

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Afternoon Deep 12U

Event 212 Girls 11-12 200 SC Meter Freestyle Relay**Meet: 2:01.10 2008-11-23 Oakville Aquatic Club****M Johnson; M Clark; M Carabetta; V Johansson**

	Team	Relay	Seed Time	
1	LAC	A	2:06.05	_____
2	CREST	A	2:10.79	_____
	1) Hannah Lacombe 11	2) Veronica Gandolfi 12		
	3) Isabella Jung 12	4) Lejla Skula 11		
3	CW	A	2:12.04	_____
	1) Eylul Aden Akbas 12	2) Leah Bast 12		
	3) Mary Sullivan 12	4) Azra Onur 12		
4	LAC	B	2:12.76	_____
5	BRANT	A	2:13.95	_____
6	CREST	B	2:16.48	_____
	1) Charlotte Georgiou 11	2) Neomi Hehner 12		
	3) Rachel Miles 11	4) Vivian Zorko 12		
7	GMAC	A	2:17.25	_____
	1) Cambelle Speedie 12	2) Natalie Biffis 12		
	3) Eme Willis 12	4) Caryss Love 11		
8	LAC	C	2:18.52	_____
9	BROCK	A	2:23.89	_____
	1) Kennedy Jackson 11	2) Mackenzie Couturier 12		
	3) Samantha McPherson 11	4) Cristiana Darte 12		
10	LAC	D	2:23.99	_____
11	CW	B	2:28.24	_____
	1) Jasmine Wang 12	2) Zoe Landry 12		
	3) Evie Pugh 11	4) Audrey Schroeder 11		
12	ROW	A	2:28.90	_____
13	GMAC	B	2:29.22	_____
	1) Alice Hohenadel 11	2) Alexandra Sasha El-Nehma		
	3) Audrey Murray 12	4) Taryn Coulis 12		
14	CW	C	2:34.96	_____
	1) Elizabeth Westphal 12	2) Bridget Childs 12		
	3) Doxa Mundure 11	4) Taliya Majeed 11		
15	BROCK	B	2:35.30	_____
	1) Zabelle Bandali 12	2) Emma Wickens 11		
	3) Ruth Steele 11	4) Ella McGregor 12		
16	LAC	E	2:35.53	_____
17	BRANT	B	2:37.43	_____
18	GMAC	C	2:37.88	_____
	1) Madison Brown 12	2) Avery Coulis 11		
	3) Laura Herd 11	4) Lydia Kalloo 11		
19	LAC	F	2:49.22	_____
20	MS	A	2:53.49	_____
	1) Alizee Stanish 11	2) Sadie Francis 11		
	3) Nevaeh Bennewies 10	4) Beatrice Thompson 10		
21	HHAC	A	3:00.00	_____
	1) Noelle Dalton 11	2) Mya Rylaarsdam 12		
	3) Adriana Oud 11	4) Lily Van Dieten 12		
22	MS	B	4:34.77	_____
	1) Ashirya Dastidar 12	2) Amelia Moskal 9		
	3) Isla Reid 9	4) Margaret Thompson 8		

Event 213 Boys 11-12 200 SC Meter Freestyle Relay**Meet: 1:55.84 2016-11-27 Oakville Aquatic Club****E Ma; T Clinton; C Shakespeare; J Li**

	Team	Relay	Seed Time	
1	LAC	A	2:13.06	_____
2	BROCK	A	2:14.01	_____
	1) Max Leidwanger 12	2) Pheonix Lu 12		
	3) Benjamin Marull 11	4) Cooper Connelly 12		
3	GMAC	A	2:15.78	_____
	1) Benjamin Harper 12	2) Anthony Zhu 11		
	3) Ethan Gorrie 12	4) Alexander Gilmore 11		
4	BRANT	A	2:18.57	_____
5	LAC	B	2:20.30	_____
6	CREST	A	2:23.16	_____
	1) Rory Day 12	2) Henry Small 11		
	3) Ritvaan Patil 11	4) Owen Cescon 11		
7	LAC	C	2:23.41	_____
8	LAC	D	2:31.32	_____
9	ROW	A	2:31.46	_____
10	BROCK	B	2:34.25	_____
	1) Duncan McDermid 11	2) Charlie Jiang 12		
	3) Nolan Bazylewski 11	4) Milo Mikuska 11		
11	GMAC	B	2:37.18	_____
	1) Kai Robinson 11	2) Lennox Parada 12		
	3) Jake Townsend 12	4) Abraham Allana 12		
12	LAC	E	2:46.30	_____
13	MS	A	2:56.10	_____
	1) Amari Sargent 12	2) Advi Saptharishi 11		
	3) Finn Reid 11	4) Michael Sitko 11		
14	LAC	F	3:12.87	_____

Event 214 Girls 10 & Under 200 SC Meter Freestyle Relay**Meet: 2:17.16 11-2000 London Aquatic Club****LAC**

	Team	Relay	Seed Time	
1	BRANT	A	2:22.76	_____
2	CREST	A	2:30.12	_____
	1) Sarana Miles 9	2) Celine Malempati 10		
	3) Amelia Cescon 10	4) Marley Patrick 9		
3	LAC	A	2:30.78	_____
4	BROCK	A	2:36.95	_____
	1) Grace Fenwick 10	2) Johanna Woodhouse 10		
	3) Leila Antonia Pinili 9	4) Akari Saito 9		
5	GMAC	A	2:47.24	_____
	1) Emmelyn Coulis 10	2) Nila Kathiravan 10		
	3) Calla Eliason 10	4) Tessa Holgado Smith 10		
6	LAC	B	2:51.30	_____
7	ROW	A	2:53.05	_____
8	GMAC	B	2:57.20	_____
	1) Eve Iacocca 10	2) Madison Brace 10		
	3) Martina Mesan 10	4) Mira Snider 9		
9	RCAQ	A	2:58.54	_____
	1) Aubrey Armstrong 10	2) Aria Crawford 8		
	3) Autumn Hack 10	4) Claire Lee 8		
10	LAC	C	3:10.56	_____
11	ROW	B	3:14.06	_____

33rd LAC - Nothers Fall Invitational**November 21 - 23, 2025****Psych Sheet - Sunday Afternoon Deep 12U****Event 214 ...(Girls 10 & Under 200 SC Meter Freestyle Relay)**

Team	Relay	Seed Time
12 STJJ	A	3:17.23
1) Bella Mates 10	2) Gracie Lusk 10	
3) Emi Apfelbeck 9	4) Kylee Charette 10	
13 HHAC	A	3:20.00
1) Josie McClinchey 9	2) Emma Gahan 10	
3) Fiona McNamara 10	4) Lili Glen 10	
14 LAC	D	3:27.47
15 LAC	E	3:43.28
16 LAC	F	3:50.00

Event 215 Boys 10 & Under 200 SC Meter Freestyle Relay**Meet: 2:19.54 2018-11-25 Oakville Aquatic Club****G You; B Todorov; M Fedorovskiy; A Wang**

Team	Relay	Seed Time
1 KWST	A	2:23.78
1) Alex Yang 10	2) Justin Ding 9	
3) Ricky Fu 10	4) John Ozlu 8	
2 CW	A	2:29.46
1) Toby Yu 10	2) Elliott Holland 10	
3) Edgar Ardelean 10	4) Felix Bechtel 10	
3 LAC	A	2:30.86
4 GMAC	A	2:40.60
1) Hudson Arnold 10	2) Nyjah Gillespie-Byrne 10	
3) Blair Wood 9	4) Ariyan Momin 10	
5 ROW	A	2:41.19
6 LAC	B	2:53.07
7 LAC	C	3:10.73
8 CW	B	3:16.87
1) Misha Borzov 10	2) Jojo Kroetsch 9	
3) Johan Sangers 10	4) Luke Gillard 10	
9 LAC	D	3:20.72
10 LAC	E	3:30.00
11 MS	A	5:05.00
1) Jivin Tanej Alarmathi 10	2) Charlie Moskal 7	
3) Sebastian Thompson 6	4) George Moskal 5	

Event 100 Girls 11-12 200 SC Meter IM**11 Meet: 2:31.52 2002-11-23 Susan Long****12 Meet: 2:28.68 2012-11-25 Maggie MacNeil**

Name	Age	Team	Seed Time
1 Anna MacDonald	12	BRANT	2:36.35
2 Audrey Schroeder	11	CW	2:48.54
3 Leah Bast	12	CW	2:49.73
4 Lejla Skula	11	CREST	2:50.13
5 Eylul Aden Akbas	12	CW	2:50.70
6 Isabella Jung	12	CREST	2:51.52
7 Azra Onur	12	CW	2:52.94
8 Alexandra Sasha El-Neh	12	GMAC	2:55.09
9 Cambelle Speedie	12	GMAC	2:58.46
10 Hannah Lacombe	11	CREST	3:00.14
11 Veronica Gandolfi	12	CREST	3:01.18
12 Allison Scott	12	LAC	3:01.44
13 Vivian Zorko	12	CREST	3:03.19
14 Neomi Hehner	12	CREST	3:04.26
15 Lily Zammit	11	BRANT	3:10.22
16 Rachel Miles	11	CREST	3:11.64

17 Pyper Stewart	11	BRANT	3:18.28
18 Aubrey Hastings	12	BLN	3:20.16
19 Mary Sullivan	12	CW	3:22.59
20 Natalie Biffis	12	GMAC	3:24.14
21 Jasmine Wang	12	CW	3:24.72
22 Ruth Steele	11	BROCK	3:27.57
23 Evalina Efstathiou	12	ROW	3:28.40
24 Olive Cowell	11	BLN	3:28.94
25 Jeenahn Yaacoubi	12	CW	3:30.00
26 Dylan Potocska	12	BRANT	3:30.77
27 Ella McGregor	12	BROCK	3:30.93
28 Mackenzie Couturier	12	BROCK	3:33.17
29 Ella Brijpaul	11	CW	3:35.71
30 Cristiana Darte	12	BROCK	3:36.66
31 Eme Willis	12	GMAC	3:37.10
32 Ester Santos	12	BRANT	3:37.67
33 Addison Carrigan	12	BRANT	3:38.51
34 Samantha McPherson	11	BROCK	3:39.18
35 Alizee Stanish	11	MS	3:39.76
36 Evie Pugh	11	CW	3:40.12
37 Doxa Mundure	11	CW	3:42.18
38 Taliya Majeed	11	CW	3:45.95
39 Zoe Landry	12	CW	3:50.71
40 Samantha Brown	11	ROW	3:52.72
41 Grace Dill	11	BRANT	3:54.30
42 Nicole Zhang	11	LAC	3:55.38
43 Zabelle Bandali	12	BROCK	3:57.76
44 Anhad Boparai	12	BRANT	4:04.71
45 Khloe Chira	11	CW	4:04.78
46 Sadie Francis	11	MS	4:06.25
47 Avery Coulis	11	GMAC	4:10.00
48 Mae Grimwood	12	RCAQ	4:15.92
49 Lily Van Dierten	12	HHAC	4:29.27
50 Ellen Butler	11	MS	4:30.00
51 Audrey Murray	12	GMAC	4:30.00
52 Avery Hickey	11	ROW	4:30.00
53 Joey Stoddard	12	ROW	4:30.00
54 Eleanor Begue	12	BROCK	4:40.24
55 Mya Rylaarsdam	12	HHAC	5:00.00
56 Ashirya Dastidar	12	MS	5:30.00

Event 103 Boys 10 & Under 200 SC Meter IM**Meet: 2:48.45 2012-11-23 Bora Tlabar**

Name	Age	Team	Seed Time
1 Simon Marull	9	BROCK	3:25.91
2 Felix Bechtel	10	CW	3:33.61
3 Blair Wood	9	GMAC	3:36.75
4 Elliott Holland	10	CW	3:39.77
5 Edgar Ardelean	10	CW	3:40.39
6 Aubrey MacMillan	10	CREST	3:50.00
7 Misha Borzov	10	CW	3:53.08
8 Hudson Arnold	10	GMAC	4:00.00
9 Ariyan Momin	10	GMAC	4:10.00
10 Robbie Armstrong	10	Torpedoes-ON	4:15.00
11 Ellis McCutcheon	8	BRANT	4:15.77
12 Atlas Lin	9	ROW	4:30.00
13 Eric Steffler	10	ROW	4:30.00

33rd LAC - Nothers Fall Invitational

November 21 - 23, 2025

Psych Sheet - Sunday Afternoon Deep 12U

Event 103 ... (Boys 10 & Under 200 SC Meter IM)

Name	Age	Team	Seed Time
14 Omar Eltatawy	9	LAC	4:35.00
15 Elliott Anstett	9	RCAQ	4:37.47
16 Sawyer Beaulne	10	BRANT	4:45.00
17 Joowon Kim	10	LAC	4:45.00
18 Weston Lane	9	BROCK	5:12.00

Event 104 Girls 11-12 100 SC Meter Freestyle**11 Meet: 1:06.27 2018-11-25 Kaidance Matteis****12 Meet: 1:02.34 2002-11-23 Mel Schuurman**

Name	Age	Team	Seed Time
1 Kennedy Jackson	11	BROCK	1:06.24
2 Danning Sun	12	LAC	1:06.95
3 Caryss Love	11	GMAC	1:10.57
4 Genevieve Boody	12	LAC	1:12.49
5 Alyssa Lang	12	STJJ	1:12.74
6 Pyper Stewart	11	BRANT	1:13.51
7 Cambelle Speedie	12	GMAC	1:15.28
8 Quinlyn Sales	12	LAC	1:15.31
9 Allison Scott	12	LAC	1:15.41
10 Emma Jaramillo	12	LAC	1:15.55
11 Neomi Hehner	12	CREST	1:15.89
12 Harper Madgwick	12	BRANT	1:16.50
13 Emily Wedlake	12	LAC	1:16.93
14 Eme Willis	12	GMAC	1:16.95
15 Sarah Schoelier	12	LAC	1:17.31
16 Charlotte Georgiou	11	CREST	1:18.25
17 Natalie Biffis	12	GMAC	1:18.48
18 Taryn Coulis	12	GMAC	1:18.70
19 Ariana Kyriacou	12	ROW	1:19.62
20 Charlotte Zhang	12	LAC	1:19.67
21 Jasmine Wang	12	CW	1:19.92
22 Maclyn Sales	12	LAC	1:20.41
23 Mackenzie Couturier	12	BROCK	1:20.42
24 Lyla Moody	12	LAC	1:20.95
25 Gloria Zhang	12	LAC	1:20.99
26 Anika Shabani	11	LAC	1:20.99
27 Evalina Efstathiou	12	ROW	1:21.45
28 Aubrey Hastings	12	BLÉN	1:22.96
29 Sophie Mathison	11	LAC	1:22.96
30 Khloe Charette	12	STJJ	1:23.59
31 Olive Cowell	11	BLÉN	1:23.79
32 Elizabeth Westphal	12	CW	1:25.51
33 Madison Walker	12	STJJ	1:25.60
34 Evie Pugh	11	CW	1:25.84
35 Doxa Mundure	11	CW	1:26.05
36 Ella Brijpaul	11	CW	1:26.20
37 Taliya Majeed	11	CW	1:27.16
38 Hannah Cheung	11	LAC	1:27.58
39 Bridget Childs	12	CW	1:28.26
40 Kayleigh O'Rourke	11	GMAC	1:30.30
41 Anhad Boparai	12	BRANT	1:30.44
42 Pippa Drescher	12	LAC	1:30.46
43 Emma Wickens	11	BROCK	1:30.48
44 Ester Santos	12	BRANT	1:30.60
45 Norah McCoy	12	GMAC	1:30.75

46 Sue Pham	12	ROW	1:30.84
47 Avery Coulis	11	GMAC	1:31.13
48 Joey Stoddard	12	ROW	1:31.25
49 Laura Herd	11	GMAC	1:31.65
50 Tessa Gritke	11	LAC	1:32.31
51 Zoe Landry	12	CW	1:32.46
52 Adelaide Nicholson	12	LAC	1:32.84
53 Freya Golds	11	LAC	1:33.51
54 Lydia Kalloo	11	GMAC	1:34.21
55 Daniela Gurfinkel	11	CW	1:34.37
56 Margot Tate-Fugère	12	LAC	1:34.62
57 Nicole Zhang	11	LAC	1:34.66
58 Sydney Wojcik	12	LAC	1:34.75
59 Lauren Tornabuono	11	LAC	1:35.00
60 Maria Jaimes Gomez	11	LAC	1:35.82
61 Claire Di Stefano	11	Speed Sharks-ON	1:36.19
62 Khloe Chira	11	CW	1:38.01
63 Ellie VanderBurgh	12	GMAC	1:39.14
64 Lilah Heuchert	11	CW	1:39.25
65 Rowyn Swan	12	RCAQ	1:39.52
66 Evelina Dillon	11	LAC	1:40.04
67 Brigid Mooney	12	GMAC	1:41.56
68 Charlotte Dixon	11	CW	1:44.37
69 Eden D'Aguilar	11	GMAC	1:45.00
70 Isabel Pigoulevski	11	STJJ	1:45.81
71 Anna Norman	11	LAC	1:46.35
72 Richelle Graystone-Lyon	12	LAC	1:48.19
73 Mae Grimwood	12	RCAQ	1:48.65
74 Julia Norman	11	LAC	1:50.00
75 Paloma Amorim Battest	11	GMAC	1:50.50
76 Mya Rylaarsdam	12	HHAC	1:53.68
77 Jeenahn Yaacoubi	12	CW	1:53.91
78 Audrey Plastino	11	LAC	1:56.85
79 Omali Okete	11	LAC	2:00.00
80 Addison Strohle	11	CW	2:05.78
81 Ellen Butler	11	MS	2:09.30
82 Keira Zheng	11	LAC	2:10.00
83 Hrithika Menon	11	CW	2:32.37
84 Iris Eum	12	LAC	2:35.00
85 Ashirya Dastidar	12	MS	2:47.89

Event 107 Boys 10 & Under 100 SC Meter Freestyle**Meet: 1:08.93 2017-11-26 Vikas Chari**

Name	Age	Team	Seed Time
1 Hudson Arnold	10	GMAC	1:21.94
2 Jacob Jaramillo	10	LAC	1:22.20
3 Simon Marull	9	BROCK	1:23.52
4 Toby Yu	10	CW	1:24.92
5 Jack Allison	10	ROW	1:28.65
6 Sergio Boody	10	LAC	1:30.64
7 Edgar Ardelean	10	CW	1:31.05
8 Justin Ding	9	KWST	1:32.61
9 Felix Yin	9	ROW	1:32.96
10 Alex Yang	10	KWST	1:33.13
11 Sawyer Beaulne	10	BRANT	1:33.48
12 Aubrey MacMillan	10	CREST	1:33.94
13 Misha Borzov	10	CW	1:33.97

33rd LAC - Nothers Fall Invitational

November 21 - 23, 2025

Psych Sheet - Sunday Afternoon Deep 12U

Event 107 ... (Boys 10 & Under 100 SC Meter Freestyle)

Name	Age	Team	Seed Time
14 Alex Van Straten	10	STJJ	1:34.07
15 Hayden Wojcik	10	LAC	1:35.46
16 Ricky Fu	10	KWST	1:36.43
17 Olivier Dysko	9	LAC	1:37.96
18 Geronimo Mineque	10	CREST	1:38.55
19 Thiago Flores	10	GMAC	1:38.68
20 Jiawei Wang	9	KWST	1:39.12
21 Daniel Peng	9	KWST	1:39.63
22 Ellis McCutcheon	8	BRANT	1:39.75
23 Robbie Armstrong	10	Torpedoes-ON	1:39.91
24 Weston Lane	9	BROCK	1:41.85
25 Wes Pociеча	10	LAC	1:42.39
26 Remy Soudant	10	HHAC	1:42.67
27 Coen Charron	10	STJJ	1:45.00
28 Devin Hong	10	KWST	1:45.17
29 Nyjah Gillespie-Byrne	10	GMAC	1:47.04
30 Adam Suska	10	ROW	1:48.51
31 Tanush Bishnoi	10	LAC	1:50.49
32 Nolan Chrissley	10	LAC	1:51.79
33 Luke Gillard	10	CW	1:52.37
34 Jedidiah Kennedy	9	LAC	1:52.74
35 Omar Eltatawy	9	LAC	1:53.19
36 Jojo Kroetsch	9	CW	1:54.37
37 Owen Turner	8	LAC	1:54.86
38 River Wedlake	10	LAC	1:55.42
39 Elliot Cescon	8	CREST	1:55.76
40 Gregory Shcherbakov	10	LAC	1:57.75
41 Joowon Kim	10	LAC	2:00.00
42 Sebastiano D'Antonio	9	GMAC	2:00.88
43 Avery Vashist	9	LAC	2:01.76
44 Jivin Tanej Alarmathi	10	MS	2:08.00
45 Enoch Chan	10	LAC	2:10.00
46 Johan Sangers	10	CW	2:10.37
47 Elvis Cheung	8	LAC	2:11.64
48 Jackson Press	8	LAC	2:15.00
49 Nathan Chen	9	LAC	2:15.00
50 Grant Blain	8	LAC	2:26.79
51 Leland Ewing	10	RCAQ	2:27.32
52 James Stoddard	10	ROW	2:30.00
53 Devin Li	9	RCAQ	2:31.96
54 Charlie Moskal	7	MS	2:40.00
55 Sebastian Thompson	6	MS	3:40.00
56 George Moskal	5	MS	4:11.00

Event 108 Girls 11-12 200 SC Meter Backstroke

11 Meet: 2:36.64 11-1997 Gillian Coles

12 Meet: 2:26.73 2012-11-25 Maggie MacNeil

Name	Age	Team	Seed Time
1 Kennedy Jackson	11	BROCK	2:41.24
2 Lejla Skula	11	CREST	2:43.42
3 Alexandra Sasha El-Neh	12	GMAC	2:47.11
4 Veronica Gandolfi	12	CREST	2:48.95
5 Allison Scott	12	LAC	2:52.41
6 Cambelle Speedie	12	GMAC	2:55.79
7 Pyper Stewart	11	BRANT	2:56.29

8 Caryss Love	11	GMAC	2:58.15
9 Audrey Schroeder	11	CW	2:59.71
10 Taryn Coulis	12	GMAC	3:01.67
11 Eylul Aden Akbas	12	CW	3:03.12
12 Harper Madgwick	12	BRANT	3:10.54
13 Ayanna Gaba	12	ROW	3:12.68
14 Alyssa Lang	12	STJJ	3:15.65
15 Eme Willis	12	GMAC	3:15.91
16 Charlotte Georgiou	11	CREST	3:16.77
17 Leah Bast	12	CW	3:18.91
18 Madison Brown	12	GMAC	3:19.51
19 Vivian Zorko	12	CREST	3:19.76
20 Norah McCoy	12	GMAC	3:20.00
21 Evalina Efstathiou	12	ROW	3:20.80
22 Mary Sullivan	12	CW	3:24.22
23 Bridget Childs	12	CW	3:29.03
24 Alice Hohenadel	11	GMAC	3:30.00
25 Zabelle Bandali	12	BROCK	3:30.39
26 Addison Carrigan	12	BRANT	3:32.69
27 Khloe Charette	12	STJJ	3:33.74
28 Dylan Potocska	12	BRANT	3:37.62
29 Grace Dill	11	BRANT	3:40.85
30 Anhad Boparai	12	BRANT	3:41.63
31 Ruth Steele	11	BROCK	3:41.66
32 Samantha McPherson	11	BROCK	3:45.27
33 Elizabeth Westphal	12	CW	3:46.67
34 Alizee Stanish	11	MS	3:52.07
35 Lydia Kalloo	11	GMAC	3:53.16
36 Sadie Francis	11	MS	3:57.86
37 Kayleigh O'Rourke	11	GMAC	4:00.00
38 Paloma Amorim Battest	11	GMAC	4:05.00
39 Eleanor Begue	12	BROCK	4:09.00
40 Rowyn Swan	12	RCAQ	4:12.87
41 Lily Van Dieten	12	HHAC	4:23.20
42 Avery Hickey	11	ROW	4:30.00
43 Ashirya Dastidar	12	MS	5:30.00

Event 111 Boys 10 & Under 200 SC Meter Backstroke

Meet: 2:45.17 2008-11-22 Matthew Mac

Name	Age	Team	Seed Time
1 Felix Bechtel	10	CW	3:12.34
2 Elliott Holland	10	CW	3:14.23
3 Hudson Arnold	10	GMAC	3:15.00
4 Toby Yu	10	CW	3:26.72
5 Olivier Dysko	9	LAC	3:29.72
6 Blair Wood	9	GMAC	3:37.80
7 Wes Pociеча	10	LAC	3:55.20
8 Gregory Shcherbakov	10	LAC	4:02.23
9 Grant Blain	8	LAC	4:08.49
10 Ariyan Momin	10	GMAC	4:15.00
11 Owen Turner	8	LAC	4:20.46
12 Ellis McCutcheon	8	BRANT	4:21.58
13 Sebastiano D'Antonio	9	GMAC	4:30.00
14 Lukas Happe	10	ROW	4:30.00
15 Elvis Cheung	8	LAC	4:30.00
16 Jedidiah Kennedy	9	LAC	4:30.00
17 Joowon Kim	10	LAC	4:35.00

33rd LAC - Nothers Fall Invitational**November 21 - 23, 2025****Psych Sheet - Sunday Afternoon Deep 12U****Event 111 ...(Boys 10 & Under 200 SC Meter Backstroke)**

	Name	Age	Team	Seed Time
18	Elliott Anstett	9	RCAQ	4:36.17
19	Tanush Bishnoi	10	LAC	4:40.00
20	River Wedlake	10	LAC	4:50.00
21	Avery Vashist	9	LAC	4:55.00
22	Enoch Chan	10	LAC	5:00.00
23	Nathan Chen	9	LAC	5:15.00

Event 112 Girls 11-12 100 SC Meter Breaststroke**11 Meet: 1:24.50 2013-11-24 Bridget Manzella****12 Meet: 1:18.26 2002-11-23 Riley Truswell**

	Name	Age	Team	Seed Time
1	Anna MacDonald	12	BRANT	1:21.42
2	Genevieve Boody	12	LAC	1:26.96
3	Azra Onur	12	CW	1:27.18
4	Danning Sun	12	LAC	1:27.48
5	Lily Zammit	11	BRANT	1:27.72
6	Isabella Jung	12	CREST	1:28.58
7	Emma Jaramillo	12	LAC	1:30.69
8	Emily Wedlake	12	LAC	1:33.60
9	Taryn Coulis	12	GMAC	1:38.40
10	Sophie Mathison	11	LAC	1:38.40
11	Hannah Cheung	11	LAC	1:38.57
12	Aubrey Hastings	12	BLÉN	1:39.18
13	Pippa Drescher	12	LAC	1:39.42
14	Rachel Miles	11	CREST	1:40.75
15	Maclyn Sales	12	LAC	1:41.01
16	Ella McGregor	12	BROCK	1:41.47
17	Gloria Zhang	12	LAC	1:41.80
18	Addison Carrigan	12	BRANT	1:42.15
19	Jasmine Wang	12	CW	1:42.21
20	Quinlyn Sales	12	LAC	1:42.28
21	Mary Sullivan	12	CW	1:42.72
22	Charlotte Zhang	12	LAC	1:43.69
23	Margot Tate-Fugère	12	LAC	1:43.97
24	Alyssa Lang	12	STJJ	1:44.12
25	Anika Shabani	11	LAC	1:44.60
26	Lyla Moody	12	LAC	1:44.63
27	Madison Walker	12	STJJ	1:44.92
28	Cristiana Darte	12	BROCK	1:45.00
29	Sarah Schoelner	12	LAC	1:45.93
30	Hannah Lacombe	11	CREST	1:46.07
31	Lauren Tornabuono	11	LAC	1:46.22
32	Taliya Majeed	11	CW	1:46.35
33	Olive Cowell	11	BLÉN	1:46.98
34	Isabel Pigoulevski	11	STJJ	1:48.86
35	Claire Di Stefano	11	Speed Sharks-ON	1:49.19
36	Elizabeth Westphal	12	CW	1:50.06
37	Evie Pugh	11	CW	1:50.62
38	Bridget Childs	12	CW	1:51.06
39	Natalie Biffis	12	GMAC	1:51.66
40	Richelle Graystone-Lyon	12	LAC	1:52.38
41	Alice Hohenadel	11	GMAC	1:52.54
42	Audrey Plastino	11	LAC	1:52.73
43	Jeenahn Yaacoubi	12	CW	1:53.32
44	Tessa Gritke	11	LAC	1:54.35

45	Alizee Stanish	11	MS	1:54.66
46	Norah McCoy	12	GMAC	1:55.16
47	Evelina Dillon	11	LAC	1:57.00
48	Ella Brijpaul	11	CW	1:57.03
49	Doxa Mundure	11	CW	1:57.32
50	Lily Van Dierten	12	HHAC	1:57.89
51	Ayanna Gaba	12	ROW	1:58.94
52	Brigid Mooney	12	GMAC	1:59.00
53	Khloe Chira	11	CW	1:59.04
54	Samantha Brown	11	ROW	1:59.98
55	Paloma Amorim Battest	11	GMAC	2:00.12
56	Daniela Gurfinkel	11	CW	2:00.73
57	Joey Stoddard	12	ROW	2:01.29
58	Avery Coulis	11	GMAC	2:02.09
59	Freya Golds	11	LAC	2:02.62
60	Lilah Heuchert	11	CW	2:04.37
61	Sadie Francis	11	MS	2:04.63
62	Laura Herd	11	GMAC	2:05.73
63	Eden D'Aguilar	11	GMAC	2:06.06
64	Audrey Murray	12	GMAC	2:06.89
65	Adelaide Nicholson	12	LAC	2:07.47
66	Sydney Wojcik	12	LAC	2:08.27
67	Kayleigh O'Rourke	11	GMAC	2:08.62
68	Madison Brown	12	GMAC	2:08.66
69	Zoe Landry	12	CW	2:09.12
70	Lydia Kalloo	11	GMAC	2:09.72
71	Rowyn Swan	12	RCAQ	2:10.12
72	Eleanor Begue	12	BROCK	2:12.35
73	Keira Zheng	11	LAC	2:20.00
74	Emma Wickens	11	BROCK	2:22.26
75	Ellie VanderBurgh	12	GMAC	2:24.41
76	Addison Strohle	11	CW	2:26.37
77	Sue Pham	12	ROW	2:30.00
78	Mya Rylaarsdam	12	HHAC	2:30.00
79	Maria Jaimes Gomez	11	LAC	2:30.05
80	Charlotte Dixon	11	CW	2:30.37
81	Ellen Butler	11	MS	2:31.11
82	Hrithika Menon	11	CW	2:44.37
83	Iris Eum	12	LAC	2:50.00
84	Mae Grimwood	12	RCAQ	2:50.87

Event 115 Boys 10 & Under 100 SC Meter Breaststroke**Meet: 1:26.92 11-1998 Chris Bento**

	Name	Age	Team	Seed Time
1	Jacob Jaramillo	10	LAC	1:42.41
2	Atlas Lin	9	ROW	1:43.94
3	Jack Allison	10	ROW	1:46.20
4	Edgar Ardelean	10	CW	1:47.31
5	Sergio Boody	10	LAC	1:50.12
6	Felix Bechtel	10	CW	1:52.21
7	Blair Wood	9	GMAC	1:52.70
8	Nolan Chrissley	10	LAC	1:52.96
9	Simon Marull	9	BROCK	1:54.95
10	Lukas Happe	10	ROW	1:57.91
11	Geronimo Mineque	10	CREST	1:58.45
12	Misha Borzov	10	CW	1:58.65
13	Justin Ding	9	KWST	1:59.11

33rd LAC - Nothers Fall Invitational
November 21 - 23, 2025
Psych Sheet - Sunday Afternoon Deep 12U

Event 115 ...(Boys 10 & Under 100 SC Meter Breaststroke)

Name	Age	Team	Seed Time
14 Gregory Shcherbakov	10	LAC	2:00.43
15 Daniel Peng	9	KWST	2:02.06
16 John Ozlu	8	KWST	2:02.76
17 Devin Hong	10	KWST	2:04.10
18 Elliott Holland	10	CW	2:05.00
19 Nyjah Gillespie-Byrne	10	GMAC	2:05.00
20 Felix Yin	9	ROW	2:05.00
21 Jojo Kroetsch	9	CW	2:10.37
22 Grant Blain	8	LAC	2:10.47
23 Sawyer Beaulne	10	BRANT	2:11.19
24 Elliott Anstett	9	RCAQ	2:11.86
25 Omar Eltatawy	9	LAC	2:13.55
26 Eric Steffler	10	ROW	2:14.07
27 Remy Soudant	10	HHAC	2:15.00
28 Olivier Dysko	9	LAC	2:15.00
29 Weston Lane	9	BROCK	2:18.00
30 Alex Van Straten	10	STJJ	2:18.33
31 Adam Suska	10	ROW	2:18.85
32 Jedidiah Kennedy	9	LAC	2:19.99
33 Elvis Cheung	8	LAC	2:20.91
34 Owen Turner	8	LAC	2:24.55
35 Devin Li	9	RCAQ	2:25.89
36 Elliot Cescon	8	CREST	2:30.00
37 Ariyan Momin	10	GMAC	2:30.00
38 James Stoddard	10	ROW	2:30.00
39 Johan Sangers	10	CW	2:32.37
40 Luke Gillard	10	CW	2:32.37
41 Hayden Wojcik	10	LAC	2:36.59
42 Jivin Tanej Alarmathi	10	MS	2:40.00
43 Enoch Chan	10	LAC	2:40.00
44 Nathan Chen	9	LAC	2:45.00
45 Avery Vashist	9	LAC	2:45.39
46 River Wedlake	10	LAC	2:45.61
47 Jackson Press	8	LAC	2:55.00
48 Charlie Moskal	7	MS	3:30.00

Event 116 Girls 11-12 200 SC Meter Butterfly

11 Meet: 2:50.98 2010-11-27 Jenna Roman			
12 Meet: 2:37.83 11-1995 Courtney Oke			
Name	Age	Team	Seed Time
1 Neomi Hehner	12	CREST	3:15.00
2 Lejla Skula	11	CREST	3:15.00
3 Ariana Kyriacou	12	ROW	3:16.87
4 Vivian Zorko	12	CREST	3:20.00
5 Alexandra Sasha El-Neh	12	GMAC	3:30.00
6 Hannah Lacombe	11	CREST	3:40.00

Event 119 Boys 10 & Under 100 SC Meter IM

10&U Meet: 1:42.60 2024-11-24 Duncan McDermid			
Name	Age	Team	Seed Time
1 Jacob Jaramillo	10	LAC	1:28.79
2 Sergio Boody	10	LAC	1:30.54
3 Toby Yu	10	CW	1:37.85
4 Geronimo Mineque	10	CREST	1:44.45
5 Aubrey MacMillan	10	CREST	1:45.00

6 John Ozlu	8	KWST	1:48.98
7 Nyjah Gillespie-Byrne	10	GMAC	1:53.52
8 Daniel Peng	9	KWST	1:53.53
9 Alex Van Straten	10	STJJ	1:54.00
10 Coen Charron	10	STJJ	1:58.00
11 Alex Yang	10	KWST	1:59.07
12 Nolan Chrissley	10	LAC	1:59.45
13 Elliot Cescon	8	CREST	2:00.00
14 Jiawei Wang	9	KWST	2:02.10
15 Tanush Bishnoi	10	LAC	2:02.94
16 Remy Soudant	10	HHAC	2:05.93
17 Wes Pociecha	10	LAC	2:16.33
18 Jivin Tanej Alarmathi	10	MS	2:20.00
19 Hayden Wojcik	10	LAC	2:20.33
20 Devin Li	9	RCAQ	2:20.92
21 Charlie Moskal	7	MS	3:20.00
22 Leland Ewing	10	RCAQ	3:26.92

Event 120 Girls 11-12 400 SC Meter Freestyle

11 Meet: 4:47.38 2002-11-23 Susan Long			
12 Meet: 4:44.37 2012-11-25 Maggie MacNeil			
Name	Age	Team	Seed Time
1 Kennedy Jackson	11	BROCK	4:53.16
2 Anna MacDonald	12	BRANT	5:04.54
3 Caryss Love	11	GMAC	5:17.72
4 Eylul Aden Akbas	12	CW	5:25.73
5 Danning Sun	12	LAC	5:26.22
6 Leah Bast	12	CW	5:29.15
7 Isabella Jung	12	CREST	5:29.66
8 Genevieve Boody	12	LAC	5:32.63
9 Azra Onur	12	CW	5:38.85
10 Veronica Gandolfi	12	CREST	5:40.26
11 Emma Jaramillo	12	LAC	5:40.92
12 Rachel Miles	11	CREST	5:44.77
13 Audrey Schroeder	11	CW	5:55.39
14 Emily Wedlake	12	LAC	6:07.07
15 Lily Zammit	11	BRANT	6:07.83
16 Quinlyn Sales	12	LAC	6:09.92
17 Ariana Kyriacou	12	ROW	6:15.29
18 Ester Santos	12	BRANT	6:18.91
19 Samantha McPherson	11	BROCK	6:19.42
20 Mackenzie Couturier	12	BROCK	6:21.66
21 Maclyn Sales	12	LAC	6:23.96
22 Ruth Steele	11	BROCK	6:24.66
23 Cristiana Darte	12	BROCK	6:29.66
24 Alice Hohenadel	11	GMAC	6:30.00
25 Gloria Zhang	12	LAC	6:30.00
26 Lyla Moody	12	LAC	6:30.00
27 Anika Shabani	11	LAC	6:30.00
28 Charlotte Georgiou	11	CREST	6:35.00
29 Audrey Murray	12	GMAC	6:38.26
30 Harper Madgwick	12	BRANT	6:39.78
31 Ayanna Gaba	12	ROW	6:45.07
32 Sarah Schoelier	12	LAC	6:45.75
33 Samantha Brown	11	ROW	6:46.71
34 Sophie Mathison	11	LAC	6:48.16
35 Ella McGregor	12	BROCK	6:49.64

33rd LAC - Nothers Fall Invitational**November 21 - 23, 2025****Psych Sheet - Sunday Afternoon Deep 12U****Event 120 ...(Girls 11-12 400 SC Meter Freestyle)**

	Name	Age	Team	Seed Time	
36	Zabelle Bandali	12	BROCK	6:51.67	_____
37	Charlotte Zhang	12	LAC	6:54.87	_____
38	Dylan Potocska	12	BRANT	6:56.25	_____
39	Pippa Drescher	12	LAC	6:58.02	_____
40	Grace Dill	11	BRANT	7:00.00	_____
41	Margot Tate-Fugère	12	LAC	7:00.00	_____
42	Tessa Gritke	11	LAC	7:00.00	_____
43	Khloe Charette	12	STJJ	7:05.00	_____
44	Madison Brown	12	GMAC	7:08.36	_____
45	Adelaide Nicholson	12	LAC	7:26.81	_____
46	Freya Golds	11	LAC	7:30.00	_____
47	Sydney Wojcik	12	LAC	7:30.00	_____
48	Evelina Dillon	11	LAC	7:30.00	_____
49	Lauren Tornabuono	11	LAC	7:30.00	_____
50	Hannah Cheung	11	LAC	7:31.80	_____
51	Eden D'Aguilar	11	GMAC	7:43.00	_____
52	Laura Herd	11	GMAC	7:43.50	_____
53	Nicole Zhang	11	LAC	7:45.41	_____
54	Maria Jaimes Gomez	11	LAC	7:50.00	_____
55	Brigid Mooney	12	GMAC	8:00.00	_____
56	Audrey Plastino	11	LAC	8:00.00	_____
57	Ellie VanderBurgh	12	GMAC	8:14.13	_____