2023-24 LASC Competition/Event Schedule							
Mon-Sun	National	Jr. National	Provincial	Olympic Way	Jr. Horns		
Aug 28-3							
Sept 4-10	NAT Start September 5th	JRN Start September 5th	PROV Start September 5th	OW Start September 6th			
Sep 11-17					Jr Horns Start September 11th		
Sep 18-24							
Sep 25-1							
Oct 2-8							
Oct 9-15	LASC Friday Night Races - October 13th						
Oct 16-22	LASC Fall Challenge 20-22	LASC Fall Challenge 20-22	LASC Fall Challenge 20-22	LASC Fall Challenge 20-22			
Oct 23-29							
Oct 30-5	Cascade Speed Meet - Prov 1 3-5 Calgary	Jack Frost 3-5 Okotoks					
Nov 6-12							
Nov 13-19				Fundamentals Circuit Meet 19 - Calgary Winter Club			
Nov 20-26							

	National	Jr. National	Provincial	ow	Jr. Horns
Nov 27-3		Jr Horns Fall Ends Dec 1			
Dec 4-10	Christmas Cracker 8-10 Victoria				
Dec 11-17	Pool Cl				
Dec 18-24					
Dec 25-31					
Jan 1-7					
Jan 8-14					Jr. Horns Winter Begins Jan 8th
Jan 15-21					
Jan 22-28	Winter Festival South 27-28 Calgary				
Jan 29-4	UCSC Grand Prix 2-4 Calgary				
Feb 5-11					
Feb 12-18					
Feb 19-25	CASC Western Transmountain 23-25 Calgary		TBA 25-26		
Feb 26-3	Provincial Trials 1-3 Calgary				

	National	Jr. National	Provincial	ow	Jr. Horns
Mar 4-10	Provincial Champs LC				
Mar 11-17	8-10 Edmonton				
Mar 18-24	Western Canadian Champs 21-24 Winnpeg	15-17 Let	nbriage		
Mar 25-31	LASC Team Races - March 28				
Apr 1-7	Mid Season Break March 29 - April 7				Jr Horns Winter ends March 28
Apr 8-14				Dino Cup 13-14 Calgary (UC)	Jr Horns Spring Begins April 8th
Apr 15-21					
Apr 22-28				Fundamentals Circuit Meet 27 Airdrie	
Apr 29-5	·				
May 6-12					
May 13-19	Canadian Swimming Trials 13-19 Montreal				
May 20-26				Spring Fling Fundamentals 25-26 Calgary (Seton)	
May 27-2	CSI - Provincial Series 4 31-2 Calgary (MNP)				
June 3-9	KSC LC 7-9 Calgary (MNP)				

	National	Jr. National	Provincial	ow	Jr. Horns		
June 10-16			Summer Festival South	Summer Festival South			
June 17-23			15-16 Lethbridge	15-16 Lethbridge			
une 24-30	IASC 1	eam Races - June 28tl	l (Last day of swimming for l	Provincial* Olympic Way & I	· Horns)		
uly 1-7	LASC Team Races - June 28th (Last day of swimming fo EKI - Provincial Series 5 (* qualified Provincial) 4-7 Edmonton			Tormout , Grympic stuy ass			
July 8-14							
July 15-21							
July 22-28	Canadian Swimming Cham 24-30 Toronto,	pps/AB Summer Provincials /25-28 Calgary					
July 29-4							
	Swimmers may qualify or not qualify for some of the meets listed for their group (or not listed). Please check with your group coach on which meets are specific to your swimmer.						
	Updates to the meet schedule may be made throughout the season, please check with your group coach if you have any questions.						