SHORT COURSE								EVENTS	LONG COURSE							
MALE				FEMALE					MALE				FEMALE			
10 & Under	11 & 12	13 &14	15 & Over	10 & Under	11 & 12	13 & 14	15 & Over		10 & Under	11 & 12	13 &14	15 & Over	10 & Under	11 & 12	13 & 14	15 & Over
2:26.81 Gordon, Wicks, Walbank, Scammel	2:06.60 Markham, Thomas, Olson-Keating, Cox 2015	1:51.24 Ortiz, Markham, Jibb, Cox 2017	1:39.81 Wolhert, Henry, Dean, Denstedt 1986	2:20.94 Swatuk, Coates, Sullivan, Gordon 1985	2:04.06 Howard, Wicks, Howard, Lynn 1982	1:55.04 Ross, Joynt, Howard, Smale 1985	1:51.39 Ross, Leskew, Howard, Pratt 1984	4 x 50 Freestyle Relay	2:29.57 Shaw, Gray, Guerriero, Parry 2018	2:11.07 Hutchings, Tovee, Waters, Mackenzie	1:52.22 Spiers, Kuusk, Rix, Guerriero 2020	1:42.90 Kuntz, Ortiz, Cox, Cox 2018	2:25.87 McDonnell, Bull, Peace-Hall, Gardhouse 1998	2:01.94 McNabb, Bull, Gresdal, McDonnell 1996	1:58.87 Barnes, Robertson, Morris, Hubert 2011	1:53.17 Cooper, Donaldson, Barnes, Graham 2010
6:28.37 Boone, Guerriero, Rix, Blackmore 2015	4:45.20 Gordon, Wicks, Walbank, Scammel	4:06.10 Ortiz, Thomas, Jibb, Markham 2017	3:53.10 Kuntz, Markham, Cox, Cox 2018	5:42.85 Shaw, Black, Olson-Keating, Richardson 2015	4:31.57 Howden, Lynn, Howard, Wicks 1981	4:10.20 Howard, Howden, Ross, Leskew 1983	4:03.63 Howard, Peever, Ross, Leskew 1984	4 x 100 Freestyle Relay		4:41.41 Guerriero, Rix, Parry, Spiers 2018	4:05.90 Ortiz, Markham, Jibb, Cox 2017	3:47.70 Ortiz, Kuntz, Cox, Cox 2018		4:34.43 Willmott, Johnston, Brown, Rix 2023	4:30.07 Hutchings, Hutchings, Burke, Sullivan 1995	4:09.09 Wicks, Howard, Ross, Leskew 1985
		8:53.52 Cox, Ortiz, Markham, Thomas 2017	9:04.97 Guerriero, Gray, Guerriero, Jibb 2023		10:47.40 Rix, Plexman, Hemington, Wall 2023	11:04.72 Kierstead, Hemington, Brown, Johnston 2023	9:25.79 Jibb, Forsayeth, Guerriero, Oke 2023	4 x 200 Freestyle Relay			9:22.18 Markham, Ortiz, Jibb, Cox 2016	8:48.43 Stafford, Cox, Kuntz, Cox 2015				9:37.42 Scott, Herr, Scott, Schaly 2015
2:53.25 Gevaert, Martin Padfield, Kierstead 2019	2:20.74 Markham, Olson-Keating, Cox, Jackson 2014	2:05.09 Rix, Kuusk, Spiers, Guerriero 2020	1:49.63 Rix, Kuusk, Spiers, Jibb 2022	2:42.15* Helde, Parise, Parkhill, Parkhill 1983	2:16.73* Wicks, Howard, Howard, Lynn 1982	2:07.20 Barnes, Morris, Hubert, Hubert 2014	2:05.96 Wicks, Howard, Howard, Leskew 1985	4 x 50 Medley Relay	2:56.20 Swatch, Dawson, Dawson, Lynn	2:27.71 Rix, Jibb, Spiers, Guerriero 2017	2:01.86 Rix, Kuusk, Spiers, Guerriero 2020	1:54.77 Kuntz, Jibb, Cox, Cox 2018	2:53.01 McDonnell, Bull, Peace-Hall, Gardhouse 1988	2:18.29 McNabb, Bull, Gresdal, McDonnell 1996	2:13.13 Wicks, Howard, Lynn, Howard 1984	2:07.64 Graham, Donaldson, Medon, Cooper 2010
8:07.46 Blackmore, Guerriero, Rix, Coles 2015	5:35.00 Waters, Ring, Peace-Hall, Saunders	4:34.52 Markham, Jibb, Thomas, Ortiz 2017	4:14.07 Cox, Markham, Kuntz, Cox 2015	6:23.41 Shaw, Black, Olson-Keating, Richardson 2015	5:22.21 Barnes, Morris, Hubert, Roberts 2013	4:43.20 Wicks, Howard, Lynn, Howard 1983	4:35.00 Burke, Sullivan, Sullivan, Horton	4 x 100 Medley Relay		5:35.03 Rix, Guerriero, Spiers, Parry 2018	4:29.88 Markham, Jibb, Cox, Ortiz 2017	4:13.67 Cox, Markham, Kuntz, Cox 2017		5:51.14 Freeman, Reid, Henderson, Oke 2019	5:14.42 Hutchings, Hutchings, Burke, Sullivan 1995	4:35.60 Howard, Howard, Wicks, Ross 1985

10 & Under	11 & 12	13 & 14	15 & Over	Mixed Gender	10 & Under	11 & 12	13 & 14	15 & Over
2:15.55 Parry, Oke, Gray, Henderson 2018	2:03.15 Oke, Henderson, Gray, Parry 2020	2:01.95 Jibb, Guerriero, James, Varieur 2018	1:46.22 Jibb, Jibb, Oke, Spiers 2023	4 x 50 Freestyle Relay				
				4 x 100 Freestyle Relay			4:07.20 Cox, Goldring, Lewitt, Kuntz 2017	
3:11.99 Jackson, Carroll, Black, Theriault 2014	2:19.09 Oke, Gray, Henderson, Parry 2020	2:12.19 Shaw, James, Jibb, Varieur 2018	1:57.01 Oke, Jibb, Spiers, Jibb 2023	4 x 50 Medley Relay				
				4 x 100 Medley Relay			4:22.83 Kuntz, Goldring, Cox, Lewitt 2017	