

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Morning Shallow End 130

Event 81 Men 15 & Over 100 SC Meter Freestyle				
15 Meet: 53.05 2015-11-22 William Stewart				
16&0 Meet: 50.82 2024-11-24 Ahmed El Tatawy				
Name	Age	Team	Seed Time	
1 Julian Twist	16	GMAC	53.12	_____
2 Noah Terejko	18	BRANT	53.14	_____
3 Alex Jian	16	CREST	53.63	_____
4 Dominic Lee	19	MS	53.85	_____
5 Tianyi Sun	15	LAC	54.29	_____
6 Mason Steedman	17	BRANT	54.43	_____
7 Matthew Marsella	18	GMAC	54.62	_____
8 Nathan Frolow	15	LAC	54.85	_____
9 Fynn O'Rourke	15	GMAC	55.70	_____
10 Matthew Skrzypek	17	BRANT	55.82	_____
11 Oliver Stack	15	BRANT	55.82	_____
12 Artem Kylymchuk	17	CREST	56.17	_____
13 Michael Gudz	15	LAC	56.70	_____
14 Roger Hayes	16	CREST	57.00	_____
15 Nathan Huether	16	GMAC	57.00	_____
16 Isaak Akman	15	CREST	57.42	_____
17 Cooper Schultz	15	CREST	57.68	_____
18 William Parsons	16	RCAQ	58.00	_____
19 Xander Ziemanis	15	LAC	58.08	_____
20 Darragh O'Carroll	17	GMAC	58.23	_____
21 David Maar	17	LAC	58.41	_____
22 Andrew Cescon	16	CREST	58.50	_____
23 Liam Bassin	15	BRANT	58.58	_____
24 Dustin Hobbs	16	BRANT	58.62	_____
25 Finn Campbell	16	ROW	58.87	_____
26 Charles Hood	16	GMAC	58.93	_____
27 Jacob Jansen	17	LAC	59.00	_____
28 Gabriel Barnardo	15	LAC	59.44	_____
29 Nolan Gerster	16	BRANT	59.64	_____
30 Jackson Cooke	16	LAC	59.85	_____
31 Cam Shi	17	ROW	1:00.41	_____
32 Takeo Mineque	16	CREST	1:00.90	_____
33 Zain Jiwa	15	GMAC	1:01.68	_____
34 Birkley Troock	16	GMAC	1:01.92	_____
35 Edward Lee	15	LAC	1:02.00	_____
36 Austin Vanderheyden	15	RCAQ	1:02.06	_____
37 Kobe Kingma	18	HHAC	1:02.24	_____
38 Sebastian Freiburger	16	ROW	1:02.64	_____
39 Jacob Fowler	16	BRANT	1:03.28	_____
40 Matthew Ibrahim	16	BROCK	1:03.59	_____
41 Derri Yang	15	LAC	1:04.06	_____
42 Owen Charlton	16	Torpedoes-ON	1:05.55	_____
43 Jaren Gao	15	BROCK	1:05.93	_____
44 Seungsu Kim	15	LAC	1:06.24	_____
45 Gray Klonteig	15	BLÉN	1:07.12	_____
46 Adam Dela Cruz	17	LAC	1:07.70	_____
47 Justin He	16	ROW	1:07.85	_____
48 Adam Palma	15	MS	1:09.51	_____
49 Drew Myltschenko	15	BRANT	1:12.81	_____
50 David Knibbe	15	STJJ	1:15.91	_____
51 Nathan Priddle	15	CW	1:17.10	_____
52 Mohamed Chaarani	17	GMAC	1:17.52	_____

53 Elwin Lin	15	KWST	1:28.24	_____
54 George Barnes	15	HHAC	1:30.00	_____
55 Linus Gatzén	20	LAC	1:57.00	_____
Event 82 Women 13-14 100 SC Meter Freestyle				
13 Meet: 59.90 2014-11-23 Kiera Brough				
14 Meet: 56.55 2014-11-23 Maggie MacNeil				
Name	Age	Team	Seed Time	
1 Ainsley Murdoch	14	BRANT	1:00.65	_____
2 Ava Anstett	14	RCAQ	1:04.25	_____
3 Grace Cao	13	LAC	1:04.52	_____
4 Izzy Zolli	14	BRANT	1:04.94	_____
5 Taylor Dahiroc	13	LAC	1:05.00	_____
6 Zoey Georgiou	14	CREST	1:05.42	_____
7 Hannah Tries	14	BROCK	1:05.70	_____
8 Jacobie Tranter	13	CREST	1:05.76	_____
9 Sophie Jaramillo	14	LAC	1:06.02	_____
10 Sophie Kamatovic	14	BROCK	1:06.28	_____
11 Miriam Boody	14	LAC	1:06.83	_____
12 Bella Laurenzano	14	BRANT	1:07.10	_____
13 Poppy Hopkins Bailey	14	CREST	1:07.31	_____
14 Mandy Jiang	14	KWST	1:07.56	_____
15 Maliya Patrick	14	CREST	1:07.65	_____
16 Kye Hynes	13	GMAC	1:07.76	_____
17 Maria Pinto	14	LAC	1:08.40	_____
18 Charlotte Lacombe	13	CREST	1:08.63	_____
19 Stella Pomeroy	14	BROCK	1:08.73	_____
20 Fiona Allison	14	BROCK	1:09.00	_____
21 Chloe Downes	14	BROCK	1:09.15	_____
22 Hana Shirakawa	14	LAC	1:09.44	_____
23 Jenah Stephens	13	STCC	1:09.65	_____
24 Nina Liu	13	KWST	1:09.65	_____
25 Isla Piche	13	CREST	1:10.03	_____
26 Charlotte Findlay	14	BRANT	1:10.49	_____
27 Isabelle Avdoulos	14	GMAC	1:10.67	_____
28 Carli Nichols	13	BROCK	1:10.80	_____
29 Erika Fu	14	KWST	1:10.80	_____
30 Berkeley Stewart	14	BRANT	1:10.83	_____
31 Arielle Gruenwald	14	BRANT	1:11.03	_____
32 Iris Peng	14	GMAC	1:11.68	_____
33 April Aatsinki	13	RCAQ	1:12.14	_____
34 Josephine Krell	13	CREST	1:12.69	_____
35 Brynne Webb-Nicholls	13	LAC	1:12.98	_____
36 Lucy Perugino	13	LAC	1:12.98	_____
37 Julia Plat	13	GMAC	1:13.29	_____
38 Logan Kesik	13	CW	1:13.61	_____
39 Grace Muirhead	13	LAC	1:14.13	_____
40 Julia St John	14	LAC	1:14.20	_____
41 Lexi Holland	13	CW	1:14.26	_____
42 Avery Buskard	13	LAC	1:14.84	_____
43 Kate Jocelyn-Bisson	13	BRANT	1:15.40	_____
44 Nuo Cheng	13	KWST	1:15.53	_____
45 Charlotte Welk	13	LAC	1:15.64	_____
46 Hannah Herd	13	GMAC	1:15.97	_____
47 Adelaide Cameron	14	GMAC	1:16.05	_____
48 Lily Carrigan	14	BRANT	1:16.83	_____
49 Blake Arens	13	BLÉN	1:17.05	_____

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Morning Shallow End 130

Event 82 ...(Women 13-14 100 SC Meter Freestyle)

Name	Age	Team	Seed Time
50 Elise Langmann	14	BRANT	1:17.10
51 Lauren Degiorgio	13	LAC	1:17.13
52 Angelina Marsella	13	GMAC	1:17.51
53 Emma Connolly	14	BRANT	1:17.57
54 Juliana Finlay	14	CREST	1:17.77
55 Hailey McIntosh	14	LAC	1:18.40
56 Eva MacKenzie	13	BRANT	1:18.57
57 Alexandra Kott	14	BRANT	1:18.61
58 Charlotte Beckerson	14	BRANT	1:19.00
59 Angelica Cardenas Aleg	13	ROW	1:19.57
60 Alexandra Maclellan	13	BRANT	1:19.84
61 Anvi Khare	13	LAC	1:20.00
62 Vinu Punchihewa	13	RCAQ	1:20.34
63 Eugenia Balobanova	13	GMAC	1:20.91
64 Taylor Vincent	13	BRANT	1:21.27
65 Ruby Nethery	14	STCC	1:21.45
66 River Morrison	13	BRANT	1:22.28
67 Ophelia Lin	13	KWST	1:23.09
68 Priya Chawla	13	BLN	1:23.14
69 Sunsanee Barill	13	MS	1:23.57
70 Charlotte Chapman	14	BRANT	1:24.30
71 Hannah Sianas	13	BRANT	1:24.95
72 Danika Terpstra	13	LAC	1:25.10
73 Malin De Brabandere	13	GMAC	1:25.98
74 Isabella Pasquini	13	BRANT	1:26.37
75 Madison Habza	13	BROCK	1:26.94
76 Ruby Szpirglas	13	ROW	1:27.59
77 Kate Norman	13	LAC	1:30.81
78 Jillian Hataway	13	HHAC	1:32.46
79 Madyson Bradbury	13	LAC	1:32.71
80 Kalista Beausoleil	13	CW	1:35.00
81 Lillian Krawecki	13	STJJ	1:35.09
82 Margaret Hammond	14	Speed Sharks-ON	1:37.00
83 Paranya Bohra	14	CW	1:40.78

Event 85 Men 15 & Over 200 SC Meter Backstroke

15 Meet: 2:05.20 2018-11-25 Carter Buck			
16&0 Meet: 2:01.45 2024-11-24 Jaques Harrison			
Name	Age	Team	Seed Time
1 Maty Posternak	16	CREST	2:02.79
2 Malachi Farrow	18	BLN	2:08.39
3 Aidan Lee	16	CREST	2:08.67
4 Julian Twist	16	GMAC	2:08.75
5 Mason Steedman	17	BRANT	2:10.21
6 Jake Redfern	17	CREST	2:14.95
7 Charles Hood	16	GMAC	2:15.50
8 Fynn O'Rourke	15	GMAC	2:15.84
9 Alex Jian	16	CREST	2:17.88
10 Matthew Pallant	15	LAC	2:18.87
11 Benjamin Vanderveen	15	LAC	2:21.41
12 Artem Kylymchuk	17	CREST	2:25.00
13 Austin Levy	15	LAC	2:26.58
14 Bradley Marlow	16	LAC	2:26.67
15 Thiiru Rajamaheshwar	15	LAC	2:26.81
16 Thomas Ignat	16	LAC	2:27.85

17 Zain Jiwa	15	GMAC	2:32.53
18 Ethan Zheng	15	KWST	2:32.86
19 Cohen D'Oliveira	15	GMAC	2:34.34
20 Takeo Mineque	16	CREST	2:34.93
21 Caelan Connelly	15	GMAC	2:36.50
22 Isaak Akman	15	CREST	2:37.50
23 Kaiden Lee	15	LAC	2:40.00
24 Matthew Ibrahim	16	BROCK	2:40.68
25 Lucas Van't Spyker	15	BRANT	2:46.07
26 Tom Morton	17	LAC	2:52.82
27 Griffin McKee	17	GMAC	3:16.96
28 Mohamed Chaarani	17	GMAC	3:25.00
29 George Barnes	15	HHAC	4:00.00

Event 86 Women 13-14 200 SC Meter Backstroke

13 Meet: 2:20.69 2014-11-23 Kiera Brough			
14 Meet: 2:16.64 2014-11-23 Rosie Zavaros			
Name	Age	Team	Seed Time
1 Miriam Boody	14	LAC	2:27.65
2 Maya Haase	14	LAC	2:29.15
3 Ava Anstett	14	RCAQ	2:34.60
4 Nadia Gilmore	13	GMAC	2:39.58
5 Chloe Downes	14	BROCK	2:45.33
6 Stella Pomeroy	14	BROCK	2:45.65
7 Carli Nichols	13	BROCK	2:47.33
8 Ciara O'Carroll	14	GMAC	2:48.28
9 Shira Kadar	14	LAC	2:48.95
10 Kye Hynes	13	GMAC	2:50.00
11 Nuo Cheng	13	KWST	2:50.80
12 Arielle Gruenwald	14	BRANT	2:52.34
13 Charlotte Lacombe	13	CREST	2:52.73
14 Anabel Sophianopoulos	14	CREST	2:55.88
15 Maliya Patrick	14	CREST	3:00.64
16 Adelaide Cameron	14	GMAC	3:02.61
17 Sophie Taylor	13	RCAQ	3:05.13
18 Lily Embro	13	RCAQ	3:05.58
19 Kaitlyn Kennedy	14	GMAC	3:05.69
20 Scarlett Allen	13	RCAQ	3:06.54
21 Julia Plat	13	GMAC	3:08.80
22 Eugenia Balobanova	13	GMAC	3:09.73
23 Ainsley Ferguson	13	RCAQ	3:12.01
24 Logan Kesik	13	CW	3:12.20
25 Isabelle Avdoulos	14	GMAC	3:15.00
26 Adelaide Whyte	13	BROCK	3:15.25
27 Angelica Cardenas Aleg	13	ROW	3:16.04
28 Charlotte Beckerson	14	BRANT	3:16.36
29 Victoria Nesbitt	13	RCAQ	3:17.10
30 Ally Kish	14	GMAC	3:17.39
31 Charlotte Findlay	14	BRANT	3:19.55
32 River Morrison	13	BRANT	3:20.70
33 Alexandra Maclellan	13	BRANT	3:22.31
34 Kate Jocelyn-Bisson	13	BRANT	3:23.54
35 Ruby Nethery	14	STCC	3:25.00
36 Aarya Bharati	13	LAC	3:26.37
37 Priya Chawla	13	BLN	3:27.03
38 Lily Carrigan	14	BRANT	3:28.96
39 Landyn Stevens	14	BRANT	3:29.75

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Morning Shallow End 130

Event 86 ... (Women 13-14 200 SC Meter Backstroke)

Name	Age	Team	Seed Time
40 Isabella Pasquini	13	BRANT	3:29.97
41 Madison Habza	13	BROCK	3:30.12
42 Lillian Krawecki	13	STJJ	3:38.02
43 Sunsanee Barill	13	MS	3:45.00
44 Malin De Brabandere	13	GMAC	3:45.00
45 Vinu Punchihewa	13	RCAQ	3:45.67
46 Kalista Beausoleil	13	CW	3:55.00
47 Jillian Hataway	13	HHAC	4:00.00
48 Hannah Sianas	13	BRANT	4:04.04

Event 89 Men 15 & Over 200 SC Meter Butterfly

15 Meet: 2:09.12 11-1995 Shawn Vanhoof			
16&O Meet: 2:04.27 2015-11-22 Brayden Salmon			
Name	Age	Team	Seed Time
1 Cooper Rush	17	CREST	2:04.92
2 Benjamin Cescon	16	CREST	2:07.44
3 Matthew Marsella	18	GMAC	2:13.52
4 Roger Hayes	16	CREST	2:13.53
5 Cooper Schultz	15	CREST	2:16.24
6 Jake Redfern	17	CREST	2:17.35
7 Jackson Cooke	16	LAC	2:18.24
8 Jacob Fowler	16	BRANT	2:19.37
9 Nathan Huether	16	GMAC	2:22.11
10 Liam Bassin	15	BRANT	2:22.81
11 Zichen Wang	16	BROCK	2:24.05
12 Maty Posternak	16	CREST	2:33.95
13 Maks Pokorski	17	BRANT	2:37.75
14 Michael Gudz	15	LAC	2:37.75
15 Andrew Cescon	16	CREST	2:37.89
16 Oliver Stack	15	BRANT	2:42.40
17 Oliver McKee	17	GMAC	2:45.13
18 Cam Shi	17	ROW	2:54.19
19 Aidan Lee	16	CREST	3:04.13
20 Birkley Troock	16	GMAC	3:16.55
21 Adam Palma	15	MS	3:40.00

Event 90 Women 13-14 200 SC Meter Butterfly

13 Meet: 2:27.53 2001-11-24 Ashley Marion			
14 Meet: 2:18.32 2014-11-23 Maggie MacNeil			
Name	Age	Team	Seed Time
1 Jacobie Tranter	13	CREST	2:34.76
2 Anabel Sophianopoulos	14	CREST	2:48.02
3 Fiona Allison	14	BROCK	2:49.58
4 Abygail Cameron	13	HHAC	3:01.11
5 Stella Black	14	HHAC	3:01.44
6 Nadia Gilmore	13	GMAC	3:02.66
7 Poppy Hopkins Bailey	14	CREST	3:05.35
8 Blake Arens	13	BLÉN	3:07.09
9 Josephine Krell	13	CREST	3:08.10
10 Zoey Georgiou	14	CREST	3:10.00
11 Isla Piche	13	CREST	3:11.00
12 Julia Plat	13	GMAC	3:18.47
13 Charlotte Lacombe	13	CREST	3:20.00
14 Angelina Marsella	13	GMAC	4:00.00
15 Victoria Nesbitt	13	RCAQ	4:01.01

Event 93 Men 15 & Over 100 SC Meter Breaststroke

15 Meet: 1:05.67 11-1997 John Hererdine			
16&O Meet: 1:02.56 2024-11-24 Noah Terejko			
Name	Age	Team	Seed Time
1 Noah Terejko	18	BRANT	1:00.59
2 Benjamin Cescon	16	CREST	1:02.60
3 Alex Jian	16	CREST	1:06.73
4 Maks Pokorski	17	BRANT	1:07.61
5 Maty Posternak	16	CREST	1:08.74
6 Malachi Farrow	18	BLÉN	1:08.82
7 David Maar	17	LAC	1:08.89
8 Julian Twist	16	GMAC	1:09.62
9 Matthew Skrzypek	17	BRANT	1:10.33
10 Mason Steedman	17	BRANT	1:10.40
11 Cooper Rush	17	CREST	1:10.86
12 Sebastian Freiburger	16	ROW	1:11.08
13 Kaiden Lee	15	LAC	1:12.47
14 Artem Kylymchuk	17	CREST	1:12.70
15 Tianyi Sun	15	LAC	1:12.72
16 William Parsons	16	RCAQ	1:12.93
17 Lucas Van't Spyker	15	BRANT	1:13.36
18 Fynn O'Rourke	15	GMAC	1:13.52
19 Griffin McKee	17	GMAC	1:14.85
20 Ethan Zheng	15	KWST	1:15.31
21 Darragh O'Carroll	17	GMAC	1:16.67
22 Adam Dela Cruz	17	LAC	1:16.76
23 Cooper Schultz	15	CREST	1:18.34
24 Isaak Akman	15	CREST	1:18.53
25 Takeo Mineque	16	CREST	1:18.63
26 Caelan Connelly	15	GMAC	1:18.86
27 Gray Klonteig	15	BLÉN	1:19.10
28 Roger Hayes	16	CREST	1:21.10
29 Jaren Gao	15	BROCK	1:21.58
30 Bradley Marlow	16	LAC	1:22.02
31 Austin Vanderheyden	15	RCAQ	1:22.28
32 Derri Yang	15	LAC	1:22.31
33 Matthew Pallant	15	LAC	1:24.66
34 Dustin Hobbs	16	BRANT	1:24.94
35 Gabriel Barnardo	15	LAC	1:24.97
36 Cam Shi	17	ROW	1:25.38
37 Thiiru Rajamaheshwara	15	LAC	1:26.83
38 Zain Jiwa	15	GMAC	1:27.52
39 Kobe Kingma	18	HHAC	1:31.09
40 Nolan Gerster	16	BRANT	1:31.80
41 David Knibbe	15	STJJ	1:32.95
42 Justin He	16	ROW	1:40.00
43 Steven Hao	15	GMAC	1:42.71
44 Nathan Priddle	15	CW	1:45.00
45 Drew Myltschenko	15	BRANT	1:47.09
46 Elwin Lin	15	KWST	1:51.10
47 George Barnes	15	HHAC	2:00.00

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Morning Shallow End 130

Event 94 Women 13-14 100 SC Meter Breaststroke

13 Meet: 1:15.70 2024-11-24 Ava Anstett			
14 Meet: 1:13.00 2012-11-25 Cassandra Drescher			
Name	Age	Team	Seed Time
1 Ava Anstett	14	RCAQ	1:12.24
2 Izzy Zolli	14	BRANT	1:22.68
3 Mandy Jiang	14	KWST	1:22.92
4 Maria Pinto	14	LAC	1:22.99
5 Ainsley Murdoch	14	BRANT	1:23.11
6 Hannah Tries	14	BROCK	1:24.15
7 Jacobie Tranter	13	CREST	1:24.86
8 Nadia Gilmore	13	GMAC	1:24.87
9 April Aatsinki	13	RCAQ	1:26.03
10 Taylor Dahiroc	13	LAC	1:26.74
11 Bella Laurenzano	14	BRANT	1:27.01
12 Julia St John	14	LAC	1:27.74
13 Lily Wang	14	GMAC	1:27.75
14 Sophie Kamatovic	14	BROCK	1:28.38
15 Nina Liu	13	KWST	1:28.53
16 Avery Buskard	13	LAC	1:30.21
17 Grace Muirhead	13	LAC	1:30.52
18 Grace Cao	13	LAC	1:32.14
19 Zoey Georgiou	14	CREST	1:32.93
20 Maliya Patrick	14	CREST	1:33.03
21 Hannah Herd	13	GMAC	1:33.29
22 Ainsley Ferguson	13	RCAQ	1:33.54
23 Charlotte Gerster	14	BRANT	1:33.63
24 Anabel Sophianopoulos	14	CREST	1:33.81
25 Lexi Holland	13	CW	1:35.11
26 Scarlett Allen	13	RCAQ	1:35.87
27 Lauren Degiorgio	13	LAC	1:36.26
28 Isabelle Avdoulos	14	GMAC	1:36.35
29 Berkeley Stewart	14	BRANT	1:36.61
30 Isla Piche	13	CREST	1:36.86
31 Angelina Marsella	13	GMAC	1:36.90
32 Aarya Bharati	13	LAC	1:38.02
33 Josephine Krell	13	CREST	1:38.12
34 Charlotte Welk	13	LAC	1:38.78
35 Hana Shirakawa	14	LAC	1:38.83
36 Morgan Ferguson	13	RCAQ	1:39.42
37 Eva MacKenzie	13	BRANT	1:40.65
38 Sunsanee Barill	13	MS	1:41.80
39 Danika Terpstra	13	LAC	1:42.46
40 Elise Langmann	14	BRANT	1:42.47
41 Kate Norman	13	LAC	1:42.52
42 Charlotte Beckerson	14	BRANT	1:42.57
43 Maelle Sprigg-Robinson	14	GMAC	1:42.58
44 Lucy Perugino	13	LAC	1:42.66
45 Brynne Webb-Nicholls	13	LAC	1:42.68
46 Sophie Taylor	13	RCAQ	1:42.81
47 Erika Fu	14	KWST	1:43.32
48 Victoria Nesbitt	13	RCAQ	1:45.50
49 Juliana Finlay	14	CREST	1:45.83
50 Taylor Vincent	13	BRANT	1:46.26
51 Poppy Hopkins Bailey	14	CREST	1:46.47
52 Madison Habza	13	BROCK	1:47.75

53 Ophelia Lin	13	KWST	1:48.10
54 Reese Richardson	13	BRANT	1:48.95
55 Ruby Szpirglas	13	ROW	1:48.98
56 Paranya Bohra	14	CW	1:49.29
57 Kalista Beausoleil	13	CW	1:50.00
58 Kate Jocelyn-Bisson	13	BRANT	1:50.24
59 Isabella Pasquini	13	BRANT	1:50.34
60 Madyson Bradbury	13	LAC	1:52.22
61 Anvi Khare	13	LAC	1:52.67
62 Lily Carrigan	14	BRANT	1:53.37
63 Charlotte Chapman	14	BRANT	1:54.07
64 Chloe Downes	14	BROCK	1:55.00
65 Landyn Stevens	14	BRANT	2:00.20
66 River Morrison	13	BRANT	2:02.94
67 Hannah Sianas	13	BRANT	2:03.37
68 Margaret Hammond	14	Speed Sharks-ON	2:04.31
69 Jillian Hataway	13	HHAC	2:05.00

Event 98 Women 13-14 400 SC Meter Freestyle

13 Meet: 4:33.85 2017-11-26 Circe Garrido Morales			
14 Meet: 4:36.34 2014-11-23 Madison Murray			
Name	Age	Team	Seed Time
1 Ainsley Murdoch	14	BRANT	4:59.35
2 Maya Haase	14	LAC	5:03.41
3 Grace Cao	13	LAC	5:03.98
4 Sophie Kamatovic	14	BROCK	5:09.18
5 Taylor Dahiroc	13	LAC	5:11.14
6 Bella Laurenzano	14	BRANT	5:12.84
7 Hannah Tries	14	BROCK	5:15.77
8 Stella Pomeroy	14	BROCK	5:17.04
9 Kye Hynes	13	GMAC	5:17.94
10 Miriam Boody	14	LAC	5:18.64
11 Brynne Webb-Nicholls	13	LAC	5:25.26
12 Izzy Zolli	14	BRANT	5:29.28
13 Ciara O'Carroll	14	GMAC	5:29.78
14 Reese Richardson	13	BRANT	5:32.19
15 Arielle Gruenwald	14	BRANT	5:33.63
16 Charlotte Gerster	14	BRANT	5:34.18
17 Sophie Jaramillo	14	LAC	5:34.63
18 Lucy Perugino	13	LAC	5:36.04
19 Charlotte Findlay	14	BRANT	5:36.35
20 Carli Nichols	13	BROCK	5:36.55
21 Maria Pinto	14	LAC	5:36.71
22 Charlotte Welk	13	LAC	5:37.57
23 Abygail Cameron	13	HHAC	5:39.29
24 Kaitlyn Kennedy	14	GMAC	5:43.86
25 Lily Wang	14	GMAC	5:44.23
26 Avery Buskard	13	LAC	5:45.29
27 Berkeley Stewart	14	BRANT	5:46.00
28 Hannah Herd	13	GMAC	5:47.50
29 Lily Embro	13	RCAQ	5:50.46
30 Lauren Degiorgio	13	LAC	5:50.50
31 Shira Kadar	14	LAC	5:51.47
32 Stella Black	14	HHAC	5:53.97
33 Juliana Finlay	14	CREST	5:56.25
34 Grace Muirhead	13	LAC	5:56.27
35 Hailey McIntosh	14	LAC	5:59.99

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Morning Shallow End 130

Event 98 ...(Women 13-14 400 SC Meter Freestyle)

Name	Age	Team	Seed Time
36 Adelaide Whyte	13	BROCK	6:00.24
37 Ally Kish	14	GMAC	6:04.28
38 Maelle Sprigg-Robinson	14	GMAC	6:08.49
39 Jenah Stephens	13	STCC	6:10.00
40 Iris Peng	14	GMAC	6:14.67
41 Lexi Holland	13	CW	6:15.02
42 Logan Kesik	13	CW	6:15.99
43 Sophie Taylor	13	RCAQ	6:17.10
44 Alexandra Kott	14	BRANT	6:17.76
45 Priya Chawla	13	BLEN	6:20.77
46 Emma Connolly	14	BRANT	6:23.22
47 Angelica Cardenas Aleg	13	ROW	6:24.03
48 Eugenia Balobanova	13	GMAC	6:25.86
49 Ruby Nethery	14	STCC	6:30.00
50 Morgan Ferguson	13	RCAQ	6:32.15
51 Alexandra Maclellan	13	BRANT	6:34.41
52 Adelaide Cameron	14	GMAC	6:37.59
53 Danika Terpstra	13	LAC	6:41.08
54 Taylor Vincent	13	BRANT	6:47.91
55 Eva MacKenzie	13	BRANT	6:49.62
56 Malin De Brabandere	13	GMAC	7:00.00
57 Ruby Szpirglas	13	ROW	7:07.19
58 Madyson Bradbury	13	LAC	7:20.00

28 Sebastian Freiburger	16	ROW	5:11.38
29 Benjamin Vanderveen	15	LAC	5:19.09
30 Owen Charlton	16	Torpedoes-ON	5:25.75
31 Caelan Connelly	15	GMAC	5:28.88
32 Jaren Gao	15	BROCK	5:30.00
33 Oliver McKee	17	GMAC	5:35.62
34 Seungsu Kim	15	LAC	5:44.12
35 Adam Palma	15	MS	5:45.00
36 Cohen D'Oliveira	15	GMAC	5:56.08
37 David Knibbe	15	STJJ	5:58.00
38 Justin He	16	ROW	5:58.24
39 Mohamed Chaarani	17	GMAC	6:10.00
40 Steven Hao	15	GMAC	6:18.29
41 Nathan Priddle	15	CW	6:30.00
42 Linus Gatzten	20	LAC	10:00.00

Event 97 Men 15 & Over 400 SC Meter Freestyle

15 Meet: 4:04.39 2024-11-24 Aidan Lee			
16&O Meet: 3:59.12 2024-11-24 Jaques Harrison			
Name	Age	Team	Seed Time
1 Aidan Lee	16	CREST	4:00.46
2 Benjamin Cescon	16	CREST	4:09.50
3 Matthew Marsella	18	GMAC	4:09.54
4 Cooper Rush	17	CREST	4:13.32
5 Andrew Cescon	16	CREST	4:17.14
6 Jake Redfern	17	CREST	4:17.64
7 Zichen Wang	16	BROCK	4:24.77
8 Jacob Fowler	16	BRANT	4:33.73
9 Nathan Huether	16	GMAC	4:34.67
10 Nathan Frolow	15	LAC	4:35.98
11 Darragh O'Carroll	17	GMAC	4:37.88
12 Oliver Stack	15	BRANT	4:39.48
13 Birkley Troock	16	GMAC	4:41.79
14 Liam Bassin	15	BRANT	4:42.55
15 Dustin Hobbs	16	BRANT	4:43.54
16 William Parsons	16	RCAQ	4:43.59
17 Lucas Van't Spyker	15	BRANT	4:44.35
18 Finn Campbell	16	ROW	4:48.99
19 Austin Levy	15	LAC	4:51.23
20 Charles Hood	16	GMAC	4:52.04
21 Griffin McKee	17	GMAC	4:53.48
22 Edward Lee	15	LAC	5:00.00
23 Jacob Jansen	17	LAC	5:00.08
24 Thomas Ignat	16	LAC	5:06.96
25 Tom Morton	17	LAC	5:10.00
26 Gabriel Barnardo	15	LAC	5:10.05
27 Xander Ziemanis	15	LAC	5:10.75