



February 2026

Bronze

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 4:00-6:00pm CENT	3 4:00-6:00pm MP 6:15-6:45pm Dry	4 4:00-5:30pm MP	5 4:00-6:00pm MP 6:15-6:45pm Dry	6 Div 1 Champs	7 Div 1 Champs
8 Div 1 Champs	9 4:00-6:00pm CENT	10 4:00-6:00pm MP 6:15-6:45pm Dry	11 5:30-7:30am MP	12 OFF	13 5:30-7:30am MP	14 6:00-8:00am Cornell
15	16 4:00-6:00pm CENT	17 4:00-6:00pm MP 6:15-6:45pm Dry	18 4:00-5:30pm MP	19 4:00-6:00pm MP 6:15-6:45pm Dry	20 6:00-7:00pm	21 6:00-8:00am Cornell
22	23 4:00-6:00pm CENT	24 4:00-6:00pm MP 6:15-6:45pm Dry	25 4:00-5:30pm MP	26 4:00-6:00pm MP 6:15-6:45pm Dry	27 6:00-7:00pm	28 6:00-8:00am Cornell

Notes:

Please be prepared to run in proper attire and dress appropriately for the weather and/or indoor activity.

1. Equipment required: Running shoes/Skipping rope/Yoga mat/water bottle/paddles/pull buoy/Band/Fins/Snorkel/Stretch Band
2. On time = 15 min early for activation on pool deck.