



## **Grilled Chicken Breast Strips**

These are sure to become your new "go-to", from easy skillet meals, pasta's, taconights. Simple and delicious. Included a Siracha Sauce if you want to kick it up! Product Code: **77152** Price: **\$58.00** 

#### Packaged: 4 x 750 gr packages

Chicken Breast, Water, Flavor (Soy, Protein Isolate, Modified Corn Starch), Canola Oil, Flavor, Salt, Sodium Phosphate, Glucose Solids, Carrageenan, Potassium Chloride, Onion Powder, Yeast Extract, Spices.

## **AA Ribeye Steak**

A rick boneless steak which is tender, juicy and full of flavor, with generous marbling throughout! Product Code: 12272 Price: \$100.00

Packaged: 8 steaks x 12oz





# **Breaded Wild Pacific Cod Fillet**

Sustainably sources wild Pacific Cod Fillet in our classic chicken finger breading makes for an easy and delicious fish & chip night. Or have some fun with crispy fish tacos!

Product Code: 89982 Price: \$70.00 Packaged: approx. 50-60 pcs | 8.8lb box

# Centre-Cut <sup>3</sup>/<sub>4</sub>' Pork Chops

Try something different on the grill – tnder, juicy, versatile Chophouse style pork chops. Product Code: 61992 Price: \$55.00 Packaged: approx. 23 pieces x approx. 7oz each





## Vendor Sausage – fully cooked

In a pasta or paella. With polenta, or on a pizza. With peppers or peas, parsley or parmesan, potatoes or prawns, our debrezini sausages are a year round crowd pleaser! Product Code: **95812** Price: **\$52.00** Packaged: 28 sausages x 5oz

ITEMS AVAILABLE UNTIL MAY 31<sup>ST</sup> 2019 OR UNTIL QUANTITIES LAST

# north country fundraising NUTRITIONALS

### Fully Cooked Grilled Chicken Breast Strips | Product Code #77152

Chicken Breast, Water, Flavour (Soy, Protein Isolate, Modified Corn Starch), Canola Oil, Flavour, Salt, Sodium Posphate, Glucose Solids, Carrageenan, Potassium Chloride, Onion Powder, Yeast Extract, Spices.

Nutrition Facts Valeur nutritive Per 12 strips (100 g)	% DV / % VQ*		% DV / % VQ*	
	Fat / Lipides 1.5 g Saturated / saturés 0.4 g + Trans / trans 0 g	2 % 2 %	Protein / Protéines 20 g Cholesterol / Cholestérol 50 mg	
			par 12 Ianières (100 g)	Carbohydrate / Glucides 2 g
Calories 110	Fibre / Fibres 0 g	0 %	Calcium 0 mg	0 %
* DV = Daily Value * VQ = valeur quotidienne	Sugars / Sucres 0 g	0 %	Iron / Fer 0.75 mg	4 %
	* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup			

Ingredients: Sweet & Spicy Sriracha Dip: Glucose/Fructose, Water, Chili Peppers, Vinegar, Tomato Paste, Garlic, Modified Corn Starch, Mustard, Salt, Canola Oil, Citric Acid, Xanthan Gum, Spices, Natural and Artificial Flavour, Sodium Benzonate. <u>Contains: Mustard.</u>

Nutrition Facts Valeur nutritive Per 1 tbsp Dip (15 g)	% DV / % VQ*		% DV / % VQ*	
	Fat / Lipides 0.2 g Saturated / saturés 0 g + Trans / trans 0 g	1 % 0 %	Protein / Protéines 0.1 g Cholesterol / Cholestérol 0 mg	
			pour 1 c. à soupe Trempette (15 g)	Carbohydrate / Glucides 8 g
Calories 35	Fibre / Fibres 0 g	0%	Calcium 0 mg	0 %
	Sugars / Sucres 7 g	7 %	Iron / Fer 0 mg	0 %
* DV = Daily Value * VO = valeur quoticianos	* 5% or less is a little, 15% or more is a lot	1 5% ou n	noins c'est peu. 15% ou plus c'est b	eaucoup

## Breaded Wild Pacific Cod Fillet | Product Code #89982

Cod Fillets, Water, Toasted Wheat Crumbs with Spices, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Baking Powder, Modified Palm Oil, Deffated Soy Flour, Salt, Garlic Powder, Onion Powder, Spices, Dextrose & Guar Gum. Browned in Canola oil. <u>Contains: Wheat, Soy, Fish</u>

Nutrition Facts Valeur nutritive Per 1 piece (100 g)	% DV / % VQ*		% DV / % VQ*	
	Fat / Lipides 4 g Saturated / saturés 0.5 g + Trans / trans 0 g	5%	Protein / Protéines 12 g Cholesterol / Cholestérol 20 mg	
		3 %		
			Sodium 400 mg	17 %
pour 1 morceaux (100 g)	Carbohydrate / Glucides 31 g		Potassium 200 mg	4 %
Calories 210	Fibre / Fibres 1 g	4 %	Calcium 50 mg	4%
* DV = Daily Value * VQ = valeur quotidienne	Sugars / Sucres 1 g		Iron / Fer 1.75 mg	10 %

5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup

### Vendor Sausage | Product Code #95812

Pork, Water, Salt, Garlic, Sodium Phosphate, Spice, Onion, Sodium Eryothorbate, Sodium Nitrite, Smoke.

### Nutrition Facts Valeur nutritive

Per 1 debreziner (160 g) pour 1 debreziner (160 g)

Calories 300

\* DV = Daily Value \* VQ = valeur quotidienne

% DV / % VQ\* % DV / % VQ\* Fat / Lipides 20 g 27 % Protein / Protéines 26 g Saturated / saturés 9 g Cholesterol / Cholestérol 45 mg 45 % + Trans / trans 0 g Sodium 940 mg 41 % Carbohydrate / Glucides 4 g 316 % Potassium 14850 mg Fibre / Fibres 0 g 0 % Calcium 40 mg 3% Sugars / Sucres 0 g 0 % Iron / Fer 1.5 mg 8%

\* 5% or less is a little, 15% or more is a lot / 5% ou moins c'est peu, 15% ou plus c'est beaucoup