birkley Troock	14	GMAC	3:25.00
10 Charles Hood	14	GMAC	3:30.00
11 Jack Gollan	14	BRANT	3:30.00

Event 92 Women 15 & Over 100 SC Meter Breaststroke

15 Meet: 1:12.38 2021-11-28 Niamh O'Leary

16&O Meet: 1:09.57 2022-11-27 Amaris Peng

Name	Age	Team	Seed Time
1 Rachel Steinberg	16	BRANT	1:14.74
2 Melanie Heuft	15	OAK	1:17.82
3 Lexi McLean	18	BRANT	1:18.54
4 Tia Jankovics	17	RCAQ	1:18.68
5 Abby Fellingner	16	BRANT	1:18.83
6 Allison McGregor	16	GMAC	1:18.92
7 Raine West	15	BROCK	1:19.75
8 Daisy Jenkins	17	SR	1:21.04
9 Jessica Taddeo	16	OAK	1:21.49
10 Andrea Luberti	16	GMAC	1:21.90

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Psych Sheet

Event 92 ... (Women 15 & Over 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time
11 Esther Lu	16	LAC	1:21.91
12 Tori Broome	17	OAK	1:23.65
13 Jenna Walters	17	GMAC	1:24.10
14 Brynn Scheffel	15	BRANT	1:24.70
15 Jade Horner	16	BROCK	1:25.56
16 Alice Parsons	16	RCAQ	1:25.94
17 Jillian Coscarella	17	OAK	1:26.68
18 Alyssa Gerrie	16	BRANT	1:30.90
19 Siena Begemann	16	STJJ	1:31.12
20 Sofia Kluz	15	HHAC	1:31.56
21 Rachel Winklmeier	16	SR	1:32.71
22 Reina Walters	16	STJJ	1:34.27
23 Lauren Goodyer	15	GMAC	1:34.81
24 Kate Schleihauf	17	SR	1:36.16
25 Jordyn Kuenzig	15	HHAC	1:39.22
26 Charlotte Hobbs	16	BRANT	1:44.57
27 Samantha Vandenbrink	15	GMAC	1:44.92
28 Kate Taylor	15	RCAQ	1:45.97
29 Mulan How	15	BRANT	1:46.55
30 Amelia Matthews	16	CYPS	1:46.76
31 Grace Belfry	15	LAC	1:48.05
32 Emily Landon	16	STJJ	2:01.07
33 Emily Moerman	15	MS	2:02.92
34 Kimberlee Borrelli	15	BROCK	2:03.03

Event 93 Men 15 & Over 100 SC Meter Breaststroke

15 Meet: 1:05.67 11-1997 John Hererdine

16&O Meet: 1:04.12 2014-11-23 John Fauteux

Name	Age	Team	Seed Time
1 Noah Terejko	16	BRANT	1:04.48
2 Kyle Stuckless	17	MS	1:08.13
3 Malachi Farrow	16	BLEN	1:09.13
4 Cooper Klein	16	LAC	1:09.56
5 Liam Connolly	17	BRANT	1:09.78
6 Thomas Krause	18	LAC	1:10.86
7 Jared Banta	18	BROCK	1:11.43
8 Aaron Chu	15	OAK	1:11.52
9 Matthew Kemp	16	SR	1:11.56
10 Austin Godwaldt	17	BRANT	1:11.76
11 John-Russell Perras	16	BRANT	1:12.54
12 Neil Atkins	17	RCAQ	1:12.98
13 Zimu Chen	15	OAK	1:13.72
14 Brent Vercouteren	17	BLEN	1:13.95
15 Andrew Armstrong	16	GMAC	1:13.97
16 Tamim Fahmi	15	OAK	1:14.72
17 David Maar	15	LAC	1:14.76
18 Alexandr Zagidulin	15	LAC	1:14.85
19 Alex Lobo	19	MS	1:14.94
20 Maks Pokorski	15	BRANT	1:15.00
21 Idel Shafikov	17	LAC	1:15.26
22 Connor LaBranche	17	MS	1:15.28
23 Matthew Skrzypek	15	BRANT	1:15.99
24 Nadim Maamari	16	OAK	1:16.38
25 Elias Chapman	16	OAK	1:16.40
26 Lucas Jones	15	SR	1:17.34

27 JJ Samus	15	OAK	1:17.65
28 Sanija Perera	17	GMAC	1:20.12
29 Daniel Melyashkevich	16	GMAC	1:20.63
30 Darragh O'Carroll	15	GMAC	1:20.87
31 Declan Nolan	16	LAC	1:21.73
32 Gavin You	15	OAK	1:21.75
33 Noah Hyde	16	GMAC	1:22.34
34 Charlie Park	16	LAC	1:22.37
35 Cillian Curley	17	RCAQ	1:22.98
36 Owen Blundell	15	SR	1:24.11
37 Greg Hayward	17	GMAC	1:27.00
38 Sunny Zhang	15	OAK	1:29.62
39 Isalah Tebbens	17	SR	1:30.00
40 Richard Liu	17	LAC	1:32.14
41 Ryan Jia	15	LAC	1:33.52
42 Griffin McKee	15	GMAC	1:35.32
43 Samuel Hopman	15	BRANT	1:36.36
44 Kobe Kingma	16	HHAC	1:37.25
45 Oliver McKee	15	GMAC	1:39.80
46 Jacob Quan	17	MS	1:49.38
47 Carson Ion-Ciccotelli	15	BRANT	1:49.92
48 Luc Arbour	15	CYPS	2:18.46

Event 94 Women 13-14 100 SC Meter Breaststroke

13 Meet: 1:16.40 2018-11-25 Lauren Campbell

14 Meet: 1:13.00 2012-11-25 Cassandra Drescher

Name	Age	Team	Seed Time
1 Anna Song	14	OAK	1:16.91
2 Maya Malhas	14	OAK	1:17.85
3 Lauren Stokley	13	LAC	1:18.79
4 Aryia Wang	14	OAK	1:18.98
5 Emily Field	14	BROCK	1:26.13
6 Nicole Maar	13	LAC	1:27.24
7 Lily Racine	14	BROCK	1:27.79
8 Astrid McCormick	14	SR	1:29.88
9 Lily Lu	13	LAC	1:30.82
10 Stella Kings	13	BRANT	1:30.83
11 Chloe Terner	13	LAC	1:30.84
12 Molly Ross	13	BLEN	1:32.00
13 Lauren Klems	14	OAK	1:32.35
14 Marisa Walker	14	BROCK	1:32.68
15 Jocelyn Gallagher	13	OAK	1:32.88
16 Sophie Correggia	13	BRANT	1:33.14
17 Bingyin Geng	13	OAK	1:33.78
18 Kirstyn Lowther	14	OAK	1:33.84
19 Bridget Woolley	13	AOA	1:34.05
20 Deanna Mitchell	14	RCAQ	1:34.07
21 Hailey Park	13	LAC	1:34.10
22 Carmella Dela Cruz	13	LAC	1:34.15
23 Talia MacLellan	13	BRANT	1:34.31
24 Josie Gruenwald	13	BRANT	1:34.62
25 Maya Rastogi	13	LAC	1:35.16
26 Lynn Mary Karam	13	OAK	1:35.36
27 Sara Guan	14	OAK	1:35.61
28 Chloe Schlotzhauer	14	RCAQ	1:35.67
29 Isla Haase	13	BRANT	1:35.85
30 Paige Wombwell	13	GMAC	1:36.11

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 94 ... (Women 13-14 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time
31 Anika Gal	13	GMAC	1:37.04
32 Sofia Stock	13	BROCK	1:38.16
33 Julia Kranjec	14	GMAC	1:38.78
34 Celeste Quinn	14	OAK	1:39.78
35 Deniz Nayman	13	BROCK	1:40.79
36 Andrei Espiritu	14	BROCK	1:40.88
37 Emily Weninger	14	AOA	1:40.98
38 Lauren Ormseth	14	LAC	1:41.14
39 Saydie Kinchen	13	LAC	1:41.37
40 Maddy Palleschi	14	SR	1:41.54
41 Caitlin DaPonte	14	LAC	1:41.60
42 Isabella Altiparmakyan	13	OAK	1:41.62
43 Mackenzie MacLean	14	HHAC	1:41.79
44 Avery Koole	13	BROCK	1:42.21
45 Elise Isings	13	LAC	1:42.91
46 Helena Maiterth	14	GMAC	1:43.47
47 Claire Didham	13	STJJ	1:43.68
48 Belle Patterson	13	LAC	1:43.80
49 Olivia Hobbs	14	BRANT	1:44.70
50 Mariel Ward	13	OAK	1:44.76
51 Dani Guy	13	RCAQ	1:44.76
52 Gwen Coubrough	13	BRANT	1:44.85
53 Rhya MacKinnon	13	GMAC	1:47.10
54 Lyla Daley-Wheeler	13	LAC	1:48.19
55 Lorelei Gordon	13	BROCK	1:48.69
56 Jillian Brearley	14	Speed Sharks-ON	1:49.72
57 Alexis Thompson	13	LAC	1:50.17
58 Malia Camacho	13	STJJ	1:50.60
59 Sofia Trussell	13	GMAC	1:52.12
60 Anna McDade	13	HHAC	1:52.36
61 Ainsley Garniss	14	HHAC	1:52.41
62 Delia Dzalto	14	BROCK	1:52.47
63 Ella Gill	13	LAC	1:53.74
64 Abigail Butt	13	LAC	1:53.83
65 Brielle Padelford	13	RCAQ	1:55.15
66 Krisha Jain	13	MS	1:55.63
67 Lera Brimson	13	LAC	1:59.65
68 Stella Hern	13	HHAC	2:00.00
69 Addison Burch	13	BRANT	2:00.00
70 Madison Flintoff	14	BRANT	2:08.15
71 Megan Landon	13	STJJ	2:15.99
72 Carolina Soares Bastos	13	LAC	2:20.00
73 Teagan Favento	13	LAC	2:22.00
74 Dora Zhu	13	LAC	2:30.00

Event 95 Men 13-14 100 SC Meter Breaststroke**13 Meet: 1:13.42 2007-11-24 Matthew Roman****14 Meet: 1:07.87 2017-11-26 Russell Burton**

Name	Age	Team	Seed Time
1 Tianyi Sun	13	KWST	1:15.04
2 Ahmed Elsayed	14	OAK	1:16.30
3 Andrew Zheng	14	OAK	1:16.49
4 Caleb VanDooren	14	CYPS	1:17.94
5 Arthur Moreira	14	OAK	1:18.68
6 Zayden Dindayal	14	OAK	1:19.03

7 William Parsons	14	RCAQ	1:21.64
8 Rudolf Weggaesser	14	LAC	1:24.19
9 Kaiden Lee	13	KWST	1:25.11
10 Abdulrahman Yakoub	14	OAK	1:25.35
11 Ethan Zheng	13	KWST	1:27.03
12 Oliver Kalavriziotis	14	RCAQ	1:27.59
13 Jayden Wang	14	LAC	1:27.75
14 Alex Lee	13	LAC	1:27.75
15 Caelan Connelly	13	GMAC	1:28.39
16 Aaron Zhu	13	LAC	1:29.59
17 Jaren Gao	13	BROCK	1:30.20
18 Benjamin Vanderveen	13	LAC	1:30.32
19 Adam Kleinjan	14	AOA	1:31.43
20 Tristan Robichaud	13	OAK	1:31.96
21 Gabriel Barnardo	13	LAC	1:32.33
22 Thiiru Rajamaheshwara	13	LAC	1:33.00
23 Ian Mohamed	14	OAK	1:33.31
24 Luke Field	13	BROCK	1:36.15
25 Sahil Singh	13	OAK	1:37.50
26 Zain Jiwa	13	GMAC	1:39.69
27 Gray Klonteig	13	BLEN	1:40.13
28 Akhil Singh	13	OAK	1:41.37
29 Jayden Hong	13	LAC	1:42.83
30 Ethan Provost	14	OAK	1:43.63
31 Austin Vanderheyden	14	RCAQ	1:47.06
32 David Knibbe	13	STJJ	1:48.00
33 Adam Palma	13	MS	1:49.74
34 Seungsu Kim	13	LAC	1:50.12
35 John Chen	14	LAC	1:51.73
36 Jack Landon	13	STJJ	1:55.00
37 Cohen D'Oliveira	13	GMAC	1:56.51
38 Michael Gudz	13	LAC	1:56.65
39 Derri Yang	13	LAC	1:57.07
40 Chase Ellis	13	CYPS	1:59.73
41 Zaid Kulasic	13	OAK	1:59.87
42 Austin Levy	13	LAC	2:01.46
43 Theo Castle	14	MS	2:10.00

Event 96 Women 15 & Over 400 SC Meter Freestyle**15 Meet: 4:28.31 2002-11-23 Brittany Cooper****16&O Meet: 4:26.27 2010-11-27 Jasmin Gow**

Name	Age	Team	Seed Time
1 Jacqueline Chambers	17	LAC	4:28.39
2 Daniela Gongora Gaytar	15	OAK	4:34.52
3 Megan Donnelly	16	OAK	4:37.84
4 Andrea Luberti	16	GMAC	4:42.81
5 Cordelia French	16	OAK	4:46.35
6 Isabelle Burton	15	LAC	4:46.96
7 Alexis Chisholm	19	BRANT	4:47.65
8 Vanessa Xia	16	OAK	4:54.74
9 Elise Schlotzhauer	17	RCAQ	4:57.37
10 Madison Chisholm	17	BRANT	5:00.00
11 Raine West	15	BROCK	5:00.29
12 Brielle Stropole	15	OAK	5:01.01
13 Andrea Mintis	16	RCAQ	5:01.52
14 Sidney Patrick	16	OAK	5:04.58
15 Abby Gerrard	17	GMAC	5:04.77

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 96 ... (Women 15 & Over 400 SC Meter Freestyle)**

Name	Age	Team	Seed Time
16 Daisy Jenkins	17	SR	5:05.76
17 Maddy Glowinski	18	BRANT	5:07.89
18 Trinity Nusca	16	OAK	5:08.00
19 Ellery McLean	16	BRANT	5:08.22
20 Jessica Taddeo	16	OAK	5:08.89
21 Grace Shemilt	17	OAK	5:09.44
22 Hanna Hozayen	15	OAK	5:10.04
23 Emily Manktelow	15	OAK	5:11.82
24 Isabelle Robert	17	SR	5:12.93
25 Maddy Gruenwald	16	BRANT	5:13.21
26 Katie Frech	16	BROCK	5:17.03
27 Jae Barnfield	17	LAC	5:17.07
28 Rachael Caron	15	LAC	5:18.90
29 Sophie Buckman	15	LAC	5:19.41
30 Lucy Levy	16	LAC	5:22.87
31 Charlotte Dyer	15	LAC	5:25.68
32 Annika Dobrocky	15	BRANT	5:34.65
33 Cameron Coxson	15	OAK	5:35.72
34 Sofia Lessa Fratini	15	BRANT	5:39.22
35 Jade Horner	16	BROCK	5:44.62
36 Lily Koto	16	LAC	5:45.47
37 Mariska Buro	15	AOA	6:00.00
38 Caitlin Ortega	15	LAC	6:06.06
39 Mengdi Yong	15	LAC	6:10.08
40 Olivia Kennedy	15	BROCK	6:10.99
41 Kimberlee Borrelli	15	BROCK	6:11.57
42 Meah Pruder	15	LAC	6:11.81
43 Katrina Kalogeropoulos	17	LAC	6:28.88
44 Shayna Laidler	15	SR	6:32.25
45 Becca Railton	16	LAC	7:43.38

Event 97 Men 15 & Over 400 SC Meter Freestyle**15 Meet: 4:05.73 2002-11-23 Jonathan Long****16&O Meet: 4:00.57 2010-11-27 David Hatch**

Name	Age	Team	Seed Time
1 Ewan Shearer	16	LAC	4:11.50
2 Oliver Thompson	15	OAK	4:14.78
3 Abdullah El Tatawy	15	LAC	4:15.50
4 Jared Banta	18	BROCK	4:16.45
5 Matthew Marsella	16	GMAC	4:17.33
6 Rowan Wick	17	LAC	4:21.28
7 Rhys Hanson	17	OAK	4:29.85
8 Allan Sundby	32	SR	4:36.12
9 Aidan D'Oliveira	15	GMAC	4:36.18
10 Jack Robinson	16	LAC	4:36.48
11 Alexandr Zagidulin	15	LAC	4:40.46
12 Maks Pokorski	15	BRANT	4:41.69
13 Alexander Kuleczka	15	OAK	4:42.81
14 Youssef Refaat	15	OAK	4:42.88
15 Alessandro Gilmore	17	GMAC	4:43.63
16 Xavier Look-Hong	15	LAC	4:43.84
17 Anthony Stuckless	16	MS	4:43.91
18 Noah Hyde	16	GMAC	4:44.51
19 Volodymyr Stefanyshyn	17	LAC	4:51.14
20 Aaron Chu	15	OAK	4:55.00

21 Ronan Stark	16	BROCK	4:55.60
22 Austin Parody	16	Speed Sharks-ON	4:59.15
23 Theodor Weggaesser	17	LAC	5:00.00
24 Idel Shafikov	17	LAC	5:00.10
25 Darragh O'Carroll	15	GMAC	5:05.92
26 Mason Steedman	15	BRANT	5:08.63
27 Cameron Burston	17	LAC	5:09.64
28 Alejandro Espiritu	17	BROCK	5:18.36
29 Jackson Stronach	16	GMAC	5:26.99
30 Daniel Melyashkevich	16	GMAC	5:27.40
31 Nolan Biliski	17	LAC	5:28.75
32 Elias Chapman	16	OAK	5:45.14
33 Casey Chown	17	BROCK	5:45.88
34 Charlie Park	16	LAC	5:52.43
35 Haroun Abdul Rasoul	17	LAC	5:55.82
36 Mosa Meshrif	16	LAC	5:59.18
37 Pavle Bjelica	16	LAC	6:00.00
38 Adam Dela Cruz	15	LAC	6:11.27

Event 98 Women 13-14 400 SC Meter Freestyle**13 Meet: 4:33.85 2017-11-26 Circe Garrido Morales****14 Meet: 4:36.34 2014-11-23 Madison Murray**

Name	Age	Team	Seed Time
1 Hailey Tahir	14	OAK	4:52.85
2 Aleaha Becker	14	BRANT	4:56.51
3 Renee Hart	14	LAC	4:57.67
4 Brianna Randall Hall	13	GMAC	5:00.84
5 Ellie Webb	14	LAC	5:01.99
6 Lauren Stokley	13	LAC	5:03.73
7 Margaux Pavelic	14	OAK	5:04.09
8 Aryia Wang	14	OAK	5:12.34
9 Louisa Begemann	13	STJJ	5:12.91
10 Maya Malhas	14	OAK	5:15.04
11 Dylan Bale	13	LAC	5:16.71
12 Grier Stokley	13	LAC	5:16.98
13 Ali Page	14	SR	5:17.99
14 Belle Patterson	13	LAC	5:20.38
15 Karen Xian	13	LAC	5:21.14
16 Lauren Gracey	13	LAC	5:21.31
17 Aili Girardi	14	SR	5:21.46
18 Astrid McCormick	14	SR	5:25.00
19 Miranda Sun	14	OAK	5:25.83
20 Nicole Maar	13	LAC	5:27.96
21 Marisa Walker	14	BROCK	5:30.40
22 Leah Burke	13	CYPS	5:30.44
23 Sophia Anstett	14	RCAQ	5:33.69
24 Lorelei Gordon	13	BROCK	5:34.90
25 Rhya MacKinnon	13	GMAC	5:36.58
26 Elise Beaudoin	14	BROCK	5:37.37
27 Charlotte Harvey	14	GMAC	5:40.15
28 Maya Rastogi	13	LAC	5:40.71
29 Lynn Mary Karam	13	OAK	5:42.32
30 Carmella Dela Cruz	13	LAC	5:47.52
31 Stella Paulino	13	BRANT	5:54.98
32 Hailey Park	13	LAC	5:59.99
33 Ella Boisvert	14	SR	6:00.91
34 Paisley Vachon	14	LAC	6:03.00

31st LAC - Nothers Fall Invitational

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Psych Sheet

Event 98 ... (Women 13-14 400 SC Meter Freestyle)

Name	Age	Team	Seed Time
35 Maddy Palleschi	14	SR	6:07.91
36 Sofia Bertuello	14	OAK	6:11.52
37 Lily Racine	14	BROCK	6:12.18
38 Lily Lu	13	LAC	6:15.96
39 Isabella Altiparmakyan	13	OAK	6:28.60
40 Lera Brimson	13	LAC	6:29.27
41 Mariel Ward	13	OAK	6:36.28
42 Saydie Kinchen	13	LAC	6:36.89
43 Paige Manzer	14	MS	6:41.21
44 Lyla Daley-Wheeler	13	LAC	6:55.24
45 Finley Simons	14	LAC	7:21.00
46 Chloe Turner	13	LAC	7:33.64

Event 99 Men 13-14 400 SC Meter Freestyle

13 Meet: 4:18.69 2018-11-25 Quinn Mattels

14 Meet: 4:10.22 2019-11-24 Quinn Matteis

Name	Age	Team	Seed Time
1 Julian Twist	14	GMAC	4:27.27
2 Fynn O'Rourke	13	GMAC	4:34.73
3 Arthur Moreira	14	OAK	4:43.10
4 Brayden Rajotte	14	OAK	4:43.80
5 Jackson Cooke	14	LAC	4:46.11
6 Romeo Laberge	14	OAK	4:47.68
7 Ziad Abdelwahed	14	OAK	4:48.04
8 Zichen Wang	14	BROCK	4:48.43
9 Quinlan Stark	14	BROCK	4:57.32
10 Aidan Ki	14	OAK	5:01.38
11 Abdulrahman Yakoub	14	OAK	5:03.56
12 Bradley Marlow	14	LAC	5:12.41
13 Nathan Huether	14	GMAC	5:14.76
14 Caelan Wombwell	13	GMAC	5:14.88
15 Dustin Hobbs	14	BRANT	5:16.88
16 Aaron Zhu	13	LAC	5:26.90
17 Rudolf Weggaesser	14	LAC	5:29.00
18 Charles Hood	14	GMAC	5:30.22
19 Caden Zhang	13	LAC	5:32.00
20 Logan Post	14	GMAC	5:44.28
21 Ryan Li	14	OAK	5:44.38
22 Ethan Provost	14	OAK	5:45.00
23 Matthew Davidson	14	GMAC	5:47.38
24 Thiiru Rajamaheshwara	13	LAC	5:50.00
25 Nathan Frolow	13	LAC	5:50.06
26 Liam Ruddock	14	RCAQ	5:50.99
27 Birkley Troock	14	GMAC	5:51.93
28 Benjamin Vanderveen	13	LAC	5:55.22
29 Charles Liang	14	LAC	5:57.36
30 Alex Lee	13	LAC	6:01.66
31 Thomas Ignat	14	MS	6:03.17
32 Nolan Gerster	14	BRANT	6:09.39
33 Xander Ziemans	13	LAC	6:19.00
34 Patrick Coughlin	14	RCAQ	6:20.99
35 Jayden Hong	13	LAC	6:28.71
36 Charles Stuart	13	RCAQ	6:29.87
37 Zain Jiwa	13	GMAC	6:30.00
38 Austin Levy	13	LAC	6:33.88

39 Michael Gudz	13	LAC	6:39.00
40 Gray Klonteig	13	BLEN	6:44.45
41 Derek Isings	14	LAC	6:47.79
42 Derri Yang	13	LAC	6:51.63

Event 100 Girls 11-12 200 SC Meter IM

11 Meet: 2:31.52 2002-11-23 Susan Long

12 Meet: 2:28.68 2012-11-25 Maggie MacNeil

Name	Age	Team	Seed Time
1 Clara Tran	12	OAK	2:52.74
2 Scarlett Allen	11	RCAQ	2:53.74
3 Fiona Ha	12	OAK	2:56.59
4 Catherine Ma	12	OAK	2:57.44
5 Aly Laing	11	GMAC	2:59.60
6 Natalie Wighton	12	OAK	3:00.71
7 Ava Anstett	12	RCAQ	3:07.95
8 Emma SU	11	OAK	3:08.96
9 Sophia Ciannavei	12	OAK	3:12.84
10 Emma Fries	12	BRANT	3:15.74
11 Fiona Allison	12	BROCK	3:16.95
12 Erika Fu	12	KWST	3:19.11
13 Monica Li	11	OAK	3:21.04
14 Riley Liang	11	OAK	3:24.60
15 Stella Black	12	HHAC	3:24.97
16 Iris Peng	12	GMAC	3:29.90
17 Nina Liu	11	KWST	3:31.10
18 Charlotte Hodges	12	MS	3:44.48
19 Sophia XU	11	OAK	3:45.00
20 Charlotte Gerster	12	BRANT	3:48.68
21 Lily Embro	11	RCAQ	3:48.79
22 Elena Secor	12	RCAQ	3:50.99
23 Ainsley Ferguson	11	RCAQ	3:51.64
24 Abygail Cameron	11	HHAC	3:51.82
25 Allison Dobrocky	12	BRANT	3:56.08
26 Harper Watson	12	HHAC	4:00.00
27 Molly Weingartner	11	GMAC	4:00.00
28 Danika Terpstra	11	MS	4:03.66
29 Josie McGowan	12	LAC	4:05.00
30 Aarya Bharati	11	MS	4:06.01
31 Macie Reid	12	HHAC	4:07.25
32 Isla Brock	12	HHAC	4:08.96
33 Evelyn Den Otter	12	HHAC	4:14.96
34 Angelina Marsella	11	GMAC	4:15.00
35 Keelan Patel	11	GMAC	4:30.00
36 Hannah Herd	11	GMAC	4:30.00
37 Eugenia Balobanova	11	GMAC	4:40.00
38 Sophie Lebold	11	HHAC	4:45.00

Event 101 Boys 11-12 200 SC Meter IM

11 Meet: 2:39.85 2015-11-22 Ethan Ma

12 Meet: 2:29.04 2002-11-23 Jimmy Lee

Name	Age	Team	Seed Time
1 Manu Xia	12	OAK	2:31.84
2 Paul Zakatsiolo	12	OAK	2:46.29
3 Max Lim	11	OAK	2:53.01
4 Emery Houston	12	GMAC	2:53.33
5 Liam Singfield	12	OAK	3:06.83

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 101 ... (Boys 11-12 200 SC Meter IM)**

Name	Age	Team	Seed Time
6 Matthew Charlton	12	AOA	3:10.15
7 Bentley Lake	11	RCAQ	3:14.41
8 Rylan Ki	11	OAK	3:18.07
9 Lowe Klonteig	11	BLEN	3:18.47
10 Alan Tran	12	OAK	3:22.67
11 Jack O'Neil	12	GMAC	3:25.94
12 John Yu	12	KWST	3:40.84
13 Ben Bulgaretti	11	OAK	3:41.19
14 Emile Mundel-Lacelle	11	RCAQ	3:45.99
15 Joe Tsang	11	OAK	3:49.00
16 Yousef Badreldin	11	OAK	3:50.00
17 Wesley Turner	11	LAC	3:50.00
18 Parker Leckie	12	STCC	3:59.26
19 Patrick Sturby	12	LAC	4:00.00
20 Matthew Gudz	12	LAC	4:00.90
21 Henry Armstrong	12	HHAC	4:08.47
22 Reid Feeney	12	GMAC	4:20.51
23 Hao Lin	11	OAK	4:55.00

Event 102 Girls 10 & Under 200 SC Meter IM**Meet: 2:46.85 11-1998 Whitney Rich**

Name	Age	Team	Seed Time
1 Danning Sun	10	KWST	2:59.33
2 Isabelle Qu	10	OAK	3:18.10
3 Genevieve Boody	10	LAC	3:19.70
4 Sarah Tran	10	OAK	3:25.02
5 Emily Wedlake	10	LAC	3:36.57
6 Micah McGinn	9	OAK	3:37.95
7 Hannah Cheung	9	LAC	4:15.00
8 Lexi Tsang	10	OAK	4:17.00
9 Aubrey Hastings	10	BLEN	4:27.19
10 Nicole Zhang	9	LAC	4:45.00

Event 103 Boys 10 & Under 200 SC Meter IM**Meet: 2:48.45 2012-11-23 Bora Tlabar**

Name	Age	Team	Seed Time
1 Henry Sulowski	10	OAK	3:05.39
2 James Lee	10	OAK	3:30.53
3 Griffin Klem	9	OAK	3:37.58
4 Declan Walters	8	CYPS	3:40.13
5 Alexander Dysko	10	LAC	3:52.66
6 Asher Wighton	10	OAK	3:57.77
7 William Haase	9	LAC	4:15.00
8 Shreyus Jain	10	MS	4:30.00
9 Jacob Campos Reales	9	LAC	4:35.00
10 Oisin Ryan	10	RCAQ	4:45.99
11 Henry Kluz	10	HHAC	5:00.00

Event 104 Girls 11-12 100 SC Meter Freestyle**11 Meet: 1:06.27 2018-11-25 Kaidance Matteis****12 Meet: 1:02.34 2002-11-23 Mel Schuurman**

Name	Age	Team	Seed Time
1 Yara Stuart	12	RCAQ	1:07.14
2 Clara Tran	12	OAK	1:07.21
3 Teresa Sang	12	OAK	1:11.00

4 Shirley Xia	12	OAK	1:11.11
5 Aly Laing	11	GMAC	1:11.36
6 Sophie Kamatovic	12	BROCK	1:11.76
7 Fiona Ha	12	OAK	1:12.68
8 Jaeden Wilson	12	OAK	1:13.27
9 Ava Tomlinson	12	BROCK	1:14.75
10 Mandy Jiang	12	KWST	1:15.26
11 Grace Cao	11	LAC	1:15.28
12 Kaitlyn Chen	12	LAC	1:15.69
13 Emma SU	11	OAK	1:16.35
14 Maria Pinto	12	LAC	1:17.12
15 Ciara O'Carroll	12	GMAC	1:17.23
16 Sophia Ciannavei	12	OAK	1:17.53
17 Iris Peng	12	GMAC	1:20.45
18 Sophia XU	11	OAK	1:21.32
19 Shira Kadar	12	LAC	1:21.32
20 Hannah Tries	12	BROCK	1:21.48
21 Chloe Downes	12	BROCK	1:21.49
22 Elizabeth Yerich	12	BROCK	1:21.58
23 Erika Fu	12	KWST	1:21.84
24 Stella Black	12	HHAC	1:21.94
25 Ariana Lee	12	GMAC	1:22.51
26 Maya Haase	12	LAC	1:22.52
27 Nina Liu	11	KWST	1:22.54
28 Fareedah Akinyemi	12	BRANT	1:23.54
29 Emma Connolly	12	BRANT	1:24.32
30 Emma Podesta	11	LAC	1:24.74
31 Taylor Dahiroc	11	LAC	1:24.82
32 Azeezah Akinyemi	12	BRANT	1:24.84
33 Mira Kolodenko	11	OAK	1:25.37
34 Julia Plat	11	GMAC	1:25.55
35 Aleah Britton	11	OAK	1:25.61
36 Menglan Yong	12	LAC	1:25.66
37 Anwen Zhao	12	LAC	1:25.72
38 Lily Carrigan	12	BRANT	1:26.10
39 Mariella Korzhova	12	LAC	1:26.78
40 Mara Svensson	12	GMAC	1:27.96
41 Eden Ilskens	12	BROCK	1:27.97
42 Miriam Boody	12	LAC	1:29.05
43 Nuo Cheng	11	KWST	1:29.31
44 Natalie Van Houwelingen	12	BRANT	1:29.92
45 Harper Watson	12	HHAC	1:30.00
46 Elise Yoxall	11	BROCK	1:30.53
47 Hana Shirakawa	12	LAC	1:30.76
48 Abygail Cameron	11	HHAC	1:30.78
49 Harper Jeffery	11	LAC	1:32.80
50 Charlotte Findlay	12	BRANT	1:33.00
51 Bridget Brown	11	OAK	1:33.58
52 Masha Repnikov	11	BRANT	1:33.93
53 Scarlett Allen	11	RCAQ	1:34.40
54 Avery Buskard	11	LAC	1:34.73
55 Hazel Oegema	11	STJJ	1:35.00
56 Kye Hynes	11	GMAC	1:35.84
57 Morgan Ferguson	11	RCAQ	1:36.94
58 Claire McIntosh	11	GMAC	1:36.97
59 Ava Weese	12	LAC	1:37.19
60 Sophie Taylor	11	RCAQ	1:37.69

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 104 ... (Girls 11-12 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time
61 Brynnelea Van Heeswyl	12	LAC	1:37.74
62 Blake Arens	11	BLEN	1:37.84
63 Josie McGowan	12	LAC	1:38.00
64 Maelle Sprigg-Robinson	12	GMAC	1:38.08
65 Victoria Nesbitt	11	RCAQ	1:38.29
66 Sophie Jaramillo	12	LAC	1:39.14
67 Lily Embro	11	RCAQ	1:39.63
68 Abby Chew	11	LAC	1:39.74
69 Danika Terpstra	11	MS	1:40.11
70 Elena Secor	12	RCAQ	1:40.28
71 Lucy Perugino	11	LAC	1:40.70
72 Isla Brock	12	HHAC	1:40.74
73 Eugenia Balobanova	11	GMAC	1:41.85
74 Rachel Yu	11	KWST	1:42.51
75 Keelan Patel	11	GMAC	1:42.55
76 Julia St John	12	LAC	1:42.55
77 Macie Reid	12	HHAC	1:42.91
78 Charlotte Welk	11	LAC	1:43.31
79 Charlotte Beckerson	12	BRANT	1:43.89
80 Lauren Degiorgio	11	LAC	1:46.35
81 Evelyn Sterling	12	LAC	1:47.55
82 Eva Tolton	12	LAC	1:47.70
83 Sophie Lebold	11	HHAC	1:48.09
84 Naomi Reid	12	LAC	1:55.00
85 Priya Chawla	11	CYPS	1:57.42
86 Emily Dodds	11	LAC	1:58.32
87 Nika Memarnejadian	12	LAC	1:59.00
88 Julie Yang	12	LAC	1:59.46
89 Chadam Hamdan	11	LAC	2:04.88
90 Hailey McIntosh	12	LAC	2:45.76

Event 105 Boys 11-12 100 SC Meter Freestyle**11 Meet: 1:03.03 11-1998 Paul Quevedo****12 Meet: 58.02 2017-11-26 Quinn Matteis**

Name	Age	Team	Seed Time
1 Arthur Pinto	12	LAC	1:07.02
2 Alan Tran	12	OAK	1:08.55
3 Alek Redhead	12	OAK	1:10.26
4 Luke Degiorgio	12	LAC	1:10.84
5 Max Lim	11	OAK	1:11.26
6 Liam Barnardo	12	LAC	1:12.68
7 Liam Singfield	12	OAK	1:12.74
8 Patrick Malone	12	LAC	1:13.02
9 Joshua Guy	11	RCAQ	1:16.29
10 Sebastian Pokorski	12	BRANT	1:17.17
11 Rylan Ki	11	OAK	1:19.47
12 Derek Wedlake	11	LAC	1:20.40
13 Yisu Chen	12	KWST	1:20.48
14 Matthew Eddolls	11	GMAC	1:21.15
15 Quinn Robinson	11	GMAC	1:21.33
16 Owen Sforza	12	BROCK	1:21.34
17 Nicolas DaPonte	11	LAC	1:22.37
18 Malakai Walters	11	CYPS	1:22.74
19 Alexli Yin	11	GMAC	1:23.84
20 Jake Leigh	11	CYPS	1:23.97

21 Solomon Chatfield	12	RCAQ	1:25.31
22 John Yu	12	KWST	1:27.81
23 Mykonos Cheng	11	OAK	1:28.39
24 Bronson Weber	11	RCAQ	1:29.54
25 Michal Balcar	12	LAC	1:30.25
26 Sebastian Campos Real	11	LAC	1:31.24
27 Jayden Zheng	11	KWST	1:33.16
28 Max Slater	12	BRANT	1:33.86
29 Platon Burakovskiy	12	LAC	1:34.37
30 Matthew Guduz	12	LAC	1:34.46
31 Ian Choi	12	KWST	1:34.56
32 Colin Stokley	11	LAC	1:34.67
33 Yousef Badreldin	11	OAK	1:35.56
34 Reyn Awulia	12	LAC	1:36.10
35 Gabriel Coriolano	11	LAC	1:40.05
36 Luka Bilic	11	KWST	1:40.43
37 Brandon Paterson	11	LAC	1:42.40
38 Grayson Lee	11	LAC	1:43.85
39 Patrick Sturby	12	LAC	1:44.36
40 Duncan Yang	11	GMAC	1:45.00
41 Skyler Mingyang Gao	11	BROCK	1:45.87
42 Sebastian Roche	12	LAC	1:47.86
43 Ben Boswell	12	CYPS	1:51.37
44 Gaurav Chopra	12	LAC	1:52.61
45 Irie O'Leary	11	LAC	1:56.32
46 Nico Gicante	11	LAC	1:56.40
47 Julien Weaver	12	AOA	1:56.46
48 Isaac Kobal	12	LAC	1:58.80
49 Luke Wu	11	LAC	2:00.00
50 Owen Gehl	11	LAC	2:02.86
51 Jaxon Boyce	12	STJJ	2:04.09
52 Raag Bhullar	12	BROCK	2:08.75
53 Yiru Jeon	11	LAC	2:15.00

Event 106 Girls 10 & Under 100 SC Meter Freestyle**Meet: 56.82 2013-11-24 Vanessa Traboulay-Drach**

Name	Age	Team	Seed Time
1 Danning Sun	10	KWST	1:15.94
2 Anna Mangul	10	LAC	1:16.28
3 Isabelle Qu	10	OAK	1:19.46
4 Sarah Tran	10	OAK	1:20.69
5 Michaela Fuller	10	OAK	1:20.93
6 Charlie Kozak	10	OAK	1:24.52
7 Allison Scott	10	LAC	1:28.74
8 Chelsea Kurys	10	OAK	1:31.32
9 Lexi Tsang	10	OAK	1:32.22
10 Edith Esposito	9	BRANT	1:33.01
11 Maggie Ross	10	BLEN	1:34.00
12 Sarah Schoelier	10	LAC	1:38.46
13 Cambelle Speedie	10	GMAC	1:38.70
14 Mya Richardson	10	BRANT	1:39.05
15 Alice DeLaplante	10	BRANT	1:41.12
16 Samantha Boswell	10	CYPS	1:42.00
17 Taryn Coulis	10	GMAC	1:43.59
18 Hannah Cheung	9	LAC	1:45.00
19 Emily Regan-Swift	10	LAC	1:45.97
20 Caryss Love	9	GMAC	1:46.40

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 106 ... (Girls 10 & Under 100 SC Meter Freestyle)**

Name	Age	Team	Seed Time
21 Alizee Stanish	9	MS	1:46.46
22 Layla Middleton	8	CYPS	1:48.77
23 Emma Jaramillo	10	LAC	1:50.00
24 Gloria Zhang	10	LAC	1:50.00
25 Addison Carrigan	10	BRANT	1:50.15
26 Shaila Chawla	9	CYPS	1:51.31
27 Maclyn Sales	10	LAC	1:51.43
28 Tessa Gritke	9	MS	1:56.36
29 Isabel Pigoulevski	9	STJJ	1:58.00
30 Quinlyn Sales	10	LAC	1:58.08
31 Jojo Qiang-Zhu	8	LAC	1:58.82
32 Kylene Vandermeer	10	Speed Sharks-ON	1:59.34
33 Lily Van Dieten	10	HHAC	1:59.36
34 Pacey Brunner	8	CYPS	2:00.00
35 Mila Karac	10	LAC	2:00.00
36 Grace Zhang	10	LAC	2:00.00
37 Margot Tate-Fugère	10	LAC	2:00.00
38 Camila Payne	8	LAC	2:00.14
39 Evelyn Forgetta	10	LAC	2:02.50
40 Emma Parravano	10	STJJ	2:05.00
41 Pippa Drescher	10	LAC	2:05.13
42 Cecily Dent	10	LAC	2:07.52
43 Allie Drescher	8	LAC	2:10.00
44 Audrey Caine	8	LAC	2:15.00
45 Bella Mates	8	STJJ	2:20.00
46 Amelia Moskal	7	MS	2:50.00

Event 107 Boys 10 & Under 100 SC Meter Freestyle**Meet: 1:08.93 2017-11-26 Vikas Chari**

Name	Age	Team	Seed Time
1 Henry Sulowski	10	OAK	1:17.53
2 Owen Chisholm	10	OAK	1:21.01
3 Nolan King	10	BLEN	1:23.79
4 Wesley Wong	10	OAK	1:23.99
5 James Lee	10	OAK	1:26.73
6 Declan Walters	8	CYPS	1:28.29
7 Kieran Haase	10	BRANT	1:29.14
8 Alexander Dysko	10	LAC	1:30.34
9 Asher Wighton	10	OAK	1:32.25
10 Nathan Ki	9	OAK	1:32.34
11 Colin Liu	9	KWST	1:35.59
12 Ethan Gorrie	10	GMAC	1:35.72
13 Griffin Klem	9	OAK	1:38.26
14 Myles Cox	10	LAC	1:40.39
15 Gabriel Stuckless	10	GMAC	1:40.43
16 Benjamin Harper	10	GMAC	1:43.35
17 Alexander Gilmore	9	GMAC	1:43.37
18 Ryan Zhao	10	LAC	1:45.00
19 Jacob Campos Reales	9	LAC	1:47.63
20 Shuo (Felix) Cheng	9	KWST	1:47.72
21 Abraham Allana	10	GMAC	1:49.93
22 Donnacha Ryan	10	RCAQ	1:51.07
23 Wes Pociеча	8	LAC	1:55.00
24 Henry Kluz	10	HHAC	1:55.75
25 Michael Sitko	9	MS	1:56.03

26 Gavin Howard	9	LAC	1:56.93
27 Harrison Nesbitt	9	RCAQ	1:58.14
28 Robert Zhou	10	LAC	1:58.77
29 Adam Cooper	7	CYPS	2:00.00
30 Lucas Wang	10	LAC	2:00.00
31 Daniel Yan	10	LAC	2:00.00
32 Shreyus Jain	10	MS	2:00.35
33 Damian Suwala	10	LAC	2:02.24
34 Cooper Connelly	10	BROCK	2:03.39
35 Jack Strong	9	LAC	2:05.00
36 Evan Gehl	10	LAC	2:09.70
37 Joshua Lee	9	CYPS	2:10.00
38 Michael Malone	10	LAC	2:13.81
39 Amari Sargent	10	MS	2:15.36
40 Louis Gallagher	8	STJJ	2:22.31
41 Callan Corstorphine	9	RCAQ	2:25.99
42 Harvey Terpstra	8	MS	2:40.00
43 Elliott Anstett	7	RCAQ	2:45.99
44 Rayan Jain	8	MS	3:20.00

Event 108 Girls 11-12 200 SC Meter Backstroke**11 Meet: 2:36.64 11-1997 Gillian Coles****12 Meet: 2:26.73 2012-11-25 Maggie MacNeil**

Name	Age	Team	Seed Time
1 Teresa Sang	12	OAK	2:43.73
2 Monica Li	11	OAK	3:01.44
3 Emma Fries	12	BRANT	3:03.56
4 Clare Fries	12	BRANT	3:03.62
5 Isabella Zolli	12	BRANT	3:04.06
6 Catherine Ma	12	OAK	3:05.89
7 Riley Liang	11	OAK	3:07.28
8 Arielle Gruenwald	12	BRANT	3:08.24
9 Allison Dobrocky	12	BRANT	3:11.06
10 Mandy Jiang	12	KWST	3:15.21
11 Ainsley Ferguson	11	RCAQ	3:20.99
12 Nadia Gilmore	11	GMAC	3:22.56
13 Berkeley Stewart	12	BRANT	3:26.54
14 Ciara O'Carroll	12	GMAC	3:27.04
15 Ava Weese	12	LAC	3:35.18
16 Eden Ilskens	12	BROCK	3:36.48
17 Lily Wang	12	GMAC	3:38.18
18 Morgan Ferguson	11	RCAQ	3:39.11
19 Claire McIntosh	11	GMAC	3:40.00
20 Iris Peng	12	GMAC	3:40.75
21 Charlotte Gerster	12	BRANT	3:41.66
22 Danika Terpstra	11	MS	3:42.76
23 Lauren Valeriote	11	GMAC	3:43.70
24 Kaitlyn Kennedy	12	GMAC	3:45.00
25 Charlotte Hodges	12	MS	3:45.00
26 Evelyn Den Otter	12	HHAC	3:46.87
27 Mariella Korzhova	12	LAC	3:47.26
28 Abygail Cameron	11	HHAC	3:49.93
29 Eugenia Balobanova	11	GMAC	3:50.00
30 Grace Muirhead	11	LAC	3:50.00
31 Charlotte Welk	11	LAC	3:50.00
32 Lauren Degiorgio	11	LAC	3:50.00
33 Abby Chew	11	LAC	3:54.36

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 108 ... (Girls 11-12 200 SC Meter Backstroke)**

Name	Age	Team	Seed Time
34 Victoria Nesbitt	11	RCAQ	3:55.99
35 Julia St John	12	LAC	3:59.76
36 Kye Hynes	11	GMAC	4:00.00
37 Angelina Marsella	11	GMAC	4:00.00
38 Charlotte Findlay	12	BRANT	4:00.00
39 Emma Connolly	12	BRANT	4:00.38
40 Ariana Lee	12	GMAC	4:00.51
41 Alexandra Kott	12	BRANT	4:01.01
42 Keelan Patel	11	GMAC	4:05.00
43 Julia Plat	11	GMAC	4:05.88
44 Aarya Bharati	11	MS	4:08.91
45 Evelyn Sterling	12	LAC	4:10.00
46 Eva Tolton	12	LAC	4:10.00
47 Brynnelea Van Heeswyl	12	LAC	4:10.00
48 Sophie Taylor	11	RCAQ	4:10.99
49 Emily Dodds	11	LAC	4:15.00
50 Lucy Perugino	11	LAC	4:15.00
51 Maelle Sprigg-Robinson	12	GMAC	4:16.75
52 Hannah Herd	11	GMAC	4:40.00

Event 109 Boys 11-12 200 SC Meter Backstroke**11 Meet: 2:33.46 2014-11-23 Keiran Stone****12 Meet: 2:20.50 2002-11-23 Jimmy Lee**

Name	Age	Team	Seed Time
1 Cedric Perras	12	BRANT	2:43.16
2 Emery Houston	12	GMAC	2:47.06
3 Yisu Chen	12	KWST	2:59.17
4 Joshua Guy	11	RCAQ	3:03.97
5 Paul Zakatsiolo	12	OAK	3:04.44
6 Malakai Walters	11	CYPS	3:04.75
7 Alek Redhead	12	OAK	3:08.61
8 Bentley Lake	11	RCAQ	3:09.85
9 Harrison Huether	11	GMAC	3:12.06
10 Kieran Barry-McLean	12	BRANT	3:12.59
11 Sebastian Pokorski	12	BRANT	3:15.74
12 Blade Richardson	12	BRANT	3:17.79
13 Madden Troock	11	GMAC	3:22.83
14 Alexli Yin	11	GMAC	3:25.49
15 Platon Burakovskiy	12	LAC	3:30.00
16 Brandon Paterson	11	LAC	3:35.76
17 Bronson Weber	11	RCAQ	3:38.16
18 Mykonos Cheng	11	OAK	3:40.00
19 Matthew Gudz	12	LAC	3:40.00
20 Emile Mundel-Lacelle	11	RCAQ	3:40.99
21 Solomon Chatfield	12	RCAQ	3:40.99
22 Reyn Awulia	12	LAC	3:44.37
23 Matthew Eddolls	11	GMAC	3:45.00
24 Gaurav Chopra	12	LAC	3:45.00
25 Jack O'Neil	12	GMAC	3:48.94
26 Grayson Lee	11	LAC	3:50.00
27 Derek Wedlake	11	LAC	3:50.00
28 Quinn Robinson	11	GMAC	3:53.73
29 Gabriel Coriolano	11	LAC	3:55.00
30 Wesley Turner	11	LAC	3:55.00
31 Chase Myers	11	BROCK	3:55.90

32 Owen Gehl	11	LAC	3:59.00
33 Henry Armstrong	12	HHAC	4:00.00
34 Julien Weaver	12	AOA	4:00.00
35 Max Slater	12	BRANT	4:00.00
36 Reid Feeney	12	GMAC	4:00.51
37 Michal Balcar	12	LAC	4:15.00
38 Duncan Yang	11	GMAC	4:20.00
39 Irie O'Leary	11	LAC	4:20.00
40 Callum D'Oliveira	11	GMAC	4:26.39
41 Sebastian Roche	12	LAC	4:30.00

Event 110 Girls 10 & Under 200 SC Meter Backstroke**Meet: 2:45.14 2010-11-27 Maggie MacNeil**

Name	Age	Team	Seed Time
1 Michaela Fuller	10	OAK	3:08.59
2 Charlie Kozak	10	OAK	3:16.20
3 Allison Scott	10	LAC	3:16.75
4 Micah McGinn	9	OAK	3:31.40
5 Chelsea Kurys	10	OAK	3:33.16
6 Sarah Tran	10	OAK	3:34.89
7 Genevieve Boody	10	LAC	3:35.04
8 Anna Mangul	10	LAC	3:45.00
9 Emma Jaramillo	10	LAC	3:50.00
10 Emily Wedlake	10	LAC	3:54.62
11 Sarah Schoelier	10	LAC	3:55.00
12 Mya Richardson	10	BRANT	4:00.00
13 Edith Esposito	9	BRANT	4:00.00
14 Taryn Coulis	10	GMAC	4:09.22
15 Emily Regan-Swift	10	LAC	4:15.00
16 Cambelle Speedie	10	GMAC	4:18.22
17 Caryss Love	9	GMAC	4:20.22

Event 111 Boys 10 & Under 200 SC Meter Backstroke**Meet: 2:45.17 2008-11-22 Matthew Mac**

Name	Age	Team	Seed Time
1 Wesley Wong	10	OAK	3:04.74
2 Owen Chisholm	10	OAK	3:10.01
3 Nathan Ki	9	OAK	3:31.54
4 Asher Wighton	10	OAK	3:36.55
5 Kieran Haase	10	BRANT	3:45.00
6 Myles Cox	10	LAC	3:55.00
7 Gabriel Stuckless	10	GMAC	4:00.00
8 Ryan Zhao	10	LAC	4:00.00
9 Benjamin Harper	10	GMAC	4:00.22
10 Gavin Howard	9	LAC	4:05.00
11 Alexander Dysko	10	LAC	4:05.00
12 Ethan Gorrie	10	GMAC	4:06.22
13 Donnacha Ryan	10	RCAQ	4:18.63
14 Alexander Gilmore	9	GMAC	4:20.22
15 James Lee	10	OAK	4:23.00
16 Griffin Klem	9	OAK	4:23.00
17 Robert Zhou	10	LAC	4:27.74
18 Abraham Allana	10	GMAC	4:54.95

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 112 Girls 11-12 100 SC Meter Breaststroke****11 Meet: 1:24.50 2013-11-24 Bridget Manzella****12 Meet: 1:18.26 2002-11-23 Riley Truswell**

Name	Age	Team	Seed Time
1 Ava Anstett	12	RCAQ	1:25.91
2 Clara Tran	12	OAK	1:27.62
3 Catherine Ma	12	OAK	1:30.05
4 Emma SU	11	OAK	1:31.70
5 Fiona Ha	12	OAK	1:32.43
6 Nadia Gilmore	11	GMAC	1:33.41
7 Maria Pinto	12	LAC	1:34.25
8 Shirley Xia	12	OAK	1:35.00
9 Yara Stuart	12	RCAQ	1:35.44
10 Isabella Zolli	12	BRANT	1:35.61
11 Menglan Yong	12	LAC	1:37.45
12 Ava Weese	12	LAC	1:37.63
13 Grace Muirhead	11	LAC	1:38.57
14 Jaeden Wilson	12	OAK	1:39.28
15 Grace Cao	11	LAC	1:40.04
16 Lauren Valeriotte	11	GMAC	1:40.25
17 Clare Fries	12	BRANT	1:40.30
18 Fiona Allison	12	BROCK	1:40.74
19 Lily Wang	12	GMAC	1:41.04
20 Natalie Wighton	12	OAK	1:41.51
21 Kaitlyn Chen	12	LAC	1:42.00
22 Shira Kadar	12	LAC	1:43.08
23 Monica Li	11	OAK	1:43.10
24 Arielle Gruenwald	12	BRANT	1:43.52
25 Anwen Zhao	12	LAC	1:43.73
26 Ava Tomlinson	12	BROCK	1:43.84
27 Stella Black	12	HHAC	1:43.97
28 Mira Kolodenko	11	OAK	1:44.04
29 Julia Plat	11	GMAC	1:44.19
30 Julia St John	12	LAC	1:44.20
31 Emma Fries	12	BRANT	1:45.02
32 Mariella Korzhova	12	LAC	1:45.20
33 Berkeley Stewart	12	BRANT	1:45.39
34 Scarlett Allen	11	RCAQ	1:46.61
35 Sophia XU	11	OAK	1:46.97
36 Emma LaPlante	12	BROCK	1:47.12
37 Mara Svensson	12	GMAC	1:47.25
38 Hana Shirakawa	12	LAC	1:47.84
39 Elise Yoxall	11	BROCK	1:47.85
40 Riley Liang	11	OAK	1:48.00
41 Avery Buskard	11	LAC	1:48.93
42 Abby Chew	11	LAC	1:49.52
43 Brynnelea Van Heeswyl	12	LAC	1:50.14
44 Elizabeth Yerich	12	BROCK	1:50.31
45 Hannah Tries	12	BROCK	1:50.42
46 Ariana Lee	12	GMAC	1:50.83
47 Fareedah Akinyemi	12	BRANT	1:51.11
48 Josie McGowan	12	LAC	1:51.14
49 Harper Jeffery	11	LAC	1:51.57
50 Elena Secor	12	RCAQ	1:52.99
51 Emma Podesta	11	LAC	1:53.22
52 Taylor Dahiroc	11	LAC	1:53.32

53 Aleah Britton	11	OAK	1:53.83
54 Eva Tolton	12	LAC	1:54.48
55 Harper Watson	12	HHAC	1:54.69
56 Allison Dobrocky	12	BRANT	1:54.76
57 Hailey McIntosh	12	LAC	1:55.00
58 Sophie Jaramillo	12	LAC	1:55.25
59 Chloe Downes	12	BROCK	1:55.40
60 Alexandra Kott	12	BRANT	1:55.55
61 Lily Embro	11	RCAQ	1:55.83
62 Maya Haase	12	LAC	1:55.86
63 Miriam Boody	12	LAC	1:55.87
64 Lauren Degiorgio	11	LAC	1:56.66
65 Nina Liu	11	KWST	1:57.60
66 Hazel Oegema	11	STJJ	1:58.00
67 Morgan Ferguson	11	RCAQ	1:58.58
68 Victoria Nesbitt	11	RCAQ	1:58.82
69 Reese Richardson	11	BRANT	1:59.28
70 Bridget Brown	11	OAK	1:59.32
71 Lily Carrigan	12	BRANT	2:00.00
72 Natalie Van Houwelingen	12	BRANT	2:00.00
73 Masha Repnikov	11	BRANT	2:00.00
74 Julie Yang	12	LAC	2:00.00
75 Evelyn Sterling	12	LAC	2:01.74
76 Kaitlyn Kennedy	12	GMAC	2:03.07
77 Sophia Ciannavei	12	OAK	2:05.63
78 Isla Brock	12	HHAC	2:06.55
79 Lucy Perugino	11	LAC	2:06.69
80 Charlotte Beckerson	12	BRANT	2:07.64
81 Molly Weingartner	11	GMAC	2:10.00
82 Nika Memarnejadian	12	LAC	2:10.00
83 Sophie Taylor	11	RCAQ	2:10.05
84 Azeezah Akinyemi	12	BRANT	2:10.43
85 Macie Reid	12	HHAC	2:13.00
86 Emily Dodds	11	LAC	2:14.29
87 Naomi Reid	12	LAC	2:15.00
88 Evelyn Den Otter	12	HHAC	2:17.82
89 Sophie Lebold	11	HHAC	2:20.00
90 Priya Chawla	11	CYPS	2:20.00
91 Kye Hynes	11	GMAC	2:25.00
92 Chadan Hamdan	11	LAC	2:43.02

Event 113 Boys 11-12 100 SC Meter Breaststroke**11 Meet: 1:20.30 2002-11-23 Jimmy Lee****12 Meet: 1:18.59 2017-11-26 James Hume**

Name	Age	Team	Seed Time
1 Ben Boswell	12	CYPS	1:04.00
2 Paul Zakatsiolo	12	OAK	1:22.34
3 Manu Xia	12	OAK	1:23.33
4 Max Lim	11	OAK	1:25.52
5 Luke Degiorgio	12	LAC	1:25.59
6 Cedric Perras	12	BRANT	1:25.95
7 Reyn Awulia	12	LAC	1:37.54
8 Patrick Malone	12	LAC	1:38.51
9 Arthur Pinto	12	LAC	1:38.53
10 Liam Singfield	12	OAK	1:39.22
11 Platon Burakovskiy	12	LAC	1:39.51
12 Lowe Klonteig	11	BLEN	1:40.54

31st LAC - Nothers Fall Invitational

November 24 - 26, 2023

Psych Sheet

Event 113...(Boys 11-12 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time
13 Rylan Ki	11	OAK	1:43.03
14 Jack O'Neil	12	GMAC	1:44.44
15 Mason MacInnis	12	BROCK	1:45.37
16 Reid Feeney	12	GMAC	1:45.84
17 Raag Bhullar	12	BROCK	1:45.90
18 Ben Bulgaretti	11	OAK	1:46.20
19 Nicolas DaPonte	11	LAC	1:47.52
20 Alan Tran	12	OAK	1:47.55
21 Solomon Chatfield	12	RCAQ	1:47.74
22 Jake Leigh	11	CYPS	1:48.32
23 Blade Richardson	12	BRANT	1:50.75
24 Gaurav Chopra	12	LAC	1:51.68
25 Wesley Turner	11	LAC	1:52.12
26 Gabriel Coriolano	11	LAC	1:52.16
27 Sebastian Campos Reak	11	LAC	1:52.65
28 Liam Barnardo	12	LAC	1:54.22
29 Jayden Zheng	11	KWST	1:57.11
30 Grayson Lee	11	LAC	1:59.36
31 Michal Balcar	12	LAC	2:01.62
32 Hao Lin	11	OAK	2:03.00
33 Joe Tsang	11	OAK	2:06.00
34 Patrick Sturby	12	LAC	2:06.96
35 Colin Stokley	11	LAC	2:10.45
36 Sebastian Roche	12	LAC	2:15.00
37 Nico Gicante	11	LAC	2:16.69
38 Irie O'Leary	11	LAC	2:20.88
39 Max Slater	12	BRANT	2:23.11
40 Jaxon Boyce	12	STJJ	2:24.00
41 Yiru Jeon	11	LAC	2:25.00
42 Skyler Mingyang Gao	11	BROCK	2:27.42
43 Bronson Weber	11	RCAQ	2:27.95
44 Luke Wu	11	LAC	2:30.00
45 Callum D'Oliveira	11	GMAC	2:40.50
46 Isaac Kobal	12	LAC	2:43.23
47 Duncan Yang	11	GMAC	2:45.00

Event 114 Girls 10 & Under 100 SC Meter Breaststroke

Meet: 1:28.79 11-1999 Penny Baxter			
Name	Age	Team	Seed Time
1 Danning Sun	10	KWST	1:31.25
2 Anna Mangul	10	LAC	1:41.08
3 Genevieve Boody	10	LAC	1:41.61
4 Allison Scott	10	LAC	1:48.35
5 Emily Wedlake	10	LAC	1:51.43
6 Isabelle Qu	10	OAK	1:54.62
7 Taryn Coulis	10	GMAC	1:55.43
8 Aubrey Hastings	10	BLN	1:56.00
9 Emma Jaramillo	10	LAC	1:56.29
10 Charlie Kozak	10	OAK	1:56.77
11 Lexi Tsang	10	OAK	1:56.81
12 Micah McGinn	9	OAK	1:56.87
13 Edith Esposito	9	BRANT	2:00.00
14 Samantha Boswell	10	CYPS	2:00.00
15 Shaila Chawla	9	CYPS	2:02.00
16 Sarah Schoelier	10	LAC	2:06.47

17 Michaela Fuller	10	OAK	2:12.00
18 Chelsea Kurys	10	OAK	2:13.09
19 Alice DeLaplante	10	BRANT	2:15.00
20 Addison Carrigan	10	BRANT	2:15.00
21 Mila Karac	10	LAC	2:15.00
22 Alizee Stanish	9	MS	2:19.38
23 Emily Regan-Swift	10	LAC	2:19.78
24 Lily Van Dieten	10	HHAC	2:19.94
25 Gloria Zhang	10	LAC	2:20.00
26 Isabel Pigoulevski	9	STJJ	2:20.00
27 Caryss Love	9	GMAC	2:22.22
28 Allie Drescher	8	LAC	2:25.00
29 Maggie Ross	10	BLN	2:27.00
30 Jojo Qiang-Zhu	8	LAC	2:29.65
31 Camila Payne	8	LAC	2:30.00
32 Grace Zhang	10	LAC	2:30.00
33 Nicole Zhang	9	LAC	2:30.00
34 Cambelle Speedie	10	GMAC	2:30.22
35 Pippa Drescher	10	LAC	2:32.53
36 Tessa Gritke	9	MS	2:32.92
37 Margot Tate-Fugère	10	LAC	2:35.00
38 Cecily Dent	10	LAC	2:42.80
39 Audrey Caine	8	LAC	2:45.00
40 Layla Middleton	8	CYPS	2:46.78
41 Evelyn Forgetta	10	LAC	2:50.28
42 Maclyn Sales	10	LAC	2:51.12
43 Quinlyn Sales	10	LAC	3:04.00

Event 115 Boys 10 & Under 100 SC Meter Breaststroke

Meet: 1:26.92 11-1998 Chris Bento			
Name	Age	Team	Seed Time
1 Henry Sulowski	10	OAK	1:42.64
2 Owen Chisholm	10	OAK	1:44.25
3 Myles Cox	10	LAC	1:46.44
4 Nolan King	10	BLN	1:47.22
5 Colin Liu	9	KWST	1:49.31
6 Ryan Zhao	10	LAC	1:50.00
7 Gavin Howard	9	LAC	1:52.70
8 Ethan Gorrie	10	GMAC	1:53.62
9 Declan Walters	8	CYPS	1:56.77
10 Robert Zhou	10	LAC	2:01.94
11 Nathan Ki	9	OAK	2:02.02
12 Wesley Wong	10	OAK	2:02.67
13 Gabriel Stuckless	10	GMAC	2:05.00
14 Alexander Gilmore	9	GMAC	2:05.22
15 Shreyus Jain	10	MS	2:11.45
16 Abraham Allana	10	GMAC	2:11.85
17 Henry Kluz	10	HHAC	2:15.00
18 Harrison Nesbitt	9	RCAQ	2:15.99
19 Oisin Ryan	10	RCAQ	2:16.88
20 Adam Cooper	7	CYPS	2:20.00
21 Joshua Lee	9	CYPS	2:23.20
22 Lucas Wang	10	LAC	2:25.00
23 Evan Gehl	10	LAC	2:25.00
24 Daniel Yan	10	LAC	2:25.00
25 William Haase	9	LAC	2:25.34
26 Jack Strong	9	LAC	2:30.00

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 115 ... (Boys 10 & Under 100 SC Meter Breaststroke)**

Name	Age	Team	Seed Time
27 Michael Sitko	9	MS	2:30.00
28 Max Leigh	8	CYPS	2:30.21
29 Callan Corstorphine	9	RCAQ	2:40.99
30 Michael Malone	10	LAC	2:45.00
31 Wes Pociеча	8	LAC	2:45.00
32 Benjamin Harper	10	GMAC	2:45.22
33 Damian Suwala	10	LAC	3:02.93
34 Elliott Anstett	7	RCAQ	3:10.99
35 Harvey Terpstra	8	MS	3:20.00

Event 116 Girls 11-12 200 SC Meter Butterfly**11 Meet: 2:50.98 2010-11-27 Jenna Roman****12 Meet: 2:37.83 11-1995 Courtney Oke**

Name	Age	Team	Seed Time
1 Jaeden Wilson	12	OAK	3:08.98
2 Shirley Xia	12	OAK	3:10.00
3 Natalie Wighton	12	OAK	3:28.12
4 Teresa Sang	12	OAK	3:43.57
5 Blake Arens	11	BLEN	4:02.00

Event 117 Boys 11-12 200 SC Meter Butterfly**11 Meet: 2:41.98 11-1999 Brandon Connerty****12 Meet: 2:36.86 2006-11-25 Matthew Roman**

Name	Age	Team	Seed Time
1 Matthew Charlton	12	AOA	3:11.32
2 Alek Redhead	12	OAK	3:18.09
3 Harrison Huether	11	GMAC	3:30.00
4 Madden Troock	11	GMAC	3:35.00

Event 118 Girls 11-12 400 SC Meter Freestyle**11 Meet: 4:47.38 2002-11-23 Susan Long****12 Meet: 4:44.37 2012-11-25 Maggie MacNeil**

Name	Age	Team	Seed Time
1 Sophie Kamatovic	12	BROCK	5:15.28
2 Ava Tomlinson	12	BROCK	5:35.70
3 Maria Pinto	12	LAC	5:58.12
4 Aly Laing	11	GMAC	6:01.91
5 Kaitlyn Chen	12	LAC	6:03.89
6 Grace Cao	11	LAC	6:04.11
7 Taylor Dahiroc	11	LAC	6:22.00
8 Mira Kolodenco	11	OAK	6:26.65
9 Menglan Yong	12	LAC	6:28.24
10 Sophie Jaramillo	12	LAC	6:30.00
11 Maya Haase	12	LAC	6:34.63
12 Reese Richardson	11	BRANT	6:35.35
13 Shira Kadar	12	LAC	6:35.60
14 Lauren Valeriotе	11	GMAC	6:40.00
15 Lily Wang	12	GMAC	6:45.00
16 Kaitlyn Kennedy	12	GMAC	6:45.00
17 Miriam Boody	12	LAC	6:46.78
18 Mara Svensson	12	GMAC	6:49.15
19 Aarya Bharati	11	MS	6:50.00
20 Charlotte Hodges	12	MS	6:50.00
21 Anwen Zhao	12	LAC	6:51.29
22 Ciara O'Carroll	12	GMAC	6:55.26

23 Emma Podesta	11	LAC	6:58.92
24 Maelle Sprigg-Robinson	12	GMAC	7:00.00
25 Hana Shirakawa	12	LAC	7:02.00
26 Bridget Brown	11	OAK	7:05.00
27 Aleah Britton	11	OAK	7:05.00
28 Charlotte Welk	11	LAC	7:10.00
29 Avery Buskard	11	LAC	7:11.09
30 Nadia Gilmore	11	GMAC	7:14.10
31 Harper Jeffery	11	LAC	7:19.02
32 Angelina Marsella	11	GMAC	7:30.00
33 Claire McIntosh	11	GMAC	7:30.00
34 Molly Weingartner	11	GMAC	7:30.00
35 Grace Muirhead	11	LAC	7:54.38
36 Hannah Herd	11	GMAC	8:40.00

Event 119 Boys 11-12 400 SC Meter Freestyle**11 Meet: 4:45.66 2002-11-23 Jimmy Lee****12 Meet: 4:28.93 2017-11-26 Quinn Matteis**

Name	Age	Team	Seed Time
1 Manu Xia	12	OAK	4:40.24
2 Arthur Pinto	12	LAC	5:11.54
3 Luke Degiorgio	12	LAC	5:12.28
4 Patrick Malone	12	LAC	5:41.01
5 Liam Barnardo	12	LAC	5:45.00
6 Harrison Huether	11	GMAC	5:46.67
7 Emery Houston	12	GMAC	5:51.83
8 Matthew Charlton	12	AOA	5:55.02
9 Madden Troock	11	GMAC	6:07.76
10 Lowe Klonteig	11	BLEN	6:15.00
11 Chase Myers	11	BROCK	6:17.90
12 Joe Tsang	11	OAK	6:18.22
13 Kieran Barry-McLean	12	BRANT	6:26.79
14 Ben Bulgaretti	11	OAK	6:29.04
15 Mason MacInnis	12	BROCK	6:32.90
16 Nicolas DaPonte	11	LAC	6:37.38
17 Matthew Eddolls	11	GMAC	6:45.00
18 Owen Sforza	12	BROCK	6:47.90
19 Alexli Yin	11	GMAC	7:00.00
20 Hao Lin	11	OAK	7:05.00
21 Sebastian Campos Realk	11	LAC	7:06.37
22 Yousef Badreldin	11	OAK	7:08.00
23 Quinn Robinson	11	GMAC	7:10.00
24 Mykonos Cheng	11	OAK	7:10.09
25 Colin Stokley	11	LAC	7:15.00
26 Derek Wedlake	11	LAC	7:15.00
27 Henry Armstrong	12	HHAC	7:37.72
28 Callum D'Oliveira	11	GMAC	8:10.00
29 Brandon Paterson	11	LAC	8:22.63

Event 208 Women 15 & Over 200 SC Meter Freestyle Relay**Meet: 1:50.93 2015-11-22 London Aquatic Club****S Wang, E Pierre, J Roman, E Wong**

Team	Relay	Seed Time
1 OAK	A	1:52.39
1) Vanessa Xia 16	2) Megan Donnelly 16	
3) Jillian Coscarella 17	4) Brielle Strople 15	

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 208 ... (Women 15 & Over 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time
2 RCAQ	A	1:52.51
1) Tia Jankovics 17	2) Alice Parsons 16	
3) Lily Pierce 17	4) Andrea Mintis 16	
3 LAC	A	1:52.87
4 BRANT	A	1:53.00
5 OAK	B	1:55.62
1) Cordelia French 16	2) Grace Shemilt 17	
3) Daniela Gongora Gaytan 15	4) Ariel Nguyen 15	
6 OAK	C	1:57.72
1) Katie Cosgriffe_S10SB9SM1	2) Amelie Robichaud 15	
3) Cameron Coxson 15	4) Trinity Nusca 16	
7 BROCK	A	1:58.34
1) Raine West 15	2) Sophia St-Pierre 16	
3) Torrin Stefels 15	4) Katie Frech 16	
8 LAC	B	2:00.62
9 OAK	D	2:01.50
1) Aleesha Tejani 17	2) Sidney Patrick 16	
3) Jessica Taddeo 16	4) Emily Manktelow 15	
10 LAC	C	2:06.57
11 LAC	D	2:22.32

Event 209 Men 15 & Over 200 SC Meter Freestyle Relay**Meet: 1:40.32 2019-11-24 London Aquatic Club****C Shearer, J Haycock, C Buck, D Hickey**

Team	Relay	Seed Time
1 BRANT	A	1:40.00
2 LAC	A	1:41.33
3 OAK	A	1:41.97
1) Gavin You 15	2) Sunny Zhang 15	
3) Javier Reyes 17	4) Paolo De Lucia 17	
4 MS	A	1:42.08
1) Kyle Stuckless 17	2) Connor LaBranche 17	
3) Alex Lobo 19	4) Anthony Stuckless 16	
5 LAC	B	1:45.60
6 OAK	B	1:46.11
1) Oliver Thompson 15	2) Nadim Maamari 16	
3) Aaron Chu 15	4) Aidan Zhang 17	
7 BROCK	A	1:48.04
1) Josh Davis 18	2) Jared Banta 18	
3) Ronan Stark 16	4) Alejandrew Espiritu 17	
8 LAC	C	1:49.38
9 OAK	C	1:51.32
1) Nicolas Ghert-Rousseau 15	2) Zimu Chen 15	
3) Rhys Hanson 17	4) Tamim Fahmi 15	
10 LAC	D	1:53.93
11 OAK	D	1:56.79
1) JJ Samus 15	2) Elias Chapman 16	
3) Alexander Kuleczka 15	4) Youssef Refaat 15	
12 LAC	E	1:58.42
13 MS	B	2:31.91
1) Thomas Ignat 14	2) Jacob Quan 17	
3) Adam Palma 13	4) Theo Castle 14	

Event 210 Women 13-14 200 SC Meter Freestyle Relay**Meet: 1:53.33 2014-11-23 London Aquatic Club****M Langham, J Nalywaiko, L Blaha, M MacNeil**

Team	Relay	Seed Time
1 LAC	A	1:58.41
2 OAK	A	1:59.01
1) Maya Malhas 14	2) Margaux Pavelic 14	
3) Hailey Tahir 14	4) Anna Song 14	
3 RCAQ	A	2:01.93
1) Emily Mintis 14	2) Chloe Schlotzhauer 14	
3) Dani Guy 13	4) Sophia Anstett 14	
4 BRANT	A	2:02.00
5 OAK	B	2:03.74
1) Aryia Wang 14	2) Jocelyn Gallagher 13	
3) Bingyin Geng 13	4) Lauren Klems 14	
6 LAC	B	2:04.55
7 LAC	C	2:10.51
8 OAK	C	2:14.02
1) Lynn Mary Karam 13	2) Sara Guan 14	
3) Sofia Bertuello 14	4) Miranda Sun 14	
9 LAC	D	2:17.69
10 LAC	E	2:21.44
11 HHAC	A	2:23.21
12 LAC	F	2:27.73
13 STJJ	A	2:36.40
1) Claire Didham 13	2) Bryn Martin 13	
3) Kloe Sleightholm 13	4) Megan Landon 13	
14 LAC	G	2:58.77

Event 211 Men 13-14 200 SC Meter Freestyle Relay**Meet: 1:45.35 2017-11-26 Guelph Marlin Aq Club****C Campbell, A Gunn, W Beckstead-Holman, R Burton**

Team	Relay	Seed Time
1 OAK	A	1:48.87
1) Abdulrahman Yakoub 14	2) Ziad Abdelwahed 14	
3) Brayden Rajotte 14	4) Ahmed Elsayed 14	
2 OAK	B	1:54.70
1) Tristan Robichaud 13	2) Zayden Dindayal 14	
3) Akhil Singh 13	4) Andrew Zheng 14	
3 LAC	A	1:55.55
4 KWST	A	1:56.86
1) David Peng 14	2) Lambert Xu 13	
3) Ethan Zheng 13	4) Tianyi Sun 13	
5 BRANT	A	1:58.00
6 OAK	C	2:00.27
1) Ian Mohamed 14	2) Romeo Laberge 14	
3) Aidan Ki 14	4) Arthur Moreira 14	
7 LAC	B	2:00.99
8 RCAQ	A	2:05.45
1) Oliver Kalavriziotis 14	2) Patrick Coughlin 14	
3) Austin Vanderheyden 14	4) William Parsons 14	
9 LAC	C	2:05.98
10 OAK	D	2:08.36
1) Zaid Kulasic 13	2) Ethan Provost 14	
3) Sahil Singh 13	4) Ryan Li 14	
11 LAC	D	2:11.35
12 LAC	E	2:19.87

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 212 Girls 11-12 200 SC Meter Freestyle Relay****Meet: 2:01.10 2008-11-23 Oakville Aquatic Club****M Johnson; M Clark; M Carabetta; V Johansson**

Team	Relay	Seed Time
1 OAK	A	2:07.05
1) Emma SU 11	2) Catherine Ma 12	
3) Shirley Xia 12	4) Clara Tran 12	
2 BRANT	A	2:12.60
1) Clare Fries 12	2) Emma Fries 12	
3) Arielle Gruenwald 12	4) Isabella Zolli 12	
3 OAK	B	2:14.53
1) Fiona Ha 12	2) Jaeden Wilson 12	
3) Natalie Wighton 12	4) Teresa Sang 12	
4 LAC	A	2:15.93
5 GMAC	A	2:19.25
1) Aly Laing 11	2) Iris Peng 12	
3) Mara Svensson 12	4) Kaitlyn Kennedy 12	
6 LAC	B	2:21.92
7 RCAQ	A	2:22.20
1) Ava Anstett 12	2) April Aatsinki 11	
3) Morgan Ferguson 11	4) Yara Stuart 12	
8 GMAC	B	2:22.87
1) Ciara O'Carroll 12	2) Nadia Gilmore 11	
3) Ariana Lee 12	4) Lily Wang 12	
9 LAC	C	2:25.03
10 KWST	A	2:25.11
1) Nina Liu 11	2) Erika Fu 12	
3) Rachel Yu 11	4) Mandy Jiang 12	
11 BRANT	B	2:25.41
1) Elise Langmann 12	2) Emma Connolly 12	
3) Charlotte Gerster 12	4) Allison Dobrocky 12	
12 OAK	C	2:28.24
1) Aleah Britton 11	2) Sophia XU 11	
3) Mira Kolodenco 11	4) Sophia Ciannavei 12	
13 LAC	D	2:28.50
14 GMAC	C	2:31.06
1) Lauren Valeriote 11	2) Julia Plat 11	
3) Claire McIntosh 11	4) Molly Weingartner 11	
15 LAC	E	2:35.88
16 HHAC	A	2:37.57
1) Abygail Cameron 11	2) Isla Brock 12	
3) Harper Watson 12	4) Stella Black 12	
17 LAC	F	2:41.81
18 RCAQ	B	2:43.53
1) Lily Embro 11	2) Sophie Taylor 11	
3) Ainsley Ferguson 11	4) Scarlett Allen 11	
19 LAC	G	2:46.09
20 GMAC	D	2:47.60
1) Taryn Coulis 10	2) Cambelle Speedie 10	
3) Maelle Sprigg-Robinson 12	4) Kye Hynes 11	
21 MS	A	2:49.86
1) Charlotte Hodges 12	2) Danika Terpstra 11	
3) Aarya Bharati 11	4) Alizee Stanish 9	
22 LAC	H	2:55.32
23 GMAC	E	3:04.37
1) Hannah Herd 11	2) Angelina Marsella 11	
3) Caryss Love 9	4) Eugenia Balobanova 11	

24 HHAC	B	3:09.36
1) Evelyn Den Otter 12	2) Lily Van Dieten 10	
3) Sophie Lebold 11	4) Macie Reid 12	
25 LAC	I	3:15.00

Event 213 Boys 11-12 200 SC Meter Freestyle Relay**Meet: 1:55.84 2016-11-27 Oakville Aquatic Club****E Ma; T Clinton; C Shakespeare; J Li**

Team	Relay	Seed Time
1 LAC	A	2:04.30
2 OAK	A	2:04.66
1) Alan Tran 12	2) Hao Lin 11	
3) Max Lim 11	4) Paul Zakatsiolo 12	
3 KWST	A	2:08.32
1) John Yu 12	2) Ian Choi 12	
3) Jayden Zheng 11	4) Yisu Chen 12	
4 GMAC	A	2:15.44
1) Harrison Huether 11	2) Jack O'Neil 12	
3) Madden Troock 11	4) Emery Houston 12	
5 OAK	B	2:16.61
1) Liam Singfield 12	2) Rylan Ki 11	
3) Joe Tsang 11	4) Alek Redhead 12	
6 BRANT	A	2:17.74
1) Blade Richardson 12	2) Sebastian Pokorski 12	
3) Kieran Barry-McLean 12	4) Cedric Perras 12	
7 RCAQ	A	2:25.99
1) Bentley Lake 11	2) Emile Mundel-Lacelle 11	
3) Bronson Weber 11	4) Joshua Guy 11	
8 LAC	B	2:27.06
9 GMAC	B	2:34.65
1) Alexli Yin 11	2) Callum D'Oliveira 11	
3) Quinn Robinson 11	4) Matthew Eddolls 11	
10 LAC	C	2:36.07
11 LAC	D	2:44.87
12 LAC	E	2:51.61
13 LAC	F	3:03.55
14 LAC	G	3:14.75

Event 214 Girls 10 & Under 200 SC Meter Freestyle Relay**Meet: 2:17.16 11-2000 London Aquatic Club**

Team	Relay	Seed Time
1 OAK	A	2:21.42
1) Sarah Tran 10	2) Charlie Kozak 10	
3) Michaela Fuller 10	4) Isabelle Qu 10	
2 LAC	A	2:29.07
3 STJJ	A	2:31.62
1) Emma Parravano 10	2) Isabel Pigoulevski 9	
3) Bella Mates 8	4) Alyssa Lang 10	
4 LAC	B	2:50.26
5 BRANT	A	3:01.72
1) Mya Richardson 10	2) Edith Esposito 9	
3) Addison Carrigan 10	4) Alice DeLaplante 10	
6 LAC	C	3:04.27
7 LAC	D	3:13.65
8 LAC	E	4:00.10

31st LAC - Nothers Fall Invitational**November 24 - 26, 2023****Psych Sheet****Event 215 Boys 10 & Under 200 SC Meter Freestyle Relay****Meet: 2:19.54 2018-11-25 Oakville Aquatic Club****G You; B Todorov; M Fedorovskiy; A Wang**

	Team	Relay	Seed Time	
1	OAK	A	2:27.41	_____
	1) Wesley Wong 10	2) Owen Chisholm 10		
	3) James Lee 10	4) Henry Sulowski 10		
2	LAC	A	2:51.41	_____
3	GMAC	A	2:59.35	_____
	1) Ethan Gorrie 10	2) Abraham Allana 10		
	3) Alexander Gilmore 9	4) Benjamin Harper 10		
4	LAC	B	3:04.38	_____
5	RCAQ	A	3:13.65	_____
	1) Donnacha Ryan 10	2) Harrison Nesbitt 9		
	3) Callan Corstorphine 9	4) Oisin Ryan 10		
6	LAC	C	3:17.29	_____
7	MS	A	4:12.37	_____
	1) Shreyus Jain 10	2) Michael Sitko 9		
	3) Amari Sargent 10	4) Harvey Terpstra 8		