

2025-2026 NORTH BAY "Y" TITAN SWIM TEAM Team Handbook

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Welcome to the North Bay "Y" Titan Swim Team

The North Bay "Y" Titan Swim Team is a not-for-profit competitive swimming club that is run by parent volunteers and qualified coaching staff. Its origins date back to 1967 and coincide with the construction of the Centennial Pool. Over the past six decades, the team has evolved and developed thousands of North Bay and area youths by honing their swim skills; fostering self-discipline and a strong work ethic. More importantly, it has helped in the development of good citizens and leaders in all walks of life. The Titan's Swim Team is a registered youth club with Swim Ontario, the provincial sport governing body, and competes in the Northeastern Ontario Region (NEOR), and with Swim Canada, the national sport governing body. Through these affiliations, our athletes are registered to compete provincially, nationally and internationally.

The Titans' employ a team of professional swim coaches to provide excellent training. Currently, the club has approximately 60 swimmers and a staff of 5 NCCP trained coaches to help manage our training groups and aid in swimmer development and progression.

Throughout the history of the club, there are many success stories; both on individual and team levels. The Titans' organization has watched many swimmers grow up achieving personal bests, as well as successes at regional, provincial, national and international levels.

Meet the Board of Directors

The Titan members who volunteer and govern our not-for-profit organization

President
Alexandra Murphy Melnichuk

Past President - In Town Meets Michael Blair

1st Vice President - Out of Town Meets Lindsay Amell-Etienne

> 2nd Vice President - Officials Natasha Lessard

> > Treasurer Melissa Young

Secretary - Club Admin Erin Perrin

Bingo Representative Summer Freeman

Members at Large
Tanya Wardlaw - Volunteers / Fundraising
Umberto Pizzoferrato - Special Events

Meet our Team of Coaches

Our coaches are NCCP certified and committed to the progression of our swimmers.

HEAD COACH - Joshua Huard

coach@nbtitans.com

Senior, Senior+ and Junior

Head Coach of the Titans and responsible for training Senior and Junior levels of the club and overall development of the North Bay Titans Swim Team.

LEAD SWIM COACH – Jeremy Salle

Jeremy.sallie@hotmail.com

Youth and Youth+

Lead Swim Coach and responsible for training the Youth and Youth+ levels of the club.

LEAD SWIM COACH - Sam Crossley

samcrosslev 6@hotmail.com

Development

Lead Swim Coach and responsible for training the Development level of the club.

LEAD SWIM COACH - Colette Wilson

w colette@hotmail.com

Novice

Lead Swim Coach and responsible for training the Novice level of the club.

LEAD SWIM COACH - Jeremy Salle

Jeremy.sallie@hotmail.com

Novice+

Lead Swim Coach and responsible for training the Novice+ level of the club.

SUPPORT SWIM COACHES - Nicolas Seguin and Nicole Plumb

Nickseguin13@outlook.com

nicole.plumb94@gmail.com

All Levels

Support Swim Coaches for all Level Groups of the club.

DRYLAND COACHES - Nicholas Seguin and Nicole Plumb

Nicksequin13@outlook.com

nicole.plumb94@gmail.com

Youth and up

Dryland Coaches for Youth and up level groups of the club.

Registration and Training Fees

Swimmer Assessment and Group Placement

The first step is determining which training group best suits your swimmer's individual needs. It is extremely important to our coaching staff that every Titan swimmer is placed in the appropriate training group for their skill level. We will attempt to schedule a swim assessment with the head coach and talk with the parents in regard to the experience level of their swimmer(s).

In order to schedule an assessment, please visit our webpage on Team Unify, and search for the "New - Swimmer Assessment Form" or send an email to our Head Coach at coach@nbtitans.com.

Once this step is complete, your swimmer(s) can register on Team Unify (our team management software).

Now that you have successfully been assigned a training group which best suits your swimmer's needs, it is time to visit our website and register your swimmer through Team Unify.

Once you have navigated to our team website, please find the "Team Registration" tab and follow the registration process for the group your swimmer has been assigned to. As you navigate through this process, you will be required to input account information for yourself and your swimmer(s), to read and sign our NBYT club agreements, review and acknowledge having read and understood the Titan's Handbook and select your preferred billing option to pay training fee membership dues.

Important note: All of the North Bay Titans must be current members of the YMCA.

Lastly, the Head Coach and Treasurer of the club will review all account information and will register your swimmer with Swim Ontario.

Once your swimmers account has been created in the Swim Ontario database, you will receive an email prompting an account creation/update.

The requirements to be fully registered are to complete and sign the Rowans Law Concussion Awareness, Covid-19 Attestation & Acknowledgement of Risk Forms, update/create your Swim Canada account and agree to Swim Canada's Consent Policy.

Once completed, your swimmer may now participate in the North Bay Titans programming.

Membership Costs

Overall Costs

YMCA Membership for the swimmer

All swimmers must have membership to the North Bay YMCA.

This is a YMCA requirement.

• Registration fees for 2025 – 2026 season

See the information provided below.

This fee included a Swim-a-Thon deposit which is returned to families when they fundraise up to the equivalent amount during the seasons' Swim-a-Thon.

Training fees

Training fees are based on the swim level in the Training Fees section.

• Meet fees (optional based on choice to participate in meets)

All swim meets have fees associated with each event the swimmer participates in. The cost is typically \$15 - \$20 per event.

Out of Town Meets (optional based on choice to participate in meets)
 Families cover the cost of all travel and lodging related expenses to get to and from out of town swim meets as well as meet fees. Volunteering time - all members' families are required to volunteer. See the section on Volunteering for expectations.

All registration and training fees are non-negotiable.

Registration Fees Breakdown

The following table outlines the costs for registration fees:

Registration Fees	Total	\$556.68
 Swim Ontario Fee* 		\$171.68
 Administration Fee** 		\$100
Swim-a-Thon***		\$200
 Starter Package**** 		\$35
 Social Fee 		\$50
Masters Registration Fees	Total	\$148.94 \$48.94 \$100

^{*}Swim Ontario fees are non-refundable.

^{**}Administration Fee include costs for Bookkeeping, Payroll, and general accounting and legal fees.

^{***}Swim-a-thon fee will be credited back to the member after the fundraiser has been completed. The value credited back will equal the amount fundraised by the member to a maximum of \$200.

^{****}Starter Packages include a team shirt, Titans' swim cap and Titans' jibbitz.

Registrations Fees - due when registering

Registration fees can be paid by credit card or by e-transfer <u>treasurer@nbtitans.com</u>. Once registration fees have been received, your swimmer will be approved and assigned to the training group as per the recommendation from the coaching staff.

Training Fees

Training fees include the cost for training in the pool and dryland training. The following table outlines the costs for training fees for each training group. Members are permitted to pay the training costs in one single payment or split the cost equally over 4 or 6 payments. The 1st Installment or Annual payment will be collected October 4. For those paying via installments, the 2nd, 3rd, 4th, 5th and 6th installments are collected November 4, December 4, and January 4, February 4, March 4. Training fees can be paid by credit card or by e-transfer to treasurer@nbtitans.com. A credit card must be on file for all payment plans.

Invoices for training fees will be sent out on the 1st day of the month. Members who prefer to pay via e-transfer will be required to make payment prior to the 3rd day of the month the payment is due. These deadlines will allow the Titans' Treasurer to verify payments in the member's TeamUnify account and prevent unexpected credit card charges from occurring.

For those paying by credit card, training fees will be charged on the 4th day of each installment month. Please note that processing payments via credit card will include a 4% service fee. For those that prefer to pay by e-transfer but haven't sent payment by the due date, the credit card on file will be used to process payment.

NOTE - If, for any reason, training fees have not been paid by the 5th of the month, the head coach will be notified and the swimmer will not be permitted to participate in training until the installment has been paid.

Training Fees by Group - updated Sept 25, 2025

Training Group	Annual Amount	Amount per month (over 4 mos - Oct 1 thru Jan 1)	Amount per month (over 6 mos - Oct 1 thru Mar 1)
Senior (+)	\$2,933	\$733	\$489
Senior	\$2,639	\$660	\$440
Junior	\$2,603	\$651	\$434
Youth (+)	\$2,175	\$544	\$363
Youth	\$2,020	\$505	\$337
Development	\$1,536	\$384	\$256
Novice (+)	\$1,216	\$304	\$203
Novice	\$1,051	\$263	\$175

Training Group	Annual / Session Amount	Amount per month (over 4 mos - Oct 1 thru Jan 1)	Amount per month (over 6 mos - Oct 1 thru Mar 1)
Masters +	\$1,646	\$412	\$274
Masters	\$309.00	N/A	N/A

These training fees reflect a Swimming start date of October 20, 2025.

Training Schedules

Senior, Junior and Youth Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0	6:00-7:45 am				6:00-7:45 am	8:30-9:30 am
Senior (+)	3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm	
Senior (+) Dryland	5:30-6:00 pm (on-deck)	5:45-7:15 pm (YMCA wt. room)	5:30-6:00 pm (on-deck)	5:45-7:15 pm (YMCA wt. room)	5:30-6:00 pm (on-deck)	7:15-8:15 am (YMCA wt. room)
Senior	6:00-7:45 am				6:00-7:45 am	8:30-9:30 am
senior	3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm		
Senior Dryland	5:30-6:00 pm (on-deck)	5:45-7:15 pm (YMCA wt. room)	5:30-6:00 pm (on-deck)	5:45-7:15 pm (YMCA wt. room)		7:15-8:15 am (YMCA wt. room)
	6:00-7:45 am		6:00-7:45 am		6:00-7:45 am	8:30-9:30 am
Junior		3:30-5:30 pm	3:30-5:30 pm	3:30-5:30 pm		
Junior Dryland	5:45-7:15 pm (YMCA wt. room)	5:30-6:00 pm (on-deck)	5:45-7:15 pm (YMCA wt. room)	5:30-6:00 pm (on-deck)		9:45-10:45 am YMCA (wt. room)
Warrala ()		6:00-7:45 am		6:00-7:45 am		8:30-9:30 am
Youth (+)	3:30-4:30 pm	3:30-4:30 pm	3:30-4:30 pm	3:30-4:30 pm	3:30-4:30 pm	
Youth (+) Dryland	4:45 - 5:30pm (on-deck)			5:00-6:00 pm (tbd)		
		6:00-7:45 am		6:00-7:45 am		8:30-9:30 am
Youth	3:30-4:30 pm	3:30-4:30 pm	3:30-4:30 pm	3:30-4:30 pm		
Youth Dryland	4:45 - 5:30pm (on-deck)			5:00-6:00 pm (tbd)		

Development, Novice and Masters Schedules

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Davidania	6:00-7:30 am				6:00-7:30 am	7:30-8:30 am
Development		4:30-5:30 pm		4:30-5:30 pm		
Novice (+)						7:30-8:30 am
HOVICE (+)	4:30-5:30 pm		4:30-5:30 pm		4:30-5:30 pm	
Novice						7:30-8:30 am
Novice	4:30-5:30 pm				4:30-5:30 pm	
BB			6:00-7:45 am			
Masters (+)	8:00-9:00 pm				8:00-9:45 pm	
Martin						
Masters	8:00-9:00 pm				8:00-9:45 pm	

Training Equipment

The following is a list of training equipment that is required for each of the training groups. If you have any questions regarding this list, please reach out to your Lead Coach or email nbtitansequipment@qmail.com. Each level needs all the items from the levels above.

All levels: Swim cap, goggles and swim suit.

Novice		
Mesh Bag	Training Fins	
Water Bottle	Training Suit	
Goggles	Pullbuoy	
Development		
Snorkel (optional)	Finger Paddles	
Youth		
Training Paddles (XS-S ONLY)	Race Suit (Optional)	
Junior		
Snorkel	Training Paddles (S-M)	
Kick Board (encouraged)		
Ser	nior	
Drag Suit		

^{*}No "SwimP3" or Audio devices allowed during practice and/or competitions.

Practice and Dryland Expectations

Swim Practice Etiquette

- Arrive prepared
- Always **arrive on deck 15 minutes early** (where/when possible) to accommodate proper activation
- Respect coaches and teammates
- Facilitate a fun and positive environment
- Encourage others
- Practice safe sport behaviour

Practice Behaviour

Must have fun!

Titan Athletes will show respect in the following ways:

- 1. Respect Self (Act in a way that you and others would be proud of your choices),
- 2. Respect the Facility/ Equipment (YMCA/facility rules). Don't use equipment for anything other than its proper purpose. Be aware that not only are you sharing the equipment, but also the environment. Be mindful of the space you are using, your conversation and noise level.

- 3. Respect Coaches (Pay attention and do what is asked of you to the best of your ability. Bring a positive attitude. Ask questions and for clarity with an appropriate tone).
- 4. Titan athletes will demonstrate willingness To learn/grow, To Participate, To do their best
- 5. Titan Athletes will Demonstrate Perseverance, Determination, and Passion.

Punctuality

Titan athletes will be expected to show up on time for all programming. Swimmers should plan to **arrive 15 minutes early** for swimming and dryland practices. Practice will begin at the designated start times. Programming sometimes takes place in a different area than where we meet, so athletes not arriving on time may miss the group.

Dryland Attire

Clothing

Proper activewear is required for dryland. Comfortable fitting, Able to move with the body and allow for freedom of movement with exercise. Improper attire examples: Jeans, Restrictive clothing)

Footwear

Proper footwear will be required during dryland training sessions. Athletes who do not have proper footwear may not be able to participate in dryland training.

Examples of PROPER footwear: Training Shoes, Running shoes (low cushion preferred (high cushion shoes can lead to injury during dryland) - Sneakers - lace up functional foot wear), Indoor Shoes (clean)

Examples of IMPROPER footwear: Crocs, Berenstoks or similar, Boots, Flippers, Outdoor shoes (covered in mud, dirt, debris)

Jewerly

Certain types of Jewellery, when worn during dryland, may lead to a risk of injury during exercise. It is recommended not to wear any loose-fitting or large jewelry. If you are unsure, ask a coach.

Gym/Fitness Centre Rules

Titan athletes will respect and abide by all YMCA/or fitness facility rules.

Swim Meets

Committing to a Swim Meet

Welcome to the world of racing! In order for NBYT swimmers to attend competitions, they must be registered for each competition on our Team Unify Website. Competitions are visible in the form of "events" on our website home page and members can commit to them through their Team Unify Account.

Swimmers must commit to an upcoming meet via TeamUnify if they wish to compete. A list of priority meets for each training group will be provided by the Head Coach at the start of the season. It is strongly encouraged that swimmers attend the priority meets listed for their group (at a minimum).

Due to the high demand, AND THE POSSIBILITY THAT WE WILL NOT BE ABLE TO ATTEND, early commitments will be required for all "Out of Region" meets. The following table shows the commitment deadlines for "Out of Region" meets.

Once you have clicked on the event, there will be a "commit" button which will allow you to select which sessions your swimmer will be attending at each given competition.

After you have committed to a meet session, our coaching staff will select which events your swimmer will compete in. The selection of events is done at the discretion of the Lead Coach of each training group in order to track each swimmer's overall progression. An important goal is to have the swimmers compete in as many different events as possible in a competition setting so that they can develop into a well-rounded athlete.

Declining a Swim Meet

If your swimmer is not planning to attend a swim meet, please use Team Unify to decline. This process allows coaches to plan for which swimmers will be attending which meets.

Meet Fees

Meet entry fees vary from competition to competition. All information regarding meet fees will be provided in a meet package attached to the event. This can also be found on our Swim Meet Calendar on TeamUnify. Meet information can also be found on the "OnDeck" app under the "Events & Job" folder.

Once a commitment deadline for the meet has passed, swimmers that have committed to the meet are expected to pay the meet fee prior to traveling to the competition. The treasurer will inform swimmers attending meets of the amount owing, which are paid via e-transfer to treasurer@nbtitans.com.

Once the meet commitment deadline has passed, members are required to pay all meet fees even if they are not able to attend the meet. NBYT has this policy as the club must pay the meet fees to the host club, regardless of whether the swimmer participates or not.

If meet fees for a swimmer are not paid, they will be unable to continue participating at future competitions until the account is settled.

Team Travel

Team travel is a great opportunity to strengthen team relationships and give our swimmers a bit of independence in a safe environment.

Most competitions that the North Bay Titans will compete in take place in other cities and require travel to participate. Typically, swimmers and parents will be responsible for traveling to competitions on their own; however, the Board of Directors is hoping to again provide opportunities for Team Travel this season. The Team Travel designated meets will be communicated to the membership at the start of the season.

The team travel meets typically involve Titan swimmers traveling together on a bus. Swimmers will have the opportunity to also stay in a hotel room with their teammates and eat meals with them. All of this will be supervised by chaperones that have gone through a vulnerable sector check with local law enforcement. Further details for these meets will be provided once the travel meet schedule has been approved by the Board of Directors.

Volunteer Points, Home Swim Meet Volunteering and Bingo

The North Bay Titans is a not-for-profit organization that would not be able to operate without our volunteers. Whether it is on the pool deck, supporting fundraisers or acting as a Board Member, the more volunteers we have the better it will be for our team. If you have any questions about volunteer points or Bingo, please reach out to volunteer@nbtitans.com or bingo@nbtitans.com.

FUN FACT – It takes 40 to 50 volunteers to run a single swim meet session!

Titan's Families Volunteer Requirements

Families are required to volunteer in 2 ways

- 1. Achieve volunteer points requirements (can be acquired by volunteering at swim meets, sub-committees, board executive, off board roles or attending open house and AGM).
- 2. Bingos (2 per season).

Volunteer Points Expectations

Member Category	POINTS REQUIRED (per family)
Youth, Junior and Senior Swimmer Families	350
Development Swimmer Families	300
Novice Swimmer Families	250

If a family has more than one swimmer, the family will be in the category of the highest level swimmer.

IMPORTANT NOTE: All points not earned during the season will be assigned a value of \$2 per point and collected at the end of the season from the member.

Volunteering at Home Swim Meets

Swim meets are run **100% by volunteers (families/friends of swimmers)** and you don't need to have special training to help out. We encourage families to take courses and become officials on the deck but we need help with many things that do not require training. Swim meets are a **HUGE fundraiser** for the club, raising about \$20,000 per meet. These funds go to keep our costs to families as low as possible.

Our home meets are an excellent opportunity to see our team in action, earn volunteer points and be part of the sport of swimming.

Our home meets are:

- Dominique Bouchard in mid-November
- NEOR 3, usually in April.

Volunteering at Bingos Expectations

2 Bingos per season (Season is September to August)

- 1 Bingo June to August
- 1 Bingo September to May
 50 extra volunteer points are awarded for working a Bingo on the following holidays:
 - Labour Day Sunday
 - Thanksgiving Sunday
 - Dominique Bouchard Swim meet
 - New Years Eve (if on Sunday)
 - Easter Sunday
 - NEOR 3 Sunday
 - Mother's Day
 - Victoria Day Sunday
 - Father's Day
 - Canada Day (if on Sunday)
 - Civic holiday long weekend Sunday

If you work more than 2 Bingos, 50 volunteer points are given for each additional Bingo.

IMPORTANT NOTE: Any Bingo missed without finding a replacement will be charged at a rate of \$100 per Bingo. The member must find a replacement prior to the Wednesday of the week of their Sunday Bingo. Swimmers may not swim until this amount is paid.

Bingo Process

The North Bay Titans Swim Team relies heavily on funding acquired by our membership helping run the Sunday Bingo sessions at the Blue Ski Bingo Hall throughout the year.

It is expected that each Titan family works two(2) bingo sessions each year. If you have any questions about our BINGO Fundraiser, please contact bingo@nbtitans.com.

Bingo Sign Up Process

- 1. Each NBYT family will have the opportunity to sign up for their preferred bingo session at the beginning of the season.
- 2. If any NBYT family does not sign up for a session, they will be assigned one and expected to attend.
- 3. If an NBYT family cannot attend their bingo session, they must find a replacement by the Wednesday before the session date.

If a replacement cannot be found prior to Wednesday, the NBYT family will be charged a \$100 fee payable to the North Bay Titans Swim Team. Swimmers associated with that family will not be able to participate in competitions until a fee is paid.

Swim-A-Thon

Swim-a-thon is a fun and easy way to raise money for the North Bay Titan swim team and allows our swimmers to test their abilities when it comes to endurance swimming. Every year, all Titan swimmers will complete a session at the pool with the goal of swimming as many laps as possible within a given time frame or a complete a meter goal before the time frame has expired. All swimmers will bring a designated lap counter to track their progress and submit their result to the club. The given time frame and lap goal will differ from each of our training programs.

This event typically is scheduled for the end of the season but will vary depending on pool time/space. 90% of all funds raised go to the North Bay Titans Swim Team and invested back into the Club. Past years have seen the purchase of starting blocks and a scoreboard. Note: 10% of all funds raised goes to Swim Ontario.

Code of Conduct

Code of Conduct are rules that our member and member families follow to uphold the principles of sportsmanship and safety in all North Bay Titan related activities.

Commitment to Excellence

Maintain a Positive Attitude: Always display a commitment to excellence and maintain a positive attitude in all activities.

Proactive Communication: Be proactive in your communication with team staff and other Titans members. Seek out information and clarify expectations.

Legal Compliance

Obey All Laws: Adhere to provincial, federal, and international laws at all times, whether at home or away.

Substance Use

No Alcohol: Refrain from drinking alcohol or carrying alcoholic beverages.

No Tobacco: Do not smoke, vape or chew tobacco.

No Drugs: Avoid carrying or using any social or non-prescription drugs.

Personal Conduct

Moral Behavior: Behave morally and ethically in all situations.

Respectable Appearance: Dress respectably and appropriately for all events and activities.

Acceptable Language: Use only acceptable and respectful language.

Integrity and Representation

Act with Integrity: Represent your family, your club, and yourself with integrity at all times. Respect and Cooperation: Show respect for and cooperate with meet management, pool management, team staff, and all fellow competitors.

Team and Facility Rules

Follow Rules: Adhere to all team, camp, meet, and facility rules and regulations.

Swimmer Responsibilities: Abide by all swimmer responsibilities as listed within the Code of Conduct.

Respect for the Club

Respect the Club: Do not disrespect or alienate the Club or other Members of the Club at any time.

Promote Trust and Mutual Respect: Foster an atmosphere of trust and mutual respect within the team.

Additional Guidelines

Sportsmanship: Display good sportsmanship at all times, both in and out of the pool. Support Teammates: Encourage and support your teammates in their efforts and

achievements.

Safety First: Prioritize safety in all activities and follow safety guidelines and protocols.

Conduct during Travel Meets & Training Camps

During travel meets or training camps obeying curfew rules, respecting others' need for sleep, quiet and safety. Being punctual for all team meetings, transportation to and from the event, workouts or meet warm-ups. Wearing team apparel when requested, having all training and racing equipment prepared and ready for use. Keeping your room clean and orderly, no damages to your room or contents, no expenses associated with telephone charges, movie rentals, room service, etc.

Maintaining the best possible diet for optimal performance. Leaving the door unlocked so that the staff can get in when required. Propping doors open whenever a member of a different gender is in the room. Requesting staff permission to have visitors from outside the team in your room. Requesting staff permission to leave the team location for any extended period of time. Speaking with respect to the staff and if asked to do something, to do so in a timely fashion. Keeping the bus or transportation clean of garbage and food.

As a representative of the North Bay Y Titan Swim Team, you are representing the team, city, and province at any and all swim meets and / or training camps that you attend. It is imperative that you understand this Code of Conduct and abide by it during the activity. The Code is in effect from the time of departure until returning home.

All swimmers will respect the facilities and other teams at all swim events.

Swimmer Disciplinary Escalation Process

The North Bay Titans Swim Club takes pride in offering a safe, fun, and social environment for our swimmers to participate in. All members are to adhere to our club code of conduct and treat all members with respect and decency. When circumstances arise where our code of conduct is broken, we follow a structured approach to conflict resolution and disciplinary action.

Violations to Code of Conduct

Club Protocol

- 1st Verbal warning given from NBYT Head Coach to swimmer.
- 2nd 1st written warning given from NBYT Head Coach to parent/guardian. NBYT Board of Directors notified.
- 3rd 2nd written warning given from NBYT Board of Directors to parent/guardian.
- Future Offenses will result in Swimmer Suspension

Withdrawal Policy

If a Titan swimmer wishes to withdraw from our programming, they must notify the Club Treasurer treasurer@nbtitans.com and the Head Coach coach@nbtitans.com

Registration Fee Reimbursement upon Withdrawal

• Swim Ontario Fee is paid to Swim Ontario at the beginning of the season and will not be refunded upon withdrawal.

- Swim-a-Thon Fee will be reimbursed to the Titans' Family as long as the event has not been completed.
- Social Fee will be reimbursed if withdrawal is prior to the Christmas Party.
- Starter Package Fee will be reimbursed only if shirt order has yet to be sent in.

Training Fee Reimbursement upon Withdrawal

If the withdrawal request has been made prior to January 1st, there will be a prorated refund provided by the Club to the Titans' family. If the withdrawal request is submitted past January 1st, no training fee refund will be provided. If families choose the 6 month payment plan and withdraw after January 1st, they are still responsible to make the February and March payments. A credit card must be on file for all payment plans.

Volunteer Points Table

Other volunteer roles may come up and will be assigned points by the Titans Executive board. Please see below for volunteer points opportunities:

Annual Volunteer Roles	Volunteer Points Assigned
Member of the Executive Board	350
Equipment Manager (1)	150
Bulletin Board / Trophy Case Manager (1)	150
Swim Group Parent Representative (5)	150
Chief Officials Administrator (1)	150
Team Graphic Designer (1)	150
Team Unify Administrator (1)	150
Interim Treasurer Support (1)	150

Home Swim Meet Volunteers	Volunteer Points Assigned
Meet Manager (per meet)	150
Canteen Coordinator (per meet)	100
Canteen and 50/50 Assistant (per session)	50
Volunteers Coordinator (per meet)	100
Officials Food Coordinator (per meet)	100
Swim Meet Officiating (Time Keeper, Admin Desk) (per session)	50
Swim Meet Starter, Chief Timekeeper Referee (per session)	75
Marshall for 12 years and un (per session)	50
Safety Marshall (per session)	25
Photographer (per session)	50
Swimmer Sign-in desk (per session)	25

Meet Management Assistant (per meet)	100
Out of Town Swim Meets Volunteers	Volunteer Points Assigned
All Officials (per session)	50
Chaperone (per meet)	150

Fund-Raising Volunteers	Volunteer Points Assigned
Swim-A-Thon Coordinator	100
Swim-A-Thon Assistant (per session)	50
Additional Bingo (beyond 2 per season)	50
Event volunteer (per session/event)	50

Completing Officials Courses	Volunteer Points Assigned
Intro. to Officiating + Safety Marshall	25
Officiating Course Completion (Clinics beyond Intro. + Safety Marshal)	50
Officiating Level achievement (beyond Level 1)	75

Other Volunteer Points Opportunities	Volunteer Points Assigned
Attend Open House and/or AGM (per event)	25

Note: For members that join the Club after December, Volunteer Point requirements will be prorated based on the date they joined.

Frequently Asked Questions

I'm having difficulty registering my swimmer on Team Unify. Who can I contact?

If you have any trouble registering your swimmer on Team Unify, you can email our Executive Board President: president@nbtitans.com and they will be happy to walk you through the registration steps and see help solve any issues you may be having.

What does the T-shirt and social fees cover?

Our T-shirt fee our members pay at registration covers the cost of our Titans Swim Season T-shirt, Titans Croc Jibbitz and Titans' Generic Swim Cap.

Our social fee helps the Titans pay for our main social events like the Year-end Banquet & Holiday Party.

How does my swimmer qualify for competitions with standards?

Competitions that have time standards post these times as part of the meet package. Participating in competitions is the only way to achieve qualifying times.

What are the different types of payment options for NBYT membership dues? Do I have to pay all up front?

The North Bay Titans offer 2 types of payments for membership dues: Credit Card (Team Unify Account) and E-Transfer. For training fees, members can either pay a single full season installment in September or pay four or six installments. Note that complete payment of Registration Fees are required when a swimmer signs up.

Is it mandatory to have a YMCA membership? How do I purchase one?

A YMCA membership is mandatory for all our members as we are affiliated with the YMCA and need its support and cooperation to run our programming. YMCA memberships can be purchased at the front desk of the North Bay YMCA.

When is the right time for my kid to change training groups?

It is always best to reach out to the Lead Coach of your swimmers training group regarding a move to the next level. Typically, our staff will reach out to our swimmers parents when they are ready and inquire if a move is manageable for the family.

How do I know if a practice has been canceled?

If there is any practice cancellation due to circumstances (bad weather, pool fouling, etc.,.), the Lead Coach of your swimmers group, will send an email to the affected group(s).