



Prairie Winter International 2025

December 11 - 14, 2025

At

**Winnipeg Pan Am Pool
25 Poseidon Bay
Winnipeg, Manitoba R3M 3E4
T: (204) 452-4655**

**25 meter 8 lane Competition Pool
Quantum Electronic Timing
System**

Short Course

SNC SANCTION #

www.mantaswimming.ca



Session	Date and Time		
1	Thursday, Dec 11 th , 2025 Timed Finals	Warm-up Start	3:30 p.m. 4:30 p.m.
2	Friday, Dec. 12 th , 2025 Preliminaries	Warm-up Start	7:30 a.m. 8:30 a.m.
3	Friday, Dec. 12 th , 2025 Finals	Warm-up Start	4:30 p.m. 5:30 p.m.
4	Saturday, Dec. 13 th , 2025 Preliminaries	Warm-up Start	7:30 a.m. 8:30 a.m.
5	Saturday, Dec. 13 th , 2025 Finals	Warm-up Start	4:30 p.m. 5:30 p.m.
6	Sunday, Dec. 14 th , 2025 Preliminaries	Warm-up Start	7:30 am. 8:30 a.m.
7	Sunday, Dec. 14 th , 2025 Finals	Warm-up Start	4:00 p.m. 5:00 p.m.

Meet Management reserves the right to limit entries in any event, change the order of events, start times or session set-up if registration exceeds pool or time capacity.

Meet Manager	Meet Entries and Results	Officials Coordinator
Steve Lang	Steve Lang	Marlene Lang
E: steve.lang@mantaswimming.ca	E: steve.lang@mantaswimming.ca	E: officialscoordinator@mantaswimming.ca
T: (204) 797-8543	T: (204) 797-8543	T: (204) 782-6209

1. Facility:

- a. Two eight lane 25 meter competition pools
- b. QUANTUM primary and secondary electronic timing system
- c. Warm-up/down lanes available
- d. Host to:
 - 2024 Speedo Western Canadian Championships
 - 2023 World Police and Fire Games
 - 2019 Summer Nationals
 - 2018 Canadian Junior Championships
 - 2017 Canada Summer Games
 - 2014 Canadian Age Group Championships
 - 2012 & 2016 Western Championships

2. Eligibility:

- a. Open to all swimmers currently registered with SNC, USS and FINA who have met the qualifying times in a sanctioned race since **June 1, 2024 and prior to entry deadline.**
- b. Para-swimmers must have Level 2 classification, but do not require qualifying times to enter this competition, will be bound by the meet rules and format.

3. Age Group Categories:

- a. For all events:
 - Girls: 12 & Under, 13 & 14, 15 & over
 - Boys: 13 & Under, 14 & 15, 16 & over

A swimmer's age shall be as of the FIRST DAY of the competition.

4. Entry Deadline:

- a. **Sunday, November 30, 2025 @ 11:59 p.m.CST.**
- b. The Entries and Results chairperson must receive entries and proof of time by the entry deadline.
- c. Any errors or omissions in entry file details will cause delays in accepting entries.

5. Entries:

- a. All entries to be sent directly to the club meet entries Chair using the **steve.lang@mantaswimming.ca** email address. Entry file will be distributed by SNM (see exception 5.d. below)
- b. Entries must include the following: valid SNC Swimmer ID, correct Date of Birth, Gender, and Para Swimmers must have their classifications after their name in their entries.
- c. Entries must be submitted as a Hytek entries file.
- d. Entries for USS and FINA swimmers must be submitted as a Hytek entries file directly to the Entries and Results chairperson, along with proof of times.
- e. Direct questions or request for additional information to Meet Management & Entries and Results chairperson.

6. Entry Fees:

- a. Individual: \$125.00
- b. Deck Entries are not permitted at this meet.
- c. Relay only swimmers: \$30.00
- d. Relay team event: \$20.00 (per team per event)
- e. Entry fees include all SNM competition fees and charges (\$7 participation fee per swimmer and

\$2.50 program development fee per event entry).

- f. All entry fees must be received **IN FULL** by the first day of meet.
- g. Swimmers will not be allowed to swim if meet entry fees have not been paid.
- h. Cheques payable to: **MANTA SWIM CLUB, 25 Poseidon Bay, Winnipeg, Manitoba R3M 3E4 or deliver to Meet Office.**
- i. E-transfers also accepted at gm@mantaswimming.ca

7. Proof of Times:

- a. Entries and Results chairperson will validate all times via the time validation process. Coaches will be notified of any times that do not pass the time validation report and they will have to provide a proof of time for an actual time, not a “custom time”. The entry time must be something that can be verified.
- b. All individual entries must utilize a displayed time available in the Swim Natation Canada online entry system.
- c. Proof of times for USS and FINA swimmers must be submitted directly to the Meet Entries and Results contact in a format that is mutually agreeable.
- d. Failure to prove any requested time will result in the swimmer being scratched from that event unless the event has been entered as a Bonus Swim. There will be no refund of entry fees from a failure to prove a time.

8. Registration:

- a. Meet office will be open for registration starting December 11, 2025 at 2:30 PM.

9. Refunds:

- a. Meet Management is not obligated to refund entry fees after the entry deadline date.

10. Entries and Limitations:

- a. Swimmers are restricted to **EIGHT (8)** individual events plus relays as long as they meet the qualifying standards in those events.
- b. Proof of time for all qualifying time events required.
- c. Bonus swim limitations: swimmers must have at least **ONE (1)** qualifying time. Each swimmer may swim up to **FIVE (5)** individual bonus events to a maximum of **SIX (6)** individual events.
 - i. 1 QT = 5 bonus swims
 - ii. 2 QT = 4 bonus swims
 - iii. 3 QT = 3 bonus swims
 - iv. 4 QT = 2 bonus swims
 - v. 5 QT = 1 bonus swims
 - vi. 6 QT = 0 bonus swims
- d. Bonus swims must be flagged as such and entered with actual times for seeding purposes.
- e. **No Time (NT) entries will not be accepted.**
- f. 400, 800 and 1500 meter events **MAY NOT** be used as bonus swims.

11. Qualifying Times:

- a. Qualifying times as listed in this meet package apply to this competition ([Appendix 1](#)).
- b. Times may be submitted in SCM or LCM.
- c. YD times will be accepted and converted.

12. Relay Events:

- a. All relay events will be Timed Finals.
- b. All relay events will be seeded by age group and gender, slowest to fastest.
- c. Relay swimmers must be properly entered in at least ONE (1) individual event.

EXCEPTION: a club entering only one relay team in an event may bring out “relay only” swimmers to a maximum of two per age group to complete a relay team. “Relay only” swimmers must be listed in the entries as “relay only” swimmers.

- d. A swimmer may only participate on ONE (1) relay team per age group per event.
- e. A maximum of TWO (2) swimmers may age up to complete an age group relay team.
- f. Clubs are limited to a maximum of two (2) relay entries per gender per agegroup.
- g. Unattached swimmers are NOT eligible to swim relays.
- h. There are no qualifying times for relay events. However, to obtain a seeding, a team time should be submitted.
- i. Relay cards with complete swimmer names and requests for official splits must be submitted to the Administration Desk (formerly Clerk of Course) 30 minutes prior to the end of the preliminary session on the day of that relayevent.
- j. As per SNM scratch rule, relay names can be changed up to 30 minutes prior to start of relay event.

13. Scratches:

- a. SNM SCRATCH RULE IN EFFECT ([Appendix4](#))

PLEASE NOTE: in fairness to alternate swimmers and a courtesy to all other swimmers, coaches, officials and meet management, it is expected that all scratches will be submitted to the Administration Desk, prior to the scratch deadline. No late scratches will be accepted but Administration Desk should be notified.

14. Official Splits:

- a. The procedure for obtaining an “Official Split” now requires that coaches make the request to the session referee or meet management on the “Official Split Request Form” prior to the start of the session in which the official split is requested. The split for the lead off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays.
- b. There will be a fee of \$10.00 for each single official split request. The fee is payable to the Administration Desk at the time of the request.

15. Protests:

- a. Protests shall be submitted by the coach, within 30 minutes of the conclusion of the respective event, to the Referee in writing on the Protest Form, available at the Administration Desk.
- b. Protest forms shall be submitted with a fee of \$30.00 for each protest to Administration Desk.

16. Seeding:

- a. After all qualifying times have been proven, Meet Management will convert all LCM and YD times to SCM times using applicable conversion factors.
- b. All timed final events, with the exception of distance and relay events, will be senior seeded slowest to fastest by gender.
- c. 800 & 1500 events which will be seeded fastest to slowest by gender.
- d. All preliminary events will be seeded slowest to fastest with the last 3 heats circle seeded by time and gender regardless of age.

17. Competition:

- a. All current SNC Rules and SNM Policies will be in effect, including the SNM Competition Code of Conduct ([Appendix 3](#)).
- b. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and

II.16.1.4 (from both ends or from deep end only)

- c. 800 FR, 1500 FR, 50 FL, 50 BA & 50 BR events will be swum as Timed Finals.
- d. All relay events will be swum as Timed Finals.
- e. All other events for all age groups will be swum as Preliminaries and Finals.
- f. This is an A/B time standard meet, and coaches are reminded the entry standards are in place to ensure the length of the sessions are not excessive.
- g. Consolation Finals (B Finals) will be held only for those events with **18 or more** swimmers entered in that age category **at the entry deadline**.
- h. Events with Preliminaries and Finals with **8 or fewer** swimmers entered will be swum as Preliminaries and Finals (A Finals only).
- i. 400m events will swim 'A' finals only for all age groups; no 'B' finals.
- j. The 'A' final will swim before the 'B' final.

Positive check-in is mandatory for ALL Final Events. A coach from each club must check all their swimmers in with the Administration Desk prior to the start of the session. Failure to check in may result in the swimmer being deemed a "NO SHOW" and may be disqualified from all finals events, including relays.

- k. PARA athletes are eligible to race and must conform to all entry and eligibility requirements as written in the meet package.
- l. PARA athletes (S1 to S14, SB1 to SB14) will swim integrated in all preliminary sessions. There will be no PARA designated events or finals. Para athletes are eligible for finals if top 16 in their age group.
- l. PARA athletes (S1 to S14, SB1 to SB14) will be judged under IPC Rules and Regulations.
- m. Meet Management reserves the right to hold competition for preliminary sessions in **two** pools if the number of swimmers exceeds reasonable capacity for one pool.
- n. Any changes to the meet package or competition requires the approval of Swim Manitoba (SNM).
- o. Taping is permitted under the following conditions:
 - i. Coaches must submit one **taping request form** for each athlete before their first session.
 - ii. Taping Request Forms are attached at the end of the technical package and will also be available at the Administration Desk.
 - iii. Taping reviews will take place during the first 15 minutes of warm-up, before the start of each session.
 - iv. Taping shall be on the same part of the body and in the same pattern throughout the meet.
 - v. Any swimmer who races with taping not approved by a referee will be disqualified.

18. Scoring:

- a. There will be individual scoring; no team scoring for this meet.

19. Results:

- a. Real-time results will be posted during the competition on Meet Mobile.
- b. Final results will be posted and may be downloaded from the Swim Natation Canada website www.swimming.ca.
- c. Individual High Points: High point award for the top female and top male for each age category based on 5-2-1 point scoring.
- d. Swim of the Meet: Award for best performance on the World Performance Charts based on FINA points scoring.
- e. Medals will be labeled & packaged by the Meet Office for coaches to pick up at the end of each session. Please ensure all medals are picked up by the conclusion of the meet.

20. Awards:

- a. Individual awards:
1st to 3rd place for Timed Final and Final events: Medals (all age groups)
- b. Relay events:
1st place only: Medals for all relay team members
- c. No ribbons will be given out.

21. Coaches Technical Meeting:

- a. A coaches' meeting will be held at 3:15 PM on Thursday, December 11, 2025 to update meet rules and answer questions, under the scoreboard or in the East Tank area.

22. Safety:

- a. SNC Warm Up Procedures are in effect ([Appendix 2](#)). Each athlete must be under the supervision of a head or deck coach. It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.

23. Deck Changing

- a. Deck changing is not permitted in the facility while attending PWI

24. Hospitality:

- a. Refreshments/coffee and small snack will be available for coaches and officials during each session. Manta encourages all volunteers to bring their own water bottles. Manta will not provide bottled water at this meet.

25. Food on Deck:

- a. The City of Winnipeg maintains a "No Food on Deck" policy.
- b. Coaches are responsible for ensuring their swimmers comply with this policy.

26. Officials:

- a. Any out of town officials interested in assisting at the meet may contact the Officials Chair, Marlene Lang at officialscoordinator@mantaswimming.ca. All help is welcomed and greatly appreciated.

27. Lockers

- a. There are lockers available in the Pan Am Pool change rooms for daily use. Cost is 25 cents per use. Swimmers are encouraged to use them to ensure their belongings are secure to avoid loss.

28. Pre-Meet Training

- a. Out of town teams wishing to book pool time for pre-meet training, please contact Head Coach Szilvie Carriere (coachszilvie@gmail.com) to make the necessary arrangements.

29. COVID-19

- a. Although the Province of Manitoba has dropped all COVID-19 restrictions, Manta highly encourages all clubs and their affiliates attending the meet to mitigate their own risk, and not attend the meet if you are feeling unwell, or have tested positive for COVID-19 immediately prior to and at anytime during the meet. Manta will continue to abide by any Provincial Health Orders that may be reinstated. Manta Swim Club reserves the right to include additional restrictions deemed necessary by Meet Management.

30. MISCONDUCT (Warning and education through December 31st)

- a. The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2.
- b. The “misconduct” shall include but is not limited to (C.2.3.2.1):
 - i. • Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
 - ii. • Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
 - iii. • Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

		Meet Event List		
Session 1	Women	Description	Men	
Thursday, December 11	101	800 Freestyle	102	Timed Finals
Warm-up: 3:30 PM	103	1500 Freestyle	104	Timed Finals
Start: 4:30 PM	105	50 Backstroke	106	Timed Finals
	107	50 Breaststroke	108	Timed Finals
	109	50 Fly	110	Timed Finals
Session 2	Women	Description	Men	
Friday, December 12	211	200 Freestyle	212	Preliminaries
Warm-up: 7:30 AM	213	400 IM	214	Preliminaries
Start: 8:30 AM	215	100 Breaststroke	216	Preliminaries
	217	100 IM	218	Preliminaries
Session 3	Women	Description	Men	
Friday, December 12	211	200 Freestyle	212	Finals
Warm-up: 4:30 PM	213	400 IM	214	Finals
Start: 5:30 PM	215	100 Breaststroke	216	Finals
	217	100 IM	218	Finals
	901	12-U 4 x 50 Freestyle Relay 13-U	902	Finals
	903	13 & 14 4 x 50 Freestyle Relay 14 & 15	904	Timed Finals
	905	15 & O 4 x 50 Freestyle Relay 16& O	906	Timed Finals
Session 4	Women	Description	Men	
Saturday, December 13	319	200 Breaststroke	320	Preliminaries
Warm-up: 7:30 AM	321	200 Fly	322	Preliminaries
Start: 8:30 AM	323	400 Freestyle	324	Preliminaries
	325	50 Freestyle	326	Preliminaries
	327	100 Backstroke	328	Preliminaries
Session 5	Women	Description	Men	
Saturday, December 13	319	200 Breaststroke	320	Finals
Warm-up: 4:30 PM	321	200 Fly	322	Finals
Start: 5:30 PM	323	400 Freestyle	324	Finals
	325	50 Freestyle	326	Finals
	327	100 Backstroke	328	Finals
	907	12-U 4 x 50 Medley Relay 13-U	908	Timed Finals
	909	13 & 14 4 x 50 Medley Relay 14 & 15	910	Timed Finals
	911	15 & O 4 x 50 Medley Relay 16& O	912	Timed Finals
Session 6	Women	Description	Men	
Sunday, December 14	429	200 IM	430	Preliminaries
Warm-up: 7:30 AM	431	100 Fly	432	Preliminaries
Start: 8:30 AM	433	200 Backstroke	434	Preliminaries
	435	100 Freestyle	436	Preliminaries
Session 7	Women	Description	Men	
Sunday, December 14	429	200 IM	430	Finals
Warm-up: 4:00 PM	431	100 Fly	432	Finals
Start: 5:00 PM	433	200 Backstroke	434	Finals
	435	100 Freestyle	436	Finals



**Prairie Winter International
2025 Qualifying Times**

Short Course			Female	Long Course		
15 & Over	13 & 14	12 & Under	Stroke	12 & Under	13 & 14	15 & Over
30.00	32.00	35.70	50 FR	36.41	32.64	30.60
1:05.00	1:09.00	1:18.75	100 FR	1:20.32	1:10.38	1:06.30
2:20.00	2:30.00	2:48.00	200 FR	2:51.36	2:33.00	2:22.80
5:03.00	5:15.00	5:57.00	400 FR	6:04.14	5:21.30	5:09.06
10:24.00	11:12.00	12:19.00	800 FR	12:53.70	11:25.44	10:36.48
20:00.00	21:30.00	24:10.00	1500 FR	24:39.00	21:55.80	20:24.00
34.00	38.00	45.00	50 BA	46.00	39.00	35.00
1:13.00	1:20.00	1:33.40	100 BA	1:35.26	1:21.60	1:14.46
2:38.00	2:50.00	3:17.00	200 BA	3:20.94	2:53.40	2:41.16
41.00	43.00	51.00	50 BR	52.00	45.00	42.00
1:25.00	1:30.00	1:45.00	100 BR	1:47.10	1:31.80	1:26.70
3:06.00	3:10.00	3:40.00	200 BR	3:44.40	3:13.80	3:09.72
35.00	37.00	43.00	50 FL	44.00	38.00	36.00
1:14.00	1:19.00	1:30.00	100 FL	1:31.80	1:20.58	1:15.48
2:45.00	2:55.00	3:19.00	200 FL	3:23.00	2:58.50	2:48.30
1:26.00	1:31.00	1:38.00	100 IM	X	X	X
2:36.00	2:50.00	3:09.00	200 IM	3:12.80	2:53.40	2:39.12
5:40.00	6:00.00	6:39.00	400 IM	6:47.00	6:07.20	5:46.80
Short Course			Male	Long Course		
16 & Over	14 & 15	13 & Under	Stroke	13 & Under	14 & 15	16 & Over
27.00	31.00	35.70	50 FR	36.41	31.62	27.54
59.00	1:06.00	1:18.00	100 FR	1:19.60	1:07.32	1:00.18
2:08.00	2:23.00	2:48.00	200 FR	2:51.36	2:25.86	2:10.56
4:40.00	5:00.00	5:57.00	400 FR	6:04.14	5:06.00	4:45.60
9:45.00	10:15.00	12:19.00	800 FR	12:53.70	10:27.30	9:56.70
19:00.00	20:00.00	23:06.00	1500 FR	23:33.00	20:24.00	19:22.80
33.50	37.00	45.00	50 BA	46.00	38.00	34.50
1:10.00	1:17.00	1:33.40	100 BA	1:35.26	1:18.54	1:11.40
2:30.00	2:44.00	3:17.00	200 BA	3:20.94	2:47.28	2:33.00
37.00	41.50	49.00	50 BR	51.00	42.50	38.00
1:17.00	1:25.00	1:42.90	100 BR	1:44.95	1:26.70	1:18.54
2:48.00	3:04.00	3:40.50	200 BR	3:44.90	3:07.68	2:51.36
32.00	35.50	43.00	50 FL	44.00	37.00	33.00
1:07.00	1:15.00	1:30.40	100 FL	1:32.20	1:16.50	1:08.34
2:32.00	2:45.00	3:19.50	200 FL	3:23.50	2:48.30	2:35.04
1:17.00	1:24.00	1:30.00	100 IM	X	X	X
2:25.00	2:45.00	3:09.00	200 IM	3:12.80	2:48.30	2:28.50
5:15.00	5:45.00	6:39.00	400 IM	6:47.00	5:51.90	5:21.30

SWIMMING CANADA NATATION



with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool FEET FIRST in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.



- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."



COMPETITION CODE OF CONDUCT

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

SWIM NATATION MANITOBA



206-145 Pacific Avenue Winnipeg Manitoba R3B 2Z6
204-925-5778 email: swim@sportmanitoba.ca
Website www.swimmanitoba.mb.ca





www.swimmanitoba.mb.ca

Swim Natation Manitoba Provincial Scratch Rule

This scratch rule will be in effect at all Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule **SNC 3 (3.1 to 3.4)** at SNC designated meets held in Manitoba.
- The scratch rule for ManSask Championships, when they are held in Manitoba.

SCRATCHES:

1. Time Final Events

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the Administration Desk (formerly Clerk of Course) as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

2. Prelims/Final Events

- a. Scratches from **preliminary heats**:
 - i. May be made at anytime.
 - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
 - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee
- b. Scratches from **finals**:
 - i. Must be made within 30 minutes after the end of the preliminary session.
 - ii. **Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.
 - iii. **ALTERNATE SWIMMERS:** Alternates **MUST** report to the Administration Desk (formerly Clerk of Course) at least 10 minutes prior to the event and be ready to swim if necessary.
 - iv. If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Administration Desk (formerly Clerk of Course) and is present and ready to swim. The alternate shall become one of the finalists.

3. Relay Events

- a. For time final events scratch rules for **Time Final Events** apply.
- b. For prelims/final events scratch rules for **Prelims/Final Events** apply.
- c. Relay names can be changed up to 30 minutes prior to start of relay event.



TAPING REQUEST FORM

Date: _____

The following athlete is requesting a taping review by the competition taping committee:

Name: _____

Club: _____

Additional Comments / Brief Rationale for Tape:

Coach/Representative: _____

If the taping is approved by the Referee, the **swimmer must have the taping verified at the Administration Desk after each race to confirm there were no changes**. The taping must match the photos taken during the taping review. The Administration Desk will notify the referee immediately if the taping worn does not match the taping approved by the taping review committee. Failure to report to the Admin Desk after each swim may result in disqualification for that event.

Session #:	Event #:	Heat #:	Lane #:	Post-Race Tape Check (admin use only)

Referee Comments:

Referee Signature:

Please be aware that International records (WR/WJR/WPS/Commonwealth) may not be ratified if taping is worn for record-breaking swims. It is advised to remove the taping in such instances.

Please note: Any record achieved outside a Canadian Record may not be ratified by the applicable governing body.