



February 2026

Bronze

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|---------------------------|---|-------------------------|---|-------------------------|------------------------------|
| 1 | 2 4:00-6:00pm CENT | 3 4:00-6:00pm MP 6:15-6:45pm Dry | 4 4:00-5:30pm MP | 5 4:00-6:00pm MP 6:15-6:45pm Dry | 6 Div 1 Champs | 7 Div 1 Champs |
| 8 Div 1 Champs | 9 4:00-6:00pm CENT | 10 4:00-6:00pm MP 6:15-6:45pm Dry | 11 5:30-7:30am MP | 12 OFF | 13 5:30-7:30am MP | 14 6:00-8:00am Cornell |
| 15 | 16 4:00-6:00pm CENT | 17 4:00-6:00pm MP 6:15-6:45pm Dry | 18 4:00-5:30pm MP | 19 4:00-6:00pm MP 6:15-6:45pm Dry | 20 6:00-7:00pm | 21 6:00-8:00am Cornell |
| 22 | 23 4:00-6:00pm CENT | 24 4:00-6:00pm MP 6:15-6:45pm Dry | 25 4:00-5:30pm MP | 26 4:00-6:00pm MP 6:15-6:45pm Dry | 27 6:00-7:00pm | 28 6:00-8:00am Cornell |

Notes:

Please be prepared to run in proper attire and dress appropriately for the weather and/or indoor activity.

- Equipment required: Running shoes/Skipping rope/Yoga mat/water bottle/paddles/pull buoy/Band/Fins/Snorkel/Stretch Band
- On time = 15 min early for activation on pool deck.