



April / May 2024

Olympic Prospects (OP)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 14	15 OPA 4-5pm OPB 5-6pm OPC 6-7pm Thornlea	16 OPDEV 4-6pm Milliken	17 OPA 4-5pm OPD 5-6pm Milliken	18 OPAA 4-5:15pm MPAC	19 OPB 4:15-5:45pm OPC 5:45-7:15pm Thornlea	20 OPDEV 6-7:30am OPA 7:30-9am Thornlea
21	22 OPA 4-5pm OPB 5-6pm OPC 6-7pm Thornlea	23 OPDEV 4-6pm Milliken	24 OPA 4-5pm OPD 5-6pm Milliken	25 MAC team photo @ MPAC 3:45pm OPAA 4-5:15pm MPAC	26 OPB 4:15-5:45pm OPC 5:45-7:15pm Thornlea	27 OPDEV 6-7:30am OPA 7:30-9am Thornlea
28	29 OPA 4-5pm OPB 5-6pm OPC 6-7pm Thornlea	30 OPDEV 4-6pm Milliken	May 1 OPA 4-5pm OPD 5-6pm Milliken	2 OPAA 4-5:15pm MPAC	3 OPB 4:15-5:45pm OPC 5:45-7:15pm Thornlea	4 OPDEV 6-7:30am OPA 7:30-9am Thornlea
5	6 OPA 4-5pm OPB 5-6pm OPC 6-7pm Thornlea	7 OPDEV 4-6pm Milliken	8 OPA 4-5pm OPD 5-6pm Milliken	9 OFF	10 Top Cup @ Etobicoke OPB 4:15-5:45pm OPC 5:45-7:15pm Thornlea	11 OPDEV 6-7:30am OPA 7:30-9am Thornlea Top Cup @ Etobicoke
12 Top Cup @ Etobicoke	13 OPA 4-5pm OPB 5-6pm OPC 6-7pm Thornlea	14 OPDEV 4-6pm Milliken	15 OPA 4-5pm OPD 5-6pm Milliken	16 OPAA 4-5:15pm MPAC	17 OPB & OPC 4:00-5:00pm OPA 5:00-6:15pm OPDev 6:15-7:30pm Thornlea	18 OFF
19	20 OFF Victoria Day	21 OPDEV 4-6pm Milliken	22 OPA 4-5pm OPD 5-6pm Milliken	23 OPAA 4-5:15pm MPAC	24 OPB 4:15-5:45pm OPC 5:45-7:15pm Thornlea	25 Rising Stars @ MPAC

Notes:

- please be on deck 10 minutes before scheduled in-pool start time for activation/focusing
- check OP webpage on MAC website for swim meet dates