Hello NCSA Parents!

Hospitality

message from our Chair Karrie McFarlane

Hospitality is a vital part of hosting NCSA swim meets.

In order to maintain a high standard of quality, beyond the basics required of swim clubs by Swim Alberta, this committee requires consistency within its membership.

Currently, we are looking for a couple of families with a genuine interest in hospitality, who have swimmers just starting their swimming journeys in development, L4, or T5 squads and have a willingness to commit to future seasons to join our committee.

Succession planning is essential for NCSA's future and we are currently at risk of being without experienced members for next season.

If you are interested in joining this busy, highly energetic, and FUN committee, please email me at hospitality@ncsaswim.ca.

Everyone loves to gather in the kitchen - please come and gather in ours!

Dates to Remember

Please find attached updated NCSA Dates to remember.

Added in early May are two events, Swimmer Social Event and our NCSA Give Back event. Actual dates and details of each event will be announced once confirmed.

Fundraising

Due to NCSA's restructuring, the dissolvement of ASC and TTSC, we are unable to apply for the needed AGLC licenses until our bylaws have been updated. With the vote at our last board meeting, we are in the final stages of completion.

However, this has meant that to date, we have yet to raise any of the much needed funds that go directly towards the operations of our program.

WestJet Raffle:

We are adding a WestJet fundraiser for one (1) roundtrip flight for two (2) guests to any regularly scheduled WestJet destination*!

Tickets will go on sale February 1st with a draw date of February 29th, 2024.

The families that sell the most tickets will receive the following:

Top Sales: Free meet fees for one swimmer for ALL NCSA hosted meets in the upcoming 2024/2025

season

2nd sales: Free meet fees for one swimmer for 2024 John Timmermans and Steve Brown Memorial.

3rd sales: June dues installment waived for highest level swimmer.

You will receive an email with your swimmer's individual link for ticket sales in the very near future. Please check your spam folder if you haven't received it by the start date of the fundraiser - February 1st.

Casino:

Our casino will be held May 10th and 11th, 2024 at Cowboys Casino.

Each family is required to fill 1 shift. The shifts fall into the following three time slots:

Opening shift - 11:00 am - 7:30 pm Evening shift - 7:00 pm - 3:30 am Countroom shift - 11:00 pm - 3:30 am

There is a bond attached to this event for \$250.00 Sign up is now available <u>HERE</u>

Golf Tournament

The date has been confirmed for **June 7th**, **2024** for our golf tournament at <u>Wingfield Golf Course</u>. Huge thank you to Ken Schneider for securing this location and Tuan Pham for our fantastic logo!



Each family is required to do ONE of the following:

Register a team of 4 players

Or

Donate items for our silent auction - minimum \$500 retail value

Or

Secure sponsorship of a minimum of \$500 value

Our sponsorship letter and package is in the final stages of approval and will be sent out before this week's end

There is a bond attached to this event for \$750.00

Free Groceries for a year Raffle

As soon as we are able to apply for the AGLC license for a raffle over \$20,000, we will be holding our big FREE groceries for a year's raffle.

The winner will receive \$1,400 per month for the grocery store of their preference in gift cards. Please watch for updates.

Each family is required to sell 35 tickets valued at \$10 each.

There is a bond attached to this event for \$350.00

Fernie

Our big team event is coming up April 19th - 21st.

There will be a bus sign up closer to the date of the event.

Chaperone will be an option for swimmers aged 13 and older if there is enough interest. If you would like to Chaperone your swimmer please email Dave Loyola directly at david.loyola@ncsaswim.ca

You do not need to sign your swimmer up for the bus nor do you need to book them a room if they are being chaperoned.

If you are planning on attending this event, you do need to book your own room and sign your swimmer up for the bus. Please note that riding the bus, while super fun, is optional. Parents and siblings are welcome to take the bus providing there is room for all athletes. The cost for taking the bus will be confirmed once numbers are known.

Please note the bus will only be an option if there is enough interest.

If you would like to stay at the <u>Red Tree Lodge</u> - please call 250 - 423 - 4622 and ask to be booked under NCSA.

If you would like to stay at the <u>Park Place Lodge</u> - please call 250 - 423 - 6871 and ask to be booked under NCSA. If you have already booked, **please CALL BACK** and give the code **NCSA24** to receive the block booking rate to get the group rate - sorry for the inconvenience.

There will be a team dinner and event Saturday night, April 20th. Details will be announced once confirmed.

Some of the Many Benefits of Swimming

Physical exercise is good for the mind, body and spirit. Competitive swimming helps teach young athletes accountability, dedication, leadership and other life skills.

Many athletes do better academically

Competitive swimming requires a lot of time and energy. Some people may think this would distract student-athletes from schoolwork. However, the opposite is true. Our sport requires memorization, repetition and learning — skill sets that are directly relevant to class work. Also, the determination and goal-setting skills required can be transferred to the classroom.

Boosts self-esteem

Watching your hard work pay off and achieving your goals develops self-confidence. Achieving small goals encourages you to achieve other goals you set. This is a rewarding and exciting learning process.

Reduce pressure and stress

Exercising is a natural way to loosen up and let go of stress. You can also make new friends who can be there for you as a support system. When you feel under pressure or stressed, call up a teammate, head to the pool to talk and swim it out.

Thank you for your continued support of our athletes!

Dream it, Train it, Live it! Robin Loyola NCSA Team Manager 403 948 7895