



AGE GROUP ATHLETE OF THE MONTH



FAYE DALY

We are excited to announce that Faye has been selected as our Age Group Athlete of the Month for January! This honour is again only awarded to one of our Age Group athletes from among all of our programming in London, St. Mary's, and Stratford in recognition of their notable efforts in and around the water.

Faye has been selected as our athlete of our month in January because of her determination, wonderful work ethic, and outstanding attendance since joining our programming in the fall this 2025-2026 season. Faye has continually demonstrated since the beginning of the season her willingness to put her all into her training, never giving less than her very best, even when she is not at a 100% or having to overcome other adversities that life has thrown her way. In addition, Faye has maintained one of the highest attendance ratings amongst all of the athletes within our club. Although Faye might not be the most vocal athlete in the water during practice she quietly has been improving throughout the season and has also become a leader (whether unknowingly or not) within the pool.

Remember Faye that each day provides its own gifts to those who are able to see them as well as make the most of them... And understand that sometimes the perceived bad things that happen in our lives actually help to put us directly on the path to the best things that will ever happen to us. So, keep on working hard no matter the circumstances, continue to smile as well as laugh lots, and always do your very best to look for the positive or silver lining in each experience Faye.

Please join us in celebrating Faye's remarkable dedication, inspiring personal growth, and being named our Age Group Athlete of the Month for January within our age group programs. Keep up the excellent work Faye, and we hope you enjoy a treat of your choice with your \$15.00 cash award on us to celebrate this achievement... And hopefully many more to come!