****

**March Schedule 2024**

**Bantam Group & JAG Group**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| March 31  Easter  OFF |  |  |  |  | **March 1**  4:00-6:00pm  Centennial | 2  6:00-7:30Am  Centennial |
| 3  OFF | 4  OFF | 5  4:00-6:00pm  Centennial | 6  5:30-7:30AM  MPAC | 7  4:00-6:00pm  Centennial  6:15-7:00pm  Dryland | 8  4:00-6:00pm  Centennial | 9  Swim  7:00-9:00AM  TPASC |
| 4:00-6:00pm  Centennial  6:15-7:00pm  Dryland |
| Basketball  9:30-10:30AM  TPASC |
| 10  OFF | 11  OFF | 12  OFF | 13    OFF | 14  OFF | 15  OFF | 16  OFF |
| 17  OFF | March 18  4:00-5:30PM  Aaniin Pool | 19  OFF | 20  5:30-7:30AM  MPAC | 21  4:00-5:30PM  Aaniin Pool | 22  4:00-6:00pm  Aaniin Pool | 23  6:00-7:30Am  Aaniin Pool |
| 7:00-8:30PM  MPAC |
| 24  OFF | 25  4:00-5:30PM  Aaniin Pool | 26  OFF | 27  5:30-7:30AM  MPAC | 28  4:00-5:30PM  Aaniin Pool | 29  Easter  OFF | 30  Easter  OFF |
| 7:00-8:30PM  MPAC |

**Notes**:

1. Equipment required for the Dryland: Running shoes /Skipping rope/water bottle.
2. On time = 15 min early
3. Black training suits are mandatory
4. MAC white caps for the training