

LASC Transition Schedule - November 4 - 9, 2024

Group	Pool	Monday November 4	Tuesday November 5	Wednesday November 6	Thursday November 7	Friday November 8	Saturday November 9
Academy	Max Bell				7:00-8:15 AM		
	Max Bell		2:30-4:00 PM	2:30-4:00 PM	2:30-4:00 PM		
	Dryland - HP	4:15 - 5:15 PM		4:15 - 5:15 PM		12:45 - 1:45 PM	
National	Stan Siwick	6:00-7:30 AM		6:00-7:30 AM			8:00-9:30 AM
	Nicholas Sheran	1:30-3:00 PM	1:30-3:00 PM		1:30-3:00 PM	3:30-4:30 PM	
	Dryland - HP	5:45 - 6:45 PM		5:45 - 6:45 PM		2:15 - 3:15 PM	
Jr. National	Stan Siwick	6:00-7:30 AM		6:00-7:30 AM			8:00-9:30 AM
	Nicholas Sheran	1:30-3:00 PM	1:30-3:00 PM		1:30-3:00 PM	3:30-4:30 PM	
	Dryland - HP	5:45 - 6:45 PM				2:15 - 3:15 PM	
Provincial	Stan Siwick		6:00-7:30 AM		6:00-7:30 AM		9:30-11:00 AM
	Nicholas Sheran					4:30-5:30 PM	
	Dryland - Studio		4:15 - 4:45 PM		4:15 - 4:45 PM		
Olympic Way 1 & 2	Stan Siwick		6:00-7:30 AM		6:00-7:30 AM		9:30-11:00 AM
	Nicholas Sheran					4:30-5:30 PM	